

Your "Batting Average"

can't be kept up on goods that are deficient in muscle-making material, that heavily tax the digestive organs. The effort to digest high-proteid foods in Summer uses up vitality and lays the foundation for disease.

will keep the body at top-notch efficiency for work or play. It is what you digest, not what you eat, that supplies strength for body and mind. Every particle of the whole wheat grain is digested and converted into sound muscle, bone and brain. Your grocer sells it.

Always heat the Biscuit in oven to restore crispness; then pour over it milk or cream, adding salt or sugar to suit the taste. Deliciously nourishing for any meal when served with sliced peaches, milk or cream, or with fresh fruits of any kind. Try toasted Triscuit, the Shredded Wheat Wafer with

Made only by The Shredded Wheat Company, Niagara Falls, N. Y.

Running on Schedule Time

Smokers have often commented on the fact that no matter when or where they buy King Oscar 5c Cigars the aroma always tastes the same.

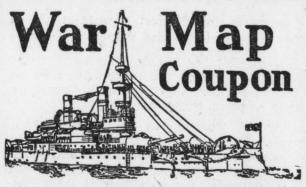
That is the result of safeguarding the quality to maintain its regularity. A railroad may have a straight track ahead for a hundred miles and good equipment, but it takes brains to move the trains on schedule time.

King Oscar 5c Cigars

are as sure to please as a "Pennsy" flier is going to arrive and depart on schedule time. It's the know how that does it!

Standard Nickel Quality for 23 Years

5c



Latest European War Map

Given by THE TELEGRAPH

promotion expenses.

BY MAIL—In city or outside, for 12c. Stamps, cash or money order. This is the BIGGEST VALUE EVER OFFRED. Latest 1014 European Official Map (5 colors)—Fortraits of 16 European Rulers; all statistics and war data—Army, Naval and Aerial Strength, Populations, Area, Capitals, Distances between Cities, Histories of Nations Involved, Previous Decisive Battles, History Hagne Peace Conference, National Debts, Coin Values, EXTRA 2-color CHARTS of Five Involved European Capitals and Strategic Naval Locations, Paded, with handsuppe cover to fit the pocket.



The full aroma of all Havana tobacco--rich, fragrant and satisfying--is what makes MOJA 10c CIGARS worth the price.

Made by John C. Herman & Co.



CHESTNUT STREET HALL
TOO SMALL TO HOLD BIG
REPUBLICAN MEETING
(Conduced From Piete Page)

End Clubs marched in they had to this standing room and the pass hard when the coly standing room and the control of the standing room and the Low Tariff Governor Tener in accepting the saved had to wait until the application of the saved had to wait the saved had to wait until the application of the saved had to wait the saved had to wait until the application of the saved had to wait until the application of the saved had to wait until the paramount of the saved had to wait the saved had to wa

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Open It Carefully-Save the Outer Band

Pleasure and Profit Combined!



Each package of this new Double Strength Peppermint flavored chewing gum is wrapped in a

United PROFIT COUPON

good for valuable presents.



It's a BIG nickel's worth without the coupon, for that tasty, cooling, soothing flavor is long-lasting. It has lots of "Pep!"

You get double value with the couponpleasure and profit for the whole family.

Double wrapped, to bottle up its Peppy taste and keep it always fresh and clean.

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Good gum and the greatest value for your nickel!



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Augustus Wildman

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Chestnut Street Auditorium SPEAKERS: DEAN WM. DRAPER LEWIS, HON. C. E.

SWIFT, REV. R. M. LITTLE, OF PHILA.; HON. ARTHUR R. RUPLEY, CONGRESSMAN-AT-LARGE; HON. JAMES A. STRANAHAN AND OTHER PROMINENT SPEAKERS

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