

Constipation a Penalty of Age

Nothing is so essential to health in advancing age as keeping the bowels open. It makes one feel younger and fresher and forestalls colds, piles, fevers, and other dependent ills.

NEWPORT DOGS WIN PRIZES

Newport, Pa., Nov. 17.—Announcement was made in the Telegraph last week that John H. Cluck and Charles R. Horting had gone to Ruffsdale, Pa., with six prize dogs to enter them in competition in the meet of the Western Pennsylvania Fox Hunters' Association.

SOPHOMORES OUTWITTED

Treasurer of Freshman Class Escapes in Time For Banquet Special to The Telegraph. Annville, Pa., Nov. 17.—The freshmen of Lebanon Valley College are rejoicing in that they succeeded in fooling the sophomores on Saturday, when members of the latter class attempted to keep away from the freshmen banquet held at York last night.

MILITARY EUCHRE

Special to The Telegraph. Northumberland, Pa., Nov. 17.—A military euchre will be held in Seaman's Hall on Tuesday evening, November 17. The proceeds will be used to make up the \$50 given by the Civic Club for a Belgian relief fund.

CHILD DRINKS GASOLINE

Special to The Telegraph. Quarryville, Pa., Nov. 17.—John Evans, 2 years old, in the absence of his mother, who left a can of gasoline stand on the floor, drank some of the contents and when she came into the home found the boy almost dead with spasms.

ROSE STAHL AT MAJESTIC THURSDAY EVENING



Stage pieces are generally assumed to be just stage pieces insofar as a locality is concerned. They have no direct bearing on the play as a rule, but in Rose Stahl's new comedy, "A Perfect Lady," Channing Pollock and Renold Wolf have put a real place on the map.

FUN BIG FEATURE OF ORPHEUM BILL

"Married," a Sidesplitting Skit, and Nat Willis Are the Headliners

Should you, if you were THAT kind of a man returned from a prolonged "apree" and find a girl, pretty, taffy-haired girl, sleeping soundly in your bachelor quarters—what would you think? That it was all a delusion? Well, then, just suppose, to end the delusion, you threw the clothes which you found in your favorite easy chair, out the bedroom window.

AMUSEMENTS

MAJESTIC

Friday evening, November 20 — Rose Stahl in "A Perfect Lady." Monday, Tuesday and Wednesday, November 23—"The Shepherd of the Hills."

ORPHEUM

Every afternoon and evening — High-Class Vaudeville.

COLONIAL

Every afternoon and evening—Vaudeville and Pictures.

ROSE STAHL IN "A PERFECT LADY"

Rose Stahl will return to the Majestic on Friday evening for an engagement of one night in her new comedy, "A Perfect Lady." The play was written by Channing Pollock and Renold Wolf, and they have brought to the work all that knowledge of stagecraft which was evident in their endeavors on the several notable musical comedy books for which they were responsible.

"THE SHEPHERD OF THE HILLS"

The critic on the Milwaukee Sentinel says of "The Shepherd of the Hills," "It is like a beautiful October afternoon with the calm and beauty of summer, tempered by the cold breeze of the yet distant winter."

"IN TUNE WITH THE WILD," A WONDERFUL ANIMAL STORY, AT THE PHOTOPLAY TO-DAY.

Kathlyn Williams, famous for her work in the "Adventures of Kathlyn," returns to the screen in "In Tune with the Wild," a three-act Selig Wild-animal drama, running to-day at the Photo-play.

SUICIDE OF BANK CASHIER

Special to The Telegraph. Hagerstown, Md., Nov. 17.—Returning to his home in Clearspring from Johns Hopkins Hospital in Baltimore, where he had been treated for kidney disease, Edmund J. Miller, cashier of the Clearspring National Bank, went to his room and committed suicide by shooting himself in the head with a revolver. His body was found on the bed by his sister.

ASK NEW TRIAL FOR SWAB

Sunbury, Pa., Nov. 17.—Lawyers for Mark L. Swab, of Elizabethtown, yesterday argued before the Superior Court, at Philadelphia, an application for a new trial for Swab, and decision was reserved. He was convicted of the murder of a woman in the embroilment of \$19,427.38 of county funds while he was in office as deputy treasurer of Northumberland county during 1909-11.

THIRTY FINE CATTLE KILLED

Marletta, Pa., Nov. 17.—Thirty head of fine cattle, which were affected with the mouth and hoof disease, on the David M. Eyer farm, just north of Marletta, were killed yesterday. Mr. Shank, the tenant on the farm, was assisting to dispatch the cattle, was badly injured by being thrown by a cow.

IRON PLANT RESUMES WORK

Sunbury, Pa., Nov. 17.—The Reading Iron Works, one of Danville's largest industries, resumed work today, with 500 men employed, after a month's shutdown.

WILEY PREPARES LIST OF SELECTED FOODS

Tells What Should Be Sent to the European War Sufferers

By Associated Press. Washington, D. C., Nov. 17.—Dr. Harvey W. Wiley has prepared a list of selected foods for European war sufferers as a suggestion to Americans who wish to contribute supplies to the relief cause. The list is suggested as the most effective for shipping and distribution purposes.

For packages for convalescents the following is recommended: Fifteen pounds of evaporated milk; 15 pounds malted milk; 1 pound-can of olive or cotton seed oil; 2 pounds of canned chicken; 5 pounds of brown rice; 7 pounds whole wheat or white flour; 3 pounds of sugar; 2 pounds of tea, and 6 ounces of salt.

LETTER LIST

LIST OF LETTERS REMAINING IN THE Post Office at Harrisburg, for the week ending November 17, 1914. Ladies' List — Mrs. W. Sherman Barnes, Miss Ruth Byers, Miss May Hance, Emma H. Hester, (D. L.), Miss Dakota Heyde, Mrs. Lydia Hill, Mrs. Ruth Houtz, Mrs. Lidia Hyie, Miss Lizette Johnson, Miss Frances Levy, Mrs. Charles W. Macy, Mrs. Nettie Marshall, Anna McCoy (D. L.), Miss Jennie Morrison, Miss Lillian Stanger, Mrs. Helen Swope, Miss A. Thorne, Mrs. E. L. Timed, Miss Lulu Warrick, Mrs. A. H. Weiser.

Gentlemen's List — H. E. Allison, Harry Arnold, Lewis Auar, Charles H. Black, N. E. Brown, W. H. Brown, Rev. H. L. Campbell, Milton A. Chubb, (2), Andrea Damico, F. B. Diener, Charles Eby, T. J. Evans, Charles Fabnestock, H. B. Gault, W. James Gorman, Jr., Boyd F. Gramm, D. R. Grove, J. G. Grover, Charles Grunden, W. H. Harmon, Z. M. Hark, Rev. Edwin S. Hatton, D. D. M. C. Heller, James A. Jackson, Willis H. Johnson, W. Jones, Charles Lyman, J. Jones, Elmer E. Kaufman, F. H. Kiser, D. A. Knuppenburg, Charles E. Kohler, Harry B. Kramer, Ernest Lyman, John D. B. Lytle, Lance McCrosby, P. J. McEntee, M. C. McGruder, W. G. McGruder, E. Z. Miller, R. S. Miller, Charles W. Moore, Clark Moul, Harry Morofsky, James A. Murphy, Joseph Muehbach, Miss Mary (2), Miss Nora S. E. Nester, R. Neumeyer, G. A. Nichols, Rev. R. Nicken, James O'Neil, John W. Paulus, Philip P. Peck, John D. Peiper, J. W. Peters, Charles Pinkert, J. H. Price, Joe Rea, Wilbur Paul Rickert, W. J. Rinehart, Harry Ritchie, Charles Robert, I. Rodman, Charles E. Romich, A. M. Romig, G. M. Rouse, Jos. Russell, Thomas E. Salt, Peter Schlitt, Michael Shaffer, Sr., Henry Shaffer, J. H. Shirley, J. E. Shover, John G. Smiley, Albert Smith, Roy E. Smith, William Smith, Jr., C. W. Snyder, W. S. Stansbury, John M. Steele, Robert Stoner, J. Stueckler, W. Sturtevant, Roy Dolph Styer, (2), W. S. Tamm, John Taggart, George Thompson, W. W. Torrey, James Turner, Bruno Vadale, Win. Vankirk, W. E. Vanecko, W. E. Washington, I. S. Wavie, Joseph Weatherly, Enos Weaver, Charles Wentz, W. E. Wetzel, Harry Weirich, George Wells Wilder, W. F. Wilson, Clarence B. Worr, J. J. Woodard, Albert W. Woodard, Charles Zapp, John I. Zimmerman.

Persons should invariably have their names on their packages, and the street and number, thereby insuring prompt delivery by the carriers. FRANK C. SITES, Postmaster.

YOU can't judge a man by the size of his hat. It's what's in the hat that counts. Don't buy VELVET because it's in a big tin, but because that's VELVET in the big tin. In every tin and bag of VELVET, The Smoothest Smoking Tobacco, there's a liberal quantity of the best tobacco that Kentucky can produce. 10c tins and 5c metal-lined bags. Lippitt & Myers Tobacco Co.

STOUGH WORKERS HELPING. Special to The Telegraph. Mechanicsburg, Pa., Nov. 17.—Last evening evangelistic services in the Methodist Episcopal Church received an impetus through the efforts of H. B. Walbert, W. F. Whitcomb and N. W. Ellis, of Harrisburg, co-workers in the Stough campaign, as members of the personal workers' committee. The room was crowded to its utmost capacity, and the speakers held the interest of the entire audience. The meetings, which have been held for three weeks, are increasing in interest.

CONSTIPATION, COLDS, HEADACHES, REGULATE YOUR BOWELS! 10 CENTS

Furred tongue, Bad Colds, Indigestion, Sallow Skin and Miserable Headaches come from a torpid liver and constipated bowels, which cause your stomach to become filled with undigested food, which sours and ferments like garbage in a swill barrel. That's the first step to untold misery—indigestion, foul gases, bad breath, yellow skin, severe colds, everything that is horrible and nauseating. A Cascaret to-night will surely straighten you out by morning—a 10-cent box will keep your head clear, stomach sweet, liver and bowels regular and make you feel cheerful and bully for months. Don't forget your children—their little insides need a good, gentle cleansing, too, occasionally.

CANDY CATHARTIC. Cascarets. 10 CENT BOXES—ANY DRUG STORE. ALSO 25 & 50 CENT BOXES. WORK WHILE YOU SLEEP.

Stopping Commonwealth Hotel Harrisburg, Tues. & Wed. At November 17 and 18. SEELEY'S SPERMATIC SHIELD TRUSS. The Latest and Most Scientific Appliance For the Successful Treatment and Cure of RUPTURE. Used and approved by the U. S. Government and the Czar of Russia. Vouched for by P. R. O. Officials, Jefferson and Hahnemann Medical Colleges and leading hospitals. No leg straps to irritate and soil. No binding of hips. Clean and durable. Unaffected by perspiration—used in bathing. Future services, and alterations to meet the needs of the individual as the condition progresses, are a most important feature of our work and are done without charge. Abdominal Belts, Elastic Stockings, Etc. For corpulency, operations, umbilical hernia, backache, varicose veins, weak and swollen limbs, etc. Examination and Advice Free. Call at Commonwealth Hotel, Tuesday and Wednesday, November 17 and 18. DON'T MISS THIS OPPORTUNITY. Local references on request. W. B. SEELEY, Home Office, 1027 Walnut St., Philadelphia Pa. CUT OUT AND KEEP FOR REFERENCE.

GIRLS! CLEAN AND BEAUTIFY HAIR NO DANDRUFF--25 CENT DANDERINE

Stop washing hair! Try this! Makes hair glossy, soft and abundant. Besides beautifying the hair, one application of Danderine dissolves every particle of dandruff; invigorates the scalp, stopping itching and falling hair. Danderine is to the hair what fresh showers of rain and sunshine are to vegetation. It goes right to the roots, invigorates and strengthens them. Its exhilarating, stimulating and life-producing properties cause the hair to grow long, strong and beautiful. You can surely have pretty, soft and lustrous hair, and lots of it, if you will just get a 25-cent bottle of Knowlton's Danderine from any drug store or toilet counter and try it as directed.—Advertisement.

AT ONCE! CLOGGED NOSTRILS OPEN, HEAD COLDS AND CATARRH VANISH

Breathe Freely! Clears Stuffed-up, Inflamed Nose and Head and Stops Catarrhal Discharge. Cures Dull Headache. Get a small bottle anyway, just to try it—Apply a little in the nostrils and instantly your clogged nose and stopped-up air passages of the head will open; you will breathe freely; dullness and headache disappear. By morning! the catarrh, cold-in-head or catarrhal sore throat will be gone. End such misery now! Get the small bottle of "Ely's Cream Balm" at any drug store. This sweet, fragrant balm dissolves by the heat of the nostrils; penetrates and heals the inflamed, swollen membrane which lines the nose, head and throat; clears the air passages; stops nasty discharges and a feeling of cleansing, soothing relief comes immediately. Don't lay awake to-night struggling for breath, with head stuffed; nostrils closed, hawking and blowing. Catarrh mucous dropping into the throat, and raw dryness is distressing but truly needless. Put your faith—just once—in "Ely's Cream Balm" and your cold or catarrh will surely disappear.—Advertisement.

You Must Do It NOW IF YOU WANT Beautiful Flowers

Gorgeous Bright Colored Tulips, Sweet-scented Hyacinths, Old-fashioned "Smokepipe" Daffodils. You Must Plant the Bulbs Now. There is nothing more beautiful than a bed of Hyacinths or Tulips bursting forth their marvelous mass of blooms early in the Spring before any other flowers are to be seen. Your money spent for these will give you much real pleasure. Brighten Up Your Home—Brighten Up Your Life, by Having More Flowers to Look at. Plant Lots of Them—Do It Now Before the Ground Freezes. HYACINTH BULBS—all colors—\$1.10, 75c, 60c and 40c per dozen. \$7.00, \$5.25, \$3.75 and \$3.00 per hundred. TULIPS, NARCISSUS, CROCUS, SNOWDROPS. Walter S. Schell. QUALITY SEEDS. 1307-1309 MARKET STREET. Auto Delivery.

War Map Coupon

Latest European War Map Given by THE TELEGRAPH. To every reader presenting this COUPON and 10 cents to cover promotion expenses. BY MAIL—In city or outside, for 12c. Stamps, cash or money order. This is the BIGGEST VALUE EVER OFFERED. Latest 1914 European Official Map (6 colors)—Portraits of 16 European Rulers; all statistics and war data—Army, Navy and Aerial Strength, Populations, Areas, Capitals, Distances between Cities, Histories of Nations Involved, Previous Decisive Battles, History of the Peace Conference, National Debts, Coin Values. EXTRA COLOR CHARTS of Five Involved European Capitals and Strategic Naval Locations. Bound, with handsome cover to fit the pocket.

TAX COLLECTOR 74 YEARS OLD

Expected to Resign on Account of Feebleness—Gained Strength and Twenty-four Pounds by Taking Vinol. Corinth, Miss.—"I am a city tax collector and seventy-four years of age. I am in a weak, run-down condition so that I became exhausted by every little exertion. My druggist told me about Vinol, and I decided to take it. In a week I noticed considerable improvement; I continued its use and now I have gained twenty pounds in weight, and feel much stronger. I consider Vinol a fine tonic to create strength for old people."—J. A. Price, Corinth, Miss.

As one grows old their organs act more slowly and less effectively than in youth, circulation is poor, the blood gets thin, the appetite poor and digestion weak. Vinol, our delicious cod liver and iron tonic, is the ideal strengthener and body builder for old folks because it creates a good healthy appetite, strengthens digestion, enriches the blood, improves circulation and in this natural manner builds up, strengthens and invigorates feeble, run-down, nervous and aged people and if it does not do all we say, we will pay back your money. George A. Gorgan, druggist, Kennedy's Medicine Store, 321 Market Street; C. F. Kramer, Third and Broad streets; Kitzmiller's Pharmacy, 1325 Derry street, Harrisburg, Pa.—Advertisement. NOTE.—You can get Vinol at the leading drug store in every town where this paper circulates.—Advertisement.

UNDER-TAKERS

RUDOLPH K. SPICER. Funeral Director and Embalmer. 315 Walnut St. Bell Phone.

AMUSEMENTS. MAJESTIC THEATER. ONE NIGHT ONLY. FRIDAY, NOVEMBER 20. The Henry B. Harris Estate Presents. ROSE STAHL. IN THE NEW COMEDY. A PERFECT LADY. By Channing Pollock and Renold Wolf. LAUGHTER GUARANTEED for in this play. Miss Stahl one of the notable comedienne of the day is seen at her best. THE TANGO CRAZE DRAMATIZED. SEAT SALE WEDNESDAY. Prices: Lower Floor \$2, \$1.50, \$1. Balcony \$1, 75c, 50c. Gallery 25c. Opheum Colonial. Be sure to buy your seats early for this week's show. It's the only safe way. Perhaps you'll be crowded out later in the week. A Dream of the Orient. The greatest girl act that ever played on the Keith circuit. 3 OTHER KEITH HITS AND "I Love the Nurses" IN MOVIES. MATINEES, . . . 5c and 10c. EVENINGS, . . . 10c and 15c.

Don't Merely "Stop" a Cough. Stop the Thing that Causes It and the Cough will Stop Itself. A cough is really one of our best friends. It warns us that there is inflammation or obstruction in a dangerous place. Therefore, when you get a bad cough don't proceed to dose yourself with a lot of drugs that merely "stop" the cough temporarily by deadening the throat nerves. Treat the cause—heat the inflamed membranes. Here is a home-made remedy that gets right at the cause and will make an obstinate cough vanish more quickly than you ever thought possible. Put 2 1/2 ounces of Pinex (50 cents worth) in a pint bottle and fill the bottle with plain granulated sugar syrup. This gives you a full pint of the most pleasant and effective cough remedy you ever used, at a cost of only 54 cents. No bother to prepare. Full directions with Pinex. It heats the inflamed membranes so gently and promptly that you wonder how it does it. Also loosens a dry, hoarse or tight cough and stops the formation of phlegm in the throat and bronchial tubes, thus ending the persistent loose cough. Pinex is a highly concentrated compound of Nuxetia, ginger, and guaiacum, and is famous the world over for its healing effect on the membranes. To avoid disappointment, ask your druggist for "2 1/2 ounces of Pinex," and don't accept anything else. A guarantee of absolute satisfaction, or money promptly refunded, goes with this preparation. The Pinex Co., Ft. Wayne, Ind.

PHOTOPLAY TO-DAY "IN TUNE WITH THE WILD" 3-act Selig Jungle Drama. Featuring KATHLYN WILLIAMS. A Truly Wonderful Wild Animal Production. This story had been running in the Harrisburg Telegraph for the past few weeks. "THE SORCERESS" "GEORGE ADE FABLE" S. & A. Comedy.