Lewisberry Pastor Gives

Cyster Supper For Class

Special to The Telegraph

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On CRUSS RVER CARS

All Association

Formed as Result of Successful Institute at Dillaburg

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Marywellis, Past, March 7.— A camp

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Oyster Supper For Class MAY USE MEGAPHONES

WEST SHORE NEWS

Patriotic Americans Form New Camp at Marysville

New Camp at Marysville

Special to The Telegraph

Marysville, Pa., March 7.—A camp of the Patriotic Order of Americans was organized in Marysville Friday evening in the Castle of the Knights of Pythias. Fifty-nine charter members were taken in. The following officers were chosen:

President, Mrs. Minnie Leonard; assistant president, Mrs. Frank Rupley; vice-president, Mrs. Frank Rupley; assistant vice-president, Mrs. Frank Rupley; assistant vice-president, Mrs. Frank Rupley; assistant conductor, Miss Jennie Filekinger; recording secretary, Mrs. Stabular recording secretary, Miss Hazel Hipple; treasurer, Mrs. T. W. Whitmyer; treasurer, Mrs. T. W. Whitmyer; treasurer, Mrs. W. H. Roush; chaplain, Miss Barbara Roush; orator, Miss Gladys Rupley; guard, Miss Edna Sellers; sentinel, Miss Mary Kocher; trustees, Mrs. A handsome large altar Bible was presented to the new order by Senator Boies Penrose. Along with the Bible to sent the pen with which he signed his name. It was chanced off and was won by Miss Hazel Bower, of Harrisburg.

Clara Wilkinson, State president, of Philladelphia; George W. Shaffer, State scretary, of Reading; Harriet Watch, and Shaffer, Shaffer, Shaffer, Shaffer, Shaffer, Sh

"Who buys good meat buys many bones:

"Who buys good land buys many stones:

"Who buys good eggs buys many shells; "Who buys good ale buys nothing else."

So runs the inscription on an old English tankard. Apply it to newspapers. In order to buy the news of the world one need not buy the bones of biased information, the stones of fake advertising, the shells of sloppy typography. The Public Ledger is the good ale—a newspaper and nothing else.

Overwhelming Verdict

A few months ago, a man in no way connected with the making of Postum or the marketing of coffee, wrote to quite a number of physicians all over the country asking heir unbia ed testimony in the case of Postum vs. Coffee.

The following excerpts from their letters constitute an overwhelming verdict

In Favor of Postum

"I have discarded coffee altogether in my family, and instead use Postum which we find makes a rich, delicious drink, without any of the deleterious effects attendant on the continuous use of coffee."

"Our family have been users of Postum for a long time. We were very liberal coffee drinkers, but were conscious that coffee was harming us-our nervous system, digestion and heart action - so we quit the coffee and began using Postum. Now we relish it far more than we did coffee, and are all relieved of the old coffee troubles. As a physician I have induced several

families to quit coffee and use Postum.

"Postum - when it is desirable to leave off coffee on account of overstimulation or gastric disturbances."

· "Postum has been used in my family nearly ever since it was placed on the market, and I recommend it to my patients. It is a nourishing drink. A great many families are giving their children Postum in place of coffee with

best of results."

"I have used Postum in my family for years with the most satisfactory result,-so much so that we have practically abolished coffee, and with it the coffee headaches, nervousness, and lying awake the best part of the night."

"I drink Postum every morning, and recommend it to my friends who have 'nerves' and indigestion."

"No more coffee for me. I am using Instant Postum and advise my patients

to do likewise. I prefer it to the best coffee, and have no more sour stomach attacks as I used to." "For years I have been using Postum

in the family advocating it for my patients. I consider it to be exactly what its manufacturers claim for it. Postum is excellent in place of coffee where the latter is contraindicated. The food value of Postum plays an important part when compared with

"Have had many cases that could not drink coffee on account of its reflex action on the heart. Postum always supplies the place of coffee without the bad effects.

"I have used Postum for the past eight years in place of coffee. Before that I was troubled with frequent bilious headaches due to excessive use of coffee, and was then advised to use Postum. Since that time I have not had a single attack, which effect I attribute entirely to Postum. I frequently recommend it to others who experience equally gratifying results."

"Hardly a week goes by that I do not advise some patient with an irritable. acid stomach and nervous heart to stop at once the use of all coffee and take up the use of Postum, and always with good results."

"I am satisfied that coffee is responsible in a great degree for the premature breakdown of our active men and women. They suffer from caffeine poisoning. Of the truth of this there is not the shadow of a doubt. Our common sense tells us that the daily swallowing of caffeine - over-stimulating the heart and brain-will be followed by nervous depression, and finally by more or less disastrous results. I believe if people in general would use Postum as a beverage in place of coffee and tea their mental and physicial condition would be much improved."

In the light of such testimony it would seem the part of wisdom to stop coffee and use Postum.

Postum is a genuine food-drink, made of whole wheat and a small per cent. of molasses. Contains the nutritious values of the grain, but is pure and absolutely free from the coffee drug, caffeine, or any other harmful substance.

Postum comes in two forms:

Regular Postum-must be well boiled to bring out its fine flavor. 15c and 25c packages.

Instant Postum-a soluble form. A teaspoonful stirred in a cup of hot water-with sugar and cream added-makes a delightful beverage instantly. 30c and 50c tins. The cost per cup of both kinds is about the same.

"There's a Reason" for POSTUM

-sold by grocers everywhere.

middle fingers and injuring one of the others. The boy ran to his home in Reno street which was nearly a half mile. Dr. S. A. Kirkpatrick was summoned dressed the wounds. Wood is the 14-year-old son of Mr. and Mrs. C. M. Davis.

Party in Honor of 75th **Birthday of Jacob Collins**

Special to The Telegraph

Special to The Telegraph
Camp Hill, Pa., March 9.—Mrs. E.
R. Beatty, of Camp Hill, entertained
the children and a few friends of Jacob Collins in honor of his seventyfifth birthday, at her home on Saturday afternoon. Songs and music from
a Victrola formed the entertainment
of the guests. Refreshments were
served to Mr. and Mrs. William Fettrow, Ruth Fettrow, of Lemoyne; Mr.
and Mrs. George Collins, Earl Collins,
of Harrisburg; John Wolf, Mr. and
Mrs. E. R. Beatty, Beatrice Beatty,
Clifford Beatty and Jacob Collins, of
Camp Hill. Camp Hill.

JR. C. E. MEMBERS GRADUATE

Special to The Telegraph

Lemoyne, Pa., March 9.—With colors of white and blue, together with ferns and plants, adorning the Evangelical Church at Lemoyne last evenins, eight members of the Junior Christian Endeavor Society graduated into the senior society. A very elaborate program was rendered. Those who graduated were Sylvia Crowl, Verna Beam, Mary Brehm, Margarett Erb, Margaretta Baker, Lloyd Crow, Paul Keller, Walter Slothower and Earl Berkheimer. Special to The Telegraph

MISSIONARY MEETING

Lemoyne, Pa., March 9.—A meeting of the Woman's Missionary Society of the Evangelical Church at Lemoyne, will be held at the hime of Mrs. Wilson Slothower, at 7.30 o'clock on Tuesday evening. The Woman's Missionary Society of the Evangelical Church of Enola, will be present at this meeting.

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APPOINTED REPRESENTATIVE

Special to The Telegraph

Lemoyne, Pa., March 9.—J. A. Pryor, of Lemoyne, was appointed to represent the Evangelical Sunday school at a meeting of the No-License League of Cumberland county, which will beheld in Carlisle on Tuesday.

LECTURE ON "PASSION PLAY"

Special to The Telegraph

Lemoyne, Pa., March 9.—This evening the Rev. Minges, of the Minges Evangelistic which is conducting services in the Christian Church at Lemoyne, will give an illustrated ecture on the famous "Passion Play," Mrs. Minges will sing the "Rock of Mages," illustrated with pictures. The company will leave for Wellsville, N. Y., where they will conduct services.

DEATH OF MISS EMMA BRUBAKER Special to The Telegraph

New Cumberland. Pa., March 9.—Miss Emma Gertrude, daughter of Mr. and Mrs. Charles Brubaker, there brothers, Charles Brubaker, three brothers, Lloyd S., Charles E. and Herman L. Special to The Telegraph

New Cumberland, Pa., March 9.—
Miss Emma Gertrude, daughter of Mr. and Mrs. Charies G. Brubaker, died at the home of her parents, corner Third and Bridge streets on Saturday evening. She was 33 years old. Miss Brubaker was afflicted with eplipsy from her early childhood and was a lifelong and patient sufferer. She is survived by her parents, Mr. and Mrs. Charles Brubaker, three brothers, Lloyd S., Charles E. and Herman L., all residents of New Cumberland. Funeral arrangements have not been made.

Snavely-Baker Wedding at Matamoras Saturday Evening

Special to The Telegraph

Halifax, Pa., March 9.—On Saturday evening at 8 o'clock a pretty wedding was solemnized at the home of Jacob G. Baker, of Matamoras, when his daughter, Sarah E., was married to Abram B. Snavely, of Elizabethtown, by the Rev. J. C. Pease, pastor of the United Brethren church of the Jacksonville circuit. The bride was beautifully attired in a gown of white brocaded silk. The only attendants were Miss Ivy E. Hoffman, who served as bridesmaid and Elias B. Flowers, of Steelton, who served as best man. A wedding dinner was best man. A wedding dinner was served to the following: Jacob J. Baker, H. C. Baker, J. J. Baker, Mr. and Mrs. J. M. Wolfgang and Mabel Potteiger, of Harrisburg; Elias Flowers, of Steelton; Mrs. Martha I. Hoffman, George I. Hoffman, Mr. and Mrs. J. H. Efsenhower and Mr. and Mrs. J. H. Efsenhower and Mr. and Mrs. J. H. Efsenhower and Mr. and Mrs. Lewis Wagner and daughter, Esther, and Misses Ivy Hoffman, Alma Coulson, Elsie Grim, and Mr. and Mrs. Snavely. Captain G. I. Huffman's calithumpian band gave them an old-fashioned serenading.

WOMAN FINDS \$165 PEARL Marietta, Pa., March 9.—Saturday the family of John A. Shillow sent to Brummer's restaurant for a pint of oysters. The order was filled, and Mrs. Shillow in preparing the meal, discovered a pearl. It was examined ty two of our leading jewelers and the value is about \$165.

Recent Deaths in Central Pennsylvania

Special to The Telegraph

WHAT TO DO FOR NI URALGIA

WHAT TO DO FOR NI URALGIA

The one great symptom of neural gia grain; the one great cause is lack of made.

TAKEN TO HOSPITAL

Special to The Telegraph

New Cumberland, Pa., March 9.—
On Saturday Ars. Frank Boush, of Fourth street, was taken to the Harrisburg Hospital for treatment.

ANNOUNCE BIRTH OF DAUGHTER Special to The Telegraph

New Cumberland, Pa., March 9.—
Mr. and Mrs. Mervin Bomberger, of Market street, announce the birth of a daughter, Kathleen May Bomberger, Friday, March 6.

WILL ERECT NEW GREENHOUSES

Special to The Telegraph

Waynesboro, Pa., March 9.—Henry Eichholz, florist, proprietor of the Bith Mountain View Greenhouse, has contracted with the John C. Moning- Company, of Chicago, Ill., for two large greenhouses to be erected this summer. The greenhouses to be crected this summer. The greenhouses to be crected this summer. The greenhouses to be crected this summer. The greenhouse set of the Company of Chicago, Ill., for two large greenhouses to be crected this summer. The greenhouse will be 27x125 feet each and will contain farm of the contracted with the John C. Moning- Company, of Chicago, Ill., for two large greenhouses to be crected this summer. The greenhouse will be 27x125 feet each and will contain for the pain in all forms of neural gia and provided the new houses.

WHAT TO DO FOR NI URALGIA.

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Camp Hill People Ask For 15-Minute Trolley Service

Camp Hill, Pa., March 9,—Members of the municipal committee of the Camp Hill Civic Club are circulating petitions which will be presented to Charles Bishop, superintendent of the Valley Rallways Company, asking him to secure fifteen-minute car service between this town and Harrisburg. There is a half-hour service under the present schedule, but those interested think a change should be effected whereby they could reach Harrisburg or Camp Hill at more frequent intervals.

Uneeda Biscuit

Nourishment-fine flavor-purity-crispness -wholesomeness. All for 5 cents, in the moisture-proof package.



Baronet Biscuit

Round, thin, tenderwith a delightful flavor -appropriate for luncheon, tea and dinner. 10 cents.



GRAHAM CRACKERS

A food for every day. Crisp, tasty and strengthening. Fresh baked and fresh delivered. 10 cents.

