#### A National Temperance Campaign of Pledge-Signing Now Launched

Secretary of State Bryan the Originator of New Total Abstinence Propaganda; Federal Council of Churches Behind It

(By The Religious Rambler.)

By the Religious Rambler

Two important developments in the temperance cause have appeared within the past few days, both giving promise of long continued and nation-wide influence. One was the formal inauguration of the National Abstainers' Union at a meeting held in the "Billy" Sunday taberage of State, William Jennings Bryan as orator in chief. The other was the inauguration of the movement to care for all the workingmen who lose their jobs through temperance legislation, and, incidentally, to line up the workingmen in general for temperance laws.

The project which the Secretary of the temperance and the project which the Secretary of the temperance laws.

Florence, So. Dakota. — "I used to be very sick every month with bearing



down pains and backache, and had headache a good deal of the time and very little appetite. The pains were so bad that I used to sit right down on the floor and cry, be-cause it hurt me so and I could not do any work at those times. An old wo-

man advised me to try Lydia E. Pink-nam's Vegetable Compound and I got a bottle. I felt better the next month so I took three more bottles of it and got well so I could work all the time. I hope every woman who suffers like I did will try Lydia E. Pinkham's Vegetable Compound."—Mrs. P.W. LANSENG, Box 8, Allyn, Wash.

Why will women continue to suffer day in and day out or drag out a sickly, half-hearted existence, missing three-fourths of the joy of living, when they can find health in Lydia E. Pinkham's Vegetable

For thirty years it has been the standard remedy for female ills, and has rewho have been troubled with such ailments as displacements, inflammation, ulceration, tumors, irregularities, etc.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

der that in these days John Barley of the Religious RAMBLER.

THE RELIGIOUS RAMBLER.

Clay Henninger, Jr., Hangs

## **QUIT MEAT WHEN**

ensuration of the movement to care for all the workingmen who loss through temperance legislation, and, incidentally, to line up the workingmen in general for temperance and in the compound of the proposet which the Secretary of the commission on Temperance of the Federal Council of Churches of Chirstin America, and at the recent meeting he suggested a national campaign for the signing of clotal abstinence pledges by individuous cost "serious heart of the signing of clotal abstinence pledges by individuous cost "serious heart of "srape luice" statements that an advisory committee of the Serious cost "serious heart of the Serious control of the Serious cost o

the organization for purposes of propaganda.

From the Workingman's Viewpoint
Two other personalities, potent in modern religious and social service activities, have taken up the temperance cause from a new angle. These are the Rev. Charles Stelzle, of New York, the church and labor leader, who has done more to put social service into the church program than any other living man: and William F. Cochran, the wealthy young Episcopal layman of Baltimore, who has financed the notable Christian publicity campaign in the Baltimore newspapers. These two men are uniting their forces to combat the proposition that the abolition of the saloon will create a labor panic. They admit that serious economic readjustments will be necessary, and they are undertaking by a new movement, which they expect to make nation wide, to provide jobs for all men who are thrown out, of work by temperance legislation. They also have undertaken an exhaustive investigation of the liquor problem from an economic viewpoint.

As a result of facts already collated, Mr. Stelzle says it is proved that the workingmen who work the longest hours spend more time in the saloon than those who work short hours.

An effort will be made to duplicate in this country the powerful British organization known as "The Labor Officials Temperance Fellowship," composed exclusively of labor leaders; twenty of whose vice-presidents are members of parliament. Mr. Stelzle says that he has the names of more than one hundred labor leaders of national reputation who favor a similar movement in this country. The Stelzle says that he has the names of more than one hundred labor leaders of national reputation who favor a similar movement in this country. The Stelzle says that he has the names of hardinal reputation who favor a similar movement in this country. The Stelzle says that he has the names of hardinal reputation who favor a similar movement in this country. The Stelzle says that he has the names of hardinal reputation who favor a similar movement in this country. The S

### Himself at Chambersburg

Take a Glass of Salts if your Back hurts or Bladder troubles you

No man or woman who eats meat regularly can make a mistake by flushing the kidneys occasionally, says a well-known authority. Meat well-known authority. Meat well-known authority. Meat well-known authority. Meat the waste and polsons from the blood then we get sick. Nearly all rheumatism, headaches, liver trouble, nervousness, dizziness, sleeplessness and urinary disorders come from sluggish kidneys.

The moment you feel a dull ache in the kidneys or your back hurts or it the urine is cloudy, offensive, full of sediment, irregular of passage or attended by a sensation of scalding, stops eating meat and get about four ounces of Jad Salts from any pharmacy; take a tablespoonful in a glass of water before breakfast and in a few days your kidneys will act fine. This famous salts is made from the acid of grapes and lemon juice, combined with littia, and has been used for generations to flush and stimulate the kidneys, also neutralize the acids in urine so it no longer causes irritation, thus endinglander weakness.

Jad Salts is inexpensive and cannot inure; makes a delightful efferevescent lithia-water drink which everyone should take now and then to keep the kidneys clean and active and the blood pure, thereby avoiding serious kidney complications.—Advertisement.



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