iring the year ended in September last als were sentenced in Iowa.

To Cure Constipution Forever. Take Cascarets Candy Cathartic, 10c or 25c Several of Shakespeare's plays have been translated into Japanese.

Pains and Aches

Of Rheumatism Make Countless Thousands Suffer.

But this disease is cured by Hood's Sarsaparilla, which neutralizes the acid in the blood. If you have any symptoms of rheumatism take Hood's Sarsaparilla at once and do not waste time-and money on unknown preparations. The merit of Hood's Sarsaparilla is unquestioned and its record of cures unequalled.

Hood's Sarsaparilla

IsAmerica's Greatest Medicine for rheumatism ' Hood's Pills cure all liver ills. 25 cents.

Spider Web Balloon Netting.

Some ten years ago a French missionary started the systematic rearing of two kinds of spiders for their web, and the Board of Trade Journal states that a spider web factory is now in successful operation at Chalais-Mendon, near Paris, where ropes are made of spider web intended for balloons for the French military aero-nautic section. The spiders are arranged in groups of twelve about a reel, upon which the threads are wound. It is by no means easy work for the spiders, for they are not released until they have furnished from thirty to forty yards of thread each.

The web is washed, and thus freed of the outer reddish and sticky cover. Eight of the washed threads are then taken together, and of this rather strong varn cords are woven. which are stronger and much lighter than cords of silk of the same thickness. These spider web ropes are very much more expensive than silk ones, but it is hoped to reduce their cost somewhat in the future. - Nature.

NERVOUS DEPRESSION.

[A TALK WITH MRS. PINEHAM.]

A woman with the blues is a very uncomfortable person. She is illogical, unhappy and frequently hysterical. The condition of the mind known as

"the blues." nearly always, with women, results from diseased organs of generation. It is a source of wonder that in this

age of advanced medical science, any person should still believe that mere force of will and determination will overcome depressed spirits and nervousness in women. These troubles are indications of disease.

Every woman who doesn't understand her condition should write to Lynn, Mass., to Mrs. Pinkham for her advice. Her advice is thorough common sense, and is the counsel of a learned woman of great experience. Read the story of Mrs. F. S. BENNETT, Westphalia, Kansas, as told in the following letter:

DEAR MRS. PINKHAM:-I have suffered for over two years with falling, enlargement and ulceration of the womb, and this spring, being in such a weakened condition, caused me to flow for nearly six months. Some time ago, urged by friends, I wrote to you advice. After using the treatment which you advised for a short time, that terrible flow stopped.

"I am now gaining strength and flesh, and have better health than I have had for the past ten years. I wish to say to all distressed, suffering women, do not suffer longer, when there is one so kind and willing to

Lydia E. Pinkham's Vegetable Compound is a woman's remedy for woman's ills. More than a million wemen have been benefited by it.

PIMPLES

the has been taking CASCARETS and they have all disappeared. I had been troubled with constipation for some time, but after tak with constipation for some time, but after taking the first Cascarret I have had no trouble
with this aliment. We cannot speak too highiy of Cascarets." FRED WARTMAN.
5708 Germantown Ave., Philadelphia, Pa



CURE CONSTIPATION. Bierflag Hemedy Campany, Chicago, Houtreal, New York, 514

NO-TO-BAC Sold and guaranteed by all drug-BETTER THAN BUTTER

Butterine is. That is, it is better than very nearly all butter. The best butter that can be produced is as good as Butterine. It isn't better. It can'be. And the butter is as good only at the moment it comes from the churn. It doesn't stay so. Butter and Butterine remain on a parity only for a few moments. The butter begins to deteriorate immediately. The Butterine doesn't.

Why do you not buy Butterine?
It's because you are preindiced. You have been told that Butterine is artibeial. What does artificial massa? It means a variety of things according to circumstances. Butterine is artificial. No is butter. Butterine is minimatured by a process. Butter is manufactured by a process. One is just as artificial as the other. The elements of both are produced by nature. Both come from the same asimal.

And these elements are practically indentical.

And these elements are practically indentical.

That's why butter can't be better than Butterine.

Pure Klondike gold can't be any better than pure

Criople Creek gold, Gold is gold. Certain elements

are the same whether in butter or Butterine—

whether in the milk or the fat of a cow.

The difference between Butterine and the best

butter is mostly in the process of making. The

Butterine process is superior and is a guarantee of

purity.

And with all its merits Butterine costs less than matter only 13rc, per pointd. And at this low price we will send it to you express propaid.

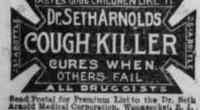
10 b packages in 3 b rolls.

46 b packages in 3 b rolls.

46 b packages (solld).

Ton are sujoying other modern masterpieces of science; why not this wholesome and economical one! We want you to try it.

WILKINS & CO., 208 9th Street, N. W. Washington, D. C. P. O. Bex 365. ducing the low-priced staple crops of this country.



tility of the Farm Lands. The greater part of the farm land of tion a comparatively short time. The soil was very productive, as a rule, when cropping was begun, indicating the presence of an abundance of availespecially west of the Alleghanies, we already hear much about "worn" and

"unproductive" soils. New land, after a few years of cropping, ceases to produce as well as it did at first, and no farmers than that of maintaining the productive power of the soil.

Many people have jumped to the conclusion that, as we draw hundreds of millions of bushels of wheat, corn, oats, rye, potatoes, etc., from the farms to meet the demands of our markets each year, the depletion of our soils must be an unavoidable result until we are willing to buy and return to our land all the phosphoric acid and potash that these crops have removed, and, in addition, all the nitrogen that has not been replaced from the stores in the air by the use of plants like clover. The theory is a pretty one on its face, and it only needs truth to make it valuable. The three elements named are not the only ones removed from the soil by crops, but the other elements are not considered because they are available in most soils for the full requirements of plants. Science points out the fact that the phosphoric acid and potash are in great present abundance in all naturally fair soils, but we do not find these elements in available form to the extent required by plants. If we can make some of these stores available, it is just as irrational to depend upon outside sources-commercial fertilizers-for all the phosphoric

Usually a worn soil is unproductive because it does not have a full supply cropping has used up the available supply of nitrogen, phosphoric acid and fects the supply of moisture, was known that the legumes, such as clover and peas, furnish cheap nitrogen, it is phoric acid and potash. The great un-But science is coming forward with explanations of what the practical farmer already knew, viz.: A rotting sod in the soil secures to a crop planted in it a supply of available elements,

always contains an available supply.

exhausts the organic matter in it rap- tains considerable quantities of each and then comes a state of partial in an inert form requiring n soil "exhaustion." The plowing-under liberate it and make it available as of sods and manurial crops results in plant food. For this reason farmers the freeing of mineral plant food in use legumes, mainly peas and crimson the soil, and in such improvement of clover, as the cheapest way of obtainthe mechanical condition that a supply of moisture may be controlled. A clover sod cannot add a pound of phos-cals, must be purchased the muriate phoric acid to land, but careful experiis cheaper than the sulphate and quite ment showed that there was twice as as satisfactory. On most crops, much available in the soil after crim- especially grains and fruits, one part son clover had been turned under as of muriate of potash and three parts was the case before it was grown. In of bone meal will give good results, its growth, doubtless, and in its fer- increasing the bone meal two or three mentation, some of the original supply parts if it be used exclusively for in the land was made available. A ra- grain crops. In lands where phostional system of maintaining fertility phoric acid is deficient, as it generally means the maintenance of the original is where dairying is the chief inhigh percentage of humus by the dustry, the formula of bone meal and plowing-under of sods and manurial muriate of potash applied at the rate crops, with the certainty that where of from 350 to 500 pounds to the acre. the percentage of vegetable matter in using unleached stable manure to obthe soil is kept high, there will stores tain the required nitrogen, will bring of mineral elements be made available the soil up to the normal condition sufficiently to afford a cheap and valu- quickly.

able supply. The soil whose percentage of humus has run low as a result of constant cropping without the incorporation of sods, stable manure or other organic matter with it, is in an almost helpless condition. It cannot tree the mineral elements for its use as fast as needed, stinate. and it loses control of the moisture. Becoming hard-packed, it is sodden against calumny. after a rain, and then very dry after a short drouth. By the application of costly available plant food in the form of chemicals, such land will produce a good crop in a moist season. Influenced by specious reasoning, not a few farmers have supposed that no be the last to forgive you. other way of securing and maintaining productiveness is practicable, and pass, but our ship, is gone. that there is a nearly total dependence upon outside sources for the the altar, love is the incense. three valued elements of fertilizers. The necessity of humus is lost sight of. When a soil is in this helpless condition, fertilizers are necessary for the growth of a heavy sod, and herein is a sensible use of them; but the sod should be used to enable the soil to begin helping itself. When the humus content is kept large, productiveness remains without the use of fertilizers. The natural strength of the soil becomes the main source of plant food, and it is a cheap source in general farming. To the supply of or- cases their coloration is highly proganic matter, affecting the inert minerals and the moisture in the soil, a luxuriant vegetation, while gray there may be added available minerals for securing maximum crops, if local tricts. The skin, which consists of a conditions justify the expenditure. coat of scales, formed from the epi-That is a matter for experiment; the dermis and generally overlapping presence of decaying vegetation is a each other, is shed during the sumnecessity-the foundation-stone of good farming and the saviour of coil being covered with a delicate film or

elements needed by soils, and clover body, and as a rule possesses a vertiadds nitrogen, yet much of the value cal keel along the centre of the scales. of these two great fertilizers consists while the non-poisonous snakes have in the effect of the large body of or- small heads, long bodies and no keel ganic matter fermenting and remain- on the scales. ing in the soil. While bringing plant food directly, they have an equally The amount appropriated by our great value, probably, to worn soils in Government for Indian school purother ways. - New York Tribune.

for them to suppose it is also best with milk vessels also. We have often seen housekeepers put scalding-hot water Rational Methods to Maintain the Ferinto tin or wooden pails or pans where some milk clung to the sides. Of course the hot water curdled the milk. this country has been under cultiva- as it probably expelled most of the air from this curd; so soon as it cooled it would adhere with a pressure of fifteen pounds or something less to the sides of the tin or wooden vessel. The truth able plant food. Notwithstanding the is that cold water with a little soda in briefness of the period of cultivation, it is much better to wash out dairy utensils than hot water is. The latter may be used after all the milk has been removed, and then it should be applied hot enough to kill all the germs that adhere to the sides of the dish. problem is of more general interest to The soda, being alkaline, is rather preservative than destructive of germs, especially when the germs come in contact with grease. Every housewife knows how hard it is to clean a dirty and greasy dishrag. Only putting it repeatedly in boiling hot water will do

Many who keep dairy utensils comparatively clean in hot weather fail as fall and winter, with colder temperature, begin. Probably they take more pains to clean dairy utensils in hot weather, thinking that the danger from spread of bacteria is greatest. If they mean only that in hot weather the bacteria will, if let alone, increase fastest, their reasoning is correct. But it leaves out of account the fact that if the least bit of milk curd is left on dairy utensils the bacteria will increase in it by millions in a few hours. And they should remember that while in hot weather it is very easy to clean vessels that have contained milk, in cold weather it is extremely difficult. The curd cools slowly in hot weather, and if the cloth or brush is applied to it it is until it is cooled very easily removed. But as the weather grows colder the air pressure, causing it to adhere to whatever it is applied to, becomes immediately operative to preacid and potash required by plants as vent it from being taken off by the it would to buy all the other minerals first application. So it has to be needed by plants, and of which we scrubbed until, if the same cloth is hear nothing because the soil nearly used, enough of curd aheres in the last rubbing the dish gets to start a new

brood of bacteria. Wherever wooden vessels (as the of available plant food, and because its old-fashioned churn) are used, the almechanical condition is bad, Constant ternation of hot and cold water is pretty sure to make cracks in the wood. Here card finds a lodgment potash—the three elements furnished and bacteria multiply without limit, by a complete fertilizer—to such an No such churn can produce the best extent that with poor mechanical condition of the soil a full crop is out of more difficult to clean it than it is durthe question. A few years ago we were ing ...mmer. Most of the poor fall taught by some writers that rational and winter butter might be made much treatment of a worn soil meant the better if entirely new pails, pans and purchase of these three elements for churns were procured and always kept it; the mechanical condition, which af- scrupulously clean. The patented paper pails and pans with glazed surignored. Now that it is generally faces, but not painted, except on the outside, are best for milking in and for keeping milk while the cream rises. insisted that we must buy the phos- It is the oil in cream that makes it so tenaciously adhere when combined available stores in the soil are ignored, with curd to the sides of pans and vesas is the moisture question likewise. sels. The oil makes a smooth adhering surface, and air pressure does the rest .- American Cultivator.

All farmers know that of the three and the physical condition of the land chemical elements of the soil necesis such that good yields can be ob- sary to plant growth, potash and phosphoric acid are the most expen-The constant cropping of new land sive to obtain. The average soil con-

WISE WORDS.

Culture will convert tares into wheat. Fierce storms may mean a quick

voyage. Weak-minded men are apt to be ob-

A good conscience is the best armor

Happiness is in enjoyment rather than in possession.

True education never induces contempt of the ignorant.

The man who has injured you will When we despair, not only our com

The body is the temple, the heart is

A crack in a wall may be very small

but you cau see a great deal through It is not the man who is painting the house who is doing the greatest

Money may buy horns for a donkey, but it cannot hide his brogue when he speaks,-Ram's Horn,

Snakes Vary in Color.

Snakes vary greatly in color, some being very beautiful, and in many tective, green snakes occurring among snakes generally frequent rocky dismer months. The eyes have no lids, fertility for all farmers engaged in pro- membrane, giving to them that stony glare with which we are more or less familiar. The poisonous snake has a While stable manure adds the three large flat head and a short, thick

poses for 1898 was \$2,638,390.

IN MANY WAYS.

The Late Francis E. Willard's Poetical Temperance Pledge-Influence of Puhlic Sentiment Against the Excessive Use of Liquor-Drunkards Lose Carte.

> We will not buy, We will not make, We will not use, We will not take Wine, cider, beer, Rum, whisky, gin; Because they lend Mankind to sin. -Francis E. Willard.

The Cause of Temperance.

The Woman's Christian Temperance Union, which has recently beld its convention at St. Paul, had a paper read before it in which the point was made that, while the use of alcoholic liquors had increased materially in foreign countries, it had in the last ten years undergone a sensible reduction in the United States—that is, taking the number of our people into account. The writer of this paper went on to say that as during that time there had been no as during that time there had been no special agitation in favor of temperance, as there had been no conspicuous instance of applications of prohibition is was the only reason that could be given for this decrease in the consumption of alcoholic liquors in the United States was the instruction that had been given in the public schools as to the disastrous effects of alcohol when taken as a beverage. It seems to us that this is one of those cases of an entire misconstruction of cause. To assume that the character one of those cases of an entire misconstruc-tion of cause. To assume that the character of the American people is being revolution-ized by this class of instruction in our pub-lic schools is wholly ridiculous. We do not say that the instruction is not of advan-tage, but is of only slight advantage, if for no other reason because it is only attage, but is of only slight advantage, if for no other reason because it is only attempted in a relatively few localities. Even if it were general, we should doubt whether it would be noticeably effective. The cause for the decrease in the use of alcoholic liquors in this country is one which does not need any anxious seeking, because it is obvious to any one who considers the subject in an unprejudiced manner. It is growth of public sentiment against the excessive use of liquor. In European countries drunkenness is condoned as an offence of slight importance. In the United States it is the exceptional family in which the it is the exceptional family in which the drunkenness of one of the members would not be regarded with intense horror.
There are few social circles that will freely
admit a person who is known to be an
habitual drunkard, and even a man who
occasionally drinks to excess loses caste in all but somewhat shady society. standard has been set in the upper so classes, and is gradually penetrating down through all of the middle and lower grades; hence the time is not distant when, even among those who now look on excessive drinking with toleration, the excessive drinker will be tabooed as an unfit associate. These social laws and social penal-ties are infinitely stronger and more bind-ing in their character than any law that a Legislature can enact.—Boston Herald.

A Chaplain's Personal Experience, Perhaps no one is more competent to write on "Prisons and Prisoners" than Rev. write on "Prisons and Prisoners" than Rev. Mr. Horsley. His experience of both has been considerable, and he has devoted much time and attention to the study of crime and its causes. The earlier chapters in the present book deal with prison statistics, education and crime, and so on, and bristle with facts and figures well worthy of the attention of the social re-former. But perhaps the most interesting portions of the work are those in which Mr. Horsley gives an account of some of his personal experiences with members of the criminal class riminal class.

Here are some particulars of money spent

on drink gathered from prisoners who came under his observation.

Coal-whipper was once tectotal for nine months and saved \$50, and makes from \$10 to \$20 a week, but spends up to even \$5 a day sometimes, on beer for himself and others. Sailor spent \$165 in a month on drink,

"with nothing to show for it except being here;" once was a feetotaler for eighteer months when a bluejacket, and saved \$215. Conchman, old soldier, had \$1000 savings, but spent it all in drink between November

and March,

Man, twenty-eight, began at 6 a. m. with
rum, spent \$1.75 of his own, then sold a
donkey to a sweep for \$6.25, appropriated
the money, and had only seven cents left at
the end of the day.

These are but a few typical cases. Teetotalers also occasionally find their way to
prison, as Mr. Horsley points out, but he
makes the startling statement that "in the

makes the startling statement that "in the absence of the liquor traffic, one police court and one prison would certainly be sufficient for the metropolis."

Lieut. Hobson's Temperance Education. At the recent hearing before the House Committee on Territories, Mrs. Mary H. Committee on Territories, Mrs. Mary H. Hunt, of Boston, speaking of the good results that had come from the enactment of other laws in behalf of which she had at other times appeared before Congress, related an interesting incident in regard to Lieutenant Hobson. She said that after the adoption of a course of systematic instruction in temperance bygiene and physiology in the Naval Academy at Annapolis, in accordance with a law passed through her instrumentality, she visited that institution on the occasion of the graduation of a class, and heard Hobson, who was a member of the class, discuss, as a part of his graduating examination, the graduation of a class, and heard Hobson, who was a member of the class, discuss, as a part of his graduating examination, the damaging effect of alcohol on the human system, and particularly its relation to the performance of a salior's duty under circumstances of exposure. To the knowledge gained by the instruction given at the Naval Academy she attributed the fact that when the last officer of the Texas going over the rail of the doomed Merrimac at two o'clock on the morning of Hobson's over the rail of the doomed Morrimac at two o'clock on the morning of Hobson's great exploit, turning, asked him: "Shail we send you some breakfast, old man?" Hobson replied: "No, we don't care for breakfast, but send us plenty of"—not whisky, as any officer of the navy would have requested twenty years ago, but "coffee." Mrs. Hunt attributed the clearheaded activity that made the desperate venture of Hobson and his companions successful, to the absence of liquor.

He's a Tectotaler.

He tried everything he could hear of, winding up at an institute, but the drink habit could not be eradicated. One day he said he would try an original experiment on himself. He would take a large bottle on himself. He would take a large bottle with him for a day, and whenever he wanted a drink would pour it into the bottle instead of into his guilet. He denied himself nothing, but went the same old rounds, a glass of rye here, a glass of Bourbon there, beer yonder, gla somewhere else, cocktalls everywhere. When the day was done the bottle contained a mess that looked so unpalatable and emitted so foul an odor that the man got frightened and swore off for life.—New frightened and swore off for life,-New

Abstainers Made Better Soldiers.

The Haverhill Gazette has now and again a good word to say of temperance. Here is one of its latest: "Public attention has been repeatedly drawn of late years to the fact that total abstinence is necessary if people desire to live long and lead useful lives. In the experience of the men just returned from Cuba it is admitted that the men who were total abstainers were better able to withstand the hunger and privations of the service than were drinking soldiers. Of the six members of the Father Mathew Temperance Society in Company D, Niuth Regiment, Charlestown, all returned in better condition than was the case with others who had been social drinkers.

Notes of the Crusade.

One man in six in the British navy is a Drunkenness is a destroyer of peace and

Almost uniformly the percentage of deaths increases or decreases in a ratio to the per capita consumption of liquor. To make the individual happier and better, and his home brighter and more comfortable, are some of the objects of

At this season of the year misguided people in some circles insist upon their visitors accepting intoxicating drinks. Hospitality, how many blunders are committed in thy name!

to go out into the snow or rain, or when the walking is wet, without rubbers. When children's rubbers cost only 25 or 30 cents a pair, nobody can plead expense as an excuse. Many a fond mother who has lost a child, weepingly lays it all to the inscrutable dispensation of Providence, when the whole trouble was the child had no rubbers," - American Journal of Health.

Stronger Than Oak.

Foot bridges in Morocco that are used for heavy traffic have been the subject of much concern to the engineers. Elm planks on oak stringpieces were the materials employed, but these were out so rapidly that a return to the old style of building was proposed. This consisted of cables made from the fibre of the sloe. These cables are plaited and twisted from fibre and are nearly two inches thick and eight and one-half inches wide. They are saturated with tar and firmly nailed to oak planking. The ends are fastened by iron straps. These cables are most admirable footpaths. They are sufficiently elastic to be pleasant under the feet, and experience has demonstrated that they are far more durable than any material heretofore applied for this purpose.

Climate and Color. Climate has a great effect on the color of the complexion. For example, the Caucasians are of all complexions according to the climate, but white is the natural color. Thus, a native of northern Europe is fair; of central, less so; of southern, swarthy; a Moor, more so; an Arab, olive; and a Hindu, nearly black. Such of the Hindu women as have never been exposed to the sun are as the inhabitants of the south of Europe.

From hard work or excessive exercise soreness and stiffness sets in and lays up. St. Jacobs Oil will cure it after a few applications and make the muscles limber and strong.

Boston has just spent \$10,000,000 on one rallroad station.

Don't Tobacco Spit and Smoke Your Life Away. To quit tobacco easily and forever, be mag-netic, full of life, nerve and vigor, take No-To-Bac, the wonder worker, that makes weak men strong. All druggists, 50c or Ft. Cure guaran-teed. Booklet and sample free. Address Sterling Remedy Co., Chicago or New York

In the United States no less than \$15, 000,000 are invested in the glove industry.

STATE OF OHIO, CITY OF TOLEDO, 1 80. LUCAS COUNTY,

FRANK J. CHENEY makes oath that he is the senior partner of the firm of F. J. CHENEY & Co., doing businessin the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDINGD DOLLARS for each and every case of CATAREH that cannot be cured by the use of HALL'S CATARIH CURE.

FRANK J. CHENEY.

Sworn to before me and subscribed in my presence, this 6th day of December, seal. A. D. 1886. A. W. GLEASON.

Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces of the system. Send for testimonials, free.

F. J. CHENEY & CO., Toledo, O. Sold by Druggists, for.

Hall's Family Pills are the best.

About 2,000,000 quail are exported from Egypt to France every year.

Try Grain-0! Try Grain-0!

Ask your grocer to-day to show you a package of Gnark-O, the new food drink that takes the place of coffee. Children may drink it without injury as well as the adult. All who try it like it. Grain-O has that rich seal brown of Mocha or Java, but is made from pure grains; the most delicate stomach receives it without 25c. per package. Sold by all grocers.

New York City spends millions of dollars every year for perfumery.

Beauty Is Blood Deep.

Gean blood means a clean skin. No beauty without it. Cascarets, Candy Cathartic clean your blood and keep it clean, by stirring up the lazy liver and driving all impurities from the body. Begin to-day to banish pimples, boils, blotches, blackheads, and that sickly bilious complexion by taking Cascarets,—beauty for ten cents. All druggists estimately of the cents. gists, satisfaction guaranteed, 10c, 25c, 50c.

The giant bees of India build combs ten

Lane's Family Medicine.

Moves the bowels each day. In order to be healthy this is necessary. Acts gently on the liver and kidneys. Cures sick head-ache. Price 25 and 50c.

The United States produce about 20,000 varieties of apples.

be lost in Paris, France.

Strong as a Steel Ramrod. If you want to feel your spine is a pipe stem ready to snap, just get lumbago. If you want to feel as strong as a steel ramrod, use St. Jacobs Oil; it has magic.

Every year 600,000 umbrellas are said to

Children Will Not Die Of croup, whooping-cough and membrane-ous croup, if Hoxsie's Croup Cure is used. 50 cents. A. P. Hoxsie, Buffalo, N. Y.

The house in Edinburgh, Scotland, in rhich Robert Louis Stevenson was born, is for sale.

Coughs Lead to Consumption. Kemp's Baisam will stop the cough at once. Go to your druggist to-day and get a sample bottle free. Sold in 25 and 59 cent bottles. Go at once; delays are dan-

One person out of every thousand lives

No-To-Bac for Fifty Cents. Guaranteed tobacco habit cure, makes weak men strong, blood pure. 50c. \$1. All druggists Since January 1 trial by jury has been established in Siberia.

Fits permanently cured. No fits or nervous-ness after first day's use of Dr. Kline's Great Nerve Restorer, \$2trial bottle and treatise free Dr. R. H. Klusz, Ltd., 361 Arch St., Phils., Pa. There are eighty thousand native Chris-

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflamma-tion, allays pain, cures wind colic. 25c.a bottle Steel is cheaper to-day than iron, though

To Cure a Cold in One Day. Take Laxative Bromo Quinine Tablets. All Druggists refund money if it falls to cure. 25c. The art. of glove making is now pursued

Dr. Seth Arnold's Cough Killer is a won-derful medicine for Weak Lungs.—IDA BARHOWS, Deer Grove, Ill., March 21, 1896 In 1800 New York was the third State in the Union in wealth and population.

I have found Piso's Cure for Consumption an unfalling medicine. F. R. Lorz, 1306 Scott St., Covington, Ky., Oct. 1, 1894. A century ago there were six cities in the United States; now there are over four

Educate Your Bowels With Cuscarets. Candy Cathartic, cure constipation forever. 19c, 25c. If C. C. C. fall, Aruggists refund mores.



the milk buckets, pans, churns, and other implements of the dairy be perfectly clean and free from taint. A common yellow soap that smells of rosin should never be used for washing these. Such soaps are made of materials that you would not use for any purpose. Besides, they are sticky and the soap will get into the cracks and corners and stay there. Ivory Soap is pure, it is well made, and only sweet, clean materials are used. Then it rinses readily.

IVORY SOAP IS 99 4/100 PER CENT. PURE. STATES OF THE ST

paign of the Seventy-first is this, at paign of the Seventy-first is this, at least it seems to be established, that, given equal hardships, men in fine athletic training suffer more than men in ordinary condition. Statistics show, in this regiment, that the runners, the jumpers, the crack bicycle riders and the record men generally were readier fever victims than their were readier fever victims than their comrades and gave out sooner in the emergencies of the battlefield. There was Sergeant Meeks, long-distance runner, and "Hub" Smith, a bicycle rider, and Siebold, a winner of running races, and Ott, a sprinter and hurdler, and Private Meeks, another bicycle rider, and Divannie, a runner, and so on through a long list. Almost without exception these fine athletes fell into illness or utter collapse with the first strain put upon them. They made worse fever cases and dysentery cases than the others, and it appeared to nurses and doctors as beyond question that the thorough physical training which these men completed just before the war, in anticipation of the spring athletic games, was a serious impairment of their powers for resisting disease. It is worthy of note, also, that most of these athletes indulged neither in drink nor tobacco. - Leslie's Weekly.

The Modern Post. The old-time poet, according to the Indianapolis Journal, had long hair, while the modern poet has a long head.

The Custom House was established in New York City in 1789.

Keep

of nothing better to tear the lining of your throat and lungs. It is better than wet feet to cause bronchitis and pneumonia. Only keep it up long enough and you will succeed in reducing your weight, losing your appetite, bringing on a slow fever and making everything exactly right for the germs of con-Stop coughing and you will get well.

Ayer's Cherry Pectoral

cures coughs of every kind.
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