## REALTH HINTS.

Warm broad "packs" the stomach. Don't eat it.

Warmth, abstinence and repose are

three excellent medicines. In sleeping don't "curl" the body. Sleep as straight as possible. Avoid high pillows.

Never sit or sleep with cold feet. A mixed diet of animal and vegeta-

hle food is the best; the vegetable portion should predominate. Regularity of the time in eating has much to do with the preservation of health. Don't eat late suppers.

Water standing for some time in a room becomes impure, by absording noxious vapors from the air.

All sleeping rooms should be thor-oughly ventilated. The bedding should be often changed and kept well aired. "Hay fever" may be instantly re-lieved by bathing the nostrils and

closed cyclids with spirits of camphor At the lowest cash prices, neatly, promptand warm water. Whoever cats "heavy" pie crust or 1y, and in style equal to that of any

"soggy" bread commits a crime against his physical well being and other establishment in the District. must pay the penalty.

Thoroughly cleanse the cellar. Ventilate it from without, summer and winter. Suffer no decayed vegetables to remain in it.

Colds are often caught by standing in an open hall or doorway during cold weather. The transition of the cold and warm currents causes the trouble.

Wet or damp clothes should be in-stantly removed. "Why?" "Because they rapidly chill the surface of the body, the heat being carried off by evaporation."

Workmen on a new Virginia rail-road, about a mile from Weldon, toward Garrysburg, have dug from the river's bank a vast heap of skeletons, packed closely together, tier on tier, and, intermingled with the human bones, a lot of sharp stone arrows, rude mortars, and pipe-bowls. The skulls were nearly an inch in thickness, the teeth were as large as those of a horse, and filed sharp like those of cannibals, and the leg-bones indicated that the stature of those remnants of a "lost and forgotten race" must have been as great as eight or nine feet.

There is a lady at Benton, Michigan, who subscribed for a Detroit paper in 1835, and has been taking it regularly ever since. The result is, she is now seventy years old, and is in good health. It is astonishing how long a person will live who subscribes regularly and pays promptly for a good newspaper. If the doctors would prescribe fewer pills and more paper, the world would be much healthier than it is.

Mocking birds can imitate human action as well as human voices, it seems. A Macon (Ga.) paper says BALL TICKETS, seems. A Macoa (Ga.) paper says that two pets of this stripe got jealous of each other and undertook to fight it out in desperate fashion. One of them, getting enough of it, sang out, "Quit, quit," and followed this up by crying, "Police, police." And, oddly ADMISSION TICKETS. enough, there was a policeman within hearing, who came up and stopped the

The offer of the Methodist Church, North, to merge with the Methodist MONTHLY STATEMENTS, Church South, has been virtually rejected by the latter body. The rea-sous which led to the divorce in 1844 still exist to some extent, and, although both bodies wish to cult

JOB WORK Allegheny Valley Rail Road. Oll Creek & Allegheny River Bail-way, and Buffalo, Corry & Pitts-burgh R. R. ON AND AFTER Monday, February 2, 1874, trains will run as follows : 
 O 1874, trains will run as follows :

 STATIONS, Northward, Southward

 Southward, Southward

 Southward, Southward

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DONE AT THE

REPUBLICAN"

SHOW CARDS,

VISITING CARDE,

PROGRAMMES,

BILL HEADS,

HANDBILLS,

LABELS,

SHIPPING TAGS, &c.

LETTER HEADS,

10112

CIRCULARS,

INVITATIONS,

SCHOOL CARDS

WEDDING CARDS,

PERNSYLVANIA CEN-TRAL RAYLROAD O'N AND AFTER 11 P. P. Sunday May O'N AND AFTER 11 P. P. Sunday May Union Depot, corner of Washinton and Liberty street, as follows: AIRIVE. Mail Train, 1.50 a m.; Fast Line, 12,12 a m; Well's accommodation No. 1, C.20 a m; Wall's accommodation No. 2, 8,55 a m; Clin-cinnati express 9,20 a m; Johnstown ac-commodation No. 1, 7,60 p m; Braidock's ac-commodation No. 1, 7,00 p m; Pittsburgh express 1.30 p m; Pacific express 1.50 p m; Wall's accommodation No. 3, 2,35 p m; Homewood secommodation No. 1, 9,560 p m; Wall's accommodation No. 4, 5,500 p m; Wall's accommodation No. 2, 1,10 p m; Wall's accommoda DEPART.

DEPART. Southern express 5.20 a m; Pacific ex-press 2.40 a m; Wall's accommodation No 1, 6.30a m; Mail Train 8.10 a m; Braddock's ac-commodation 13.20 a m; Braddock's ac-commodation No 1, 5.10 p m; Cincinnati express 12.35 p m; Wall's accommodation N 2, 11.51 a m; Johnstown accommodation A05 p m; Homewood accommodation No 4.8.50 p m; Philadelphia express 3.30 p m; Wall accommodation No 3, 3.05 p m; Wall's accommodation No 3, 3.05 p m; Wall's accommodation No 3, 3.05 p m; Wall's accommodation No 3, 1000 p m. The Church Trains loave Wall's Station

The Church Trains leave Wall's Station every Sunday at 9.05 a.m., reaching Pitts-burgh at 10.05 a. m. Returning leave Pitts-burgh at 12.50 p. m., and arrive at Wall's Station at 2.10 p. m.

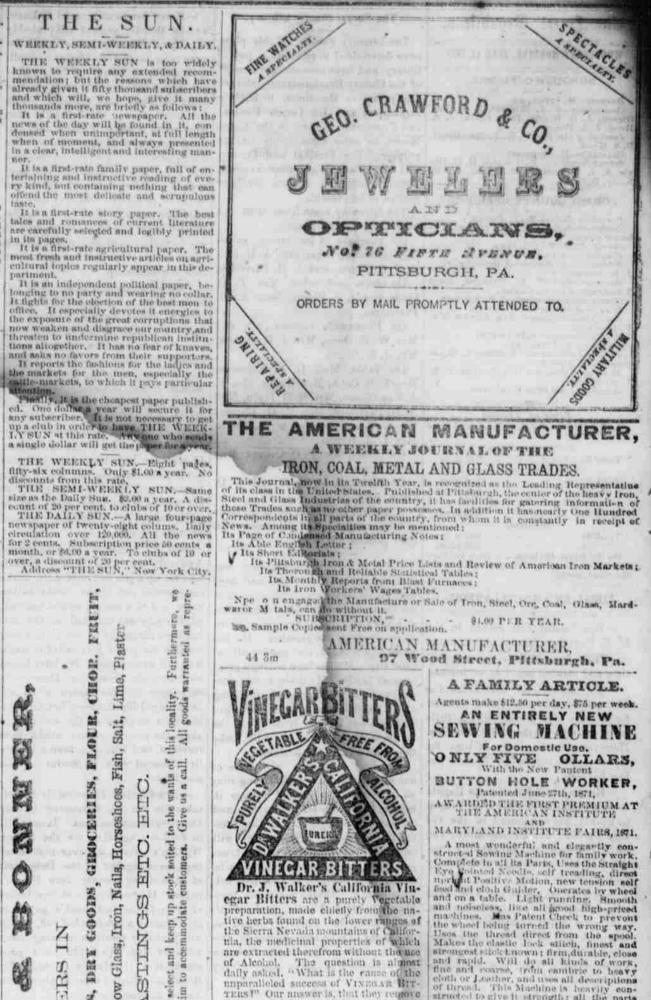
Cincinnati express leaves daily. South-ern express daily except Mon lay. All oth-er Trains daily, except Sunday. For further information aply to

For further information aply to W. H. BECK WITH, Agent, The Pennsylvania Railroad Company will not assume any Risk for Baggage ex-cept for Wearing Apparel, and limit their responsibility to one Hundred Dolta's val-ue. All baggage exceeding that a ount in value will be at the risk of the mer, unless taken by special contract. A. J. CASSA1 Gqueral Superintendent, Alteons Pa.



Time): Trains leave Oil City for Pittsburgh at 2;15 p. m. 8:20 p. m. and 8:35 a.m. arriving at Pittsburgh at 10:00, 3:40 p. m. and 6:10 a.

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the cause of disease, and the patient re-

the cause of discuss, and the parters re-covers his health. They are the great blood purifier and a life-giving principle, a perfect Renovator and Invigorator of the system. Nover before in the history of the world has a medicine been compounded passessing the remarkable

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ous action and fraternal feeling, the Church South thinks it can better perform its mission by maintaining a separate organization.

A little fellow five or six years old who had been wearing undershirts much to small for him, was one day, after having been washed, put into a garment as much too large as the oth-ers had been too small. Our six year old shrugged his shoulders, shook himself, walked around, and finally burst out with, "Ma I do feel awful lonesome in this shirt."

A marvelous century-a hundred NOTE HEADS, years ago there were no railloads, steamboats, telegraph lines, gas burners, sewing machines, photographs, friction matches, revolvers, percussion caps, india-rubber shoes, and above all, no free schools.

"Do you call that a veal cutlet, waiter ?" said an old gentleman din-ing at a restaurant. "Why it's an in-sult to every true calf in the country." "Well sir, I didn't mean to insult you," returned the waiter.

Crematory age-"O, ma! ma! Johnny's got the urn and is spilling pa's ashes over the floor!" "O, what a naughty Johnny! Get the feather duster, and sweep your poor father right up !"

"Digby, will you take some of this butter?" "Thank you, ma'am, I belong to the temperance society-can't take anything strong," replied Digby.

"I say," said a rough cuss to a fop with conspicuous bow legs, "I say, don't you have to have your pants cut with a circular saw?"

"Boiled eggs" is the name adopted by the new Danbury base ball club to signify how impossible it is to beat them.

"Letting off sleep," is a little boy's definition of snoring.

The hymn for the Centennial-Oid Hundred.



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