



A Plain Business Proposition

Can you afford to go on suffering from biliousness, sleeplessness, heart flutter and various other troubles so often brought on by coffee drinking, just because you like coffee?

Thousands have quit coffee and are using Postum, and to their joy find that the annoying coffee troubles have quickly disappeared. Not only that, but they find Postum a delightful bev-erage, with a rich flavour resembling that of Old Gov't Java.

Postum, unlike coffee, contains no caffeine nor other drug. Made only from clean hard wheat, with a small per cent of New Orleans molasses, it is a pure, wholesome food-drink which can be freely enjoyed with benefit by all the family.

Postum now comes in two forms:

Regular Postum-must be boiled 15 to 20 minutes.

Instant Postum-is a soluble powder. A scant teaspoonful to each cup of hot water dissolves instantly.

The convenience of Instant Postum is apparent. But, when prepared according to directions both kinds are exactly the same. The cost per cup is about the same.

-Grocers everywhere sell both kinds.

If coffee don't agree, try POSTUM "There's a Reason"

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TO INSPECT GUARD

to Amount of \$5,000 Claiming \$5,000 damages Lloyd S. Stonesifer to-day, through his coun-sel, John A. Herman, began and against Frank C. and Florence Cock-lin, for allenating his wife's affections. The stitement will be filed it is said within a day or two. The result, if is understood, is largely the result of a family quarrel. Ston-t sifer contends that while he lay in the Harrisburg hospital Mrs. Cock-lin, who is a sister of Mrs. Stonsifer-induced the latter to leave the plain-tiff's home and live with Cocklins. When he returned from the hospito have \$5,000 damages for the pain ti-have \$5,000 damages for the pain ti-have \$5,000 damages for the pain ti-have stone down and live with cocklins. When he returned from the hospito have \$5,000 damages for the pain ti-have the pain ti-have the pain ti-have the pain ti-have t The dates for the Eighth Regiment are as follows: Headquarters and Companies D and I, Harrisburg, Tuesday, April 21. Band and Company G, Carlisle, Monday, April 20. Companies A and K, York, Thurs-day, April 16. Company B. Tamaqua, Wednesday, April 22. Company C, Chambersburg, Friday, April 17. Company C, Chambersburg, Friday, Company F 200

Harrington Head of

April 27. ond, 17; A, 20; G, 16; Second Squad-ron headquarters and Governor's Troop, April 6; Sheridan, Tyrone, 4; F. New Castle, 10; H. Coraopolis, 9. Hospital Corps Detachments and Field Hospital No. 1.—First Infantry, Philadelphia, April 8; Second, 7; Philadelphia, 9; Eighth, Tamaqua, 7; Ninth, Wilkes-Barre, 9; Tenth, Con-mellsville, 17; Twelfth, Sunbury, 10; Thirtd, 6; Fourth, Allentown, 6; Sixth, Philadelphia, 9; Eighth, Tamaqua, 7; Ninth, Wilkes-Barre, 9; Tenth, Con-mellsville, 17; Twelfth, Sunbury, 10; Thirtdenth, Scranton, 8; Fourteenth, Pittsburgh, 13; Sixteenth, Franklin, 11; Eighteenth, Pittsburgh, 15; Sec-ond Squadron Cavalry, New Castle, 16; field hospital No. 1, Pittsburgh, 14. The regular army officers detailed are as follows: Captain W. M. Fas-sett, signal corps; Captain W. D. A, Anderson, engineers; Captain L. T. Robinson, field artillery; Lieutenant W. H. Bell, Eleventh Cavalry; May METROPOLITAN HOTEL OFFICERS

REGULARS NAMED

[Continued from First Page.]

Company F, Huntingdon, Tuesday, April 28. Company H. Pottsville, Thursday, April 23.

Company L, Bedford, Monday, April 27.



The annual election of officers for the Metropolitan Hotel Company was held yesterday afternoon in Common-wealth Trust Building, 222 Market street. The following officers were elected for the ensuing year: Chris-tian Naues, president: M. P. Johnson, vice-president; Daniel S. Seitz, treas-urer, and E. Bruce Taylor, secretary. Alvzays bears Signatu

Company E, Mahanoy City, Friday. April 24.

not damages for the pain it morning till night by the care of chil-dren and the duties of the household; nervous children worn out by over-study, unable to sit still or stand still or to keep their minds concentrated on anything very long, both need Dr. Williams' Pink Pills to build up the blood and strengthen the nerves.

Having acted in the capacity of manager since November 1, 1913, B. B. Harrington has been recently of ganization. His connection with the local branch dates from August, 1912, when inshing his factory course at the plant of the Packard Motor Car Com-pany at Detroit. Mr. Harrington is a prominent local man, being a member of the Engi-; neers' Club of Pennsylvania and well-

of

them. Nervousness in children should be corrected at once, as it is but a short step to St. Vitus' dance. Give them Dr. Williams' Pink Pills to build up their blood and they will become sturdy, pink-cheeked and rugged.

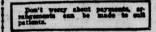
Dr. Williams' Pink Pills should be kept in the house. Your own druggist can supply you. Write now to the Dr. Williams Medicine Co., Scheneo-tady, N. Y., for free booklet, "Home Treatment of Nervous Disorders." — Advertisement.



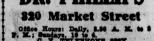
ADMIRAL DEWEY WANTS FOUR NEW BATTLESHIPS

joys of life because the slightest io-lent exertion may cause the truss to slip and the rupture to displace? Do not put up with these things, Get Captain Collings' absorbingly interest-ing book and his free remedy that is so generously offsred to those who suffer as he did for so long. Costs you not a peny-places you under no ob-ligation whatever. Just send your address to Capt. W. A. Collings, Inc., Eox 196, Watertown, M. Y. and re-ceive book and remedy free of all charge and prepaid. Every day you delay is. day of increased comfort and happiness lost.





DR. PHILLIPS



Hours: Daily, 8.80 A. 1 Sundays, 10 to A. D. V. THINFHORE SECT LADY ATTENDANT largest and most the