CHLESTIAL FOOD, AND HOW IT IS EATEN IN CHINA.

The Chinese a Gormandizing People -Food of the Rich and Poor-Composition of the Courses.

The Chinese, it must be confessed, ara gourmandizing people. In spite of their Buddhist professions, in spite of thousands of Buddhist tracts enjoining vegetarianism, fasting and mortification of the flesh as the only road to the West ern paradise, the heathen Chinee will have to take his place among the de-prayed class "whose god is their stom-ach." The number of fat, oily priests one sees in monasteries convinces the visitor that their diet is regulated by any thing but Pythagorean principles. Their very deities are sadly inclined to corpu lency, while their pet image of the Bud dah in a merry mood is one undulating mass of obesity as he lounges on his pedestal. There is no object upon which a Chinaman's eyes rest with so much pleasure as upon some well-fed, beefy-faced, barrel-bodied Falstaff. When a man who is inclined to emboupoint meets an old nequaintance he is greeted with the compliment, "Why, how your blessedness is ncreasing!" the idea being that fatness is the outward and visible sign of inward happiness and contentment, while leanness is always associated with worry. care and sorrow.

The great mass of the people have only two meals a day, though laboring men while hard at work insist upon three square meals. Bowls and chopsticks are arranged on the bare board. In the center of the table are arranged dishes containing pickled fish, boiled pork, some salt vegetables and perhaps a curd made of lentils. The smell of garlic and oil is enough to knock one down. The men sit on stools around the table, and if the weather is hot, divest themselves of every stitch of clothing saved the tucked-up pants. When they are ready for the fray, in comes a serving man, bearing a huge bucket of rice steaming hot, the contents of which he commences to shovel into the bowls on the table. Each man takes his chopsticks and digs into the central dishes and fishes out several lumps of meat into his bowl. Raising the bowl to his face, he pokes the rice and meat into his gaping mouth. The chopsticks are plied so rapidly and continually and mastication occupies so little part of the process, that the whole basinful of rice soon disappears as if by magic. Once, twice, three times, perhaps, is that bowl replenished and as quickly emptied as before. Having reached the limits of his capacity, he takes half a dozen whiffs from a brass hubble-bubble pipe, drinks a cup or two of tea, and resumes his task or makes the night hideous by unearthly snoring.

little locomotive built at Oil City, Penn., the smallest engine in the world, being Among the well-to-do classes fresh fish,

lice

jud

it

fowl and pork are the main articles of refuetance to accept the honored position. There are, of course, no ladies present, the denizens of the "inner apartments" being content with peeping through the steel. curtains at their lord's guests.

In the banqueting room is a red, lacquered "eight-fairy table" destitute of any approach to a table-cloth, for who but a barbarian would spread the festal board with a white cloth, associated only with mourning, death and the grave! On this table are arranged in symmetrical rows dishes of ripe and preserved fruits and four plates containing salted eggs, pickled fish, sliced ham and sait vegetables. The feast is opened by the host pouring out to each guest a cup of wine, the guest placing one hand to the cup, bending forward and exclaiming, "In-koi, in koi!"—"I don't deserve, I don't deserve!" The host makes a move and amidst many graceful bowings and

Fruits are eaten first, after which comes a waiter with a rinse-bowl and a pipe of for the guests. These are only minor preliminaries to the dinner. The first course comes in, consisting perhaps of a rich soup made of the edible birds' nest, a glutinous substance found in some islands far out at sea; shark's fin and seaslug, with mushrooms and pigeons' eggs floating on the top. If one could forget the sickening ingredients, the grimy hands that prepared the dish and the dirty kitchen where it was cooked, he would probably say that it was the finest soup he had ever tasted. By the time the guests have smoked a few whitis from their hubble-bubbles, the next course is ready.

turnings the cups are drained at one lift.

The courses are too numerous for description and I had better append a translation of a bill of fare which we picked up on one occasion, after a terrible ordeal lasting three hours:

First course-Birds'-nest soup, as above de-

Second course—Fried fish and roast pork;
wild duck and cabbage.
Third course—Stewed bamboo shoots; stewed
mushrooms; minesd chicken and ham.
Fourth course—Stewed fish; shell fish.
Fifth course—Boiled fish, with a vegetable
mixture called tso;
Sixth course—Supered duck and chicken

Sixth course—Sugared duck and chicken. Seventh course—Pheasant and chicken fried

Eighth course-Lumps of mutton fried in

Rice of course is supplied ad libitum with every course, and puddings and sweetmeats come in. Each course is placed in the middle of the table. We wait patientle, hoping these dishes will be decently served up. What is our

with the chopsticks that have just come from his mouth, till he finds some lump that looks sweeter than the rest, which ie proceeds to lift into his mouth or into is bowl of rice. We try our best to excute this feat, but make a miserable ailure. The meal over, a waiter brings each guest a bowl of warm water and a lirty wet cloth, with which we proceed to mop our faces. I feel for my pockethandkerchief, but a frown from my triend reminds me that I must not offend the conventionalities of a Chinese feast, More pipes, tea and wine are handed round for those who indulge. - San Francisco Chronicle.

A Girl's Horrible Fate.

Henry Carson and his daughter Kitty ived in the wilds of Wautauga county, N. C., half a dozen miles from any human habitation. Old man Carson raised tobacco and cotton sufficient to support his household with the necessaries of life, and all his spare time he spent in hunting bears and other game. Miss Kitty was a pretty girl and smart, considering the disadvantages under which she had always labored, and was a general favorite among the backwoods swains, half a dozen of whom were always at her feet. One day recently Miss Kitty disappeared, and there were ugly rumors in the air to the effect that she had eloped with a young man from Murphy, who had been frequently seen in those parts and against whom it was known old man Carson had a "grudge" of some kind. When her father was asked what had become of the young girl he simply remarked that he supposed she had skipped." Carson was tramp ing through one of the great nameles swamps of the county one day, following some bear tracks, when a sight met his eves that transfixed him with horror. In a depression of the swamp from which the water had recently receded were the remains of a human body, the entire upper part of which above the waist had been eaten away by wild animals. From the remains of clothing Carson recog-nized all that was left of his daughter.

Crazed with grief, he carried the news to the nearest settlement, and a party of neighbors assisted him to bring the mangled remains home. It is supposed that Miss Kitty became entangled in the mire and was unable to extricate herself, and that while in this utterly helpless position bears or other animals had killed her and eaten as much of the body as then remained above the water. Evidences of a severe struggle were present in the trampled down bushes and torn and bloody clothes.

The Miniature Locomotive.

Following are some points about the but eight inches long and weighing but a pound and a half. Three years, countdiet. Beef is seldom tasted, the transmiling ten hours as a day's labor, have been gration fate of the beef eater and butcher devoted to its construction. There are 585 in the next life being sufficient to deter screws in the engine. The steam-guage all right-minded people from encouraging is but one-quarter of an inch in diameter; the slaughter of the noble animal that the pump throws but one drop of water plows their fields. Mutton is expensive every stroke; the head-light is only oneand lacks the flavor of our home breeds. half an inch in width, seven-eighths of Cattle are imported for foreigners' use, an inch high and three-eighths of an and even if there were no beef and mut- inch long. The space in the lamp is so ton, the Canton markets abound with de- small that it was almost impossible to licious fish, poultry, game and all kinds get enough oxygen in it to support the of luscious tropical fruits, which makes combustion. The fire is kindled by of inscious tropical fruits, which makes combustion. The fire is kindled by the retired merchant almost sigh for the using a gill of alcohol, which runs the flesh-pots of China. A banquet at the engine for half an hour. The stroke of house of a Chinese gentleman is some- the cylinder is one inch; bore 5-16; the thing to be dreaded. Where the sight throttle-lever is but five-eighths of an or smell of the various dishes at all temptinch long, arranged with a thumb latch ing, the dread of offending his host's and click; the fire-box is seven-eighths prejudices, or transgressing the propris-ties by some awkward movement or trivial blunder, is sufficiently embarassing to high and five-sixteenths of an inch in take away the guest's appetite. Woe to diameter; the steam-dome is nine-sixthe uncouth foreigner who unceremoni- teenths of an inch in diameter; the driv- families bring their herds together and ously sits down when invited to do so, or ing wheels are one and one-half inches who drinks up his tea as soon as it is in diameter; the front truck-wheels half poured out, or takes his seat in the place an inch, and those of the tender are of the same size. The tender is but three the same size. The tender is but three testing his unworthiness and showing his and three fourths inches long, two and one-eighth inches wide and two inches The metals used in its construction are brass, solid silver, gold and

Palmistry.

Men with pointed and smooth fingers will be poets, artists, inspired, lovers of the fine arts, with a taste for form and elegance. But they will live no real life. People with smooth and square fingers will have a taste for the sciences, moral, political, social, philosophical. They will love art by reason of their smooth fingers, but rather the arts based upon nature and truth than imagination. People with spatuled and smooth fingers will love things useful and sensible. They will have an instinctive knowledge of real life, and a restless desire for action, bodily exercise, and all kinds of manual occupations. They will love horses, dogs, hunting, sailing, war, and all stir-ring employments. Spatuled, with smooth fingers, will have passion, inspiratobacco, which he prepares and lights tion, instinct. They will love art, whether painting, poetry, or literature; but their works will shine more through skill than soul. All the smooth fingers, pointed, square, or in spatule, judge men and things at first sight; their first idea is always the best .- Craig.

He Spoke From Experience.

"What is this, now?" asked a kindergarden teacher, as she held up a common dining plate. None of the scholars ventured an

"What do you eat out of at dinner when you are at home?" persisted the teacher, putting the question more di-

Still no answer.

Again the question was put in the same words, and one scholar more bold than the rest, ventured to make reply. He said:

"Please, 'm, a tin pan!"-Locell Citi-

A Regiment.

"Pa," said a little Kentucky boy, "what is the title of a man who commands a regiment?"

"Colonel, my son." "Do you command a regiment?" "Yes, somewhat. I don't command a regiment of soldiers," the colonel ex-plained. "We are having times of peace now, you know. I only command your marama, 17

"Is my mamma a regiment?" "Yes, indeed," he replied with a sigh; horror to find each person stretching forward, forking about in each dish regiment. Philadelphia Evening Coll.

SELECT SIFTINGS.

Of birds the greenfinch is the earliest iser, as it pipes as early as half-past one n the morning. About half-past two the blackcap begins, and the quail wakes up a half an hour later. The sparrow occupies nearly the last place on the list. The reputation of the lark for early rising is entirely a false one. That celebrated bird is a sluggard, and does not rise until a number of other birds have been up and about for some time.

London Truth finds the following in the Scots' Magazine of March, 1775: There was lately presented to the empress of Russia a laboring man who has had two wives, the first of whom brought him four times four children at a birth, seven times three, and ten times two. The second wife once brought forth three children and the other six times The whole number of children by two. the two wives amounted to seventytwo.

In a letter to the British Medical Journal, Dr. Armitage refers to the occupations of blind persons as being, in many cases, of an extraordinary character. Among these specified are six painters (artists), two dentists, one photographer, twenty-nine coachmen, one hostler, one isherman, one sculptor and two loaders of wagons. He knows a blind man who buys poultry on commission, and knew one, now dead, who was a dealer in horses on a large scale.

Indians cat the horns of the deer when in the velvet. One day on the Sioux reservation, in Dakota, a deer was killed near the camp and brought in entire. At near the camp and brought in entire. At sight of it, Pahlani-ote, a Minneconjon of some fifty years, dropped his usual statuesque attitude, knocked off the horns, and, seating himself by the fire, began at the points to cat them, velvet and all, without cooking, as if they were most delicious morsels. The others of the party looked on as if they envied him. They said they always ate them so.

Captain John Aaron, of Barren Island, Maryland, has, among other trees in his

Maryland, has, among other trees in his orchard, one which indulges in the peculiar and rather unfortunate freak of blooming only when some member of the captain's family is about to die. Although it is now quite old, it has bloomed but three times. The first time it bloomed one of his sons died. Some five or six years afterward it bloomed again, and another son died. Last year it bloomed a third time, and a daughter died. stands near a graveyard, and notwithstanding appeals from different members of the family to have it cut down, Mr. Aaron stubbornly refuses to have it mo-

As an anniversary of the deaths of emiinent persons, few days in the year can bear comparison with April 21. On April 21 died Alexander the Great, Diogenes, Anselm (Archbishop of Canterbury), Abelard and Racine. Among other notable deaths that have taken place in April are those of Pope Constantine, Pope Benedict III. and Pope Nicholas IV.; King Louis II., John "the Good" and Charles VIII., of France; Petrarch's "Laura," Lorenzo de Medicis "the Magnificent," Rafaelle, Albert Durer, Tasso, Mme. de Maintenon, Mme. de Pompadour, Metastasion, Mirabeau and Niebuhr. The April deaths in England include those of Richard Cœur de Lion, Edward IV., Henry VIII., Stow, the historian; Shakespeare, Lord Chancellor Jeffreys, Daniel Defoe, Handel, Oliver Goldsmith, Cowper, the poet, Bishop Heber, Wordsworth, Byron and Lord Beaconsfield.

Crofters.

"The people are up and in commotion like bees about to swarm. The different drive them away. The sheep lead, the cattle go next, the younger preceding, and the horses follow. The men carry burdens of sticks, heather-ropes, spades and other things needed to repair their summer huts. The women carry bed-ding, meal, dairy and cooking utensils. Bound below their waists is a thick woolen cord or leather strap, underneath which their skirts are drawn up to enable them to walk easily over the moors. Barefooted, bareheaded, comely boys and girls, with gaunt, sagacious dogs, flit, hither and thither, keeping the herds together as best they can, and every now and then having a neck-and-neck race with some perverse animal trying to run away home. * * * All who meet on the way bless the 'Trial,' as this removing is called. They wish the "Trial" good luck and prosperity and a good flitting day, and having invoked the care of Israel's shepherd on man and beast they pass on. When the grazing-ground has been reached and the burdens are laid down the huts are repaired outwardly and in-wardly, the fires are rekindled and food is prepared. The people bring forward their stock, every man's stock separately, and, as they are being driven into the euclosure, the constable and another man at either side of the gateway see that only the proper souming-that is, head of stock-has been brought to the grazing. This precaution over, the cattle are turned out to graze."

Gulls' Eggs as a Food Dainty.

Judge Sawyer has decided that the ejectment by United States Marshal Poole of the egg-gatherers from the South Faralion Island was right. Gathering of gull eggs is now confined to the two smaller Farallones, the gatherers not being allowed upon the larger, where the eggs are the most numerous. This makes the supply here much less than the demand. The season for gull eggs did not this year come in before the first of June. The value of gull eggs in this market is about thirty and thirty-five cents per dozen, or the same as chicken From ten to twelve hundred dozen a week are gathered in the season. These are sold not altogether to hotels and restaurants, as is supposed, but are extensively used by individuals. They are a very strong food, and therefore valuable in cooking, though many have tastes too sensitive to successfully cope with the gull in an egg state, even when shrouded in the mysteries of a restaurant custard or a German pancake,

"There are many pioneers who lived on gull eggs in the early days," said a Clay street dealer, "and they look for the egg s-ason to open with the same impatience as a young girl awaits a new bonnet. These eggs are their medicant and they would have boils and spring fever if they could not get them."-Francisco Post.

THE STAGE-DRIVER'S STORY.

How General Scatt's Life was Saved and How His Draver Twice Excaped Death— The traveler of the present day, as he is hur-ried along by the lightning express, in its buf-fet cars and palace sleepers, seldom reverts in thought to the time when the stage coach, and packet were the only means of communication between distant points. It is rare that one of the real old time stage drivers is met with now-adays, and when the writer recently ran across Fayette Haskell, of Lockport, N. Y., he felt like a bibliographer over the discovery of some rare volume of "forgotten lora." Mr. Haskell, although one of the pioneers in stage driving the formerly ran from Lewiston to Niagara Falls and Buffalo), is hale and hearty and bids fair to live for many years. The strange stories of his early adventures would fill a vol-ume. At one time when going down a mounume. At one time when going down a mountain, near Lewiston, with no less a personage than General Scott as a passenger, the brakes gave way and the coach came on the heels of the wheel horses. The only remedy was to whip the leaders to a gallop. Gaining additional momentum with each revolution of the wheels the coach swayed and pitched down the mountain side and into the streets of Lewiston. iston. Straight ahead at the foot of the steep hill flowed the Niagara river, toward which the four horses dashed, apparently to certain death. Yet the firm hand never relaxed its hold nor the clear brain its conception of what must be done in the emergency. On dashed the horses until the emergency. On dashed the horses until the narrow dock was reached on the river bank, when by a masterly exhibition of nerve and daring, the coach was turned in scarce its own length, and the horses brought to a stand still before the pale lookers on could realize what had occurred. A purse was raised by General Scott and presented to Mr. Haskelt with high compliments for his skill and bra-

very.

Notwithstanding all his strength and his robust constitution, the strain of continuous work and exposure proved too much for Mr. Haskell's constitution. The constant joiting of the coach and the necessarily cramped po-sition in which he was obliged to sit, con-tributed to this end, and at times he was

out a cane and was incapable of any effort or exertion. I had a constant desire to urinate both day and night and although I felt like passing a gallon every ten minutes only a few drops of ull escape and they thick with sediment. Fl ally it ceased to flow entirely and I thought d ath was very near."

"What did you do then I"
"What I should have done long before: listen to my wife. Under her advice I began a new treatment.

new treatment.

"And with what result !"

"Wonderful. It unstopped the closed passages, and what was still more wonderful regulated the flow. The sediment vanished; my appetite returned and I am now well and good for twenty more years wholly through the aid of Warners' Safe Cure that has done worders for many large.

others."

Mr. Haskell's experience is repeated every day in the lives of thousands of American men and women. An unknown evil is undermining the existence of an innumerable number who do not realize the danger they are in until health has entirely departed and death perhaps stares them in the face. To neglect such important matters is like drifting in the current of Niagara above the Falls.

wonders for me as well as for so many

Physiognomies.

A physiognomist in the Pall Mall Gazette says: A scholarly person will have good length of brain from the opening of the ear to the root of the nose, and will be full all across the brow. The mechanical man has a wide head at the temples upward and forward of the ear. The poet is expanded in the upper part of the temples. The commercial man has a broad head just forward of the ears, where the desire for property is represented. The quarrelsome man is broad above and behind the ears; such Primitive Customs of the Highland men are inclined to be warlike, or very forcible and energetic in business. The pious and sympathetic person is developed in the top head. Those who have a lordly, proud, dominating nature are high at the crown of the head. Those who are social, warm-hearted, loving and affectionate are largely developed in the back part of the head, and the distance from the opening at the ear is

The boy who stole up behind the hammock and cut the rope at the head-end, under the impression that his brother was in it, and let his father down on the stoop so hard that it shot his artificial teeth out of his mouth and half-way across the lawn, will never undertake to cut another hammock-rope, if a solid opinion may be based on sound. And that boy will never forget how mean and crest-fallen and low-down he felt when he saw his little brother, whom he had set out to play the joke on, looking around the corner of the house while the old gentleman was prescribing the sprig of osage-orange. -Puck.

Many ladies who for years had scarcely ever enjoyed the luxury of feeling well have been renovated by the use of Lydia Pinkham's Vegetable Compound.

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Ely's Cream Baim, for Catarrh, Cold in the head, Hay Fever, etc. By its use I have over-ome a disagreeable discharge from my nos-

come a disagreeable discharge from my nos-trils; am free from pain in my eyes and head.

—John W. Lane, Hardware Merchant, New-ton, N. J. Not a liquid or snuff.

Thave been a sufferer for years with Ca-tarrh, and under a physician's treatment for over a year. Ely's Cream Balm gave me im-mediate relief. I believe I am entirely cured.

—G. S. Davis, First National bank, Eliza-beth, N. J.

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Children, slow in development, puny, scrawny and delicate, use "Wells" Health Renewer." See Here, Young Hea, that girl of mine is twice as handsome since she commenced using Carboline, the decdar-ized extract of Petroleum, and I would not be without it for a fortune.

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