

Thursday=Friday=Sliding Scale Sale

All Summer Garments Change Prices Daily—in Accordance With Our Policy of Cleaning Up All Merchandise Each Season—No Last Season's Styles Found Here.

- Our entire stock of Spring suits—mostly black, navy and a few colors are now selling for \$2.90, \$3.66, \$5.49, \$7.31, \$9.15, \$10.97 and \$12.80 for the best.
- White linen and voile dresses that formerly sold for \$7.50 and \$8.95, now \$3.66.
- Crepe de chine dresses in black, navy, brown, green—values from \$25.00 to \$29.75, now selling for \$7.31 and \$9.15.
- NOTHING SENT ON APPROVAL—LAID AWAY NOR EXCHANGED.

New Fall Showing Suits and Dresses

Popular priced basque dresses in navy and black satin and charmeuse.

AT THE ANNEX

STRAIGHT TEN PER CENT. REDUCTION.

- White P K skirts, value \$1.25, reduced to 50c; now 45c; natural linen skirts, value \$1.50 to \$1.98; reduced to 50c and \$1.00; now 45c and 90c.
- COMPLETE LINE OF NEW FALL HOUSE DRESSES, 16 to 56; special \$1.00 to \$2.00.

Witmer, Bair & Witmer

202 WALNUT STREET

311 WALNUT STREET

PERSONAL

MRS. HENRY COOK IS EIGHTY-FOUR TODAY

Quietly Celebrates Birthday at Mt. Gretna Where She Is Summering



MRS. HENRY COOK

Mrs. Mary Hollowbush Cook, of 1207 North Third street, widow of Henry Cook, of this city, is quietly celebrating her eighty-fourth birthday today at Mount Gretna, where she is spending the summer with her daughter, Mrs. Morris H. Craiglow. Gifts and greetings have been sent her by many old friends and her daughter, Mrs. James D. Hinkle, of Mt. Gretna, and Mrs. Edgar Kendig, of Baltimore, arranged to visit her this afternoon by automobile.

Mrs. Cook, who was born in Chester county, came to this city with her family about forty years ago and has made many firm friends here during that time. She is well and happy and actively interested in the progress of Harrisburg, its charities and the work of her own church, the Fourth Street Church of God.

Party at Sylva Cottage;

Miss Lewis Is Hostess

One of the most enjoyable summer events at Stoverdale was the party held last evening at Sylva cottage by Miss Helen Lewis in honor of Miss Helen Bright and Miss Margaret E. Hoerner, Erma Henry, Edith Lewis, Mary Nissley, Katharine Bishop, Madeline Morris, Freda Eichelberger and Anna McCord, Joe Helf, Ike Eichelberger, Frank Hoke, Wesley Phillips, Thomas Wenrich, Samuel Gingrich, Evan Muth, Mose Helf, William Lewis, Henry Brown, Mr. and Mrs. Arthur C. Henry chaperoned the merry party.

Miss Hammer Entertains

J. S. G. Club at Penbrook

Miss Ruth Hammer delightfully entertained members of the J. S. G. Club at her home in Penbrook last evening. Festoons of the club colors and Japanese lanterns made gay decorations for the porch. Vocal and instrumental numbers were given by the Misses Ruth Hamland, Mary Mader and Verne Bomgardner. Refreshments were served late in the evening to Miss Ruth Fisher, Miss Edith Singer, Miss Ethel Harbold, Miss Mary Mader, Miss Verne Bomgardner and Miss Ruth Hammer.

Miss Pearl M. Weaver, of 904 North Third street, is home after a delightful trip to Philadelphia.

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Miss Joshua Duffin and Miss Michael Butler and Miss Elia Butler, 515 Primrose street, are spending three weeks in Roanoke, Va.

Miss Joshua Duffin and Miss Michael Butler and Miss Elia Butler, 515 Primrose street, are spending three weeks in Roanoke, Va. Mr. and Mrs. Gerard H. Matthews, of 1824 State street, are home after a trip to Clarksville, Md.

Miss Naomi Winger and Miss Bessie Hamman have returned to the city after a visit to Coney Island and New York, Atlantic City and Philadelphia.

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Mrs. W. M. Davison and daughter, Phyllis Davison, of 22 North Eighth street, are spending several weeks at Indianapolis, Ind., and Milwaukee, Wis.

Mrs. W. M. Davison and daughter, Phyllis Davison, of 22 North Eighth street, are spending several weeks at Indianapolis, Ind., and Milwaukee, Wis. Mr. and Mrs. John Morrow have returned to their home in Shamokin, Pa., after a visit to their daughter, Mrs. Samuel Fitting, 614 North Eighteenth street.

Mrs. Thomas S. Blair and son, Stewart Blair, of 403 North Second street, are enjoying a stay at the seashore during their vacation in New York City for ten days.

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Martin Cornitz has returned to the city after canoeing at Selinsgrove.

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Mr. and Mrs. Donald Hesser and son Claude left this morning for their home at Great Falls, after a ten day visit with Mr. and Mrs. Conrad Hesser, of State street.

Mr. and Mrs. Donald Hesser and son Claude left this morning for their home at Great Falls, after a ten day visit with Mr. and Mrs. Conrad Hesser, of State street. Paul Murray has returned to his home in this city after spending ten days at New York, Coney Island, Philadelphia and Atlantic City.

Edward Bailey and family are still in Edinburg where they will probably remain until the transportation facilities between Europe and the United States are more satisfactory.

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Semi-Annual Clearance

Ladies' and Misses' High Grade Apparel

Begins Tomorrow Morning

Prices Cut in Half

THE midseason clearances which this store holds twice a year are truly events of singular importance. Every garment offered is a part of the regular stock, and possesses that exclusiveness in style and excellence of quality which distinguishes the high standard of Marks & Copelin apparel.

The original price tickets have been allowed to remain on each garment. You may make selections at just one-half the prices marked thereon.

Summer Dresses

Crepes, voiles, ratines, linens and silks in white and colors, plain and figured. Values \$5.00 to \$18.50.

\$2.50 to \$9.25

White Dress Skirts

Imported English reps, cordelines, linens and fancy stripe ratines. Values \$2.75 to \$10.00.

\$1.38 to \$5.00

Ladies' and Misses' Suits

Shepherd checks, serges, basket weaves, etc., in light, dark and medium shades. Values \$18.50 to \$35.00.

\$9.25 to \$17.50

None Sent C. O. D. on Approval, Charged or Exchanged

MARKS & COPELIN

31 North Second Street

Harrisburg, Pa.

Coats for Shore, Mountain and Early Fall Wear

Eponges, serges, corduroys, honeycombs, etc., in light and dark shades. Values \$7.50 to \$25.00.

\$3.75 to \$12.50

House Dresses

Percales, lawns, ginghams, etc., in plain shades and neat patterns. Values \$1.50 to \$5.00.

75¢ to \$2.50

Waists

Crepe, lingerie, silks, crepe de chine, voile, chiffon, etc., in a variety of models. Values \$2.00 to \$6.50.

\$1.00 to \$3.25

"INGATHERING MEETING" OF THE HARRISBURG W. C. T. U.

A regular meeting of the Harrisburg W. C. T. U. will be held tomorrow afternoon at 2:30 o'clock, at the residence of Mrs. S. R. Compton, 428 South Thirteenth street. This will be the annual "ingathering meeting" when reports from all departments of the union will be given. Members will take the car for Steelton via Nineteenth street.

Miss Martha Fay Hare, of Altoona, is a guest of Miss Miriam Keiser, at 1722 Green street.

Miss Martha Fay Hare, of Altoona, is a guest of Miss Miriam Keiser, at 1722 Green street. Miss Margaret Krichbaum, Mrs. M. F. Buchner and Miss Martha Buchner, of 1117 North Second street, are home after a pleasure trip to Atlantic City.

MOTOR TO WASHINGTON

Mr. and Mrs. Jay C. Saltzger, of Green street, with Mr. and Mrs. O. G. Strother and Miss Fitzgerald, returned to the city last evening after an automobile trip of five days to Baltimore, Washington and Alexandria, Va.

Mrs. and Mrs. N. T. Yocum with their daughter, Miss Dorothy Yocum, of Reading, are spending a week with Mr. and Mrs. Samuel Hoffman, 2350 Ebersole street.

Madame Ise'bell Explains

The Advantages of the Hot and Cold Bath

THE MEANS FOR HEALTH AND BEAUTY.

The beautifying and health-giving power of baths has always been highly regarded by civilized nations. With the Greeks and later with the Romans the bath took the place of physical exercise and was relied on to keep the body and mind alert and active. The luxury, completeness and the variety of the public baths at the time when Rome was enjoying its highest degree of wealth and civilization far surpassed anything known to modern times, but undoubtedly we have arrived at a more just consideration of the possibilities for benefit from bathing. Man is not an amphibious being and there is no reason to suppose that he is benefited by any lengthy immersion in water. Swimming is good exercise for most people, for the reason that it exercises all the muscles including the lungs and is the only form of sport that can be indulged in during very hot weather that does not raise the temperature of the body unduly. Although I believe that a good amount of time may be spent to advantage in the daily care of the body, personally, I do not believe in long immersion in water.

The bath is primarily for cleansing purposes, not only to remove extraneous dirt that has been caught on the skin, but to remove the deposit thrown off by the sweat and oil glands.

How the Skin Acts.

The skin consists of two layers, the true skin and the outer skin—what is generally referred to as the cuticle, and in the skin are countless thousands of oil and sweat glands that continually empty their contents on the surface. There is, moreover, a continual shedding of the skin as the old cells are replaced by the new one forming below. This dead skin, if allowed to stay on the body, mixes with the excretions from oil and sweat glands, and the bacteria of decomposition results. If not removed, this decomposing mass closes the pores of the skin and produces irritation and ill health.

The entire surface of the body should be kept clean and the bath for this purpose should contain soap and water warm enough to start the action of the oil and sweat glands so that any dirt or bacteria may be omitted.

Amount of Time Spent in Bath No Test of Cleanliness.

Some parts of the body are more prone to secretions and perspiration than others and demand more frequent and complete bathing. The cleanliness of the body does not depend on the number of minutes a person stays in the cleansing bath, or how long. If the body has been exposed to dirt, a certain amount of friction is necessary to dislodge it; it is also quite possible to be clean without the daily, all-over bath, although the latter is certainly a great comfort and convenience. The water for the cleansing bath should be soft, or made so with some softening agent. Oatmeal bags soften the water and in a measure act as soap. They are made by filling a two-inch square of cheesecloth with a dessert spoon of finest oatmeal and half a teaspoon of powdered orris root. If a little powdered soap is added to this, no other soap is necessary.

After the cleansing bath is finished a spray should be used or the body sponged with clean water so as to leave no soap on the skin. Many cases of bath itch come from neglect of this point. Perfumed soaps are pleasant, but they are a luxury, for good perfumes added enormously to the manufacturing cost of soap. Cheap perfume should be avoided by all means. The body, warm and moist from the bath, will hold perfume longer than at any other time. Toilet water may be rubbed into the skin or it may be powdered with a sweet smelling powder.

Benefit of the Cold Bath.

The morning cold bath, whether a plunge or taken under a shower, is in no sense a cleansing bath, but it has wonderful stimulating effects. The shock of the cold starts the heart pumping, the skin muscles contract and the blood vessels empty. The brisk rub that follows brings the blood back through the capillaries and vessels and the skin muscles relax. This improves the circulation, has a tonic effect on the nerves and in many cases acts as a preventative against colds. The test of the benefit that one derives from the cold starts the heart pumping, the skin muscles contract and the blood vessels empty. The brisk rub that follows brings the blood back through the capillaries and vessels and the skin muscles relax. This improves the circulation, has a tonic effect on the nerves and in many cases acts as a preventative against colds.

Dryness of the Skin.

The dryness of the skin and the itching that sometimes starts a few hours after the bath may often be allayed by rubbing the body after the bath with some perfumed oil, such as lavender oil. This bath itch, as it is sometimes called, is especially prevalent where there is little

humidity in the air and where people occupy apartments warmed with dry heat. It is advisable for anyone suffering from this trouble to drink freely of water, but this will be renewed as soon as the patient begins to drink. To keep in good health the normal proportion of water in the body must be maintained. As we perspire we have a craving for drink which we call thirst. To reduce flesh we must rid the body of fat or turn fat into muscle and this can only be done by diet or exercise.

Turkish and Vapor Baths.

Some dozen to twenty years ago hot air and vapor baths were much esteemed by seekers after beauty and also by women who wished to reduce flesh. In both respects these prolonged baths have proved a disappointment although there are situations in which they may be indulged in with profit. A Turkish or vapor bath with the after rubbing and plunge into cold water will improve the circulation, open the sweat and oil glands and often bring life and color into a torpid, dull skin. Too frequent a use of the prolonged hot bath, however, will produce a dryness of the skin conducive to premature wrinkling.

Hot Bath Does Not Reduce.

The belief that the Turkish bath will reduce flesh has proven to be a fallacy. Intense perspiration will relieve the body of water, but this will be renewed as soon as the patient begins to drink. To keep in good health the normal proportion of water in the body must be maintained. As we perspire we have a craving for drink which we call thirst. To reduce flesh we must rid the body of fat or turn fat into muscle and this can only be done by diet or exercise.

Modern American Bathroom.

The modern American bathroom with its hygienic plumbing, its shower, its tubs of different sizes, its racks for soap and built-in closets for powders and perfumeries is the ideal for comfort and sanitation. No country is so well supplied with bathing facilities as America, and the good result of this is found in the health and cleanly appearance of most of its people. Few who once experience the comfort of cleanliness ever relapse into other habits.

The use of the shower bath is increasing and this is probably the best form of daily bathing. It discourages indolence in the bath, and the spray over the skin after the body has been well soaped and rubbed leaves it perfectly clean and free from soap. The shower bath can be taken at any temperature, and quick changes from hot to cold are often most beneficial and stimulating. A shower bath is inexpensive to install and takes up so little room that a place can often be made for it outside of the regular bathroom. Growing children are particularly fond of this method of bathing and will gladly welcome a shower bath set up in or near their own room.

Mrs. Ise'bell

MUMMA-TOOMEY ENGAGEMENT IS ANNOUNCED



MISS TOOMEY—CLYDE MUMMA

Mr. and Mrs. Lewis Toomey, of 537 Woodbine street, announce the engagement of their daughter, Miss Annie Toomey, to Clyde Mumma, of Wormleysburg, the marriage to be an

early autumn event. The bride-to-be is a former resident of York, who has made her home in this city for about two years. Mr. Mumma, an employe of the silk mill, has a wide circle of friends in this vicinity.

MISS SHELLY WRITES OF HOLLAND TRIP

Cables of Safety at the Hague and Gives Impressions of Places and People

Mr. and Mrs. J. M. Shelly, of North Second street, have been very much relieved by the receipt of a cablegram from their daughter Lorene, who has been traveling in Europe with the Misses Blair, of Chambersburg since early in June. When last heard from before the outbreak of the war she was in Berlin and was proceeding northward, but a letter to-day announces her arrival in the Netherlands and her present address is The Hague. In this letter to her parents, under date of July 30, she describes the attractive features of The Hague, saying that it suggests Venice in its canals and beautiful flowers. Following are a few extracts:

"We took a ride to Scheveningen situated on the North Sea, and similar to our Atlantic City. Very attractive and the bathing is fine, although we didn't care to indulge with mercury at 45 degrees.

"Last Sunday morning we left Heidelberg and stopped over at Frankfurt from twelve until three; had our lunch and took a ride through the city. We couldn't do anything else, for it poured all the time and we were late. We went on to Wiesbaden, rested for an hour and took a drive through the city, for it had cleared off early and we did want some idea of the place. It is quite a resort, you know, the mineral springs make it famous. We saw several where the boiling water was bubbling out of the ground.

"Monday, our day on the Rhine, said in the itinerary to be the happiest day of the trip. Didn't come up to our expectations. While we enjoyed it and saw many places of historic interest, it was cold and raining most of the time. We kept on the promenade on deck half of the time to keep warm. We reached Cologne about six and visited the Cathedral and shops. Tuesday we went to Amsterdam. Got our first glimpse of Dutch scenery—wind mills and cows all along the line. On arriving we were agreeably (?) surprised to find they couldn't accommodate us at Hotel Oldervelt, so we were sent to another place for the first night. Lots of fun to move every day, but we are accustomed to it long ere this.

"You will laugh when I tell you that yesterday was the most perfect day we have had so far. We kept on our boat at 9:30 for the island of Marken. It's the dearest place I've ever seen. All the people dress in the same kind of clothing that was worn years and years ago—little white caps, odd waists laced in the back, and about ten skirts—I know they would measure a yard and a half around the hips—colorful aprons and wooden shoes. Some of the children were the cutest things. They would try to sell us cards or caps, maybe shoes, and when we refused they would say 'nothing doing' or 'dead broke,' and one said 'absolutely dead broke.' Just imagine them talking that way when they couldn't speak any other English! We had a guide who showed us over the island.

"Aren't we the luckiest things that be in Paris by Saturday, August first? Then we can go to Versailles Sunday and see the fountains playing. They play only the first Sunday of each month, so do you wonder we are delighted?"

"It is almost ten and we leave quite early for Brussels, so I'll say good night for this time."

FESTIVAL AT RUTHERFORD

The Ladies' Aid Society of Rutherford Heights is planning a festival to be held on the church lawn, Saturday evening, August 15.

LEAVE FOR MOUNTAINS

Mr. and Mrs. Daniel W. Shelly, Miss Dorothea Shelly, of 226 Peffer street, and Mr. and Mrs. R. Frank Shaffner, 224 Peffer street, left today for a stay at their cottage in the mountains, near Middletown Ferry.

Edward Bailey and family are still in Edinburg where they will probably remain until the transportation facilities between Europe and the United States are more satisfactory.

Mr. and Mrs. Walter L. Montgomery, of 702 North Third street, have returned home after a trip to the seashore and Delaware Water Gap.

Miss Agnes Towson, of 1308 South Twelfth street, was a recent guest at a Lancaster house party.

Miss Susan Beckerman and Miss Martha Bentz, of Lemoyne, have returned home after spending two weeks at Dillsburg, York and Berlin.

Suffragists Save Money For Self Denial Day

Suffragists of this city will make their money in various ways on Saturday, August 15, the "Self Denial Day." While most of the members of the Central Woman Suffrage Association will do without things dear to their hearts such as ice cream, soda water and car rides, others will be more aggressive and will take the places of reporters of the city newspapers, clerk for certain hours in department stores and bake cakes, pies and rolls for those who wish to order them. The men have promised clear money and will contribute in other ways.

No sum is too small to send in to Mrs. Mabel Cronise Jones, 105 Locust street, who is collecting the money for "Self Denial Day."

PORCH PARTY AT PERDIX

The guests of Miss Anselyn Young at a porch party at her summer home, Greghurst, Perdix, included: Miss Helen Beideman, Miss Matilda Ritter, Miss Jean Allen, Miss Beryl Stevens, Mrs. Claude Ercelm, Miss Constance Beideman, Mrs. Naus, of Indiana and Mrs. Young.

Mrs. Harry C. Knoll, of 204 Rely street, is spending several days with relatives in Philadelphia.

Mrs. J. Albert Seidel, Mrs. John A. Seidel and little Mary Elizabeth Seidel have returned home after a trip to Atlantic City.

Dr. Frank Reckord, of 220 Kelker street, is spending several weeks at Beach Haven, N. J.

Wayne Jefferies and Herman Early are home from Atlantic City, where they spent a week.

Mrs. Edgar Lee Marshall and Miss Charlotte Ashenfelter of this city, were recent guests of Miss J. Elizabeth Zinn, of Carlisle.

Miss Hattie Jamison, of 915 North Second street, has returned to the city after an automobile trip through New England and New Jersey resorts.

Mr. and Mrs. J. Morris Myers, Jr., of New York, who are visiting in Carlisle, spent to-day with her uncle, Thomas C. Myers, at 1919 Green street.

Miss Alna Garonzik, of 414 Calder street, has returned from Reading where she was a bridesmaid at the Kitzberger-Singer wedding.

Miss Elizabeth Eby and Miss Beatrice Thomas have returned home to Philadelphia after visiting Miss Fannie M. Eby at The Hedges, Grantham.

Miss Annie Beatty, of 1410 North Second street, is the guest of Miss Kate Hamelbaugh at Mt. Gretna.

Mr. and Mrs. Theodore B. Klein, of 252 Boas street, went to Wernersville to-day for an outing at Galen Hall.

Joseph N. Knoll, of Rely street, has gone to New York city to remain for some time.

Start a health account in the bank of life for your baby

THE best heritage that you can give your baby is health, and health depends mainly on his food. Nurse your baby if you can, but when mother's milk fails, do not use cow's milk. It is almost impossible to get it pure, and it is always hard for babies to digest. Cow's milk was made for strong little calves, not for babies' tender little stomachs. Use the Food that for three generations has been best for babies—



Nestlé's Food

Nestlé's is pure and safe. It has just the nourishing elements necessary to build firm flesh, bone and muscle. Pure cow's milk is the basis of Nestlé's Food—milk from rigidly tested cows in sanitary dairies. In Nestlé's the curd of the milk is rendered soft and fleecy as in mother's milk, and to it are added the food elements that cow's milk does not contain, and that baby needs, until it is a perfect Food for your little baby. Just add cold water and boil. Send the coupon today for a free sample box of Nestlé's and see for yourself how perfectly Nestlé's Food agrees with your baby. With the sample—enough for twelve feedings

—will come our "Book for Mothers" filled with the things you should know about your baby, and our "Better Babies" Chart which tells how much your baby should weigh, what his correct measurements should be, etc. Send the Coupon today, and make sure that your baby is getting the best Food you can give him.

NESTLÉ'S FOOD COMPANY
Woolworth Bldg., New York
Please send me, FREE, your book and trial package.
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Address.....