

HOW WOMEN AVOID OPERATIONS

By Taking Lydia E. Pinkham's Vegetable Compound.

Cleveland, Ohio—"My left side pained me so for several years that I expected to have to undergo an operation, but the first bottle I took of Lydia E. Pinkham's Vegetable Compound relieved me of the pains in my side and I continued its use until I became regular and free from pains. I had asked several doctors if there was anything I could take to help me and they said there was nothing that they knew of. I am thankful for such a good medicine and will always give it the highest praise."

Hanover, Pa.—"I suffered from female trouble and the pains were so bad at times that I could not sit down. The doctor advised a severe operation but my husband got me Lydia E. Pinkham's Vegetable Compound and I experienced great relief in a short time. Now I feel like a new person and can do a hard day's work and not mind it. What joy and happiness it is to be well once more. I am always ready and willing to speak a good word for the Compound."

If there are any complications you do not understand write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

Thin Folks Who Would Be Fat

Increase in Weight Ten Pounds or More

A Physician's Advice "I'd certainly give most anything to be able to fatten up a few pounds and stay that way," declares every excessively thin man or woman. Such a result is not impossible, despite past failures. Thin people are victims of mal-nutrition, a condition which deprives the fatty elements of food from being taken up by the blood as they are when the powers of nutrition are normal. Instead of getting into the blood, all the fat and flesh producing elements stay in the intestines until they pass from the body as waste. To correct this condition and to produce a healthy normal amount of fat, the nutritive processes must be artificially supplied with the power which nature has denied them. This can best be accomplished by eating a Sargol tablet with every meal. Sargol is a scientific combination of six of the best strength-giving fat-producing elements known to the medical profession. Taken with meals, it mixes with the food and turns the sugars and starches into rich, ripe nourishment for the tissues and blood and its rapid effect is remarkable. Reported gains of from ten to twenty-five pounds in a single month are by no means infrequent. Yet its action is perfectly natural and is so entirely harmless. Sargol is sold by C. A. Grogan and other good druggists everywhere and every package contains a guarantee of weight increase or money back.

TONSILINE WOULD QUICKLY RELIEVE IT. SORE THROAT. EVEN IF YOU HAD A NECK AS LONG AS THIS FELLOW AND HAD AS LONG AS THIS FELLOW AND HAD.

RIVIERA-ITALY EGYPT LARGEST STEAMERS To the Mediterranean ADRIATIC CELTIC

Cumberland Valley Railroad TIME TABLE In Effect November 30, 1913.

Kirk Brown to Present High Class Plays at the Majestic Next Week



The repertoire of first-class attractions announced for the Majestic Theater next week by the Kirk Brown Stock Company includes a number of pieces that have called for high prices, and with no better productions than will be given by Mr. Brown. The Kirk Brown Company is carrying several carloads of scenery that will give each play its proper setting, and the company that surrounds the star has been highly complimented in other cities. During this engagement there will be a matinee every day and the management calls attention to the fact that at all the matinees the same high standard of excellence is maintained as at the evening performances. Few theatergoers stop to consider the immense cost of an undertaking such as Mr. Brown will present here for a limited engagement, and the question is often asked, how it is possible for Mr. Brown to present such an elaborate and expensive repertoire at these low prices. The answer lies in a great number of people who flock to see Mr. Brown, assure him of crowded houses at all performances. The week's program, as laid out, will be as follows:

Monday matinee—"Thais." Monday evening—"The Woman in the Case." Tuesday matinee—"The Matchmaker." Tuesday evening—"Thais." Wednesday matinee—"The Woman in the Case." Wednesday evening—"The Matchmaker." Thursday matinee—comedy day—"Brown in Town." Thursday evening—"Brown in Town." Friday matinee—"The Middleman." Friday evening—"The Merchant of Venice." Saturday matinee—"The Two Orphans." In which Mr. Brown will wear two costumes costing \$2,000. Saturday evening—"The Wall Street Saturday."

RAILWAY MAIL HEAD GUEST AT BANQUET

Alexander Stephens Shows Present Day Efficiency Over That of 10 Years Ago. Alexander A. Stephens, superintendent of the federal railway mail service, came here from Washington yesterday and was entertained as the guest of honor at a banquet given by the Harrisburg branch, Railway Mail Clerks' Association, in the Masonic Temple. Among the 150 guests at the banquet were city, State and Post Office officials. J. H. Rhinehart, president of the Harrisburg branch, was toastmaster. Mayor Royal made the address of welcome. Seated at the speaker's table were Mayor Royal, Postmaster Frank C. Sites, Alexander A. Stephens, J. L. Slicke, Henry Houck, State Secretary of Internal Affairs; John Price Jackson, Commissioner of Labor and Industry, and Congressman Aaron J. Kreider. Mr. Stephens spoke on the "Efficiency of Railroad Mail Service." He told of the service of ten years ago and then showed how present day methods are more efficient. He complimented the Harrisburg men on their work. The committee which arranged the banquet consisted of H. Rhinehart, C. S. Goodman, E. L. Sarver, W. J. Ney, L. F. Mogel, C. L. Bull, W. J. Earley.

IMMIGRANT CHILDREN IN HARRISBURG

Generations of outdoor living have bred strong constitutions with ruddy cheeks and firm flesh. Yet the cramped and crowded conditions of living here, in direct contrast to their old life, find ready victims of tuberculosis among them. It is from this disease that they suffer most. Almost without exception these foreign children possess the soft, lustrous Celtic eyes heavily fringed and full of expression. "Little Mother" to thirteen German, a pupil of the Penn building school, is the sole housekeeper for her father and brother, cooks, sweeps and cleans, sees that the little sister is sent to the fresh air school every morning, does all the family washing and ironing and yet finds time for her studies. How many of our American children could equal that record? In another grade there is Draga Puntorari, a young Rumanian girl of fifteen, so anxious for an education that without self-consciousness she willingly lets a little fellow-countryman of six interpret for her. These foreign children are natural mimics and employ this art constantly in learning our customs. They are observant and keen and instinctively fond of music. How could America be the worse for the mingling of the blood of her future men and women with that of these others? It is all a matter of absorption—of the ability of the melting pot of America to turn this raw material into citizenship without damaging the material.

Women's 50c Silk Boots. Lowest Prices of the Week. FOUNDED 1871. LOOK FOR THE GREEN SIGNS. Women's 25c Lisle Hosiery. Boys' 50c Knee Pants. Children's 59c Underwear. Women's 25c Knee Pants. Men's 50c Night Shirts. Boys' 50c Dress Shirts. Men's 17c Half Hose. 6c to 12 1-2c Wall Papers. 39c to 98c Knitted Skirts. Women's \$1.00 Flannelette Gowns. Infants' 25c White Skirts. Infants' 25c Skirts. Children's 25c Washable Dresses. \$2.98 and \$3.50 Aluminum Tea Kettles. 25c and 29c Coal Hods. 75c Stove Boards. 15c Crinkled Crepes. Boys' \$2.90 and \$3.98 Suits. 25c Embroidery Galleons. 10c Daisy Flannel. 12 1-2c and 15c Cretonnes. Women's \$1.50 and \$2.00 Shoes. Women's \$1.50 and \$2.50 Shoes. Misses' \$2.00 and \$2.50 Shoes. Children's \$1.50 and \$2.00 Shoes. Men's and Boys' \$1 Caps. Men's \$8.50 Mackinaw Coats. 50c Rolls. Japanese Matting. 50c New Process Linoleum. Boys' \$2.00 and \$2.50 Shoes. Men's \$2.50 and \$3.00 Shoes. 25c Ball Fringes. 25c Silk Fringes. 5c and 10c Laces. Yard-wide Percales. Women's 50c Chamois Gloves. Prescription Soap.

Dr. Widder Again at Head of Health Board. Dr. George H. Widder was last night re-elected president, and Dr. J. M. J. Raunick, secretary, of the Board of Health. City Clerk Miller met with the board and read the Councilmanic resolution by which it was decided to retain the body.

HUNTING FOR WILDCAT. Lewistown, Pa., Jan. 29.—Ever since the wildcat was chased from the chicken coop of Edward Sigler, a short distance east of Lewistown, about a week ago, people in that section have been sleeping with one eye open. The animal has been seen since at several points. Its shrill cries can be heard at night, and many people are not venturing out after dark in that section of the country unless they are armed.

BIG LOAD OF CASES. Special to The Telegraph. Hillsburg, Pa., Jan. 29.—Lewis W. Wiloy, who has contracted to haul the raw material from the Hillsburg depot to Wellsville for the Wellsville Whip Company, and the finished goods back, making a trip each day, yesterday hauled an entire carload of empty wooden packing boxes on one wagon load. The load was drawn by six mules.

Prescription Soap. Standard skin remedy—a liquid soap externally—instant relief from itching—the mildest of cleansers—keeps tender and delicate skins always clean and healthy.