## The News of Carbondale.

RAILROAD TIME TABLES.


## REMOVING THE TRESTLE.


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| A G00D CHANGE. A Change of Food Works Wonders. |  |
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| The wrong food and drink canste alot of trouble in this worla. TG changethe food is the fist duty of evory per-son that is III. particularly from stom- |  |
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|  | wedeed in schenectady. |
| has; with her husband. been brought |  |
|  |  |
|  Nuts Breakfast Food. |  |
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| four yeurs ago I left off coffee and be- gan taking Postum. My stcmach and bowels improved right alons, lut i was |  |
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| Then I changed my food and beganusing Grame-Nuts Breakrist I wod in |  |
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| Postum und GraperNute. |  |
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Work in silk Mrit.
John Newirack, a bohbin boy in

JERMYN AND MA YFIELD


Rheumatism Cured Says J. W. Stanton of Canastota, N. Y., by Dr. David Kennedy's Favorite Remeay,



