

CONSTIPATION A PENALTY OF AGE

Nothing is so essential to health in advancing age as keeping the bowels open. It makes one feel younger and fresher and forestalls colds, piles, fevers, and other dependent ills.

QUIT MEAT WHEN KIDNEYS BOTHER

Take a glass of salts if your Back hurts or Bladder troubles you

No man or woman who eats meat regularly can make a mistake by flushing the kidneys occasionally, says a well-known authority.

The moment you feel a dull ache in the kidneys or your back hurts or if the urine is cloudy, offensive, full of sediment, irregular of passage or attended by a sensation of scalding, stop eating meat and get about four ounces of Jad Salts from any pharmacy.

Jad Salts is inexpensive and cannot injure; makes a delightful effervescent lithia-water drink which everyone should take now and then to keep the kidneys clean and active and the blood pure, thereby averting the serious kidney complications.—Advertisement

Elk Lodge of Sorrow on Sunday, Dec. 6

Preparations are under way for the annual session of the Lodge of Sorrow, Elk Protective Order of Elks. It will be held in the Orpheum Theater, Sunday, December 6. An interesting program is in preparation. The committee in charge includes:

TWO AUTOISTS KILLED Chicago, Ill., Oct. 21.—Two men were killed and four other persons, including a woman, were injured here today when the automobile in which they were riding skidded into a telephone pole. The dead are Thomas Rafter and Frank Leonard, both of Chicago.

Corns Go! You Bet! Calloused Foot Lumps Too

Bilting sore feet from corn-pinched toes, tired, aching, lumpy feet are things of the past. A true, successful, painless and dependable remedy can now be had for the modest price of a quarter.

You Should Ease Your Cough For Two Reasons

First to get rid of it, and second to prevent that straining and nervous racking that is injurious to your system.

Forney's Drug Store 426 Market Street

EDUCATIONAL Enroll Next Monday DAY AND NIGHT SCHOOL Positions for all Graduates SCHOOL OF COMMERCE 15 S. MARKET SQUARE, HARRISBURG, PA.

Harrisburg Business College 329 Market St. Fall term, September first. Day and night. 29th year. Harrisburg, Pa.

Merchants & Miners Trans. Co. DELIGHTFUL TRIPS

"BY SEA" BALTIMORE TO JACKSONVILLE and return \$33.50 SAVANNAH and return \$25.00 BOSTON and return \$20.00

CREME DE GLAS Non-greasy Toilet Cream—Keeps the skin soft and velvety. An exquisite toilet preparation. 25c per tin. GORGAS DRUG STORES 16 N. Third St., and P. R. R. Station

STOUGH PARTY MEN TO BE HOUSED IN BAPTIST PARSONAGE

[Continued From First Page]

In South Fourteenth street, was a big success. After the meeting the use of the parlor was tendered the Stough committee at anytime, and it is probable that meetings will be held there each week.

At the meeting of the executive committee last night considerable routine business was transacted. The meeting adjourned at midnight. The resignation of Wilmer Crow, chairman of the press committee, was accepted and R. F. Webster, chairman of the publicity committee, was given charge of newspaper and advertising work until further notice.

The decorations of the tabernacle was tentatively arranged for. This will be done by the young men's and young women's committees next week. A meeting of the young men's committee will be held to-morrow evening at headquarters at 8 o'clock.

Personal Work Under the direction of Miss Josephine Colt, Stough party members of the class will visit various Steelton church prayer meetings this evening. The workers from this city will meet at the Stough headquarters, 26 South Third street.

To-morrow afternoon at 3 o'clock in the Fourth Street Church of God, Miss Colt will teach a class of personal workers among the people. Members of the class will visit "shut-ins" throughout the city. In the evening Miss Colt will talk on "Some Dos and Don'ts" in personal work at a meeting in the First Avenue Methodist Episcopal Church.

Friday evening at 7.30 o'clock Miss Colt will talk in the Derry Street United Brethren Church on "The Personal Touch."

2,000 Odd Fellows in Parade at Pottstown

Pottstown, Pa., Oct. 21.—Headed by Major-General J. Blair Andrews, of Altoona, department commander, nearly 2,000 officers and chevrons of the Patriarchs Militant, Independent Order of Odd Fellows, paraded here yesterday afternoon with a dozen bands and drum corps. Ideal weather helped to make the parade a success and it was the finest ever witnessed here.

Chicago, Ill., Oct. 21.—Board of Trade closing: Wheat—December, 1.14 1/4; May, 1.22. Corn—December, 59; May, 57 1/2. Pork—January, 18.75. Lard—November, 10.22; January, 9.87. Ribs—October, 10.75; January, 9.77.

CHICAGO BOARD OF TRADE Trade closing: Wheat—December, 1.14 1/4; May, 1.22. Corn—December, 59; May, 57 1/2. Pork—January, 18.75. Lard—November, 10.22; January, 9.87. Ribs—October, 10.75; January, 9.77.

Forty milk tests made for bacteria by city chemist. Of the forty tests of milk samples made during the month of September and bacteriologist, only thirteen showed the presence of more than 500,000 bacteria per centimeter, seven showed above 1,000,000, one showed 5,000,000 and one showed 8,700,000. The lowest record was 25,000 bacteria per cubic centimeter.

Submarines driven off. London, Oct. 21.—2:33 A. M.—A Times dispatch from the French coast says it is reported that on Monday morning while two British gunboats were engaging the German land batteries were attacked by German submarine destroyers when another warship came to the assistance of the gunboats the submarines were driven off with loss.

FALLING HAIR AND ITCHING SCALP

Surely Cease When You Use Parisian Sage—Makes the Hair Soft and Fluffy.

Now that Parisian Sage—a scientific preparation that supplies the hair and scalp need—can be had at any drug or toilet counter, at a small expense, it is certainly needless to have thin, brittle, matted, stringy or faded hair. No matter how unsightly the hair, how badly it is falling, or how much dandruff, Parisian Sage rubbed into the scalp and through the hair, is all that is needed. Every trace of dandruff is removed with one application, the hair roots are nourished and stimulated to grow new hair, itching scalp and falling hair cease—the hair becomes soft, abundant and radiant with life and beauty.

Parisian Sage is surely one of the most pleasant, invigorating and refreshing hair tonics, a delicately perfumed liquid that proves its goodness the first time it is used.

THE PURE FOOD TASTE Those who have nothing to do with the buying of the food for the home, but who are dependent on the restaurants for their meals, should be equally interested in knowing that the food they eat is pure. The best the market affords is selected for Menger's Restaurant by Mr. Menger personally, and prepared under the supervision of Mrs. Menger. Try the best 15-cent dinner in the city at 110 North Second street.

A KING WITHOUT A COUNTRY



King Albert of Belgium, who has been forced, at the point of the bayonet and the big German siege guns, to establish his capital in French soil. Up until the time that he sent word to his brave soldiers at Liege to hold out against the Germans, few people had heard much of Albert Leopold Clement Maria Meinrad, King of the little country, whose fertile fields have been the battle ground of Europe for centuries.

Crew Tells of Sinking of British Steamer

London, Oct. 21, 8.50 A. M.—Captain Johnston and sixteen men of the crew of the British steamer Glitra which was sunk by a German submarine have arrived in Stavanger, Norway, from Skudenes. In telling of his experience Captain Johnston said: "At halfpast twelve Tuesday afternoon the German submarine N 17 popped out of the water to the starboard and stopped us. The place was about nine miles southwest of Skudenes. No other craft was in sight."

Fearing Punishment, Boys Commit Suicide

Freeland, Mich., Oct. 21.—Albert Woodruff and Lloyd Pierce, aged 10 and 12 years, respectively, are dead as the result of a double attempt at suicide last night caused, it is believed, by fear of punishment for having played hooky during the afternoon.

Commerce Commission Hears English Expert

Washington, D. C., Oct. 21.—Statements of Sir George Paish, the English financial expert here to discuss with Treasury officials questions of foreign exchange arising from the European war, were laid before the Interstate Commerce Commission today in support of the plea of eastern railroads for a general increase in freight rates.

Revolutionary Outbreak Is Promptly Put Down

Lisbon, Portugal, via London, Oct. 21, 12.37 P. M.—A revolutionary outbreak in the cities of Braga and Maifa under the leadership of Adriano Beca, a former colonel, has been promptly put down, according to official announcements made today. Beca has been arrested and a band of revolutionaries who went out from Maifa are being pursued by the troops.

Famine and Anarchy Supreme in Avlona

Rome, Oct. 21.—Anarchy reigns at Avlona, Albania, according to the newspaper Giornale D'Italia, owing to the struggle between the Christians and the Mussulmans. A famine also adds to the difficulties of the situation.

Torpedo Boats and Submarines Engaged in Fight in Baltic

London, Oct. 21.—10:05 A. M.—An engagement between German torpedo boats and hostile submarines in the Baltic near Rugen Island, off the Prussian coast, is reported from Stockholm according to a Central News dispatch from Copenhagen. No details of the fight or its result are given.

Lebanon Manufacturers Are Out For Penrose

Special to The Telegraph Lebanon, Pa., Oct. 21.—B. Dawson Coleman, president of the Pennsylvania Lebanon County Branch of the Pennsylvania Protective Union, held here yesterday afternoon. The meeting marked the reopening of the campaign for protective tariff policies and the election of protective tariff candidates to both branches of Congress in connection with which this organization of manufacturers was so active prior to the primaries.

GOVERNMENT TO ASSIST

St. Johns, N. F., Oct. 21.—The fish-folk of Labrador, facing a hard winter as a result of the short catch of cod during the present season, will be aided by the New Foundland government. Efforts also will be made to prevent a further spread of beriberi, several cases of which have occurred along the coast.

LODGEMENT STOP HERE

A touring party homeward bound from the Odd Fellows' convention at Allentown, arrived in Harrisburg shortly before noon today. Seven automobiles are carrying the lodgement to their homes at Mt. Pleasant, 280 miles from here, in the party are: Charles M. Evans, T. O. Anderson, C. B. Engle, Kirk Spence, R. L. Crosby, J. L. Stromb, H. F. Stark and B. Weaver.

MASS OF DIMPLES AND BLACKHEADS

On Face, As Big as Peas. Remedies Didn't Seem to Help. Suffered Terribly. Used Cuticura Soap and Ointment. Trouble Gone.

315 Wayne Ave., Ellwood City, Pa.—"At first my face became rough all at once and before many days it was a mass of pimples and blackheads so I didn't know what to do. The pimples looked as big as peas. They would stay on my face a few days and then I would squeeze them out with my fingers. By doing so matter and a blackhead would come out and after that it would heal up, then it was the same thing over again."

"Remedies didn't seem to help me any so I gave up trying and all that time I was suffering terribly. I was ashamed to go out my face looked so. After about three months of suffering I read an advertisement about Cuticura Soap and Ointment and sent for a sample of each which proved great. I bought some and in four weeks my trouble was gone. It took three cakes of Cuticura Soap and three boxes of Cuticura Ointment to cure me." (Signed) Miss E. Smith, Jan. 29, 1914.

Samples Free by Mail

In purity, delicate medication, refreshing fragrance, convenience and economy, Cuticura Soap and Ointment meet with the approval of the most discriminating. Often successful when all else fails. Cuticura Soap (25c.) and Cuticura Ointment (50c.) are sold everywhere. Liberal samples of each mailed free, with 32-p. Sixty Book. Address post-card "Cuticura, Dept. T, Boston."

FEW FOLKS HAVE GRAY HAIR NOW

Druggist Says Ladies are Using Recipe of Sage Tea and Sulphur

Hair that loses its color and luster, or when it fades, turns gray, dull and lifeless, is caused by a lack of sulphur in the hair. Our grandmother made up a mixture of Sage Tea and Sulphur to keep her locks dark and beautiful, and thousands of women and men who value that even color, that beautiful dark shade of hair which is so attractive, use only this old-time recipe.

Nowadays we get this famous mixture by asking at any drug store for a 50 cent bottle of Wyeth's Sage and Sulphur Compound, which darkens the hair so naturally, so evenly, that nobody can possibly tell it has been applied. Besides, it takes off dandruff, stops scalp itching and falling hair. You just dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time. Ey morning the gray hair disappears but what delights the ladies with Wyeth's Sage and Sulphur is that, besides beautifully darkening the hair after a few applications, it also brings back the gloss and luster and gives it an appearance of abundance.—Advertisement.

Don't Neglect Lumber Repairs

especially at this time of year. Replace all rotten pieces. When rain and snow get in a decayed place the lumber wastes rapidly. A small sum of money spent now may save you many dollars next Spring.

United Ice & Coal Co.

MAIN OFFICE Forster and Cowden Sts.

CHAS. H. MAUK THE UNDERTAKER Sixth and Kalkreuth Streets Largest establishment. Best facilities. Near to you as your phone. Will go anywhere at your call. Motor service. No funeral too small. None too expensive. Chapel, rooms, vault, etc. used without charge.

FRUIT LAXATIVE IF CONSTIPATED, TAKE "CALIFORNIA SYRUP OF FIGS"

Best liver and bowel regulator for mamma, daddy and children

If you're headachy, constipated, bilious or stomach is disordered and you want to enjoy the nicest liver and bowel cleansing you ever experienced, take a tablespoonful of "California Syrup of Figs" to-night and in the morning all the constipation poison, bile and clogged-up waste will gently move out of the system without gripping and you will feel splendid.

Every member of the family should use this fruit laxative as occasion demands. It is just as effective for

Advertisement for HARRISBURG GAS COMPANY featuring a gas stove and the price \$1.95 for a Perfect Gas Heating Stove.

So little for comfort and safety—instant heat for mornings and evenings or when the days blow up chilly, before furnace time.

An Hour's Heat 2 1/2 Cents

Can be used in the bedroom, and moved to the bathroom, dining room or elsewhere. Nickel finish—easy to keep clean.

Deferred payments help, too—75c down; 75c first month; 45c final payment—\$1.95 in all (connections extra).

Backed by our full guarantee. At the gas office or from representatives.

HARRISBURG GAS COMPANY 14 S. Market Square. Bell 2028, Cumberland Valley 752

THERE is plenty of good tobacco growing in Cuba and the United States.

But you can't go and pick it up like you would a ripe apple or pear.

It's all Greek to a novice. It takes an expert to select good leaf, and expert care to put it in prime condition for filler.

A half century of experience, and 23 years specializing in one particular brand is thereason.

KING OSCAR 5c CIGARS

are known far and wide for their regular quality.

5c

Large advertisement for HARRISBURG TELEGRAPH featuring a coupon for a set of five volumes for \$1.98 and a war map for \$1.50.

Try Telegraph Want Ads