fashionable to appear too little languor was considered rather becoming in a young woman. But that day has passed. The pale, droop-ing, indoor girl has given way to the riding, walking, golf-playing girl. Health has received the seal of fash-

And everything that conduces to health is now good form. For instance, in the matter of wearing rubbers. A few years ago a good many women objected to wearing rubbers, on the ground that they detracted from the trim appearance of the foot. But everybody knows that nothing else ruins the health as quickly as wet feet, and the only possible way to have dry feet-especially in winter-is to wear rubbers. So rubbers have come back into style as indispensable to good health.

The added fact that rubbers are now so much more shapely and graceful in their lines than they were a dozen years ago, and that they are now made in such infinite variety, has served, of course, still further to increase their popularity .- Harper's Bazar.

Knows French History.

A curious character in Paris is a man who makes his living by strolling along the boulevards and making wagers at the cafes that he can answer correctly any question that relates to the history of France. He is very successful.-London Spare Moments.

life purpose. In society many a wom-Good The an persists in standing just outside the charmed circle, catching a glimpse now and then of splendid effects,

It will do you to take Hood's Sarsaparilla is beyond estimation. It will give you warm, rich, nourishing blood, strengthen your nerves, tone your stomach, create an appetite, and make you feel better in every way. It is a wonderful invigorator of the system and wards off colds, fevers, pneumonia and the grip. The best winter medicine is

Hood's Sarsa-parilla Sold by all dealers in medicine. Price, \$1.

Hood's Pills oure biliousness, indigestion-

Indian Espionage.

Every camp of white men in the Cocopah Country is watched by an Indian. Captain Newton H. Chittenden, the famous traveler and Indian archeologist, said that all the time he was on the desert an Indian or two remained with him at night. He did not notice the coincidence at first, but after five or six nights he took note, and invariably, near sundown, an Indian would appear. Generally it was a new Indian, one he had never seen before. He would ask for supper and tobacco, and, after partaking of the white man's hospitality, would curl up in his blanket and sleep. The unfailing regularity with which the Indians appeared, and always with the same excuse, that they had been hunting deer and were belated, excited Captain Chittenden's suspicion; but, as the Indians did not harm him, he did not molest them, but goodnaturedly accepted their espionage during his stay in their country .--New 'ork Sun.

#### His Attempt at Socialism.

A recently appointed vicar in East Angelica is trying to carry socialism into practice. Asserting that others have with himself an equal right to still and wear lighter-soled slippers or what he possesses, he lives in the up- ties. It also makes a great difference the boa or coat trimmings. stairs rooms of his parsonage house in one's comfort, and is perfectly per-

selected by the promotor of the

scheme, and the business was a pay-

ing one throughout that day. Mrs.

Martin drafted the plans for her sum-

mer house at Monterey and superin-

Social Shams.

all her life she had stood waiting for

recognition had come to see her. She

charming negligee robe to receive her

visitor. For a few minutes she en-

the circle the death-messenger

beckoned and the ruling passion had

For Inexperienced Travelets.

The traveler, when she packs her

bag, will, of course, put in her brush

and comb, her tooth, nail and clothes

brushes, her wash-cloth or sponge,

her soap-case, tooth-powder, plenty of

fresh handerchiefs, a fresh linen col-

lar or ribbon stock, a night-dress and

a dressing sacque. Some women in-

clude in the list of necessary toilet ar-

ticles for travel a box of talcum or

other powder; a small hand-mirror,

preferably a folding-mirror in a leath-

case; a bottle of toilet water, whose

spent itself."

or hat.

"It would seem that there could be

tended its construction.

may be fitted so closely at the top that A Busy, Practical Woman. Mrs. C. J. Martin, of Sau Jose, no gathers or pleats will be required, Cal., is one of the busiest women in or the little fulness may be drawn that city, for, aside from being a busi- closely in at the back. Snugly-fitting ness woman, she has many social duties tops of skirts are, however to perform, as she is the wife of the among the most uncomfortable gar however Mayor. Mrs. Martin owns several of ments, and are not likely to remain the best business blocks in San Jose, long in fashion. The best advice ever and personally superintends any im- given on the subject of skirts is to provements they may require, as well adopt a medium style and let the as the other matters connected with trimming make whatever modificatheir management. She is one of the tions are requisite to meet the premost active workers for the Red Cross vailing mode .- New York Ledger. in her State. A short time ago Mrs.

A Color of the Season. Martin made arrangements with all Auto-mobile red is one of the new the street car lines of San Jose by colors of the season. It is named which they were to denote all the fares for one day to the Red Cross. When after the electric horseless carriages, the different companies assented each and is a reddish heliotrope of a glow car was placed in the care of one of ing warm shade most attractive in the usual officers and two women cold weather.

> Gossip. Single eveglasses worn by women is the form taken by the latest London fashionable insanity.

Miss Helen Gould furnished \$250,-000 by which the New York University library building was built. It is said that a woman doctor

to condition more unsatisfactory than practicing in the west end of London that of being on the edge of a situaearns something like \$20,000 a year. tion," writes Mary R. Baldwin in the Miss Zephyr Adler, who is regarded Woman's Home Companion. "Yet as one of the most beautiful women in there are many women everywhere Nashville, Tenn., has joined the Salwho are clinging to the outer circle of vation Army. fashion, society, accomplishments or a

Mrs. Victoria Blanchard, fifty-six years old, of Holyoke, Mass., is the youngest living daughter of a Revolutionary soldier. Sarah Bernhardt, in 1872, earned

hoping, sooner or later, to get inside; watching her chance with restless \$40 a month. During the last five eagerness, resolved to die upon the years her average carnings have been spot rather than fall back to a place \$100,000 a year. where she might have a firm foothold. Progressive Chinese women have

"Home-life, health, comfort, selfstarted a weekly publication called respect, have been sacrificed to gain "The Feminine Magazine." The staff the notice of society leaders. It is reconsists of women only. lated of one who for many years had Miss Atelia Cromwell, daughter of bowed before social position, and who

a professor in Howard University, is had reached the round next to the last a freshman at Smith College, and the in the ascending ladder, that after the first colored woman to enter that indeath-messenger had arrived word stitution. was brought to her that a popular Mrs. Elizabeth Hendricks, widow of member of the coterie before which

the former Vice-President, is managing her husband's estate so well as to insisted upon being arrayed in a carn the title of "the best business woman in Indiana."

Miss Amy Hay, daughter of the Secretary of State, has always been joyed the long-coveted honor, and her father's most constant helper in then as she found herself just inside literary work, rewriting manuscripts and correcting proofs for him.

Emma Calve's real name is Emma Roquer, and she was born at Decazeville in 1866. She was brought up in a convent, and during her first season as a singer got \$140 a month.

Miss Flood, of California, has given a valuable estate to the State University. It consists of hundreds of cultivated acres, which yield an excellent income and upon which is a fine building.

Fashion's Fad and Fancy.

Marabout tufts tipped with jet, pearls and rhinestones are pretty ornaments for the hair. Among the new dress materials are

use is very refreshing; a soft cloth cap or small felt hat for wear during several varieties in rep, which is a the day, and a pair of slippers. It is mixture of silk and wool. very restful to remove one's walking boots during a long day of sitting For those who do not carry muffs

gauntlets of fur are worn to match the

Heavy gilt buckles are used for mil-

## MANY WAYS

Wanted: Sixty Thousand Boys-Why the Habitual Use of Alcohol Makes the Victim's Nose Look So Ridlenlous-Vital Organs in the Same Condition. (A Dialogue For Two Boys.)

FIRST DOT. "Full sixty thousand men each year Fill drunkards graves, they say, But, once, these men were little boys Like you and me to-day.

"And while the awful curse of rum Our country, fair, defaces, Full sixty thousand boys, each year, Must march to fill their places,"

SECOND BOY. "This being true, there is a work For every earnest boy-First, let him shun the cup himself, Then all his powers employ

"In banishing the fatal draught, And pointing out the doom Awaiting those who surely march Toward an open tomb."

BOTH BOYS IN CONCERT. "Oh, let each boy decide that he Will not be counted in When fresh recruits are sought to swell The ranks of shame and sin!" -Rufus Clark Landon.

Why the Dram-Drinker's Nose is Red. It may be reasonably supposed that when the dram-drinker looks upon his face in a mirror and sees that his nose is red, In a mirror and sees that his nose is red, he would be anxious to know the exact cause of such a condition, and why the more alcohol he drinks the greater be-comes the redness; and also why angry-looking bumps after a while make their appearance on the end and sides of the nose. He is but little aware, as he looks at hose. He is our fifthe aware, as he looks at his nose, that, as it is reddened and con-gested by an unnatural supply of blood, so all the respective organs of his body are kept in a state of unnatural redness and congestion by the habitual use of alcohol. If one could see his brain, stomach, liver, lungs, heart and kidneys in his mir-for as he sees his words he would find

ror, as he sees his nose, he would find each of them in the same condition as that presented by his nose; and this congestion of the vital organs explains to him the un-comfortable manner in which their functions are performed.

When in perfect health, the functions of the organs of the body are so quietly per-formed that a man forgets that he has lungs and heart. In fact, his general condition is so good that he never thinks about his internal organs; but this is not so with the habitual drinker of alcoholic ompounds. The alcohol which he drinks keeps his

The alcohol which he arinks keeps his organs in the same reddened and congest-ed condition as his nose, and he is always complaining that his head aches, or feels hot, foolish and confused, that he does not sleep, and has startings and jerkings of his limbs in his sleep; his appetite is ca-pticious, his kidneys do not act well, and he has pains in his limbs and back, or his heart feels uncasy and has spells of palpi-tation, and his lungs do not perform their duty in a manner to make him feel at ease. duty in a manner to make him feel at ease. He is nervous, tremulous and easily startled; his liver is disordered, he has a statuted, his nyor is disordered, he has a bad taste in his mouth, and his tongue is coated with a thick, white lar, accompan-ied by feverish and thirsty sensations about his throat. -English Mechanic,

#### Temperance and Labor.

A revolution is going on in the world of labor. The old order is being set aside, and new conditions confront those who must earn their bread in the sweat of in-dustry. The machine is supplanting the dustry. The machine is supplaining the man. All modern invention simply de-velops in some ingenious manner some plan of accomplishing desired results with-out the use of human hands. The trend of the times is not in the direction of creating opportunities for the employment of m\*n, is not favorable to the wage-earning classes, but is in the direction of marvel consecting on the direction of marver-ous ingenuity for dispensing with men and for constructing machinery. The result, very naturally, is that the employer of labor can afford to be more exacting, and only the skilful, the sober, the industrious and persevering can succeed. The world is too busy and life is too short to spend precious moments in patient forbearance with intemperate men. A drinking man



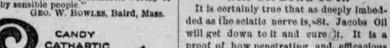
### THE EXCELLENCE OF SYRUP OF FIGS

is due not only to the originality and simplicity of the combination, but also to the care and skill with which it is manufactured by scientific processes known to the CALIFORNIA FIG SYRUP Co. only, and we wish to impress upon all the importance of purchasing the true and original remedy. As the genuine Syrup of Figs is manufactured by the CALIFORNIA FIG SYRUP Co. only, a knowledge of that fact will assist one in avoiding the worthless imitations manufactured by other parties. The high standing of the CALI-FORNIA FIG SYRUP Co. with the medical profession, and the satisfaction which the genuine Syrup of Figs has given to millions of families, makes the name of the Company a guaranty of the excellence of its remedy. It is far in advance of all other laxatives, as it acts on the kidneys, liver and bowels without irritating or weakening them, and it does not gripe nor nauseate. In order to get its beneficial effects, please remember the name of the Company-

# CALIFORNIA FIG SYRUP CO. SAN FRANCISCO, Cal.



"A tape worm eighteen feet long at least came on the scene after my taking two DASCARETS. This I am sure has caused my bad health for the past three years. I am still taking Cascarets, the only onthartic worthy of notice by sensible people." GEO. W. BOWLES, Balrd, Mass.



will get down to it and cure it. It is a CATHARTIC proof of how penetrating and efficacious are its curative powers. corev. Fruit trees are being exported from Georgia to South Africa.

Knocks Coughs and Colds. GULATE THE EIVER Dr. Arnold's Cough Killer cures Coughs and Colds.Prevents Consumption. All druguists. le. Potent, Taste Good, Weaken, or Gripe, 10c, 25c, 1

Blind men outnumder blind women by CURE CONSTIPATION. ... two to one. Educate Your Bowels With Cascamets.

NO-TO-BAC Sold and guaranteed by all drug gists to CURE Tobacco Habit.

Pleasant, Palatal

If afflicted with | Thompson's Eye Water

An Argument.

It is the part of every householder, or any one in authority, public or pri-vate, to carefully consider orders before they are given. But after they are issued it would be suicidal to all government to argue out the matter with employe, servant, or child. From the nature of things, they cannot judge the necessity or worth of the com-

mand it is their part to carry out. Many funny stories are told of freshly trained soldiers and sailors, to whom the thought was new that their first virtue was implicit obedience. One such tale dates back to our Civil War, and is told for truth by one who overheard it. A sailor of one of the big gunboats of the time was notorious for



Beauty is Blood Deep. Clean blood means a clean skin. No beauty without it. Cascarets, Candy Cathar-tic clean your blood and keep it clean, by stirring up the lasy liver and driving all im-purities from the body. Begin to-day to banish pimples, boils, blotches, blackheads, and that sickly billous complexion by taking Cascarets, --beauty for ten cents. All drug-gists, satisfaction guaranteed, 10c, 25c, 50c. Not worth paying attention to, you say. Perhaps you have had it for weeks. have had it for weeks. It's annoying because you have a constant desire to cough. It annoys you also because you remember that weak lungs is a family failing. At first it is a hemorrhage. At first it is a hemorrhage. The island of Cuba has an area about that of the State of Ohio.

Jacobs Oil, which cures the aliment

The city of Besancon. France, will erect a monument to the memory of Victor Hugo.

Beauty is Blood Deep.

Deafness Cannot Be Cured

Porto Rico is equal to Long Island in length and is twice as broad.

Lane's Family Medicine.

Moves the bowels each day. In order to be healthy this is necessary. Acts gently on the liver and kidneys. Cures sick head-ache. Price 25 and 50c.

It is estimated that 3000 marriages are daily performed throughout the world.

Don'l Tobacco Spit and Smoke Your Life Away.

To quit toba.co casily and forever, he mag-netic, full of life, nerve and vigor, take No-To-Bac, the wonder worker, that makes weak mon strong. All druggists, 50c or \$1. Cure guaran-teed. Booklet and sample free. Address

Sterling Remedy Co., Chicago or New York

Eight thousand carrier pigeons are kept for use in the German army.

Will Get Down To It.

Candy Cathartic, cure constipation forever 10c, 25c. If C. C. C fall, druggists refund money

There has been an alarming increase arsenic cating in the Austrian army.

To Cure a Cold in One Day.

Take Laxative Bromo Quinine Tablets. Al Druggists refund money if it fails to cure. 250

obliged to secure licenses.

a day.

Amateur photographers in Russia are

promptly.

At first it is easy to cure. At last, extremely difficult. Deafness Cannot Be Cured by local applications, as they cannot reach they way to cure deafness, and that is by constitu-tional remedies. Drafness is caused by an in-mand condition of the nuccus lining of the fustachian Tube. When this tubes gets in-free hearing, and when it is entirely closed peafness is the result, and unless the inflam-med you have a rumbling sound or imper-feet hearing, and when it is entirely closed peafness is the result, and unless the inflam-med condition, hearing will be dearness is the result. And unless the inflam-med condition to the muccus surfaces. We will give One Hundted Dollars for any mand condition by catarrh ture. Send to circulars free. B. J. Curnery & Co., Toledo, O. Sid by Druggists, To. Mark Family Pills are the best.

# Ayer's Cherry Pectoral

quickly conquers your little backing cough. There is no doubt about

the cure now. Doubt comes from neglect. For over half a century Ayer's Cherry Pectoral has been curing colds and coughs and preventing consumption. It cures Consumption also if taken in time

if taken in time.

Accp one of Dr. Ayer's Cherry Pectoral Plasters over your lungs if you cough.

Shall we send you a book on this subject, free?

our Modical Department.

If you have any complaint what-ver and desire the liest medical dvice you can possibly obtain, write is doctor freely. You will receive Address, DR. J. C. AVER.

Dr.SETHARNOLDS COUGH KILLER CURES WHEN

Send Postal for Premium List to the Dr. Seth Arnold Medical Corporation, Woonsocket, R. I.

The population of London increases by about 100,000 a year. **NEW HAIR MATTRESS FOR** Mrs. Winslow's Southing Syrap for children teething, softens the gums, reduces inflamma-tion, allays pain, cures wind colic, 25c, a bottle

YOUR OLD FEATHER BED. We will give you your choice, a new full sized, 40 round curled hair mattress, uphostered by union workmen, covered in best hair theking, or a pure down quilt, or reach for your old feather bed. If you are not sat sfed, send hack your mattress or quilt and we will return your feathers. Established o waar. Hank measure Ninety thousand men in the British Army Piso's Cure for Consumption is an A No. 1 Asthma medicine, -W.R.WILLIAMS, Antioch, Bis., April 11, 1894.

CANADA EXFORT UO., 43 Ferry Street, Brooklyn DROPSY NEW DISCOVERY: elves mass. Sond ar bork of testimorials and curve works transmit Free. Dr. N. R. OKERY S 2008. Atlanta, Ga

PATENTS LATENS S. COLLEXAS, Pake

AGENTS WANTED Genteel business, pay needed at once. HOWARD BROS. Buffalo, N.J

RHEUMATISM "URED-One bottle-Positiv RALEXANDER REMEDY Co., 245 Green wich St., N. Y WanteD-Case of bad health that H' PA-N'H

few parishioners avail themselves of the privilege. The vicar in question has just been elected to the board of guardians, and his votes on questions of relief are awaited with interest .-London Tit-Bits.

TWO GRATEFUL WOMEN cases.

Restored to Health by Lydia E. Pinkham's Vegetable Compound.

"Can Do My Own Work."

Mrs. PATRICE DANEHY,

West Winsted, Conn., writes:

"DEAR MRS. PINKHAM:-It is with pleasure that I write to you of the benefit I have derived from using your wonderful Vegetable Compound. I was very ill, suffered with female weakness and displacement of the womb.

"Icould not sleep at night, had to walk the floor, I suffered so with pain in my side and small of my back. Was troubled with bloating, and at times would faint away; had a terrible pain in my heart, a bad taste in my mouth all the time and would vomit; but now, thanks to Mrs. Pinkham and her Vegetable Compound, I feel well and sleep well, can do my work without feeling tired; do not bloat or have any trouble whatever.

"I sincerely thank you for the good advice you gave me and for what your medicine has done for me."

#### "Cannot Praise It Enough."

#### Miss GEBTIE DUNKIN.

Franklin, Neb., writes:

"I suffered for some time with painful and irregular menstruation, falling of the womb and pain in the back. I tried physicians, but found no relief.

"I was at last persuaded to try Lydia E. Pinkham's Vegetable Compound, and cannot praise it enough for what it has done for me. I feel like a new person, and would not part with your medicine. I have recommended it to several of my friends."

# \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* Try Grain=0! Try Grain=0!

Ask you Grocer to-day to show you a package of GRAIN.O, the new food drink that takes the place of coffee. The children may drink it without injury as well as the adult. All who try it, like it. GRAIN-O has that rich seal brown of Mocha or Java, but it is made from pure grains, and the most delicate stomach receives it without distress. 1 the price of coffee. 15 cents and 25 cents per package. Sold by all grocers,

**Tastes like Coffee** Looks like Coffee

Insist that your grocer gives you GRAIN-O

Accept no imitat

and allows the parishioners the run missible in a sleeping coach, either to linery. Clasping the colored velvet of the downstairs apartments. Very sit without a hat or to wear a soft cap of the soft draped toques they are very effective.

One's own drinking cup, if not indispensable, is certainly more agreeable than the public glass. In addition to the rubber, silver and other metal cups for sale, there are pretty little drinking-glasses in woven willow

A dainty convienience, though not a necessity, is a pillow-case of soft silk. This is made like a long pillowcase with ribbons run through one

object to using the clean linen pillowcases of the berth .- Harper's Bazar.

#### Sensible Dressmaking.

"If costumers and woman's evil genius had entered into a conspiracy to make trouble for the feminine fair ones, the plan couldn't be a greater success than is achieved by the pressirable. ent style of skirt," said a woman of fashion, who is quite likely to keep abreast of the times when she finds current styles at all satisfactory. 'Now, I happen to belong to that class of women to whom an ill-hanging skirt is a positive torture. If my skirts hang ungracefully and I go out on the streets and pass a window over yellow silk. A stiff revere of where I am reflected, I go home with my business half done, my temper rained, and my nerves in a state of velvet are at intervals on the other. complete demoralization." The present fad for making skirts with as few of spangled gauze, and half wreaths seams as possible is responsible for of flowers with a rose and bud armany uneasy moments. It is out of ranged in aigrette form are the chic the question to prevent their sagging hair ornaments for evening, provided and making points all around the that the jeweled tiara is not forthskirt, or at least in four places, and coming. Spreading tulle or lace bows the effect is as though a woman was in fan shape are not considered good placed on four points like a four-footed table or chair. This state of

things comes to pass after about the second wearing of the costume, and its coming is the signal for a most ludicrous appearance. It is quite useless wheels as a rule on small monthly payto cut the points off. They drag ments. But this fashion does not down again and quite as awkwardly please the German housewife at all, as before, and then if the goods is af- and in the service conduct book which fected by dampness and shrinks, the every German servant is obliged by last state of that skirt is worse than law to keep the mistress of a girl who the first. Say what one may, there is was dismissed recently because of her nothing like the style of half a dozen | liking for bicycling, curtly paraphrased years ago-the skirt with a medium- the cause of trouble: "Discharged bewidth front, two side gores and two cause she 'bikes.'" The girl had difback sections, with a bias seam down ficulty in finding another place, and the middle of the back, which is the courts were appealed to. The destayed with a band of the material cision-the first one, I believe, bearcut on the bias and sewed in with the ing on this question-was to the effect seam. Fashion to the contrary not- that the cycling proclivities of the serwithstanding, all skirts should be vant do not entitle the employer to lined. If clinging effects are desired, discharge a girl, and less still to name use fine gloria. Nothing is more that as the reason. A sigh of relief comfortable, and it is much more dur- has gone up from all the bicycling girls able than silk. Indeed, it will out- of Germany .- Chicago Becord. wear almost any lining material on

the market-oftentimes the dress goods itself. A skirt carefully out and made after such a model and ing land among the islands on the lined with fine, soft, clinging gloria is coast of the North Sea, belonging to in order to be trimmed in any form the Frisian group. The work is under or fashion whatsoever. It will neither the supervision of the Prussian Govsag or drag, and the wearer may ernment, and involves the execution pass mirrors and plate-glass windows of works similar to those carried on as often as she pleases without feeling by the neighboring kingdom of the the red color come to her cheeks as Netherlands.

A fur hat with white lace draped

around the edge and a mass of white tulle bows and ends at one side is a bit of typical headgear. The best choice for a dress to be

worn in "all weathers" is a storm serge. It looks nice in dry weather, and a wetting cannot harm it.

Panne velvet is used for waists, and in black with the usual accessories in end, and can be slipped over the linen | trimming it is charming, despite the pillow-case and tied. Some people fact that it is said to wear atrociously. Flowers are seldom seen on the new hats, having been discarded as trimming under the brims, and they will

not be used extensively this winter. The clinging effect so much desired in skirts is augmented by lining them with silk warp cashmere instead of taffeta, as the rustle is no longer de-

Cyrano, the new shade of ruby red with a tinge of pink in it, has much to recommend it, as it is said to be one of the few shades of red equally

becoming to blondes and brunettes. Among the new blouse waists for evening wear is one of white chiffon shirred chiffon adorns one side of the front, and three lovers' knot in yellow Jeweled butterflies, butterfly wings

Bicycling meets with favor among the German servant girls, who get their

> Reclaiming Land in North Germany. Works are in progress for reclaim-

German Bleyeling Slaveys.

is a drag on the business that is inflicted with his presence. A clear head, a steady hand and an unclouded mind are needed In these active days to keep pace with the march of the machine, that never gets drunk, that never murmurs over long hours of labors, and that never rebels against the master's orders.-Rev. James M. Cleary.

#### Disease Due to Rum.

The writers of medical text-books are now giving more space and attention to the now giving more space and attention to the subject of alcoholism than ever before. Prominently mentioned is catarrh of the mucus membranes of the nose, throat, stomach, intestines, larguage in stomach, langs; degenerative changes in stomach, liver, heart, blood vessels, kidneys, repro-ductive organs and nervous system; last last and not least, insanity and impotence. Owing to the ignorance of the public of these baneful effects of alcoholic indul-gence and the reticence of physicians in properly ascribing the factorship of alco-hol in the production of diseases, the imhol in the production of diseases, the im-pression or belief has largely obtained that it was the remedy, not the alcohol, that was the causative agent of many of these fills; for alcohol so masks the symptoms of other diseases that frequently it is not un-til the alcohol is withdrawn that the patient's exact condition is made manifest. -J. E. Blaine, M. D.

#### Temperance in Pictures.

The Belgian Secretary of the Interior has published a call for competitive designs to represent the horrors of inebriety. The competition is open to everybody, four ple-tures being required, on these subjects: A scene in a drunkard's home, showing in descene in a drankard show, showing in de-tail unhappy and broken family life: the happy home of a total abstainer; the wrecked nerves and physiological chart of a drunkard's system, and a similar chart of

a temperance man. For each picture a prize of one thousand france is announced, the meritorious pic-tures to pass into the possession of the Government, to be photo-litbographed and copies to be placed in all public places and halls.

#### Notes of the Crusade.

Deijrium tremens kills 1000 persons every year in the United States.

Cambridge, Mass., is the largest city in Cambridge, Mass., is the largest city in the world where there are no saloons. Its fame is world-wide. A recent pamphlet of the Fabian Society, of London, refers to the remarkable record of Cambridge for sobriety and the successful enforcement of

In the United States the consumption of wine has largely increased during the last year, reaching a total of thirty-eight million gallons, which is almost exactly two gradue to each person.

There are many cases where a total abstinence gledge is absolutely necessary, but it is very hard to convince the person who needs it that It is so.

"Drunkenness," says one writer on the wice, "will make a papper, an invalid, a lunatic. It will send yon an empty purse, an empty wardrobe, and an empty shelf. It gives you attaste for swearing, obscenity and impurity. It inclines you to choose begging for a profession rather than inde-needence." nendence.

General Boynton, in his examination be fore the Commission of Inquiry, condemns unqualified y the army canteen.

It is absolutely painful to see the young men, "the flower of American manbood," who joined the army to protect their coun-try from the enemy, being debauched and ruined by strong drinks. Bum, beer and whisky are doing more to destroy the soldiers here than disease, exposure and the climate combined.

the climate combined. The managers of the great Canadian railways, seven in number, in reply to a let-ter asking them if they "considered the drinking habits of applicants for positions, and what rules, if any, they had regarding the drink practices of mon already em-ployed," state positively that they will not employ a man who drinks or rotain an old employ a man who drinks or rotain an old employe who offends against the rule.

his lazy habits, as well as for his ingenuousness in finding excuses for his careless ways. While seemingly honest, he was often hauled up for reprimand or punishment.

The captain, a passionate man and a believer in stern discipline, lost patience with Tom, and when the fellow was brought before him for the third time in one week for some neglect of work, he said, angrily, "What-again, Tom?"

"I'm not here of my own will, sir," began simple Tom.

And poor Tom, finding his efforts to speak were cut off, at last said, resignedly:

"Well, captain, have it your own way. I didn't come here to argue with you, sir!"

And after that Tom's unsympathetic comrades called on him every day in his imprisonment, which he may have deserved, but scarcely understood, and told him that they "did not come to argue with him!"

And while Tom's story sounds absurd, it is true that many of us are just as foolish, and take just as long to learn the beauty and strength of obe dience.-Harper's Bazar.

Japan with a population of 45,000,-000 has 220 towns that have more than 100,000 inhabitants.

#### Makes the Spot Vanish.

A slight rap may cause a bruise, or a slight blow a black one, sore and tender. But it is easy to cure a bruise by the use of St. Jacobs Oil, and make the spot vanish and the soreness heal.

The salmon catch in the Columbia for 1898 was 6,018,022 pounds less for 1897.

#### Coughs Lead to Consumption.

Kemp's Balsam will stop the cough at once. Go to your druggist to-day and get a sample bottle free. Sold in 25 and 50 cent bottles. Go at once; delays are dangerous.

Typewriting is to be taught in the public shoois of New York City.

To Cure Constipution Forever. Take Cascarets Candy Cathartic. 10e or 25c If C. C. C. fail to cure, druggists refund money.

A pneumatic corset, for the use of women learning to swim, has been invented.

#### Take Hoxsie's Disks.

The great Homosopathic remedy for coughs, colds and bronchitis. They will check any cold when used promptly. 25 cents.

The first marine insurance was the Royal Exchange, founded in 1720.

No-To-Bae for Fifty Cents. Guaranteed tobacco habit cure, makes weak men strong, blood pure 50c, \$1. All druggists

#### Chalk For a Foundation.

There is a village in England built upon an enormous bowlder of chalk, This bowlder is half a mile long, and must have been carried constward a distance of twenty-five miles by some great iceberg. It was dropped to the bottom of the glacial sea, where it be-came partly covered and surrounded by blue-gray bowlder clay.-London Answers.

In 1896 New York City handled fiftyone per cent. of the total foreign trade of the United States.

The advantages of Sulphur as a purifier Glenu's Sulphur Soap places within reach of al Hill's Hair & Whisker Dye, black or brown, 50c. . Now York, for 10 samples and 1000 testin The skeleton measures one inch less than MENTION THIS PAPER WHEN REPLY. the height of the living man. Fits permanently cured. No fits or nervous ness after first day's use of Dr. Kline's Grea Nerve Restorer. Strial bottle and treatise free Du. R. H. KLINE, Ltd., 931 Arch St. Phila., Pa PISO'S CURE FOR CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Theses Good. Cree In time. Sold or drugging.



blood Are you like that? Have you too little blood?

More anamic people have been made strong, hungry, energetic men and women by the use of Dr. Williams' Pink Pills for Pale People than by any other means They are the best tonic in the world.

Miss Lulu Stevens, of Gasport, Niagara Co., N. Y., had been a very healthy girl until about a year ago, when she grew weak and pale. She lost her appetite, was as tired in the morning as on retiring, and lost flesh until she became so emaciated that her friends hardly knew her. The doctors declared the disease anæmia, and gave her up to die. A physician who was visiting in Gasport prevailed upon her to try Dr. Williams' Pink Pills for Pale People. She did so, and was benefited at once. She is now well and strong-the very picture of health .- Buffalo (N. V.) Courier.

The genuine are sold only in packages, the wrapper always bearing the full name. For sale by all druggists or sent, postpaid, by the, Dr Williams Medicine Company. Schenectady. N Y., on receipt of price, fifty cents per box. Book of cures free on request.

