Doing Something Useful

A Message

Those of Middle Age Especially.

oppress you during change of life, when through the long

when your head aches constantly, you are nervous, de-pressed and suffer from those dreadful bearing down pains,

don't forget that Lydia E. Pinkham's Vegetable Compound

is the safest and surest remedy, and has carried hundreds

From Mrs. Hornung, Buffalo, N. Y.

Buffalo, N. Y.—"I am writing to let you know how much your medicine has done for me. I failed terribly during the last winter and summer and every one remarked about my appearance. I suffered from a female trouble and always had pains in my back, no appetite and at times was very week.

"I was visiting at a friend's house one day and she thought I needed Lydia E. Pinkham's Vegetable Compound. 'I took it and have gained eight pounds, have a good appetite and am feeling better every day. Everybody is asking me what I am doing and I recommend Lydia E. Pinkham's Vegetable Compound. You may publish this letter if you wish and I hope others who have the same complaint will see it and get health from your medicine as I did."—Mrs. A. Hornung, 91 Stanton St., Buffalo, N. Y.

Was A Blessing To This Woman.

So. RICHMOND, VA.—"I was troubled with a bearing down pain and a female weakness and could not stand long on my feet. Of all the medicines I took nothing helped me like Lydia E. Pinkham's Vegetable Compound. I am now regular and am getting along fine. I cannot praise the Compound too much. It has been a blessing to me and I hope it will be to other women."—Mrs. D. Tyler, 23 West Clopton St., South Richmond, Va.

Pains in Side, Could Hardly Stand.

Lopi, Wis.—"I was in a bad condition, suffering from a female trouble, and I had such pains in my sides I could hardly move. Befor, I had taken the whole of one bottle of Lydia E. Pinkham's Vegetable Compound I felt better, and now I am weil and can do a good day's work. I tell everybody what your medicine has done for me."—Mrs. John Thompson, Lodi, Wisconsin.

of women safely through this critical period.

Read what these three women say:

appetite and at times was very weak.

hours of the day it seems as though your back would break,

When you have found no remedy for the horrors that

This is a time of peculiar upheaval in the feminine world. Up to now the average American girl has expected to stey at home until she was married and then go to a home of her own. And she could fairly safely count on getting married.

In the last few years, however, this macried it impossible for the man in ordinary circumstances to support a family of girls in comfort. The girls them slives have heard so much about the parasitic woman that they have become ashamed of hanking like a milistone agreatly diminished, and young women of presentable appearance are no longer certain, as they formerly were, or getting married.

All of these conditions have turned the thoughts of girls toward self support. This is well. There is no more fazaon why an intelligent and able. It develop's a woman's brain and able. It develop's a woman's brain and brawn and character to do some regular work, whereby she earns honest money and acquires the strength to stand on her own feet instead of flopping, like a limp dish rag, on some stronger individual to the most persistent of these hoodoos is that when a woman works she must always do some lady-like kind of work—that is, something artistic or literary and that is genteel—just as it was considered in the pain to do embroidery than it was to do lain useful sewing.

For this reason at least 90 per cent of the girls who want to work want to go on the stage, or to rectite, or do parlor entertaining, or write, or paint, also they want to do these things in a dilettante manner and receive large.

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For this reason at least 90 per cent of

then go to a home of her own. And she could fairly safely count on getting married. In the last few years, however, this comfortable program of life has been altered. The high cost of living has been altered. The high cost of living has dinary circumstances to support a family of girls in comfort. The girls themselves have heard so much about the plant of the partial of the part

Dr. Robert Wayne thrust the weed

Yes, this was Dr. Robert Wayne-though he knew not his name nor anything about himself prior to the day when he had awakened from a long

Having administered to Matthew,

ing. Thou art late in securing thy breakfast. Away with thee! Go forth and seek that which thy palates crave."

He seized Mark by the neck and tail and threw him out of the cave. Like children who feared similar treatment, Luke and John followed Mark

in the wilderness of this man's former sought to teach to the Kafirs.

The Apparition in the Wilderness. Doctor Wayne now sauntered out of the Caves of the Hundred Lions. Outside, just by the entrance, stood a huge

"Toddles, faithful Toddles!" cried the man in tune with the wild. "Ever art thou on guard, as if thou didst indeed love me. Thou seemest to know was none other than one of Doctor that the black men of the forest fear thee and thy kind, and will not apthe and thy kind, and will not apthe and the forest fear the and the kind, and will not appear to the forest fear the fear the forest fear the forest fear the forest fear the fear the forest fear the fear thee and thy kind, and will not approach so long as thou standest senti-proach so long as thou standest senti-

with heads far skyward, that lowered their heads to be caressed by their human friend in the lion's skin. Two

But now as Wayne approached a great thicket of thorn bushes he heard a low growl. The bushes had been trampled down by the passing, evidently, of a herd of elephants. Thorns dotted the trampled place like so many little upstanding bayonets or spikes, each particular thorn being as sharp as a needle, as hard as steel and sev

eral inches long.

The growl that came from beyond this trampled thorn thicket was not

£_____ [Continued.]

that may clear the mystery of—of the last resting place of your father."

CHAPTER X.

In Tune With the Wild. Just within the entrance to the Caves of the Hundred Liens, where water from out the rock wall trickled down and formed a natural sunken bath, a man of massive frame, with a only in a lion's skin, was eating his breakfast—wild honey, wild cherries

and other jungle fruit.

His features were those of a white man, but the color of his skin was as dark as that of some of the Kafirs who He got hold of the thorn with his looking man with the hypnotic eyes who consorted with wild beasts as

with human companions. result of 15 years of exposure to the rays of the sun that pierced the jungle fastness. For 15 years he had in-habited the Caves of the Hundred Lions, with all kinds of wild beasts for

If there was that in his manner and looks that suggested madness, it surely was madness most mild. For with benign mien he talked to his four-foot-ed companions as one who loved all living things.

His companions now, as he ate his breakfast, were four leopards, two monkeys and two parrots. To these he talked as to human table compan-

"Matthew," he said, addressing one of the leopards, "thou dost lie there for all the world like a sick child. Here, Matthew, is weed like unto cat-nip—a morsel of medicinal herb which I brought thee from the brook that is half a day's walk from this spot. Eat of it, Matthew. It will cure thee, thou poor, sick cat!"

into the leopard's mouth.

sleep to find himself in this very cave.

Doctor Wayne now turned his attention to the other leopards.

"Mark! Luke! John!" he cried. "Thou art three lazy ones this morn-

of their own accord.

"And as for thee, Ruth, and thee, Naomi," Wayne continued, speaking to the parrots, "see, here are worms."

He placed little writhing things on

the cross where the parrots perched. The cross! It was made rudely of wo tree boughs. It was the symbol calling and of the gospel that he had He knelt by the cross now and prayed.

CHAPTER XI.

giraffes! On through the jungle, then, the "wild man" strolled—for "wild man" the natives called him. He marched without weapon and without fear. Yet he knew that in many a thicket as he passed, and in the branches of many a tree, lurked four-footed beasts of prey—lion, leopard, cheetah—watching him with gleaming eyes and perhaps vield itself to man when man has covetous teeth and yearning claws. proved to be a friend!" Yet not one of these beasts so much as growled at the passerby.

"How splend dil be, Edith' It mouned and withdrew the paw."

Perhaps he may bring us some tidings that may clear the mystery of—of the foot. And again the beast pulled away. the paw, this time with a growl.
"Ah, Solomon!" the wild man said

"so thou dost scold! Thou art coward. Where is thy kingly pride" He now looked the lion pointblank in the eyes and again lifted the wounded

paw.
"A thorn!" he muttered. "A thorn probably many inches in length-sharp as the point of Kafir assegaitawny beard and hair like a mane, clad hard as a spearhead. And imbedded in only in a lion's skin, was eating his thy claw, Solomon, up to the hilt. No wonder thou art suffering! My poor Solomon! Wait! With the extrac-

saw him frequently in the jungle and fingers, and he pulled. But he found who always left him unmolested. For the thorn so deeply impaled in the the black men held in awe this wild- flesh of the paw that not even his strong fingers could draw it out.

"But despair not, noble Solomon!" Wayne murmured. "Feeble my fin The bronzed hue of his skin was the gers may be, but strong are my teeth and more fitting, too, for the task." He applied his teeth to the thorn took a good hold-and pulled.

Four inches or thorn came forth from the lion's paw. The beast actually heaved a sigh of relief. With the



Lifted the Wounded Paw

removal of that hard, sharp wooder spike pain immediately vanished. As if in token of its gratitude, the lion licked the hand of the man whose doctoring had made the beast able again to compete physically with other beasts of the jungle.

"Farewell, Solomon!" called the wild man, as the lion bounded away. "Give my love to Sheba, who I know is even now awaiting your homecoming at your lair."

Again onward through the jungle strode the man who knew no fear-till suddenly he halted, gazing ahead spellbound at the apparition that con-

fronted him.

The apparition was a man of a race which Wayne could not remember having ever seen before—a Caucasian.

The white man, who stood not 50 feet from Doctor Wayne, had a rifle. He was aiming the gun at an object. Wayne looked to see at what the white man was so carefully aiming that deadly weapon. He saw a leopard crouched on a fallen tree, watching evidently for a bird of which to make a dainty meal. This crouching leopard

rending the jungle stilled in the property of thunder. "Don't!" he repeated.

Toddles!"

For the first time the white man himself beheld an apparition-seem-

ing a wild man, whom he instantly recognized, however, as of the white

race, yet one become so strangely wild that he seemed like a prehistoric caveman come to life in the forest primeval. "Art thou so afraid of yonder beast that thou wouldst kill it?" Wayne said, advancing toward the stranger.
"I will show thee that yonder beast is not to be feared. Behold, man of fear, how the beast of the forest will

Wayne went to the leopard, lifted the bodily over his head, wound the lithe and elastic form around his neck and shoulders like a mighty collar. Thus with Mark, the leopard, wrapped around him, the wild man vanished

into the thick of the jungle.

"Well, I'll be dimmed!" exclaimed Capt. Duncan Jones of Troop F, the crack cavalry organization of state of Californ

[To Be Continued.]

Announces the removal of his Dental Office from 219 Walnut street to ROOM 206 BERGNER BUILDING, at Third and Market Streets. Hours: 9 to 1, 2 to 5. Bell Phone 3312 Elevator Servi

Are You Prejudiced? Read!

Pure food authorities of highest degree testify to the merits of oleomargarine. The following quotations are typical:

"Perfectly pure, wholesome and palatable."—Prof. J. W. L. Arnold, professor of Physiology, University of New York.

Contains essentially the same ingredients as butter made from cow's milk."—Prof. W. U. Atwater, director U. S. Agricultural Experiment Station.

"It is free from all objections. There are a large number who imagine oleo-margarine is made from any old scraps of grease, regardless of age or cleanliness. The reverse is the fact. Good oleo can be had only by employing the very best and freshest of fat."—Dr. A. G. Stockwell in Scientific American.

"Essentially identical with best fresh butter and superior to much of the butter made from cream alone." Prof. Henry Morton, Stephens Institute of Technology.

"For all ordinary and culinary purposes, the full equivalent of good butter made from cream."—Prof. S. W. Johnson, professor of Agricultural Chemistry, Yale College.

"It is made only from the cleanest materials in the cleanest possible manner. Oleomargarine cannot be made from rancid fat."—Dr. Charles Harrington, Prof. of Hygiene, Harvard Medical School.

Armour's Silverchurn Oleomargarine

comes up to these standards in every respect. It is always pure, palatable, wholesome, delicious, economical—saves you a third on your butter bill. Try it today. Your dealer has it.

Made under U. S. Government ARMOUR COMPANY

THREE SUNBURY WEDDINGS

Special to The Telegraph
Sunbury, Pa., Nov. 10.—Ira C. Johnson and Miss Virgle M. Emerick, both of Stonington, were married here by the Rev. R. R. Thompson of the First Baptist Church.

Miss Triffie A. Peifer and Richard Thomas, both of Sunbury, were married by the Rev. J. S. Thomas, of the First United Evangelical Church.

Miss Margaret Kunkle, of near Lewisburg, and Harry Heckert, of Sunbury, were married at the home of the bride, by the Rev. W. C. Gearhart, of the Lewisburg Reformed Church.

DEAD WITH MINISTERIAL SIZES

Sunbury, Pa., Nov. 10.—William Elmes, 72 years old, who was twice wounded during the Civil War, died suddenly at Berwick. He complained for pains in his head, arose to go to a couch, and fell to the floor, lifeless.

IT isn't the food you eat, but the food that you digest, that nourishes your

DEAD WITH BULLET IN HEAD

Marysville, Pa., Nov. 10.—James L. Liddick, 25 years old, near New Buffalo, was found dead in bed yesterday morning, with a revolver in his right hand and a bullet hole in his head. It is believed that he ended his life while his mind was temporarily deranged.

KILLED BY MULE'S KICK

Special to The Telegraph
York, Pa., Nov. 10.—Wendell Ream!
45 years old, a prosperous farmer of
Fairview township, was instantly
killed last evening when he was kicked
by one of his mules after he fell from
the wagon seat while driving to his
home. A widow and four small children survive.

Sore Throat Wisdom.

Sore Throat Wisdom.

To relieve Sore Throat you must get at the seat of the disease, removing the cause. Nothing else does that so quickly, safely and surely as TONSILINE. A dose of TONSILINE taken upon the first appearance of Sore Throat may save long days of sickness. Use a little Sore Throat wisdom and buy a bottle of TONSILINE today. You may need it tomorrow. TONSILINE is the standard Sore Throat remedy—best known and most effective and most used. Look for the long necked fellow on the bottle when you go to the drug store to get it. 25c. and 50c. Hospital Size \$1.00. All Dengaists.

To Put On Flesh And Increase Weight

A Physician's Advice

Most thin people eat from four to six pounds of good solid fat-making food every day and still do not increase in weight one ounce, while on the other hand many of the plump, chunky folks eat very lightly and keep gaining all the the nature of the individual. It isn't Nature's way at all.

Thin folks stay thin because their powers of assimilation are defective. They absorb just enough of the food they eat to maintain life and a semblance of health and strength. Stuffing won't help them. A dozen meals a day won't make them gain a single "stay there" pound. All the fat-producing elements of their food just stay in the intestines until they pass from the body as waste. What such people need is something my will prepare these can absorb them and de osit them all about the body-something, too, that will multiply their red blood corpuscles and increase their blood's carrying power.

For such a condition I always recom-

and increase their blood's carrying power.

For such a condition I always recommend eating a Sargol tablet with every meal. Sargol, is not, as some believe, a patented drug, but is a scientific combination of six of the most effective and powerful flesh building elements known to chemistry. It is absolutely a single tablet eaten with each of the has the effect of increasing the weight of a thin man or woman from three to five pounds a week. Sargol is sold by Geo. A. Gorgas and other good druggists everywhere on a positive guarantee of weight increase or money back.—Advertisement.

Cumberland Valley Railroad TIME TABLE

In Effect May 24, 1914.

TRAINS leave Harrisburg—
For Winchester and Martinsburg at 5:03, *1:50 a. m. *3:40 p. m.

For Hagerstown, Chambersburg, Carlisle, Mechanicsburg and Intermediate stations at 5:03, *7:50, *11:53 a. m. *2:40, 5:32, *7:40, *11:50 p. m.

Additional trains for Carlisle and Mechanicsburg at 9:48 a. m. 2:18, 2:27, 6:30, 9:30 a. m.

For Dillisburg at 5:03, *7:50 and *1:53 a. m. 2:18, *3:40, 5:32 and 6:30 p. m.

**Daily, All other trains daily except Sunday.

J. H. TONGE, H. A. RIPDLE, J. H. TONGE,

DR. H. E. STINE

MARTIN-WENGER WEDDING

VETERAN FALLS DEAD



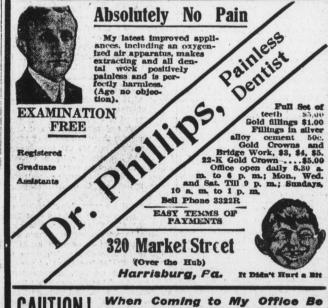
Therefore, before you settle

on any particular brand of beans, find out which brand is easiest for you to digest.

There's no question about the nutrition of beans or of their economy as a food. Just be sure of the digest-ibility of the kind you buy.

MARTIN WAGNER CO.

Try Wagner's Baltimore, Md.



Dodge Coal Trouble This Year

Sure You Are in the Right Place.

Don't start off the first thing this Fall with a repetition of your troubles of former years. Keep your peace of mind and insure body comfort by using judgment! your coal buying. Montgomery call costs no more than inferior grades, and insures maximum heat, even consumption, and lower coal bills. Dust and dirt is removed before you get your coal from

J. B. MONTGOMERY

Both Phones

Third and Chestnut Streets

Special Notice

Do not delay placing your order for CALEN-DARS. Big Selection. Orders promptly filled. Call at our office, or phone Bell 1577R.

MYERS MANUFACTURING CO. SECOND FLOOR, 3RD & CUMBERLAND STS.

FIRST DOSE BRINGS HIM RELIEF

For 30 years Lydia E. Pinkham's Vegetable Compound has been the standard remedy for female ills. No one sick with woman's ailments does justice to herself if she does not try this famous medicine made from roots and herbs, it has restored so many suffering women to health.

Write to LYD. A E.PINKHAM MEDICINE CO. (CONFIDENTIAL) LYNN, MASS., for advice. Your tetter will be opened, read and answered by woman and held in strict confidence.

SPENT THOUSANDS ON STOMACH:

Pennsylvania Man Gets Quick Remedy—for His Long Suffering Stomach

Henry F. Curry of the Hotel Bartlett at Cambridge Springs, Pa., suffered most desperately from allments of the stomach and digestive tract for years. He spent a fortune in the pursuit of health.

At last he happened to discover Mayr's Wonderful Stomach Remedy—He found happy relief quickly. Mr. Curry wrote:

"I have spent thousands of dollars of the stomach and before I took your medicine and hardly got temporary relief, and before I took your medicine I was about discours aged. But after taking your medicine by got remember with that I did not get much proliferly four remedy helped me wonderfully. I have a good appetite, sleep well, and think I have gained weight."

Stories of health restored like that tome from thousands of happy users in all parts of the nation. This remedy was rather a groan of pain.

Through the thicket the "wild man" tore his way, at the risk of stepping on one of the upstanding thorns. He merged into a small clearing and swelf all one of the stomach liver and howels. Many declare it has saved them from dangerous operations; many are sure it has saved their lives, wor medicine and hardly got temporary relief, and before I took your medicine by got general relief. My mental and physical suffering had been so bad that I had to resort to morphine, and even with that I did not get much relief. Your remedy helped me wonderfully. I have a good appetite, sleep well, and think I have gained weight."

Stories of health. Come from thousands of happy users all arts does will convince—no long treatment. Trough the thicket the "wild man" tore his way, at the risk of stepping on one of the upstanding thorns. He merged into a small clearing and sweled a lion limping in distress from a wound in one forefoot.

"Why, 'tis my kingly friend, Solomon!" "Why, 'tis my kingly friend, Way. The lion rough will then thee!"

The lion stopped and waited for the mat to approach.

"Yow, Tis population one of the upstanding towns. He merged into a small c

Novelized from the Selig Moving Picture Play of the Same Name Featuring Kathlyn Williams, By KATHLYN WILLIAMS Illustrated With Photos From the Picture Films.