

Women and Their Interests

Their Married Life

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"Why didn't you bring Winifred?" said Louise as she opened the door and pulled Helen in. Warren entered in his usual indifferent manner and answered for Helen, who had gone on into Louise's dressing room and was taking off her things.

HOW TO ECONOMIZE WHEN BUTTER'S HIGH

Nature Supplies Many Good Substitutes in the Form of Various Animal Fats

To utilize fats in cooking means to supply for the family an important food value. The very best fats are found in fresh, pure butter, good lard and vegetable oils, but to substitute for these, occasionally, the natural fats which come to the home daily in everyday foods, and which are often thrown away as waste, is to economize in a practical way.

FLASHLIGHTS ON THE GREAT WAR

By J. Howard Wert

NO special name has been given to the war now convulsing Europe, and so many nations have become involved that the usual method of naming wars cannot be applied to it. It may pass into history as "the Great War," for it certainly surpasses, in the number of men engaged and in losses of life, any contest of the past which has desecrated earth's surface.

THINGS TO NOW IN BUYING UTENSILS

Certain Requirements Necessary in Selection of Various Kinds of Ware Used in Kitchen

In purchasing any utensil, remember these points: First, Is it the right size for your purpose? Large pots take up shelf room, take longer to clean and are heavier than smaller ones.

A DAINTY LITTLE FROCK

A Simple Dress That Can Be Made With or Without a Band That Gives an Empire Effect.

By MAY MANTON



8529 Child's Dress, 1, 2 and 4 years.

Little children always should wear simple frocks. This one is prettily tucked. When it is left to hang free below the tucks it is adapted to every day wear.

The Hub-Mark Storm Slipper

The rubber that gives you

—long wear —perfect protection —good style Everything that you want in a superior rubber. Also made in low cut style—different shapes for all shoes.

NOSE CLOGGED FROM A COLD OR CATARRH

Apply Cream in Nostrils to Open Up Air Passages Ah! What relief! Your clogged nostrils open right up, the air passages of your head are clear and you can breathe freely.

Four FREE Tunings LESTER PIANO OWNERS

Take Notice! Send us the number of your piano, together with date of purchase and satisfaction piano has given.

Coal That's Just As Clean in Winter

It's the carbon in the coal that makes the heat! Dirt will spoil the burning quality of the best coal mined.

Cumberland Valley Railroad TIME TABLE

In Effect May 24, 1914. TRAINS Leave Harrisburg— For Winchester and Martinsburg at 6:05, 7:50 a. m., 2:40 p. m.

Harrisburg Business College

329 Market St. Fall term, September first. Day and night, 29th year. Harrisburg, Pa.

Established 1867 DUFF'S Molasses In hermetically sealed sanitary cans. Finest for table use and baking. Ask your grocer for it.

REVIVAL SERVICES AT Tabernacle Baptist Church Forster Below Sixth Street Tuesday, Wednesday, Thursday, Friday

THE BIBLE GIVING PLAN COUPON A MAGNIFICENT BIBLE SELF-PRONOUNCING TEXT LARGE CLEAR TYPE BOUND IN GENUINE FRENCH MOROCCO, ABSOLUTELY FLEXIBLE

DEATH OF JACOB BITTNER

Special to The Telegraph. Halifax, Pa., Jan. 14.—Jacob Bittner, 89 years old, died at his home on Tuesday evening from the effects of a paralytic stroke.

HOW THIS MOTHER GOT STRENGTH

Mrs. Eddy Had Only Three in Family, Yet Was So Nervous and Worn Out Could Not Do the Work. Fair Haven, Vt.—"I was so nervous and run down that some days I could not do my housework for my family of three."

WASHING THE WINDOWS

In freezing weather it is very difficult to wash windows in the ordinary way because the water freezes while it is being used.

WHAT COOK DOES WITH RICE

In winter, owing to the low temperature, I cook a large supply of rice at one time, as much as four cups.

Deaths From Whooping Cough

Dr. Edward Smith's statistics show Whooping Cough to be the most fatal disease of children under one year.

MRS. HINKLE FOUND GUILTY

Special to The Telegraph. Sunday, Jan. 14.—After being out three hours, a jury in the United States court here yesterday found Mrs. John Hinkle, Mechanicburg, guilty on three of four counts, charging her with sending obscene letters to Herbert C. Brown, general manager of the Wilcox Manufacturing Company.

Stonemason "Doctors" Statue by St. Gaudens

Special to The Telegraph. New York, Jan. 14.—A storm of protest has been brewing among New York sculptors the last few days over a report that the heroic statue of Adolphus E. Frazier, by Augustus St. Gaudens, was being "doctored" by a stonemason.

WON GOLD PINS

Special to The Telegraph. Dillsburg, Pa., Jan. 14.—A number of pupils of the schools of Dillsburg, who adopted the cross and crown system of rewards, have won the gold pin, the reward for attending Sunday school every Sunday for a year.

Practical Prescription Against Stomach Acidity

Nine-tenths of all cases of stomach trouble nowadays are caused by too much acid. In the beginning the stomach itself is not diseased but if this acid condition is allowed to continue, the acid is very likely to eat into the stomach walls and produce stomach ulcers which may render a radical surgical operation necessary even to prolong life.

EYE SPOTS

floating specks, blurred vision, pains in the eyeball, heaviness of the lids, soreness, yellow tinge to white of eyes, all originate in liver or stomach disorder.

SCHENCK'S MANDRAKE PILLS

afford almost instant relief and fortify the system against recurrence of these distressing ailments.

ACID IN STOMACH SOURS THE FOOD

Says Excess of Hydrochloric Acid Is Cause of Indigestion. A well-known authority states that stomach trouble and indigestion is nearly always due to acidity—acid stomach—and not, as most folks believe, from a lack of digestive juices.

WHOOPING COUGH

SPASMIC CROUP ASTHMA COUGHS BRONCHITIS CATARRH COLDS. Vapo-resolene. A simple, safe and effective treatment avoiding drugs.

GEOFF SQUIER FUNERAL DIRECTOR

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