## THE SCRANTON TRIBUNE --- SATURDAY MORNING, JANUARY 4, 1896.

# Facts of Interest To Women Readers.

Symposium of Information, Partly Grave, Partly Gossipy and Partly Gay.

In the Sun of last Sunday Margherita Ariina Hamm makes an interesting re-view of woman's progress in 1855. "San ta Claus," she says, "has been bringing more things in his cloudy sleigh to womankind than ever before. In edu-cation there are now nearly four hun-dred colleges and other institutions, be-stowing degrees upon their graduates which are dedicated to women alone of to the sexes studying together in the same class room. There are more schools than there were a year ago and marly every school shows an increase nearly every school shows an increase of at least ten per cent, upon its record, Normal schools and high schools have a thing was impossible ten years ago and are thronged with students. There has been a similar development in the professional schools for women through-out the country. The New York Wo-man's Medical college graduated one of the largest clases in its history, and University Woman's Law school grandeur. The World's council in Longraduated the largest class in its his-tory in the domain of jurisprudence. Worth Leaguers and Christian Endeav-The modical and dental schools of Phil-adelphia were equally successful, while liar to the public, and these in turn gave in the West the advance rose up in many cases to nearly 100 per cent. In 1875, even in 1880, it was the rarest thing woman's department. Of its many su-perb ediffees the most striking was the Woman building. Of its many public in the world to find any woman with a collegiate degree mentioned in the daily press. To-day it is almost impossible to pick up any issue of a news-paper without finding references to woevents the most noteworthy were the women's congresses, and of the influmen M. D.s. L.L. R.s. Reverends, D. D.s. and similar titles of authority and ence, action, and reaction which have surged from it to every colgn and cor-ner of the South, the most pregnant respect.

was that of the magnificent women at its head. It marked a new era for "The same laws of development apply to men and women allke. Just as the male college system has given birth to college papers, college clubs, Greek let-land twesty-five years, and put it ou ter societies, alumni associations, postthe same plane and in the same sphere graduate courses, university clubs, and college music and literature, so female tions of the Northern and central states, college life, though in its infancy, has already evolved the same series of se-guels. There are now some seven or eight hundred alummae associations in the land, there are college memorial societies, alummae libraries, alumnae clubs and alumnae publications, and the alunmane libraries, alumnae alumnae have done something which never occurred to the alumni. They have ald societies which help along poor students, where, in the male colleges, this noble but infrequent charity is adninistered by the faculty or trustees They have also auxilliary societies which canvas for bright students and raise funds for the alma mater, and and Egypt. stronger and more exultant. In the past year it has won Utah to its ban-

raise funds for the alma mater, and most important of all they have formed out West one or more federations of alumnae associations for the simple ob-ject of furthering the cause of a high scientific education. In music, litera-ture, and journalism they have made an admirable record in the past twelve months. The interesting collections formed for the Atlanta Exposition are unimperchable witnesses of what has been accomplished. Hundreds of wo-men have succeeded as composers, hun-dreds as authors, and hundreds as members of the great American press. members of the great American press. It cannot be said that any have attained rank which is marked by genius following of 100,000 out of 170,000. This rather than talent, or that they have yet performed work which will give them is one of those defeats, which, when re-peated three or four times, means a high place in the literature of the future, neither can it be said of the many bright men who, have come forward into popularity in 1895, but in every insuffrage for women came near carry ing the state constitutional convention. It was defeated in that ancient comstance their work has been characterized by care, fidelity, accuracy, con-science, and ambition. These, rather than genlus, are the corner stones upon monwealth by just about the same pro-portion as in the Bay state. Last but ach all progress must be based. In invention and discovery the have made more progress the past year than ever pre. They have several hun-patents to their credit in this which all progress must be based.

"In in

off the thick layer and divide the tendon into its small parts, and they may be drawn out, one by ene, by passing a skewer under them and pulling vigorously. The despised dramstick is now a dainty pleas of dark but tender meat, which may even be breaded and cooked by itself as a specially choice dish in various ways. Even where, it is served with other cuts, fricasee, stew, roast or broll, the sinews should always he ramoved. Ovater Catsun.-Remove the custers

Tricase, stow, ross of bron, the shows should always he removed. Oyater Catsup.-Remove the aysters from their shells carefully, saving the ilquor. Take out the adductor muscle or stomach of each oyster and cut off the beard. Put over the fire in their own liquor and simmer until all the goodness is extracted. Strain and pour the liquor rate a cigan saucepan. For every cup of the fulce take one-fourth of a cup of sherry, six anchouse, one tempoonful of lemon fulce, one-could of a pound each of ground mace and claves and one doffen apport come. Simmer for fifteen alloutes, and put away to cool, closely covered. When cold strain, bottle and seal. Oyster Oyster they

HOUSEHOLD SUGGESTIONS: The series is a benefit to solve the solvest for a spoon. The use of the fork is, perhaps, a little the most correct. Claums are in senson all the year round. Little neck chans rerved on the half shell make a delicious first course for dinner. Bread-and-butter plates are still used, and are likely to continue being so, as here here here form former useful and they have been found more useful and

To prevent shoes from making holes in the heels of stockings, sew a plees of wath leather inside the heels of the aboos. This, also, will insure shoes from rubbing the feet and makes them fit better. The best material to use for a pudding bag is thin, unbleached musika. The bag

should always be scalded before it is used. The string used to be it with should be a place of strong and immaculately clean while tape. Not every one, perhaps, has found out

that lemonade. We best drink for a plc-nle, except cold cafe ru lait, is easiest evolved by squeezing the julee of what lemons are needed into a bottle before

darting. The best external treatment for pols-The best external treatment for pols-oning from kry, says the Fopular Science News, is to wet a slice of bread with water, dust it with common washing sola and apply to the erupiton; keep the bread wet from the outside with water. Half an hour of this treatment will cure. It is a good plan to look over all the piece bags, and sort out those that will make nice holders, and then make enough to hast some time. Put all old water cloth in a bag by itself, where it will be handy. Do the same with pieces of fiannel; it will save time and flutry if needed in sickness. A most offensive odor arises from burn-ing milk when it is accidentally spilled on the holt range, and one that is likely to permeate the whole house. Immediately wiping it off with a piece of paper of any kind that its easily caught up, and then tellectuality and enthusiasm of the highest order. It means an expendi-ture of mental energy greater than that of any country in Europe, with the ex-ception of Great Britain and Germany. If mental activity is to be measured in oot pounds of force, the American woman in the past twelve months has accomplished a work greater than the raising of all the pyramids, greater than the canalling of the 1sthmus of Sues, and greater than all the work lone in such lands as Spain, Turkey,

permeate the whole house. Immediately wiping it off with a piece of paper of any kind that is easily caught up, and then dropped into the fire, is about the locat thing to do, and hardly a trace of the odor will remain if it is done very quickly. White linen cases for party slippers are offected at the art shops finished or to be worked. They are long scarfs, wider than the slippers, which they will several times unfold. They are usually embroid-ered in some small flower design and bound with white slift braid. After the dainty slippers are stuffed with cotion to keep their shape and wrapped in tissue paper they are rolled in linen cases and thus completely cared for. Towers for funeral offerings are oftenest now sent looke in a box, set places besuggestive. Wreaths are still used, but they have become so full as to have bot the hollow of the center, and are, instead a round mat of dowers. Something different in flower designs for these said occasions is the oval wreath, of which one slip is made solidly of ferns and leaves, and the other half as solidly a mass of dowers. Housekeepers often nuclee that in damp weather in the summer the coffee becomes that leaves, but they have become so for mass of nowers. Housekeepers often nuclee that in damp weather in the summer the coffee becomes that leaves, and on store show is the facts, but they are cause and effect. In cleaves and on store shows the will be and on store shows the work often and on a doughy. chusetts it was defeated at the polls, but even there showed that it had a rowning victory at the last. In South Carolina, to the surprise of everybody.

fect. In closets and on store shelves the kernel will become tough and doughy, just as crackers are affected. An old housekeeper says that the flavor is re-stored by keeping the breakfast coffee over hight in the warming oven and the dinner coffee through the day in the same place. Put the amount needed in a bowl. place. cover closely, and let the slow heat of the upper oven draw out the off. An authority on the chemistry of foois cautions housewives against cooling loaves of bread too rapidly after taking them form the oven. "Much of the scaring of bread," says Dr. Woods, "is doublies: due to lack of care during cooling. Owing to the to next of care ourner cooling, towing to the high-water contents and the harge amount of nitrogenous substances and sugar which bread contains, it is especially, while warm, a good soll for the development of various kinds of moulds and bacteria. A loaf of bread," he adds, "hot from the own taken the a machementificated second oven, taken into a poorly-ventilated room filled with people, will become sour in the course of two or three hours." filled with people, will become sour in the course of two or three hours." Build man's "Dreserved ginger may be prepared at home, and is equally good as that pur-chased in jars. Pare the roots of the su-dinger and let them lie in cold water an hour. Drain and put in a porcelain kei-tie with fresh water, place over the lire, and cook until render, changing the water once and using cold water to replace the hot water. When cooked lay them in hous water. For the syrup ailow a pound of sugar for each pound of ginger root and haif a plat of water. Boil until it is a syrup and place it at one side to cool. With cold put in the cooked ginger and the it remain over night. Drain out the ginger and reheat the syrup to bodilag. This time put in the ginger as soon as the heitle is taken from the lire. Let it stand over night, then again drain out the ginger, put it in a stone jar, heat the syrup to built in a store far, heat the gauger, built in a store far, heat the gauger, over, and put away for a week. Then if the ginger is not rich chough reheat the syrup once more. The ginger will repay the traditional statement of the syrup

up once thoroughly, then pour over the chickes, and serve very hot. Drumsticks of Fowls.—A hint to bouse-keepers where chickens are to be cooked bo at put them before the fire without first removing the tendons of the legs or drumsticks. To do this cut the skin at the joint where the foot unites with the drumstick and twist the two pieces a lit-tie to bring out the white tendons. There are a few ta front and a large bunch at the back of the legs inclosed in a thin layer of musclo-like inclosed in a thin layer them look like ene large muscle. Surges of the thick layer and divide the tendon into its small parts, and they may be

then, if you can't get that canvenicatly, beat up the while of an egg and apply beat up the while of an egg and apply that with a bandage."
The laminated corr, or callesity produced by pressure, congestion and increased formation of epidermis, may be settened by pressure, congestion and increased formation of epidermis, may be settened by pressure, congestion and increased formation of epidermis, may be settened by pressure, congestion and increased formation of epidermis, may be settened by pressure, congestion and increased formation of epidermis, may be settened by scrapting with a band setting with scap. The soft corn regulate removal with the point of the setting with the point of a not too thang knifts. The cyc of the formation of a band with we be the and the the band corn may be detened in this way, sither during or a florer the conterned the ture of band the ture of the setting may be detened in the way, sither during or a florer the conterned the ture of band the ture of the setting in many ways are made of a pressure of the generation of the setting the setting of the setting may be detened in the way, sither during or a florer the conterned the ture of band the ture of the setting of the setti

conton-wool between the toes, may be con-sidered as a cure for a soft corn. In these cases the skin may be hardened by apong-ing with spirits of camphor after the warding. The conton-wool shauld be re-moved at night, and this is a good time for the exampliorated spirits. Nothing is more agreeable on retiring for the night than to take a howl of bot work in the soft of the could be re-moved at night than to take a howl of bot

For the night than to take a bowl of hat bruth, like outmost grued or clam soup. It is a positive aid to nervous people, and induces penceful slumbers. This is es-pecially the case on cold whiter nights, when the stomach craves warmth as much as any other part of the body. Even a glass of hol milk is grateful to the palate on such occasions, but a light, well-cooked rule is harter and in our climate during

on such occasions, but a light, well-cooked grued is better, and in our climate during the cold months of whiter should be the retiring food of every woman who feels, as many do, the need of food at night. To prevent catarrh, breathe through the nose. Set it as a part of the pupil's educa-tion that he shall walk a certain number of rounds of the playground at a rapid rate with his lips lightly closed. Make the moming of them a dement and the comrate with his tips thently closed. Make the opening of them a demerit, and the com-pletion of the times a merit. Increase the distance and the speed dally. When a boy or girl can walk at a rapid pace, or bet-ter, run three hundred yards breathing only through the nose, and repeat the pride in their country that Englishmen performance thrice during the day, the performance thrics during the day, there need be small fear of chronic nasal ca-tarch. Even when the disease has become sented in a young person it may be erad-icated by persistence in this exercise which, as every one knows, increase the lung power and banelits the circulatory system at the same time. It is a very simple remedy, but persevered in it is a very perfections remedy, often curative bossess; and now that the 'flower of their army is off again, killing and get-ting killed. In Ashanti, these plays are expected to fall very pat. ists and Ibsenists do not seem to be a very period one. In persons of any age, a very efficacions remedy, often curative if used regularly, is sait water shuffed into the nostrils hight and morning. A strong solution of sea sait (or even com-mon table sait) in water should be kept in a bottle and when needed a sufficient quantize distance with more water in the second

quantity diluted with warm water, so the quanticy divided with warm water, so that the liquid will have only a slightly said taste. A large glassful is sufficient, and the saited water should be used at blood heat. It can be used at any time, though it is best to take it just before retiring and immediately upon rizing in the moraing, but never before going out of doors.

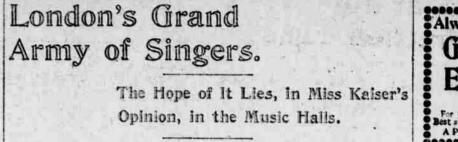
## UNPREVARICATED PROVERBS

Yes sounds sweet in any tone. A bad workman guarrels with his tools a wise workman with the architect who planned the job. A friend to everybody is everybody's

enemy. Matrimonial success never attends the of today can do it.

Marimonial steppes hever attenue to woman of one pla. One woman can always do what she planzes with a man, but when there are two women the man begins to have his

Women cartalitis excel in patience. No matter how deeply he may be lajured, no man would remain awake after midnight once the promenade against which Mrs. Ormistor Chant waged such long and bitter, but at last successful war. Of Sadie Estelle Kniser, to deliver a curtain lecture. The heat encounter is not, like the best bitter, but at last successful war. Of poker player, he who makes the most



Special Correspondence of The Tribune. | the human figure, and shall not need to bluch.

An Up-to-Date Variety Theater, I am not such a great authority on the music hall, never having been to any but the Palace, which is the most comme li faut in London. But the Paince theater certainly is very fine and what one hears and sees there is, too, the very best that there is today on the variety stage. It was all very magnifi-cent except, alas! the solo and ballad singing, which certainly did leave much to be desired. This does not apply to the concertail singing however for the concerted singing, however, even among so much that was brilliant, how noble the singing of the Rhondda colliers, men who spend their days in the mine bent in painful attitude in their stalls, and picks and hacks at the hard mineral, hour after hour, until enough be got for the day's living! At evening, when they reach the world again, there is only one thought-sing-ing. At the local Ebeneger or Mount Zion you will find some self-taught trainer teaching his choir those wonderful part songs, and making of them the first glee singers in the world! For song is the blood of the Celt; he

breathes it from the cradie to the grave. and a Welshman who is not also a tenor is unthinkable. I have heard a casual venture is to be a dramatization of Anthony Hope'a delightful story, "The Prisoner of Zenda," by Alfred Rose, a prominent playwright. Mr. Alexander, an oratorio, and not a part be missing: prominent playwright. MP, Alexander, of course, will again play hero, and the rest of the cast will be up to his excel-lent standard. The Turks of York's theater comes to

lent standard. The Duke of York's theater comes to the front also after Christmas with a marital play called "Tommy Atkins." With "Cheer! Poys, Cheer!" running successfully at Drury Lane, "Tommy Atkins" at the Duke of York's and "The Prisoner of Zenda" at St. James' it is not likely that we shall lack for ro-mantle and wholesome plays. The whispers that I hear about these three from those that know whereof they from those that know whereof they speak, tell me that they are of the sort Futile Lyrie Benes. to stir up all the feelings of patriotic

But to return to the change. What on earth ever becomes of thousands of the students with good voices, who come up to London to distinguish them-selves, and never do, no one knows. Their dreams of success in lines operatic, oratorio or concert, never come true. Their hopes are never realized. In English, they do not "get on," even some of the very best. This is so for several reasons, which can be discussed

setting much of a finger in the dramatic fire this season. The missry of real life has withdrawn itself from the boards some other time, but not now. Suffice it to say, they are reasons that sometimes do not in the least convict the for a good while let us hope-and we are to be regaled with a bit of healthy senyoung aspirant of inability in his or her chosen line of work. So they grow to be regard with a bit of nearing sen-timent and romance as a reward for our too long endurance of the unhealthy realist plays. Life itself is about the most real thing there is, and to some the most miserable, and these go to lean and storm and light the battle to the very death, but in the long run, have to give up, vanquished. I own that I would not at all like to be one of the pioneers in the vocal elevation of the music hall, but there are others without plays to lose themselves for the nonce in something more beautiful and lovely than their own seives and surroundings. my scruples, as I said before who might and who would like it immensely, but Theatres, then, were not built to make the morbid still more so, and the happy who are withheld from the earning o an honest living by these means, by miserable, and the tendency for the present seems to be to return to the hero who saves the leading lady just in less honest species of pride. The en-gagement of the Rhoadda Glea singers by the management of the Palace was a the nick of time, and the heavy villain who meets with the dire destruction step in the right direction, and on both sides for their singing benedits and which he deserved and all that imelevates the tone of the work there un-mensureably, while they no doubt re-ceive a salary there with their earnings proved, modernized and beautified, as extravagantly as only the managers from concert singing, pure and simple, are not to be compared. And you will see others following their example, and Sims Reeves is singing at a Music see others following their example, and hall, and not the best of Music halls, either, but at the Empire, where was to solve a question that has puzzied

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Slight fever. Perspiration toward morning and Pale face and languid in the morning.

Loss of vitality. If you have these symptoms, or any of them, do not delay. There are many preparations which claim to be cures, but Dr. Reker's English Remedy for Consumption has the highest endorsements, and has stood the test of years. It will arrest consumption in its earlier stages, and drive away the symptoms named. It is manufactured by the Acker Medicine Co., 16 and 18 Chambers St., New York, and sold





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dred patents to their credit in this country, and a very respectable number in England and the Continent. They have grown so numerous that they have formed an International Association of Women Inventors, and promise to be an important factor in the mechanical evointroduct in the internet world of morals and reform women have never been before so busy. What with the King's Daughters, the Women's Christ-ian Temperance Union, the Universal Description of the American Empire Al-Peace Union, the American Purity Al , the League for the Promotion of Purity, the White Cross Society. Social the British Women's association, the American Sabbath Alliance, and over a hundred smaller organizations, they have built up an organized power for right doing and right living which will be an invaluable weapon against the armies of vice and sin. In missionary both home and foreign, they have tolled with praiseworthy patience and enthusiasm. Despite the hard times, which have crippled their resources; despite war in the Far East; and massacre in Moslem lands, they have in-creased the missionary regiments and brigades have augmented their pecuniary sinews of war, and are carrying on a sublime conflict which even if it does not carry Christianity as might be does carry knowledge, higher republic! ideals, and a beter civilization.

"If the year 1895 has been marked by a wonderful degree of general progress, it has been more than marked by great events. These began with the twentyseventh annual convention of the Na-tional Woman's Suffrage association in Atlanta, Ga. It was well attended and well conducted. It showed the organi-zation to be complete in every part of the United States and to have a following direct and indirect of more than three millions of American citizens. This is a very different spectacle from the poor little meeting Elizabeth Cady Stanton called years ago, when all followers might have been counted upon the fingers of two hands. This was fol-lowed by a very notable gathering in Washington, the triennial meeting of the National Council of women. The the National Council of women. magnificent organization, now the largest by far upon the American con-tinent, represents a federation of all the associations of women which look to-ward a broadening of their spheres of action. On its roster are those who wish to increase the educational facilities of the sex, and those who wish to and reclaim the unfortunate and fallen; those who demand equal pay for equal work in all the industries and profes-sions, and those who believe in increasing the scope of our public school sys-tem by making industrial and technical making industrial and technical lon an integral portion of its cur-n; those who wish to convert the n; and those who wish to convert the n; and those who wish to convert the education an integral portion of its curriculum; those who wish to convert the the darker and more terrible heathen of our own great cities; those who believe in the patriotism and conservation of colonial and Revolutionary memories, and those who wish to a mellorate the penalogic methods of the present age. It is a mosaic such as the world has neve before seen, but of that mosaic every fragment is a living, active, benevolent, and thoughtful congerles of individuals. It represented some twenty large organizations, including the Na-tional Women's Christian Temperance Union, and the National Women's Suffrage Association, and hdd affiliated with it some forty or fifty other so-cieties. It represented between three and four million women.

and a dealer

After this came a series of smaller conventions and meetings, including the Pacific Coast Women's congress, the Mississippi Women's congress, and state conventions of some thirty and forty organizations, each involving not forty organizations, each involving not less than 10,000 women, and some pass-ing the one hundred thousand's mark, All these were put to blush in point of numbers by the World's Council of the World's Women Christian Temperance union, which met in London in June.

has been done by such noble societies as the Searchlight, the organizations in Trinity, St. Bartholomew's, St. Mi-chael's, St. George's, St. Phoebe's, and Plymouth. Much has been done by the college settlements in New York and the Good Neighborhood club in Brooklyn. Much has been done by the Unit-ed Charities and the United Hebrew Charities, and today at the close of the year a newer and larger organization is forming in Brooklyn to carry God's war into the darkest districts of the City of Churches. There has been beneficent legislation in every state during the last twelve months for women. In many commonwealths the age of consent has been raised, and in others the common law restrictions upor matried women have been reduced. In maternal rights have been some the increased and in others the moral welfare of women has been bulwarked by new legislation. There has been a wave of morality and social purity from one end of the land to the other. It has gone to extremes in some cases, and it has brought many cranks, visionaries, and demagogues to the surface, but the harm it has done has been more than counterbalanced by the good. Taking 1895 as a whole Santa Claus has been very kind to the women of our great

"The cause of suffrage keeps on ever

ters in our own political system, and

Bermuda and the Australasian pro-vinces in the British. This gives three

American and nine British commonwealths where political equality is now the organic law of the land. In Massa-

SELECTED RECIPES:

Marble Cake, -- A new and simple way of making a good looking marble cake s to make a silver cake mixture, using il whites and no nutmeg. Divide this into is to make a silver cake mixture, using nil whites and no nutmez. Divide this into equal parts; let one part remain plain, placing it in the onke tin, which you are supposed to have ready papered, and level it. The other part divide into three equal parts. Color one part pink, another yel-low, another brown with chocadict. Place these three colored parts into three sepa-rate paper comes, fold them up and cut the ends off to leave an opening a little over a quarter of an inch in diameter. Take one of the cones, push the end into the mixture in the tin and force out the contents of the cone, moving it about so as to traverse the whole area of the plain part. When this cone is used take an-other and use it in like manner, also the other, and has: one. The cake is now ready to bake. When you cut this cake you will find this method sives a very su-perior cake, as the different colors worked in in the manner described give a better effect as to marble appearance than can be obtained by the old plan of dropping in the different colors. This cake may be keed on the bottom in three colors of iding; white yellow, brown. Put on in alternate lines, then placing a clear so it is a treated. The so it readed. This gives you marble inside and out. Gingerbread Cake, Bent one and one half nounds of butter, with three and one

six small eggs, three-quarter ounses of ground ginger, and a few drops of es-sence of lemon, and make it all to a stiff paste with three and one-half pounds of fibur. Roll it out, and bake in a slow oven.

To Stew Chickens Whole.-Take a large, plumo chicken, wash thoroughly, then wipe it dry with a clean napkin, and rub pepper and sait inside and out, Take from their liquor as many nice large ops-ters as the chicken will hold. Examine ters as the chicken will hold. Examine each oyster carefully to see that ho par-ticle of shell adheres to it; drain them very dry in a commer, and fill the chicken quite plump with the oysters. See up and skew-er it tightly. Then put it into a pail, with-out croading or grading the share. er it tightly. Then put it into a pail, with-out crowding or spoiling the shape. Cover tightly. Put this sail into a large pot of boiling water, and let it boil until the chicken is tender. Remove the chicken to a hot platter, cover closely as soon as out of the pull, so that the air will, not touch it, and set it into the oven with the door open to keep hot while you prepare the gravy. Turn out the gravy that has been made from the stewing into a small pan, add one tablesuonful of butter and pan, add one tablesponful of butter and half a tea cup of rich, thick cream, the yolks of three hard-bolled eggs, chopped or mashed very fine, a tablesponful of minced parsley, a dash of cayenne, and a tablespoonful of corn starch stirred smooth in a little cold milk. Let this boll

trouble. HEALTH HINTS: Dr. C. E. Hayward, of Cropney, Ill., test: "Several years day, while treat-some bad cases of crysipolas a addy ed me why I old not use the remody. rites:

ing some bud cases of crysholas, a may asked me why I did not use the remody they used to Montina. I asked her what that was: she said honey. I did use it, and found it very effective, and since then have used it in every case of crysho-clas on any spart of the body. My first treatment is the external application of honey. I shave the head and face if necessary, spread the honey thickly on oloth, cut holes for the even if the face is the part affected and change the applica-tion every three or four hours. I have never had it fall to relieve the path, heart swelling and nauses and to shorten very never and it fails to relaye the pain, nearly swelling and natures and to shorten very much the attack. I also give internally the usual remedies for reducing the fewer and stimulating the emunctories. Three-or four days usually suffice to bring abaut convalescence under this treatment." Forests have an important hygicale in-ducroe. In worm counties, when a format

In warm countries, when a forest

funces. In warm countries, when a forest is cleared away, fever always makes its appearance, while in in insalubrious dis-tricits frees are planted in quantity sick-ness disappears. Thus the Roman ram-pagna and the Tusenn marshes, where inxuriant forests are now growing, have almost lost their traditional inhealthful-ness. Another important hygicale factor of the forest is the fact that ozone exists in unusually large quantifies in their neighborhood. This fact, lately estab-lished by Fernow, has been held by him to show that a forest constitutes an im-portant barrier against the approach of epidemics and infectious disease. This is the advice which a trained nurse once gave to a woman who wanted to

eddemics and infectious disease. This is the advice which a trained nurse one give to a woman who wanted to snow what to do in certain emergencies while waiting for the doctor to come: "You will very likely have a sprain or work and the same with. You can either apply ions an advice while a strained with the water until the water with vinegar in the same way. After the swelling has disappeared you had better bandage the limb and let the patient rest it on a level until it gets strong. In case of dislocation." Finance and the nurse, "there is always need of instant action. Muscular tension in-recases rapidly and its reduction becomes finance and the careful not to use too more difficult with overy hour that passes. Finance and cleed this a dways weaker after an accident and chould be strapped by the nose and place cold applications to forehead and neck. I suppose you have him lean his head over a basin. Yes, most people do, and that is just the worst atti-

A danger forescen is the worst of all dangers, for it unnerves one with fear-some expectation. It is well that we cannot afford to go to Sims Reeves is old, much too old to sing

the doctor's all the time. Many a man re-covers unassisted from slight disorders which, if he once heard their scientific names, would worry him into an early grave.

A fortunate man may live in the suburbs, with a last train at 6 o'clock, but an un-fortunate man should choose some town old Mrs. Sims Reeves is to make her where cars run all night, With the bloomer girl a fault confessed is half undressed. debut there also tomorrow. I suppose they do not sing so very well, but I do

A woman's counsel may not be worth much, but like a bound of feathers one gets a great deal of it for the money. know that I am quite right in supposing that they receive an enormous amount of money for singing there. July Belleve only half what you hear of a man's wealth, and let that be not his half. might well ask "What's in a name?" she had only asked me, I could have

-Boston Home Journal, told her that money is in some names Supposing I had Patti's name now -----

grily.

### THE WRONG HOUSE.

"Madam," he began, as he called at a house on High street the other forenous, "your husband went away in such a hurry this morning that he forsot something." "Oh! He did, ch?" queried the woman, with a good deal of emphasis. "Yoe'a, he did, When I went around to see why he hadn't left his suits to be cleaned he said he'd forgot 'em." "I see. And you offered to come up and "I see. And you offered to come up and get them?" "Yee'm. He wants 'em cleaned this

'Did he say what suit?" asked the wo-

man, "No'm, he didn't; but I expect it's a fail 

"How long ago?" "About half an hour, You don't doubt

fortune by oratorio or concert singing, of whom not one in a thousand is ever s, ma'am?" 'Ob, no! It's rather odd, however. My paid anything more than the expenses Poer vocalists, clinging still to a cruel inhespitable ideal! How many a capthand went to Europe six months and I hun't returned yet, and how he could in the offlee down town and send you for his fall suit is more than I can could. able singer in starving in mute pride in these days, for whom the concert room make cut! Won't you please walt till has no charity and the music hall no charm! How long will it be before "No, metamic balk year metamic and the wait?" replicit the man, and the way he got out of the yard and around the corner sig-nified a good deal of mental excitement on his part.-Detroit Free Press. has no chiraly and the mask and ho charm! How long will it be before these ambitious and misled beings real-ize their hopeless fate? Today there are 3.759 students at the Guildhall school alone; there are at the very low-

### PHILOSOPHY OF THE STREET

Those who join processions after the id begins to play generally leave as noon is the music consist. There are pilots so poor that they cannot even run aphore. as the much

even run nihore. Malice keeps right along working after friendship has taken advantage of the schour system. The two main points in the life of a wro-man who can do as she pleases are to en-terials and be entertained. Sings is never as along cheaper. Sinng is never so slangy as when it omes from the bas of a woman,

The new woman still manipulates the old

The people who imagine they have no faults lack the virtue of discernment,-Milwaukee Journal.

# A OUESTION.

Folks does lots o' talkin' 'bout dignity's charm An' tells ye ye ortenter laugh out aloud;

te only jes' snicker, they look with narm 'sny, with a sneer, that ye're one o' the crant of the varitey stage, for should I wish to go upon it myself, but there are thousands of other singers who would Ef ye only jes' snicker, they look with An'

the crowd, Yet wouldn't ye druther see smiles than a and who no doubt would be better fitted

tear An' be with a man who is anxious ter smother With laughter his moments of sorrow an' Say-new hones'ly, wouldn't ye drather?

From the eyes of the hypocrites tears

often start, Ez they do from the erocadile, waitin'

fur prey; But a laugh, for sound hearty, must come from the heart;

from the heart. It's truthful, whatever its owner may

The folks that is solemn, an' distant an' still, Seems frequently propperody, semchow

or other: But ye chum with a feiler that laughs with a will;

or other; But ye chum with a feiler that laughs with a will; Say-now hones'ly, wouldn't ye druther? -Washington Star.

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all English tenors, I doubt if there has been one who has reigned in the hearts WISE AND OTHERWISE. of the ballad-loving Englishmen so long as this relict of old times. For

The Iben Fad Dying Out.

The Decline of Sims Reeves.

Advice to Vocalisis-

Apropos of music halls, a musical

It is a fact for remark that the real-

"That foot ball game the other day " ob-"I didn't know you took part in Pay foot ball game the other day," said Sprangwell anymore, and it appears that if he cannot be listened to anymore in concert, he will betake his septuagenariar

Her. "I didn't." rejained Wrigley. "I cat he-tween two excitable girls in the graad stand, and every time there was a good play made, each of them grabbed me by the arm,"-Chicago Tribung. voice on the variety stage. He doesn't need it, but like dozens of other rich old artists, he will not give up. I see by the papers too, that nineteen-year-

Blabsey-"Two sten your face before." Plumzer-"I'm not surprised. That's where I always carry it."-Roxbury Ga-That's zoite.

"Dr. Waxem doesn't know enough to write a presentation, does he?" "Oh, he'd do in some places." "Some places." "Yes; in prohibition districts, for in-stances."-Chicago Record.

My very palms iteh to think of it and my purse, lying on the table before me, opens of itself and yawns at me hun-

A soldier leaving the barracks is stopped by the corporal of the guard. "You eannot go without leave." "I have the verbal permission of the centule.

"Show me that verbal permission."-London Globe.

paper, which is both respected and fear-loss, gives today some frank and excel-lent advice to vocalists. It preases upon Jinks-"Bo M.ss Smythe, the public rehool teacher, has married one of her former students." "Binks-"Yes, she's had a pupil in her eye for some time."-New York Adverthem, the claims of the music hall "There is no more money in concerts," writes the editor, "and the sconer young

ariisis are convinced of this plain truth the better for them. Of the thousands "Has anybody here a corkserew?" spoke up a sharn-nosed old gentleman in the sleeping car, "I have?" was the ready re-gongs from nearly every reat, "Just as I though?" should the old gentleman, aritheting to his test, "and now who will be the first tosign the temperatee pledge?" --Providence Visitor, the better for them. Of the thousands who wish to make a living out of their musical education some may eke out a small pittance by laborious teaching; some may get well paid by musical hall singing, and the remainder will soon be dis-illusionized about making their foremus by operation or concert during

"Did you tell that swful hers who called that I and gone to Calcuta?" "Yes, sir; I said you started this morn-

"Good boy. What did he say?" "He wished to know when you'd return and I told him 1 dida't think you'd by back till after hunch, sir."-Tit-Bits.

First Tramp-"I'm going to work up a

cond Trans-"Then I gives you the to, pard. No work in mine."-Detroit est estimate at least 50,000 la London. Some of these are learning an instru-ment, may be, but what a residue! And

Free Fress. "He klassed her snowy brow," road Mrs. Smidge, "and hen-" "And then," said Mr. Smudge, "I imag-ine he froze onto her or she melied into tears."-New York Advertiser. year by year these huge numbers, i ke hordes of Goths, swoop down upon the profession and living becomes harder





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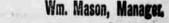
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