### The South Sea Islanders.

The Rev. R. Wardlaw Thompson, the foreign secretary of the London Missionary Society, who has paid a lengthy visitation tour among the South Sea Islands reports that in New Guinea, where the society has had missionaries at work for twenty-five years very satisfactory progress has been made. He eulogizes the Gov-ernor, Sir William McGregor, for the splendid way in which he has reduced the country to order, getting the various tribes to live in peace, and opening up and developing the interior.

### How To Learn To Cock.

Cooking is a fine art which must be learned by study. Good books on the subject are necessary. "Among the best now published is a little work containing four hundred recipes from the best authorities. It can be had free of cost by sending a stamp to the Cleveland Baking Powder Co., New York. ELIZA R. PARKER.

Bapids, lows, a young man who was con-verted confessed that he was guilty of a robbery for which another man has been imprisoned since iast fail. He was ar-rested.

#### \$100 Reward, \$100.

**SIOU Reward. SIOU.** The readers of this paper will be pleased to heart that there is at least one dreaded illease that science has been able to cure in all the dates is the only positive cure known to the working the only positive cure known to the indicate fraiserults. Catarrh being a constitu-tional disease, requires a constitutional treat-ing the only positive cure known to the working treater in the blood and uncerns and found the save requires a constitutional treat-ing the system, thereby dostroying the oundation of the disease, and giving the pa-oundation of the disease, and giving the proprietors have so much far hin its currativo provident they offer One Hundred Dellars of the medit of the disease. And the section of the other of the section of the disease and the section of the proprietors have so much far hin its currativo provident they offer One Hundred Dellars of the medit of the disease and the section of the section

Sold by Druggists, 75c. Hall's Family Pills are the best.

### There is a Class of People

ure injured by the use of coffee. Recently there has been placed in all the grocery centry there has been parced in all the grocery stores a new preparation called Grain-O, made of pure grains, that takes the place of coffee. The most delicate stomach receives it without distress, and but few can tell if from coffee. It does not cost over one-quarter as much. Children may drink it with great benefit. 15 cts, and 55 cts per package. Try it. Ask for Grain-O.

### A Borax Soap, "Dreydoppel's,"

Cures chapped hands, dandruff, cleanses fin-est clothes. Be sure get Dreydoppel's, the only genuine; full pound bars. Dreydoppel's borax soap.

Fits permanently curred. No fits or nervous-ness after first day's use of Dr. Kline's Great Nerve Restorer. Stirial bottle and treatise free Da. R. H. RLINE, Ltd., 331 Arch St., Phila., Pa.

Mrs. Winslow's Soothing Syrup for children trething, softens the gums, reduces inflamma-tion, allays pain, cures wind colle, 25c.a bottle. ' Piso's Cure for Consumption has saved me many a doctor's bill. -S. F. HARDY, Hopkins Place, Baltimore, Md., Dec. 7, 1894.

# 'If afflicted with sore eyes use Dr. Isnac Thomp-son's Eye-water. Druggists sell at 55c, per bottle.

# ITS WORST FORM

# All Symptoms of Catarrh Have Disap-peared Since Taking Hood's.

"My daughter has had catarrh in its worst form since she was four years old. She obtained only temporary relief from medicines until she began taking Hood's Sarsaparilla. Since using this medicine the disagreeable symptoms of the disease have entirely disappeared." M. W. Silsby, Hartland, N.Y. Remember

Hood's Sarsaparilla Is the best-in fact the One True Blood Purifier. Hood's Pills assist Digestion and cure The Peanut as an Article of Commerce.

The demand for concentrated and condensed foods has led to a very careful and scientific study of the peaut and its possibilities. Peanut meal and peanut grits are richer in nitrogen than almost any of the other vegetable seeds known. Peanut oil has become a Stock and Home. staple article of commerce, and the manufacture of it is engaging a large amount of skilled labor and a great deal of valuable machinery, some of which has been made or arranged expressly for this purpose. Peanut oil is of a delicate amber tint and has a very agreeable taste and odor. It requires but a slight refining process, and once freed from the fret neid which the raw oil contains, keeps well, indeed better than ordinary olive oil. Another seed that is attracting considerable attention as a commercial product is that of the sunflower. Sunflower seed oil is one of the most delicious productions of nature. The oil is comparatively unknown, but as soon as the public learns its value it is bound to become popular, not only for its delicious flavor, but it is said In order to be doubly sure that our not to plow the land at all in the to keep better than any other oil. An objection to its use by certain temperaments is that it is extremely fattening. Sunflower seeds have long been a delicacy in Russia. They are eaten either raw or roasted like popcorn. Confections are also made of them and latterly they have been extensively used for oil by cold pressure. An eminent scientist predicts that the sunflower crop at no distant day will receive quite as much attention as is now bestowed upon corn, peas, beans and like products.

Health of Plants. that lambs under one year old will It is impossible for plants to thrive show greater increase from a given unless they have plenty of earth. amount of feed than will cattle com-There must be ample room in the pot or tub for the expansion and susten-kernel of the nut) the mutton will ance of the roots. bring a better price than the beef! You get more pounds of it and more for it per pound. The clip of wool is

# To Mow That Hedge.

Hedges can be easily trimmed by just so much extra-thrown in, to mowing machines with a new cutter boot. And, morever, (and this is an-other important fact) the sheep when you have sold them, have left your bar, which rests on a tilting frame and During a temperance revival at Cedar | can be raised to any height and set at any angle desired. land richer and cleaner than when you put them of it.

### Protecting Tree Trunks.

After making numerous trials of It pays to raise sheep. An institute lecturer once summed various wraps and washes to protect up the advantages of sheep in this tree from rabbits, mice, borers and wise, and I have kept his summing sunscald, I find that wrapping with up in my scrap book, to keep up my burlap is the most effective. This material will last two years .- Samuel courage when wool is low in price. 1. They are profitable. Edwards, of Illinois. 2. They weaken the soil least and

### How to Improve a Lawn.

# Lawns can be kept green and thick-

3. They are enemies of weeds, set without the use of stable manure. 4. The care they need is required City and village people who have a few square rods of grass, usually imagwhen other farm operations are slack. 5. The amount of investment need ine it necessary to keep the plot cov-ered for weeks with highly scented and not be large. 6. The returns are quick and

strengthen it most.

ill looking manure, when the fact is that one half the money's worth of nitrate of soda and powdered phos-handled of all farm stock. 7. They are the quietest and easiest

8. Other farm products are made phate of lime will answer better and create no nuisance. They furnish to more largely from cash grains, while the soil, what is most needed, an al-kalı, phosphoric acid and nitrogenthose from the sheep are made principally from pasture. 9. There is no other product of the both of them are inodorous and show farm that has fluctuated so slightly in

their effects immediately on their apvalue as good mutton. plication. - Andrew H. Ward. 10. By comparison wool costs nothing, for do not the horse and cow in Clover Philosophy.

shedding their coats waste what the The fact that clover supplies atmos sheep saves? pheric nitrogen to the soil is one rea son why all grain crops do well after clover. It does another kind thing, In conclusion let me repeat: Sheep

pay. however, for the farmer. The other Chemical Reason Why Fall Plowing is

two remaining elements of fertility are Better Than Spring Plowing. potash and phosphate acid. Soils have To prepare the ground for the seed great abundance of these elements, it should be deeply plowed in the autumn and cross-plowed, as the land cannot be plowed in the spring withbut the greater pottion of them is locked up in forms in which the ordinary grain crops cannot utilize them. out exposing a large surface to the The clover plant, however, has the faculty of getting after and using at these forms of fertility where other plants fail, and as the clover hay is fed plants fail, and the manure resulting is crease of surface exposed. By the crease of the atmosphere its crease of the surface exposed its crease of the surface exposed its crease of the surface exposed. strong drying effects of the spring decay in the soil, these elements are and the soil the latter keeps up its left in a position where the other plants store of available nutritive matters, can use them. Herein lies the dauger The silicates soluble with difficulty of constantly growing clover. If any slowly yield alkalies, lime and magclover is used as a stimulant, or, say, nesia in soluble forms; the sulphides a fertilizer, and the resulting crops of are slowly converted into sulphates and generally the minerals of the soil hay are sold, the roots plowed under, grow corn, wheat, oats, and these sold, are disintegrated and mixed under the and this process kept on from year to influence of the oxygen, the water, the year, the result will be the bankruptcy carbonic acid and the nitric acid of the of the land in potash and phosphoric arid, the absolute refusal of clover to is assimilable by the soil in the shape grow, and the disease known as "clover of ammonia, nitrates and the amidesickness." When land reaches this like matters of humas.

point it is the most hopelessly barren of all soils, and can only be reclaimed The rate of disintegration, as well as that of nutrification, depends in part upon the chemical and physical by the liberal use of fertilizers or else ying idle for a number of years, until character of the soil, and partly upon the forces of nature gradually unlock. the temperature and meteorological by freezing and thawing, the mineral conditions. alements that all plants require. - Farm,

off, knitted underwear. This old Moreover, the soil lying in rough knitted cloth can be easily colored and interfurrows has been subjected to the when that is done, cut in strips length-wise. The strips should be 11 inches action of frost; it is in its upper layers so broken up and divided in all Prof. T. L. Haecker, of the Minne- directions by the powerful expansion Ravel one edge to the depth wide. sota Experiment Station, says: We of the water, when converted into ice, must first determine what we want the as to be reduced to the condition of of an inch and sew the other edge to the foundation, lapping one row over auimals for, and then select those which the greatest possible fineness-recogthe other far enough to cover the are adapted for that particular pur- nized and so much desired by the farstitches by which it is fastened. The

#### HOUSEHOLD AFFAIRS. A TEMPERANCE COLUMN. Sandwiches For Company.

round the sandwiches, which should

Boiled Potatoes.

Pare the potatoes with sharp vege-

put each potato as peeled into a pan

of cold water to prevent discoloration.

a slight shaking of the kettle.

his own conclusions. If you wish a

Homemade Rugs.

rows of braid,

entries;

#### When preparing sandwiches for a THE DRINK EVIL MADE MANIFEST arge company, it is sometimes neces-IN MARY WAYS. eary to make them several hours in

The Present Need-A Bishop's Opinion on the Temperature Question-Advocates of Total Abstinence Have the Respect of All Classes-Evils of Drunkenness.

At a recent meeting of the Catholie Total

parent and beautifully variegated in brown clouds, which give the effects so fully brought out when the shell is

<text><text><text><text><text> Have ready, meanwhile, a kettle of boiling water, and when the peeling process is complete take the potatoes from the cold water, and covering them with boiling salted water, set them on the range, covered, to boil. Twenty minutes will usually suffice, but to test them use a skewer or fork. and when they can be pierced easily remove at once from the fire, pour off all the water, and set them on the back of the range, uncovered, to steam dry, assisting that process occasionally by If one asks the reason why potatoes should always be cooked in boiling water, try the following experiment for proof: Take two cups, in each of which has been put a teaspoonful of

ordinary starch. Pour over one a quarter of a cupful of boiling water, and over the other the same quantity of cold water, and observe the result. The one over which the boiling water was poured stays in shape, a compact mass, while the one with the cold water dissolves into a soft paste. The potato is largely composed of starch, and from this trial any one may draw

### Children's Societies.

pulpy, watery potato, use cold water, but if a dry, mealy, snowy ball that would delight the heart of Epicurus The formation of total abstinence soci the among the boys and girls is one of the best possible means to comhat the vice of drankenness. When the youthful minds are plastic, there should be impressed up-on them the necessity of sobriety in the battle of life. Let there be formed in them the babtle of abeting on Town Hungs. Town battle of life. Let there be formed in them the habit of abstinence from liquor. Teach them that in this, as in every other vice, there is always a beginning—a little insid-ious beginning, a perfectly harmless-look-ling beginning—but in this beginning, as in a disease germ, lurk all the terrible possi-bilities, all the direful consequences of the drink habit. In many families the children see liquor used on every occasion, sometimes as a Pretty rugs are made of bits of flannel of any color, the more colors the better. Thread a coarse needle with No. 8 machine thread, then double and tie a knot in the end. Cut the

flannel in pieces or strips one inch In many families the children see liquor used on every occasion, sometimes as a beverage, comotimes as a modificate; and they are influenced, of course, by the ex-ample of their parents to look upon it as an indispensable article in the domestic economy. It should be the duty of temper-ance workers to combat this iden. It should be their earnest care to spread the light in such dark places. But the parents cannot very easily be reached, and even if they could, it would be almost an impossibility to change their lifelong views on the sub-ject. The children, therefore, are the ones to be sought after, and it is with them, through the means of attractive societies, that the work of temperance can be best advanced, wide, and run them in the middle lengthwise, draw them out to the end of the thread, as closely as possible one after another, until your thread is filled. Continue in this way till you have sufficient to make the rug. The strips should all be cut on the bias, then they will form a pretty roll when run on the thread. Have a foundation of burlap or ticking of the size you want the rug, and sew the rolls you have prepared to the foundation, beginning in the middle. The rugs may udvanced. be made in any shape required. The edge may be finished with points or

### No Middle Ground.

The drink traffic paralyzes every political, social, moral and religious condition which tolerates it. We cannot compromise with this evil. There is no middle ground. Its presence is death. For the Government to scallops cut from thick cloth or several Another pretty rug is made of burlap. Sacks that grain is put up in are as presence is death. For the Government to legalize, sanction, or protect it is to form a longue with hell and destruction. The traffic should be destroyed, and as a first step the Government, both national and State, should dissolve its partnership in the business and cast it adrift, without progood as new. Cut in strips two and one-half inches wide, fringe an inch of each edge, by pulling out the threads that run lengthwise, double State, should dissorve its partmersing in the business and cast it adrift, without pro-tection. Then outlaw it as a public enemy, the legitimats prey for destruction. Be-hold the ravages of the ftend as it sweeps over the land, consuming thousands of souls annually, causing desolation, despair and death to millions. We hear the lamen-tations of mothers and wives, the cry of hungry children. The demons howl in the rum caverns of death. See the grim gal-lows strangling their victims! Thousands of young men, the flower of the land, de-stroyed by the hideous traffic. How shall this tide of destruction be stayed? Who will accept the commission of the modern prophets, and cry out from the watch towers of the land, "Oh, turn ye, oh, turn ye; for why will ye die of strong drink, O Christian America!-Ex-Governor Hughes, of Arizona. in the middle and sew to a foundation, "over and over" stitch, beginning on the edge of the foundation. The burlap can be colored orange, green or yellow and when finished these rugs They are just the thing for halls and Good rugs can also be made of cast-

### Procuring Tortoise Shell.

The tortoise shell of commerce is

not, as generally believed, the horny

covering or shell proper of the turtle; it is the scales which cover the shield.

These scales are thirteen in number,

sight of them being flat and the other

five somewhat curved. Four of those

that are flat are quite large, sometimes

being as much as twelve inclues long and seven inches broad, nearly trans-

color with red, yellow, white and dark

Planted the Tree For Their Comms.

in thickness.-New York Post.

-Paducah (Ky.) Register.

Whooping Cough Quarantine

be guarded against the contagion?

and, Of what use is it to quarantine

them against going to school after the

"whoop" has made it evident that they

have the disease? Physicians are now

Ancient Belles Discovered.

of villages and numerous relies of an-

akin to the ancient Mexican people.

Astonished Him.

The gentleman with the aggressive odor of alcohol handed Mr. Wallace a

"Deer frend, could you be so kind To assist a fellow-man deef, dum and blind?"

card that read:

studying these new problems.

The Warry of It. The world has come to know that the useles have much to do with the health of the system, and the era of athletics has so developed them that the whole man is a the worry of it all is that the whole man is a stronger being thinn in former years. But the worry of it all is that the muncles are of the flesh, fleshy. A fittle twist, or all or jerk-these happen in all work-s at then a sprain. Sprains disable and are costly in time and money, but not if St. Jacobs Oil is used, for it cures surely and promptly and the worry of it is over.

## A Queer Gi weyard.

"In the little hillside gravayard west of Moorehead, Rowan County, properly polished. A turtle of average size will furnish about eight pounds of Ky., is one of the queerest gravestone in all the United States," remarked C. H. Munsetter, of Willard, Ky., at the American. "The stone marks the these an eighth to a quarter of an inch last resting place of Johnny Martin, one of the principals of the famous Mr. and Mrs. Jarrett Haynes arrived Rowan County War between the Marin the city Wednesday from Marshall County. Mr. Haynes and wife are Tollivers on the other. In this fend over ninety years of age each. They were on the site now occupied by the more than fifty men were killed, and were on the site now occupied by the thriving city of Paducah as early as 1829, when the town was a wilderness. Nearly fifty years ago the aged couple of the officers of the law while on from the officers of the law while on planted a walnut in the yard, from route to Lexington for safekeeping, which sprung a tree. It grew to be a the Tolliver gang later hanging him large tree, and a year or two ago was near Farmers and riddling the body with bullets. But Martin's friends cut down and sawed into timber. The lumber is now at the Haynes home, evened up scores by practically wip-ing out both feud and the Tolliver and is being saved to make the coffins of the eccentric couple when they die. faction on the streets of Moorehead two years later. On Martin's gravestone is the following inscription:

"Stop, stranger; tread not upon A French physician has proved to a certainty that the contagious period in the grave of one who never forsook a friend nor forgave an enemy. Johnny Martin lies here.' "-Ohio State Jourwhooping cough comes previous to the appearance of the "whoop." Now the questions arise, How are children to nal.

### Meek as a Lion.

The lamb will soon have to retire to a secondary place among the meek if many lions display the disposition of the ones caught recently by B. Car-ruthers Smith in South Africa. Speakng of some lions he caught, he says:

"The young lion sleeps in my room. Last night I had three dogs and the Professor Cushing has just made an examination of the Pine Island Keys, lion all loose in my room, the lion sleeping in my bed. I have just been in Florida, and discovered the remains up to the hospital showing the lion to cient lake dwellers whose ancient affini- the sisters and Mr. Roodes's brother, ties are still unknown. Judging from as also to a whole school of boys and their steel and copper implements or weapons, their pottery, masks and modes of sculpture, they appear to be morning to be exhibited. He realized morning to be exhibited. He realized altogether \$68.25."

## The Madagascar Parrot.

A rare specimen of a Madagascar parrot, called "coracopsis vasa," has been added to the Zoological Gardens, London. These birds are rarely seen in captivity, and for the last ten years "By gum!" exclaimed Wallace, in real surprise, "is it possible you dia-lect poets have been reduced to this sort of thing?"—Indianapolis Journal.

# A STITCH IN TIME SAVES NINE

Heat, sense of tenderness and swelling of a part, are all indications that there is need of instant repair -the stitch in time. Where these symptoms exist on the left or the right side of the womb, disease of the ovary is setting in, and soon there will be, if there is not already established, a discharge, trifling at first, but later copious and irritating. Soon, also, there will be felt dull, dragging pains radiating from the ovary.

Do not, my sister, let your malady go so far, but those of you who are already suffering in this way should begin at once a course of treatment with Lydia E. Plukham's Vegetable Compound. It will restore the organs to their normal condition.

In this connection MRS. E. L. MYERS, Quak-

eased, and for almost a year I suffered with severe burning pains which were almost unendurable, and a dull, heavy pain in

the, Pa., says: "My ovaries were badly dis-

the lower portion of my back. If standing I was most relieved with my foot resting on a stool or chair. The doctor told me I would have to take my bed and keep quiet. I had not used half a bottle of Lydia E. Pinkham's Vegetable Compound before it worked wonders with me. I now owe my health to the Compound. To those who are suffering from diseases peculiar to women, I would say that Lydia E. Pinkham's Vegetable Compound is just what they need." Mrs. Pinkham wishes to befriend you, and if you will write her at Lynn, Mass., telling her just how you feel, she will give you the very best advice free of charge. Think what a privilege it is to be able to write to a woman who is leavned in all these matters, and willing to advise you without charge.



#### The Dangers of Lap Dogs.

The death of Mlle. Santasiero, of Paris, is reported. She was the daughter of the former chef of Queen Isabelia, who keeps a well-known restaurant in Paris. The young lady was only twenty years of age, and had r bull terrier named Bob, of whom she was very fond. Two months ago Bob became ill. His mistress nursed him and lavished caresses on him. He hands and face. One day he ran away from her and howled if she went near him and attempted to bite her foot. Mile. Santasiero became ill; fever supervened, and then convulsions. For two days her convulsive state was dreadful. The third day she was quiet until toward the end, when congestion supervened and she died. No trace of any bite was found on any part of her body, but the doctors think that the dog's saliva must have been absorbed as he licked her face.



pose. At the university we keep a mer under the term mellowness careful account of the cost of keeping It has consequently attained each cow of the herd, with a view of degree of pulverization and porosity determining the cost of a pound of which, with an adequate degree of butter made from the milk of each cow. The cost varied from eight to twelve cents a pound, some animals costing fifty per cent. more than others velopment of the germ can penctrate in producing a pound of butter. We the sarface of the soil, and in the up divided the herd into two classes and per layers nutritive material for the found that the division that cost the young plant dissolved by the moisture most to produce butter had a tendency of the winter is always present. It is to put on flesh more than the others. therefore in accordance with reason conclusions were correct, we made a spring, but to put in the seeds withsecond test with the same result. out further preparation than a prev-Now, why was this? I examined the ious harrowing. The vigorous development of plants two classes individually and found that the spare built cow, with a deep depends far less upon the weight and body, was the best dairy cow. In both size of the seed than upon the depth divisions all breeds of cows were repreto which it is covered with the earth, sented. What we wanted to find out, and upon the stores of nourishment if possible, was how to be able to tell. which it finds in its first period of life. without making a mistake, the animal that would make butter the cheapest Careful investigation developed the fact that it took one pound of food to maintain 100 pounds of animal weight,

Selecting Cows For the Dairy.

(and doubtless many more) who has never bought Western wheat and so that animal that weighed 900 pounds would digest eighteen pounds of feed Western flour. There is little that required nine pounds to support her- this farmer and his family consume self and should return the remaining that is not raised at home. Not even nine pounds to her owner.

We must feed the cow just what she does his table rice come from George-town or Beaufort. It is a Greenville needs to maintain and produce the County product and it is said the low greatest possible amount of milk; select country rice is not superior to it. This her food for her, for if you turn her out gentleman makes his own sirap. where she has access to a straw pile or raises his own outs and barley and he other coarse fodder she will fill her produces a large number of balas of stomach with food that she does not cotton. The horses and mules that he him and lavished caresses on him. He need, and it will occupy the space in works are native to his farm. He has showed his gratitude by licking her the stomach that should be filled with been known to saw timber from his nutriment to produce milk. There is own forest and send it to a factory, another thing I have noticed, and that getting a part of it back in the form of is, that in examining Jersey herds we furniture. This farmer is not a great find the animals are generally advanced politician. He reads the newspapers in age. Large cows are not as good carefully. He is not poor. He is not for the dairy as they have to carry too dependent. But he is a very busy much weight, and it has a tendency to man. He is so busy that he rarely wear them out and they put on beel has a day to spend away from his own and break down and wear out. large plantation or plantations. He is on his farm with the regularity that a

-Andrew H. Ward.

A Self-Supporting Southern Farmer,

Greenville County has one farmer

He

# The Advantage of Sheep.

cashier is at his dosk in a bank and as I am not exactly a sheep crauk, many days in the year and as many says D. S. Young, of Iowa, in Farm hours in the day. There are farmers There are farmers News. I haven't been clamoring for who are able to indulge in more leismore protection on wool, for I own ure than is this Greenville farmer, but no immense flocks on a thousand or in other respects they are poorer than even one hill, but I do think that I he is.—Greenville (S. C.) News, made a big mistake in not keeping at least a small flock on my farm from

### The Australian Rabbit.

the time I left my father's house. The rabbit industry in Australia is Sheep pay. They pay irrespective something remarkable. Some idea of of the wool, and it is time more of the magnitude of the trade in Victoria usare waking up to the fact. I am glad alone may be gathered from the fact to see that Farm News keeps hammer that a month ago the cold storage in ing away on the subject. Melbourne was completely blocked

Professor Curtiss, of our State Ex- Although 96,000 had just been shipped periment Station, has very conclu- in two steamers for England there resively shown our farmers the advan- mained in storage 150,600 rabbits, and tages of sheep raising. By a series the number was being added to at the rate of 12,000 daily.

foundation may be of any heavy cloth. The first row should be sewed to the onter edge of the foundation and work toward the center, finishing with a double row in the middle .- New Eng-'and Homestead.

resemble the fine lambs' wool mats.

### Recipes.

Pineapple Syrup—To make pine apple syrup, select firm fruit and pare and slice. Pour a quart of water to every three pounds of the fruit, cover oil until the slices are soft. Mash and b and strain, and to a pint of this juice add a pound of sugar. Boil to a syrap and keep well corked.

Bombay Toast-Beat well four eggs. add one tablespoonful of chopped capers, half a teaspoonful of salt and a dash of cayenne. In a saucepan put two tablespoonfuls of butter, and when hot stir in one tablespoonful of anchovy paste and the egg mixture. When it thickens take from the fire, spread over slices of buttered toast and serve at once.

"Angels on Horseback"-Select a dozen or more of good sized oysters and bring to a boil in their own juice; drain and season lightly with a few dashes of salt and pepper. Then wrap each in a very thin slice of well-cured bacon and fasten with a tiny skewer; broil about three minutes and serve sizzling on hot dishes. Everybody is sure to like these.

Mutton Chops a l'Anglaise-Remove all bone, dip the chops in beaten egg, then roll them in crushed vermicelli in which is sprinkled a teaspoonful of salt; fry a delicate brown in hot fat; pour half a pint of cooked tomatoes into the frying pau from which the chops have been removed; stew the tomato sauce in the chop gravy unti flavored. Arrange the chops in a circle on the platter and pour the sauce in the centre.

Quince Brown Betty-Allow two cupfuls of chopped fruit to one cupful of bread crumbs. Butter a pudding dish, put in a layer of the chopped quinces, sprinkle with sugar, add a few pinches of cinnamou, scatter bits of butter over and cover with a layer of crumbs. Alternate the layers, having crumbs for the top layer. Sprinkle three tablespoonfuls of water over the pudding. Do not use over three-quarters of a cupful of sugar in the pudding. Bake with a cover for one hour in a moderate oven. Then take off the cover and brown. Serve with cream or any sweetened sauce.

Rabbit for is widely used, although the value of the pelts is trifling. The total annual collection is enormous, total annual collection is enormous, France and Belgium accounting for 2,000,000 yearly, while English skins are stated to average 30,002,000. are stated to average \$0,002,000.

### The Salodns in Winter.

The Salodus in Winter. As the winter approaches, the temper-ance societies all over the country should not cease to prosocute their work with vigor and carnestness. The temptation to drink is perhaps more alluring and fatal in the winter season than when the weather is fine, and out-door exercise an inviting possibility. The warmth and light and genial companionship of the saloons exert a very powerful influence in drawing young men into them. It should be the aim of a temperance society to provide for the so-cial side of a man's nature. It is well to have high ideals; but harmiess amusement, and iots of it, is needed if we would save the boys from the sin of drunkenness and all its attendant erils.—Sacred Heart Re-view.

#### It Was Drink.

It Was Drink. Go to the insane asylums, poorhouses, prisons, orphanages, and ask what brought the inmates there. Many, alas, too many, will tell you that it was drink. Men and women endowed with the noblest gifts, capable of doing much good, are burdens to themselves, their families, and the com-munity. Some have lost the use of their minds, others their property, others have broken up their families or condemned them to a life of misery and shame; all of them are damning their immortal souls.

### Happy Toronto.

Happy Toronto. Here is the latest description of Toronto, taken from the Christian Advocate. "The haw disqualifies a saloon-keepor for mem-bership in the City Council. The saloons (and, curiously enough, there are just as many saloons as churches—200) are under rigid oversight, and are closed every night at 11 o'clock and all day Sunday. The streets are clean—a fact which is not with-out its bearing upon clean morals, and there is an after absence of drunkenness and of almless londing."

## What Is Moderation?

Is not the right use of things beneficial, and total abstinence from things injur-

If so, then the only moderation possible in regard to intoxicating drink as a bev-erage is total abstinence.

### Who Will Lead?

A writer in the New York Sun describes the hardships of naval officers. The almost universal custom in naval services of treat-ing visitors aboard ship to light wines and

liquors is referred to as a source of great expense to the individual officer. What naval officer will inaugurate a bet-ter code and a more sensible procedure in these matters, by refusing to put the wine cup to his neighbor's lips?—National Tem-nerance advocate perance Advocate.

#### Temperance News and Notes.

Alcohol is not a gift of God, but the devil's most powerful agent for destroying God's image in man.

Where Satan does not go he sends his ugent-drink.

The sparkle in the wine is made by one of Satan's sharpest teeth.

Appetite for drink is the devil's iron chain around the drunkard's neek.

Moral suasion backed by legal suasion is the power of God in legislation to save the stati

state, Drink, like death, makes all men equal. The most brilliant scientist and scholar is one with the drunken beggar, when the drink habit has fastened its claws upon

vourself.

