

Women and Their Interests

He Who Loves and Runs Away Will Live to Love Another Day

By DOROTHY DIX

A young man who is just starting his career, and who must succeed or fall according as he plays the game of life wisely or foolishly, has met a charming young woman, to whom he is much attracted. He knows that he will fall head over heels in love with this girl if he was thrown much in her society, and he asks my advice as to the desirability of following up the acquaintance.

This young man is poor. He is in no position to marry. It will be years before he should think of such a thing as taking a wife, and, such being the case, he should avoid the temptation of falling in love just as passionately as he should the chances of catching the smallpox.

Once upon a time, at a college commencement in a small town, I met a youth whom I knew sitting in the moonlight alone, while all of his companions were dancing at the farewell hop. I asked him why he sought solitude, and he replied:

"Oh, I'm sitting out here to keep from making a fool of myself, because there's a girl in there that I know I'd propose to if I went in. You see, I'm just sloshing over with sentimentality, and this good-by-to-the-old-days stuff and sure as shooting I'd leave here an engaged man if I took another look in her violet eyes."

Engagement Willstone is a Handicap in Life's Race

"Now, I figure it out that, with luck, it'll be ten years before he'll be in any fix to marry, and it's never seemed to me a square thing for a man to ask a woman to sit on the anxious seat that long. Besides, in ten years she will change, and I'll change, and we may not want each other. Anyway, I'm wise that the man who's got to run the race I have doesn't travel the faster for having the million of an engagement hanging around his neck, so behold me, Saint Anthon, resisting temptation."

"Good boy," I applauded, "he who loves and runs away will live to love another day."

So say I again to every youth who is dallying with the thought of love without the ability to make good. There are times when the only safety is in flight, and when a man's only protection from the arrows of Cupid is to get without their range. For, praised be a merciful Providence, the arrows of the little winged god are only effective when fired at short distances.

Love is like a fire. It is easy to stamp it out, but hard to put out when it has reached the state of a conflagration. Therefore, the man who is in no position to marry does only an act of justice to himself and to the girl when he puts the extinguisher on the little flare up of fancy that shows him how easily the fire of love could sweep his heart.

Of course, it takes courage to turn one's back upon a charming lady, and to keep one's footsteps from taking one into the presence of the woman who draws one with a thousand subtle fascinations, but absence is the price of safety. Somehow love words said themselves in the presence of the beloved one. The man who never intends to pop the question finds himself on his knees beseeching the girl to marry him, and he who had sworn never to marry is led as a lamb before the altar.

Young Man Married is a Young Man Marred—Sometimes

There is no truer adage than that "a young man married is a young man marred," and of all the pathetic fools in existence none is so pitiful as the boy who marries without money enough to support a family.

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Reducing Corsets

are worn by stout and medium women. Their great strength and elastic freedom eliminates, also, the feeling of heaviness.

These characteristics belong exclusively to Rengo Belt corsets. They are the direct achievement of the famous patented Rengo Belt feature, which has proven its worth by over five years of growing popularity. Inserts of elastic enable the strength of the garment to be more perfectly applied and actual reduction is thus accomplished with comfort. The boning is of double watch-spring steels—very pliable but extra strong—and is guaranteed not to rust. The crowning features of Rengo Belt corsets are their thoroughly strong materials and tailoring—without which all other reducing corsets fail.

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Beans are as beefsteak to the toiler—they're so nutritious. But they taste so good that they deserve to be regarded by everybody as a delicacy. What you ought to find out is whose beans are the easiest for you to digest. This is vitally important, seeing that we get nutrition only from digested food.

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Full Set of teeth . . . \$5.00
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Recent Deaths in Central Pennsylvania

Special to The Telegraph
Strasburg, Oct. 12.—Wilhelm Wagner, 76 years old, one of the most prominent residents of this section of the county, died Sunday night from the effects of a stroke. He was a graduate of the Millersville State Normal School and was an expert in drawing.

Springville.—George Sandoe, 67 years old, died Sunday. He is survived by his wife, several children and grandchildren.

Waynesboro.—Yesterday the body of R. R. Russell, who died in a hospital in the west, arrived in Waynesboro, and was buried in the Burns Hill Cemetery.

HARVEST HOME SERVICES

Special to The Telegraph
Blain, Pa., Oct. 13.—On Sunday evening the annual harvest home services were held in the Methodist Episcopal Church, in charge of the pastor, the Rev. T. R. Gibson.

Zion Lutheran Church observed harvest home on Sunday morning. The services were conducted by the Rev. J. C. Reighard.

Makes Stubborn Coughs Vanish in a Hurry

Surprisingly Good Cough Syrup Easily and Cheaply Made at Home

If some one in your family has an obstinate cough or a bad throat or chest cold that has been hanging on and refuses to yield to treatment, get from any drug store 2½ ounces of Pinex and make it into a pint of cough syrup, and watch that cough vanish.

Pour the 2½ ounces of Pinex (50 cents worth) into a pint bottle and fill the bottle with plain granulated sugar syrup. The total cost is about 54 cents, and gives you a full pint—a family supply—of a most effective remedy, at a saving of 82 cents. A day's use will usually overcome a hard cough. Easily prepared in 5 minutes—full directions with Pinex. Keeps perfectly and has a pleasant taste. Children like it.

It's really remarkable how promptly and easily Pinex cures the dry, hacking or tight cough and heals the inflamed membranes in a painful cough. It also stops the formation of phlegm in the throat and bronchiae, thus interrupting the persistent loose cough. A splendid remedy for bronchitis, winter coughs, bronchial asthma and whooping cough.

Pinex is a special and highly concentrated, rich of genuine Norway pine extract, found in thin granulated sugar, so healing to the membranes.

Avoid disappointment by asking your druggist for "2½ ounces of Pinex," and do not accept anything else. A guarantee of absolute satisfaction goes with this preparation or money promptly refunded. The Pinex Co., Ft. Wayne, Ind.

Cumberland Valley Railroad TIME TABLE

In Effect May 24, 1914.

TRAINS LEAVE HARRISBURG—
For Winchester and Martinsburg at 5:03, 7:50 a. m., 3:40 p. m.
For Hagerstown, Chambersburg, Carlisle, Mechanicsburg, and intermediate stations at 5:03, 7:50, 11:53 a. m., 3:40, 6:32, 11:00 p. m.
Additional trains for Carlisle and Mechanicsburg at 9:48 a. m., 2:18, 3:27, 6:30, 9:30 a. m.
For Dillsburg at 5:03, 7:50 and 11:53 a. m., 2:18, 3:40, 6:32 and 6:30 p. m. Daily. All other trains daily except Sunday.
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J. H. TONGE.

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Enroll Next Monday DAY AND NIGHT SCHOOL Positions for All Graduates

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A Sleeping Garment Especially Designed for Active Boys.

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8402 Boy's Union Sleeping Suit, 10 to 16 years.

No sleeping garment could be more thoroughly comfortable than this one. It includes all the good points of pajamas with the advantage of being in one piece in place of two and it can be made from thinner or heavier material as the season requires. No matter how successfully the active sleeper might throw the covers aside, he still would be protected. There is no waist band to be hampering, nothing to interfere with perfect freedom. In the illustration, striped madras is the material. Later washable flannel will be in demand in this way.

For the 14 year size, the garment will require 3½ yds. of material 27, 4¾ yds. 36 in. wide.

The pattern 8402 is cut in sizes from 10 to 16 years. It will be mailed to any address by the Fashion Department of this paper, on receipt of ten cents.

Bowman's sell May Manton Patterns.

\$100 Reward, \$100

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address F. J. CHENEY & CO., Toledo, O. Sold by all Druggists, 75c. Take Hall's Family Pills for constipation.

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WAR NEWS HURTS PEOPLE'S HEALTH

Dr. Dixon Points Out That It Is Best to Take Exciting Information Slowly

Dr. Samuel G. Dixon, State Commissioner of Health, gives this warning about taking war news too seriously: "With the greater portion of the space in the newspapers devoted to the news from the fields of conflict it is inevitable that the interest of the nation should be centered upon the titanic struggle now waging. Modern facilities for the gathering and transmission of news make it possible for all of us to familiarize ourselves with the details of the struggle. The strictest censorship does not forbid the publication of page after page of distressing stories.

"The effect of all this upon those who are not unusually vigorous and sane may be positively dangerous. For those who are aged and infirm it is certain to result in marked physical as well as mental depression. The connection between the mind and the nerve centers which control the vital organs is of extreme delicacy and is little understood. Certainly it is that continued mental disturbance is often the forerunner of serious bodily ailments.

"While it is not to be expected that anyone will entirely abstain from keeping the run of the war, it is well to exercise restraint in this regard. Do not allow it to monopolize your thoughts. The cultivation of optimism and a cheerful view of life is at all times desirable; under the present circumstances it is the best of health insurance.

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Belgians Retreated in Full Rout, Say Germans

By Associated Press
Berlin, Oct. 13, by Wireless to Sayville, L. I.—The general staff of the German army announces to-day that the Antwerp garrison is a very strong garrison, but that after the attack by German infantry and marine divisions the defenders fled in full rout. Among the Antwerp garrison was one British marine brigade.

The complete collapse of the Anglo-Belgian defense of Antwerp was shown by the fact that no military authority could be found with which to treat concerning the surrender of the city. This surrender was finally negotiated with the burghmaster.

It is impossible to give as yet the number of prisoners taken with Antwerp. Many of the defenders who fled to Holland were interned.

General Von Bessler, who has been decorated with the Order of Merit for his capture of Antwerp, has issued a proclamation addressed to the people, saying no one would be harmed unless they committed hostilities upon the Germans. "Resistance," he announced, "will cause the destruction of your beautiful city." Private property in Antwerp was spared.

The following information has been given out in Berlin for publication: "Reports received here from Vienna set forth that the Russian siege of the Przemysl fortress has been abandoned. Austrian troops have defeated six Russian divisions near Lanout. They also routed one division of Cossacks east of Nymao.

The Japanese have occupied the Shantung Railroad in Shantung province, China. This is a Chinese State railroad and was built by Germans. China has protested against this action."

PHILADELPHIA RED MEN VISIT POKOSON TRIBE

The Hiho Tribe, No. 309, Improved Order of Red Men, of Philadelphia, were the guests of the Red Men of Harrisburg Saturday and Sunday. The members of the Philadelphia tribe were welcomed at a meeting in the wigwam of the Pokoson Tribe, No. 331, at Third and Cumberland streets. The Hiho Tribe installed the chiefs of the Pokoson Tribe in a splendid manner and also presented the Pokoson with a handsome set of jewelry. On Sunday the visitors were shown the Capitol and other places of interest.

PASTOR REAPPOINTED

Special to The Telegraph
Dillsburg, Pa., Oct. 13.—The Rev. O. E. Krenz, who for several years has been pastor of the Dillsburg United Brethren church, was again reappointed pastor of the Dillsburg charge by the conference which met in Mechanicsburg last week.

SCHOOLS CLOSED FOR FAIR

Special to The Telegraph
Waynesboro, Pa., Oct. 13.—On account of the great Hagerstown fair, the Waynesboro public schools will be closed all day Friday in order to give the pupils an opportunity to attend the fair.

5 Women Avoid Operations

For years we have been stating in the newspapers of the country that a great many women have escaped serious operations by taking Lydia E. Pinkham's Vegetable Compound, and it is true.

We are permitted to publish in this announcement extracts from the letters of five women. All have been recently received unsolicited. Could any evidence be more convincing?

1. HODGDON, ME.—"I had pains in both sides and such a soreness I could scarcely straighten up at times. My back ached and I was so nervous I could not sleep, and I thought I never would be any better until I submitted to an operation, but I commenced taking Lydia E. Pinkham's Vegetable Compound and soon felt like a new woman."—Mrs. HAYWARD SOWERS, Hodgdon, Me.


2. CHARLOTTE, N. C.—"I was in bad health for two years, with pains in both sides and was very nervous. I had a growth which the doctor said was a tumor, and I never would get well unless I had an operation. A friend advised me to take Lydia E. Pinkham's Vegetable Compound, and I gladly say that I am now enjoying fine health."—Mrs. ROSA SIMS, 16 Winona St., Charlotte, N. C.

3. HANOVER, PA.—"The doctor advised a severe operation, but my husband got me Lydia E. Pinkham's Vegetable Compound and I experienced great relief in a short time. Now I feel like a new person and can do a hard day's work and not mind it."—Mrs. ADA WILZ, 196 Stock St., Hanover, Pa.

4. DECATUR, ILL.—"I was sick in bed and three of the best physicians said I would have to be taken to the hospital for an operation as I had something growing in my left side. I refused to submit to the operation and took Lydia E. Pinkham's Vegetable Compound—and it worked a miracle in my case, and I tell other women what it has done for me."—Mrs. LAURA A. GRISWOLD, 2300 Blk. East William Street, Decatur, Ill.

5. CLEVELAND, OHIO.—"I was very irregular and for several years my side pained me so that I expected to have to undergo an operation. Doctors said they knew of nothing that would help me. I took Lydia E. Pinkham's Vegetable Compound and I became regular and free from pain. I am thankful for such a good medicine and will always give it the highest praise."—Mrs. C. H. GRIFFITH, 7305 Madison Av., Cleveland, O.

Write to LYDIA E. PINKHAM MEDICINE CO. (CONFIDENTIAL) LYNN, MASS., for advice. Your letter will be opened, read and answered by a woman and held in strict confidence.



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