HARRISBURG TELEGRAPH

By ELLA WHEELER WILCOX

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"Dear Friend:

"Please permit under the print of every man and Every Woman

This letter ought to reach the heart of Shoot Birds.

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Their Married Life

By MABEL HERBERT URNER

goods was always the original tecket remarked for the occasion.

Helen always managed to have enough clothes left over to carry her through the early part of the winter, that she might wait to buy her gowns at the January "clearance sales."

This year she expected greater reductions than ever before, for several times lately Warren had said, "Things are going to be mighty cheap in the shops after New Year's. It's been a pretty dull season and they'll turneverything they can into money."

So it was with keen anticipation of getting some really wonderful bargain! Wouldn't you like to try it on?"

Helen weakens "tis gown was thrown over her later the gown was thrown over her

with gowns of various shades.

"Let me see this one," as Helen instantly glimpsed the one blue gown.

"Yes, that's more like it."

"That's an imported model, madam.

RUB SORE, LAME BACK STOPS PAIN AT ONCE

Get a Small Trial Bottle of Oldtime St. Jacobs Oil

NO BACKACHE OR LUMBAGO

Instant Relief-No Waiting-It Penetrates Right in and



ther.

"Any special color, ma'am?"

"Yes, something in dull blue—not navy."

"I'll show you what we have."

She brought out an armful of gowns, but they were either navy or a hard, bright electric blue, and almost all were of satin charmeuse.

Helen had long ago discovered that any shiny, satin-finished material was hard and unbecoming, so she always chose her gowns in soft dull silks or crepe de chine.

Last year, when Warren's mother gave her a dress pattern of pale blue satin meteor for an evening gown Helen had it made up wrong side out. The result was charming, for the wrong side had a soft, dull luster.

She often wondered why manufacturers persisted in making shiny, satin-finished fabrics, and why so many women persisted in wearing them when they were so universally trying and unbecoming.

"This is a very pretty model," the saleswoman held up another gown.
"No, I don't care for satin; haven't you anything in crepe de chine?"

"Must it be blue?"

"This time the saleswoman returned with gowns of various shades.

"Let me see this one," as Helen instantly glimpsed the one blue gown.
"Yes, that's more like it."

"That's an imported model, madam."

"All right, I'll take it. I have some lake off the dress, "I'll have to let it shade off the dress, "I'll have to let it shade off the dress, "I'll have to let it shade off the dress, "I'll have to let it shade off the dress, "I'll have to let it shade off the dress, "I'll have to let it shade off the dress, "I'll have to let it shade off the dress, "I'll have to let it shade off the dress, "I'll have to let it shade off the dress, "I'll have to let it shade off the dress, "I'll have to let it shade off the dress, "I'll have to let it shade off the dress, "I'll have to let it shade off the dress, "I'll have to let it."

"An moment! There's a little medel almost that shade I'd like you it its the windsont little model almost that shade I'd like you it seem if it's not sold. It's a bit sold almost that shade I'd like you it seem if it's not sold. It's a bit sold almos

you. "Till get Miss Walker, one of our best fitters. She'll know just what it'll need."

"All right. I'll take it. I have some lace that I'll let her fix in the neck and vest, for I particularly dislike satin next to my face."

The fitter was sent for, and with rapid skill she pinned up the gown and marked it for alteration.

"You want this a round length?"
Helen nodded and mounted the carpeted platform while the skirt was turned up and marked.

"I wish you would put in a wide inside walst belt." requested Helen.

"Oh. yes, we always do that. It gives a firmer walst line. Now about this collar, do you want it that high?"

"Oh. no—no, I hate that satin collar; just rip it off. Make it a round neck, and I'll bring you some lace, some real lace, to fill in there."

"Yes, bring your lace for the next fitting," quick to catch the idea.

"That'll improve it a lot. We'll need two fittings on this."

"How much will the alterations be?"

"Five dollars—we couldn't do it for less."

she enthused. "Have you been there? Oh, you MUST go before they're all picked over. I've never seen such reductions—their best models too."
"I just got an afternoon gown here"—began Helen.
"Oh, you should have gone to McCarthy's first! Rollins' are all right in some things—but I never cared for their gowns."

BOY'S RUSSIAN SUIT

Natty Little Garments For the Youngsters in Kindergarten and School



WITH LONG OR SHORT SLEEVES SOUARE OR SAILOR COLLAR, HIGH OF LOW SHIELD.

Penetrates Right in and
Don't Blister

Kidneys cause Backache? Not This seemed rather high, but as the gown was so cheap Helen could not cause pain. Listen! Your backache is caused by lumbago, sciatica or a strain, and the quickest relief is spothing, penetrating "St. Jacobs Oil." Rub it right on the ache or tender spot, and instantly the pain, soreness, stiffness and lameness disappears. Don't stay crippled! Get a small trial bottle of 'St. Jacob's Oil." from your druggist and limber up. A moment after it is applied you'll wonder what became of the backache, sciatica or lumbago, sciatica, neuralgia, rheumatism, sprains or a strain.—Advertisenent.

Won Huldes alterations be?"

"How much will the alterations be?"

"Flve dollars—we couldn't do it for This Seemed rather high, but as the gown to the seal the could not on the cause of the seal of the same of the backes of the gown. While the clerk went out to the ske was setting a real bargain. The shoulder sto allow freedom of much more serviceable dress, too, from, as she could wear it practically the year round. If they should go altowed with the shoulders to allow freedom of much more serviceable than the chiff, on, as she could wear it practically the year round. If they should go altowed with the shoulders to allow freedom of much more serviceable than the chiff, on as she could wear it practically the year round. If they should go altowed with the shoulders to allow freedom of much more serviceable than the chiff, on as she could wear it practically the year round. If they should go altowed with a lefen's mind glowed with a lefen's mind glowed with a large for health and the leen's mind glowed with a large for health and the leen's mind glowed with a large for health and the lefen's mind glowed with a large for health and the laterations be?"

It should be a serviceable dress, too, oncal the shoulders to allow freedom of much more serviceable than the chiff, on as she could wear it practically to the should go altowed with a large for health and the lateratio

Distinguished Educator Will Address Harrisburg People **Early Next Month**



Arrangements have been completed to have Dr. Sophonisba P. Breckenridge, dean of women and assistant professor of economics of Chicago University, speak in this city on the evening of March 21 in the interests of woman suffrage.

Dr. Breckenridge, who is known for her work in the suffrage cause and as the author of authoritative testbooks on economics and politics, will make a week's trip to Pennsylvania, speaking in Pittsburgh, Philadelphia, Lewisburg, Williamsport and this city.

The talk in this city will be given in Fahnestock Hall on the evening of Saturday, March 21.

Madame Ise'bell Continues Lesson on Physical Culture



LESSON XII-PART II.

Exson XII—PART II.

Ex. C for Balance—Raise on tiptoes, knees together, hands on hips, head erect. Now bend the knees as low as possible, up to tiptoes, down, up, for twenty times. Ex. D for Correct Poise—Three times a day, at least, stand with back against a door in such position that the back of the head, the shoulders, elbows, palms of the hands and heels will touch it. This is particularly for growing girls. If practituding the 'teens,' it is doubtful if the uring the 'teens' it is doubtful if the uring the 'teens' it is doubtful if the uring the 'teens' it is doubtful if the corse to the 'teens' it is doubtful if the corsets on) it will improve the poise and carriage of any woman.

Wand Exercises for Children and Grownups.

walking stick or with a bamboo wand three to four inches long.

Ex. 1—Hold this in a horizontal position, with arms parallel and on a line with the shoulders and hands with palms downward. Raise the wand over the head as far back as you can towards the waist line behind, inhaling with the backward movement and exhaling when you bring the arms forward to original position. This not only expands the chest and develops the shoulder and arm muscles, but works away accumulation of fat between the shoulders.

Ex. 2—Hold the wand in front of the body with the palms out, the right hand about a foot higher than the left. Now, keeping the body well poised on the balls of the feet, swing the wand upwards to the right, as high as possible, and then to the left as high as possible, and repeat ten times. This is good for strengthening under arm muscles and will reduce the times. This is good for strengthening under the times and will reduce the times. This is good for strengthening the state of the times and the total the times and the times are the times. The wand horizontally, palms in, with the arms falling full length at the sides. Keeping the body erect, lift the right foot, raising the knee as high and as close to the body as possible and step over the wand, letting only the toes touch the floor as the foot is lowered. Repeat this, over and back, ten times and then do the same exercise with the left foot.

CRIPPLE LOSES THUMB Special to The Telegraph

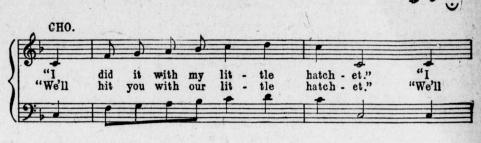
Lewistown, Pa., Feb. 23.-John Myers, an industrious man of this place, who lost a leg some years ago by fallng down a mine shaft, the leg being so badly injured below the knee that had to be amputated, has just lost thumb by getting it caught in iron shearers at the Logan Iron and Steel Works.

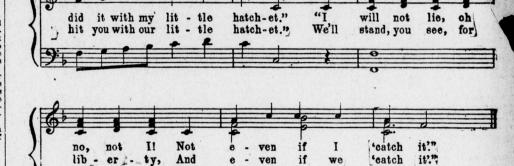
Standard Blood

gists everywhere sell and feel safe in recommending it because it gives such general satisfaction. Purifies, builds up, creates appe-tite, overcomes that tired feeling.

A George Washington Song

by EDNA GROFF DEIHL When Washing-ton was just a lit-tle boy He nev-er told a lie; His When Washing-ton grew up to be a man, Oh he was quite as brave; And, Fa - ther asked"Who chopped my cherry tree?"He answered:"It was when King George grew so ve-ry bold He said "Now you be - have!"





This "George Washington Song" was written by Mrs. Edna Groff Deihl, of Paxtang, and was sung for the first time in public by Mrs. Deihl's children at the Washington celebration of Harrisburg Chapter, Daughters of the American Revolution, this afternoon at the Young Men's Christian Association.

Mrs. James E. Dunning, of Howard, Pa., formerly Miss Daisy Fisher, daughter of C. Wesley Fisher, 1500 a hundred gall stones were discovered Eerryhill street, is recovering from a series of eight operations performed within an hour on February 13, at the

TEN OPERATIONS ON WOMAN | Shamokin Hospital. She was operated upon for appendicitis and after the incision was made more than

Are Our

Schools Wrong?

A thundering affirmative answer has

come from the parents, teachers, educa-

tors and business men of the country.

But the time for muck-raking our public

school system is passed. The question

now is, what are we going to do?

ELLA FRANCES LYNCH is ready

to tell us what we should do-how we

should approach this tremendous task of rebuilding our school system. She has

the vision, the patience and the experience. In a series of four constructive articles, the first of which appears in the

March PICTORIAL REVIEW, Miss

Lynch has a message for every parent,

teacher and educator in the United States.

\$500 for a Letter

Realizing the bigness of the subject, the publishers of PICTORIAL REVIEW invite expression

of opinion from parents, educators and particularly

the 600,000 public school teachers who, as much as the pupils, are the victims of an outworn and inefficient system of education. For the letter containing the best constructive criticism of Miss

Lynch's series of articles the Publishers will pay a Cash Prize of \$500. The names of these three

distinguished judges in this contest will be published in PICTORIAL REVIEW for May, which

TERMS OF CONTEST.—No letter must exceed 2000 words, Write on one side of paper. Have letter typewritten if possible (this is not necessary). Writers' names will not be published if requested at time letter is sent. No letters outle returned. No letters considered after May 30, 50 cleck P. M. We reserve right to publish in PICTORIAL REVIEW any of the letters submitted and pay for them at our regular space rate. The contest is open to all. Direct letters to Public School Editor, PICTORIAL REVIEW, 222-224-226 West 39th Street, New York.

The first article of the series appears in the March

PICTORIAL REVIEW

Read in Over a Million Homes

ALL NEWSSTANDS — TODAY— 15 CENTS

will be on sale April 15th.

In Kelley's Coal Yard

It's the good coal that makes heat - and the cleaner it is the better it burns.

That's the reason every ton of Kelley's coal is protected from the elements as soon as it enters the yard, and is thoroughly cleaned before delivery.

Have you enough coal to carry you through the Winter?

Better get several tons of Kelley's Hard Stove at \$6.70, or Kelley's Hard Egg at \$6.45.

H. M. KELLEY & CO. 1 N. Third St. 10th and State Streets.

GRANDMA NEVER LET HER HAIR GET GRAY

Kept Her Locks Youthful, Dark, Glossy and Thick with Common Garden Sage and Sulphur

Garden Sage and Sulphur

When you darken your hair with Sage Tea and Sulphur, no one can tell, because it's done so naturally, so evenly. Preparing this mixture, though, at home is mussy and troublesome. For 50 cents you can buy at any drug store the ready-to-use tonic called "Wyeth's Sage and Sulphur Hair Remedy." You just dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time. By morning all gray hair disappears, and, after another application or two, your hair becomes beautifully darkened, glossy and luxuriant. You will also discover dandruff is gone and hair has stopped falling.

Gray, faded hair, though no disgrace, is a sign of old age, and as we all desire a youthful and attractive appearance, get busy at once with Wyeth's Sage and Sulphur and look years younger.—Advertisement.

Cumberland Valley Railroad TIME TABLE

TIME TABLE

In Effect November 30, 1912,
TRAINS leave Harrisburg—
For Winchester and Martinsburg at 603, *7.52 a.m., *3.40 p.m.
For Hagerstown, Chambersburg Carisle, Mechanics: urg and intermediate stations at 5.03, *7.52, *11:53 a.m., *4.0, 5.32, *7.40, *11:15 p.m.
Additional trains for Carlisie and Mechanicsburg at 2 to a.m., 2:18, 5:27, 6:30, 9:30 a.m.
For Dilisburg at 5:03, *7:52 and *11:53 a.m., 2:18, *3:40, 5:32 and 6:34 p.m. o Daily. All other trains daily except sunday. H. A. RIDDLE. Sunday. J. H. TONGE, Bupt

Geo. H. Sourbier Funeral Director 1310 North Third Stree