

### For that afternoon hunger—

Let a few Wilburbuds melt in your mouth

These luscious cone-shaped bits of chocolate confection will satisfy your craving for "something to eat" without spoiling your appetite.

## Wilburbuds

Nothing but the purest and finest chocolate—prepared as only Wilbur can. Delivered to you in a foil that protects them from handling and impurities.

The shape is crudely imitated, but the Wilbur way cannot be duplicated. For convenience ask for "Wilburbuds"—the full name is "Wilbur's Chocolate Buds" (trade-mark registered U. S. Patent Office).



Stop in at the first drug store or candy shop. Just say "Wilburbuds" and get the ten or twenty-five cent pocket package. Half pound and pound boxes, forty and eighty cents.

H. O. Wilbur & Sons, Inc., Philadelphia, Pa.

## Scores of Y. W. C. A. Girls Receive Physical Training Which Fits Them For Perfect Womanhood

New Gymnasium Equipped With Complete Set of Modern Apparatus for Upbuilding of Health and Body; Girls Drill, Swing Clubs and Perform Other Calisthenics Under Supervision of Competent Instructress



In jaunty uniforms of gymnasium bloomers and white middie blouses, 200 young women and girls of the Young Women's Christian Association are being trained as athletes and marathon runners by Miss Marjorie E. Bolles, physical director, a recent graduate of the Sargent School of Physical Training of Cambridge, Mass.

Divided into ten classes, each taking two lessons a week, high school girls, business women, junior girls, working girls, married women and private school girls are making good use of the finely equipped gymnasium on the fourth floor of the new building at Fourth and Walnut streets, where every appliance, convenience and apparatus has been provided to make the physical department complete and modern.

**Some Lose; Others Gain**  
Since the opening of the gymnasium early in November some of the girls in training have lost as much as two pounds in one week; others have gained an equal amount; and in fact there seems to be a general balancing of nature's forces in the line of physical development. Miss Ella M. Stitt, general secretary of the association, says all the classes are highly enthusiastic and the girls show their appreciation of the gymnasium by regular attendance at Miss Bolles' classes. The physical director is said to be highly popular, and she looks it.

**Conservative Estimate.**  
Miss Bolles is not more than thirty or forty. She is enthusiastic in her work and has enough energy to lead four classes a day and two more in the evening. With a grip like an Indian warrior she sometimes dismount and hustles off to her gymnasium where a class of about fifty girls is impatiently waiting to get into calisthenic action.

The first number on the regular class program is a military drill, in which Miss Bolles, like a captain of the guard, puts the students through some fancy rapid-fire maneuvers. The class looks like a company of West Point cadets. Miss Bolles runs them through a double-quick forward march—left, left, left, left; help, help, help, help; lay foot, straw foot, help, help, right-about face, one, two, halt.

The next is a dumbbell drill with curls and lunges and flying arms that seem to make a dangerous tangle among the company scattered over the gym floor. Once in a while there is a crack of dumbbells that makes the girls and the building sometimes seem to shake with the regular jump of the whole company in some of the exercises.

**Interesting Folk Dances**  
The folk dances probably are the most interesting and entertaining of the class exercises. There is a Dutch dance with many intricate steps and combinations made to piano accompaniment with the tune:

"O where, O where, is my little dog gone.  
O where, O where, can he be?"

The Highland fling and half a dozen other dance features are used on different occasions and arouse a musical interest to the regular drills. Free arm calisthenics and apparatus exercises are also part of Miss Bolles' program, which make the real money's worth of the physical training and give the next-day stiffness to beginners.

**Reap Hairpins**  
The liveliness of the classes can be measured by the harvest of hairpins that are swept up after each drill. Although the girls are seen arranging their hair every few minutes and whenever there is a rest spell in the attempts to prevent the upsetting of their coiffures, there is many a hairpin lost on the floor and recovered only when the broom is used after the class. Many ingenious schemes have been suggested to prevent this, but to date nothing effective has been devised. In this there lies a fertile field for a Harrisburg inventor.

**Track Meet, Maybe**  
Several of the larger classes of the gymnasium have been organized with officers and will hold social events. The Juniors have a volleyball team and will arrange games every two weeks. Other games will be taught by Miss Bolles as soon as she gets her work in more complete order. Exhibitions will be given at regular intervals later in the season and it is hoped that interest can be aroused for an open-air track meet when the weather permits.

**Cafeteria Popular**  
One of the most successful departments of the Y. W. C. A. is the cafeteria, under the direction of Mrs. Sarah Erlenmeyer. Since its opening in the perfectly fitted room on the first floor of the new building it has drawn much larger crowds than the establishment in the old place.

Although the cafeteria was idle two months last year, the total number of meals served was 44,715, and during 1914 40,276. The total receipts for 1914 were \$5,745.84.

### PLANS TO ADVERTISE CITY ARE DISCUSSED

Wany Different Ways Being Contemplated by Chamber of Commerce

Plans for advertising Harrisburg's industries and facilities occupied the attention of the special advertising committee of the Harrisburg Chamber of Commerce this afternoon. The committee met at the Harrisburg Club.

Those present were George S. Reinhold, president; A. Brandt, George A. Hall, C. K. Kaitwasser and L. S. Williams, of the committee, and Henderson Gilbert, president, and E. L. McColgin, secretary.

### 51 TURKISH BOATS SUNK

Petrograd Receives Further Details of Engagements in Black Sea

Petrograd, Jan. 13.—Further details of the naval engagements in the Black Sea during the first week of January have been received in Petrograd.

The scene of these activities was between Sinope and Rizab, Turkish ports on the southern coast of the Black Sea. The night of January 6 the Russian fleet came up with the cruisers Breslan and Hamadieh. A spirited exchange of shots followed and finally the Turkish cruisers disappeared in the darkness. In Sounnuns bay and in Rizab bay (35 miles east of Trebizond) the Russian warships destroyed fifty-one Turkish boats.

### East End Republican Club to Have Supper

The East End Republican Club will entertain its members to-morrow evening at the club rooms, Thirteenth and Market streets. A sauerkraut supper will be served at 8:30 o'clock, followed by progressive housepepper. All members have been requested to be present.

### JAPAN AND CHINA AT ODDS

Tokio, Jan. 13, 11 A. M.—There is some tension between Japan and China as a result of a note sent by China to Great Britain and Japan announcing that China has abolished the war zone on the Shantung peninsula. It is understood that Japan will ignore the notification. It is not believed that Japan will withdraw her troops from the Shantung railroad as the war between her and Germany has not ended.

### FARM PRICES GO UP

London, Jan. 1 (Correspondence of the A. P.)—After many years of depression the British farmer is enjoying prosperity. Everything he raises is quickly saleable at prices which are gradually climbing higher and higher. Wheat and oats, which are the staple crops of most English farmers are fetching excellent prices, while the livestock which they fattened for the holiday markets was taken at figures which have not been touched in many years.

### ANNOUNCE GERMAN VICTORIES

Berlin, Jan. 13, by wireless to London in several engagements on the western front are announced in today's statement from the war office. It is said that the allies were compelled by German artillery to evacuate trenches near the Belgian coast, in the neighborhood of Nieuport and that attacks were repulsed at other points with the capture of 1,700 French in one instance. "In the war with Russia there are no developments of consequence."

### BAYARD HENRY A DIRECTOR

Philadelphia, Jan. 13.—Bayard Henry, of Philadelphia, was today elected a director of the Pennsylvania Railroad Company. He fills the vacancy caused by the death of N. Parker Shortridge.

### Mrs. Rogers Is Told of Charge Made Against Her

New York, Jan. 13.—Ida Sniffen Rogers collapsed yesterday when she was told by a cousin, Abraham Levy, that she was under detention at the Lebanon Hospital on the charge of murdering her two small children. When he mentioned the words "murderer" and "trial" the woman sprang up in bed in her excitement, and when she was informed of the situation she fainted, it is said, and physicians had to be called to restore her.

### CARDINAL WILL NOT COMMENT

The Hague, Netherlands, Jan. 13, via London, 3:15 P. M.—Cardinal Desiderius Mercier, the primate of Belgium, declines at present to discuss what he defined the "vexatious measures" of the German authorities in Belgium with reference to him and to the pastoral letter written by him on Christmas.

### PLAN TO REDUCE INDEMNITY

Washington, D. C., Jan. 13.—To eliminate if possible, the apology to Colombia contained in the pending treaty to pay \$25,000,000 to that country for the partition of Panama and reduce, if possible, the amount of the indemnity, the Senate foreign relations committee today appointed a subcommittee to work on these proposals.

### TROOPS BEING RUSHED

Amsterdam, Jan. 13, via London, 4:31 P. M.—All ordinary passenger transportation was stopped to-day over most of the railroads of Germany, until January 15. This measure was taken to expedite the movements of troops and munitions of war to which traffic railroads will be given over almost entirely.

### POST OFFICE ROBBED

Mystown, Pa., Jan. 13.—The post office at this place was robbed last night of a quantity of stamps and registered packages. The thieves left \$30 in a cash drawer, which they overlooked.

### What We Say It Is, IT IS

## SMALL DIAMONDS

These make the prettiest jewelry. The small stones can be worked up into so many exquisite designs in which larger stones would not be effective. Bar Pins, Brooches, Lavallieres, Buckles and other ornaments set with small Diamonds are so much in vogue now that they are a necessity for the woman who wishes to be fashionably dressed.

## DIENER, THE JEWELER

408 Market Street

### SERBIAN WANTS NAME OF HIS COUNTRY SPELLED "SERBIA"

London, Jan. 1 (Correspondence of the A. P.)—The Serbian legation in London has addressed a letter to the press and public, urging the adoption of the spelling "Serbian" and "Serbia" instead of "Servian" and "Servia." "The latter spelling," says the legation spokesman, "is highly offensive to our people, mainly because it suggests a false derivation from the latin meaning 'to serve.' It is a source of hidden pain to Serbians to see that some journals persist in using the corrupt form."

### HOW TO HAVE LONG BEAUTIFUL HAIR

It is not hard to stop the hair from falling out and promote its growth if the right means are used. There is no hope for the scalp where the hair roots are dead and the scalp is shiny. However, to those who have not reached this condition, immediate steps should be taken to stop it before it is too late. Here is a simple recipe which you can make at home, that will stop the hair from falling out, promote its growth and eradicate scalp eruptions and scalp humors. To a half pint of water add 1 oz. bay rum, a small box of Barbo Compound and 4 oz. of glycerine, and apply to the hair, rubbing with the finger tips, two or three times a week. These ingredients can be obtained at any drug store at very little cost and mixed at home. This recipe not only promotes the growth of the hair, but darkens streaked, faded gray hair and makes it soft and glossy.—Advertisement.

### "POISON-PEN" CASE GOES TO JURY TODAY

Mrs. John Hinkle, Defendant, on Stand in United States Court

Sanbury, Pa., Jan. 13.—Mrs. John Hinkle, of Mechanicsburg, charged with sending "poison pen" letters to Herbert C. Brown, a neighbor, on trial in United States Court here, went on the stand to-day as the star witness in her own defense. Mrs. Hinkle denied having ever written any of four anonymous defamatory letters that Brown received. She swore positively that she had never seen or known anything about any of the missives. At the time the last letter was received, in April the past year, she was ill of rheumatism, she said, and could not possibly have written that letter, as Rogers L. Burnett alleged. After several character witnesses testified the defense closed, the case went to the jury at 2 o'clock.

### Mummers' Committee Ready To Help With Celebration

Heartily endorsement of the proposed municipal celebration this year was given by the Harrisburg Mummers' Association last night. Notice was sent to Henderson Gilbert, president of the Harrisburg Chamber of Commerce, that the following committee is ready to get busy whenever notified:

Wellington G. Jones, chairman; Francis H. Hoy, Jr., Thomas Keesey, Clarence O. Backenstoss and H. M. Brooks.

### GIRL WITNESS "TOO NERVOUS"

Marie Stence Explains Reason For Not Answering Court Summons

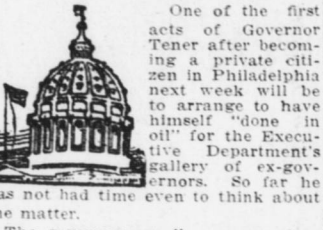
Pretty Marie Stence, subpoenaed in the John Richter larceny case on trial before Additional Law Judge McCarrill failed to appear when called, and Sheriff H. C. Wells had to go in search of her. Marie was brought into court just before the noon adjournment and when the court sternly demanded to know why she didn't obey the summons, she replied that she was "too nervous."

### TO CURE CATARRHAL DEAFNESS AND HEAD NOISES

Persons suffering from catarrhal deafness and head noises will be glad to know that this distressing affliction can usually be successfully treated at home by an internal medicine that in many instances has effected a complete cure after other treatments have failed. Sufferers who could scarcely hear a watch tick tell how they have had their hearing restored to such an extent that the tick of a watch was plainly audible seven or eight inches away from either ear.

### GOV. TENER WILL SIT FOR PORTRAIT

Too Busy to Do It During His Term of Office; Painting to Be Hung in the Capitol



One of the first acts of Governor Tener after becoming a private citizen in Philadelphia next week will be to arrange to have himself "done in oil" by the Executive Department's gallery of ex-governors.

The governor usually never does have time to sit for his portrait while he is in office and has to wait until he retires to private life. Sometimes almost a year has elapsed before the portrait has been placed in the Executive Department.

Governor Tener's picture will occupy a panel in the section in the anteroom to his suite, to the left of ex-Governor Stuart.

Attorney General Bell's portrait is said to be finished and probably will be hung in the Attorney General's Department next week.

**Banking Report.**—The Fish Commission adjourned late yesterday afternoon after disposing of routine business. Most of the time was consumed in a general survey of conditions at the various banks.

**Home From Washington.**—J. F. Herber, Snow, chief engineer, and John P. Dohoney, investigator of accidents for the Public Service Commission, have returned from their business trip to Washington.

**Banking Report.**—Banking Commissioner Smith expects to issue his report for 1914 before the end of this month, which will be an unusually early date.

**Hatchery Plans.**—There is a great demand for the report of the Gettysburg Semicentennial Commission, requests coming from all over this State and from many other States.

**Philadelphia Armory.**—The Armory Board has notified Philadelphia city council that if the city purchases a site at Thirty-third street and Lancaster avenue, near the West Philadelphia station of the Pennsylvania Railroad Company, the board can allow \$100,000 to erect the preliminary buildings for an aquadron armory. The property is owned by the Pennsylvania railroad.

**More Appeals Likely.**—In addition to the appeals filed yesterday by the Reading and the Pennsylvania railroads from the coal rate decision of the Public Service Commission, Lehigh Valley, the Delaware, Lackawanna and Western and the Central Railroad of New Jersey all must either appeal or accept the decision by January 15. It is thought that these companies will ask to intervene in the appeals already filed, instead of filing their own.

**No Grade Crossing.**—The petition of the Cornwall and Lebanon Railroad Company for the approval of a crossing at grade of Willow street, in the city of Lebanon, has been refused by the Public Service Commission. The city was opposed to the crossing and the evidence was to the effect that there was no public necessity for it. The view of the commission was that it would not be justified in approving a grade crossing over one of the most extensively traveled streets of the city when the city itself protested that the accommodation and convenience of the public would not be attained.

**Routine Business.**—The Board of Public Grounds and Buildings transacted nothing but routine business yesterday, getting its affairs into good shape for the retirement of Governor Tener.

# Is There A Baby In Your Home?

THEN THIS ADVERTISEMENT MEANS A GREAT DEAL TO YOU.

Two years ago the Woman's Home Companion established its Better Babies Bureau, a service department for every mother or mother-to-be. Since its establishment more than five hundred thousand questions—from mothers of all stations in life—have been answered by the Bureau.

One Mother's Letter  
Read what One Mother Wrote to the Better Babies Bureau:  
"I shall always believe that it was the advice of the Better Babies Bureau coming to me at a very critical moment that saved my baby's life."

This Service Is Free to Every Mother Who Accepts the Harrisburg Telegraph's Great Offer

## The Harrisburg Telegraph

WITH THE  
Woman's Home Companion  
OR THE  
American Magazine—Or Both

For only a few cents a month more than the regular cost of the Telegraph alone

SEND NO MONEY; MERELY WRITE OR TELEPHONE THE TELEGRAPH OFFICE

The Better Babies Bureau maintains as a member of its staff one of the highest-priced baby specialists in New York City. Mothers have the privilege of writing to the Bureau on any subject connected with the food, clothing, health or care of their children, and all Better Babies literature is free to subscribers to the Woman's Home Companion.

The Telegraph's great offer is made possible by a special arrangement with The Crowell Publishing Company, publishers of the Woman's Home Companion and The American Magazine. To take advantage of it you must act quickly, for the number of subscriptions that can be taken is limited. You pay nothing in advance; merely pay the collector at the end of the month. Act now; telephone or write the Telegraph office.