

BURDENS LIFTED
 From Harrisburg Backs — Relief
 Proved by Lapse of Time
 Backache is a heavy burden;
 Nervousness, dizziness, headache,
 Rheumatic pain, urinary ills,
 All wear one out.
 Often effects of kidney weakness.
 No use to cure the symptoms,
 Relief is but temporary if the cause
 is not removed.
 If it's the kidneys, cure the cause.
 Doan's Kidney Pills are for kidney ills.
 Read about your neighbor's case.
 Here's Harrisburg testimony.
 The kind that can be investigated.
 Mrs. D. W. Fry, 438 South Second
 street, Harrisburg, Pa., says: "It gives
 me great pleasure to recommend
 Doan's Kidney Pills and to confirm my
 own statements regarding the cure
 they gave me. The cure has been
 permanent and I have not had any
 return of the trouble. Another of my
 family has had great relief from a
 stubborn case of kidney complaint by
 using Doan's Kidney Pills."
 For sale by all dealers. Price 50
 cents. Foster-McMillan Co., Buffalo,
 New York, sole agents for the United
 States.
 Remember the name—Doan's—and
 take no other.—Advertisement.

700 UNNECESSARY DEATHS EVERY DAY
 Preventable Sickness and Death
 Cost Half a Billion Per Annum

What the people of the Twentieth Century have been doing and the number of things that remain to be done are explained in the second talk given by Dr. Henry H. Pringle, at the Heights Methodist Episcopal Church last night.
 Dr. Pringle reviewed the work in defeating forces and diseases that have destroyed men and property and the prevention of unneeded deaths. He pointed out the fact that the loss of life through disease and accidents is estimated at \$500,000,000 yearly, and that 700 unnecessary deaths occur every day.
 About 1,500,000 persons die annually in the United States, but 630,000 of these deaths are unnecessary. The preventable, or near preventable, cases are largely from seven causes: pneumonia, tuberculosis, intestinal diseases of infancy, industrial accidents, cancer, phthisis and venereal disease. This is a rate of 1,700 unnecessary deaths every day, or more than the lives lost in the Titanic disaster. Also, 5,000,000 people are constantly on the sick list in the United States. Half of this disease is preventable. This preventable sickness and death costs at a conservative estimate \$500,000,000 a year.
 The three great agencies of public health are the press, insurance companies and the Government. Health education gives the most thorough match with white slave law, children bureau, meat inspectors, laws against habit-forming drugs, pure food laws and inspection of meats.
 The Rev. Mr. Pringle will speak tonight on the subject of "Municipal Problems," at 7:30. Tomorrow afternoon at 2:30, he will address the Woman's Christian Temperance Union on "War vs. Alcohol."

TANK STEAMER BEING TOWED
 By Associated Press
 Washington, D. C., Jan. 20.—The tank steamer *Energie*, of Hamburg, Germany, with 200 men and engine rooms under water to the main deck to-day being towed to Jacksonville, Fla., by the revenue cutter *Yamacraw*. The *Energie* struck a shoal January 17 and the *Yamacraw* and another cutter were on hand to assist. The crew are aboard. Others were taken off by a wrecking tug and landed at Charleston, S. C.

KILLS SWEETHEART'S FATHER
 Mobile, Ala., Jan. 20.—C. King, Jr., an automobile supply dealer in this city, is under indictment for the murder of Charles Sweetheart, father of Miss Enora Frendhoff, in whose company King was driving an automobile last night in a street near the city home.
PASSES FAIRLY GOOD NIGHT
 London, Jan. 20.—Lord Strathcona of Mount Royal, high commissioner in Canada, continued to lose ground this morning although he passed a fairly good night.

The Joy Of Coming Motherhood
 Wonderful Remedy That is a Natural Aid and Relieves the Tension.
 Mother's Friend, a famous external remedy, is the only one known that is able to reach all the different parts involved. It is not to families of railroad employes. Taking up the objection to issuance of passes by a man who said employers of merchants and others did not enjoy privileges like railroad men the speaker said that the railroad men were to require that a grocer's clerk who secured flour at a discount should keep that flour for his exclusive use and not allow his wife to eat of the bread baked therefrom.
 It would be unfair also to assume that the law ever contemplated preventing a railroad from transporting a fire company from a city to a burning village. The speaker pointed out how the restriction of passes to Interstate travel could be evaded by a trip a few miles over a State line and argued that the issue of passes had been long considered as a part of compensation.
 Replying to a question by Chairman Ewing the speaker said it was assumed that the commission had jurisdiction in the case.
 John R. Geyer Harrisburg taking up the testimony of Samuel H. Smith, of this city, chairman of the general board of railroad and Ohio provided for membership in relief association as a condition of employe and said that for years the issuance of passes to families of railroad employes had been recognized as a matter of course and would not be able to retain men in isolated places unless they gave school passes so that their children could enjoy educational advantages in larger communities.
 In addition to the trainman Senator Beidleman represented the Brotherhood of Locomotive Engineers, the Order of Railway Conductors and the Order of Railway Telegraphers.
 R. W. Barrett, New York, representing the Lehigh Valley Railroad, said that issuance of passes to employes and dependents had been an established policy of his company for years and that in his opinion there is nothing in the act to prevent the company issuing passes.
 When asked by Chairman Ewing if his company wanted the commission to make an order allowing passes, Mr. Barrett said that the companies had been leaning backwards so long from fear of being taken to a great hardship if reduced rates were withdrawn from them that they seldom if ever traveled Interstate. The bishop argued that

RUNKENNESS
 A curable disease, which requires treatment. The ORRINE treatment is used with absolute confidence. destroys all desire for whiskey, beer, other intoxicants and can be given in home. No sanitarium expense, loss of time from work. Can be secret. If after a trial you do not get any benefit from its use or money will be refunded.
 ORRINE is prepared in two forms: a secret treatment, powder, ORRINE No. 2, in full form, for those who desire to take voluntary treatment. Costs only \$1.00 a box. Come and talk over the matter with us. For booklet, George A. Gorzans, North Third street; John A. McEddy, Steelton, Pa.; H. F. Brunhouse, Chesapeake, Pa.—Advertisement.

RAILROAD NEWS
AUTOMATIC SWITCHES
READING RAILS
 Will Be Put in Service March 1 and Do Away With 20 Switchmen

Unless weather conditions prevent the new automatic switching system in the Rutherford yards of the Philadelphia and Reading Railway, will be put in operation on or about March 1. Tests may be made for the benefit of a number of sheets at the same time.
 This new system will throw at least twenty switchmen out of position, who include all the men who operate the work of five men. The new system will include all the work of five men, who will be operated from a tower centrally located, and the care of drafts traveling east and west.
 Wires running through underground concrete conduits will convey the wires from the switches to the tower. Three or more men in the tower will be connected with the yardmasters and receive orders. Notice will be given as to the number of track the first draft will carry, the number of the track to which the second draft will be assigned, and the number of the draft will not number where the following draft will be shifted.
 The men in the tower will be given manifolds showing the cars and numbers, and will also watch closely the numbers on each draft. Simply by pressing a button, the cars will be sent over a ladder of tracks to their destination, going away with the necessary power to move the switches. During bad weather a code of signals will be followed, which will enable the men in the tower to get the correct numbers. The system is similar to that now used in Enola yards.
Conductor Injured.—Sunbury, Pa., Jan. 20.—When a train was stopped suddenly, the result of the swinging of the danger board to the engineer, George Lenker, of Sunbury, a Williamsport Division conductor of the Pennsylvania Railroad, was jolted against the cabin and received a fractured skull. He was taken to the Mary Packer Hospital in a serious condition.
George W. Dissinger, aged 25 years, a flagman on the Philadelphia and Reading Railway, and running between Philadelphia and Sunbury, was instantly killed to-day when he was swept off the top of a freight car by a train from Philadelphia. The man was riding on the last car of a freight train en route to Harrisburg, which was backing the bridge to train on and the body was found later by a switchman.
 Dissinger is survived by a wife and one child, who reside at Richmond, Pa. He had been employed on the Reading road for two years. He came to Rutherford from Richmond, Pa., where he had been employed for several years. He was a member of the Pennsylvania Railroad Relief Department.

THE READING
 Harrisburg Division—15 crew first to go after 9:30 a. m.: 18, 20, 22, 19, 16, 17, 15, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1. m.: 54, 71, 67, 59, 68, 70, 63, 61, 60, 58, 57, 56, 55, 54, 53, 52, 51, 50, 49, 48, 47, 46, 45, 44, 43, 42, 41, 40, 39, 38, 37, 36, 35, 34, 33, 32, 31, 30, 29, 28, 27, 26, 25, 24, 23, 22, 21, 20, 19, 18, 17, 16, 15, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1. m.: 54, 71, 67, 59, 68, 70, 63, 61, 60, 58, 57, 56, 55, 54, 53, 52, 51, 50, 49, 48, 47, 46, 45, 44, 43, 42, 41, 40, 39, 38, 37, 36, 35, 34, 33, 32, 31, 30, 29, 28, 27, 26, 25, 24, 23, 22, 21, 20, 19, 18, 17, 16, 15, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1. m.: 54, 71, 67, 59, 68, 70, 63, 61, 60, 58, 57, 56, 55, 54, 53, 52, 51, 50, 49, 48, 47, 46, 45, 44, 43, 42, 41, 40, 39, 38, 37, 36, 35, 34, 33, 32, 31, 30, 29, 28, 27, 26, 25, 24, 23, 22, 21, 20, 19, 18, 17, 16, 15, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1. m.: 54, 71, 67, 59, 68, 70, 63, 61, 60, 58, 57, 56, 55, 54, 53, 52, 51, 50, 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