



A TEMPERANCE COLUMN.

THE DRINK EVIL MADE MANIFEST IN MANY WAYS.

'What Will You Take?'—Alcohol in Medical Observations—The Results of Observations Made by Distinguished Surgeons—Dangers of Beer—Will Worst Woe...

'What will you take?'—Christian men of this land, Rum's victims lie ruined on every hand...

Pessimistic Philosophy. A man's friends are never as sincere as his enemies. It is easier to work than it is to be always looking for a job.

Notice to those who have babies named after them: Mothers refuse to be grateful this year for a baby buggy that hasn't rubber tires.

Feeding Plants Artificial Food. Truifant gives artificial food to plants in the following manner: 'After an analysis of the ash of the living plant, the necessary salts for a given time, such as six months, are weighed out and inclosed in a metal cover to form what is called a 'pill'...

Why a Man Should Not Drink. Because it isn't good for him. Because it isn't good for his family. Because it wastes his money. Because he is liable to drink to excess. Because it is not necessary for health. Because, on the contrary, it has been proven detrimental.

No Clocks. Liberia is the only more or less civilized country where clocks are almost entirely dispensed with. The sun rises exactly at 6 a. m., and sets at 6 p. m. throughout the year, and is vertically overhead at noon.

Young at Sixty. Serene comfort and happiness in advanced years are realized by comparatively few women.

Sobriety a Test of Fitness. There is no longer any indulgence for the man who gets drunk, for it is possible now more than ever to maintain a first-class standing in private life if he is known to be given to intoxication.

French Biggest Drinkers. A learned professor at Geneva, Switzerland, states that France drinks more alcohol annually than any other nation in Europe. His calculation is based on the per-capita liquor consumption.

Will Work Woe. Japan is outdoing the smokeless powder craze. Hundreds of gallons of spirits have been shipped to that country to be used in the manufacture of it.

How to Make a Drunkard. Do you wish your children to become drunkards? Ask the Southern Messenger. It is very easy. Acquire them at an early age to a little whisky.

Temperance News and Notes. Learning to drink is very easy, but God's help must be invoked in order to unlearn it.

Grain-O. It takes the place of coffee at 1/4 the cost. Made from pure grains it is nourishing and healthful.

HOUSEHOLD AFFAIRS.

Anchovy Toast and Eggs. The anchovy is a fish of a grade between a herring and a sardine, and comes to our market prepared in oil or as a paste.

Molasses Candy. Place a sauceman with one quart molasses and one pound sugar over the fire, stir until the sugar is somewhat dissolved; then boil over slow fire to a crack; this may be known by pouring some of the boiling sugar in ice water.

Tomato Omelet. Place a pan with half a tablespoonful of butter over the fire. Add one cupful drained canned tomatoes, season with one quarter teaspoonful of salt, the same of pepper and sugar.

Orange Layer Cake. Half a cup of butter and one cup powdered sugar; stir to a cream, then add the grated rind (yellow part) of half an orange, the whites of three eggs beaten to a stiff froth, half a cup of sweet milk and one and a half cups of flour in which you have sifted a teaspoonful of baking powder.

Household Hints. Small quantities and no waste is one good rule to remember. Have just enough—not a piece too much.

A Judge Killed by a Turkey. The fashion by which Judge Samuel Ashe of the First North Carolina Supreme Court came to his death must have been extremely mortifying to him.

Woodpeckers Eat Poles. Redheaded woodpeckers have destroyed, during two years, a carload of the poles which support the wires of the Kansas City and Independence electric line.

Copper-Plated Aluminum. A German engineer has recently succeeded in plating aluminum with copper by a welding process, and makes the combined materials in such forms that they may be soldered, rolled, drawn and plated.

Alabastine is What? Alabastine is a durable and natural coating for walls and ceilings entirely different from all kalsomine preparations, made ready for use a white, creamy beautiful tint by the simple addition of water.

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THE LIMIT OF HUMAN LIFE.

Authorities Differ on It and Centenarians Are Uncertain Quantities. How may a man prolong his life indefinitely? This question is discussed, but by no means settled, in an article by Langdon Kain, M. D., in the North American Review.

Dr. Kain explains this by saying that among such persons the death certificates are more rigidly kept, while among people of less education the exact age is left in doubt and wild guesses are made as to every old man or woman's years.

This theory is borne out by the fact that nearly all alleged centenarians belong to the poorer, less educated classes. Hiram Lester, said to have been the oldest citizen of this country, died in an almshouse in 1896 at the alleged age of 128.

A Cheap Trick. To manufacture a cheap kalsomine stick on the wall with glue, claiming it to be the "same thing" or "just as good" as the durable Alabastine or to buy and sell such goods on such representations would seem a cheap trick. Some resort to it. To be safe, buy Alabastine only in packages and properly labeled.

Beauty is Blood Deep. Clean blood means a clean skin. No beauty without it. Cascarets, Candy Cathartic, clean your blood and keep it clean, by stirring up the liver and driving all impurities from the body.

Perfect Passenger Ships—Chesapeake Line. The traveler going South, who desires a short trip by water, seeking comfort, safety and pleasure, cannot select a more delightful trip than via Baltimore and the Chesapeake Line, touching at Old Point Comfort and Norfolk, thence South via the Southern Railway.

Don't Tobacco Spit and Smoke Your Life Away. To quit tobacco easily and forever, be optimistic, full of life, nerve and vigor, take No-To-Bac, the wonder-worker, that makes weak men strong.

Take Care Constipation Forever. Take Cascarets Candy Cathartic. 10c per Box. If C. C. fails, druggists refund money.

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ONE ENJOYS

Both the method and results when Syrup of Figs is taken; it is pleasant and refreshing to the taste, and acts gently yet promptly on the Kidneys, Liver and Bowels, cleanses the system effectually, dispels colds, head-aches and fevers and cures habitual constipation.

Syrup of Figs is for sale in 50 cent bottles by all leading druggists. Any reliable druggist who may not have it on hand will procure it promptly for any one who wishes to try it.

PIANOS

It is easy to obtain a piano our way. Where no dealer sells them, we will send a piano for a small cash payment, balance in monthly payments. Three years' time to complete purchase if desired.

Our CATALOGUE, FREE for the asking, tells all about them. Special prices and full information, if you write.

Ivers & Pond Piano Co., 114 Boylston St., Boston.



MENTION THIS PAPER WHEN REPLYING TO ADVERT. XXXI-17.

PISO'S CURE FOR CONSUMPTION. GUARANTEED TO CURE ALL CASES OF CONSUMPTION.

PAINT YOUR WALLS AND CEILINGS

MURAL WATER COLOR PAINTS. FOR DECORATING WALLS AND CEILINGS. Purchase a package of MURAL from your grocer or paint dealer and do your own decorating.

WE HAVE NO AGENTS. But have sold direct to the consumer for 25 years at wholesale prices, saving him the middleman's profit.

RHEUMATISM. Permanently cured by using DR. WHITEHALL'S RHEUMATIC CURE. THE GREAT AND BEST. Sample sent FREE on mention of this publication.

"Well Bred, Soon Wed." Girls Who Use GRAIN-O Are Quickly Married.

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