

# Blood is Life Pure Blood is Health

Without blood circulating through your veins you could not live. Without pure blood you cannot be well. The healthy action of every organ depends upon the purity and richness of the blood by which it is nourished and sustained. If you have salt rheum, scrofula sores, pimples, boils or any kind of humor, your blood is not pure. If you take Hood's Sarsaparilla it will make your blood pure and promptly relieve all these troubles. In the spring the blood is loaded with impurities. Hence, all those unsightly eruptions, that languor and depression, and the danger of serious illness. Hood's Sarsaparilla is needed to purify, enrich and vitalize the blood and protect and fortify the system.

## Hood's Sarsaparilla

is America's Greatest Medicine. Sold by all druggists. Six for \$5. Get only Hood's.

### Hood's Pills

are the only pills to take with Hood's Sarsaparilla.

#### Japanese Children.

"A joyous heart is always pure," say the Japanese, and they encourage and take part in the amusements of their little ones with a zest that shows their belief. The Japanese are naturally a gentle and childlike race, fond of gaiety, while brave and chivalrous in action and earnest in study. The boys and girls while at play romp, laugh and shout, and have a "royal good time," but travelers say they do not see among them quarrels nor angry words and gestures. Score this to the credit of our dark-eyed little cousins in the land of the "sun's source."

They have the advantage of being loosely and warmly dressed, and of being out a great deal in the open air. In their homes there is but little furniture to tumble over, and there are few useless ornaments which they are told "not to touch."—St. Nicholas.

#### Strangers Judged by Dress.

Girard, the famous French painter, when very young, was the bearer of a letter of introduction to Lanjuinais, then of the council of Napoleon. The young painter was shabbily attired and his reception was extremely cold, but Lanjuinais discovered in him such striking proofs of talent, good sense and amiability, that, on Girard's rising to take leave, he rose, too, and accompanied his visitor to the ante-chamber. The change was so striking that Girard could not avoid an expression of surprise. "My young friend," said Lanjuinais, anticipating the inquiry, "we receive an unknown person according to his dress—we take leave of him according to his merit."—Anecdotes.

### AIDED BY MRS. PINKHAM.

Mrs. W. E. PAXTON, Yongtown, North Dakota, writes after her struggle to regain health after the birth of her little girl:

"DEAR MRS. PINKHAM—It is with pleasure that I add my testimony to your list, hoping that it may induce others to avail themselves of your valuable medicine.

"After the birth of my little girl, three years ago, my health was very poor. I had leucorrhoea badly, and a terrible bearing-down pain which gradually grew worse, until I could do no work. Also had headache nearly all the time, and dizzy feelings. Menstruations were very profuse, appearing every two weeks.

"I took medicine from a good doctor, but it seemed to do no good. I was becoming alarmed over my condition, when I read your advertisement in a paper. I sent at once for a bottle of Lydia E. Pinkham's Vegetable Compound, and after taking two-thirds of the bottle I felt so much better that I sent for two more. After using three bottles I felt as strong and well as any one.

"I think it is the best medicine for female weakness ever advertised, and recommend it to every lady I meet suffering from this trouble."

Maternity is a wonderful experience and many women approach it wholly unprepared. Childbirth under right conditions need not terrify women.

The advice of Mrs. Pinkham is freely offered to all expectant mothers, and her advice is beyond question the most valuable to be obtained. If Mrs. Paxton had written to Mrs. Pinkham before confinement she would have been saved much suffering. Mrs. Pinkham's address is Lynn, Mass.

## Go to your grocer to-day and get a 15c. package of

# Grain-O

It takes the place of coffee at 1/4 the cost. Made from pure grains it is nourishing and healthful.

Insist that your grocer gives you GRAIN-O. Accept no imitation.

## DYSPEPSIA

"For six years I was a victim of dyspepsia in its worst form. I could eat nothing but milk toast, and at times my stomach would not retain solid food. Last March I began taking CASCARETS and since then I have steadily improved, until I am as well as I ever was in my life."

DAVID H. MURPHY, NEWARK, O.

## CASCARETS

Pleasant, Palatable, Potent, Taste Good, Do Good, Never Sickens, Weakens, or Grips. 25c. Per Box. CURE CONSTIPATION. Starting Ready Company, Chicago, Montreal, New York. NO-TWO-BAG Sold and guaranteed by all druggists to CURE TOBACCO HABIT.

# NEWS AND NOTES FOR WOMEN

### Will Save Hours of Mending.

A simple invention which promises to save hours of stocking mending is a thin sole or half sole, covered with satin, to slip inside the boot or shoe, with a stiff backing of velvet round the heel, which entirely prevents friction with its danger of chibblains and blisters. The protectors also keep the shoes from slipping and are useful to pedestrians, cyclists and dancers or skaters.

### To Launder a Corset.

To launder a corset, lay it flat on a washboard, take a brush such as you use to clean floors and woodwork, and scrub it. When clean, press the water out between the hands or between the hands and board. Do not rub it on the board or pass it through the wringer; it twists the bones and steels so that it never sets well afterward. It should be starched by rubbing starch into it, following directions given for cuffs and collars.—New England Home-stead.

### Railroad Chaperons.

One of the largest railroad corporations in the country employs three women to act as chaperons or guides to tourist parties that travel over their routes. Miss Zerelda Wallace Beatty, Miss Emma C. Bingham and Miss Annie E. Brady, to look after the comfort of the people they accompany and explain the points of interest along the way. To people who have traveled but little they are of great assistance. Their services are not forced upon anyone, but they are present to be called on when wanted. They usually make themselves known to the women of the party, and are willing to give information at all times.

### Mrs. Astor's Kitchen.

Since housekeeping has been elevated to "domestic science" the plan, arrangement and appointments of the kitchen have become a matter of greater importance than the furnishing of the parlor. Students of the new science are evolving unthought contrivances for the easiest as well as the most hygienic methods of preparing dishes fit to set before the king. Although not the largest of modern kitchens, that of Mrs. Jacob Astor, on Fifth avenue, New York, is a model kitchen for a private residence. The culinary domain occupies nearly the entire basement of the large dwelling. Possibly the appointments are best indicated by the expression, "everything." The department includes the kitchen proper, pastry, vegetable and store rooms, a consultation room, where housekeeper and cook hold conferences, and decide upon menus, and discuss those made out by Mrs. Astor herself. In addition is the scullery, kept in such spic and span, and used as a present an artistic picture and study in pots, skillers and pans. This marvelous model kitchen is without odors from a range hood, which gathers them, and an electric fan which blows them away. Suggestive of colonial times is the open fireplace with old crane, pot, hooks, spit, tinet and jack. Birds and poultry are roasted there in the old fashioned way, reaching a perfection of flavor never attained by modern methods. The servants employed in this culinary realm are a chef and assistant cook, three kitchen maids and a scullery maid.—Chicago Times-Herald.

### The Girl in Red.

The red tailor-made girl is the brightest girl in town. She is the girl for spring, and is as fashionable as she is conspicuous. She comes in every variety of red from coppery flame to the dark rich oxblood. Her hat and her gown will both be scarlet. She will create a furor, she will be so gay and so stylish.

The tailor-made gown of to-day is not what it was formerly. It may now be a veritable extravaganza of modiste skill. It is Parisienne. Even the girl who affects the English style has succumbed to the fascinating influence of femininity in dress, and severity is no longer a characteristic of her toilet.

The women of London are not lagging in matters of style, and every English lassie who is willing to enhance the beauty of her bonny face and bright complexion hastens to adopt the wearing of red.

Paris was a slave to the vivid cardinal family last year. Simplicity and modified Russian blouse commend the English tailor gown of '98 to favor. The one that has attracted attention is fashioned of a new material, woven closely into crosswise satin stripes, and the skirt fits snugly about the hips, flaring only at back, emphasizing the slight demi train. Cut steel buttons adorn the double-breasted blouse, moderately full in front and close-fitting at back. The belt of cloth is decorated by various bands of velvet, and is held in place by a steel clasp. The beauty of this gown lies in the graceful lines which define the curves of the figure. With it is worn a satin straw turban.—New York Journal.

### Gossip.

A Turkish woman is not permitted to speak above a whisper in the presence of her husband's relatives. It is reported that the author of "A Son of Israel" is Mrs. Willard, the wife of the actor. The book deals with high and low life in Russia.

Mme. Alexandre Dumas is busily engaged with her husband's manuscripts, for her object is to prevent any of the numerous works or fragments of works left behind from being published.

Mrs. Daniel E. Manning, wife of President Cleveland's Secretary of the Treasury, was elected President General of the Daughters of the Revolution at the recent meeting of that organization at Washington.

One of the students of the College of Music in Cincinnati, known as Miss Katharina Agnes Glick, is in reality Etsu Matsuo Honjo, the daughter of a Japanese noble who married an

### American, Miss Emma Tyler, a relative of the President of that name.

Miss Ellen Terry can never sleep during the day unless she is read aloud to, and her girl friends take turns at this every afternoon during her long engagements in order that her health may not suffer from the nerve fatigue occasioned by the work.

Frau Cosima Wagner has in her possession, according to Wagner's friend, Herr Heckel, four unpublished complete plays by her husband, entitled "Luther," "Frederick the Great," "Hans Sachs' Second Marriage," and "Duke Bernhard of Saxe-Weimar."

Two hundred teapots are the proud possession of Mrs. Helen Crittenden Adams, of Buena Park, Chicago. Among curious pieces in the collection is a double Japanese teapot with two spouts, which is always used at wedding festivities in that country by the bride and groom.

The King of Sweden has bestowed on the Scandinavian authoress Clara Tschudi the medal for art and science, it being the first time that a Scandinavian authoress has received this honor. Clara Tschudi's works have already been translated into German, and are mostly on historical subjects.

The women of Cleveland, Ohio, have gone into politics in a novel way. Every afternoon meetings are held, at which tea is served, and while drinking tea the feminine politicians discuss candidates and principles. The fact that women are candidates for the school board is the incentive to political pink tea.

It will be news to many persons to learn that Mrs. Amelia E. Barr is, as far as outward signs go, one of the most popular women writers in the world. She has an income of \$20,000 a year from her work, which of course betokens an enormous readership of it, and her writings have been translated into a number of languages.

Mme. Carnot, the widow of the martyred President of France, is living quietly in Paris, and no sovereign passes through that city without calling on her as a mark of respect. In one corner of her apartment she has arranged a chapel, and here she has placed around a portrait of Carnot innumerable souvenirs sent to her after the assassination.

Miss Edna Johnson, of Macon, Mo., twenty-two years old, pretty and accomplished, longs to extend her influence beyond the confines of home and the district school. To this end she announces in the local papers and by widely distributed circulars that she will be an independent candidate for circuit clerk of Macon County. Seven men are announced for the office, subject to the Democratic nomination.

### Fashion's Display.

Chiffon in shirred effects. Polka-dotted taffeta, black. Plaid straw braids and plateaus. Moire effects under a plaid in silk. Chiffon effects in dress trimmings. Shirt waists of embroidered batiste. Much-tucked waists of light taffeta. Plaited chiffon ties having lace ends.

Scotch plaid twilled flannel for waists.

Nets with satin folds in bayadere style.

Neckties of figured net having lace ends.

Black brocaded grenadine for costumes.

China and Japanese crepes for costumes.

Black satin sash ribbon with a corded edge.

Checked gingham with silk lines for waists.

Immense plaids with a high lustre in taffeta.

Light-weight silk poplin with satin bayadere.

Parasols trimmed with frills of satin ribbon.

Stock collars and cuffs of mouseline and lace.

Large plaid and Roman-striped effects in parasols.

Pique in plaid, each block holding a colored figure.

Black satin checks for odd skirts and shirt waists.

Black silks in cord, check and satine bayadere effects.

Cloth sailors having a stitched brim and soft crown.

Red pique for gowns to be trimmed with white embroidery.

Odd skirts of white mohair tucked nearly to the waistline.

Chiffon neck bows having lace and ribbon trimmed ends.

Misses' tailored suits in black, green, brown and blue serge.

White pique with alternate stripes of apparent tucks and dots.

Immense ties and stocks in plaid, checked and plain silk and satin.

Black taffeta skirts covered with flat rows of black velvet ribbon.

Stocks of plain tucked taffeta edged with white taffeta bunting.

Spring hats of flowers covered with gauze and jetted wings or doves.

Yokes and collars of Hamburg embroidery trimmed with ribbon.

Summer silk with bayadere stripes, representing white lace inserting.

Bands of embroidered chiffon having a tiny frill of plain on the edges.

Waists of plain taffeta having hemstitched yoke, cuffs and centre plait.

Black lace, net and mouseline neck scarfs with lace, frilled or ribbon-trimmed ends.

Skirts of three lace flounces edged with a narrow ruffle of edging with waist of piece cut.

White mohair for blouse and jacket suits to be trimmed with white cord braiding or satin ribbon.

## A TEMPERANCE COLUMN.

THE DRINK EVIL MADE MANIFEST IN MANY WAYS.

Why He is a Nobody—Unanswerable Argument Showing That the Safest Way to Keep Sober is to Take the Total Abstinence Pledge—Woman's Influence.

He tried hard to be somebody. One day he would go to his gin toddy. So, sinking his pride, he lived and he died. And went to his grave a poor nobody.—A foolish, unfortunate nobody. A hopeless, unlucky nobody.

"O dear! what a fool," said the neighbors, "to thus throw away all his labors, to muddle his head, and make his nose red, as if he had been fencing with sabres. And all for the sake of gin toddy. O foolish, unfortunate nobody!"

"Who's that?" would the boys cry in chorus, and laugh in a manner appropriate to the pure boyish fun, to see the sod run and snout his old hair from the robes.—This foolish, unfortunate nobody. This hopeless, unlucky nobody.

My boy, if you'd be a somebody, then never incline to gin toddy. Keep a clear head, be kind and well bred, and avoid the gin toddy. This foolish, unfortunate nobody. This hopeless, unlucky nobody.—Mrs. M. A. Kidder.

Be Sober. Do you wish to know the easiest way to be sober? It is to take the total abstinence pledge, says the Western Chronicle. What does a man do when he takes the pledge? Just what the farmer does, who, seeing his fence is about high enough to keep the cattle out of the grain, makes it just one rail higher; for he knows that there may be one beast wilder than the rest who will leap over an ordinary fence. So a prudent man, seeing the ravages of the vice of intemperance among his friends, dresses some moment of weakness, or during some depression of spirits or foolish mirth. So he puts all danger out of the question by the pledge. For if there be danger from an inherited appetite or from a convivial disposition, or from prosperity or adversity, there is no mistake about this; the man who takes a single drop can not drink too much.

But, again; what does a man do who takes the pledge? Just what the kind mother does who wants to induce her sick child to take the medicine she prescribes for herself. The pledge is taken by a man who may not need it for his own sake, but who loves another who does need it. It is taken in order to save his children from the demon of drunkenness. Oh! how pleasing to God are those parents who practice total abstinence by way of good example. Oh! how blessed is the home from which intoxicating drink has been banished! How wise are those parents who thus teach their children that intoxicating drink, though it may be used with moderation, must always be used with caution. Children reared in such a home know well enough how to avoid treating, frequenting saloons and convivial habits of every sort.

There is a phase of the temperance reform in which I have often thought our good temperance women might do very efficient work, writes Dr. J. G. Junkin. It is, educating our physicians. I have practiced medicine more than thirty years, and know that next to the physician's rules in the sick room, and sometimes from setting him aside in making pertinent practical suggestions.

If our temperance women would approach the physician in a proper way (and they can) they would soon stop the dosing of their patients with the most pernicious practice (and it has been a large one) which has never derived any benefit to patients, but often positive harm, and which I discarded as a medicine years before I quit practice.

Physicians start many thousands annually on the way to a drunkard's grave by prescribing these stimulants as a medicine. I know that in their convalescence, they have passed resolutions on this point, but there needs to be more decided concert of action in carrying them out. Seems to me this should be pressed more fully by temperance writers and speakers. They could get clear of these stimulants as a medicinal remedy, we would knock from under the feet of many of their main props, for they say, "You can't get along with out liquors as a medicine." Discarded as a medicine, our druggists would not keep them for filling prescriptions and under that pretext making their stores saloons, as so many are now doing.

### Mortality of Liquor Dealers.

Dr. John Tatham has just presented a report to the Registrar General of England on the mortality of men engaged in different occupations, the figures relating to the years 1890-92 inclusive. The age, occupation and registered cause of death of every male person who died during those years who died during those three years have been taken from the death registers, and the collective information thus obtained is given daily tabulated in a Blue Book.

On the mortality of those engaged in the liquor trade Dr. Tatham has this to say: "The death rate of all classes directly connected with the business still continues to be enormous, and the figures amply corroborate this statement. The standard mortality figures for occupied males is 953. This for brewers is 1427, and that for publicans 1498. Publicans, or saloon keepers," adds Dr. Tatham, "die seven times as fast as do occupied males from alcohol"—six and a half times as fast from disease of the liver, and more than double from diseases of the urinary system, from rheumatic fever, from diabetes, and from pneumonia. Indeed the death rate of publicans from every cause but accident is fearfully in excess of the average. No other occupation is so deadly as that of the publican, whose very servants die twice as rapidly as they would if they were engaged in any other occupation but that of selling strong drink.

### A Distiller Teaches a Lesson.

A whiskey distiller died recently in an adjoining county who left an estate worth \$6,000,000, says the Pittsburgh Catholic. People who had cultivated whiskey tastes in production could not be excused in quality—and it was highly recommended. But the man who manufactured it and built up this immense fortune on its sale would not even taste it. He was a total abstemious and a clear-headed man of health for himself. There is a lesson in this.

### Alcoholic Poisoning.

This is the political way of telling how a man in these days died from habits of drunkenness. Only in the mildest terms must one refer to an act of this kind, lest he should offend the sensitiveness of some dealer in the accurate drink, or some respectable upholder of the traffic; and only in the gentlest manner possible must one speak of the terrible evils resulting from alcoholic beverages, so as to avoid giving offense to those who believe in licensing their sale.

### Temperance News and Notes.

Satan's plan is the gin palace. A drop of gin is a drop too much. Alcohol is the product of decay and death. Strike at the saloon at every opportunity. Over and over again the invitation to the better life is offered to us. How do we heed it?

Many men fear to stop their intemperate habits too suddenly. They should fear more to continue them, so as to avoid giving offense to those who believe in licensing their sale.

### OPIMUM

and Liqueur Habit cured in 10 to 20 days. See how it is cured. Dr. J. L. Stephens, Dept. A, Lebanon, Ohio. If afflicted with it, write to Dr. J. L. Stephens, Dept. A, Lebanon, Ohio.

### Thompson's Eye Water

It is afflicted with it, write to Dr. J. L. Stephens, Dept. A, Lebanon, Ohio.

### STANDARD OF THE WORLD

POPE MFG CO. HARTFORD, CONN. ART CATALOGUE OF COLUMBIA BICYCLES BY MAIL TO ANY ADDRESS FOR ONE TWO CENT STAMP.

### Inflammatory Rheumatism.

From St. Lawrence Place, Canton, N. Y. To suffer for years with a prevailing painful ailment, which baffled skillful medical treatment, yet which was cured by a simple household remedy, is the lot which befell Mrs. George L. Rogers, of West Main Street, Canton, N. Y.

"Thirteen years ago," said Mrs. Rogers to a reporter, "I was attacked with inflammatory rheumatism and a complication of diseases. You can judge somewhat of what I endured, when you look at these hands. They were distorted, twisted and swollen. My feet, too, is so much out of shape that the big toe lays across the others, the end touching the little toe."

"Notwithstanding I am a fifty-five year's old, I have a pleasant home and other comforts, life to me was far from enjoyable, for all other things pain into it—



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### The Mind as a Disease-Producer.

We know that a congested liver produces gloom, perhaps leading to suicide; another kind of gloom is perhaps due to a congested spleen; a disorderly heart produces apprehension of coming danger; certain intestinal conditions produce fear; morbid conditions of other organs mar the sense of strength and manhood or womanliness. We know also a few converse truths: That gloom or despair may induce jaundice; that good news will make the heart beat vigorously; that cheerfulness will calm and regulate its beat; that fear and anxiety may paralyze digestion.—Dr. Herbert A. Coryn, in the National Review.

### To Cure Constipation Forever.

Take Cascarets Candy Cathartic. 10c. Per Box. If C. C. Call to cure, druggists refund money.

### To Cure a Cold in One Day.

Take Laxative Bromo Quinine Tablets. All Druggists refund money if it fails to cure. 25c.

### Educate Your Bowels with Cascarets.

Candy Cathartic, candy constipation forever. 10c. Per Box. If C. C. Call, druggists refund money.

### There are more than 2000 German waiters in the hotels and restaurants of London.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c. a bottle.

### Third-class railway fares in India are less than half a cent a mile.

Chew Star Tobacco—The Best. Smoke Sludge Cigarettes.

### No-To-Bac for Fifty Cents.

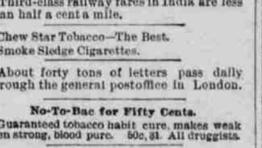
Guaranteed tobacco habit cure, makes weak men strong, blood pure. 50c. All druggists.

### Holland is the only country in Europe that admits coffee free of duty.

Pilo's Cure for Consumption is an A. No. 1 Asthma medicine.—W. R. W. Williams, Anchoch, Ills., April 12, 1894.

### The bottled beer of England requires nearly 70,000 tons of corks yearly.

## SYRUP OF FIGS



### ONE ENJOYS

Both the method and results when Syrup of Figs is taken; it is pleasant and refreshing to the taste, and acts gently yet promptly on the Kidneys, Liver and Bowels, cleanses the system effectually, dispels colds, headaches and fevers and cures habitual constipation. Syrup of Figs is the only remedy of its kind ever produced, pleasing to the taste and acceptable to the stomach, prompt in its action and truly beneficial in its effects, prepared only from the most healthy and agreeable substances, its many excellent qualities commend it to all and have made it the most popular remedy known.

Syrup of Figs is for sale in 50 cent bottles by all leading druggists. Any reliable druggist who may not have it on hand will procure it promptly for any one who wishes to try it. Do not accept any substitute.

WALBURN FIG SYRUP CO. SAN FRANCISCO, CAL. LOUISVILLE, KY. NEW YORK, N.Y.

### "JONES HE PAYS THE FINEST" Farm and Wagon SALES.

United States Standard. All Sizes and All Kinds. Not made by a trust or controlled by a combination. For Free Book and Price List, address JONES OF BINGHAMTON, Binghamton, N. Y., U. S. A.

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### Beauty is Blood Deep.

Clean blood means a clean skin. No beauty without it. Cascarets, Candy Cathartic clean your blood and keep it clean, by stirring up the lazy liver and driving all impurities from the body. Begin to-day to banish pimples, boils, blotches, blackheads, and that sickly bilious complexion by taking Cascarets,—beauty for ten cents. All druggists, satisfaction guaranteed, 10c. 25c. 50c.

### Catsarrh Cannot be Cured

With local applications, as they cannot reach the seat of the disease. Catsarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catsarrh Cure is not a quick medicine. It was prescribed by one of the best physicians in this country for years, and is a regular prescription. It is composed of the best ingredients known, combined with