

Not Much.

Not much to give, a cup of water, yet its draught of cool refreshment drained by fevered lips will send more pleasure through the frame than when the juice of wine renews the joys of laughter days, not much to buy, a bottle of St. Jacobs' Oil, yet rubbed well on lumbrago, twisting pains, or in all its world-wide mission of comfort those in pain, it never yet deceived, so that its name like household words is known to be remembered. It is the external wine of joy.

Over 7000 varieties of microscopic organisms have been eradicated by naturalists. Dr. Kilmor's SWAMP-ROOT cures all Kidney and Bladder troubles. Pamphlet and Consultation Free. Laboratory Birmingham, N. Y. The Gulf Stream is 100 miles wide and from 500 to 600 fathoms deep.



KEEPING APPLES IN WINTER.

One method suggested for keeping apples during the winter is to pack them in perfectly dry oats, not permitting one apple to touch the other. If wrapped in paper before packing in the oats the apples will keep all the better. They may be packed in boxes or barrels, and if put up in an attractive manner will bring good prices. Apples have been higher in price than oranges for the past four or five years, and are always salable after cold weather sets in.—New York Observer.

WARMER IN THE HEN HOUSE.

In the very coldest weather we think it pays to introduce artificial heat into the hen house. A small coal stove does not cost much, and a fire in it made once a day will keep the temperature right and the fowls will be as happy as in springtime. It is cold weather quite as much as the difference in feed that makes eggs scarce in winter. Besides, in the coldest weather there is always temptation to feed corn for warmth. The stove in the hen house, carefully guarded against fire, is cheaper as well as better for the fowls than giving them a corn diet so as to keep them warm.—Boston Cultivator.

GOOD WINTER COVERING FOR ROSES.

Lay down your hybrid perpetual roses, and cover them in some way, writes E. E. Rexford. I find nothing better than leaves, but if you cannot get these use hay, or straw, or evergreen branches. I have often wintered plants simply by covering them with soil. This answers very well if there is good drainage about the plants, so that water is not retained in the soil long enough to injure the wood of the branches. But the better way is to lay the branches down in a close mass, all pointing one way, and set boards six or eight inches high, on each side. Fill in between the boards, and over the bushes with leaves, upon which place evergreen branches to prevent their blowing away. Hay and litter will not require anything to hold them in place, but it is a good plan to lay boards over the whole in such a manner as to shed rain.—American Agriculturist.

AMENITIES OF WAR.

Archibald Forbes says that the abstract theory of the "amenities of war" is preposterous. You strain every effort to reduce your adversary to impotence; he falls wounded, whereupon, should he come into your hands, you promptly devote all your exertions to saving his life and restoring him to health and vigor, in order that he may go home and swell the ranks of your enemy. This is no doubt humanity, but it is supremely illogical.

ECONOMY OF SHELTER.

The time is at hand when the wise and merciful man will see it that his live stock are properly sheltered during the winter months. Warmth and comfort are essential to health and thrift. If they are not provided an attempt to supply them will be made by an increased consumption of food. This is a costly substitute and an unsatisfactory one, as it cannot prevent the check which the growth will receive. Like all substitutes, it sometimes fails to accomplish the end designed, and the animal then grows sick and weakly.

KNOWLEDGE.

Brings comfort and improvement and tends to personal enjoyment when rightly used. The man who lives better than others and enjoys life more, with less expenditure, by more promptly adapting the world's best products to the needs of physical being, will attest the value to health of the pure liquid laxative principles embraced in the remedy. SYPHON OF FIGS. Its excellence is due to its presenting in the form most acceptable and pleasant to the taste, a refreshing and truly beneficial property of a perfect laxative: effectually cleansing the system, dispelling colds, headaches and fevers and permanently curing constipation. It has given satisfaction to millions and met with the approval of the medical profession, because it acts on the Kidneys, Liver and Bowels without weakening them and it is perfectly free from every objectionable substance.

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HOUSEHOLD AFFAIRS.

INVENTORY OF A DEPENDABLE.

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IT AM GLAD.

"I am glad," said Mrs. D. Young to the chief of the Little Ottawas, "that you do not drink whisky; but it grieves me to find that your people use so much of it."

SAVE THE CHILDREN.

The sins of the fathers, in connection with liquor drinking, are visited on the children to the third and fourth generations to a greater extent than with most other sins.

ONION SALAD.

Break white bread or biscuit into bits, dry in the oven until sufficiently brittle to rub through a sieve. Boil four eggs hard. With two teaspoons of sifted crumbs mix two small onions chopped, the chopped whites of two eggs, two tablespoons of melted butter, a teaspoon of salt, a little pepper, and three tablespoons of vinegar. Add lukewarm water to make a smooth mass, place in a glass dish, smooth the top, and rub the yolks of the eggs through a sieve to cover. Put the remaining whites into rings and scatter over the top.

POTATO SALAD.

Paré or boil six or eight potatoes the size of an egg; slice thin while hot, and mix with the slices a tablespoonful of chopped onion, and four tablespoonfuls of chopped boiled beets. Let stand two hours then mix in lightly a French dressing.

BEAN SALAD.

Drain a pint of lima beans which have been boiled in salted water till tender but not broken, cut a medium-sized boiled potato in thin slices white hot. Mix with a fork, beans, potatoes, two tablespoonfuls of any cold chopped meat and a teaspoonful of dry mustard. Place in a salad bowl and pour French dressing over the top.

CODFISH SALAD.

Pull codfish into thin strips, soak twelve hours in cold water, then change to fresh and let lie half an hour. Remove the moisture with a soft towel, dip in melted butter, and cook. While in melted butter, add salt, pepper, and a very little vinegar. Place on the top of some finely shredded cabbage and serve with mayonnaise dressing.

SHRIMP SALAD.

Can shrimps. Wash and cut in halves. Make a dressing of two eggs, whites beaten first, then yolks added, one tablespoonful of cold cream, a little made mustard. Stir all together on stove until it thickens, and when cold pour over the shrimps, to which has been added celery or finely-cut lettuce.

MAYONNAISE DRESSING.

Beat the yolks of two eggs with half a teaspoonful of salt and a teaspoonful of vinegar. Beat in, a little at a time, six or eight tablespoonfuls of melted butter. When a smooth paste results, add five or six drops of lemon juice. There should be thirteen pounds of solids in every 100 of milk, with four pounds of actual butter fat.

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the beginners in the art of bread and cake making, there is no aid so great, no assistant so helpful, as the

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The Caribou in Maine.

About the slopes of Mount Katahdin and ranging the bogs and woodlands of the country at its foot, great herds of caribou pasture in the fall upon twigs, bark and the marsh grass and moss, from which they have to scrape the snow with their forefeet which their kindred, the Lapland and Siberian reindeer, do. They are migratory animals, covering wide regions in their travels, and appearing unexpectedly in localities which, after a period, they are apt to leave with equal suddenness. A single herd recently seen near Mount Katahdin was estimated to number 200 caribou. In size the caribou stands between the deer and the moose, and his appearance and habits are essentially those of the Arctic reindeer. The well-known Maine scientist, "Bill" Moriarty, who is a great hunter and woodsman, says that a caribou is "the handsomest, most forlorn looking critter that travels on hoofs."—Lewiston (Me.) Journal.

Hypnotism for the Deaf.

Principal Currier, of the New York Institution, has startled the scientific world by his theory that hypnotism may, in certain cases, be successfully applied with a view to giving hearing to the deaf. The average individual knows little or nothing concerning the "ceric science," as some writers term it, but scientific and medical men have shown it to be of value in mental diseases, and, we believe, in surgery. It would be folly to say that it is certainly going to prove efficacious in removing deafness; still the theory advanced and the arguments used are plausible enough to justify experiment. All the great inventions that are now being so much service to mankind were ridiculed and denounced at the beginning, and Principal Currier will be exceptionally lucky if his theory is not maltreated and abused by unbelievers. Results will show whether his position is tenable or otherwise.—Deaf Mutes Journal.

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