THE SCRANTON TRIBUNE-SATURDAY MORNING, NOVEMBER 30, 1895.

A. D. 1550.

By HAROLD FREDERIC.

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SYNOPSIS.

111.

Facts of Interest To Women Readers.

Symposium of Information, Partly Grave, Partly Gossipy and Partly Gay.

A WOMAN'S SUFFRAGE TRAGEDY: You told me you loved me; 'twas not long gro

That we strolled where the mystical moonleams were shed; No doubt you'd repeat what delighted me

If again like the moth to the candle I

10

sped. Your affection went lame When election day came, And Mchitable Jones got your vote-oh, for shame! I depended on you when for office I ran, Yot you failed me, because I was only a man.

Tou told me you loved me-fair false one, go to! How craven you flinched in a crisis su-

Was this the devotion which taught me And made all my life an idolatrous

dream

The voice was a tie Till your ballot came by. And Mehitabel Jones was the chosen; not I Through you twice a victim my record I

scan; Disdained; and because I am only a man. -Washington Star. -:11:-

-: ||:-Writes "Amber" in the Times-Herald: "I know whereof I speak when I say that fully one-half the world commen-ces each day in direct violation of the laws of health. After sleeping all night in a closed bedroom, the windows double, the furnace heat, in wintry weather, turned on with its fumes of disease and death, up gets my lady. dresses herself and goes about the business of the day without a thought of her bed she has slept in and is going to sleep in again. Unawed and 'unof her bed she has slept in and is going to sleep in again. Unawed and 'un-shaken, it lies just as she left it until somebody comics and spreads it up, puts on the embroidered shams and folds down the dainty spread that transforms it into a veritable "whited sepulcher,"full of the germs of disease. Get out your physiologies and read about the waste that passes from the pores of the body during sleep, and then about the waste that passes from the pores of the body during sleep, and then dream pleasant dreams again, if you dare, in an unaired bed and an unven-tilated bedroom. When you can bring me a flower that blossoms in a charnel-house I will show you a woman who has won rosy checks and bright eyes has won rosy cheeks and bright eyes from unhygienic surroundings. If you find time for nothing else then-even if you have to put off saying your prayers to do it-air your bed and venti-late your room thoroughly with the pure, fresh air of heaven before you take up the duties of the new day.

E WAS EXCUSABLE:

"There is some excuse," said the Police Judge, "for a man becoming exasperated by the strains of a hand organ, but to rush out and attack the musician with an axe is carrying things with a little too high a

hand." "I know it is, Jedge," plended the man who had never been in a police court be-fore, "but when a blame Dago comes and stops in front of the house just after a man has had an argument with his wife about whether he gits an overcoat or her a cloak, and begins playin 'Home. Sweet Home,' it is more than flesh an' blood kin stand!"-Indianapolis Journal.

"Plenty of exercise, big shoes, loose clothing, no cosmetics; fun, frolic, oceans of good times, but no candy; milk in plenty, but not a drop of tea, and precious little coffee, with early hours and lots of sleep in airy bed-rooms, win make a physical queen that may not unworthily wear a queen's high spirit. I would rather see her letting out a drop of blood every day from her round white arm than see the girl I love drinking strong tea, and surely I would rather see her making ready to set her slender foot within Charon's grim ferryboat than establish-ing the taste for stronger beverages. Now, before this eminently practical muchos is anded suprose we adout a musing is ended suppose we adopt a code of rules to follow:

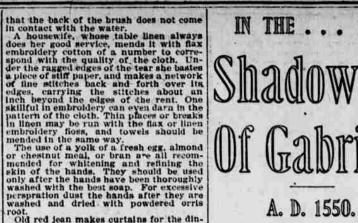
SELECTED RECIPES.

SELECTED RECIPES. Chocolate Cups.—Make some good puff paste, which roll into a sheet the eighth of an inchin thickness and cut up with round scalloped cutter, and with them line out small pattypans so that the paste will just reach the top; wash the inside top edge with egg and water, then three parts fill them with the fol-lowing mixture: Three-quarters of a pound of powdered sugar, one half pound ground chocolate, six ounces of almond paste, or almondine, one half pound ground chocolate, six ounces of almond paste, or almondine, one half pound of butter, one-half pound of four, six eggs. Add one or two of the eggs to the almond paste to soften it, then add the almond paste and mix it partly in, then add the chocolate and mix well all together, and with this three parts fill the paste-lined patty-pans, sprinkle a mixture of chocolate and powdered sugar on topof each, also give each a sprinkle of water, and bake in a solid heat. They must not be too thick or they will burn before baking. This same mixture may be placed be-tween two sheets of scrap paste-rolled pretty thin, and the top sheet washed with water, also docked to prevent blis-Chocolate Cups.—Make some good puff paste, which roll into a sheet the eighth of an inch in thickness and cut up

tween two sheets of scrap paste rolled pretty thin, and the top sheet washed with water, also docked to prevent blistering when baked. Jce it with pink water icing and cut up into squares or

fingers. Squares will not look well if more than two inches square; and the fingers will look best about three inches

fingers will look best about three inches in length and one and a half inches in width.—Baker's Helper. Chocolate Marble Cake.—Put one ounce chocolate and one tablespoonful of butter in a cup and set this in a pan of boiling water. Beat to a cream half a cupful of butter and one cupful of sugar. Gradually beat in a half cupful of milk. Now add the white of six eggs, beaten to a stiff froth one teaspoonful



HIS SUSPICION: -: ||:-

"Mabel," said her father, after Mr. Sta-late had left just in time to catch the last car, "that young man owns stock in the gas company, does he not?" "Yes." "And he is also heavily interested in the coal trade?" "I believe so." "Well, hereafter he must be reminded that his departure is due at 10 p. m. I am convinced that his devotion to you is not disinterested."—Washington Star.

HEALTH HINTS:

or butter in a cup and set this in a transmission of points of butter and one ultifue of the set of a cup of butter and one ultifue of the set of a cup of butter and one ultifue of the set of a cup of butter and one ultifue of the set of a cup of the set of the

stones," said the simpleton. He spoke in a thin, muffled, squeaking voice, and it was not easy to comprehend his words. "They strike me, and put the dogs after me, but some one is my father. It may be that in a year and a day he will come for me, and feed me with white meats. I go to the head and look for him, because it is very bad for me here. He will be having a silk coat and gold pieces in his ears, when he comes with the hightide." Turlogh held up his hand to check the meaningless babble. The trees and the kneeling figure, and the corpse, swam before his eyes. "Bear me down to the water's edge—to my boat!" he said, abruptly. The omadhaun slowly withdrew his hands from the throat of the O'Dwyer.

The omadhaun slowly withdrew his hands from the throat of the O'Dwyer. "That gown it was that tripped him," ac rooned, grinning as he pointed to the



"Leave Him and Bear Me to My Boat."

dead man's legs, and with a sudden stray gleam of sense in his eyes. Turlogh's knees bent under him, and he clung with his elbows against the rock. "Leave him, and bear me to my boat!" he groaned. And then black-ness screed itself over all

long day's journey over the mountain before me, and I will be taking with me your head wrapped in my gown. There At night, in the little chamber be At night, in the little chamber be-side the hall of Dunbeakeen, the herb-doctor and the bard stood together at the side of the low bed, and looked down at the rale sleeping face of their young lord. Old Cumara crouched be-hind them, in the shadows beneath the ring of fish-oil tapers against the wall. "Oh, then, when the first cock crows," wailed the boatman, "the life will be out of him! The devil himself brought is a short minute to you for your A bold peal of thunder rolled over the face of the thicket, and echoed from crag to crag along Mount Gabriel's flank. The blue lights glided again among the twigs overhead. Turlogh shut his eyes from them, and sought a prayer. He could think only of Cumara, and the men in the boat. They loved him, but they would never be how a nim, but they would never be minding him. They were not wrong. He was no right man to be a lord and chief over others. His brother, Conogher, was more fit. He would be knowing how to make them obey him. And some time-somehow-he would be beging what black O'Dwyer had a dog of hell at his heels. And we went alone on the strand, and we bore him to the boat, with the marks of the devil's teeth torn into his shoulder. And the monk was not to be seen at all, the holy man! Oh, wirra! wirra! Why would it not be me instead?' "Hsh-h!" muttered the herb-doctor. Turboth had conned his seen the

And some time-somenow-ne would be learning what black O'Dwyer had done. Maybe it would be the man-witch with the beard of feathers who would cause him to learn it. And now there was no time to find out if such a "Hsh-h!" muttered the herb-doctor. Turlogh had opened his eyes. He lifted himself on his left elbow, and looked around with a slow gaze, noting the faces about him, and bringing him thoughts together, one by one. Then he smiled, and their hearts took joy, for there was no illness on him. "Bring me food and drink now," he said, "and bid Culain the builder come to me in the morning. I will be role. man-witch did run his ghastly course through the little oak wood and the alder-hollow-or anything else what-ever. The towers of Dunbeakeen-he would not be seeing them again, or the

black, fat herds in the bawns, or the pretty girls weaving their nets, or the to me in the morning. I will be rais-ing a chapel in the little oakwood by the strand without delay, and I will dedicate it to St. Molaggi, the offiadfail of the evening shadows on the gray waters of Dumanus—or any sight at all. He kept his eyes closed, and bent his mind upon the familar things they would never be looking at more, and haun."

Cumara groaned, but the two others

exchanged a glance, and nodded. "It will be to the memory of the holy man, the friar, who went with you and did not return?" asked the bard. Turlogh looked gravely at him and his companion, and then upward at the balf circled lights. "Of then U is you half-circled lights. "Oh, then, it is you for the reading of men's thoughts!" he said to his bard, and smiled again.

(The End.)



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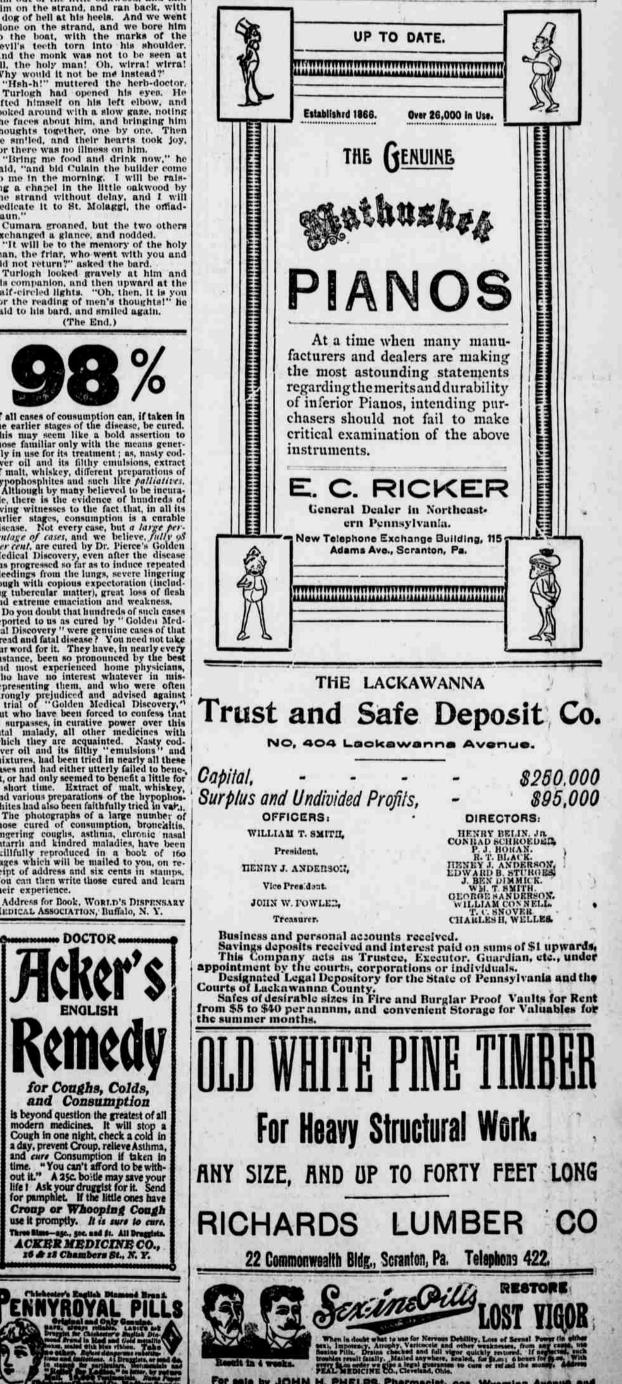
Castoria. "Casto. ia is so well adapted to children that mmend it as superior to any prescription known to me."

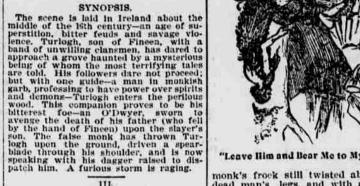
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monk's frock still twisted about the

"The 'false guest' ate nothing under your roof that he did not bring with him," he said, with sharpness. "The 'liar' warned you of your fate. And now there will be no further words. The storm is not spent, and there is a ness spread itself over all.

Air the bed. "Throw open the windows. "Walk at least a mile a day-five if possible.

Eat nothing between meals, "Never taste strong tea. "Bathe dally.

"Wash the face with cold water and soap, rub briskly with towels and avoid

all cosmetics, powder included. "Bleep at least eight hours nightly, in a room without drapery or fol-de-rols and with neither stationary basins nor furnace heat.

and with mether stationary basins nor furnace heat. "Always sleep with an open window leading directly to the outer air. "Let your living-rooms be full of sun-shine and sweet air, even if the carpets do fade and the dust settle. "Have no fear of freckles and tan, but count the sunshine and the health-dealing wind as two gifts of heaven. "Don't change from thick to summer underwear in the midst of winter for the sake of putting on a low-necked dress. If nature bestowed a No. 5 foot and a twenty-six inch waist upon you, accomodate yourself gracefully to her generous gifts. So shall you grow to be queens, indeed; fit to wear the crown of perfect womanhood."

IT WAS QUITE DASY:

TT WAS QUITE EASY: "Nirvana," said the business man's wife, who has taken to occult subjects, "is a place where we see, feel and hear noth-ing? How to reach this peaceful condi-tion is the grent question." "Huh!" replied her husband; "if you had been in business as long as I have you would know that it's easy." "How would you go about it?" "I'd simply quit advertising."-Albany Stats.

-: []:-HARDLY WORTH WHILE: "You are now thirteen years old, Miss Fanny, and yet you can hardly write your own name." "That's a fact; but it will be such a

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ONDENSED MILK

of very strong, clear coffee; soak half a box of gelatine in half a cupful of milk

box of genatine in half a cupful of milk for an hour or two, then set in a double boller over the fire and stir until dis-solved; add a cup of sugar, the cup of coffee and the well-beaten yolks of four eggs. Strain and set away to cool. When almost cold stir for a few minutes until smooth and almost stiff, then stir in quickly a pint of whipped cream. Mould and set on the ice. Swedish Salad.—Toss together in a plair and vinegar dressing, some Dutch

Swedish Salad.—Toss together in a plain and vinegar dressing, some Dutch picke'ed herring filletted, some flaked lax, co'd bolled potatoes sliced, sour apples cut into dice, and chopped gher-kins, sprinkie it all with finely mineed tarragon, chervil, and shallst. Garnish with stoned Nives filled with anchovy butter and pickled oysters. Flemish Salad.—Cutup (not too small) some cooked coid potatoes, Bryssels sprouts, scakale or celery, cauliflower, beetroot and apples, and mix all this with filletted Dutch herring and an oil and vinegar dressing.

with illetted Dutch herring and an oll and vinegar dressing. Apple Froth in Cases.—Fill some little china cases almost to the top with either liqueur jelly or rather stiff custard (the French creme palissiere or cooked cus-tard is best for this), and pile each case up high with the following: Bake eight or nine large apples, and when cold rub them through a selve; mix this pulp with plenty of caster sugar; beat the whites of four or five eggs to a stiff froth with a few drops of rose water, then beat into them lightly and grad-ually the apple froth till it is all light and use. This can, if preferred, be served in a glass dish. Apple Fritters a la Dauphine.—Peel,

arved in a glass dish. Apple Fritters a la Dauphine.—Peel, core and quarter some nice apples, and cook them till tender in nicely flavored syrup, then let them cool. Now roll out some brioche or choux paste as thin as possible, cut this out in rounds, spread each lightly with apricot jam, and lay in each a quarter apple, folding over the paste into a half moon, and pressing the edges well together; fry them in plenty of boiling fat till they puff out like little balls. As soon as they are nicely colored lift them out, drain them for a minute or two, and serve dusted for a minute or two, and serve dusted with sugar. Some prefer to marinade the quartered apples for two or three hous in lemon julce, brandy and sugar, instead of cooking them, and then either finish them off, as above, or dip them in good frying, butter, and finish off like ordinary fritters.

HER STRATAGEM:

"N'Indeed," said Sophronia Primrose, "I doesn' want no whippin'-pos' foh my man. I doan' need it." "Whus de reason? Didn' he done smash

whus de reason? Didn' le done smaan "Sho' 'nuff he did. But didn' I dun' mek 'im er present ob er secon'-han' hicycle? An ain he in baid dis minute done up wuss'n any whippin'-pos' 'ud eber leab 'im? When I reg'lates my domestic af-fuirs, I doesn' want no he'p f'um no-body,"-Exchange.

HOUSEHOLD HELPS:

Use a wire frame for boiling potatoes and see how much of vexation it saves and how satisfactory the result. By rubbing with a flannel dipped in whiting, the brown discoloration may be taken off cups which have been used for baking.

taken of cups which have been used for baking. A simple coust remedy is made of an ounce of flaxseed boiled in a pint of water. a little honey added, an ounce of rock candy, and the juice of three lemons, the while mixed and boiled well. Cleanse hair brusbes by shaking them through's bowl of hot water to which am-month has been added. Rinse in cold water and set up in a draft to dry. He careful

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THE TABLES TURNED:

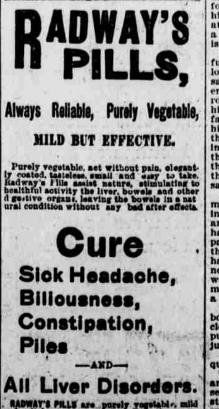
"Laura." said the husband of the Eman-

"Laura," said the husband of the Eman-cipated woman, sternly, "What is it, dear?" asked the latter, in a conciliatory manner, for she saw that trouble was coming. "Laura, in the last three weeks. I have given you three letters to mail, addressed to dear papa. What have you done with them?"

to dear papa. What have you done with them?" "Malied them, of course," replied the wretched woman, in a determination to bluff it out if possible. "Laura," the husband went on, "that is not true. I received a letter from papa to-day in which he says he has not heard from me for a month, and anxiously ask-ing if anything is the matter. Now you have got those letters somewhere about your clothes, if you haven't lost them. I know just as well as I know that I am standing her that you hever mailed those letters. Now go through your pockets and see if you haven't got them." The emancipated woman commenced to look through her pockets, and soon turned out the missing letters, which she laid on the table, with the remark: "Well, I could have sworn that I put those letters in the letter box on the cor-ner."

those letters in the letter box on the restrict ner," The man sneered. "You can't trust a woman to do anything," he retorted. "Hereafter FII mail my own letters, and I won't occupy your valuable time with such errands. Before you go I want \$19 for household expenses." The emancipated woman meekly laid the money down on the table and went away with the remark that she would leave the office early in the afternoon and come af-ter her husband to take him to the mail-nce.-Harper's Bazaar.

ter her husband to take nee.-Harper's Bazaar.



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would never be looking at more, and waited. But now there was a noise in the thicket, which was not of the thunder or the rushing wind—a noise which burst suddenly close about him, of sav-age growls and curses, and crackling branches under foot. The effort to take account of this gave Turlogh a mo-ment's giddiness. The spear had been wrenched from his shoulder, and the deep pain of it racked and swayed his brain toward swooning. Then, getting his thoughts vaguely back from the threshold of death, he opened his eyes. On the instant, with a little cry of agony at the woe in his shoulder, he sat upright and stared white-faced and dumb with bewilderment. What Turlogh had not seen, before he sought the prayers that would not

waited.

the pain of his wound rose the violent lust to have a share in this furious struggle. But the light was low in these depths, and his eyes blurred. He shouted in his confused flutter of hope

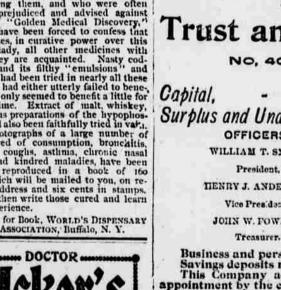
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and fear, and one of the two embattled forms was thrust with violence against him. He reeled backward, and caught at the rock to steady himself, and had a moment's terror lest he should fool-

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In pright and stared white-faced and tumb with bewilderment.
What Turiogh had not seen, before the sourch the consumption had not seen as the consumption of the section to the darkness under the rocks, beering out from the obscurity with eyes alight in as for its trainamest generalized on the back of the dealty grip, writhing, rocking, tugging in frenzied passion at each other, and there is the evidence of hundred of the soft mores carbon the soft mores and protection to the seek. It is is the evidence of hundred of the soft mores carbon the soft mores and protection to the seek. It is forward to be inclusive to be inclusive of the soft mores and protection to the soft mores and protection to the seek. It is forward to be inclusive of the soft mores and protection to the soft mores and protection of the two combatants. Even above the set of the two combatants, Even above the set of the two combatants. Even above the set of the two combatants is to have a share in this furions the set of the two interest while the soft more set of the two interest while the soft more set of the two interest while the soft more set of the two interest while the soft more set of the two combates and the further at a strate to mean the set of the two combates and the set of the two combates and the set of the two combates and the there there the set. The phone set of the two there are accusted to the set of the two combates are accusted to the set of the two combates are the set of the two combates are the set of the two combates are the set of th



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