

Women and Their Interests

By ELLA WHEELER WILCOX

It has been demonstrated by science through patient and careful methods of investigation, that the average human being uses only about ten per cent of the brain power with which he is endowed by Nature. That certain areas of the brain (cortical centers) govern movements of the body has been established beyond peradventure by the physiological psychologists of Germany, Italy and France. We know, through these scientists, the brain centers of sight, hearing, smell, touch, motion, etc.

While there is a large truth underlying the science of phrenology, the brain-building specialists do not give their hallmark of approval to that cult, and the sense-centers as now demonstrated by science are located at quite different spots in the brain structure from those assigned to them by phrenology. But sense-centers in the brain have been discovered and absolutely verified by modern methods, one or two ways. It has been established, too, that by exercising a certain part of the body or one of the senses, we are actually building up brain matter.

A man who cultivates his hearing builds up or creates more brain cells in the hearing part of the brain than the man who takes no training in auditory discrimination. If he cultivates sight more brain cells have been built in that part of his brain than if he does not. Prof. Elmer Gates, who has devoted his life to these researches, declares that development in any one sense not only makes more cells in that part of the brain, but more mind generally.

Professor Gates has demonstrated this brain-building and mind-culturing not only in children and adults, but also in animals. For one year, for several hours each day, he trained dogs to distinguish between colors. He

did this by placing several hundred tin cans painted different colors in the yard with the dogs, and by placing their food in cans of one color and by sending an electric shock to the dogs if they would touch any can but the right one.

By methods such as these, endlessly varied, he taught them to avoid all pain but the right one, which they would discriminate eventually from the hundreds of others of all shades, colors and tints. They could at last distinguish between seven shades of red and seven of green, and thus in many ways exhibited more mentality than any untrained dog.

In the light which these experiments and demonstrations have cast upon the paths of life, each one of us ought to see an ascending road lying before us, toward unattained heights. Directed and guided by the WILL, driven by man should, day by day, step by steady step, rise toward these heights, until he stands upon the summit of his dearest ambition and heart's fondest desire.

You have seen the highway covered by deep drifts of snow until it seemed inaccessible; you have seen the snow plough driven by steam power steadily force its way through these drifts, until a path was cleared. In precisely this way the plough of WILL can push away all obstacles which lie in the roadway to mental development. And the plough of will is driven by a far greater force than steam; it is driven by the Divine Hand of the Creator.

Again our limited and confused outlook on life may be compared to the jungle. With only ten per cent of our mental powers active, we behold this jungle of tangled vines of circumstances growing about trees of obstacles, and we hear the snarling of wild beasts of fear, and indolence, and self-indulgence, which lurk in the jungles. But with the weapons and tools of resolve, persistence and high ambition, we can clear out a small space each day, pull up a vine, make an incision in one tree, and frighten away or destroy one dangerous beast or serpent.

This done, the percentage of brain power is increased, and just so much added strength is given us for the next move. As the tangled vines, and the great trees, and the wild beasts are removed, we find space on which to build a temple, and from the tower room of this temple we are enabled to see over and beyond the jungle, to behold the beautiful plains, and the undulating hills and the bounding billows of the ocean where great ships ride. And these plains, and these hills, and these ships upon the sea are our very own to enjoy, ours to derive benefit therefrom, and to share their benefits and joys with others, if we continue to clear the road through the jungle and to increase our mental capital day by day.

God created man in His own image. He meant man to develop the Divine qualities and the Divine powers. He meant man to have and enjoy every benefit, delight and pleasure which this wonderful world offers; he meant man to form a partnership with Nature and beauty; he meant man to make this life the ante-room to larger worlds and fuller lives beyond by realizing his eternal partnership with his Creator. In truth, God meant man to be superhuman, a human demonstration of Divine possibilities.

There have been many great men and women on earth, but no man and no woman who have been as great and as perfectly beautiful as they might be. That complete development remains to be done by the new humanity.

You who read these words, however great and successful and good you may be, are not as great, or as successful, or good as you can be. You have not developed to the full extent that marvelous brain capacity which was bestowed upon you at birth. You have frittered away in needless thoughts and misdirected actions much precious vitality.

Begin now, to-day, to conserve your forces. Begin to build your brain. Begin to develop the unused cells. Think, speak, act, every hour to some purpose.

YOU CAN BE WHAT YOU WILL TO BE.

less than half as many guns and consequently there is less work to be done at the naval gun factory where all of the guns are turned out. On the Connecticut which was the last constructed of the pre-dreadnought type, there are 50 guns while one the New York there are only 22. The difference is made up in the much larger caliber of the dreadnought's guns.

Prevents Grip—Cures Grip
LAXATIVE BROMO QUININE removes the cause. There is only one "BROMO QUININE." Look for signature of W. GROVE. 25c.—Advertisement.

Clergyman Hunters Keep Away From Connecticut
Hartford, Conn., March 28.—Connecticut law prohibiting that non-residents give five days' notice of intent to marry in the State, has had its desired effect in keeping out persons who seek to avoid the restrictions of the marriage license laws in their own States, as is shown by the annual report of the Board of Health here.

New Ships Will Cost 125 Men Their Jobs
Washington, March 28.—Development of the "all big guns" ship will cost 125 men their jobs in the Washington navy yard, after April 9, it was announced at the Navy Department today. The new dreadnought type of ship, though vastly more powerful than the old style of battleships, even of almost similar displacement has

Man Will Be Deported Because He Stole Cheese
Cincinnati, Ohio, March 28.—Just because he stole a cheese in Montreal, Oscar Kessler, a glassworker of this city, is awaiting deportation at Windsor, Canada, as an undesirable citizen and will soon be brought here to face a charge of non-support of his family. Two years ago his wife complained to officials of the Ohio humane society that Kessler did not support her. Kessler heard of her action and escaped to Canada and wrote boasting letters to the humane society officials that he was outside of their jurisdiction. High Canadian officials were communicated with but nothing could be done with Kessler until he stole a cheese and was arrested and convicted and then declared an undesirable citizen.

High Powered Cars Crash at Riverside
Bank President's Family Hurled to Road; Auto Nearly Goes into River
Two high-powered touring cars last night crashed into each other on Riverside Drive. Twelve persons were riding in the cars. Six occupants of the one machine, including three children were hurled to the road, while the second car skidded to the edge of the river bank and hung over it as if about at any moment to plunge into the swirling stream.

The weather and egg production
The Pennsylvania State Poultry Society, which is to be made up exclusively of members of local poultry associations within the State, will encourage the poultry keepers of small towns and rural districts to organize. The poultrymen of every town in the State possessing facilities for conducting poultry exhibits are now organized and the efforts of the State society will have to be made in places and sections where the prospect of holding a poultry show is out of the question.

Storrs' Station Test on Young Chick Feed
Many breeders of poultry, particularly beginners, are asking, "What and how shall I feed the baby chicks?" The answer to the question comes forth freely but seldom are any two of them alike; they differ in unimportant details if nothing else.

Telegraphic Briefs
Defeated majority candidates join nonpartisan candidates to prevent election of Socialist mayor in Milwaukee.
Wellesley College records, supposedly destroyed in the recent fire, are found intact.

Was A Blessing To This Woman.
So. RICHMOND, VA.—"I was troubled with a bearing down pain and a female weakness and could not stand long on my feet. Of all the medicines I took nothing helped me like Lydia E. Pinkham's Vegetable Compound. I am now regular and am getting along fine. I cannot praise the Compound too much. It has been a blessing to me and I hope it will be to other women."—Mrs. D. TYLER, 23 West Clopton St., South Richmond, Va.

Pains in Side, Could Hardly Stand.
Lodi, Wis.—"I was in a bad condition, suffering from a female trouble, and I had such pains in my sides I could hardly move. Before I had taken the whole of one bottle of Lydia E. Pinkham's Vegetable Compound I felt better, and now I am well and can do a good day's work. I tell everybody what your medicine has done for me."—Mrs. JOHN THOMPSON, Lodi, Wisconsin.

LEGISLATURE OUTS MONTH'S WORK UNDONE

Members in New York Will Have to Return For Extraordinary Session

Albany, N. Y., March 28.—The New York Legislature adjourned sine die early to-day leaving unfinished business that will necessitate its return in extraordinary session.

The lower house quit business abruptly at 3.27 o'clock this morning without the usual custom of sending committees to the Senate and the Governor notifying them of its intention to adjourn. At that time legislation embodying the annual appropriation bill necessary to the maintenance of all departments of the State was on the way from the Senate to the lower house.

Previously the assembly had received from the Senate the annual supply bill, coupled with another appropriation bill, known as the "construction" bill, and had rejected both of them for the reason that they contained changes from the bills which the assembly had originated in accordance with the provision of the constitution.

Resentment Expressed
Senators, regardless of party affiliations, expressed resentment when they learned unofficially that the House had terminated its existence without notice, but they proceeded placidly on their way, ending their session at 5.35 o'clock.

Senator Murtaugh, Democratic leader, charged on the floor that the assembly's act had made an extra session inevitable and put a wholly unnecessary expense burden on the people.

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Return From Panama
John J. Hargest, former register of wills, 2204 North Third street; Joseph L. Shearer, 16 North Fourth street, and Harry Knobel, 1117 Penn street, have returned from a visit to Panama, during which they inspected the canal.

Masonic Funeral For Dr. Alvin I. Miller
Masonic funeral services were held this afternoon for Dr. Alvin I. Miller, the nerve specialist, who died Thursday morning at his home, 15 South Third street.

Begin Dock St. Bridge Monday
Work on the construction of the new Dock street bridge will be started on Monday.

Why?

YOU KNOW the stores named below. You know they are leaders. You know they have reputations for clean and carefully selected stocks of merchandise.

Why do these leading stores handle Mme. Ise's Toilet Preparations?
Because chemical analysis and test prove them to be composed of high grade ingredients and to be chemically pure.
Because for nearly half a century these preparations have been used by the most popular stage favorites and by the world's famous beauties everywhere.
Because they give perfect satisfaction, and when once tried are always asked for again and again.

MADAME ISE'S ENGLISH EXQUISITE FACE POWDER—Softens and improves the skin while beautifying it. Blends perfectly with the natural tone of the complexion. Comes in three shades, Naturelle, Brunette and White. Price, 50c.

MADAME ISE'S NATURAL BLUSH ROUGE—Gives a natural tint to pale cheeks and lips. Price, 50c.

MADAME ISE'S ROSE BLUSH STICK ROUGE—A splendid rouge in a convenient form. Is healthful and soothing. Price, 25c.

MADAME ISE'S LILAC HAND WHITENER—A few drops applied after washing make hands soft and white and prevent chapping. Price, 25c.

MADAME ISE'S SKIN FOOD AND WRINKLE PASTE—Ideal for massage, feeding and nourishing the skin, filling out and obliterating wrinkles. Two sizes, 50c and \$1.00.

MADAME ISE'S FLESH WORM ERADICATOR—Cleanses the pores of blackheads, pimples and other blemishes. Has a bleaching and healing effect. Price, \$1.00.

MADAME ISE'S TURKISH BATH OIL—Keeps the skin smooth, clear and healthy. The right thing to use after automobile driving, golfing or any other outdoor sport as a substitute for soap. Two sizes, 50c and \$1.00.

MADAME ISE'S D. C. DEPILATORY POWDER—Removes superfluous hair without pain or injury. Price, \$1.00.

CENTRAL GOLDEN SEAL DRUG STORE
11 South Market Square

WEST END C. F. KRAMER
Third and Broad Streets, Harrisburg, Pa.

HILL DISTRICT BRINDLE'S PHARMACY
Thirteenth and Derry Streets

CENTRAL GEORGE A. GORGAS
16 North Third Street, Harrisburg, Pa.

GEORGE A. GORGAS
Pennsylvania Railroad Station

HILL DISTRICT W. B. GOODYEAR
Nineteenth and Derry Streets

Made by Mme. Ise's
The World's Most Famous Beauty Expert
352 N. Michigan Ave., Chicago Ill.

IF CONSTIPATED OR BILIOUS "CASCARETS"

For sick headache, sour stomach, sluggish liver and bowels.

Get a 10-cent box.

Take a Cascaret to-night to cleanse your Liver, Stomach and Bowels, and you will surely feel great by morning. You men and women who have headache, coated tongue can't sleep, are bilious, nervous, upset, bothered with a sick, gassy, disordered stomach, or have backache and feel all worn out. Are you keeping your bowels clean with Cascarets—or merely forcing a passage-way every few days with salts, cathartic pills or castor oil?

Cascarets immediately cleanse and regulate the stomach, remove the sour, undigested and fermenting food and foul gases; take the excess bile from the liver and carry off the constipated waste matter and poison from the intestines and bowels.

Remember, a Cascaret to-night will straighten you out by morning. A 10-cent box from your druggist means healthy bowel action; a clear head and cheerfulness for months. Don't forget the children—Advertisement.

Cumberland Valley Railroad TIME TABLE

In Effect November 30, 1913.

TRAINS leave Harrisburg—
For Westminster and Martinsburg at 5:03, 7:52 a. m., 8:40 p. m.
For Hagerstown, Chambersburg, Carlisle, Mechanicsburg, and intermediate stations at 5:03, 7:52, 11:53 a. m., 8:40, 5:22, 7:40, 11:15 p. m.
Additional trains for Carlisle and Mechanicsburg at 9:48 a. m. 2:18, 8:27, 5:30, 9:30 a. m.
For Ellensburg at 5:03, 7:52 and 11:53 a. m., 2:18, 8:40, 5:22 and 6:30 p. m.
Daily. All other trains daily except Sunday. H. A. RIDGLE, G. P. A. J. H. TONGE, Supt.

NOTE OUR SATURDAY SPECIALS

SCHMIDT FLORIST

313 MARKET ST. AND P. R. STATION

EDUCATIONAL SPRING TERM

Begins Monday, March 30.

DAY AND NIGHT SCHOOL

SCHOOL OF COMMERCE

15 S. Market Sq. Harrisburg, Pa.

Harrisburg Business College
Day and Night, Business, Shorthand and Civil Service. Individual Instruction. 28th year. 329 Market St. Harrisburg, Pa.

C. W. TOWNSON'S

High Grade GOOD LUCK and DANDY BRAND BUTTERINE

Good Luck, 25c lb.; 2 lbs. for 49c; 3 lbs. for 70c; 5 lbs. for \$1.15.
Dandy, 25c lb.; 2 lbs. for 49c; 3 lbs. for \$1.00.

The best grades for table, cooking and baking. We guarantee all goods we sell. Deliveries to all parts of the city. Bell phone.

528 MARKET STREET
10 SOUTH THIRTEENTH ST.

CHAS. H. MAUK THE UNDERTAKER

Sixth and Keller Streets

Largest establishment. Best facilities. Near to you as your phone. Will go anywhere at your motor service. No funeral too small. None too expensive. Chapels, rooms, taxis, etc., used without charge.

Try Telegraph Want Ads.

POULTRY NEWS ITEMS

THE WEATHER AND EGG PRODUCTION

The Best Laid Plans of Poultrymen "Gang Aft Aglee" in Winter

There are many complaints over the country that hens have not laid well the past winter; that the egg yield until within the last few weeks was low in spite of good care and everything else that could be done to promote laying. Hundreds of poultry keepers everywhere, who in years past got results at will from a feed formula all their own, failed to duplicate past records the past winter.

Some ascribe this default to one cause; some to another; there is a great difference of opinion as to why many flocks persisted in waiting until March to get down to real business. Since every known means of making hens lay was employed and still they did not lay, there is only one reasonable thing left to do, blame it on the weather.

Poultrymen after years of patient observation and experimenting conclude they have solved the problem of winter egg production. Their theory and practice works well perhaps for a number of years, but sooner or later the season comes when past experience avails nothing.

The first half of the past winter in Pennsylvania was warm and the weather at most times was humid if not wet, conditions under which we are lucky to keep our hens in good health to say nothing about production. Our present day mania for feeding much meat and other stimulating foods, coupled with these adverse weather conditions, brought many flocks into almost full molt at a time when they should have been laying fifty-cent eggs. The winter throughout was such that hens were kept in a debilitated condition the greater part of the time, there having been but few frosts in which colds were not more or less prevalent for several months.

Some breeds will stand up under certain conditions of weather better than others but don't change breeds on account of the experience of one winter. There is this bit of comfort, the other fellow probably fared no better and failed to raise a census over which you had no control.

Conkey's Starting Food for Baby Chicks

Is a ready prepared food that supplies the right elements for proper nourishment and vigor. Its use makes chicks sturdy. Prepares and strengthens them for regular ration. Saves trouble and worry. Lessens Leg Weakness. Guaranteed to satisfy or money back. 25 lbs. \$1.65, 50 lbs. \$3, 100 lbs. \$5.75. Small sizes 10c, 25c, 50c and \$1.

Conkey's Lice Powder
Dusted on sitting hens rids them of lice and keeps them free from these pests. Breeding pests, 10c, 25c, 50c and \$1.

Walter S. Schell, 1307 Market St. E. Z. Gross, 119 Market St. Elk View Poultry & Supply House, 1701 Logan St. H. H. Holmes, Enola, Pa.

We Can Hatch 40,000 Hen Eggs

In lots of 150 each or more. Send eggs to

Stouffer Poultry Farm
WHITE HILL, PA.
or write to
C. A. STOFFER,
Box 224, Harrisburg, Pa.

Single Comb White Leghorn EGGS FOR HATCHING

From Locust Grove Layers Bred for superior egg production and coming from the finest strains of English and American blood.

Several pairs headed by Tom Barron's Cockerels whose parents have records of 230-262 eggs per year.

\$1.25 per setting, \$6.00 per hundred. Write for complete price list of eggs and brooding stock.

LOCUST GROVE FARM
MARYSVILLE, PENNA.

ROCKS AND MINORCAS

Hatching eggs from prize-winning stock; first and second S. C. B. Minorca cockerel at Harrisburg show; Barred Rocks from leading prize-winners at Madison Square Garden and other New York shows. Selected cockerels for sale.

H. SPEECE, Speeceville, Pa.

Golden Wyandotts

If you want plenty of eggs in winter raise Golden Wyandotts, the most beautiful and all around purpose fowl of them all. See my free range raised thoroughbred stock.

Eggs, \$1.00 per 15; \$5.00 per 100.

T. B. LIGHTY
405 LINCOLN ST., STEELTON, PA.

EGGS FOR HATCHING

Pure Bred S. C. Rhode Island Reds and S. C. White Leghorns. 75c per setting of 15. \$4.00 per hundred.

L. G. FISCHER
Bell Phone 815 W. Camp Hill, Pa.

O-PAAC

Breaks a Cold Over Night
QUICK REMEDY FOR GRIIP
GORGAS' DRUG STORES
16 North Third St. Harrisburg, Pa.



SAVE EVERY CHICK

by feeding for the first three weeks this scientifically, perfectly balanced ration

PRATTS Baby Chick Food

It carries the new hatched brood safely through the danger period. Prevents intestinal trouble and leg weakness—makes bone and muscle—insures early maturity and strong healthy chicks.

PRATTS WHITE DIARRHOEA REMEDY
positively prevents and corrects this common disease. Now is the time to give

PRATTS POULTRY REGULATOR
to the grown birds.

Be sure substitutes; insist on Pratts.
Get Pratts 100 page Poultry Book.
Sold on Money Back Guarantee
by Dealers Everywhere