

## THE PICTURE OF HEALTH

Hood's Sarsaparilla Made Her Strong and Healthy.

"Hood's Sarsaparilla has been of great benefit to our little girl, and also to myself and husband. When she was 3 years old Mabel was seized with stomach trouble, like cramps or inflammation. I was taking Rood's Sarsapariile for my blood, and as the doctor's prescription did not help her, I occasionally gave her a litthe of my own medicine. I soon realized that Hood's Sarsaparilla was

Doing Her Cood, so gave it to her regularly. It has helped her weatherfully, entirely caring her stomach trouble, and making her strong and healthy. Our friends say she is the picture of health,

Hood's Saran Cures In." MRS. WILLIAM EVANS, West Haven, Conn. Hond's Pills are the best family cathartic, gen-tle and effective. Try a box. 21 cents.

Deserting Rural England.

That there is a considerable quan tity of land unoccupied or waiting for occupants in some of counties is only too well known. An estate in the eastern counties, a large portion of which is unoccupied, has been absolutely a superior of the country of t lutely offered to responsible tenants rent free for the first year, the owner being willing to accept an extremely low rent for subsequent years or to

take a percentage of the returns. In some of the southern counties there are plenty of large farms vacant, although these are ill adapted for most occupants. Farmers now prefer land upon which they can keep a large dairy herd or breed a few horses and cattle of high quality. The farms in question are practically sheep farms and of little value for any other purposes than the production of mutton and barley.—Manchester Guardian.

Selden was once committed to prison for his attacks on the divine right of



## KNOWLEDGE

Brings comfort and improvement and tends to personal enjoyment when rightly used. The many, who live better than others and enjoy life more, with less expenditure, by more promptly adapting the world's best products to the needs of physical being, will attest the value to health of the pure liquid laxative principles embraced in remedy, Syrup of Figs.

Its excellence is due to its presenting in the form most acceptable and pleasant to the taste, the refreshing and truly beneficial properties of a perfect lax-ative; effectually cleansing the system, dispelling colds, headaches and fevers and permanently curing constipation. It has given satisfaction to millions and met with the approval of the medical profession, because it acts on the Kidneys, Liver and Bowels without weakening them and it is perfectly free from every objectionable substance.

Syrup of Figs is for sale by all drugrists in 50c and \$1 bottles, but it is manufactured by the California Fig Syrup Co. only, whose name is printed on every package, also the name, Syrup of Figs, and being well informed, you will not accept any substitute if offered.



We have paid to our customers in 75 days. was any time; \$20 to \$10,0 can be invest FISHER & CO., Bankers and Brokers, 18 and 20 Broadway, New York

HALMS AUTI-UNIATERAL Chewing Gum

22 A. M. LEGG & CO. \$15 Parel 8 ington, D. C. ATTORNEY'S FORE II VENTOR'S, Procure both American an Foreign Patrick. Bury and sell Patrens in a classes of Inventions. Employ age fix ever, where and pay blie sallabiles, Currence dunce from hymney.

DENSION Washington, B.C. Successfully Prosecutes Claims,

ENTHESINE PERMANENTLY Eczema, Erysipelas, Scurvy, Salt Rheum, Scrofula, Etc. THE ONLY BLOOD MEDICINE

Free From Mercury. PINT BOTTLE, 82.00. SPECIFIC REMEDIES COMPANY, L'W4 949 Broadway, New York,



It pays to look the farm over before the hurry of spring work comes on, and find out what ought to be done to American Agriculturist.

POPPING COMPOST FOR PLANTS. The soil used for potting is made of one part of clean leaf mold or decayed sods or rich garden soil free from The cut seed is soil or by leave. With the same of the cut seed is determined by the same of the cut seed is determined by the same of the cut seed is determined by the same of the cut seed is determined by the same of the cut seed is determined by the same of the cut seed is determined by the cut seed is determin weed seeds, one part of clean sand from a stream, and one part of thoroughly-decayed cow manure. For

TO KEEP HOGS BEALTHY.

water. - New York Times.

loss of appetite, and, sooner or later, It may be in individual cases only, or it may attack and decimate ed until they break through the the whole herd and bring ruin and disaster to the owner. Filthy pens, filth fed with food, filthy, rotten, and de- drawn in the same direction they were cayed food, sour swill, the dead car-casses of diseased snimals, the drop-This levels down the two furrows parpings of diseased animals, etc., etc., and a like line of feeding and keeping are all conducive to unthrift and diswill burn when heaped upon a big fire, and we do well to recognize the fact and act upon it. Hogs as raised and By this process no hoe ever goes into merest kind of hothouse plants any-how. They are crowded, and crammed, and made gluttonous from their earliest culæ in the air, the grass, or on their in times of drouth.

MAKING AND MENDING PENCES. Building and maintaining the fences on the farm is an item of considerable expense. It will be found advisable to plan the farm so as to lessen the quantity of necessary fencing as much as possible. In many cases the greater part of the cultivated land can be put into one field and in this way a con-

siderable saving be made. What fences are necessary should be good ones. A fence is intended either to keep stock out or in, and if it fails of this purpose it is an expense with-

In the spring go carefully over the fences and see that they are in good repair, as it certainly is not good economy to risk a crop where there is eggs a year. a chance of stock breaking into it. One of the best times for driving posts is in the spring when the frost is all out of the ground and the soil is soft. If the post well sharpened they can be set more rapidly in this way than in any other. At this season there is always more or less time when the profitless. ground is too wet to work, and the fences can be overhauled without in-

terfering with the other farm work. Wire fencing is so cheap and so convenient that it has largely taken the place of other kinds. One decided advantage with it is durability, while a good barb-wire fence will restrain stock that no other kind of fence

One of the best fences, especially when small hogs are to be restrained, is made with wire netting eighteen to twenty-four inches high at the bottom and three or four strands of barb-wire above this.

By using four-point hog wire at the strands of this kind, and the rest of two-point cattle wire, a hog-proof fence can be made entirely of barbed wire. When this is done it will nearly always be best to set the posts eight feet apart, taking care to stretch the wires tight. One important item in a good, all-wire fence is to have good, stout end posts, and to set them deep in the ground and see that they are well braced.

A very good fence of all-smooth wire not further than every three feet. way. Two planks at the bottom and three them make one of the best kinds of fences that can be built. At present ered with paint. prices it is doubtful if it is good economy to make an all-rail fence. Work the timber into lumber, ties, posts or cord wood, and a better, cheaper and more lasting fence can be made buying wire. One great advantage of a wire fence is that it takes up much less room and is much easier kept clean. - St. Louis Republic.

POTATO HAISING MADE HASY.

In deciding upon a specialty, location must be considered, thinks C. E. Chapman, of New York. The largest part of the potato erop must be grown within a few miles of a shipping station, as the bulk makes too much cost for hanling long distances. Thirty bushels at twenty cents per bushel, where but one load can be drawn per who has made both kinds. suited, or illy prepared.

and looseness are more necessary than they are planted at all distances from

phosphates have proved valueless; horse manure spread on clover sod s year previous to planting is the best preparation. The land is plowed in keep everything about it in good condition. If time is taken by the fore-lock in this matter, a great deal of the drills are marked out three feet apart harry and worry of apring work, as with a two-horse reversible plow, letusually experienced on the farm, can be avoided, and the sundry jobs necessary to keeping things about the place rows down hill, which forms a bank in good shape can be done more satisfactorily, because more leisurely.—

American Agriculturist.

on the lower side. Where land is steep the soil cannot be worked up to the hill from the lower side. The other way is marked with a narrowtoothed marker, which drags some fine earth back into the furrow, which

The cut seed is dropped and stepped on by boys. With the same plow and one horse walking in the trench, the seed is covered, throwing the soil the bright flowering plants some powdered charcoal is often added, this giving great brilliance to the bloom. A good deep and the ground is two-thirds reliquid manure for house plants is made by dissolving one pound of nitrate of sods, two pounds of good superphosphate of lime, and two pounds of good superphosphate of lime, and two pounds of fresh wood sahes in a barrel of rain water. Now York Figure 1 growers, soon shading the ground with their foliage. I have never yet found a new tuber below the piece Cleanly surroundings, pure, clean, planted, nor above that point on the good food of the proper kinds for stalk which first saw the light, no building the growing frame work whilst growing or for fattening when it afterwards. Therefore it is best to have a long bearing stam. finishing off is as essential to the health plan so as to have a long bearing stem, of hogs as to any other animal, says with tubers attached far enough from Colman's Rural World, and to reverse each other to expand fully, instead of these is to induce frailty, weakness, a hat full of the size of hear eggs attached to two inches of stalk.

From the time the potatoes are plantwith a heavy two-horse spring drag, tially, and forms a rounded hill, completely mellows the soil in the hill, kills all weeds, can be done by a boy case, just as surely as that dry wood at a very small expense, as compared fed for market nowadays are the the field, nor any sunburned potatoes come out. The root growth is enormons; some of the roots are twenty inches long before any tubers have set. feeding days and unless great care is The after cultivation is very shallow taken very easily become feverish, ex-cited, overheated, and fit receptacles after rains, and to keep the soil fine for floating microbes or other animal- and mellow, so as to serve as a mulch

> Select some large yielding, medium late, disease resisting, long white po-tate, and the battle is half won. Round potatoes are not favorites in the market, and peel to waste. Do not let your seed sprout. In a trial row I cut the seed early last season, placed it in crates and covered it with land plaster, which kept it cool; when planted the buds were swollen full, but not enough to break off. Thus treated, it gave the largest yield of any of my trial rows. My rule is to seed according to the quality of the land. The poorer the land the farther apart the hills, and the less seed. - American Agricul-

FARM AND GARDEN NOTES. A hen should lay about twelve dozen

Always see that the milch cow has s good milk-forming ration. You can feed clover to laying hens

four or five times a day with profit. Be sure to fix up a warm poultry house for next winter. Cold hens are Sprinkle a good dressing of copper-

as under the grapevines as a remedy for mildew. Land that cannot be profitably cultivated may often be planted with trees

to advantage. Between hay and grass is a precari-

bear attention. In the growing of large strawberries

a rich soil thoroughly prepared is an important factor. Good drainage should always be provided before the planting is done,

rather than afterward. Unless a sow has shown characterisbottom, making the first three or four ties of early maturity she should not

be used for breeding purposes. A weak, delicate horse is poor property. Breed for vigorous action. Breed

sound mares to sound stallions, In building your poultry house don't put too much glass in it.

third of the south front is sufficient. The best time to prune the plums is in the spring, between the last heavy freezes and the breaking of the buds.

Bones make a good fertilizer if can be made by using nine or ten buried near the grapevines. Old boots wires and putting in an upright stay and shoes may be utilized in the same If winds break off any of the limbs

or four strands of barbed wire above of trees, the stubs should be cut off close and smooth and the wounds cov-

If given plenty of room the white and sugar maples are fine door yard trees for shade. A lawn set with maples and evergreens presents a handsome appearance. Old geese are better layers and mothers than young ones. As the

young geese are in greater demand in the market it would be advisable to keep the old ones for breeding, as they are prolific for years. It certainly requires as much labor to make a pound of poor butter as it does to make a pound of the best, and usually it takes more labor, as it is not churned so quickly and the butter-

mulk is not so easily worked out. This

is pretty well known to any dairyman day, little more than pays the cost of Grapes, casily grown, are in the hanling. Do not be handicapped front rank of all fruits and should be from the start in planting ground un-enjoyed in abundance by any family having a vacant space of a few feet to Potatoes require mellow soil; depth give foothold for a vine. In vineyards richness. The poor hemlock, yellow six to twelve feet apart; some good land of Tioga County, New York, cultivators allow more space. They yields the finest potatoes brought to are at home on any soil suitable for the New York market. With me corn; thrive finely on dry hillsides,

HOUSEHOLD AFFAIRS.

THE HAY QUITE. About the latest addition in bed covering is the hay quilt. It is r le of flannelette, cretonne or wool and an armful or two of hay. The goods are sewed strongly across the top and bottom and down one side, and quilted across from side to side at distances of about fourteen inches. The hay is put in lightly and the remain-ing side sewed down. When the hay becomes limp hang the quilt before the fire, and it soon becomes crisp again. The warmth of these quilts cannot be realized except by those who have tried them. In making these quilts they should be made quite as wide as the beds they are intended to cover. They are equal in warmth to two or three blankets.

Such quilts are much used by the peasantry in the Swiss mountains, who appreciate the warmth they afford, -Detroit Erec Press.

STRAWBERRY SUN PRESERVES.

It is a curious fact, but well known both to scientific folk and to experienced housewives, that the direct ac-tion of the sun is at once surer and more satisfactory than that of any other known heat. So when we learn it is a tradition of old Virginia cookery to preserve strawberries in the sun in place of over the stove there is little occasion for surprise, but only an opportunity to realize how much those

famous cooks can teach us.

The berries treated after the following recipe are both richer and more perfect than those prepared in any other way. The object of the glass is of course only that of concentrating the heat, and the effect is not dissimilar to that known to every child who has played at the old trick of burning the skin by catching one of old Sol's rays upon a bit of broken glass.

The peculiar purity of the sweetness combined with the succulent redness in this sun-cooked preserve gives a suggestion of some oriental conserve. The berries seem to be permeated with the sun's sweetness in addition to their own, and the syrup become rich, pure and clear as syrup can be. The berry retains its shape and comes unbroken from the jar, which alone is cause sufficient for recommending this especial preserve.

I trust enough has been said to insure a trial by every woman who loves toothsome dainty; certainly those who know the luxuries with which a Virginia dame of the old-school fills her closet will realize how lucky she is who finds these secrets out.

The Virginia rule requires three-quarters of a pound of sugar to a pound of strawberries. The sugar is mixed with just enough water to wet it and put on to boil. It is to be taken off before it thickens and poured over the strawberries. Then the berries are set in the sun two days, covered with a pane of glass. They are occasionally stirred.

On the third day pour off the syrup and boil it again—it will be found much thinned by the juice of the fruit. While boiling drop in a lump of alum the size of the tip of your little finger. Pour the hot syrup over the berries and set in the sun again, under glass. The next day pour all into the preserving kettle and boil until the berries plump up. Then set in the sun again for a day. The next morning seal the preserve in small jars with brandied paper on top.

Strawberries preserved in this man-ner never mold or ferment. They are delicious for roll pudding, for filling tarts, for layer cake and to serve with glass custards, but most toothsome of all with Old Dominion "beaten buscuit."

SEASONABLE RECIPES.

Rhubarb Pudding-Butter a deep dish and spread thickly with bread crumbs; over this put a layer of rhubarb, sliced but not peeled; sprinkle thickly with moist sugar and repeat the layers until the dish is full, letting the top layer be of crumbs and being careful that the sides of the dish are well lined with the same. Bake for an hour, until well done.

Flame Pudding-Beat two onnees of butter to a cream and add two of sugar and two of flour, the yolks of five eggs beaten, and the whites whipped stiff; flavor with grated lemon peel and thicken to a batter with crumbs of stale sponge cake. Boiling in a mold for one hour and serve with any nice pudding sauce, making a de-

licious dish.—American Agriculturist.
Curried Veal—Slice one onion and an apple and put into a saucepan with an ounce of butter and a clove or garlie; stir until they become nicely browned; add a tablespoonful of curry powder and half as much flour when smooth pour in a pint of boiling water. Add two pounds of lean veal cut in pieces an inch square; simmer until tender, season with lemon juice and salt, and serve with rice on a separate dish.

Poached Eggs With Onions-Variety in cooking is never more welcome than in spring. A very appetizing lunch or supper dish is made by frying half a dozen medium-sized sliced onions in a little butter, or mixed butter and drippings, until nicely browned. They should not be recking with fat when done, and what little there is on them must be drained off; season with salt and pepper; lay on six peached eggs, sprinkle with a very little cayenne and give just one equeeze of lemon jnice over the top A nice sauce to pour over posched eggs is made by simmering four tablespoonfuls of any good gravy with four of water and two of good vinegar; season with salt and pepper; stir in very slowly, so as not to curdle, two well-beaten yolks of eggs, and as soon as it thickens pour over some poached eggs. Do not allow the sauce to boil, or it will not be at its best.

The Area of Pittsburg.

Pittsburg, which used to be a little town squeezed down into the narrow triangle of the junction of the Alleghany and Monongahela, has grown into a city of unusually large area in proportion to its population. The city engineers were cutting streets through dense woodlands more than twenty years ago, and farms, miles from the city hall, were held at speculative prices. The city line is now more than six miles from the Ohio eastward, and its length between the Alleghany and Monongabels is between four and tive miles. - Chicago Herald.

TEMPERANCE.

A fair-haired, smiling baby, Bright-eyed and rosy-cheeked, On whom the fleat of whisky Has horrid rengeance wrecked—

She flaunts her golden curls, As fair as pets of fashion Or culture's choicest girls.

I clasp the dimpled fingers
And seat her on the knee.
"What is your name, my beauty?"
She looks askance at me.

In soft contempt she answers
By asking: "Don't you know?
My name is mamma's darlin',
Her Dalsy told you so."

"Where is your mamms, precious?" She peers beyond the door; "Why, there she is a scrubbin', See! down there on the floor." "Where is your papa, baby?"
"Why, papa, be is drunk!"
"Come, Daisy," calls the mother,
To wreck and ruin sunk!

Ob, weak and useless people, Who never feel nor care, Behold this helpless angel Within the tempter's snare!

"Why, he is drunk," she utters, With never thought of shame— No more than though the sentence Were one of joy and fame.

Ab, dread the coming future, When judgment takes her seat, How will she bear temptations That all must surely most?

The earth no strength has given To save her from despair, Unless the bending heaven Responsive is to prayer.

ARCTIC EXPLORERS DRINK NO ALCOHOL, ARCTIC EXPLORERS DRINK NO ALCOHOL.

Temperance people will feel the strongest interest in the success of Dr. Nansen, the intrepid young explorer, who has recently set sail from Christiana on his long talked of expedition to the North Pole. Dr. Nansen has already made a famous exploration in Greenland, and has learned to sleep in the snow in a bay of skins. In all of his expeditions neither he nor his comrades have allowed a drop of alcohol to pass their lips.

One of the more recent forms of organized temperance work in England is "The Married People's Total Abstinence Union," organized at Birmingham, and now assuming considerable proportions. It numbers in Birmingham about two hundred couples, affecting about twelve hundred persons, including the children of these homes. The results have proved a blessing in many ways, socially, spiritually and economically. The amount of money saved by abstinence in the homes thus pledged is a surprisingly large aggregate. There are regular social meetings for the members. It is a timely and valuable work, which might well be duplicated on this side of the Atlantic. ADSTINENCE IN THE HOME.

WINE-DRINKING AMERICANS IN FRANCE.

The writer of a letter from France wonders if no temperance people ever go there, and goes on to say:

"It is certainly astonishing that three-fourths of our people when in France, not only take wine, but make a practice of it in the regular French way. I wentto a Sunday-school pienic with an "American minister at its head, and with none but Americans, and a very few English present, and wine and soda were drunk through the dinner in quantities by more than three-fourths present, including the pastor.

"In spite of all spid to the contrary there is no more need of wine in the water to kill germs than there is in American. In any large French city the drinking water is as good as in many of our large etities. In only the small country towns is the water bad. The wines drunk by the tumbler with meals may be weak, but Frenchmen and sometimes women of even the best classes drink strong old liquors just as an American stops at a druggist's for a soda water. I must say it is a shame to many Americans here that they do the same thing. Do tell people going to Europe that there is no reason they should not do exactly as at horne."—Our Message.

It is said that there water not be a present it is said that there is no reason they should not do exactly as at horne."—Our Message.

TEMPERANCE NEWS AND NOTES. It is said that there are six thousand differ-

ent kinds of intoxicating liquors.

Of the twenty-four men composing the
New York Board of Aldermen eleven are

New York Board of Aldermen eleven are liquor dealers.

The Lutheran Council at Warren, Penn., recently called upon all Lutherans to abjure the liquor business. The Wine and Spirit Gazette says there are nearly 200,000 voters in the Empire State who live by the saloon.

In the Province of Manitoba, out of forty egislators, thirty-two favor prohibition and wenty-two are total abstainers.

The twenty-fourth annual convention of the Catholic Total Abstinence Union of America will be held in St. Paul early in August next.

In forty-four States and Territories 13. 000,000 children now receive scientific in-struction on the physical and mental effects of the use of alcoholic liquors.

Field Marshal Lord Napier says: "On reviewing the records of soldiers' offences, all practically have their origin in drunkenness. Of the men under my command in India the total abstainers had no crimes. The temperate men had practically none. The whole body of crime was among the non-abstainers."

But however highly this tribe of people may think of themselves, a drunken man is a greater monster than any that is to be found among all the creatures which God has made, as indeed there is no character which appears more despicable and deformed in the eyes of all reasonable persons than that of a drunkar i.—Addison.

A House in a Fret.

Let the mother become sick an 1 helpless, and the house is all in disorder. When both father and mother are down, you may as well close the shutters. Order is brought out of chaos often very easily, and Mrs. John Malin, of South Butte, Mont., Feb. 17, 1893 found an easy way out of her difficulties, as she writes thus :- "My husband and I took very bad rheumatism from severe colds, and my arms were so lame I could not raise them to help myself. I sent at once for a bottle of St. Jacobs Oil, and before the bottle was half empty, I could go about my work. My husband became so lame he could not get out of bed. Two and a half bottles completely cured him. I will always praise St. Jacobs Oil and you may use this as you see fit." This is a clear case of what is best at the right moment, and how every household can be made happy where pain abounds.

So far as can be discovered, the first use of a iron roof was on a building erected in

r. Kilmer's Swamp-Root cures all Kidney and Bladder troubles. Pamphlet and Consultation free, Laboratory Binghamton, N. Y. THE mines tributary to Butte City, Mon-tans, have an output of \$23,000,000 a year.

How's This!

How's Thie ?

We offer One Hundred Dollars Reward for any case of Catarch that caunot be cured by Hall's Catarch Cure.

F. J. Ougaze & Co., Propa., Toledo, O. Wo, the undersigned, have known F. J. Chenoy for the leat 15 years, and believe him rerfectly honorable in all business transactions and financially able to carry out any obligation made by their firm.

Watr & Thuax, Wholesale Druggists, Toledo, Ohlo.

Ohlo. Kinnan & Manuin, Wholesale Drugglists, Toledo, Ohlo.
Ha'l's Catarrh Cure is taken internally, acting directly upon the blood and muccus surfaces of the system. Price, Tec. per bottle. Sold by all Drugglists. Testimonials free.

For Sthenoghering and Clearing the Voice use "Bruen's Bronchial Trocker." "Thave commended them to friends who were public speakers, and they have proved extremely serviceable."—Rev. Henry Ward Bescher. A Beautiful Sonvenir Spoon

Will be sent with every bottle of Dr. Horsie' Lerigia Lyony Care, Ordered by mail, post paid, 90 cts. Address, Haxnie, Buffalo, N. Y. Shilloh's Cure Is sold on a guarantee. It cures Incipient Con-eumption; it is the Best Cough Cure; 20., 500., \$1

Housekeepers Should Remember.

The Government Chemists, after having analyzed all the principal brands of baking powder in the market, in their reports placed the "Royal" at the head of the list for strength, purity and wholesomeness; and thousands of tests all over the country have further demonstrated the fact that its qualities are, in every respect, unrivaled.

Avoid all baking powders sold with a gift or prize, or at a lower price than the Royal, as they invariably contain alum, lime or sulphuric acid, and render the food unwholesome.

One of Jay Gould's Virtues.

Jay Gould had his faults, but he learned of her intended trip. - New for a single instant."-St. Louis Re-Orleans Picayune.

A Real Lake of Fice.

The greatest natural wonder of never forgot a friend. He was once, Hawaii, if not in the entire world, is while a young man, taken sick in a New Lake Dana, or Dana Lake, a body of Jersey town, and an old lady there molten lava ten miles in circumfernursed him through the illness. He never forgot it, alway inquiring after his benefactress, and on every possible occasion reminded her substantially of her kindness. One time she against the cliffs which surround it on made up her mind to visit a daughter all sides to a height averaging 100 in a distant place in the West, and set out feet. J. J. Williams, of Honolulu, to save the money for the trip. A few days before the day set she was surprised to get an envelope containing passes all the way there and back. She never found out how Mr. Gould ing fire never remains silent or calm



If your nearest, best and most esteemed neighbors had written the following letters they could be no more worthy of your confidence than they now are, coming, as they do, from well known, intelligent and trust worthy citizens who, in their several neighborhoods, enjoy the fullest confidence and respect of all.

Mrs. F. L. Inman, of Manton, Wexford Co., Mich., whose portrait heads this article, writes as follows: "I began taking Dr. Pierce's Favorite Prescription about a year ago. For years I have suffered with falling and ulceration of the womb, but to-day, I am enjoying perfect health.

I took four bottles of the 'Prescription' and two of Dr. Pierce's Golden Medical Discovery."

Miss Afry J. Tanner, North Lawrence, St. Lawrence Co., N. Y., writes: "I was alick for four years. For two years I could do no work. I had five different physicians, who pronounced my case a poor or impoverished condition of the blood, and uterine trouble. I suffered a great deal with pain in both sides, and much tenderness on pressing over the womb. I bloated at times in my bowels and limbs; was troubled with leurance and limbs; was trouble do no work. I had five different physicians, who pronounced my case a poor or impoverished condition of the blood, and uterine trouble. I suffered a great deal with pain in both sides, and much tenderness on pressing over the womb. I bloated at times in my bowels and limbs; was troubled with lencorries. I could not sieep, and was troubled with palpitation of the heart. Suffered a great deal of pain in my head, temples, forehead and eyes, I had a troublesome cough, raised a great deal and at times experienced a good deal of pain in my chest and lungs. My voice at times was very weak. I suffered exeruciating mouthly, periodical pains. Since taking seven bottles of Dr. Pierce's Favorite Prescription some time ago, I have onjoyed better health than I have for more than four years previously; in fact, more than four years previously; in fact, for several months past I have been able to work at sewing. I have gained in weight thirty-nine pounds since taking your medicines; the sorwness and pain have disappeared." Yours truly,

Mrs Alex Robertion

"Favorite Prescription" is a positive cure for the most complicated and obstinate cases of leucorrhea, excessive flowing, painful men-struation, unnatural suppressions, and irreg-ularities, prolapsus, or falling of the womb, weak back, "female weakness," anteversion, retroversion, bearing down sonsations, chron-ic congestion, inflammation and ulceration of the womb, inflammation, pain and tenderaces in ovaries, accompanied with "internal beat," re than four years previously; in fact, several months past I have been able to trk at sewing. I have gained in weight dry-nine pounds since taking your meditates; the screuess and pain have disappared."

Yours truly,

Onary J. Jan mer

The Book (165 pages, Illustrated) referred to the screues from observation in plain envelope for ten cents in stampe, to pay postage. Write for it. The Book points out the means of successful Home Treatment for all the peculiar weaknesses and distrassing diseases incident to women. Address Worlde Dispensary Medical Association, Invalide Hotel and Surgical Institute, Buffalo, N. Y.

"The best is, Aye, the Cheapest." Avoid Imitations of and Substitutes for

## SAPOLI





