

A Big Kitchen.

The department of the Home of great interest to housekeepers is the dining hall and kitchen. Both are contained in one building, the front portion of which is occupied on both the upper and lower floors by two dining-rooms, each 30x150 feet, and together comprising an area exceeding half an acre. The rear one-story portion contains the kitchen, bakery, bread and pie rooms, cooling vaults, and all the paraphernalia necessary to the providing for this vast household. Each dining-room seats 1,200 men, making 2,400 at a sitting; and when the first set is through eating, so large is the force of waiters and waitresses that the second 2,400 diners.

After the first lot of men have left the hall, a bell rings, and the army of waiters dash in close on each other's heels, but in perfect order, remove the dishes, crumbs, and clean the tables. After these come the men with their trays, and the waiters and waitresses slip down on the tables regardless of nicks, and with a noise, I should think, like artillery. The meat is brought in on huge trays, and the coffee served from large tin pots at each end of each table. All this is accomplished by 325 men, part of them regularly paid, part "retainers" called on as needed. All the work is done by the veterans, no women being employed at the Home.

A large archway from the dining-hall leads into the kitchen, a sanctum provided over by a head cook and thirty-two assistants. Here are to be seen the range, twenty feet long, the vast copper cauldrons for cooking soup and vegetables, and seven coffee boilers, each holding upwards of a hundred gallons, which are filled and emptied twice a day the year through.

In describing this part of the Home there is nothing left to do but to plunge into statistics, or I cannot do justice. Here are some verified figures of quantities of food used at the Home: It takes seven barrels of mackerel, 54 bushels of potatoes, and 500 gallons of coffee for their Friday breakfast; seven tubs of mashed potatoes and three whole hogs go to one day's dinner; 45 pounds of tea every night for supper; 1,500 dozen eggs for breakfast; 40 sheep go to the Home; 300 pounds of corned-beef with 30 bushels of potatoes for one mess of hash. Twelve hundred pies, requiring three tubs of butter to the upper crust and three tubs of lard for the lower, with twelve barrels of apples for the filling, make one day's dessert. Four hundred square feet of gingerbread are baked twice a week. On Christmas day the veterans are treated to 400 turkeys, seven barrels of cranberry sauce, 1,200 mince pies, and cysters, celery and other delicacies in proportion. Bread is baked every day, beginning at midnight. It is kneaded by steam, six barrels of flour to a mixing, the machine being filled three times. These eight tons of flour and three tons of wheat to the ceiling with fragrant leaves, which are all eaten in day.

The following is a bill of fare, selected at random from their printed lists:

SUNDAY.
Breakfast—fried ham or sausage, potatoes, bread, butter and coffee.
Dinner—roast mutton, sweet potatoes, turnips, pickles, bread, butter, coffee and apple pie.
Supper—stewed fruit, cookies, bread, butter and tea.
WEDNESDAY.
Breakfast—corned-beef hash, bread, butter and coffee.
Dinner—roast beef, baked potatoes, onions, bread, butter and coffee.
Supper—pigs' tongues or tripe, biscuits, tomato catsup, bread, tea, gingerbread.

The average cost to the government of this boarding house is twenty cents a day for each soldier; not so expensive when we consider the quality and variety of food used. The Congressional appropriation, covering all expenses of the Home, for the fiscal year ending June 30, 1890, was \$770,306.50.—*Harper's Weekly.*

How to Woo Slumber.

The Delanian doctrine of rest by voluntary muscular relaxation is a method confirmed by the experience of those who have acted upon this theory in overcoming insomnia. Nothing so quickly brings sleep as the voluntary disposal of the body and limbs in such fashion as to promote muscular relaxation. The legs and arms should be so placed as to bring them in contact with the mattress as many points as possible. This affords support and relieves the muscles. The body should be disposed in like fashion, and if all has been done properly the consciousness of resting his whole weight directly upon the mattress. When once this feeling comes sleep generally follows. The plan is better than the old one of repeating the numerals or going over some meaningless series of words, for it has the double advantage of putting the physical man into an attitude of repose and of distracting the mind from whatever thoughts are at enmity with sleep.

Don't Forgive Your Husbands.

I have been troubled with chronic catarrh for years. Ely's Cream Balm is the only remedy among the many that I have used that affords me relief.—E. W. Willard, Druggist, Joliet, Ill.

Don't think your wife is a servant. Don't forget that your wife was once your sweetheart. Don't try to run the household your way. Don't think your wife can't keep your secrets. Don't imagine that you are a superior person. Don't neglect to compliment your wife whenever appropriate. Don't withhold your confidence. Don't dole out a dollar if it were a tax. Don't stay out late at night. Don't grumble at your wife and the work she does. Don't think love has come to stay anyhow. Don't forget that husbands should be gentlemen at all times and under all circumstances.

He Understood.

Anton Rubenstein, the Russian composer, in his autobiography tells of the confusion which overcame a certain architect of his acquaintance, who had a habit of interlarding all his remarks with the phrase, "You understand?" On one occasion he was explaining certain architectural matters to the emperor, and according to custom made free use of his favorite expression. "Good heavens!" exclaimed Emperor Nicholas at last irritably, "of course I understand. My dear fellow, how could I help it?"

Born in the White House.

Only two children have ever been born in the Presidential mansion—and neither of them was a Presidential baby. Strange to say, they arrived under two consecutive administrations, but, stranger still, they both now live in Montgomery. One of them is Miss Letitia Tyler, a lady of rare accomplishments, and the other Colonel Hal T. Walker, a prominent lawyer, who also has large planting interests.

Fig—Sometimes the absolute faith my boy has in my wisdom makes me almost ashamed of myself. You see, I don't know anything. It is to be well as a young man of fifteen years experience.

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Nearly every pattern of 3/4 Horse Blanket is imitated in color and style. In most cases the imitation looks just as good as the genuine, but it lacks the soft texture, and so lacks strength and while it sells for only a little less than the genuine it isn't worth one-half as much. The fact that 3/4 Horse Blankets are copied is strong evidence that they are the STANDARD, and every buyer should see that the "A" trade mark is sewed on the inside of the Blanket.

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The Tribune FOR 1892.

R. G. Horr on the Tariff.

Sportsmen's Headquarters.

W. S. Brown, No. 223 and 224 Wood Street, Pittsburgh, Pa., has all the latest Improved Fire Arms, Guns, Pistols and Revolvers. These Revolvers were cheaper, and I have the largest stock in Western Pa. I will select from my stock any gun and guarantee. To the ladies I would say that I have the largest stock of hats and shoes in the city. Also, I have a large stock of sporting goods of all kinds, ammunition of all kinds and sizes. Send for Illustrated Catalogue.

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For veterans of the war there will be a page each week of our news, news of the war, and a list of names of those who served in the war.

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Families will value the page devoted to Questions, Answers, Cookery, Knitting, Sewing, etc. It is a most interesting and useful page.

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A Dangerous Experiment.

City Physician—"I confess, Mr. Inland, that I cannot tell you yet what is the matter with you. As you say you were in perfect health when you left Indianapolis? Caller (weakly)—"Perfect health—perfect."

"How long have you been in the city?"
"About three days."

"Did you come on specially important business, and have you been troubled by unforeseen difficulties?"
"No, I just came here to see my sister off to Europe; that's all."

"Been frightened in any way?"
"No."

"How have you passed the time?"
"Just walking about quietly looking at the streets and the people."

"Humph! Very strange. Then you hadn't even a commission to execute, nor purchases to make?"
"No, I spent my whole time trying to do what my wife said. She told me to watch all the well dressed ladies and give her a description of the latest fashions."

"Ah! I see. Brain strain."—N. Y. Weekly.

LABORING MEN! TAKE CARE!

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Local Institute.

Following is the program for a local institute, composed of the teachers of Section 12, to be held at Cross Roads school house, on Saturday, December 19th, commencing at 10 a. m.:

"Address of Welcome," H. G. Wiley.
"Proper Incentives to Study," J. W. Wesley.
"Recitations," Maud Brancher, H. A. Boose, Ella Werner, Sadie Pyle.
"Afternoon Session," G. M. Baker.
"School-room Decoration," Hattie Will.
"Topical Talk," Prof. J. D. Meese.
"Little Things in School Work," Nannie Kimball.
"Class Drill in History," A. B. Barnes.
"Select Reading," H. E. Miller.
"True Object of Education," E. E. Bach.
"Class Drill in Physiology," M. G. Boucher.
"Essays," Ella Kimball, Nina V. Will.
Music and Quizzes, at the option of the President.

Wanted Them Weighed.

She was a business woman. Anybody could see that. She had a square jaw, a firm set mouth, and as she stepped up to a State street stand yesterday afternoon the young man in charge felt that he was in for it. She had been attracted by a sign which read, "Grapes 5 cents per pound."

CONDENSED TIME TABLES.

Baltimore and Ohio Railroad.

Somerset and Cambria Branch NORTHWARD.

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