

Father John's Medicine
Makes flesh and strength because it is made of pure food elements which nourish the system. Best for Colds—throat and lungs.
No alcohol or poisonous drugs.

A GRATEFUL MOTHER
"My baby was very sick with a bad cold and would cough all night. Father John's Medicine cured him." (Signed) Mrs. Phoebe Gregoire, 17 Phillips street, Central Falls, R. I.

SIX-CENT BREAD OR SMALLER LOAVES

(Continued From First Page)
outright only enough to supply their needs without returning any leftovers to us, we would not have to raise prices, but under present conditions we will have to do something."
Schmidt For Increase
Bernard Schmidt said it is a big problem for the bakers, but that something must be done if the price of flour continues to mount. "If the war keeps up I think the price of wheat is sure to be high and even if the war should end now the big demand for wheat in Europe would likely continue. We cannot reduce expenses and we must buy flour to make bread. I favor an increase in price for the same size loaf."
A. W. Andrews, of the Harrisburg Baking Company, said the baker is between two fires. "The high price of flour and the unreasonable attitude of the public who think they are being imposed on by a raise in price." He said Harrisburg has now a larger five-cent loaf than any other city he knows.
Predictions have been made that Americans will turn to cornbread as the staff of life. In many places "stale bread clubs" are being formed by poor people who cannot afford fresh bread at the increased price or the reduced size of loaf.

SMALLER LOAVES AND IT'S THE DEALER WHO'LL PROFIT

Washington, Jan. 9.—Smaller loaves of bread or an increase in the price is one likely result of the rise in wheat, the opinion of Charles J. Brand, chief of the Federal Bureau of Markets.
Moreover, Mr. Brand believes the American farmer will not be a first hand beneficiary of the soaring prices. With good prices and good markets which have prevailed for the last few months, Mr. Brand believes a major portion of the 1914 wheat crop no longer is owned by the farmers but has passed to the hands of the elevator men and the grain dealers.

BAD COLIC? TAKE CASCARETS FOR BOWELS TONIGHT

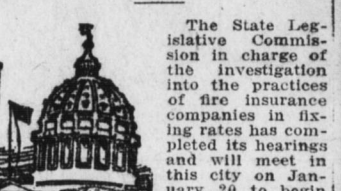
No headache, constipation, bad cold or sour stomach by morning.
Get a 10-cent box. Sick headache, biliousness, coated tongue, head and nose clogged up with a cold—always trace this to a clogged liver; delayed, fermenting food in the bowels or sour, gassy stomach. Poisonous matter clogged in the intestines, instead of being cast out of the system, is reabsorbed into the blood. When this poison reaches the delicate brain tissue it causes congestion and that dull, throbbing, sickening headache.
Cascarets immediately cleanse the stomach, remove the sour, undigested food and foul gases, take the excess bile from the liver and carry out all the constipated waste matter and poisons in the bowels.
A Cascaret to-night will surely lighten you up by morning. They work while you sleep—a 10-cent box from your druggist means your head clear, stomach sweet and your liver and bowels regular for months.—Advertisement.

The Victrola preserves the voice forever.

Mme. Gerville Reache, whose exquisite voice has charmed thousands of music lovers, will no more be heard in person.
But though the voice of the artist is stilled; the Victrola reproduces the interpretation, the vocal beauty and the personality of the singer in those songs which won her fame. For the voice of the Victrola cannot be stiller.
Mme. Gerville Reache's list of productions for the Victor follows:
87038 Habanera Carmen
87078 Card Song Carmen
87085 Silvo Not Complain.
Schumann
88317 Song of the Tiger Massne
88184 My Heart at Thy Sweet Voice Saint Saens
C. M. Sigler, Inc.
30 N. 2nd St.

INSURANCE CODE WILL BE FINISHED

Committee Will Meet at the Capitol Immediately After Inauguration Day Passes
FORTY DISTRICTS ARE UNPAID
They Have Failed to Comply With the Regulations of the State School Funds



The State Legislative Commission in charge of the investigation into the practices of fire insurance companies in fixing rates has completed its hearings and will meet in this city on January 20 to begin compilation of the report to the General Assembly. The commission has secured a considerable amount of data from the State Insurance Department regarding the extent of the operations of the companies of the State and has also obtained much of interest from adjoining States which will be used in making up the recommendations. It is probable that the commission will draft bills to regulate certain practices.
The commission on investigation of cold storage will have its final meeting next Tuesday. Yesterday, it will prepare its report immediately. It will recommend changes in the law for storage of various articles and suggest administrative details.
State Codes. The revised edition of the State laws relative to taxation, the first of the proposed codes to be prepared by the State Legislative Ref. Com. has been completed. The code for 1915 has been completed by the Bureau and will be introduced the latter part of this month. The proposed laws relative to corporations and boroughs will be ready inside of a month. No others will be prepared for this session. The compilations were made by authority of the last Legislature which directed the gathering of the State codes. The work with a view of clearing the statute books of acts which had been repealed as a whole or in part, which had become invalid by the courts and which are obsolete, has attracted much attention and there have been many suggestions made since the first draft was issued. The code has been inserted in any of the codes.
The Final Session.—The State Board of Public Grounds and Buildings, which has charge of the Capitol and all State property here and throughout the State except such as is specifically committed to trustees, will hold its final meeting as now constituted next week. Under the law the Governor and the Governor-Tenant will give way to his successor on inauguration day. At the final meeting the requisitions for various departments will be acted upon and the final report of the Board of Public Grounds and Buildings may be discussed, although the details will be left to the new session.
Forty are Unpaid.—About forty school districts throughout the State have not been paid their shares of the annual appropriation for the support of the State Normal School because of their failure to comply with the regulations. In one instance it was found that the district was lax in its enforcement of the compulsory education law, but that most of the districts have failed to file the reports on finances which the school code demands.
Records Broken.—Over 70,000 motor licenses of various kinds have been issued by the State Highway Department's automobile division breaking all records and being to-day 9,000 ahead of the total number issued on January 21, 1914. Of the licenses issued about 46,000 are for passenger automobiles. A few years ago the total number of automobile licenses issued in a year was less than 40,000.

NEW GOVERNOR AT SHORE

Governor-elect Brumbaugh is at the seashore for the week end. He will make two speeches.
Dickson Fights.—Capt. J. D. Dickson, of the State Highway Department, was in an attempted holdup in Pittsburgh yesterday. Someone got hurt, but it was not the captain.
Standard Plans.—Plans are being made for more meetings of committees on standards. One will be held in Philadelphia next week and then the standard committee will meet in Pittsburgh.

EXPECT MORE ARRESTS

It is probable that more arrests will be made for violation of the quarantine on the foot and mouth disease which is on the Lebanon Valley are to be tests.
Biggest Sale Yet.—The Board of Public Grounds and Buildings to-day held its biggest sale of buildings in Capitol Park extension. The total \$1,799,500. The four mill and frame stable in Poplar street were sold to Aderman Bros. for \$800, while 511 North Second street was sold to Harvey Clark at \$152,500. 504 Fifth was sold for \$100 to David Jackson and 431 North to Lewis Capin for \$175. The buildings must be removed within ninety days and the cellars filled. In all twenty buildings were sold, together with fences, which netted \$15.
Wrote in Chinese.—Capitol guides had a shock this week when a visitor from Philadelphia wrote his name in Chinese. His English name was Luke Chess and he put it on the register to help.

ARMORY BOARD MEETING

The State Armory Board is scheduled to meet on Tuesday to outline its program for legislation.
Public Service Adjourns.—The Public Service Commission adjourned last night after taking the request for modification of the decree in the Philadelphia communication rates under advisement.
Huntingdon Officers.—The officers recently elected by company L of the Eighth at Huntingdon have been commissioned by the Adjutant General's Department.
Lieutenants Dropped.—General orders from National Guard headquarters announce that Second Lieutenant William H. Forman, Company C, has been discharged. He was absent over thirty days without leave.
Catawissa Approved.—The plans for sewer and water improvements at Catawissa have been approved by Commissioner Dixon.

EDUCATIONAL

Stenographers Wanted
BEGIN NEXT MONDAY IN DAY OR NIGHT SCHOOL
SCHOOL OF COMMERCE
15 S. Market Sq., Harrisburg Pa.

City's Teacher Training School Turning Out Expert Instructors For Local Grades

Seventy-eight Graduates Now Working For Harrisburg District; Far Superior to Normal School Product, Educators Find



SENIOR CLASS OF THE TEACHERS' TRAINING SCHOOL

The pride of the Harrisburg school district and a pet of the school board and of Superintendent F. E. Downes is the Teachers' Training School in the Stevens building in Chestnut street, where Miss Anne U. Wert trains girl graduates of the Central High School to enter the ranks of the teaching profession in the city schools. The two classes of forty-one young women now studying the ins and outs of pedagogy, and getting daily practice with the three grades of model school pupils kept for their exclusive use, are made up of local girls fitting themselves directly for the needs of Harrisburg schools.
They are studying Harrisburg's methods with Harrisburg text books and teachers; and at the end of their course they will put their talents at Harrisburg's disposal. The school is a shining example of home consumption of home products; and the appreciation of Harrisburg is shown by the fact that since the school was founded in 1903 practically all the girls have been given places in local schools. Only one graduate has gone elsewhere for employment as a teacher, and she is making a success in the Friends' School in Haverford, Penna.

TEACHERS SOMETIMES JUMP

Of course, during the eleven years the school has been turning out teachers, many of the graduates have moved from the plane of school-narrm to that of housewife, but their success in the matrimonial field is only another recommendation for the school. Of the 115 girls who have been graduated from the school, seventy-eight are now teaching here. One is a special teacher of music; three are in the open-air schools, and another has recently been appointed to the Industrial Home School, which the school board has taken under contract.
In the first grade schools there are twenty-two graduates teaching; in the second grade, ten; third grade, six; fourth grade, twelve; fifth grade, eight; sixth grade, two; seventh grade, one, and in mixed grades, ten. The young women are usually placed in the lower grades and promoted higher as vacancies occur.
Miss Anne U. Wert, principal of the Teachers' Training School, has been in charge since its beginning in 1903 in the Cameron building in North Second street. She is a graduate of Lake Erie College, a branch of Mt. Holyoke. Previous to her college training she was a teacher in one of the lower grade schools of Harrisburg.
Her school was moved to the Stevens building in Chestnut street several years ago to provide a more central location. The large well-lighted room on the second floor is well fitted for the school. It is carpeted, has more comforts, better furnishings and a more home-like air than the ordinary schoolroom.
Miss Wert brings experience in this form of teaching, and her natural ability in instructing young women gives her a mastery that insures success. She wastes no time in going

through a lesson, and has a discipline over her pupils equal to that in the best-drilled primary school. She has an intimate way of leading her class that allows the freedom of informality and yet commands the deepest respect.
Miss Wert's teaching may be described only as brilliant. She gives the impression of not only knowing thoroughly every subject in her course but of having a broad knowledge of general topics that will stand the hardest cross-questioning. But with all this earnestness and ability she has a sense of humor that smooths over many a hard period of teaching.
Bamboos Unnecessary
It is not meant by this that Miss Wert cracks jokes frequently in the classroom far from it. She conducts her course earnest work first and last. She does not have to give demerit marks nor use moral suasion, nor even a rattan; a few words to a careless girl are usually sufficient. It has been reported that near the beginning of a term, a Junior girl brought a nickel's worth of sweet sticks to the training school, and tried to entertain her chums while the teacher was in the model school. The attempt was never repeated, so they say.
Survival of Fittest
The prospective teachers go through a course of selection before, during and after the training school term, which really makes it a survival of the fittest. Only girls recommended by the principal of the High School are admitted and during Miss Wert's course, candidates are given to understand that unless they can make good it is useless to continue. The careless, indifferent pupil who does not give promise of becoming efficient teachers are encouraged to adopt some other line of study. The importance of a teacher's work are impressed at every stage of the training.
Earnestness of Purpose, a Willingness to Work and a Good Natural Ability to Handle Children are requirements for the young women. A physical examination is also made before the student is admitted.
The course of instruction embraces two points of view. It must impart a firm knowledge of the common branches and must train the young women in the best methods of imparting it to children. The two-year course of study includes a review of all the common school subjects—rhetoric and composition, algebra, geometry, trigonometry, drawing, music, penmanship, physical culture, nature study and child literature, as well as the more theoretical work of school management, general principles of the history of education, special methods and psychology. The art of story telling and reading is given special attention. The Bennett system of oral recitation in the local schools is insisted upon.
Practice in Model Schools
The model schools in which the girls get active practice are important adjuncts of the training school.

MENT IS THEIRS

The liberty, if they can get it—and God speed them in the effort—is theirs, so far as my influence goes while I am President nobody shall interfere with them.
"Have not European nations taken as they wanted and spilled as much blood as they pleased in settling their affairs, and shall we deny that to Mexico because she is weak. No, I say."
"I want to ask the businessmen here present if this is not the first January in their recollection that did not bring a money stringency for the time being—is there anyone who has happened this year, and they say, 'No, it did not happen; it could not happen under the Federal Reserve act.' We have emancipated the credits of this country."
During his discourse the President urged the adoption of two measures, both of which were fought for by President Taft while he was in office.
He announced that he favors a complete judicial reform, styling the present court procedure as antiquated, many decades behind the times.
He urged the establishment of a Federal Employment Bureau so that men in every State could be put in touch with jobs even in other States. He would have this agency under the probable control of the Department of Labor.

BOTH SIDES STOP FIRING AS SOLDIERS STRETCH LEGS

Northern France, Jan. 9.—Word was received yesterday of a curious development of the Christmas truce on the firing line. In a certain part of the line British and German soldiers sat on the edges of their trenches in mutual agreement not to fire.
It has not always been possible to establish a truce between the two sides, but there have been singularly few casualties arising from them. The impromptu truce is likely to become more frequent in places where mud has made progress almost impracticable, and there is strong inclination on either side to have one's feet out of water to avoid cramp and improve circulation.
POSTPONE SOCIAL EVENTS
Amsterdam, via London, Jan. 9, 4:40 A. M.—The Prussian Ministry of State, according to a Berlin dispatch in the Telegraph, has issued a notice that in view of the seriousness of the times the greater public festivities, such as dinners, theatricals and dances should be postponed on the occasion of the Emperor's birthday of the Kaiser, January 27.

STEELTON

ALL IMPROVEMENT HEARING COMPLETE

Prosperous Days Ahead For Pennsylvania Steel, Believe Company Heads

Under the personal direction of Vice-president J. V. W. Reynolds, the big improvement project, involving the expenditure of about \$5,000,000 at the local steel plant, is fast nearing completion.
The new 28-inch intermediate 28-inch finishing and 35-inch roughing mills are well under way. The new blast furnace is nearing completion. The new open hearth is well under way on the remainder of the equipment.
Although the local plant is only operating at from 40 to 50 per cent of capacity, developments during the past week point to more prosperous conditions in the near future. The booking, this week, of a part of the Delaware, Lackawanna and Western Railroad, and the hope that the local company will land a big portion of the big rail orders to be let soon by the Pennsylvania and other Eastern railroads. If these expectations materialize, the local plant, according to an official this morning, will have a prosperous year.
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Car Strikes Girl; Irate Foreigners Attempt Revenge

Maggie Salerno, 10-year-old daughter of Salvatore Salerno, 605 South Second street, was run down by a trolley car on the Second street line, near Washington street yesterday afternoon. The child was caught on the fender of the car and carried along for a considerable distance before the car was stopped.
Considerable excitement was created when the girl's father jumped onto the fender of the moving car to secure the number of the motorcar. The crowd feared he wanted revenge.
By the time the car made its turn strip from Harrisburg a crowd of several hundred angry foreigners armed with clubs, bricks and other missiles had gathered. They attempted to storm the car Squire Gardner dispatched Chief Longmaker and Constable John Gibb to the scene to break up the crowd. The child is not seriously injured.
PIPE BREAKS
A break in the pipe connections, caused, it is said, by a Cornman employee digging too near the water main, caused a leak in the North Front street water main near Jefferson street, last night. Superintendent O. P. Barkins, of the water department, had a force of men at work repairing the damage early this morning.

STEELTON CHURCHES

Main Street Church of God—The Rev. G. W. Getz 10:30, "A Mind to Work"; 7:30, "A Question That Must Be Answered"; Sunday school, 2:30; C. E., 6; Sr. C. E., 6:30; evangelistic services, Sunday evening.
First Presbyterian—The Rev. C. B. Sawyer, 10:30, "The Season of the Supreme Passion"; 7:30, "A Great Saying of Christ"; Sabbath school, 9:45; C. E., 6:30; sacrament of the Lord's Supper, Sabbath morning, January 17.
Grace United Evangelical—The Rev. J. M. Shoop, Morning service, 10:30; evening, 7:30; Sunday school, 9:15; K. L. C. E., 4:45.
First Lutheran—The Rev. Charles A. Huyette, Sunday school and morning service together at 10, sermon, "Am I My Brother's Keeper?" evening, 7:30, "The Seasons of the Soul"; C. E., 6:45; Jr. Catechetical Monday 4:15; Sr. Catechetical, Wednesday at 7 o'clock.
St. John's Lutheran—9:30, Sunday school, 10:30, holy communion; 6:45, C. E.; 7:30, "The New Birth."
St. Mark's Lutheran—The Rev. William B. Smith, 10:30, "Normal and Healthy Relations to Christ"; 2, Sunday school, 9:30, "The Seasons of the Soul"; 6:45, C. E.; Jr. Catechetical Monday 4:15; Sr. Catechetical, Wednesday at 7 o'clock.
St. John's Lutheran—At 9:30, Sunday school; 10:30, the sacrament of the Lord's Communion; 6:45, intercession; Christian Endeavor; 7:30, evening worship and sermon, "The New Birth."

ELECT OFFICERS

The following officers have been elected by the Synod of the Church of God for the ensuing year: Superintendent, William Keim; assistant superintendent, Edward H. Housack; superintendent primary department, Charles Behore; superintendent cradle roll, Mrs. Lizzie Riddle; moral secretary, Charles F. Kile; financial secretary, Raymond Keim; treasurer, Ellenberger; clerk, Edward M. Hervey. The board will make some improvement to Chambers street as soon as the weather permits. A portion of the road will be filled with limestone. Messrs. Berkheimer and Nisley audited the 1914 accounts this week.

REVIVAL DRAWS MANY

Interesting revival meetings are in progress in the Church of God. They will continue indefinitely and are in charge of the pastor, the Rev. C. H. Heiges.
MRS. ELLENBERGER ENTERTAINS
The Ladies' Embroidery Club, of Steelton, was entertained, Thursday afternoon at the home of Mrs. E. H. Ellenberger, Front street.
BUY GOOD WIL TRUCK
The Enhaut Fire Company has purchased the Good Will truck from the city of Harrisburg and will mount their thirty-five gallon chemical tanks on this wagon.
ENHAUT PERSONALS
Professor Harry G. Snavely was returned to Stevens' Institute, Hoboken, N. J.
Mrs. Harry Thumma, who was visiting Mrs. William Stephens, has returned to New York.
Mrs. Mary Bartholomew, of Philadelphia, is visiting her sister, Miss Emma Brinde.
P. D. Royer, of New Bloomfield, was a business visitor in town this week.
Miss Mary Baughman returned from a visit to relatives in Mechanicsburg.
Richard Thumma has been appointed administrator to settle up the estate of his father.
Schaffner has returned to Franklin and Marshall College.
Miss Della Baughman, of Youngstown, Ohio, was a recent visitor with Miss Mary Baughman, in Front street.
Mrs. John Straw, of Baltimore, was a recent visitor with Mrs. E. H. Ellenberger, in Front street.
Miss Elizabeth Brooke has returned from a visit to relatives in Mechanicsburg.
William Augat, who has been confined to his home with a sprained ankle, is improving slowly.
Charles Thompson has resumed his studies at Lafayette College.

Try This If You Have Dandruff

There is one sure way that never fails to remove dandruff completely and that is to dissolve it. This destroys it entirely. To do this, just get about four ounces of plain, ordinary liquid arvon; apply it at night when retiring; use enough to moisten the scalp and rub it in gently with the finger tips.
By morning most, if not all, of your dandruff will be gone, and three or four more applications will completely dissolve it. Entirely destroy every single sign and trace of it, no matter how much dandruff you may have.
You will find, too, that all itching and itching of the scalp will stop instantly and your hair will be fluffy, lustrous, glossy, silky and soft and look and feel a hundred times better.
You can get liquid arvon at any drug store. It is inexpensive, and four ounces is all you will need. This simple remedy has never been known to fail.—Advertisement.

HIGHSPIRE

HIGHSPIRE PERSONALS
Mrs. R. L. Arnold, of Market street, fell and fractured her right wrist, Monday.
Miss Margaret Brandt, of Mechanicsburg, who spent a few days with her mother, Mrs. A. H. Arnold, of Roop street, returned to her home.
Mrs. Annie Springer, of Emmitsburg, is visiting Mrs. D. W. Arnold, Penn and Market streets.
Miss Nina Ruth spent the week-end in Maryland, the guest of Miss Mary Decker.
Samuel Diehl, of Middletown, spent Monday in town.
Lucas, of Philadelphia, who visited her son, Italy, who is a patient at the Mt. Alto Sanatorium, on her way home, visited her sister, Mrs. Jacob Mathias, of Penn street. She left Tuesday morning to visit her sister, Mrs. Charles Assenbacher, in Middletown.

HIGHSPIRE CHURCHES

St. Peter's Lutheran Church—The Rev. Frank Edward Moyer, pastor, will preach at 9:45, subject, "The Vital Question," and at 7:30, subject, "The First Romance." Sunday school, 9:30. Junior class and Junior Catechetical class, Sunday, 3. Senior Catechetical class, Friday, 7. Senior C. E., Sunday, 6:45. Children's services, Sunday morning.
The Men's Church will sing Sunday at the evening service.
United Brethren Church—The Rev. H. P. Rhoad, pastor, will preach at 10:15 and at 7, Sunday school, 1:30.

TRADING BETTER IN LONDON

London, By Associated Press
Trading on the Stock Exchange after a five months' close was better than anticipated, considering the restrictions imposed. The new trading forms still being limited by the market opinion is that business will broaden and run smoothly within a month.

UNFILLED TONNAGE DECREASED

New York, Jan. 9.—The unfilled tonnage of the United States Steel Corporation on December 31 totaled 3,826,634 tons, an increase of 612,051 over November.

BILIOUS?

If you have bad taste in mouth, foul breath, burnt tongue, dull headache, drowsiness, disturbed sleep, mental depression, yellowish skin—then you are bilious.

SCHENCK'S MANDRAKE PILLS

quickly relieve and permanently remove the cause of this disorder, which is the result of liver derangement and severe digestive disturbance.
Purely vegetable. Plain or Sugar Coat. 80 YEARS' CONTINUOUS SALE PROVES THEIR MERIT.
Dr. J. H. Schenck & Son, Philadelphia

His wife and Mother

Wishes To Tell You **FREE**

How She Stopped Her Husband's Drinking

By all Means Write to Her and Learn how She did it.
For over 20 years Jas. Anderson of 34 Pearl Ave., Hillburn, N. Y., was a confirmed drunkard. His case was about as bad as it could be, but a little over twelve years ago his devoted wife, after years of trying, finally succeeded in stopping his drinking entirely.

ENHAUT

Write to this woman if you have a relative or friend who drinks
Not only did she save Mr. Anderson but she stopped the drinking of her brother and several of her neighbors as well. All this she accomplished by simple home treatment which she now desires every man and woman who has a relative who drinks, to know all about for the sake that others can do just as she did.
The treatment can be given secretly if desired and without cost, she will gladly and willingly tell what it is. Therefore every reader of this notice who is interested in curing a dear one of drinking should write to Mrs. Anderson at once. Her reply will come by return mail in a sealed envelope. She does this gladly in hopes that in several weeks, she will see you in person and that you will be able to tell to all that you do not need money for she has nothing to sell. Simply address your letter with all confidence, to Mrs. Margaret Anderson at the address given above and she will reply by return mail in a sealed envelope.
UNDEBTAKERS
RUDOLPH K. SPICER
Funeral Director and Embalmer
813 Walnut St. Bell Phone