City Pastors and Their Hard Work

Religious Developments of One Week in All Our Churches.

AUXILIARY ACTIVITIES NOTED

Carefully Compiled Compendium of News and Personal Mention Relating to the Churches and the Benevolent and Charitable Religious Societies.

The New York Street Mission station, in charge of Mr. Chandler, of the Second Presbyterian church, is doing very good work. During the Christmas en tertainment that was held last week four Bibles were presented to scholars that committed the shorter Catechism, and five of the scholars were given presents for perfect attention during the year. For the winter months a night school has been organized for the scholars, which is held every Monday and Thursday evenings, when a staff of teachers from the Second Presbyterian church volunteer their service to teach those attending. On Wednesday of each week a very successful prayer meeting is held, and the Endeavor society that was recently organized has a membership of forty-five persons and an average attendance of about fifty-five.

Dr. Talmage. Fire disheartened De Witt Talmage so that he resolved not to build a new church in the City of Churches. Many conjectures were made as to his future, when it was positively known that the Tabernacle would not be built, but those who predicted that the preacher that had drawn an audience of 6,000 persons to hear him Sunday after Sunday for years, would not go far away from the scenes of his most glorious pulpit achievements, were not far from the mark. Dr. Talmage is to return to New York city, and his many friends have advised him to hold services in the Academy of Music every Sabbath afternoon at 4 o'clock. This hour is chosen that his services may not conflict with those conducted by other pastors in the city. In commenting on this resolution of the divine one of his admirers breaks forth in the following refrain: "Why should Dr. Talmadge not preach at any time or all day long and let the other preachers suffer if they must? The duty of such a strong swimmer is to plunge in and save drowning souls, no matter who else may be swimming out toward them." Men differ as to their estimate of this great preacher, but without doubt his name is the mosfamiliar of pulpit orators in the homes of the land, and probably never were the sermons of any man read as universally and with as much avidity as those of this divine. He said that he felt in him yet twenty years of labor, and there is but little doubt but his pulpit powers will draw to the Academy of Music an audience that will rival that which thronged the Brooklyn

The Rescue Mission.

Tabernacle. At least, it will be inter-

esting to watch developments as this

giant takes the rostrum in New York

The Rescue Mission, on Franklin ave-nue, is not as widely known as it should be, and the good done by Mr. and Mrs. Sanborn, who have charge of the work, deserves commendation. Every night of the week the first floor of the building is open and prayer and praise service is held, and, generally, there is a full room. The place is kept clean, is filled with chairs, and on the walls are familiar and striking texts ture. The singing is inspir ing, and many remarkable testimonies are given by some of the people who attend and have by means of this station, found a Savior.

This work has largely been carried on by the generosity of a band of Christian men in one town, who are still at the head of the work, but as it grows, the demand for funds increases and work has suffered of late from the lack of the necessary supply. The executive board has granted permis sion to Mr. Sanborn to bring the work of the mission before our churches, and last Sunday the door of the Providence Presbyterian church was thrown open and the audience heard something of the noble work done by the Rescue mission in our city. Addresses were made by Mr. Sanborn, Dolph B. Atherton and Rev. George E. Guild. An offering was made to aid the work, which amounted to over \$80. The work will undoubtedly be presented to other churches, and an organization that is calculated to do much good to the wayward and the unfortunate should commend itself to the Christian community of the city.

Good Work Conied.

About one year ago, the Providence Presbyterian church made a vigorous effont to remove the debt on their hous of worship. They took the Old Testament method of contributing one-tenth, and each member in the church pledged himself to give that year a tenth of his income. The plan was conscientiously carried through, and the result astonisheed the most sanguine expectation of both pastor and people. The debt was removed and the current expenses of the church were amply provided for

This scheme that was so successful got into the religious press and was copied in many papers in the United States, and unto this day it is green in the memory of some pastors who labor in churches encumbered by heavy debt. Lately, a pastor in New England wrote to Rev. George E. Guild, pastor of the above church, requesting a detailed account of the method pursued by him to remove the debt. And that is only one of many similar letters received by Mr. Guild from clergymen in this and other states; and he is confident, if his scheme is conscientiously carried out in organizations that ar handicapped because of heavy financial burdens, that it will soon bring comfort to the hearts of the oppressed, as they see their burdens rolled away.

This church is pursuing the same line of activity, and the recent movement mong its young people to give of their sncome systematically to the work of the Lord, is calculated to train them in benevolence and liberality. When the finances of the church are in good condition, the spiritual activities are bet-

dition, the spiritual activities are better attended to.

Special Meetings.

Next week the following meetings will
be held in the Green Ridge Presbyterian
church: On Monday night the annual
business meeting will be held, when three
new trustees will be elected, the pews
rented and the clerk of the church will
read his report. On the afternoon of the
same day the Ladies' Aid society will hold
annual business meeting, when of-

's annual business meeting, when of-iers will be elected for the following 'ear and a report of the work done in the past year will be read. On next Tuesday

past year will be read. On next Tuesday evening the Young People's Society of Christian Endeavor will hold its regular monthly business meeting.

Tomorrow Rev. Daniel Savage, of the Green Ridge Primitive Methodist church, will celebrate communion service in the morning and prouch in the evening. Next week revival services will be conducted each evening and close with special services on the Sunday following.

The Providence Methodist Episcopal

church will observe the week of prayer next week. The following North End churches will also observe the week of prayer: The Presbyterian, the Welsh Con-gregational, the Purltan Congregational. On the West Side union services will be held next week, when the subjects of the Evangelical Alliance will be taken. Ser-vices will be held on Monday night in Jackson Street Baptist church, on Tuesday night in Plymouth Congregational church, on Wednesday night in the Simpson Methodist Episcopal church, on Thursday night in the Welsh Baptist church, on Friday night in the Scranton Street Baptist church. The Welsh Congregational church will also observe the week of previous veek of prayer.

Rev. W. F. Davies, of the Providence Welsh Baptist church, will preach an English sermon tomorrow evening. The Ladies' Home and Foreign Mission society of the Providence Presbyterian church held its monthly meeting yesterday afternoon at the home of Mrs. Harvey

Next Monday evening Rev. C, E. Rob-

inson, of the Second Presbyterian church, will begin a two weeks of prayer and praise service. The services of Mr. Weed-on, the famous singer, who was here with Evangelist Shiverea, have been secured, who will have charge of the singing and will sing sacred solos. Mr. Robinson will give a short sermon at each service. Rev. T. H. Parsons, pastor of the Meth-odist Episcopal church, of Waverly, has had a revival that has added fifty mem-bers to his bers to his church. At present all the churches of that town have united to hold union meetings and the services of Rev. Mr. Luther, an evangelist, have been se-

The consistory and Ladies' Ald society of the Calvary Reformed church are pre-paring for a fair that will be held next April in the armory on Adams avenue. The week of prayer will be observed by the First German Methodist Episcopal church on Adams avenue, the services to be conducted by the pastor, Rev. G

Hausser. The children of the Holy Trinity Lutheran church will render the cantata, "Meeting of All Nations," on the evening of the 24th inst. The children have been trained by Professor E. R. Protheroe and are singing admirably well. They will be dressed in handsome costumes. representing all nations.

Pleasant Remembrances.

held by Rev. Daniel Savage in his church in Green Ridge, which will be long remembered by those present. It began at 19.39 p. m., after half an hour of praise and prayer. William Brown and James Fidiam spoke and then the pastor addressed the meeting. A few minutes before 12 colock two few minutes before 12 o'clock, two men got up from their seats, and com-ing forward to the altar, they knelt and cried for mercy. The new year come and these two men also found new life. The Primitive Methodist church of

Green Ridge rejoices in finding at the opening of the year its debt reduced to about \$700. Four years ago it amounted to \$4,000, but by the indefatigable efforts of Pastor Savage, aided by his people, the debt had been reduced, and they are in hopes that all will be cleared this year. A good audience assembled last Tues-

morning at the St. David's church to the New Year's service, when Rev. M. H. Mill preached an able sermon on Christ the Same Today, Yesterday and The teachers of the St. David's kinder-

garten have reduced the tuition fee to 81 a month, in hope that parents will avail themselves of this reduction and send their children to the school. If a suf-ficient number of scholars will be secured at this rate, to defray the expenses of the school, it will be made permanent, if not, then the old rates will be restored. A successful roll call was held by the Scranton Street Bantist church last Monlay evening and the special offering made the members amounts to over \$300.

All present enjoyed the service and es-pecially the novel feature of waiting for the arrival of the new year. At the annual meeting held in the ves-At the annual meeting held in the vestry of the Washburn Street Presbyterian church last Tuesday evening, William Frink and J. D. Williams were elected trustees. The New Year's dinner and supper, served by the Ladies' Aid society. were a great success. The church will worship next Sunday in the basement of the new building, when Mr. Mahy, of the Young Men's Christian association, will

Self-denial barrels were given to the children of the Calvary Reformed church about three months ago, which were re-turned at the Christmas entertainment, and when opened, contained over \$60.

Personals. Caswallon J. Davies, of the Moody quartette, is on a visit to his parents in the North End. He materially aided in making the entertainment held at the Welsh Congregational church last Tuesday a pronounced success. His represen-tation of the elocution class was excellent and captivated the audience. He will stay in the city over Sunday, and then will leave for New York city, where he ex-pects to be engaged in singing sacred

music in evangelistic meetings.

The Puritan Congregational church of Providence has elected the following I allus argy that a man Who does about the best he can Who does about the best he can board of deacons: Isaac Price, T. D. Davies, T. N. Evans, Alfred Parry, John Phillips and John Henry. The following are trustees: Armit Thomas, Edward Lewis, T. J. Gwynne, Thomas Foulkes and John J. Evans, T. J. Richards has charge of the Sunday school.

Rev. T. J. Collins was at Williamsport last Tuesday and preached that evening in the Eric Avenue Baptist church, of which Rev. S. G. Reading is pastor. Last Sunday this new church was dedicated, and during the present week services have | And I've knowed some to lay in walt been held and sermons delivered by pastors chosen from various churches,
Rev. D. P. Jones, of the Tabernacle Con-

gregational church, has been suffering during the week from an attack of rheu-matism. He was taken sick last Sunday as he was officiating to the Congregation-

al church of Jermyn.

Rev. D. C. Hughes, D.D., returned home last Saturday from New York city, where he attended the sessions of the American Bible union. During last year this society distributed over \$500 worth of New Testaments and Psains to the poor and to mission schools loo poor to purchase the necessary supply. This year they expect to distribute a larger quantity. Dr. Hughes is secretary of the union, and has full charge of the distribution.

David Johnson, clark of the Welst Con-

David Johnson, clerk of the Welsh Con-gregational church for the last seven years, has resigned that position, much to the regret of the church. He made a to the regret of the courch. He made an efficient officer and was ever faithful. Professor Riggs, of Auburn seminary, is the guest of Rev. C. E. Robinson, of the Second Presbyterian church. The professor is one of the spiritual children of Dr. Robinson, of whom he is proud, and the Second church will have the pleasure of listening to this able scholar at tonorrow morning and evening services

Rev. J. G. Eckman, presiding elder, left yesterday for Dallas and Lehman, Lu-zerne county, where he will officiate to-Sunday school of the First German Methodist Episcopal church is mourning the death of Wesley Walter, one of the most active young men in their school. He was librarian and made himself generally useful and was esteemed by

TOMORROW'S SERVICES.

All Souls' Chapel (Universalist)-Pine street, near Adams avenue. Rev. G. W. Powell, pastor. Services at 10.30 a. m. Theme, "The All Conquering Power of Earnest Faith in Principles and Truth," and at 7.30 p. m., subject, "The Sublime Processes of Creation and Revelation Still Going On." All are invited. Come. Saint Luke's, Church—Rev. Rogers Israel, rector. The Epiphany. Holy communion, 8 a. m.; service and sermon, 19,39 a. m.; Sunday school, 2.39 p. m.; evening prayer and sermon, 7.39 p. m.

Saint Luke's Mission, Dunmore-Rev. A L. Urban in charge. Sunday school, 3 p m.; evening prayer and sermon, 4 p. m. Trinity English Lutheran Church-Adams avenue, corner Mulberry street. Rev. E. L. Miller, pastor. Festival of the Epiphany. Missionary sermon at 10.30 a. m. Vesper service, 7.30. Pews are free, and visiting worshipers always welcome. The Second Presbyterian Church-Rev. Charles E. Robinson, D.D., pastor. Services at 10.30 a. m. and 7.30 p. m. The

Rev. J. S. Riggs, D.D., professor Auburn Theological seminary, will preach morn-ing and evening, W. C. Weeden, the evangelist singer, will sing. There will be special music in the evening. All are in-vited. All scats free in the evening. All welcome at all services. welcome at all services

St. David's Church-Corner Jackson street and Bromley avenue, Rev. M. H. Mill, rector. Morning prayer and sermon 10.30, evening prayer and sermon at 7.30, Sunday school at 2.30, Friday evening service at 7.30. Seats free,

Grace Church (Reformed Episcopal)-Grace Church (Refprined Episcopal)—
Morning service at 16.30. Subject, "Our
Year Text," I Chronicles, iv, 23. Evening service at 7.30. Subject, "The True
Ground of Peace," Exedus, xil, 13. Sabbath school immediately at the close of
the morning service. Young People's Society of Christian Endeavor at 6.30 every Sunday evening. Communion tomorroy morning. Strangers welcomed at all services. Seats free. Preaching by the pas-

Penn Avenue Baptist Church-Rev Warren G. Partridge, pastor. Services at 10.30 a. m. and 7.30 p. m. The Lord's sup-per will be celebrated at the morning service. In the evening, topic, "Jesus in the Home." First sermon in series on "Gos-pel for the Masses." The Christmas music by augmented choir will be repeated both morning and evening.

Trinity United Evangelical Church-"Little England." Rev. J. G. Whitmore pastor. Gospel revival services at 19.36 a m. and 7.30 p. m. A service of song at 7 p m. Revival services every evening dur-ing the week. Sunday school at 2 p. m., at which time officers will be elected for the ensuing year. First Baptist Church-Pastor Collins

rill preach Sabbath at 10.20 a. m. and 7 p. n. Covenant meeting after the sermon m. Covenant meeting after the sermon in the morning. Seats free, All welcome. Elm Park Methodist Episcopal Church-Morning subject, "The Cry of Despond-ency." Evening, "Mixing Religion with Business." Sunday school at 2 o'clock Epworth league at 6.30. Grace English Lutheran Church-Rev.

Foster U. Gift, pastor. Services on Sunday at the Young Men's Christian association at 10.30 a. m. and 7.30 p. m. Sunday school immediately after the morning ser-vice. Everybody welcome.

Calvary Reformed Church—Corner Mon-roe avenue and Gibson street, Rev. W. H. Stubblebine, pastor. The holy sacra-ment of the Lord's supper will be admin-istered at 10.30 a. m. Preaching at 7.30 p. m.; subject, "The Sanctity of All Life." Green Ridge Baptist Church-Rev. W. J. Ford, pastor. Services at 10.30 a, m. and 7.30 p. m. Communion at the close of the morning sermon. Subject in the morning, "Christ's Epistles." In the evening, "Religious Insanity.' Green Ridge United Evangelical Church

-Rev. G. L. Maice, pastor. Sunday school at 9.30 a. m. K. L. C. E. 6.45 p. m. Preaching at 10.45 a. m. and 7.30 p. m. Subject for the evening, "The man That Pell Among Thieves." The Christmas decorations will remain in the church over Sunday. Everybody made welcome. The pastor of the Jackson Street Bap-

tist church will preach both morning (10.30) and evening (6). Morning theme, "Lessons from the Doom of Christ's Forerunner." Evening, "The Outlook." The first of the West Side union services will be on Monday evening at Jackson Street Baptist church.

Howard Place Methodist Episcopal Church-Preaching by the pastor, Rev. C A. McGee, at 10.30 a. m. and 8 p. m.

GREAT MEN'S THOUGHTS.

Time's noblest offspring is the last. Berkley. Difficulties strengthen the mind, as la-

oor does the body .- Seneca. Dandies, when first rate, are generally very agreeable men.-Bulwer.

Fear is more painful to cowardice than death to true courage.-Sir P. Sidney. Every day is a little life, and our whole life is but a day repeated.-Bishop Hall. "But yet" is as a jailer, to bring froth ome numerous malefactor.—Shakes-

Nobody will use other people's experience, nor has any of his own till it is too late to use it. —Hawthorne, An industrious and virtuous education

of children is a better inheritance for them than a great estate,-Addison. Have a purpose in life, and having it, throw into your work such strength of mind and muscle as God has given you.— Carlyle.

The worst day of darkness through

which I have ever passed have been greatly alleviated by throwing myself with all my energy into some work relat-ing to others. -Garfield.

The voice of reason is more to be regarded than the bent of any present inclination; since inclination will at length come over to the reason, though we can never force reason to comply with in clination.-Addison.

MY PHILOSOPHY.

Is plenty good enough to suit This lower mundame institute; No matter of his daily walk Is subject for his neighbor's talk, And critic minds of ev'ry whim Jest all get up and go fer him.

It's nachural enough, I guess, When some gets more and some gets less Fer them that's on the slimmest side And get up soon and set up late To ketch some fellow they would hate

A-findin fault with Providence And balkin cause the world don't shake At ev'ry prancin step they take. No man is great till he can see How less than little he would be Ef stripped to self, and stark and bare He hung his sign out everywhere.

My docterin is to lay aside Contentions and be satisfied. Jest do your best, and praise or blame That follers that count jest the same. I've allus noticed great success Is mixed with trouble more or less, And it's the man who does the best That gits more kicks than all the rest. -James Whitcomb Riley.

WAIT FOR THE MORNING.

Wait for the morning-it will come, in-As surely as the night bath given need. The yearning eyes, at last, will strain their sight. unanswered by the morning

No longer will they vainly strive through To pierce the darkness of thy doubts and

But, bathed in balmy dews and rays of Will smile with rapture o'er the darkness

Wait for the morning, O, thou smitten Scorned, scourged, and persecuted, and re-Athirst and famishing, none pitying thee, rowned with the twisted thorns No faintest gleam of sunlight through the

Infinity of gloom to lead thee thence Wait, thou, for the morning-it will come as surely as the night hath given need.

—James Whitcomb Riley.

TO THE HOOSIER POET.

With your countenance provoking

An endless wealth of fun: With your badinage evoking
A laugh from every one;
With your legs so bowed and slender, With your humor all so wily, With your pathos quaint and tender. Catching hearts of every gender, Which you juggle with so slyly—

Can anybody wonder That we think of you so highly, Mr. Rliey? No, by thunder! -Eugene Field.

Health Hints and Rules of Hygiene

Suggestions That May Save You Many a Doctor's Bill.

These Hints Don't Cost Much, Are No Copyrighted, and if They Don't Do You Any Good, They'll Not Do You Any Harm.

When the doctor's stern decree Rings the knell of liberty. When my temperature is high When to pastry and to pie Duty bids me say farewell, Then I hall thy fragrant smell!

Banning wine, or white or red, And at all my well-loved joints Disapproving finger points; When my poultry, too, he stops, Then, reduced to taking slops, I, for solace and relief, Fly to thee, O Tea of Beef! But, if simple truth I tell,

When the doctor shakes his head

I can brook thee none too well; Thy delights, O Bovine Tea, Have no special charm for me Though thou comest piping hot, Oh, believe I love thee not! Weary of thy gentle reign, Give me oysters and champagne!

In a recent number of Household News Dr. Charles M. Seltzer gives some timely and sensible advice pertinent, unfortunately, to most readers. He says: "My own belief is that the con dition that makes one susceptible to cold is usually occasioned by the surplus of waste material, the result of over-feeding or of bad digestion, and that this effete matter, in its endeavor to be excreted, irritates the lining membrane of the breathing tract. I also be lieve that because these various forms of 'cold' are most common in persons who are subject to some of the various forms of rheumatism or gout, that the waste material that thus tries to escape is largely derived from an excess of food, mostly of an animal origin. The waste material from animal or nitrogenous food should be excreted by the skin and kidneys; but low temperature or cold checks the action of the skin and thus throws the entire work of excretion upon the kidneys. When the work for these organs becomes excessive then the waste accumulates in the system, and from this accumulation after exposure to low temperature arises the inflammation of the breathing tract, which is commonly designated as a cold.

The best plan to pursue is to modify the condition and gradually conduct the case to recovery. This is safer and better than the usual attempts to "break it up" with large doses of quinine and whisky, or either alone. The best method to pursue is to first relax the patient and start all the secretive organs into great activity. This is accomplished by rest in a warm and annchanging temperature, so that the skin may do its full share of the work. This work can be augmented by hot baths, foot baths, tub or Turkish, and the use of large, hot, non-stimulating drinks, such as lemonade (not sweet). various teas or plenty of hot water slpped slowly. But little medicine is needed in this stage of the attack, and that only to increase the activity of those other two great excretory organs, the kidneys and the bowels. The food taken at this time should be the least possible in both quantity and quality that will satisfy the patient. It would be better if none were taken for at least twenty-four hours. There is no danger of starvation or undue weakness following a voluntary fast of a day or two. Never urge a patient who has previously been well to take food during the first two or three days of an acute inflammatory trouble. At the end of this time the active symptoms will have subsided if the above course has been pursued, and then a gradual return to the ordinary food may be permitted to take place in a few days Stimulants are never needed, more. except where there is marked debility or a tardy convalescence. "Fresh colds," and "one cold on top of another," are usually the result of undue haste to return to the ordinary modes of living.

Prevention is better than cure, so let us see what can be done to prevent taking cold. First, avoid all excesses of food, especially meats and sweets. If the appetite is strong let vegetables and fruits make up the bulk of food taken. Do not use tea or coffee, as they retard tissue change and the excretion of waste. Use plenty of good, clear, soft water-at least from three to four tumblers a day. Take plenty of outdoor exercise, so as to use up all surplus food. A sustained effort of at least thirty minutes a day at such exercise as vigorous walking, or its equivalent, will do wonders in purifying and balancing the circulation of the blood. A daily cold or tepid sponge bath, followed by a brisk rub down, will help much in increasing the healthy action of the skin and making it respond more quickly to sudden changes of temperature. Wool next to the skin. or, next best, over thin gauze, is absolutely necessary for those who easily take cold. Breathing through the nose must also be insisted upon; mouthbreathing being a very frequent cause of tonsilitis and sore throat. Sometimes surgical interference is necessary to make nose-breathing a success. If these directions are lived up to, "colds" will be few and far between, and chronic catarrhs and large tonsils will be less prevalent.

The New York Herald emphasizes the need of antiseptic precautions to keep the mouth always free from disease-producing microbes, and more especially in sickness and old age. The cavity of the mouth contains innumerable microbes that are lodged in the tartar or between the teeth and multiply there indefinitely, becoming the source of various complaints of the gums, and in some cases even the point of origin of an infectious complaint. The most minute cleanliness of this cavity is therefore indispensable. Among the best antiseptic agents is a 2 per cent. solution of boric or salicylic acid. In addition a stiff brush should be used, even if it should "make the gums bleed at first." And this brush should be kept standing in clean water and disinfected once a week in a solution of corrosive sublimate (one to a thousand). During illness it is of the utmost importance to keep the mouth clean. Patients should be encouraged to rinse out their mouths and gargle their throats from time to time with a vegetable, orange or lemon juice, and their teeth should be cleaned twice a day with a soft brush and a very weak solution of salicylic acid. It is advisable not to wait until patients ask to able not to wait until patients ask to BOLD IN SCRANTON, PA., H. C. SANDERSON drink, but to offer them, at least every WASHINGTON, COR, SPRUCE, DRUGGISTS.

hour, some fresh water or lemonade. Abundant drinking during illness not only has an excellent effect by the mechanical flushing of the system it occasions, but it also has the advantage of preventing the mouth from becom-

Apropos of repeated admonitions to eat lavishly of fruits, a London health journal says: Fruits are the natural correctives for disordered digestion. WISDOM FOR THE HOUSEHOLD but the way in which many persons eat them converts them into a curse rather than a blessing. Instead of being taken on an empty stomach, or in combina-tion with simple grain preparations, such as bread, they are frequently eaten with oily foods or they are taken at the end of the meal, after the stomach is already full, and perhaps the whole mass of food washed down with tea, coffee, or other liquid. Fruits to do their best work should be eaten either on an empty stomach or simply with bread-never with vegetables. In the morning, before the fast of the night has been broken, they are not only ex-ceedingly refreshing, but they serve as a natural stimulus to the digestive organs. And to produce their fullest, finest effect, they should be ripe, sound and of good quality. In our climate fresh fruit should constitute not the finishing, but the beginning of the meal, particularly the breakfast, for at least six months in the year. The good effects that would follow the abundant use of fruits are often more than counterbalanced by the pernicious habit of saturating them with sugar. Very few fruits, if thoroughly ripe and at their best, require any sugar, particularly if eaten in the raw state, but it unfortunately is a fact that what is intended and prepared for us as a great good in the matter of diet should be transformed into exactly the reverse. YOURS FOR HEALTH:

It is a curious fact that hair will not grow upon scars.

To reduce the size of hard corn, rub it with a fine sandpaper. Occasionally wash the head with water in which a little vinegar has been diluted. It will cleanse both hair and scalp.

A teaspoonful of the phosphate of so dium in a small teacup of hot water after each meal will, if drank, often stimulate a sluggish liver.

A mother with a nursing baby must be careful to keep herself well nourished and take plenty of sleep. If she does not she will not have good milk for the child She must also be careful about bathing, so that the child will not take impurities into the system in nursing.

A warning has been sounded in the way in which books from a circulating li-brary should be handled. It is conveyed in the suggestion: Don't wet the fingers o turn leaves of such books. The au thorities among the circulating libraries in Dresden have been conducting a series of experiments to determine if books in generaluse become a medium for the com-munication of infection. Solied leaves were rubbed first with dry fingers and then with wet ones, and the results mi-croscopically examined. No microbes, or few, were found on the dry fingers, but many on the others.

Never cut or trim the eyebrows. Thier beauty includes delicacy—delicacy in curve, width and texture. Trimming them destroys this by causing them to grow coarse, stiff and "wild." To get the well-defined, narrow arch many beauties pinch the eyebrows after annointing hem with oil to make the hair glossy. A tray, wiry or gray hair may be removed with a tweezers, but should never be cut. On the other hand, eyelashes are culti-vated by clipping them once a year. lairdressers call it "topping" them, and the term is pertinent. Only the irregular tip ends should be cut, and this can only be done by another. Cutting the lashes weakens the eyes, remember that.—Phila-delphia Press.

HELPS FOR THE HOUSEKEEPER

Chloroform is excellent for carpet bugs. Rub spoons with salt to remove egg stains. Pails and tubs saturated with glycerine

vill not shrink. A teaspoonful of lime water to a pitcher of milk is very beneficial. Onion water applied with a soft brush will keep flies off gilt frames.

Straw matting is best cleaned with cloth wet with salt water. Wipe dry. Afterknives have been cleaned they may

A shovel of hot coals held over spotted varnished furniture will take out the spots. White spots upon tarnished furniture

will disappear if a hot plate be held over Old putty on window frames may be removed by passing a red-hot poker slowly

over it. You can take out spots from wash goods by rubbing them with the yelks of eggs before washing.

Use celery freely. A tea made of the leaves and roots and used daily is said to cure rheumatism. The hair may be kept from falling out after illness by a frequent application of sage tea to the scalp.

Tumblers that have contained milk should never be washed in hot water, as it louds the glass permanently. Velvet that has become crushed may be restored by placing the lining side of the

iress over a basin of hot water. To remove ink spots from furniture wipe them with oxalic acid; let it stand for a few minutes, then rub well with a cloth wet with warm water. A delightful novelty has been provided

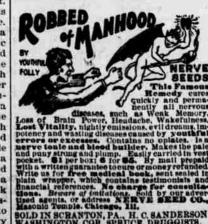
for the ginger ale bottle. This consists of a silver slab on a tankard, with a round hole in the middle, which the bottle just fills. If you don't believe oyster or clamshells, put against the bricks of a furnace

or range, are a remedy for clinkers, just try them once, and you will be convinced of the truth of the oft-repeated statement. To prevent the juice from ples running over, thrust little funnels of white paper into the cuts on top, through which the steam may escape and the juice boil up,

and run back into the ple again when it stops cooking. If your furniture is dull and needs its lustre restored, try a polish made from two parts of raw linseed oil and one of turpentine. Mix thoroughly and briskly with a dry cloth. This polish is used by

furniture dealers. Coffee spots on a damask cloth may be removed by a mixture of warm water, the yelk of an egg and a few drops of wine. After the application the cloth should be washed, when the stain will be found to have disappeared.

Two uses for eggs are not generally known or appreciated. A fresh egg beaten and thickened with sugar, freely eaten will relieve hoarseness, and the skin of a boiled egg, wet and applied to a boil, will draw out the soreness.



Gilmore's Aromatic Wine

-A tonic for ladies. If you are suffering from weakness, and feel exhausted and nervous; are getting thin and all run down; Gilmore's Aromatic Wine will bring roses to your cheeks and restore you to flesh and plumpness. Mothers, use it for your daughters. It is the best regulator and corrector for ailments peculiar to womanhood. It promotes digestion, enriches the blood and gives lasting strength. Sold by Matthews Bros., Scranton.

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Every box gurranteed to give satisfaction or money refunded. Full printed directions from a child to a grown person. It is purely vegetable and cannot positively harm the most tender infant. Insist on having Dr. Camp-bell's; accept no other. At all Druggists, 25c.

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Mr. C. W. Campbell—Dear Sir: I have given my boy. Freddie, 7 years old, some of Dr. Campbell's Magic Worm Sugar and Tea. and to my surprise this afternoon about 2 o'clock he passed a tapeworm measuring about 36 feet in length, head and all. I have it in a bottle and any person wishing to see it can do so by calling at my store. I had tried numerous other remedies recommended for taking tapeworms, but all failed. In my estimation Dr. Campbell's is the greatest worm remedy in existence.

Yours very respectfully.

FRED HEFFNER, 722 Beach St.

Note—The above is what averybody says

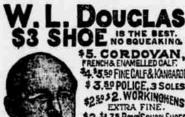
Note—The above is what everybody says after once using. Maunfactured by C. W. Campbell. Lancaster, Pa. Successor to Dr. John Campbell & Son.

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