

Your Nerves Stay Young

If Revitalized With Kellogg's Sanitone Wafers. 50-CENT BOX FREE TO MEN AND WOMEN



Don't lose your 'grip'—get out of the rut of gloomy, weak-nerved existence. Know what it means to be well and really live. Kellogg's Sanitone Wafers.

Send your name and address to-day with six cents in stamps to help pay postage and packing for a free 50-cent trial box of Kellogg's Sanitone Wafers to F. J. Kellogg Co., 247 Hoffman Block, Battle Creek, Michigan.

SURE INDICATIONS OF LUNG TROUBLE

Among the indications of threatened Lung Trouble are a continued cough, fever and night sweats. A change of climate often helps, but it means that something more is needed to stop the cough and sweats and to get the progress of disease checked.

Dr. Phillips for first-class dental work. Because my reputation has put me in the front rank, my methods of practice have enabled me to adopt the most thorough and modern methods of performing dental operations.

PEOPLE OF ALL AGES



Don't worry about payments, as arrangements can be made to suit patients. Prices, \$5 and up. Crown and bridge work, 12 to 25. Fillings in silver alloy, enamel, 20c up. Gold, \$1.00 up.

REMOVAL SALE

We will move to 22 North Second street, on or before April 1st, and in order to save moving our entire stock, will sell all Floor Coverings at reduced prices.

Harrisburg Carpet Co.

231 NORTH SECOND ST. C. W. TOWSON'S High Grade GOOD LUCK and DANDY BRAND BUTTERINE

Good Luck, 25c lb., 2 lbs. for 40c; 5 lbs. for 70c; 10 lbs. for \$1.15. Dandy, 25c lb., 2 lbs. for 45c; 5 lbs. for \$1.00.

Cumberland Valley Railroad TIME TABLE

In Effect November 20, 1913. TRAINS leave Harrisburg—For Winchester and Martinsburg at 6:02, 7:52 a. m., 3:40 p. m.

RAILROAD NEWS

TEMPERANCE RULES SHOW GOOD RESULTS

Pennsylvania Railroad Campaign Continues Interesting; Last Year's Records

An interesting temperance campaign continues throughout the Pennsylvania Railroad system, and a report made public yesterday shows good results for the last year.

A recent announcement was made that in the army of 125,000 employees, it requires a close hunt to find a man who indulges in intoxicating drinks to such an extent as to interfere with his duties or bring him to the notice of his employers.

The company has a strict rule, which is rigidly enforced. During the whole of last year only 158 men were found to have broken the rule, according to a report just made.

Orders Are Posted

"The use of intoxicants by employees while on duty is prohibited," reads the order. "Their habitual use, or the frequenting of places where they are sold is sufficient cause for dismissal."

In every way the Pennsylvania Railroad management is seeking not only to enforce the rule, but to free the employees from temptations to break it.

Reading's Largest Holdings

Inquiries made into the physical condition of the Reading Railway system is bringing to light many interesting facts.

P. A. E. Widener, of Philadelphia, George F. Baker, Oliver H. Payne, John B. Manning and George F. Baer are, in the order given, the largest individual holders of the common stock of the Reading Company.

Standing of the Crews

HARRISBURG SIDE Philadelphia Division—120 crew first to go after 12:10 p. m.: 123, 107, 111, 121, 112.

Fire-fighting Cars.—Instead of utilizing old engine tanks as fire-fighting apparatus, a plan followed by the Pennsylvania Railroad, the Canadian Pacific Railroad and three tank cars built by the American Car Company.

Owned 100,000 shares of common stock, which has a market value of \$8,250,000. Chesapeake and Ohio has holdings aggregating \$20,000,000 in the Jersey Central, Lackawanna Coal Company and Lackawanna Railway shares, owns 17,500 shares of Reading, worth about \$2,877,500.

Oliver H. Payne owns 15,000 shares; John B. Manning, 8,907 shares; and George F. Baer, 3,622 shares.

The Lake Shore and the Baltimore and Ohio are the largest corporate holders of Reading, the first named holding 606,650 shares of the first and second preferred and common; Baltimore and Ohio holds 506,650 of the three issues.

Fire-fighting Cars.—Instead of utilizing old engine tanks as fire-fighting apparatus, a plan followed by the Pennsylvania Railroad, the Canadian Pacific Railroad and three tank cars built by the American Car Company.

Each car will be operated in pairs. Each car carries a tank of 8438 imperial gallons, and on the end of each car there is a 20x10 inch duplex fire pump, using steam from the locomotive boiler. The corresponding end of the other car has a rack construction on which can be carried 6000 feet of fire hose. The car is designed for weight capacity of 100,000 pounds, so standard fifty-ton trucks are employed.

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Your Easter Suit Made to measure should be ordered at once. You seldom have a chance to select from such a complete line of Spring suitings as we now offer you at the price \$15. Our Suits and English Balmacaans represent exclusive styles, new ideas made from the best weave cloth. Tailored correctly to your measure by expert workmen, cut in the latest style, is what you buy from us. STANDARD WOOLEN CO. An Institution of Many Years Standing 19 NORTH THIRD STREET Corner Strawberry Ave. ALEX. AGAR Manager HARRISBURG, PA. STORES AND AGENCIES FROM COAST TO COAST WE DELIVER FREE ALL OVER THE STATE. OPEN EVENINGS

A Favorite Picture of Next White House Bride



MISS ELEANOR WILSON

Daughter of the President, who is to become the bride of Secretary of the Treasury McAdoo some time in June. This photograph is said to be the favorite one of Miss Wilson. It is expected that the next White House bride and Mrs. Wilson will soon journey to New York to make arrangements for the wedding trousseau.

Give Your Blood A GOOD Searching Bath

An astonishing record of serious blood poisoning is said to have caught our attention. And most if not all these conditions could be averted were the blood primed, toned and purified in advance by that wonderful remedy known everywhere as S. S. S.

Love Leads Commander of Federal Gunboat to Surrender to Rebels

San Diego, Cal., March 20.—Love for the beautiful daughter of the rebel general commanding the forces at Topolobampo, Mexico, caused Lieutenant Malpica, executive officer of the former Federal gunboat Tampico to forget his allegiance to President Huerta of Mexico and surrender to the war craft to the father of the girl he loved, according to the story told by passengers arriving here yesterday from ports on the west coast of Mexico.

One Killed and Twenty Injured in Collision

Gasport, N. Y., March 20.—Glenn W. Bridgmann, of Lockport, N. Y., was killed and twenty persons were injured in a collision between two cars on the Buffalo, Lockport and Rochester trolley line at Wickiway early today.

REV. CADMAN LECTURES MONDAY

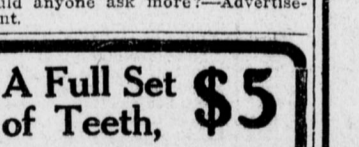
Because of death in the family, the Rev. S. Parkes Cadman, D. D., found it necessary to postpone his lecture on Wycliffe, Wesley and John H. Newman until Monday evening, the 23d.—Advertisement.

WHY SUFFER FROM UPSET STOMACH

Why suffer from upset stomach? Mi-o-na regulates bad stomachs and ends dyspepsia. If you feel melancholy, languid, or have headache, coated tongue, distress after eating, heartburn, belching of gas and indigestion, you are suffering from indigestion and dyspepsia.

THE SPIRIT OF ADVENTURE

is strong in all of us. How often do we tempt fate in our daily affairs and feel delight in the uncertainty of the outcome. Imagine, if you can, yourself entangled, being surely smothered and crushed in the hideous, writhing arms of a Giant Octopus.



The Escape of the victim is vividly described in VICTOR HUGO'S TOILERS OF THE SEA

This is only one book of the set of Six Large Imported Volumes of this world renowned French writer which we are offering for a limited time to The Harrisburg Telegraph Readers Only at a cost barely enough to pay ocean freight and customs charges.

ONLY 98c NOW

AND A LIBRARY COUPON FROM PAGE 2 DO NOT DELAY

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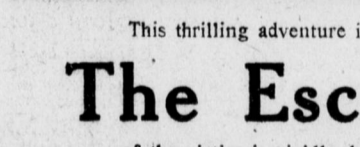
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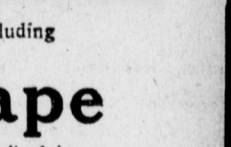
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A Full Set of Teeth, \$5



NOTE: MAKE SURE YOU GET NO GUMS IN YOUR TEETH. Come in the morning. Have your teeth made the same day. Plates repaired on short notice.

MAACK'S PAINLESS DENTISTS

310 Market Street. Open Days and Evenings. PILES are curable. All kinds of piles, hemorrhoids, and internal piles. The CAUSE is always internal. Dr. Leonard's Hem-Roid Tablets produce amazing results by attacking the internal cause. The piles are dried up and permanently cured. 24 days' treatment, \$1.00. DR. LEONARD'S HEM-ROID Tablets. Sold by Kennedy Medicine Store, Harrisburg, J. A. McCurdy, Stationer, and dealers.