

CONSTIPATION A PENALTY OF AGE

Nothing is so essential to health in advancing age as keeping the bowels open. It makes one feel younger and fresher and forestalls colds, piles, fevers, and other dependent ills.

QUIT MEAT WHEN KIDNEYS BOTHER

Take a glass of salts if your Back hurts or Bladder troubles you

No man or woman who eats meat regularly can make a mistake by flushing the kidneys occasionally, says a well-known authority.

The moment you feel a dull ache in the kidneys or your back hurts or if the urine is cloudy, offensive, full of sediment, irregular of passage or attended by a sensation of scalding, stop eating meat and get about four ounces of Jad Salts from any pharmacy.

Jad Salts is inexpensive and cannot injure; makes a delightful effervescent lithia-water drink which everyone should take now and then to keep the kidneys clean and active and the blood pure, thereby averting the serious kidney complications.—Advertisement

Elk Lodge of Sorrow on Sunday, Dec. 6

Preparations are under way for the annual session of the Elk Lodge of Sorrow, of Harrisburg, Pa., on Sunday, Dec. 6, at 12 o'clock.

TWO AUTOISTS KILLED Chicago, Ill., Oct. 21.—Two men were killed and four other persons, including a woman, were injured here today when the automobile in which they were riding skidded into a telephone pole.

Corns Go! You Bet! Calloused Foot Lumps Too

Bilting sore feet from corn-pinched toes, tired, aching, lumpy feet are things of the past. A true, successful, painless and dependable remedy can now be had for the modest price of a quarter.

You Should Ease Your Cough For Two Reasons

First to get rid of it, and second to prevent that straining and nervous racking that is injurious to your system.

Forney's Drug Store 426 Market Street

EDUCATIONAL Enroll Next Monday DAY AND NIGHT SCHOOL Positions for all Graduates SCHOOL OF COMMERCE 15 S. MARKET SQUARE, HARRISBURG, PA.

Harrisburg Business College 329 Market St. Fall term, September first. Day and night. 29th year. Harrisburg, Pa.

DELIGHTFUL TRIPS

"BY SEA" BALTIMORE TO JACKSONVILLE and return \$33.50 SAVANNAH and return \$25.00 BOSTON and return \$20.00

CREME DE GLAS

Non-greasy Toilet Cream—Keeps the skin soft and velvety.—An exquisite toilet preparation. 25c per tin. GORGAS DRUG STORES 16 N. Third St., and P. R. R. Station

STOUGH PARTY MEN TO BE HOUSED IN BAPTIST PARSONAGE

[Continued From First Page]

In South Fourteenth street, was a big success. After the meeting the use of the parlor was tendered the Stough committee at anytime, and it is probable that meetings will be held there each week.

At the meeting of the executive committee last night considerable routine business was transacted. The meeting adjourned at midnight.

The decorations of the tabernacle was tentatively arranged for. This will be done by the young men's and young women's committees next week.

Personal Work Under the direction of Miss Josephine Colt, Stough party members of the class will visit various Steilton church prayer meetings this evening.

To-morrow afternoon at 3 o'clock in the Fourth Street Church of God, Miss Colt will teach a class of personal workers among the English flag takers of the class will visit "shut-ins" throughout the city.

2,000 Odd Fellows in Parade at Pottstown

Pottstown, Pa., Oct. 21.—Headed by Major-General J. Blair Andrews, of Altoona, department commander, nearly 2,000 officers and chevrons of the Patriarchs Militant, Independent Order of Odd Fellows, paraded here yesterday afternoon with a dozen bands and drum corps.

Attired in purple caps and sashes, white waists and leggings and red skirts, the Girls' Drill Corps, of Allentown, 50 strong, won much applause.

Chicago, Ill., Oct. 21.—Board of Trade closing: Wheat—December, 1.14 1/4; May, 1.22; Corn—December, 59; May, 57 1/2; Pork—January, 18.75; Lard—November, 10.22; January, 9.87; Ribs—October, 10.75; January, 9.77.

CHICAGO BOARD OF TRADE

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Forty Milk Tests Made for Bacteria by City Chemist

Of the forty tests of milk samples made during the month of September by Dr. George R. Moffitt, city chemist and bacteriologist, only thirteen showed the presence of more than 500,000 bacteria per centimeter, seven showed above 1,000,000, one showed 5,000,000 and one showed 8,700,000. The lowest record was 25,000 bacteria per cubic centimeter.

Submarines Driven Off

London, Oct. 21.—2:33 A. M.—A Times dispatch from the French coast says it is reported that on Monday morning while two British gunboats were engaging the German land batteries were engaged by German submarine destroyers when another warship came to the assistance of the gunboats the submarines were driven off with loss.

Falling Hair and Itching Scalp

Surely Cease When You Use Parisian Sage—Makes the Hair Soft and Fluffy.

Now that Parisian Sage—a scientific preparation that supplies the hair and scalp need—can be had at any drug or toilet counter, at a small expense, it is certainly needless to have thin, brittle, matted, stringy or faded hair. No matter how unsightly the hair, how badly it is falling, or how much dandruff, Parisian Sage rubbed into the scalp and through the hair, is all that is needed.

Parisian Sage is surely one of the most pleasant, invigorating and refreshing hair tonics, a delicately perfumed liquid that proves its goodness the first time it is used.

Start now to improve and beautify the hair by using Parisian Sage. It is easily used at home, and is as beneficial as it is inexpensive.

Business Locals THE PURE FOOD TASTE Those who have nothing to do with the buying of the food for the home, but who are dependent on the restaurants for their meals, should be equally interested in knowing that the food they eat is pure.

A KING WITHOUT A COUNTRY



King Albert of Belgium, who has been forced, at the point of the bayonet and the big German siege guns, to establish his capital in French soil. Up until the time that he sent word to his brave soldiers at Liege to hold out against the Germans, few people had heard much of Albert Leopold Clement Maria Meinrad, King of the little country, whose fertile fields have been the battle ground of Europe for centuries.

Crew Tells of Sinking of British Steamer

London, Oct. 21, 8:50 A. M.—Captain Johnston and sixteen men of the crew of the British steamer Giltira which was sunk by a German submarine have arrived in Stavanger, Norway, from Skudenes. In telling of his experience Captain Johnston said: "At halfpast twelve Tuesday afternoon the German submarine N 17 popped out of the water to the starboard and stopped us. The place was about nine miles southwest of Skudenes. No other craft was in sight."

The submarine sent a boat aboard with five men. With revolvers in hand they ordered the English flag taken down, threatening to shoot me if I did not obey. Furthermore they notified me to make haste and they allowed me not more than ten minutes to get down the lifeboats and take off the crew.

"I took down the flag whereupon the German officer tore it out of my hands and trampled it under foot. I was forced to crawl back to the stern of the ship when I attempted to take them off and none of the crew was allowed to take any of their belongings. "The crew went into lifeboats which the submarine quickly towed five hundred yards from the Giltira. Three Germans remained aboard for a few minutes, searched the ship thoroughly and rapidly and one of them evidently opened the bottom valves because the ship began to sink. Then in a short time the Giltira disappeared quietly beneath the waves.

"We in the life boats were ordered to row to the shore. When we reached Norwegian sea territory we met a small pilot boat which towed up until a Norwegian torpedo boat took up aboard. We were landed at Skudenes. The Giltira was not insured."

Germans Compelled to Change Their Plan

London, Oct. 21, 4:55 A. M.—The correspondent of the Times in Northampton, in a short dispatch, says that German plans have been deranged by the strong pressure of the allies of the left, says: "The occupation of Ostend had little strategic advantage. Dunkirk is strongly fortified and an attempt to move it would be dangerous to the Germans while Calais is well able to look after itself. The fighting line which has undergone variations which were totally undesigned.

Famine and Anarchy Supreme in Avlona

Rome, Oct. 21.—Anarchy reigns at Avlona, Albania, according to the newspaper Giornale D'Italia, owing to the struggle between the Christians and the Mussulmans. A famine also adds to the difficulties of the situation.

The Giornale D'Italia says that so-called Epirote battalions which it declares are Greek troops disguised as irregulars, are gradually billeting at the territory Avlona totally ignoring the decisions of the conference of London concerning the Albanian frontier. Italy, it is stated, considers the inviolability of Avlona as the leading point in her national policy and will protect Avlona against both Austria and Greece.

Torpedo Boats and Submarines Engaged in Fight in Baltic

London, Oct. 21.—10:05 A. M.—An engagement between German torpedo boats and hostile submarines in the Baltic near Rugen Island, off the Prussian coast, is reported from Stockholm according to a Central News dispatch from Copenhagen. No details of the fight or its result are given.

Lebanon Manufacturers Are Out For Penrose

Special to The Telegraph Lebanon, Pa., Oct. 21.—B. Dawson Coleman, president of the Pennsylvania Lebanon County Branch of the Pennsylvania Protective Union, held here yesterday afternoon. The meeting marked the reopening of the campaign for protective tariff policies and the election of protective tariff candidates to both branches of Congress in connection with which this organization of manufacturers was so active prior to the primaries.

Government to Assist

St. Johns, N. F., Oct. 21.—The fish-folk of Labrador, facing a hard winter as a result of the short catch of cod during the present season, will be aided by the New Foundland government. Efforts also will be made to prevent a further spread of beriberi, several cases of which have occurred along the coast.

Mass of Ripples and Blackheads

On Face, As Big as Peas. Remedies Didn't Seem to Help. Suffered Terribly. Used Cuticura Soap and Ointment. Trouble Gone.

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Lodgement Stop Here

A touring party homeward bound from the Odd Fellows' convention at Allentown, arrived in Harrisburg shortly before noon today. Seven automobiles are carrying the lodgement to their homes at Mt. Pleasant, 280 miles from here, in the party are: Charles M. Evans, T. O. Anderson, C. B. Engle, Kirk Spence, R. L. Crosby, J. L. Stromb, H. F. Stark and B. Weaver.

Mass of Ripples and Blackheads

On Face, As Big as Peas. Remedies Didn't Seem to Help. Suffered Terribly. Used Cuticura Soap and Ointment. Trouble Gone.

315 Wayne Ave., Ellwood City, Pa.—"At first my face became rough all at once and before many days it was a mass of pimples and blackheads so I didn't know what to do. The pimples looked as big as peas. They would stay on my face a few days and then I would squeeze them out with my fingers. By doing so matter and a blackhead would come out and after that it would heal up, then it was the same thing over again.

"Remedies didn't seem to help me any so I gave up trying and all that time I was suffering terribly. I was ashamed to go out my face looked so. After about three months of suffering I read an advertisement about Cuticura Soap and Ointment and sent for a sample of each which proved great. I bought some and in four weeks my trouble was gone. It took three cakes of Cuticura Soap and three boxes of Cuticura Ointment to cure me." (Signed) Miss E. Smith, Jan. 29, 1914.

Commerce Commission Hears English Expert

Washington, D. C., Oct. 21.—Statements of Sir George Paish, the English financial expert here to discuss with Treasury officials questions of foreign exchange arising from the European war, were laid before the Interstate Commerce Commission today in support of the plea of eastern railroads for a general increase in freight rates.

Frederick W. Strauss, a New York banker, testified Sir George had told him today he was anxious that American railroad securities held in England should not be thrown upon the market. Mr. Strauss urged that railroad securities must be protected by greater earnings for the roads if they were to be made so desirable to European investors that they would not be unloaded when the stock exchanges were reopened.

Revolutionary Outbreak Is Promptly Put Down

Lisbon, Portugal, via London, Oct. 21, 12:37 P. M.—A revolutionary outbreak in the cities of Braga and Mafra under the leadership of Adriano Beca, a former colonel, has been promptly put down, according to official announcement made today. Beca has been arrested and a band of the revolutionaries who went out from Mafra are being pursued by the troops.

Don't Neglect Lumber Repairs

especially at this time of year. Replace all rotten pieces. When rain and snow get in a decayed place the lumber wastes rapidly. A small sum of money spent now may save you many dollars next Spring.

CAUSE FOR ALARM

Catarrh a Danger Sign. Hyomei is the Guaranteed Remedy. There is no more common yet dangerous and distressing disease than catarrh, which is generally indicated by dull headaches, snuffing, raising of phlegm, and frequent colds. If it is not cured it will surely weaken the delicate tissues lining the air passages and frequently destroys the hearing.

Hyomei is a most effective, safe and reliable treatment for all catarrh ills. No dangerous drugs are taken into the stomach. You simply breathe it, using a small inhaler that comes with every complete outfit. The balsamic medication of Hyomei being taken in with the air you breathe simply has to reach all the sore, raw and inflamed surfaces of the air passages—its antiseptic healing begins at once. You feel better after the first Hyomei treatment—even almost hopeless cases respond quickly.

Hyomei can be had at any drug store in inexpensive, pleasant and easy to use, and surely gives quick and permanent benefit. Ask for the complete outfit. H. C. Kennedy sells Hyomei with agreement to return the purchase price to anyone who is not satisfied. You certainly cannot afford to neglect your catarrh trouble, head colds, or bronchitis when you can get this harmless remedy without risking a penny.—Advertisement.

Don't Neglect Lumber Repairs

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United Ice & Coal Co.

MAIN OFFICE Forster and Cowden Sts.

CHAS. H. MAUK THE UNDERTAKER

Largest establishment. Best facilities. Near to you as your phone. Will go anywhere at your call. Motor service. No funeral too small. None too expensive. Chapel, rooms, vault, etc. used without charge.

FRUIT LAXATIVE IF CONSTIPATED, TAKE "CALIFORNIA SYRUP OF FIGS"

Best liver and bowel regulator for mamma, daddy and children

If you're headachy, constipated, bilious or stomach is disordered and you want to enjoy the nicest liver and bowel cleansing you ever experienced, take a tablespoonful of "California Syrup of Figs" to-night and in the morning all the constipation poison, bile and clogged-up waste will gently move out of the system without griping and you will feel splendid.

grandpa as it is for baby. It simply can not injure. Even cross, sick, feverish children just love its pleasant taste and mothers can rest easy after giving it, because it never fails to effect a good "inside cleansing."

Advertisement for HARRISBURG GAS COMPANY featuring a gas stove and the price \$1.95 for a Perfect Gas Heating Stove.

So little for comfort and safety—instant heat for mornings and evenings or when the days blow up chilly, before furnace time.

An Hour's Heat 2 1/2 Cents

Can be used in the bedroom, and moved to the bathroom, dining room or elsewhere. Nickel finish—easy to keep clean.

Deferred payments help, too—75¢ down; 75¢ first month; 45¢ final payment—\$1.95 in all (connections extra).

Backed by our full guarantee. At the gas office or from representatives.

HARRISBURG GAS COMPANY

14 S. Market Square. Bell 2028, Cumberland Valley 752

THERE is plenty of good tobacco growing in Cuba and the United States.

But you can't go and pick it up like you would a ripe apple or pear. It's all Greek to a novice. It takes an expert to select good leaf, and expert care to put it in prime condition for filler.

A half century of experience, and 23 years specializing in one particular brand is thereason.

KING OSCAR 5c CIGARS

are known far and wide for their regular quality.

5c

COUPON LARNED'S HISTORY OF THE WORLD COUPON

Five Beautiful Volumes De Luxe Style of Binding

How to get them Almost Free Simply clip a Coupon and present together with our special price of \$1.98 at the office of the

Harrisburg Telegraph

A Coupon and \$1.98 secures the 5 volumes of this great \$12 Set

Beautifully bound in de luxe style; gold lettering; fleur-de-lis design; rich half-calf effect. Marbled sides in gold and colors. Full size of volumes 5 1/2 x 8". History of the World for 70 centuries. 150 wonderful illustrations in colors and half-tones.

Weight of Set, 9 pounds. Add for Postage: Local, 9 cents; First and Second Zones, up to 300 miles, 22 cts; up to 150 miles, 13 cts; Third Zone, up to 600 miles, 39 cts; Fifth Zone, " 1000 " 56 cts. For greater distance see P. P. Tariff

Until further notice a big \$1.50 War Map FREE with each set

Try Telegraph Want Ads