

CONSTIPATION A PENALTY OF AGE

Nothing is so essential to health in advancing age as keeping the bowels open. It makes one feel younger and fresher and forestalls colds, piles, fevers, and other dependent ills.

WILL TALK OVER HIGH CAR STEPS

Representatives of the Pennsylvania Public Service Commission, the Pennsylvania Street Railway Association and the manufacturers of street cars will discuss standards of heights of car steps at a meeting to be held to-morrow at Atlantic City.

Prevailing Fashions Have an Effect Upon State Officials and Trolley Officials

During the week the commission will make a number of informal investigations and will meet next week when a number of hearings are scheduled including the close of the industrial railways cases.

Agencies Help.—The State Department of Labor and Industry in a statement issued on employment bureaus, which it is contemplated to establish in Pennsylvania, says that they have been found to operate very successfully in Germany and England.

Dr. Schaeffer Spoke.—Dr. Nathan C. Schaeffer, State Superintendent of the State Instruction, spoke at Reading yesterday.

Capitol Closed.—With exception of a few departments, where pressure of work required working during the morning, all departments of the Capitol were closed today in honor of Columbus Day.

To Prepare Bill.—The committee to prepare the pension bill will be named by Dr. J. George Becht, State Board of Education secretary, very short. It is to start work this month.

Chief Clerk of the Auditor General's Department is Home from his Vacation Trip to the East.

That's the Problem McCormick Workers Are Now Called Upon to Solve

The insiders of the joint Democratic and Washington campaign for McCormick in Dauphin county are working out a dumping schedule for the coming election, the plan being to have things figured down so well that it can be known ten days before the election how much cash will be needed to hold the home town for McCormick and to swing Dauphin county.

LIKE CARRIER PIGEONS Released from their cage fly to their destination with a message, so your printed messages from your office and deliver your business message to those whom you believe are likely to be interested.

FARMERS ARE HAULING WATER

Special to The Telegraph Sunbury, Pa., Oct. 12.—Northumberland and Snyder county farmers are suffering severely from the drought. The wells are drying up, and many are forced to drive from three to five miles a day to get water for their families and livestock.

RAILROAD NEWS

RAILROAD TO BE SOLD AT HIGHEST BIDDER

Lucky Purchaser Must Have Ready Cash to Hand Over; Bonds May Be Accepted

Special to The Telegraph New York, Oct. 12.—The Chicago, Rock Island and Pacific Railroad is to be sold at public auction at the county courthouse here at a date to be determined soon. Bidders must have the ready cash.

The last legal detail preliminary to advertising the property for sale was completed Saturday when Judge Meyer, of the United States District Court, signed the decree of foreclosure and sale. Samuel Untermyer, representing certain minority bondholders, tried to intervene in the foreclosure proceedings at the last minute, but his application was denied.

Cuts His Own Salary.—Heading the list with a 20 per cent. reduction of his own salary, President Fairfax Harrison, of the Northern Railroad, it was announced yesterday, has inaugurated a retrenchment plan which is designed to affect equally all officers and interests in the corporation. Certain reductions of all salaries above \$2,500 a year and a reduction of the dividend of 4 1/2 per cent., payable in deferred scrip, are included in the plan.

Standing of the Crews

HARRISBURG SIDE Philadelphia Division—105 crew first to go after 1 p. m.: 113, 124, 106, 102, 107, 121, 125, 104, 101, 119, 110, 102, 120, 114, 127.

ENOLA SIDE Philadelphia Division—232 crew first to go after 1:45 p. m.: 202, 206, 224, 226, 228, 229, 230, 231, 232, 233, 234, 235, 236, 237, 238, 239, 240, 241, 242, 243, 244, 245, 246, 247, 248, 249, 250, 251, 252, 253, 254, 255, 256, 257, 258, 259, 260, 261, 262, 263, 264, 265, 266, 267, 268, 269, 270, 271, 272, 273, 274, 275, 276, 277, 278, 279, 280, 281, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 295, 296, 297, 298, 299, 300, 301, 302, 303, 304, 305, 306, 307, 308, 309, 310, 311, 312, 313, 314, 315, 316, 317, 318, 319, 320, 321, 322, 323, 324, 325, 326, 327, 328, 329, 330, 331, 332, 333, 334, 335, 336, 337, 338, 339, 340, 341, 342, 343, 344, 345, 346, 347, 348, 349, 350, 351, 352, 353, 354, 355, 356, 357, 358, 359, 360, 361, 362, 363, 364, 365, 366, 367, 368, 369, 370, 371, 372, 373, 374, 375, 376, 377, 378, 379, 380, 381, 382, 383, 384, 385, 386, 387, 388, 389, 390, 391, 392, 393, 394, 395, 396, 397, 398, 399, 400, 401, 402, 403, 404, 405, 406, 407, 408, 409, 410, 411, 412, 413, 414, 415, 416, 417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 442, 443, 444, 445, 446, 447, 448, 449, 450, 451, 452, 453, 454, 455, 456, 457, 458, 459, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470, 471, 472, 473, 474, 475, 476, 477, 478, 479, 480, 481, 482, 483, 484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495, 496, 497, 498, 499, 500, 501, 502, 503, 504, 505, 506, 507, 508, 509, 510, 511, 512, 513, 514, 515, 516, 517, 518, 519, 520, 521, 522, 523, 524, 525, 526, 527, 528, 529, 530, 531, 532, 533, 534, 535, 536, 537, 538, 539, 540, 541, 542, 543, 544, 545, 546, 547, 548, 549, 550, 551, 552, 553, 554, 555, 556, 557, 558, 559, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 570, 571, 572, 573, 574, 575, 576, 577, 578, 579, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 830, 831, 832, 833, 834, 835, 836, 837, 838, 839, 840, 841, 842, 843, 844, 845, 846, 847, 848, 849, 850, 851, 852, 853, 854, 855, 856, 857, 858, 859, 860, 861, 862, 863, 864, 865, 866, 867, 868, 869, 870, 871, 872, 873, 874, 875, 876, 877, 878, 879, 880, 881, 882, 883, 884, 885, 886, 887, 888, 889, 890, 891, 892, 893, 894, 895, 896, 897, 898, 899, 900, 901, 902, 903, 904, 905, 906, 907, 908, 909, 910, 911, 912, 913, 914, 915, 916, 917, 918, 919, 920, 921, 922, 923, 924, 925, 926, 927, 928, 929, 930, 931, 932, 933, 934, 935, 936, 937, 938, 939, 940, 941, 942, 943, 944, 945, 946, 947, 948, 949, 950, 951, 952, 953, 954, 955, 956, 957, 958, 959, 960, 961, 962, 963, 964, 965, 966, 967, 968, 969, 970, 971, 972, 973, 974, 975, 976, 977, 978, 979, 980, 981, 982, 983, 984, 985, 986, 987, 988, 989, 990, 991, 992, 993, 994, 995, 996, 997, 998, 999, 1000.

"MYSTIC BIRD" WILL MAKE FOLKS WONDER WHEN HE SINGS



What is promised to be the sensational feature of this week's bill at the Orpheum, will be the local appearance of "The Mystic Bird," one of the little yellow fellows that we see every day, but this particular one is the most unusual bird that ever appeared in vaudeville. He is astonishing and delighting audiences all along the Keith circuit.

In short, the accomplishments of "The Mystic Bird" are these. He can imitate the songs and calls of other birds, and does them in harmony with any selection that his owner might play upon the violin. And then to the music of the theater orchestra he will sing and warble obligatos and delighting audiences all along the Keith circuit.

Of interest also on this week's bill will be the engagement of vaudeville's best comedy thrillers, the Bison City Four. These four artists were slated to appear at the Orpheum on two other occasions this season, but failed to put in their appearance because they were stranded abroad. But they are now in America and will actually be here this week, funnier than ever because they're so glad to get back, and will have new songs and new fun. These two attractions will be grouped about Frederick Bowers, the excellent singer of popular songs, who will have more songs this week, some pretty girls and good dancers.—Advertisement.

State Commissioner of Health Samuel G. Dixon calls attention to the dangers of ptomaine poisoning at this season of the year in his week-end talk and urges inspection of food as a means of preventing it. The commissioner gives some timely hints in his talk, in which he says: "Ptomaine poison causes a serious disturbance of the digestive organs, due to the products of germ life. Generally speaking, ptomaines are the result of decomposition of foodstuffs. This is caused by bacteria. In the process of their growth a poison is produced which effects a violent disturbance if introduced into the digestive system.

PTOMAINE POISON CAN BE AVOIDED

Dr. Dixon Discusses a Common Form of Ailment in His Week-end Talk on Health

"Sausages, decomposed fish, cheese, cream milk, canned meats and vegetables are the foodstuffs most commonly responsible for ptomaine poisoning. Cooking will not always destroy the ptomaine in foodstuffs. It kills the bacteria, but the poisonous substances will remain. Unfortunately, our sense of taste in the majority of instances does not warn us of the presence of these poisons. This is often due to the common practice of over-seasoning our foodstuffs and the excessive use of condiments. Also, the preparation of many canners to add preservatives which make it possible for them to use decomposed meats or vegetables. If foods for canning are properly inspected, and the decayed portion eliminated, they can be made to keep without the addition of injurious preservatives.

"Ptomaine poisoning as a rule develops a few hours after eating and progresses rapidly. In the treatment of ptomain poisoning the first essential is to wash out the stomach and to empty the intestinal canal as much of the decomposed food as possible. These things may be done while awaiting the arrival of the physician."

REPUBLICANS OPEN FEROUS CAMPAIGN

who strayed during the period of Roosevelt enthusiasm, who will support the old party this Fall, and to general dissatisfaction among the Democrats over the manner in which their party machinery has been manipulated.

GERMANS SAY THEY HAVE REPULSED ALL ATTACKS IN EASTERN THEATER OF WAR

London, Oct. 12.—It is officially announced in Berlin that in the eastern theater of war all attacks of the first and tenth Russian armies have been repulsed while the same fate was suffered by the Russians when they attempted an outflanking movement by way of Schirwindt, East Prussia.

REV. CLUTE EXPOSES NEW SIGNAL CODE

tramps intend, which is to notify fellow travelers exactly what they are up against as they travel from back door to back door in search of food. The removal of the signs or substitution of the circle for the others will be effective in turning the tramps away without the use of a single word. The topmost circle means "No use" and seldom will a hobo tackle the place on which it is inscribed. The one underneath containing the cross means "You can get food here" and is naturally very popular. The third emblem, crudely signifying four legs, warns the presence of a dog. The next, saw buck and saw, means "You have to work here." The lowest one means "Take a yarn; there are women in the house."

STEELTON

WILL GET BABY'S CARS BY PARCEL POST

Threatening "Black Hand" Letters Received by Steelton Barber

With threats of bodily harm to his little children and of dynamiting his home and store, an attempt has been made to drive Aquilino Romano, a barber and storekeeper of 222 South Front street, from Steelton, in a number of letters signed by the "Black Hand."

The first letter was received by Romano about a month ago and was very indefinite. All the barber could make out of the missive was that he was to get out of town and that if he did not, his children would be murdered. Romano paid no attention to this letter. A few days later he received another, in which he was informed that if he failed to heed the warnings of the brotherhood, his little daughter's ears would be cut off and sent to him by parcel post. This letter was also ignored.

On October 1 Romano received the third letter. This missive bore a rough pencil drawing of a bomb and threatened to blow his place up like a balloon if he failed to leave Steelton within eight days. This letter Romano turned over to the police and two patrolmen were detailed to watch his barber shop and store continually. The eight days passed and Romano received the fourth letter Saturday.

In this letter he was given a final warning to leave and that "the brotherhood was going to get busy now." None of the letters contained any demands for money, but all insisted that he must leave town immediately. The letters ended with the threat: "You better not think the brotherhood is bluffing; we are not; we mean business." All the letters were mailed in Harrisburg except one, which came from Steelton.

FIVE FORMER STEELTON MEN HAVE NOW FALLEN IN WAR

The list of fatalities among former Steelton residents now in the field in the European war, has been brought up to five, according to letters received in Harrisburg. The first to fall was Skukan, a Croatian, who formerly worked in the billet mill, is the latest. He died in the defense of his fatherland.

STEELETON SNAPSHOTS

Freeman Injured.—Louis Laborowitz, a member of the Citizen Fire Company, was injured when he fell from the Citizen apparatus as it left its house, in North Front street, to respond to an alarm. He is in the South Second street, where he lives, and is recovering.

Baldwin Improvements.—Contractor Ephraim Wright started this morning to remodel the Baldwin Hose Company's building in South Front street.

Charity Board Meets.—The Steelton Charities committee will meet this evening in the office of Miss Agnes Wilcox, 154 South Front street.

To Hold Festival.—A festival for the benefit of St. John's Catholic Church will be held in the Deutscher Quartet Club's hall, Wednesday evening.

Mr. Heary, president of the Steelton Civic Club, is in Pittsburgh attending the conference of the State Federation of Women's Clubs.

Funeral Services for George E. Stough.—Funeral services for George E. Stough, who died Friday, were held at 2 o'clock, at the South Front street, this afternoon at 2 o'clock. The Rev. P. M. Hooper, assisted by the Rev. Dr. M. P. Hooper, officiated.

Funeral Services for Carr.—Funeral services for Carr, 68 years old, who died in New Jersey, Friday, were held this afternoon. Burial was made in the Baldwin Cemetery. Mr. Carr was a former resident. He is survived by three sons.

Funeral Services for Mrs. Skyles.—The funeral of Mrs. Frank Skyles, who died Friday, was held from her late home, 449 South Front street, today at 2 o'clock. The Rev. C. B. Segelkin officiated and burial was made in the Baldwin Cemetery.

Mr. and Mrs. H. Russell Rupp, John Rupp and Harry Krouse have returned from a motor trip to Philadelphia where they saw the world series baseball games last week.

FATIMA THE TURKISH BLEND CIGARETTE



Distinctively Individual. Tremendously popular and delightfully different. 20 for 15¢. ONE KILLED, 6 HURT IN AUTO ACCIDENTS

JACKSON REPORTS MANY TOLE MEN

employed and the results are summed up in the following words: "The department found among the 802 plants that the minimum employes between June, 1913, and June, 1914, which in most of the plants occurred toward the latter date, was 323,415, while the maximum occurring in the same plants between those dates amounted to 449,138. This means that about 125,000, or over a quarter of all employes passed and left their positions in these 802 plants during the year. It will be understood that the number of plants thus investigated is only a small proportion of the total in the Commonwealth. The relative proportion of those losing their positions in the tens of thousands of smaller undertakings not investigated is undoubtedly larger. Even if the average number of days is small during which each one is idle of the enormous number of persons involuntarily out of work, the economic loss is very great."

Mr. Jackson gives results of observations in Germany and England and recommends the bureau.

MANY HARRISBURG PEOPLE ON PROGRAM FOR G. A. R. REUNION AT LEBANON CITY

Lebanon, Pa., Oct. 12.—Plans for the eighth annual reunion of the Central Association of the Grand Army of the Republic for the Middle District of Pennsylvania, which will be held in Sons of America Hall on Thursday, October 15, have been announced by Commander C. R. Lantz, of Lebanon. The Association is composed of sixty posts in seven counties, including Lebanon, Dauphin and Berks counties.

At 5 o'clock a mess will be served by the Ladies Auxiliary and at 6 o'clock there will be a reminiscence hour and camp fire at 8 o'clock in the hall. Comrade Fulton, of Lancaster, will preside at the former, while Comrade Washington, Adjutant General Stewart, Major M. A. Gherst and Comrades Patrick, Fulton, Fornocook, Towne, Cook, Bentley and Hoy, Miss Irene Wagner, of Harrisburg, will sound taps.

Addresses will be delivered by Department Commander Wells, Comrade McElroy, editor of the National Tribune, of Washington, D. C.; Comrade Sultzaber, commissioner of pensions, of Washington; Adjutant General Stewart, Major M. A. Gherst and Comrades Patrick, Fulton, Fornocook, Towne, Cook, Bentley and Hoy. Miss Irene Wagner, of Harrisburg, will sound taps.

Miss Washers, suffering with a fracture at the base of her skull, a broken left ankle and contusions and bruises about her body, is the most seriously injured. She was taken to the Harrisburg Hospital, where little hope of her recovery was entertained by the doctors attending her. Mrs. W. E. Gemmill sustained a broken collarbone and bruises about her body. Miss Griffith's injuries are concussion of the brain and cuts and bruises about her body. At present the two are at the home of Dr. R. D. Swiler, 1321 Derry street. Their condition is reported as improved and they will recover. The men were injured and returned to York yesterday.

PEMBROCK TURNS OUT TO HEAR REPUBLICANS

Congressman Kreider and John C. Nissley Speak at Saturday Night Meeting

Congressman Aaron S. Kreider, candidate for re-election, and John C. Nissley, candidate for the Legislature in the county district, addressed a large number of the voters of Pembroke Saturday evening at an open air meeting at which Dr. A. L. Shope presided.

Mr. Nissley, who has been getting about the county a great deal during the past month, told his hearers that he was convinced that sentiment is overwhelmingly Republican this Fall. He found, he said, that a large number of voters who felt they had been responsible in one way or another for the elevation of the Democrats to power in national affairs, now see the mistake they made and are returning to the "old party" by the hundred.

By an odd coincidence this opening speech of Mr. Nissley in the present campaign was made from the same platform from which he made his first public speech years ago in Pembroke and he recalled to his audience many of the old citizens who had been present at that time.

Congressman Kreider's address was a ringing denunciation of the policies that during the Wilson Administration have brought the country well nigh to ruin and have made it necessary for the Democrats to tax the common people of the nation \$105,000,000 in time of peace to make up for the deficiencies resulting from the operations of the Underwood tariff.

SCHOOLS INSPECTED.—Lykens, Pa., Oct. 12.—Professor Clarence E. Toole, principal of the Lykens schools, and George A. Koster, spent Friday afternoon in Elizabethtown, where they made an inspection of the schools. Under the supervision of Professor Toole the schools here are in a good state of progress and advancement. A parent-teachers' association is to be formed Friday evening.

SEVERE RHEUMATIC PAINS DISAPPEAR

Rheumatism depends on an acid in the blood, which affects the muscles and joints, producing inflammation, stiffness and pain. This acid gets into the blood through some defect in the digestive process.

Hood's Sarsaparilla, the old-time blood tonic, is very successful in the treatment of rheumatism. It acts directly, with purifying effect, on the blood, and improves the digestion. Don't suffer. Get Hood's to-day.—Advertisement.