## Church and Sunday-School



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$\begin{aligned} & \text { Health will come with all its blessings to those who know the way, and it is mainly a quess- } \\ & \text { on of right-living, with all the term implies, but the efforts which strengthen tho system. }\end{aligned}$
Hie games which refresh and the foods which nourish are important, each in a way, whilie it is
$\begin{aligned} & \text { tary conditions. To nasist naturee, when nature needss ansigntance, it is all inmportant that tho } \\ & \text { medicinal agents used slonid the of the best quality and of known value, and the one remedy }\end{aligned}$
which acts most beneflicilly and pleasantly, as a laxative, is-Syrup of Figs-manuffectured by
With
er and yield promptly to tho gentle action of Syrup of Figs, gladness and comfort come to
stipated condition of the system, take Syrap of Firs and enjoy freedom from the aches and
any organic trontle it is well to consult a competent physsician, hut when a laxative in required
$\begin{aligned} & \text { any organic tronshe it is well to consult a compecent physsician, hut when a laxative is required } \\ & \text { remember that the most permanently gratifying results will follow personal cooperation wifth }\end{aligned}$
The excellence of Syrup of Firs comes from the beneficiol effects of the plant nsed in the
mibination and also from the method of manuacturo which ensures that perfect purity and
$\begin{aligned} & \text { miniormity of protuct essential in a perfect family laxative. All the members of the family } \\ & \text { from tie yonngest to the most advanced in years may use it whenever a laxative is needed aul }\end{aligned}$
(AMUFORNIA TIU SYRNP (C


