HEART DISEASE.

SMOTHERING SENSATIONS AT HIGHT; PALPI-TATION ON SLIGHT EXERTION.

Doctors Named it Variously as Asthma, Goitre, Nervous Prostration and Heart Trouble.

The Patient Describes the Case. For Anyone who has had the Symptoms the Account will be Interesting.

From the Reporter, Cayahoga Falls, Ohio.

"Not since I took the first dose of the

One of the most beautiful of nature's lovely spots is the varied township of Tallmadge in Summit County, Ohio. Here are rolling, undulating hills and beautiful forest scenery; hill, wood and meadow spread their charming panorama before the eyes of the traveler and as he looks, he thinks, here is Areadia, where one may live after nature's model in beautiful simplicity and revel in health and happiness.

Yet, even here in this Eden, where fruit and flowers and pastoral scenes wean the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the "Not since I took the first dose of the particular to the part

and flowers and pastoral scenes wean the heart from the city and its turmoil, insidious Pink Pills; that was about the first of Febdisease steps in and destroys a Paradise, It was thus in a beautiful hillside home; surwas thus in a beautiful hillside home; surrounded by an orchard, with flower beds surrounding it, the cozy white house looks like the abode of comfort. It is the home of E. J. Vance, who cultivates small fruits in summer and in winter plies the trade of broom maker. Blest with a lovely wife, farling child and a pretty farm, an outsider might look in vain for the thorn hidden among the roses. But a few years ago this life became wretched when the father and husband was afflicted with what appeared to be an incurable malady. During the still, various role of life at that time?"

"How long did you continue to take the medicine."

"I took it regularly until July last; and I keep it on hand for fear of a return."

"How did the medicine affect you?"

"Apparently like so much water; but the strange thing is that all the stuff I took that was prescribed for me never had the slightest effect. I had the spells right along; but I file became wretched when the father and husband was afflicted with what appeared to be an incurrent property."

"That is very long did you continue to take the medicine."

"How did the medicine affect you?"

"Apparently like so much water; but the strange thing is that all the stuff I took that was prescribed for me never had one after taking the first dose of Pink Pills."

"That is very wonderful. Did you change of the property of the husband was afflicted with what appeared to be an incurable malady. During the still, small hours of night when sleep and rest, twin blessings, hover over mankind, a terrible suffering would seize upon him; gradually the disease wore upon him, wrecking his nervous system and clutching with hold fingers at heart and brain. This went below the property of the proper

ing his nervous system and criticing with sold fingers at heart and brain. This went on for a long time and friends saw no relief before him but the last sleep of death. But it is now all changed; freed from this overhanging heritage of illness, E. J. Vance is once more able to enjoy life, the comforts of home and the joys of family love. How it happened is recorded in the following interview;

"I had treated with so many physicians," and Mr. Vance, speaking of his recovery from his long-time illness, "that I began to believe nothing could be done for me. I tried two doctors at the Falls and then spent to be of money on specialists who made great boosts in Akron, but I grew no better.

"What did they say ailed you?" "My heart was affected. I suffered so severely with heart trouble that I wonder I lived to tell the tale. My life was a torture. I extend the same of the medicine does not always act the same. My wife was not very well and I induced her to try them. At tirst they made her sick, but she soon found herself able to take them and they have built her up too."

"Are you willing I should publish what you have told me?"

"Yes, I think if my words can save any one from suffering as this medicine has saved me, I ought to be glad to have others know what I gained by taking Pink Pills for Pale People."

STATE OF OHIO, SE.

E. J. Vance, who being first duly sworn, says the matters and facts set forth herein are true as he verily believes.

Sworn to and subscribed in my presence this 28th day of August, 1855.

with heart trouble that I wonder I lived to tell the tale. My life was a forture. I expected every time I had a bad spell, and that was nearly every night, that I should die. I grew so nervous I was well nigh insane."

"How then do you account for your present healthy condition? You certainly look yery well new."

"When I was nearly distracted with the pain of my disease and my inability to get help, a boy came along and threw into my carriage a little pamphlet, advertising the medical because I believed it could do no good; but that night I had a worse attack semblance of fraud been discovered. Their si; but that night I had a worse attack semblance of fraud been discovered. Their than used, and as soon as I was able to get fame has spread to the far ends of civilization out I drave over to Cuyahoga Falls and and there is hardly a drug store in this country bought the Pink Pills for Pale People at the drug store of F. Schnee & Co."

and there is hardly a drug store in this country or abroad where they cannot be found.

Dr. Williams' Pink Pills contain, in a con-

"And the result?"

"I have never had another attack of the new life and richness to the blood and restore complaint."

"What was the nature of your disease?"

"Doctors named it variously, as asthma, goite, hervous prostration and heart trouble."

"But the and richless to the blood and restore shattered nerves. They are an unfailing specific for such diseases as locomotor ataxia, partial paralysis, St. Vitus' dance, sciatica, neuralgia, rheumantism, nervous headache, the street of t

What did they call the disease?" " Most of them said it was heart disease; two told me I had the worst form of heart two told me I had the worst form of heart disease, valvular disease of the heart, and assured me I could never be any better."

O weakness entire in many or is many remains the first post paid on receipt of price, 50 cents a box, sor six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by addressing Dr. Williams or six boxes for \$2.50, by add sured me I could never be any better."
"How did it affect you?"

The Grandest Remedy.

Mr. R. B. Greeve, merchant, of Chil- Among the numberless stories of the howie, Va., certifies that he had con- quick wit and felicitious sayings of Dr. spent many nights sitting up in a sion of his 70th birthday. chair; was induced to try Dr. King's Not long after the breakfast he met New Discovery, and was cured by the a friend who had been a guest on that use of two bottles. For past three memorable occasion, and had written years has been attending to business, one of the many bright poems which and says Dr. King's New Discovery is formed part of the entertainment. the grandest remedy ever made, as it In referring to the late festivity, the ble and to have faded and shrunk like has done so much for him and also for doctor said to his friend: others in his community. Dr. King's "I knew there would be a good New Discovery is guaranteed for many things said that would be calcucoughs, colds and consumption. It lated to draw tears. I was resolved don't fail. Trial bottles free at J. N. that I would not cry-that nothing Snyder's drug store, Somerset, or at G. | should make me cry; and so I went to W. Brallier's drug store, Berlin.

Great Will Power Required.

"It must take great strength of mind for a man to say to a girl that he loves her too much to think of asking her to marry him."

"It must. In addition to sacrificing ter I went to her room I heard her sobhis own happiness, he knows that the the girl thinks he is a liar."-Indianapolis Journal.

The wife of Mr. D. Robinson, a prom- insultwas sick with rheumatism for five thing, believe me. months. In speaking of it, Mr. Robin- O. G. (tempestuously)-"What did son says: "Chamberlain's Pain Balm you say to her, sir?" it can not be beat." Many very bad Weekly, eases of rheumatism have been cured by it. For sale at 50 cents per bottle by Benford's Pharmacy.

Great Strides.

First Chicago Man-It's wonderful what modern invention has done for man's relief. Second Chicago Man-What were

you thinking of? "The last honeymoon I went on all the tunnels were lighted by electricity."-New York Hereld.

State Hotel, at Denison, Texas, which Ave., Boston. the traveling men say is one of the best hotels in that section. In speaking of Chamberlain's Colic, Cholera and Diarrhoea Remedy Major Picton says: "I have used it myself and in my fam- the barkeeper, fly for several years, and take pleasure in saying that I consider it an infalli- loafer, though the remark had not ble cure for diarrhoen and dysentery. been addressed to him. I always recommend it, and have "Notice what the guy began whist- the wee laddie can just lie bimself down frequently administered it to my guests | lin' as he went out?" in the hotel, and in every case it has "'Don't Seem Like the Same Old proven itself worthy of unqualified en- Smile?

Anticipation.

Robbie (reflectively)-I wonder what | quirer. doctor these new people across the way will have for their little boy.

Mrs. Bingo-Why, I didn't know he Robbie-He isn't, but he's going to county in the United States that did not thes, which he keeps. This custom is one

be.-Truth. for your family physician to be away for the declaration that the people of the from home. Such was the experience tion for no election was held there and the of Mr. J. Y. Schenk, editor of the Cadde, Ind. Ter., Banner, when his little has been made up with Chariton left out. girl, two years of age, was threatened The famous Okesfeenookee swamp with a severe attack of croup. He covers most of the territory of Charlton eavs: "My wife insisted that I go for County, which is on the Florida line, the doctor, but as our family physi- and indeed, runs down into Florida. eian was out of town I purchased a bottle of Chamberlain's Cough Remedy, which relieved her immediately.

Lettle of be without it in the future."

According to the maps there are several towns in the county, with Traders Hill as the county seat, but all efforts of the Secretary of State to get returns from I will not be without it in the future." there have proved mavailing, and it is To and to count leattles for sale by Ben- claimed as a certainly that no election

The fushion of the world changes, grows slack. Here and there, it is true, appropriate or the reverse, a brief record of birth and death, a were or two of tragic or humorous, tender or severe, forme steined as with wine and made bloody,

which formerly marked their resting It is not that in these later years men have lost that craving for remembrance which, as old as life itself, is so vain, in the case at least of the commonalty

it is touched by our own personality. It is not that the desire to be remembered is gone, and it is likely enough that in some fashion or another we should all still be epitaph makers, for ourselves or other people, if we had not lost faith in the permanency of the work. But time brings involuntary wisdom. "Our Inthers find their graves in cur short memories, and saddy tell us how we may be buried in our suryivors." "While I live," premises a lover with metancholy truthfulness in a Roman epitaph quoted by Mr. Pater -"while I live you will receive this homage; after my death, who can tell?" And so it comes to pass that, submitting to the inevitable, men learn to limt their aspirations and to content them-

in North American Review.

What to Say About the Baby. One is always expected to say something ubon looking for the first time on new baby, and, as it is neither kind or safe to tell the truth and say that the little, red, podgy creature doesn't ok like enything, an English magaine gives a list of unpatented and unconveighted remarks to be used ou such

'Jen't he aweet? He leeks like you." "I think he is going to look like his

"Hasn't he dear little fingers? Do let

me see his dear little toes." "Isn't he large?" "Isn't be a tiny darling?"

"How bright he seems." "Did you ever see such a sweet little month? "Lan't he just too sweet for any-

"The dear little darling. I never saw young a baby look so intelligent."

"Do, please, let me hold him just a Any and all of these remarks are warcontell to give satisfaction, fust as they ave been giving satisfaction from time ememorial until the present day. -Ex-

Weste and a Church. Any old and beautiful church gives as all that is most moving and noblest -organism, beauty, absence of all Biless momentary and workless, exlusion of grossness, of brute utility and mean compromise, equality of all men before God; moreover, time, etermity, the past and the great dead. All after effect of la grippe, palpitation of the heart, pale and sallow complexions, all forms of weakness either in male or female. Pink more, therefore, St. Mark's, which is noblest and most venerable!

It has, like no other building, been liams' Medicine Company, Schenectady, N. Y | banded over by man to nature; time molding and tinting into life this structure already so absolutely organic, so fit to live. For its curves and vaultings, its empolas mutually supported, the weight of each carried by all; the very color of the marbles, brown, blond, livsumption, was given up to die, sought Oliver Wendall Holmes, is one con- ing colors, and the irregular symmetry, all medical treatment that money nected with the breakfast given in his flowerlike, of their natural patterning, could procure, tried all cough remedies | honor by the publishing firm of are all seemingly organic and ready for that I could hear of, but got no relief; Houghton, Osgood & Co., on the ocea- vitality. Time has added that, with the polish and dimming alternately of the marbles and billowing of the pavement, the slanting of the columns, and last, but not least, the tarnishing of the gold and the granulating of the mosaic into an uneven surface; the gold seeming to have become alive and in a way vegeta-

> One Sunday morning they were singing some fugue composition, by I know not whom. How well that music suited St. Mark's! The constant interchange of vault and vault, capola and capola, column and column, handing on their the breakfast determined to maintain energies to one another; the springing up of new details gathered at once into the great general balance of lines and forces; all this seemed to find its natural voice in that fugue, to express, in that continuous revolution of theme Old Gent (evidently under great chasing, enveloping theme, its own mental strain) - "See here, sir; I want grave emotion of life everlasting-being. to speak to you, sir. You were at my becoming; becoming, being. - Contem-

house until very late last night, and af- porary Review.

bing for an hour. You're a villain, Tom Reed's Argument Against Hanging. "Did you ever hear Tom Reed's argument against capital punishment?" O. G.-"Yes, sir. How dared you to asked an attorney. "It was over in Tonsham, during Tom's undergraduate exinent lumberman of Hartwick, N. Y., Y. M., "I wouldn't think of such a perience at Bowdoin. A deacon had argued that 'Whoso sheddeth man's blood, by man shall his blood be shed.' The Mosaic law didn't hit young Mr. Reed, so he jumped up and drawled: 'Supis the only thing that gave her any Y. M .- "I merely remarked that I posing, sir, we take the law which the rest from pain. For the relief of pain | was too poor to marry."-New York | gentleman has quoted and see where the logical deduction would bring us out. For instance, one man kills another, and another man jumps in and kills the man who killed the first, and so on until we come to the last man on earth? On receipt of ten cents, cash or Who is going to kill him? He can't comstamps, a generous sample will be mit suicide. It is contrary to law, for mailed of the most popular Catarrh | the same law forbids it. Now, deacon,

"The logic was nufair, but it won

A Chamberlain Story.

The remarkable youthfulness of Mr.

the distinguished statesman had occa-

sion to cross the Irish sea on a day when

the beat was overcrowded and there

were no berths for all. He was attend-

ed by a private secretary with a beard.

ance with a Scotchman, and the Scotch-

man made a suggestion for the distri-

bution of the party on the principle of

age before honors. "You and I, mon,"

Persian Tears.

the ceremonies. Each of the mourners

is presented with a spenge with which

to mop off his face and eyes, and after

the burial they are presented to the

priest, who squeezes the tears into bot-

probably been practice i by the Persians

for thousands of years. Mention is made

Where Woman Proposes.

Persia is a powerful tribe among whom

an extraordinary custom prevails. Wom-

an's rights have apparently received toll

recognition, for the ladies of the tribe

can choose their own husbands. All a

single woman has to do when she wish-

25 to change her state is to send a serv-

ant to pin a handkerchief to the hat of

the man on whom her fancy lights, and

he is obliged to marry her unless he

ean show he is too poor to purchase her

at the price her father requires.

Between the mountains of India and

of it in the Old Testament,

on the floor."

the debate."-Lewiston Journal.

A Good Investment.

Sure Safeguard.

a rigid upper eyelid."

It Was all a Mistake.

sir, and I've a great mind-"

Young Man-"Sobbing?"

and Hay Fever Cure (Ely's Cream | what's the last man going to do? Must Balm) sufficient to demonstrate its he wait until he is struck by lightning?" great merit. Full size 50c. ELY BROTHERS,

56 Warren St., New York City, I suffered from catarria three years; it got so bad I could not work; I used Chamberlain's appearance has given two bottles of Ely's Cream Balm and rise to many stories. Here is one of am entirely well; I would not be with. them: In the days when he was a mem-Major C. T. Picton is manager of the out it .- A. C. Clarke, 341 Shawmut ber of Mr. Gladstone's administration

Musical Criticism.

"I wonder if he meant it?" asked The private secretary picked acquaint-"Meant what?" asked the chronic

dorsement. For sale by Benford's "Yes. You know he comes and gets A physician who has just returned

som of that special Kentucky goods from a visit to Persia says that the Perevery day about this time? Well, I jist sians still believe that human tears are every day about this time? Well, I jist made a mistake an' handed him out. At every funeral the bottling of mournthe police bottle."—Cincinnati En- ers' tears is one of the chief features of

No Election in One County.

ATLANTA, GA., Nov. 22.-There is one know of the national election, that Charl. of the oldest known ir the east and has ton County, Gz. The officials of the When most needed it is not unusual office of Sceretary of State are authority

Graveyard Literature. Statistical tables yield curious in-fernation to the careful student. For and toe trade of the epitaph maker instance, they show that over one-third of the women who kill themselves are some one is still hencred after the old not yet 25 years of age. They show that custom, but for the most part a text, women take poison, where men shoot themselves, and they show that the poor, sick and the infirm are not by vague and general significance, with any kind of reckoning in the majority. possibly a simple expression of regret, A physician who makes a study of athave replaced in our modern cemeteries tempted suicide said this: those shorthand histories of the dead,

through poverty, sickness and desertion and misery enough to kill ten men. The more people suffer the more they cling to life. I've seen it in hospitals. It is not the patients with the inegrable diseases or the hopeless cripples who beg to die, but the young, strong, vital woman, who hates pain and desn't want to suffer it, even for the chance of the race, that it might well be a subof getting well. It is a strange thing, ject for laughter were it not that what, this getting of a girl past 25, but not seen from without is purely grotesque, uncommon. Any physician with a large esumes quite another complexion when family practice will tell you of a dezen cases in his own circle of knowledge. Sometimes it is called pyromania, sometimes kleptomania, sometimes catalepsy, sometimes hysteria, sometimes feigning and sometimes tantrums-it's all the same thing-nothing else to do. Another physician told of a girl who committed suicide and who left a note stating that her reason was that she was tired of doing the same things over

Philadelphia Times. Dropping a Ball Through the Earth. "G. H." of East St. Louis asks the following curious question, "If it were possible to bore a hole a foot or more in diameter entirely through the earth, solves, by way of epiteph, with the and to then start a 100 pound ball to "two narrow words, 'Hie jacet,' " with which, says Sir Walter Raleigh, "elofalling through this 8,000 miles of hole, at what point would it stop?" In anquent death" covers ail.-L A. Taylor swer to this we will say that weight, in the sense to which our correspondent alludes, is the measure of attraction of the measure of force with which a body

"Get a girl past 25, and she'll go

is attracted to the earth. This attractive force decreases both ways from the earth's surface. Therefore if a ball should be started on the tour outlined in your query its weight would decrease to a certain extent with every yard of reaching the center of the earth is would have no weight whatever. This enrious state of affairs would be brought about by the gradual lessening by the force of attraction, or gravitation, until the center of the globe would have been reached, at which point the ball would be held in suspension, as though fixed by numerous magnetic points. In other

ing .- St. Louis Republic, Making Allowances. "Confound the boy," he exclaimed as

words, at the center of the earth th

phenomenon of weight is entirely want-

he opened one of the letters the post man had brought and spilled baif his "What is the matter, dear? Look out You will spoil the tablecloth," remarked the wife of his boson.

"Tablecloth be hanged. It's that boy "What has he been doing? I am sur-

that he is on the eleven."

"That's all very well, but here i have a bill from his tailor, and I only wife. paid one last week." 'But look at the nice set he is in." "Yes, but why the mischief doesn't

know the value of money?" 'But Tom is so young, dear. You ought to make allowances for him. 'Allowances! For heaven's sake! 1 have been making allowances enough for him, and I'll stop his a wange thi month," he cried as he left the break-

Times-Herald.

An observing tourist who visits Rome 13, nearly all the houses that should bear those figures being marked 12b or 14a. Nor is the superstition regarding the fateful 13 absent from scientific and phlegmatic Germany, for the other day a merchant in Berlin applied to the magistrate of the district sifted out and retained for food, while to have the number of his shop changed from No. 13 to No. 12b. The magistrate, bowever, refused to grant the petition. In Frankfort, on the other hand the owners of buildings bearing No. 13 are allowed to change the figures upon a simple application to the proper authorities .- New York Tribune.

Good For a Paragraph

the following anecdote: office of an evening paper was passing along the quays on the banks of the Liffey he heard the sound of some one struggling in the water. "Are you drowning?" he shouled.

"I am," replied a feeble voice from "What a pity! ' said the lad consol-

ingly. "You are just too late for the last edition tonight, but cheer up-you'll have a nice little paragraph all to yourself in the morning."-London Tit-Do Maurier's Portrait.

George Du Maurier's last portrait of bimself pictured a man faintly resembling the author of "Trilby" and provided with the wings of an angel and the tail and hoofs of-something else. Over it he wrote: "Some seem to think he's got wings like an angel; some, that he's got a cloven foot and a forked tail. He is quite an ordinary little man,

imperial, the diadem, the obsidional erown, the civic, the crown vallery, the mural crown, the naval and the crown dens. -George F. Parker in Century.

What Do You Know?

A Great Deal Depends on Knowing the Right Thing Sometimes. Do you know all about your kidneys? Do you know their real functions? A school boy writes in composition: "We could not live without kidneys." He might add, some don't live with them, The man who "doesn't know he has

May be sure his are in good order. The man who knows he has them, Has been told so-by his kidneys. Sick kidneys talk-right through the

Sound kidneys never complain. The kidneys filter the blood. If filtered through sick kidneys, the Sick blood means aric poison.

Means urinary derangement, means dia-Means Bright's Disease-means Death. Do you know the silver lining to that cloud?

There is one covering its entire field. Doan's Kidney Pills are the sunny side Of every stage of kidney miseries, And perfect musters of their diseases, We give you a case of knowing the right thing.

Mr. John H. Kennedy resides in Washington, Pa., at 284 North Main street. He has been pays she "I have been a sufferentiar some time post with kidney complaint. I have a pain across the small of my back near the hips. It was more severe morning and evening. I would rise in the morning feeting as though I had not had a night's rest at all. I noticed an advertisement of Don's Kidney Fills, and I procured a box. They have dolle me a great deal of good. I rest better at night and, in fact feel better in every way since I began taking them. Am steadily improving, and excert to soon he restored to noy normal condition. I would giadly recommend from any term of kidney Fills to any one substring from any term of kidney complain. I have known others who me there and speak as highly of their merit as I feel that I can." Dosn's Kidner Pills are for sale by all dealers price 50 cents ver box. Mailed by Foster-Milburn Co., Buffalo, N. Y., sele agents for the U. S.

She would never see the sun rise

again, never watch the dawn flushing

over that low belt of firs that marked

The Ever Hungry Russia. Peace or war, Russian aggression never stands still, and it is most characteristic of her patient and farsighted diplomacy that she reaps more in peace than at the close of her most successful wars. To explain this ceaseless and pauseless advance upon al! her neighbors they tell us that she wants an open port on an open ocean-that it is absurd to ask an empire like Russia to put up with an outlet to the sea that is blocked by ice four months in every year. But that is no answer to the accusation, if accusation it be, of universal aggression. The possession of such a port is not the end, but the means. There is no end to Russian ambition.

Each point won is a stepping stone to and over every day. The monotony of and over every day. The monotony of the next. Eastern Siberia has no glut life had become unbearable to her.—
of merchandise struggling for a vent at Vladivostok, nor would Constantinople be any better fitted for the export grain trade than Odessa. The port may foster a trade as yet in its infancy, but this is just another reason for saying that it is not the goal of Russian aspiration, but only a milestone on the road. If not for empire and for competitive trade why seek an open port at all? Still less can the constant absorption of new territory be explained by any superficity of poputation in the old. It is nothing, after all, but the genuine earth hunger, the gravitation, or, in other words, it is lust of unlimited dominion.-Blackwood's Magazine.

The Advantages of Rest.

There is no better preventive of nervous exhaustion than regular, unhurried, muscular exercise. If we could moderate our hurry, lessen our worry and inits flight (or fall), until finally, upon crease our open air exercise, a large proportion of nervous diseases would be abolished. For those who cannot get a sufficient holiday the best substitute is an occasional day in bed. Many whose nerves are constantly strained in their daily avocation have discovered this for themselves. A Spanish merchant in Barcelona told his doctor that he always went to bed for two or three days whenever he could be snared from his business, and he laughed at those who spout their helidays on toilsome mountains. A hard worked woman, who has for many years conducted a large wholesale business, retains excellent nerves at an advanced age, owing, it is believed, to her habit of taking one day a week in had. If we cannot avoid frequent spitstion, we ought, if possible, to give the nervous system time to recover itself between the shocks. Even an hour's seclasion after a good lunch will deprive a What has he been doing? I am sure he's getting along finely. He writes me by stratagem when they refuse to be controlled by strength of will.-House-

The Life of a Clam.

The clam's body is completely enshrouded in the mantle, except for two he economize? Doesn't the young rascal openings, through one of which the food can be pushed out. The other is for the siphon, or what is commonly known as the "neck" of the clam. In some respects the ciam may be better off than we are, for he has a little brain in his foot and also a gland for secreting strong fibers. With this he spins a bysfast room to go to the office. - Chicago sus by which he can attach himself to whatever he likes. He does not even have to search for his food, but waits for it to come to him. He makes a burrow in the mud or sand, attaching himand walks through the streets is doubt- self to the bottom by the byssus. Then less surprised that there are very few he thrusts his siphen up through the houses bearing the ominous number mud and water until it reaches the surface. The siphon is made up of two

> tubes, the water flowing in through one and out through the other. When the inflowing current, laden with minute plants and animals, reaches the gill chamber, some of these are the water and waste matter flow out through the other tube. - Margaret W. Leighton in Popular Science Monthly.

The Dark Side of Christian America. "We have now in America a population of 70,000,000 of people, and yet 750,000, we are told, belong to the criminal class," writes Dwight L. Moody in his paper in "Mr. Moody's A well known Dublin journalist tells Bible Class" in The Ladies Home Journal. "And this in Christian America. One night as a messenger from the It is said that in six months 30 graduates of two large European universities were found by one rescue mission in New York city. Nor are the American colleges without representatives in the great city slums. Our daily papers are but a living chronicle of the fearful hold which sin has upon us as a nation. A man must have lost all his senses who says that sin is not inherent, that it is only a physical weakness which culture may ultimately overcome. Ven-

cering the onter man will make him no better within.'

Birmingham's Parks. One feature rather surprising to an American is that every park is made for use. There is no fear lest the grass may be injured, but in every ground edapted for them are cricket and football fields, pienie grounds, croquet lawns, tennis courts, bowling greens, the use of which is permitted for a merely nominal payment. Every park, large or small, has one or more concerts each In heraldry nine different varieties week during the summer, paid for by a of the crown are recognized as insignia neighborhood subscription. Less need of rank-the oriental, the triumphal or exists for large parks than in American cities of the same size, because the better class of houses all have ample gar-

"Yes," she said, "we had our first

Ight yesterday. Charley was real mean, and he talked awfully cross I should have talked cross, too, but I happened to think that I wanted to go to the theater. So the trouble was all over right away. "-Boston Transcript.

The blue violet is symbolic of love and the white of modesty. In Germany ither is considered as symbolic of reticence. A Silesian lover can make his sweetheart no more acceptable present than a bunch of violets.

Rats and mice are generally very active and neisy just before a storm.

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Senator Proctor, of Vermont, who is so elose to both President-elect McKinley | Southwestern Express... Johnstown Accommodation. and Mr. Hanna, said Wednesday in conversation that Mr. Hanna would not be a Pacific Express member of the next Cabinet, much as M McKinley and his other friends would like to have him in it.

seems sent as a special providence to little folks. Pleasant to take, perfect- Pay Express. ly harmless, absolutely sure to give instant relief in all cases of cold or lung

ing tinware. Apply damp with a cloth; then rub dry.

For artes, maps, &c., callon Ticket Agentsor address Thos. E. Wait, P. A. W. D., 30 Fifth Avence, Pittsburg, Fa. S. M. Prevost, Gen. Manager.

J. R. Wood, Gen. Manager.

will be a great one in its history. It will have a more varied table of contents and more spirited Hustrations than ever before. The leading serial, beginning in November, will be A Story of Shakspere's Time. "Master Skylark,"

By John Bennett.

tures, the tentative studies of which had constituted her keenest pleasure, they would never be painted. No one out herself would ever know how the sun looked when it sank over a hill field green with the first green of spring, while far distant along the horizon the trees were bare in exquisite tracery

A Great War Story for North and against a sky of palest violet. South. Ab, the days, the days! She would be "poor Grace." Her cousins would surround her with their cheerful conso-

centance of an extra care. She would never be free again. And then suddenly, in a crash of terror, she saw the years, endless, innu-A Serial for Girls, merable, relentless from sinister gulf of time. Twice 19 was 38. She might live NE'S GARDEN," by Marion Bill, her whole life over again and not be middle aged. She might treble the number of her years and still not be old. Had no one ever noticed how long life

cry against iti—Elizabeth Carter in Lippincott's.

HERE will be many tales of brave effor and adventure. George Kemana his written three exciting stories of his experience in Russia; Walter Camp will Pencock's Feathers Unlucky. Unluckiness seems to be confined to the bringing of the tail feathers of Juno's bird into a house. I am not aware

was? Why did no one exclaim at it and

that this idea is held outside this coun-PATRIOTIC BEETCHES, HELPFUL ARTItry, and if it is confined to England CLES, TALES OF TRAVEL FANCIFUL TALES many various causes may have led to the belief, which possibly arose in comparatively modern times-no earlier

than the crusades. Nothing is more probable than that several crusaders brought home the gorgeous feathers as curiosities, a strange sight, and so likely to make a deep impression. Nothing is easier to conceive than that some misfortune, death from disease, loss of wealth or other "bad luck" may have happened to more than one possessor of the beautiful feathers. and that they would on that account soon be credited with being the cause. A belief of this kind once started is of rapid growth and very long lived .-Notes and Queries.

Want of Time. The man who immerses himself in business that he may accumulate vast property, or that his family may live bixurious and idle lives, has no right to plead want of time for other claims. It is not true that he cannot comply with them, but that he has chosen not to do so. The woman who, absorbed in a round of gayety and society, declares the time of the Revolution is most in that she has no time to train her children and superintend her household is clude Washington, Franklin, Lamyette uttering an excuse as vain as it is false. She simply decides to use her time for other purposes. And this liberty of choice belongs to every one, in spite of any desire or attempt to disclaim it .-New York Ledger.

So Am I.

An elderly gentleman living in mid Lancashire was noted for his inebriety. On one occasion, when he had been imbibing pretty freely, he was met by the clergyman of the parish in which he

"Drunk again, John!" said the pas-"So am I! So am I!" replied the

truthful John, much to the amazement of his spiritual adviser.-Spare Mo-

Of the Earth, Earthy.

"No," said the gentleman who i fond of quoting texts, "I cannot give you anything on that account today. I know I promised you, and I am sorry. but man is naught but poor, weak clay, you know.

"I realize that," said the collector. "I am glad you do, my friend." "And I came around here in the hope of striking pay dirt, but I seem to have missed it."-Cincinnati Enquirer.

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Trains arrive and depart from the station a Johnstown as follows: WESTWARD

Express.—Johnstown 2:10 p. m., Hooversville 2:59, Stoyestown 3:13, Somerset 3:42, Rock-wood 4:05. YOU CAN FIND THIS PAPER REMINGTON Wanted-An Idea of some simple

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"The best of all children's magnatures" is the aniversal verdict on St. Nicholas. It began tist need in 1873, and has merged in fisself all of the leading children's imagazines in America. The greatest waters of the world are its egular contributors. The supreme quality of t. Nicholas is its bright, leadthful, and integorating atmosphere.

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the verge of the meadow. And her pic Illustrated by Birch. mustrated by birch.

This is a live story, full of action, color merriment, and human nature. The world's greatest poet figures as one of the principal characters, although the hero and heroincare a boy and girt. It is poetle in treatment, but full of the romance of the Elizabethan age, and very dramatic in plot. Another serial, beginning in November, is

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> addressed speciality to girls, and is by favorite writer. It is full of fun, i character-drawing is strong and i influence of the story is inspiring as SHORT STORIES.

have a stirring account of a bievele race, an J. T. Trowbridge will contribute a story of the sea. Every month will have articles repre-

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A GREAT NOVEL

OF THE

AMERICAN REVOLUTION its leading serial feature for 1897 the mas ell. The story, "Hugh Wynne, Free Quaker," purports to be the autobiogra-phy of its hero, an officer on Washingon's staff. Social life in Philadelphia a estingly depleted, and the characters in safe to say that the readers of this g romance will obtain from it a clearer idea of the people who were foremost in Rev-olutionary days, and of the social life of the times, than can be had from any other single source. The work is not only

historically accurate, but is a most inter-esting story of love and war. The first banters are in the November number. Howard Pyle will illustrate it. Campaigning Wita Grant, By GENERAL HORACE PORTER. is the title of a series of articles which has been in preparation for many years General Porter was an aide on Ge Grant's staff and a close friend of his chief, and the diary which he kep through the war is the basis of the present articles, which are striking

pen pictures of campaign life and scenes. They will be fully illustrated. The first one is in the November Century. A New Novel by MARION CRAWFORD. anthor of "Mr. Isaacs," "Saracinesca "Casa Braccia," etc., entitled "A Rose Yesterday," a story of modern life Europe, with American characters, begins in November. The first of a seri

of engravings, made by the famous wood engraver, T. Cole, of the old English mas-ters also is in this issue. New feature will be announced from time to time. Superb Art Features. The Best Short Stories. \$5.00 a year, 35 cents a number.

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Apples dried, b evapounted b Apple Butter, per gal roll per b Butter, fresh keg, per b

Beeswax, per B

Coffee, green, per h.

Fish, lake herring | 5 bbi. Honey, white clover, per B

Molasses, N. O., per gal Onions, per bus. Potatoes, per bus Peaches, evaporated, per B. Prunes, per B. N. Y., per bbl. Salt, Pittsburg, per bbl. Dairy, 5, bus sacks.

Syrup. [per gal | mnple, per gal | stoneware, gailon | hillow, per b | mnple |

inegar, per gal

ground alum, 18) lb sucks (numple, per lb.

Sugar. imported yellow, per B white, A. per B granulated, per B Cube. or pulverized, per B.

Yinegar, per gal. 20 to 30 timothy, per bus \$1.7 clover, per bus \$5.00 to 5.8 crimson, per bus 4.0 a aliatin, per bus 6.3 a aliatin, per bus 7.5 Miliet, German, per bus 7.5 barley, white beardless, per bus 1.2 backwheat, per bus 2.5 to 5.0 corn, ear, per bus 3.5 to 5.0 corn, ear, per bus 4.0 cor

CONDENSED TIME TABLES.

Baltimore and Ohio Railroad.

Somerset and Cambria Branch.

NORTHWARD,

Johnstown Mail Express,—Hockwood 7:00 a. m., Somerset 8:00, Stoyestown 9:42, Hoov-ersville 10:00, Johnstown 11:10.

Johnstown Mati Express.—Rockwood 11:06 a m., Somerset 11:39, Stoyestown 11:58, Hoov ersville 12:00, Johnstown 12:55 p. m.

*Johnstown Accommodation.—Rockwood 4:53 p. m., Semersel 5:2) Stoyestown 5:48, Hoov-ersville 5:2, Johnstown 6:45.

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onts, per bus.

Lard, per R. Lime, per bbi Molasses, N. O., per gal.

Cornment, per ft.

Bacon. side, per B shoulder, per B shoulder, per B

Cement. [Cumberland, per bbl.

Wednesday, April 28 1896

Star Raik

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