Elignette of Visita.

Among the women it is always considered good manners to go around to the back door of a neighbor's house when on a borrowing errand, to the side door when on an informal visit and to the front door when making a formal call .- Atchison (Kap.) Globe.

Rore Hawthorne Lathrop says of her father, Nathaniel Hawthorne: "Those who thought him too silent were the bores whom he desired not to altract.

The smallest humming bird weight twenty grains,

From Goat to Bost.

Even the 'estive goat in this vernal season has his field sport on the common with a tin tan or the but of a log. From the sport of the goat in the spring to the varied sports of The carly and late summer, what a world of annisement and what a scene of muscular activity. In all these, ever so halpful, from the bat in the ball field to the car of the beat and the clatter of the turf, there comes in a large amount of penalty in the shape of sci-ous spraips and troublescene branes, but no man is a good athlete, nor does he develop well from such exercises without his full share of both. It is a good thing, therefore, that there is provided something which, if chart of both. It is a good thing, therefore, that there is provided something which, it always kept ready, is always ready to curo promptly these sudden and painful michars. Bt. Jacobs OU, without question, passes among all sportsmen as the thing to have, par excellence, in all kinds of sports. It has getined its bestreputation from its best cures of this pature, and the man who would en-joy freely the summer sports would be al-most foolish not to keep a bottle about him.

A young Chicago girl has forced a young man to pay \$100 for having hissed her.

There are people using Dobbins' Electric Scap in-fay who commenced its use in 185. Would lis Ao the case were it not the rurest and ever conomical scap made. Ack your grocer far it. Look out for imitations. *Dobbins*'.

. The number of immigrants from Spain to aller countries averages about 33,000 a year.

2 4260

Catarrh and Colds Relieved in 10 to 60

Catarrh and Colds Relleved in 10 to 60 Minutes. One short puff of the breath through the Bower, supplied with each bottle of Dr. Agnews Catarrhal Powder, diffuses this Pow-der over the surface of the massi passages. Painless and delightful to use. It relieves in-tantly and permanently cures Catarrh. Hay fever, Colds, Readache, Soro Throat, Ton-felities and Desfness. If your drungist hasa't the stock, ask him to procure it for you.

F. J. Chuney & Ca., Tolado, O., Props. of Hall's Catarrh Cure, offer 500 reward for any rase of estarrh that cannot be cured by taking Hall's Catarrh Cure, Send for testimonials, free. Sold by Druggists, 750.

Mrs. Winslow's Soothing Syrup for children testhing, softens the guns, reduces inflamma-tion, allays pain, cures wind colic. 25c. a bottle

Acrons, Vocalists, Public Speakers praise Bale's Boney of Horehound and Tar. Pike's Toothache Drops Cure in one minute.

I use Piso's Cure for Consumption both in my family and practice.-Dr. G. W. PATTER-son, inkster, Mich., Nov. 5, 1804.



Extreme tired feeling afflicts nearly everybody at this season. The hustlers cease to push, the tireless grow weary, the energetic become enervated. You know just what we mean. Some men and women endeavor temporarily to overcome that



Feeling by great force of will. But this is unsafe, as it pulls powerfully upon the nervous system, which will not long stand such strain. Too many people "work on their nerves," and the rosult is seen in unfortunate wreeks marked "servous prostration." in every direction. That tired



Mass., has kept a record of her riding A GLORIFIED STAM." The over-popular Tam O'Shanter a p during the winter, and says that there peared sgain in the spring milliner y-but it is a glorified Tam, heaped with November 1, 1895, when she has not trimming of lace and ribbon, and, in been out on her wheel, shape, confined only to the crown, the It is an innovation worth noting

brim having as many vagaries as the that the funeral wreath laid on her most frivelous French chapcau.-New busband's bier by the recently wid-Orleans Picayune. owed Princess of Battenberg was of colored flowers, and was tied with

AN UP-TO-DATE CODEAGE.

light green satin ribbon. To be up-to-date wear one gigantic Some young wheelwomen of Yakiblossom well planted on the corsage. ma, Wash., organized a cycling trip It will cover the front of your gown with a new feature a few days ago almost, but do not mind. Choose a They went for a long ride into th They went for a long ride into the poppy, or a wild, wild rose, a violet country and were accompanied by a or a single dahlia, and let it be Brob- horse and wagon, the wagon being country and were accompanied by a dingangian. Wear it for receptions, loaded with luncheon, and also having accommodations for any of the ey-clists who might fall by the wayside cither day or evening .-- St. Louis Star-Sayings. for any reason.

GREEN STONES IN PAVOL. Mrs. Carlisle, wife of the Secretary Green stones are the fashion just of the Treasury, rides, but is always now; of these, of course, first comes attended. Mrs. Olney, wife of the the emerald, for green diamonds and Secretary of State, is loarning the art green sapphires are too rare and small of mastering the wheel. Miss Mary for modern jewelry. Nothing can equal a really fine emerald-rich, dark, velvety and glossy-yet it is wife of the Postmaster-General, is said that a flaw or fault always lies in striving to become an adept at cy-the stone, and an omerald without a cling. Among the devotees of the the stone, and an omerald without a cling. Among the devotees of the flaw is priceless. Next to emeralds wheel in Washington are Miss Kate come peridots (the French name for and Helen Brice, who are expert cy-Indian chrysolite). These stones are clists. particularly soft and they are difficult to cut and polish. Peridots, when

FASILION NOTES. really fine in size, depth and color, Yellow vies with green for fashionaare lovely stones. They are a clear,

deep leaf-green, showing almost yel-low beside the blue tone of color of ble supremacy. The smartest frocks will be of very the emerald. Few peridots are now pronounced checks.

brought into the market, and those New veilings show mediam large sold are usually old stones recut and reset in modern fashion. chenille dots or open circles. Strings of tulle are old fashioned

Both emeralds and peridots are ideas revived in this season's mil-"step cut," with a large broad table linery. of center space. The chrysophase is pretty, but lacks depth of coloring. The very swell parasol is not fluffy,

but a chic creation in linen or printed The reason the emerald and peridot warp silk. make lovely ornaments is that, they For a plain organdie gown a certain

cau be set round with sparkling dia-monds to show off their lovely color-New York society leader has bought a sash costing S7 a yard. ing, but pale stones like the chryso-

Royal cromyll lace and chantilly phase or beryl have to be set plain by themselves, as they will not bear the contrast. About twenty years ago a fashion came in of setting peridots work appear in each, giving them the with enamel and surrounding them with pearls. This fashion now seems lace offect.

The skirts of cloth costumes are not to have returned .- Manufacturing all made after one model; there are three or four to choose from, all equally effective, and all flaring out

HOPE FOR UGLY WOMEN.

Jeweller.

around the bottom. "Would you rather have style or A way to utilize one's collection of beauty?" is a question often asked bangles, now no longer insisted on by among women, and the answer is almost invariably in favor of style, while men use them as umbrella handles. Three quite as decidedly vote in favor of or four welded together at intervals beauty as a matter of course. are easily and inexpensively mounted A pretty face alone counts for but in this way. little, especially at a ball or any other

One of the best mining experts in social function if the owner is other-Arizona is a woman, and another wowise dowdy or badly dressed. An ugman expert in the same line is Mrs. ly woman with a good figure and dis-Clara Wood, of Klamath, Oregon. tinguished carriage will give the im-She is said to know more about the pression of good looks, and quite the mineralogy of the Klamath River colipse a beauty who has neither, even than any other person. to masculine perception, for a man feels the effect of style, although un-

The jewel cashet of the Dowager Empress of Russia is the most famous able to define what it really is, and in the world, from a gem point of often unwittingly calls it beauty. view. Hardly second to it is that of "A tall, slight woman can make anythe Empress of Austria, whose black thing of herself she chooses," is a say-ing quoted from a great French dress-maker, which has a great deal of truth

leeves are one of two extremes, either

and has full raffles of lace inside. This

The small hats or turbana have

brims that are bent in and out, form-

ing straw loops. Some of these sug-

gest the Napoleon shape. A brin

formed of loops, which seemed to rad-

sometimes of stiffened and spangled lace, and sometimes of tulle. A

bonnet made in this way has loop

of stiffened black lace, spangled with green pearls. There are loops of

heliotrope ribbon in front and long,

Why Cycling Exhilarates,

because it acts as such a powerfu

pecially to the owner of a fagged brain

after when ones tasted. This exhilar

An outhusiastic cyclist tells you that

green tulle ties.

fathion makes the hands look small,

TEMPERANCE.

NO GOOD EXCUSE. The man who drinks because he's hot And drinks because he's coid, Then drinks because quark doctor thought On life 'twould help him hold,

The man who drinks for social cause Or drinks for business gain, Will later say: "A fool I was; I must have been insane."

The man who drinks to make him cuto Or drinks to make him wise, Will find he wears a misfit suit, To chafe him till he dies.

The man who drinks to drown the ill Or drinks to make him brave, Is quickly going down the hill, To fill a drunkard's grave,

The man who drinks to stimulate, Then drinks to soothe his Traine, Though he be called to legislate, He'll bring his calling shame.

The boy who drinks to ape the ms? And thinks it booms life's chance, And thinks it booms life's el Will find his folly in the can, As he and time advance.

The cirl who drinks to flush her face To add to beauty's store, ces her delusion when diagrace Has wounded to the core.

The dame who drinks that milk may flow, Her aursling babs to feed. Will lead the shild to pain and wee, Misguided mothers, heed 1

To all who drink, expecting good Will flow down with the glass, You're senseless as the stick of wood That walloped Ealann's ass. —Ira C. Saxe, in Chicago Lever.

AN AUCUIDISHOP'S ADVICE.

As Alchinghor's Abries. Bay, Dr. Consty, of Worceater, Mass., re-cently delivered a temperance address in the Philades, bin Cathedral, the occasion being the tweaty-third anniversary of the paro-chial T. A. Society. At the close of his ad-dress Arabhishop Ryan, who was present, add. "It would not be fitting for me to attempt

said: "It would not be fitting for me to attempt to make extended remarks after the address that has been delivered to you, but I cannot help but endorse every word that the elo-quent speaker has stid to yon. I join with hum in repeating the words of the psalmist. It is the place of the priset to speak for his people. And after twenty-three years of work in the total abstraence cause, food alone knows the good that you have accom-plished. - I desire to state publicly that you are of the chosen of my flock, that our labors are directed for the preservation of the home as well as of the church, and that your ex-ample is one that can and should be fol-lowed by all without regard to the position that they may occupy in this world. That is an example thus those in authority can well assume it encolves, for it guides and di-costs the footsame of people towards fod. "And futing that you should renew the piedge that you have assumed, and as I re-peat the words I want fill present to join in it, these who have not as yet taken it to as-sume the colligation, and those who have to to all abstinence. "I, with you, will renew the pledge of the statement."

cume the obligation, nod those who have to renew their allegiance to the principles of total abstinence that I have taken. And as we renew our pledge of total abstinence that I have taken. And as we renew our pledge of total abstinence and as those who take it for the first time repeat after me the words, dwell and think of the sacredness of the obligation and promise God to halor unceasingly in the cause."
The Archbishop then repeated the words of the pledge, and the congregation repeated them after the time, this being concluded, the Archbishop said:
"As you have promised to abstain from liquor in God's name, with divine assistance, and in honor of the Sacred Thirst, I will ask of God that He will bestow upon you His grace to keep the same, that not depending alone upon human promises but strengthened by His grace you may labor unceasingly in fils honor in the holy ause, and that to you and your children's children, as a result of your twenty-three years' labors for sobriety, and the future labors you will bestow, may there descend and rest upon you all manner and form of the same, " all manner and form of blessing.

DISGRACE OF THE SALOON.

The prophet has pronounced the woe of Jebovah against the five great crimes of the age-individual robbery, war for conquest, fuman slavery, drunkard-making and idolatry. All Christendom has satisfied four idolatry. All Christendom has satisfied four of these wors. But as yet the wee against drunkard-making is not pronounced by a united public sontiment. Let us examine the words of the prophecy and see how far they have been fulfilied, and also see how much is to be realized in our community. "Wee unto him that giveth his neighbor drink, that maketh him a drunkard also." Nobody keeps a saloon for fun, but for the money in the business. "Thou art filled with shame instead of glory." The business shall become a disgrave instead of covering the keeper with glorious apparel and respectamorest's Magazine. keeper with glorious apparel and respecta-bility. This is so far the case to-day that among the great mass of respectable Ameri-cans few men will frankly tell a stranger that they are saloon keepers. The best American public sentiment has come to look upon the business as an Ishmaelite, a dis-The high license system is an entrumente, a chargence. The high license system is an effort to regulate the business and make it respect-able, viz., the State offers for S500 to give a prescription of legal respectability that will settle the stomach of this business so that it shall not vomit. Politicians will learn that this business cannot be made respectable, but that it will wonit all over their party. As the beasts that made a prey of the people were followed by armed mon into their dens in the forests of Mount Lebanon and there slaughtered, so men shall rise up and destroy this scourge of overy part of our fair land, as certainly as the other four wees have been fulfilled by the united voice of all Christian Nations.—Dr. M. M. Parkhurst, Chicago.

What is Meant by a Mackerel Skyl

Melmholtz attributed cirrus clouds to air waves produced when one stratum of air glides over another of aqueous vapor. The wave crests becofacs centers of condensation, in conwhen two series of waves cross.-Pop-

to feel it and sound the alarm. A habit of cold feet may cause serious diseases of both throat and lungs, and these troubles are always aggravated by sitting with cold extremities. The predisposition shows a torpid circula-tion in the lower limbs, and it checks the healthy action of the skin over the entire body. Sufferers from this habit can never hope to be really well until it is overcome, and they must not only adopt every means to this end, but must avoid exposure to severe cold; never let the fingers become stinging cold by handling ice, or holdthem long in ice-cold water. Ankle exercises taken at frequent intervals during the day will assist materially in stimulating the circulation of the blood. Foint the toes down to the extremest limit, till slight pain is felt in the ankles, and work the feet up and down in this way eight or ten times; then devitalize them at the ankle and shake them-just as a dog will a rat. Of course such feet must be clothed warmly, and if they are too sensitive to bear woolen or cashmere hose, silk may be worn under cotton, with felt or wool lined shoes .- De-

Mystery of the Ermine's Fur.

It was formerly believed that the hairs composing the fur of the ermine, Dr. Agnew's Curs for the licart gives perfect relief in all cases of Organic or Sympathetic Heart Disease in 30 minutes, and speedlik efwhich is brown in summer and white

ANER

Paralysis,

From the Press, Now York City. Morris Preslaner, of No. 1 Pitt Street, New York, who is a real estate agent and collector different temperature and density, the lower one being nearly saturated with which settled upon his kidneys. Soon he began to suffer severe pain in his backbone, sides and chest. His symptoms grow rapsequence of diminished pressure, and idly more alarming, until at last he was as appear as clouds, while the depressions helpless as a child and could scarcely move form transparent interspaces. On this as he lay on his bed. As Mr. Presiance I theory a "mackerel sky" is produced well known in the part of the town where he resides, he had many sympathiners, who did

theory a "mackerel sky" is produced when two series of waves cross.—Pop-ular Science Nows. Brain Building. Dr. Elmer Gates, of Washington and Philadelphia, has for twenty years been experimenting in what he is pleased to call "brain building in dogs." He has made considerable progress in this particular branch of physiological research, especially in developing a sense of color in his canine pupils. This is done by an appeal to the animal's appetite, which is the secret of the training of birds, and most animals, the power of reward being stronger than a fear of punishment. Dr. Gates places five red pans and five green pans inverted on the floor. Under the green pans there is food beneatt the green, and he ignores the red pans.

when the green, and he ignores the control wate only with conductation of pans.
When the dog's education is completed in this respect, he is chloro- rormed and put to death, and his brain being dissected, the "color centro" will be found to have unnually developed—that is, the number of cells in the color centro will have been increased, as well as specially developed. Dr. Gates thus argues that the brain structure of man or beast can be built up, by developing and multiplying the cells in the centre of any of the senses, in much the same manner as the baker kneads his dough.—New York Journal.
Mow to Avoid Cold Feet.
When the involuntary normal action of any organ is disturbed, the weakest to feel it and sound the alarm. A habit of cold feet may cause surials
When the sound the alarm. A habit of cold feet may cause surials
Tam how convinced that the oalar wate surials in the centre of any of the senses, in much the same manner as the baker kneads his dough.—New York Journal.
When the involuntary normal action of any organ is disturbed, the weakent to feel it and sound the alarm. A habit of cold feet may cause surials
When the involuntary normal action of any organ is disturbed, the weakent to feel it and sound the alarm. A habit of cold feet may cause surials
Tam how convinced that the same serion is to feel it and sound the alarm. A habit of cold feet may cause surials and the sen curved. The pain increased and death were as and the man manner and and sound the alarm. A habit of cold feet may cause surials are and the same as manner at the cold feet may cause surials. The pain increased and death been curved. The pain increased and death were and the alarm. A man base curved. The pain increased and the same as manner at read and of the symptome of the manner as the pain increased and the pain the sense of the manner and the sense and the as an and the sense as manner. The pain increased and death as a symptome of the manner and th

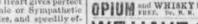
Who had been curod. They were precisely the same as mine, and at last, with my wife's carnest entreaty, I consented to try Pink Pills. "I am now convinced that these pills saved my life. Gradually my strength be-gan to return, the desire to live graw strong-tor. After having taken three boxes Lieft my bed. This was early in Marsh. All pain had left me, and that terrible dead feeling in my legs had gone away. I was still very weak, but before I had taken the fourth box I was able to get down stairs for a short walk in the open air. New I feel as if I had been born again and am as happy as a child. Every pleasant day I take a walk, and am sure that in a month I will be as well as ever." All diseases, such as locomotor ataxis, St. Yitus' dance, partial paralysis, scinifica, rheumatism, neuralizia, nervous headache, palpitation of the heart, effects of la grippe, pals and sallow complexions, and all forms of weakness, either in man or woma, disap-pear when Dr. Williams' Pink Pills for Pale People are taken. Pink Pills can be bought of any dealer, or will be sant post paid on receipt of price, 50 cents a box or six hoxes for \$2.60, by addressing Dr. Williams' Medj-eine Co., Schemeetady, N. X.

The outlook for the Oregon hop erep this

A Good Dog is Worth Looking After. A Good Dog is Worth Looking After, If you own a dog and think anything of hir you should be able to treat him intelligent when ill and understand kim sufficiently detect symptoms of illness. The dog doct book written by H. Clay Glover, D. V. S. sp claist to canine diseases to the principal ker hel dubs, will formish this information. It a cioth bound, handsonnely illustrated boo and will be sent postpaid by the Book Publis ing House, 124 Leonard St., N. Y. City, or receipt of 40 cts, in postage stamps.

Heart Disease Relieved in 30 Manutes.

stables and double





Gladness Comes

Gladness Comes With a better understanding of the transient nature of the many phys-ical ills, which vanish before proper ef-forts-gentle efforts-pleasant efforts-rightly directed. There is comfort in the knowledge, that so many forms of sickness are not due to any actual dis-ease, but simply to a constipated condi-tion of the system, which the pleasant family laxative, Syrup of Figs, prompt-ly removes. That is why it is the only remedy with millions of families, and is everywhere esteemed so highly by all who value good health. Its beneficial effects are due to the fact, that it is the one remedy which promotes internal cleanliness without debilitating the organs on which it acts. It is therefore all important, in order to get its bene-ficial effects, to note when you pur-chase, that you have the grounde arti-cie, which is manufactured by the Cali-fornia Fig Syrup Co, only and sold by

cle, which is manufactured by the Cali-fornia Fig Syrup Co, only and sold by all reputable druggists. If in the enjoyment of good health, and the system is regular, laxatives or other remedies are then not needed. If afflicted with any actual disease, one may be commended to the most skillful physicians, but if in need of a laxative, one should have the best, and with the well-informed everywhere, Syrup of Figs stands highest and is most largely used and gives most general satisfaction





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pure blood; for if the blood is rish, rel, vitalized and vigorous, it imparts life and energy to every nerve, organ and tissue of the body. The necessity of taking Hood's sult. Sarsaparilla for that tired foeting is, therefore, apparent to everyone, and the good it will do you is equally beyond question. Remember that

Sarsaparilla Is the One True Blood Purifier, All druggists, \$1 Prepared only by C. I. Hood & Co., Lowell, Mass.

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V. L. DOUGLAS \$3. SHOE BENOHLDTHE If you pay \$4 to \$6 for shoes, ex-amine the W. L. Douglas Shoe, and \$3 see what a good shoe you can buy for OVER 100 STYLES AND WIDTHS,

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One of the health-giving elements of HIRES Rootbeer is sarsaparilla. It contains more sarsaparilla than many of the preparations called by that name. HIRES-the best by any test. Male only by The Charles &. Birns Co., Pul

"T WILL NOT RUB OFF. ABASTIN DURABLE AND BEAUTIFUL CUBA and her struggle for Mreesham. Again PISO'S CURE FOR Bens Cough Byrup, Tarten Food, Use CONSUMETION

They say that the Empress of Austria in it, although it goes without saying that in addition a woman must have spends more money on sadile horses than anybody else in Europe. She other qualities to bring about this re-

will pay any price asked for a first-class hunter, but let the horse hesitate She must have good taste, perception and the great knack of putting at a fence, or show signs of bad temon her clothes well, which, by the per, and she will never mount him way, is an art that is not understood again.

by nine women out of ten, even the Hats are shown in almost endless famous Worth acknowledging that to variety. There are all shapes from the show really to advantage his gowns agressive looking poke to the tiny must be well worn. bonnet that is scarcely larger than a

"That is what tries me more than skull cap. Among the popular styles mything else," he said one day to a are those with medium width brims anything else," he said one day to a are those with medium width brims favorite customer, "to know that my and rather low crowns, although the most artistic conceptions are depend- high crown slightly curving is liked by ent upon others, and may be com- many. pletely spoiled by the way in which Chine silk enters into the construc-

they are worn." tion of fancy capes quite a little, and A plain woman, therefore, need one novelty in dark shades of purple

never feel discouraged if she is clover. By studying herself and her possibiliand pink has a deep frill of black glace below the little cape of flowered silk, and a ruche of silk edged chiffon ties she can produce a result which will almost, if not quite, equal beauty. finishes both edges. Binck satiu each ribbons arranged down the back and fastened with fancy buttons outline and she has this great advantage that her attractions never fade, and are even apt to increase, rather than lessen, the figure very prettily. as she grows older. Even in silk gowns the jackets are

"A pretty woman is loved for while, but an ugly woman forever, worn, but they are longer really than jackets-are, in truth, costs. The is a French saying, which must be true, as it has passed into a proverb, the elbow sleeve being made very long and which is comforting to those who have not the "fatal gift of beauty," so as to come far down over the hand or else where it is finished in a point, -New York Tribune.

GOSSIP.

but is rather warm for summer A Japanese girl is studying medicine weather. in Clevelard, Ohio.

Daisy Peach is the name of a schoolma'am of Mount Desert, Me. They say that Queen Victoria owns

\$2,000,000 worth of chinaware. Queen Victoria has, it is said, a iate from a common centre, is a favorwarm liking for the beauty and pathos ite hat in the millinery shop. The of the music of the Emerald Isle. loops are sometimes made of straw, The Grand Duchess of Mecklenburg-

Schwerin has given to each member of her suite a bicycle, thirty-nine in all. An authority finds that bicycle riding has a tendency to produce the arched instep coveted by all women.

Several women, provided with bloomers and rifles, have started for Alaska, where they expect to make a good living cooking and sewing in the mining settlements.

Mre. America Louisa Joslin, of South Greenfield, Mo., was admitted to the Dade County (Missouri) bar, after passing a highly creditable examinastimulant to the heart, produces, in tion. She is thirty-five years old. the first instance, a feeling of exhilar In her memoirs Mary Anderson ation, which is in itself a pleasure, esmakes a severe arraignment of the tage, and the character which it deor juded nerves. Anything that pro-duces this effect is naturally "craved" velops. Shu had a good deat of experionce, and made a lot of money. George Eliot's memory is to be kept ating effect, too, overcomes the con green in her special county, War-wickshire, by a suitable monumentsciousness of fatigue, and consequent ly prevents the cyclist from judgina public library at Nuneaton. The building is to be erected by subscrip-tion. accurately when he (or she) has hall

tion.

A woman bicyclist of Springfield, Truth.

THE MATERNAL INSTINCT.

THE MATERNAL INSTINCT. In their frozen room the man and his wife on the dicor. The candle, crumbling into caseades of tallow, bardly illuminates with is red light their faces blue and black. They have fought, as they always do before whisky makes them fall, stunned. Seated on hitte three-year-old boy crises of hunger and old. But his elder sister, six years old, takes hitte three-year-old boy crises of hunger and having nothing class to give to him soothes having nothing class to give to him soothes having nothing class to give to him soothes having acting class to give to him soothes having acting class to give the little girl, with parality as begut the face side of the search with a stardy as begut and transparent skin, is already as begut fut and serious as a young mother. -New York Times. mother. -- New York Times.

THE SOCIAL GLASS. "How use doth breed a habit in a man. "How use doth breed a habit in a man." The little, insidious beginnings should be ne-sisted. The "social glass," as it is innocent-ly termed at parties, weddings and the like, hus done a great deal more of harm than is generally supposed. Young men and women take intexicants "just to be social," and be-fore they know it are bound by a habit im-nocent at hereak. possib a to break.

TEMPELANCE NEWS AND NOTES.

Out of the 8000 persons engaged in the squor business in Philadelphia, 2693 are

Liquor robs a man of his sense and wis-lom; and no person should be so foolish as o place himself under the thraidom of such an enemy.

Philadelphia has recently received for fquor licenses \$1,038,601.22, which was paid by 1643 retailars, 131 wholesalers, 58 browers and 225 bottlers.

the effects of excess in cycling are The Government of Canada has prohibited the sule of intexticants among the indians of Hudson Bay Territory, and punlshes severely any violation of this law, very much the same as excess to drink. And I feel very little doubt that the doctor is right. Cycling, I suppose,

The man who "can take a drink or let it slona" sometimes finds the former accom-distiment the more lasting.

In the West Indies the death-rate in yellow ever times is about twice as large an rinkers as it is among abstainers.

An exchange estimates that for every rich rower, distiller or saloon-keeper in the land here are at least two hundred paupers.

According to the British Medical Journal, the medical superintendent of Burghill Asy-lum states that more people were in the asylum through elder drinking than through more through elder drinking than through any other cause.

any other cause. More than thirty thousand railroad men in this country are wearing a little button upon the lapels of their couts bearing the letters "B. T. A.," which mean Bailroad Temper-

could not change their hue, and that the difference in color between the summer and winter coats of the animal arose solely from the fact that at the beginning of winter the summer fur is shed and a new coat of snowy whiteness takes its place. Lately, however, experiments have shown that if an ermine wearing its warm weather coat is subjected to a lowering of temperature, its brown fur will quickly become white without shed-ding of the hair. It remains true, however, that the ordinaay winter dress of the ermine is put on only when the summer one falls off.

n winter.

Queen Victoria has subscribed \$759 to the fund which is now being raised with the object of restoring the clois ters and crypt at Canterbury Cathedral, to commemorate the thirteen hundredth anniversary of the baptism of King Ethelbert.

WOMAN TO WOMAN.

Women are being taught by bitter experience that many physicians can-not successfully handle their peculiar ailments known as female diseases. Doctors are willing and anxious to help them, but they are the wrong sex to work understandingly. When the woman of to-day ex-

B periences such symptoms as backache nervousness, lassi-



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