City Pastors and

in All Our Churches.

AUXILIARY ACTIVITIES NOTED

Carefully Compiled Compendium of News and Personal Mention Relating to the Churches and the Benevolent and Charitable Religious Societies.

Frederick Schlevera, the last of the group of evangelists which has labored in the Lackawanna and Wyoming valleys, closed his work last Wednesday evening. He is now in Montreal, prosecuting the work in which he is so successful. During the campaign tents have been erected in Nanticoke, Wilkes-Barre, Edwardsdale, Dorrancetown. Miners Mills, Pittston and our city. D. L. Moody and his corps of assistants have given earnest and efficient service, and these labors are said to have resulted in the conversion of over 3,00 The specialists employed in this work have left, the converts are here, and the problem that confronts the churches at present is, how to get these men who have expressed a desire to lead a Christian life, to become active members of the church. The pastors are doing their work faithfully in calling upon these persons, but in many instances the impulse they first felt has died away, and it is generally conceded that something more effectual than per-sonal solicitation should be devised, to lead these "almost pursuaded" men to finally resolve and make the decisive choice. Some churches in the city feel there is considerable interest awakened in religious affairs among their members, and they have begun series of meetings which are well attended. The evangelists who have la-bored here simply lighted the fire, and all familiar with the spiritual life of our city confess that it burns in several quarters with intense heat. It is a mistake to permit this interest to die out. If the churches in the various sections of the city could join hands and hold united services, the halting ones could be helped, and those who were interested in the campaign work would brought into personal contact with

Christian Co-operation.

In speaking of co-operative Christian work among churches in the city, the words of Josiah Strong, D. D., in the New Era are worthy of consideration. He says: "In rare instances churches co-operate, but so for as any compre-hensive survey of the field is concerned. and the wise adjustment of supply to need, the denominations generally, like the Jews and Samaritans, have no dealings one with another. * * * Notwithstanding the protestations of friendship on the part of denominations and the actual love and fellowship of many individual members of different communions; notwithstanding we have much more in common than in difference; notwithstanding there is to a cer tain extent an underlying spiritual uni-ty—yet, so long as different chuches are unable or indisposed to co-operate for the accomplishment of common objects. so long as one church is willing to build Itself at the expense of others, so long surely as churches are in competition one with another, they are divided; and while they thus remain cannot hope to conquer the world for Christ." Co-operative action on the part of the churches of our city, along the lines suggested by Dr. Strong, would un-doubtedly bring in the sheaves that have been harvested by the recent cam-

Genuine Unity

Most pastors of our city are in clos touch with one another. A pastor's union of all the clergy in the city meets once a month, and the churches have united in evangelistic work on several occasions. Recent examples prove this But the co-operation has generally end-ed when the specialists employed have closed their work, and the necessary business has been finished by the executive committee. This united action is very good as far as it goes. Were it continued, and the thousands who are impressed under the words of the evangelist, confirmed in the faith by just such meetings as those in which they felt the first inclination to a renewal of life, and thus strengthened to "stand fast and unmovable," the results of the efforts put forth would be more gratifying. Systematic and united efforts have done wonders in cities where they have been tried. A notable example may be seen in Washington, D. C., where a Central Union mission is maintained by the churches, and dur-ing last January 444 conversions were recorded. All the pastors in their turn give their service. From this center welve branches go forth to the several parts of the city, and in these deacons, elders, vestrymen, Sunday school super-intendents, presidents of Epworth leagues and Christian Endeavor socletles, exhort or read or teach the Scriptures, and once every month a platform meeting is held in one of the churches, and all sorts and conditions of men speak there, and there is not a single church in the union but welcomes such a meeting. Great good is accomplished, and this joint action of the churches has been so blessed that all over the United States there are living witnesses of the power of God in sav ing even the lowest in the Central Union Gospel meetings.

Evangelistic Work.

J. H. Maice, a blind evangelist, holds a series of meetings in the Green Ridge Evangelical church. Mr. Maice was born in Dauphin county, this state. He at present resides in Washington, D. C., and was up to three years ago employed in the navy department. He is a member of one of the Methodist Episcopal churches of the Capitol City, but was brought up in the Evangelical church. His eyes are apparently in a normal condition, but the light is gone out of them. He gradually lost his sight about three years ago, and the best medical advice has not been able to help him. Mr. Maice was active in church work, and was urged to begin evangelistic services. He labored in the city of Washington, and has proved eminently successful in winning work-ing-men to the gospel and reforming drunkards. He holds two weeks' ser-vices in all places he goes to, and has engagements that will carry him on the first of next June. Last Sunday evening was his first effort in the city, and a meeting of remarkable power was enjoyed by an over-crowded house. During this week the meetings have been well attended. Tomorrow he will hold at 10.30 a. m. a "union gospel wagon feast," when he says all in the meeting will take part. At 2 p. m. a temperance meeting will be held, and at m. he will speak on a real con version according to the idea of the Apostle Peter.

Centennial Celebration.

Scranton is but of yesterday in comparison with ancient cities. There are many of our citizens who remember the square on which the court house stands as a marshy swamp. Few western cities can show a more rapid growth than the Electric City, while its industrial development is phenomenal. Our Baptist friends have records of missionary activity in these districts that go back further than the date recording the incorporation of our city, and next Wednesday the denomination will celebrate its hundredth anniversary of gospel activity in Scranton and vicinity. The services will be held in the Penn Avenue Baptist church, where addresses will be delivered by Rev. T. J. Collins on "Rev. William Bishop. Elder Mott and the First Church;" A. C. Sisson will speak of "Churches and continued in the property of the services will be delivered by Rev. T. J. Collins on "Rev. William Bishop. Elder Mott and the First Church;" A. C. Sisson will speak of "Churches and continued in the property of the state of the underer of Charles Bird-well, has been positively identified as the Slayer of Marshal Jeffries.

By the United Press.

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Their Hard Work

Ministers of the Abington Association": Rev. D. C. Hughes, D. D., will speak on "One Hundred Years of Baptist History." In the evening the anniversary address will be given by Rev. George C. Corimer, D. D., of Boston. Tomorrow and next Tuesday the Religious Developments of One Week Penn Avenue church will also celebrate its thirty-fifth anniversary. At the morning and evening services tomor-row Rev. W. P. Hellings, D. D., of

Omaha, and a former pastor of the church, will preach the anniversary sermon. Tuesday afternoon the exercises will comprise a paper on "Rev. Isaac Bevan, D. D.," by his daughter, Miss Mary Bevan. Reminiscences by Rev. W. P. Hellings, D. D.; Hon. Sam-Rev. W. P. Hellings, D. D.; Hon. Samuel Amerman will speak on "The Young People and the Sunday School." And in the evening Rev. Edward Judson, D. D., will deliver the anniversary address, On Wednesday morning Miss Sarah Krigbaum will speak of "Woman's Work for the Church," B. F. Fillmore will talk of "Early Reminiscences in Music," and Dr. Horace Ladd, of Philadelphia, on "Reminiscences of Early Days," and the pastor, Rev. W. G. Partridge, will speak on "The Or-G. Partridge, will speak on "The Organization and Five Pastorates." These services will vividly remind the present workers of what the fathers did. and will inspire them to renewed activ-

Wyoming District.

ity and greater consecration.

Next Monday and Tuesday the Ministerial association of the Wyoming dis-trict will hold its one hundred and thirty-ninth session at Lehman, this state. The first meeting will be on Monday evening, when Rev. W. M. Hiller will make the leading address. On Tucsday norning the business meeting will be held, at the close of which essays will be read on "The Relation of the Church to Young People's Societies," and "Re-ligion in Our Public Schools." In the afternoon the question of revivals will be discussed, Rev. M. D. Fuller, of Providence, being one of the speakers. Rev. A. D. David will speak on "How Best to Attain Prohibition of the Liquor Traffic." In the evening service the sermon will be preached by Rev. A. F. Chaffe, of the Asbury Methodis Episcopal church.

Announcements.

Rev. S. T. Ford, uncle of Rev. W. G. Ford, of the Green Ridge Baptist church, Ford, of the Green Ridge Baptist church, is expected in the city next week to conduct a series of evangelistic meetings. Mr. Ford is pastor of an influential church in Syracuse; he is an able preacher, a man of commanding presence and full of kindliness. He has been in the city on two former occasions, at the ordination and marriage of his nephew.

Last Sunday evening, Rev. W. G. Watkins gave an opportunity to those who felt conviction at the Bliss meeting to express a desire to join the church. Several persons arose. Last Wednesday evening they were examined by the committee of the church, and tomorrow morning they church, and tomorrow morning the vill be baptized and received into full

At tomorrow evening's service, Rev. M. D. Fuller will give an opportunity to hose who desire to enter on probation. It is expected that some of the recent converts of the tent meetings will join the

Seventy-five of the members of the Christian Endeavor society of the Provi-lence Presbyterian church have pledged themselves to give, each week, for bene-colent purposes, a regular sum. This is putting to practice "systematic benevo-ence."

Rev. J. B. L'Homiedieu, of Newark, N. J., is assisting Rev. T. J. Collins in holding a series of meetings in the Seranton Street Baptist church. Mr. L'Homiedieu is an old class-mate of Mr. Collins, and friendship formed in college life has t alive for fourteen years of active

the friendship formed in college life has kept alive for fourteen years of active ministerial labors.

Last Sunday evening Rev. D. C. Hughes, D.D., pastor of the Jackson Street Baptist church, baptized seven con-

Pastoral Jottings.

Rev. Mr. Laycock, of Dunmore, will ad-

Rev. Mr. Laycock, of Dunmore, will address the Prohibition league next Monday evening on corner of Dickson avenue and Green Ridge street.

Rev. and Mrs. M. H. Mill, of the St. David's church, leave this morning for New York city, and will return next week. The pulpit of Rector Mill will be supplied and regular services conducted at the usual hours.

Miss Anna Bennett and Miss Abble Hampton Street Methodist Episcopal church, assisted by their classes, will give a "back-ward" social next Friday evening. At the close of the entertainment refreshments will be served.

Rev. A. W. Cooper, of the West Side, left last Tuesday morning for Binghamton. He returned home the following day.

Miscellaneous Notes.

The Boys' brigade of the Grace The Boys brigade of the Grace Reformed church was reorganized last Monday evening by Captain Lathrope. They will, during the winter, meet weekly. The North Main Avenue Baptist church has resolved to change the time of the Sunday school from 2 to 2.39 p. m., to accommodate those who are living at a distance, and wishing to attend the morning service and the Sabbath school.

The Welsh Baptist association resolved lately to change its quarterly conferences into annual and semi-annual, and hold these on the Sabbtah and not on mid-week days. The first conference under this new law will take place next month at Taylor.

Last evening the Epworth league of the Providence Methodist Episcopal church held their business meeting, which was followed by a short literary and musical programme. ormed church was reorganized last Mon-iay evening by Captain Lathrope. They

was followed by a snort literary and mu-sical programme.

Tomorrow morning holy communion and baptism will be cefebrated in the Pro-vidence Presbyterian church. In the even-ing a praise service will be held.

A week from tomorrow the Dickson City Presbyterian church will be opened for Sunday school and prayer meeting ser-vices.

vices.

On Thursday and Friday evenings of next week the ladies of the St. David's church will serve an oyster supper in the school room. The tickets that are out give erroneous dates. Instead of 20 and without should room is and 19.

school room. The sickets that are out give erroneous dates. Instead of 20 and 21, they should read is and 19.

A linoleum, with pattern of tile work, has been placed on the vestibule of the St. David's church, which adds much to the appearance of the interior of the church. Little by little improvements have been introduced during the past few years into this church, so that what formerly was bare and uninviting, has now a neat and cosy appearance and will favorably compare with any church on the West Side.

Next Tuesday the Wyoming conference of Congregational churches will hold its annual sesions in the Plymouth church on the West Side, and on the following Wednesday, the Sunday schools of the same association will hold their annual convention.

vention.

The Young People's Baptist union of the Jackson Street Baptist church is in a very flourishing condition. About one hundred members are enrolled. The meetings are well attended and manifest deep

WANDERING IN THE WOODS. Young Deer Hunter Becomes Lost Near Rhinelander.

By the United Press. Rhinelander, Wis., Oct. 12.- Allen Newton, a young man about 20 years of age, has been lost in the woods for two days. While out hunting deer he became separated from his companion and has not yet been found. A searching party is out.

TWICE A MURDERER.

Thomas Blank Now Identified as th

Annual Motion of Old Mother Earth around its cal forms.

on Which We Live.

THE EARTH'S ORIGINAL SHAPE

Martin Joyce Continues His Interesting Discussion of the Causes of the Globe's Diurnal Rotation and of Its Yearly Rotation and Oblateness

In attempting to describe the causes of the earth's annual motion in an elliptical orbit, we will begin at the winter solstice. Our preference for that particular part of the orbit might seem arbitrary, but for obvious reasons we take it as the initial point of inquiry, as we simply wish to reach such as desire to acquire general knowledge of the motion peculiar to our planet. Admitting the fact, or more strictly speaking, the universal belief that when God at the beginning had formed the earth from quiescent and inert matter, the planet was projected into space and the forces of projection and attraction, aiready inherent in the particles of mat-ter since their first combination, for the first time coinstantaneously, those forces acted upon the earth, then, as a result, the first and shortest rotation of the new born planet must have oc-curred at the winter solstice. And as the earth had then a tendency, as it has at all times, in accordance with the laws of gravity and centrifugal force, to diverge from the point of projection and move in a tangent to the orbit, which it was intended to describe, the centri-petal force instantly counteracted the direct tendency of the earth, and thus by the combination of the action and counteraction of both forces, projection and attraction, the earth was im-pelled in an oblique direction during each rotation until the first annual first time the earth had taken her place among the planetary orbs.

Accordingly the earth's absolute mo-tion, forces, momentum and velocity became fixed and adjusted to her operations, thus making her the home of myriads of the human race during countless generations. And here the human mind, realizing the harmony and design of the universal whole, is some-times constrained to wander into the realms of metaphysics and look over the domain of theology. Viewing the laws and conditions of our own planet with awe and admiration, we cannot fall to discover the ubiquity of God and the sublime harmony of His works.

Following the Earth's Path. But to return to the causes of the carth's annual motion, it will be neces-sary to follow her in her path so as to each conclusions as to the information in view. Then we trace the oblique direction of the earth's orbit and find her in different positions with regard to the sun, and particularly so on March 21, when she is neither inclined to nor declined from the great luminary as ex-plained in our recent article on the

equinoxes. In thus pursuing the earth in her path, we should not lose sight of the action and counteraction of the forces of pro-jection and attraction as she moves in a semi-circular direction towards the Aphelion point, July 1, when both forces reach their minimum, and become al-most equi-balanced, causing the earth to move slowly nearly eight days. We should also consider the importance of paracentric motion at the earth's ap-Fresiding Elder J. G. Eckman preached an excellent sermon last Sunday morning at the Providence Methodist Episcopal church on the "Sufferings of Christ and the Glory That Follows." In the evening a practical sermon was preached by Rev. Mr. Scoville, who has recently moved our city.

Rev. Mr. Laycock of December 1 and ordance with the laws of fluidity, gravity, centripetal and centrifugal forces

At Perihelion, the forces attain their maximum, which is at the time of our proximity to the sun. It is here the force of paracentric motion should be considered, as it is the difference be-tween centrifugaland centripetal forces. But as there was no danger at the be-ginning of our planet approaching too near to the sun, at Perihelion, there is no further dread of either approach to the sun or recession from it, as centrifugal force predominates and with in-creased velocity carries the earth along in her orbit, at the same time affecting the momentum of the earth itself by the velocity and acceleration. So, we see from year to year, that the prescient arrangement of the laws and forces governing the earth as a planet, are uner-ring and as imperishable as matter is indestructible. Such laws and forces are not the work of chance, as they manifest accuracy, design and fixity of purpose. We would like to enter more fully into the subject, but we are aware that the columns of The Tribune are limited to other matters of public interconsequently we must resort to brevity by terms with definitions, and closing with remarks on the original state and formation of the earth, so that the reader's attention might be directed to further inquiry:

Eight Propositions. First-Motion is the transit, or change of a body from one position in space to another Second-Velocity is the rate of mo-

tion peculiar to a body. It is variable, relative and uniform. Third-Momentum is the quantity of motion of a given body measured by the product of the mass of the body by its

Fourth - Force is that material energy which produces motion or change of motion and depends on its intensity, direction and point of application.

Fifth—Centripetal force urges a body constantly toward the center of its cir-

cular path.
Sixth—Centrifugal force is the tendency which the body has to recede from the center in consequence of the resistance which it offers to a deviation or deflection from a rectilinear course—the resistance, known as inertia, being estimated in the direction of the radius. Seventh - The earth is an oblate spheroid, owing to the protrusion at the

equator and the deflection, or flat surface at the poles.

Eighth—Matter at any given instant, must be either in motion or at rest. In-ert matter is powerless to change its state; and equally powerless whe moved to stop or change its direction. In order to make our brief observa-tions on the original state and formation of the earth intelligible, we will in-troduce some propositions and deduc-

tions: Proposition first-In conformity with the universal laws of gravitation the essential or component parts of all bodies mutually attract each other, and from this arise their common centers of

Beecham's pills are for biliousness, bilious headache, dyspepsia, heartburn, torpid liver, dizziness, sick headache, bad taste in the mouth, coated tongue, loss of appetite, sallow skin, when caused by con-Seattle, Wash., Oct. 12,-Thomas Blank, the murderer of Charles Bird-stipation; and constipation is the most frequent cause of all

of them. Book free; pills 25c. At rugstores, or write B. F. Alen Co., 365 Canal St., New ork.

Forty-six head of 2 and 3-year-old ewes sold for 15 cents a head, and fifteen lambs brought if cents each.

The two lots of sheep were bought by George Bothwell, late candidate for sheriff on the Democratic ticket, but who is not in harmony with his party on the tariff question. drugstores, or write B. F. Allen Co., 365 Canal St., New

gravity, which govern their component parts, so as to cause all such as are in Has the Strength a fluid state, and do not revolve each around its own axis, to assume spheri-

Deduction—If two or more equal particles of matter mutually attract each other at any given distance and moving with equal velocities toward each other, they come in contact at the mean distance, which point may be consid-ered their common center of gravity. From the foregoing proposition and deduction, it is reasonable to infer that an infinite number of particles of mat-ter might have assembled from every direction and thereby constituted a common center of gravity. Therefore, it evidently follows that the center of gravity in all bodies arises exclusively from the mutual attraction of their component parts and not from the at-

tractive principle inherent in the center of the body itself. Proposition second, (by Sir Isaac New-on)—"According to the universal laws of motion, the essential or constituent parts of all bodies revolving each upon its own axis, acqure centrifugal force in proportion to their velocities. There-fore, as their distances are to each other from their axis of motion, so are their velocities and so are their centri-fugal forces." Then, it evidently follows that the equilibrium of gravita-tion appears to be destroyed in all re-volving bodies. Consequently such as revolve around their own axis in a state of fluidity will depart from a spherical form and assume that of an oblate spheriod, whose equatorial diameters will exceed their polar diameters in a ratio according to the square of their residuel setting. their periodical rotations.

A Proposition By Newton. Such seem to have been the results arising from the combined laws ofgravity, fluidity and centrifugal force together with all natural laws and forces which constitute and govern the earth as an oblate spheroid. We have simply alluded to the original formation of th earth and its fluid state for the purpose of keeping in view the laws and forces bearing upon the earth's annual mo-tion. For the consideration of the original state and formation of the earth would have to come under another headeach rotation until the heat and revolution or yearly course was accomplished in an elliptical orbit, and for the place say touching the annual motion of the form; "Prop. 18, Theorm 16, that the axis of the planets are less than their diameters drawn perpendicular to the axis. The equal gravitation on all sides would give a spherical figure to the planets if it were not for their diurnal revolutions in a circle. By that circular motion it comes to pass that the parts receding from the axis endeavor to ascend about the equator and, there-fore, if the matter is in a fluid state, by its ascent toward the equator, it will enlarge the diameter there, and by its descent toward the poles it will shorten

"OBSERVED AND NOTED."

Under this title the Examiner Printng house, of Lancaster, has collected and published, in neat book form, the charming pen sketches of country scenes and ways which the editor of the Examiner, Robert B. Risk, has made delightful features of that news-paper's weekly edition. Written in a fugitive manner, as a relief from exacting journalistic duties, these little es-says lay no claim to depth, yet there runs through them a vein of kindly hu-mor and quiet philosophy which render them pleasant companions in a leisure hour. One does not need to read far into this book to discover that Mr. Risk has been a keen observer of both nature and men, and that he possesses the rare knack of saying what he wishes to say, and neither more nor less. There are times when his reflec-tions upon men and manners rise to

in one instance, well knowing that he will repay the reader's attention and inspire a desire for a more extended acquaintance. One of the happiest features of this author's writings is his reproduction of favorite newspaper verse with introductions after the quaint fashion of the following: "My bachelor observation has been that a man who calls his wife by endearing names in public is apt to make her cry at home. Another observation is that if courting did not end at the altar, we would have more martial happiness and fewer divorces. I seldom see man make love to his own wife. egotism of the average man, his desire for applause and good opinion of others, and too often his evil propensities, make it very easy for him to flirt with another man's wife. The husband of every day life feels that he is sure of his own mate and that it is no longer necessary to woo her over again. Life with him seems to be a matter of propriety and the paying of bills. I know plenty of men who are true and loyal to hearthstone, and yet who seldom say a word to remind them of the time when the stars spoke poetry, when the nights were too short and the old gate by the willows could give pointers to turtle doves. All this is very well put in these lines, by James Whit-Riley-'How She Lost Her

Twasa summer ago when he left me here-A summer of smiles, with never a tear— Till I said to him, with a sob, my dear— Good-by, my lover; good by!

For I loved him, as the stars loved night! And my cheeks for him flashed red and white When he first called me his heart's delight! Good-by, my lover; good-by!

The touch of his hand was a thing divine As he sat with me in the soft moonshine And drank of my love as men drink wine-Good-by, my lover; good-by!

And never a night, as I knelt in prayer, In a gown as white as our own souls were, But in fancy he came and kissed me there— Good-by, my lover; good-by!

But now, O God! what an empty place My whole heart is! Of the old embrace And the kiss I loved there lives no trace— Good-by, my lover; good-by!

He sailed not over the stormy sea And he went not down in the waves-not But, O, he is lost, for he married me-Good-by, my lover; good-by!

The range of subjects treated by Mr. Risk covers prety nearly every-thing in the gamut of everyday life from running barefoot down on the farm in June time to putting up stoves in one's city home on house cleaning day. Each topic is treated in an orig-inal manner, with sympathetic appre-ciation for the foibles and weak-nesses of the boys and girls and the men and women who are the moving actors in this perpetual human comedy Very little is said that could possibly give offence, and while, as we have said the comments in most cases are not weighty they are always interesting, generally instructive and never cy-nical, pessimistic or corrupting. "Observed and Noted" is well worthy of a place on each household's book shelf

SHEEP 15 CENTS A HEAD. One of the Benutiful Effects of the New Democratic Tariff Bill.

By the United Press. Carrollton, O., Oct. 12.—The wonderful effect of the new tariff bill on the sheep market was practically demonstrated at a public sale of the personal property belonging to the estate of Jane Lawrence, in this county. Twenty sheep, 3 and 4-year-old wethers, in fair condition, sold at 48 cents a head. Forty-six head of 2 and 3-year-old ewes sold for 15 cents a head, and fifteen

Sandow, the Marvel, as Described by Physical Director Weston.

RESULTS OF HARD TRAINING

The Feats Performed by This Phenomenor Are Real and the Man's Musculai Development Is One of the Wonders of the Century.

Eugene Sandow was born at Konigs berg, Prussia, on April 2, 1867; and up to his fifteenth year gave little promise of being of even average strength. soon, however, developed a passion for athletics, "Panem et circuises" be-came his adopted motto. This predilection was greatly fostered by a holiday visit to Rome where he haunted the galleries and worshiped muscle as pictured in the Herculean athletes. He wanted to know why the modern race had fallen from the high estate of muscular development and then and there conceived the idea of attaining to the ancient ideal.

This idea met with great opposition on the part of his father, which led to a quarrel and he was thrown on his own resources. Having gained greatly in strength and physique he managed to gain livelihood by competing in various theaters and by posing as a model. He joined Professor Atilla, of Brussels, and made a tour which resulted in failure Here he conceived a daring scheme t attract the attention of the public. He paid a midnight visit to all the penny-in-the-slot, weight-lifting machines and wrecked every one of them by his enormous strength. This feat took the town by storm and he soon secured an engagement in one of the theaters at an enormous salary. He then made a tour in France and Italy, beating all comers in wrestling. At Venice he came off conqueror in a contest with three wrestlers at a time. His fame reached the German emperor, before whom he suc-cessfully matched his strength against that of his royal patron. He then had a match with Muller, who tried to break his wrist. This angered Sandow, who hugged Muller to such an extent that he felt as though dead, with four ribs broken.

Sandow Resents an Insult.

From Venice Sandow came to Lon don, where he defeated all comers. San dow is a cool, even tempered man and not easily provoked to a quarrel—but is a dangerous person to insult, which one Frenchman ki. We to his sorrow. Sandow and a friend were conversing in a Paris cafe when a Frenchman stepped orator is to shout "How about the 221/2 per cent. cut?" up and insulted him. Sandow advised him not to repeat it. The Frenchman retorted with a blow, and struck San-dow a second time, drawing blood. Sandow caught the man by the neck and legs, and brought his knees and nose together several times until he

cried enough. In Sandow's case heredity may left out of the question in accounting for his phenomenal strength. His natural genius for muscle making was doubtless fostered in a country where gymnastics and wrestling are of na-tional importance. Sandow's wonder-ful physical development may, therefore, be rightly described as acquired and the system whereby it was acquired form an interesting subject for the student of physical culture. ous exercise with the light dumb bells and Indian clubs; a temperate and regular style of living; and a correct manner of breathing comprise the general rules of his system. By practicing regularly and persistently these exercises, he claims that every set of muscles in the body receive due attention.

Studied Under A physician In Sandow's book a very interesting chapter is given on the muscles, where they are situated and what they do. He speaks with some authority, having given two years to the study of anatomy at Brussels, under a distinguished physician. One very important fact must be borne in mind by every young man, and that is that flexibility rathe than hardness should be aimed at; and in order to attain this it is advisable to begin with light exercise and gradually increase as the muscles become stronger and on no account overtax one's

strength. A few preparatory exercises are given to give the necessary amount of preliminary work before attempting the exercise proper. His series of exercises compare favorably with the modern ex-ercises used in most all of the gymnasiums of the day; nearly all of them be-ginning at the extremitles so that no undue exertion will be placed on the vital organs. He has invented a machine for the development of the muscles of the legs and back.

To all who are interested in heavy weight lifting, Sandow's remarks and advice on this subject will come with all the authority of a master. The great secret is to be able to distribute the strain over the greatest number of muscles and to correctly poise the body and use the lower limbs. Each move-ment is carefully explained and no dement is carefully explained and no detail likely to be of use to the pupil left out. To the majority, however, the chief interest of his book is his system. For Burns, Scalds,Bruises and all pain and soreness of the flesh, the grand household remedy is Dr. Thomas' Eclectric Oil. Be sure you get the best.

of light dumbbell exercises; not only be-cause of their muscle-forming qualities, but also for the benefits to health to be of Old Hercules derived by their persistent use. A liking for exercise will increase with practice and, to succeed, it only remains for one to practice a goodsystem and throw his heart into the work.

Exercise Better Than Medicine. Sandow says that men of all ages should exercise. No one can be healthy and strong without exercising regularly, and that the muscles will increase in size until a man is 65 years old. Sandow claims that health is man's birth-right. Proper nourishment is the first requisite, for all growth, development

and repair of tissues are the results of It is impossible to make rules for the amount of food for different persons. Every one should use sufficient to keep the system free from hunger. Less than one-half of the chidren born reach their sixth year; and improper food contri-butes more to this death rate than disease. Tea and coffee are injurious be-cause they contain alkaloids, which are injurious to the nervous system and omach. Good health also depends on elenty of sleep as well as food. Man's reat desire is for health and long life, and it is only by steady obedience to the laws of health that old age may be at-tained; and by judicious exercise, bathing, eating and sleeping that life may be prolonged. My next article will treat

DEMOCRATIC TRICKS.

of breathing.

R. L. Weston.

The Hoosier Democracy Is Driven to Des peration by Its Unpopularity. By the United Press.

Indianapolis, Oct. 12.—Evidences of Democratic distress accumulate. Con-gressman Bynum addressed an audience of twenty-eight people in a strong Democratic locality of Madison county, His opponent, Charles L. Henry, on the other hand, addressed 5,000 people at Greenfield, the seat of a strong Dem-

cratic county. The Democratic State committee has permitted the joint debates that were arranged between W. D. Owen and W. R. Myers to be advertised as if they had not been declared off, the purpose being to use that sort of an attraction to draw the crowd. This is done in the face of the fact that Mr. Owen, spent several weeks at Battle Creek anitarium and returned home, has again been compelled to abandon the field and go to the sanitarium on ac-count of nervous prostration. The debate arranged for yesterday at Col-umbus was advertised in this manner. Democratic speakers are suffering rom another embarrassment on acount of generally reduced wages. In he gas belt they are almost invariably interrupted by some one asking about the wage reduction. It is said that wherever there are glass blowers all that is necessary to break down the most finished argument of a free trade

MUST WORK OR QUIT.

Notice Served Upon the Cincinnati Prize-Fighting Fraternity.

By the United Press, Cincinnati, Oct. 12.—Prize fighters have been adjudged a nuisance by Chief of Police Deitsch, and, like the Chinese, must go. The chief has given orders to every detetive and policeman on the force to clear the city of this

The chief will make up a list of the pugillsts in Cincinnati, who will be told to leave the city or accept the painful alternative of finding work.

ROBBED THE DEPOT SAFE.

Brought the Agent from His Home to Serve Their Purpose. By the United Press. Muskogee, I. T., Oct. 12.—Thursday night the K. and A. V. depot at Fort

Gibson was robbed by six masked men They stuck a gun through the window at the telegraph operator's table and ordered him to open the safe. The operator swore he did not know the combination, and they then went to the agent's home and escorted him to the depot, where they made him open the safe. They took about \$300.

TO WATCH BICYCLE THIEVES.

Indiana Wheelmen Will Organize for Mutual Protection.

Laporte, Ind., Oct. 12 .- A state Bicycle Detective association will be organzed by the Indiana wheelmen. dreds of wheels have been stolen and shipped to Chicago and western cities, It is in the recovery of wheels that the detective agency hopes to accomplish the most work.

Mothers! Mothers!! Mothers!!!

Mrs. Winslow's Soothing Syruphas been used for over fifty years by millions of mothers for their children while testhing, with perfect success. It sooths the child, softens the gums, allays all pain; cures wind colic, and is the best remedy for diarrhea. Sold by druggists in every part of the world. Be sure and ask for "Mrs. Winslow's Soothing Syrup," and take no Winslow's Soothing Syrup," and take no other kind. Twenty-five cents a bottle.

\$16.00

- \$17.00

TRY THE TROLLEY SOAP THE TROLLEY SOAP

For Washing Clothes CLEAN and SWEET. It LASTS LONGER than other Soaps. Price FIVE CENTS a bar.

700-MILE SEA TRIPS

By the Beautiful New Steamships of the OLD DOMINION LINE to

OLD POINT COMFORT VIRGINIA BEACH

And return. Most Delightful Resorts on the Atlantic Coast for AUTUMN OUTINGS for

OLD POINT COMFORT VIRGINIA BEACH - -

> A day and a quarter at either hotel. INCLUDING EVERY EXPENSE of meals and berths en route, a day and a quar-

This trip is an ideal one, as the course skirts the coast, with little likelihood of seasickness, and passes in review many watering places and points of interest. For printed matter and full particulars, address

OLD DOMINION S. S. COMPANY, Pier 26, North River, New York.

RAILROAD TIME-TABLES

Central Railroad of New Jersey.

(Lehign and Susquebanna Division)
Anthracite coal used exclusively, insur-ing cleanliness and comfort. TIME TABLE IN EFFECT MAY 20, 1894.

Trains leave Scranton for Pittston, Wilkes-Barre, etc., at 829, 9.15, 11.30 a.m., 12.50, 2.00, 3.30, 5.00, 7.25, 11.05 p.m. Sundays, 9.00 a.m., 1.00, 2.15, 7.10 p.m.

For Atlantic City, 8.20 a.m.

For New York, Newark and Elizabeth, 8.20 (express) a.m., 12.50 (express with Buffet parlor car) 3.30 (express) p.m. Sunday, 2.15 p.m.

fet parlor car) 3.39 (express) p.m. Sunday, 2.15 p.m.
For Mauch Chunk, Allentown, Bethlehem, Easton and Philadelphia, 8.20 a.m., 12.50, 2.30, 5.09 (except Philadelphia) p.m. Sunday, 2.15 p.m.
For Long Branch, Ocean Grove, etc., at 8.20 a.m., 12.59 p.m.
For Reading, Lebanon and Harrisburg, via Allentown, 8.20 a.m., 12.50 p.m.
Sunday, 2.15 p.m.
For Pottsville, 8.20 a.m., 12.50 p.m.
Returning, leave New York, foot of Liberty street, North river, at 2.10 (express) a.m., 1.10, 1.39, 4.30 (express with Buffet parlor car) p.m. Sunday, 4.30 a.m., Leave Philadelphia, Reading Terminal, 9.00 a.m., 2.00 and 4.20 p.m. Sunday, 6.27 a.m.

a.m.
Through tickets to all points at lowest rates may be had on application in advance to the ticket agent at the station.
H. P. BALDWIN.
Gen. Pass. Agent. J. H. OLHAUSEN, Gen. Supt.

MAY 13, 1894.

Train leaves Scranon for Philadelphia and New York via D. & H. R. R. at 7.43 a.m., 12.65, 2.38 and 11.38 p.m. via D., & W. R. R., 6.00, 8.08, 11.29 a.m. and 1.39 p.m.

Leave Scranton for Pittston and Wilkes-Barre, via D., L. & W. R. R., 6.00, 8.08, 11.29 a.m., 1.30, 3.50 6.07, 8.50 p.m.

Leave Scranton for White Haven, Hazleton, Pottsville and all points on the Beaver Meadow and Pottsville branches, via E. & W. V., 6.40 a.m., via D. & H. R., R. at 7.45 a.m., 12.05, 2.38, 4.00 p.m. via D., L. & W. R. R., 6.00, 8.08, 11.20 a.m., 1.30, 3.50 p.m.

R. at 7.45 a.m., 12.05, 2.38, 4.00 p.m. via D.,
L. & W. R. R., 6.00, 8.08, 11.20 a.m., 1.30,
3.50 p.m.
Leave Scranton for Bethlehem, Easton,
Reading, Harrisburg and all intermediate
points via D. & H. R. R. 7.45 a.m., 12.05,
2.28, 11.38 p.m., via D., L. & W. R. R., 6.00,
8.06, 11.20 a.m., 1.30 p.m.
Leave Scranton for Tunkhannock, Towanda, Elmira, Ithaca, Geneva and all
intermediate points via D. & H. R. R. 8.45
a.m., 12.05 and 11.25 p.m., via D., L. & W.
R. R., 8.08 a.m., 1.30 p.m.
Leave Scranton for Rochester, Buffalo,
Niagara Falls, Detroit, Chicago and all
points west via D. & H. R. R. 8.45 a.m.,
12.05, 9.15, 11.38 p.m., via D., & W. R.,
and Pittston Junction, 8.08 a.m., 1.20, 5.06
p.m., via E. & W. V. R. R., 2.41 p.m.
For Elmira and the west via Salamanca,
via D., L. & W. R. R., 8.45 a.m., 12.05, 6.05 p.m.,
via D., L. & W. R. R., 8.05 a.m., 1.30, and
6.07 p.m.
Pullman parlor and sleeping on T. V.

Pullman parlor and sleeping or L. V. hair cars on all trains between L. & B. function or Wilkes-Barre and New York, Philadelphia, Buffalo and Suspension Bridge.

R OLLIN H. WILBUR, Gen. Supt.

CHAS. S. LEE, Gen. Pass. Ag't, Phila., Pa.

A.W.NONNEMACHER, Asst. Gen. Pass.

Ag't, South Bethlehem, Pa.

> DELAWARE AND HUDSON RAIL-

Commencing Monday, day, July 39, all trains will arrive at new Lackawanna avenue station as follows:
Trains will leave Scranton station for Carbondale and intermediate points at 2.20, 5.45, 7.00, 8.25 and 10.10 a.m., 12.00, 2.20, 3.55, 5.15, 6.15, 7.25, 9.10 and 11.20 p.m. and 11.20 p.m.

For Furview, Waymart and Honesdale at 7.00, 8.25 and 10.10 a.m., 12.00, 2.20 and 5.15 at 7.00, 8.25 and 10.10 a.m., 12.00, 2.20 and 5.15 p.m.

For Albany, Saratoga, the Adirondacks and Montreal at 5.45 a.m. and 2.20 p.m.

For Wilkes-Barre and Intermediate points at 7.45, 8.45, 9.38 and 10.45 a.m., 12.05, 1.20, 2.38, 4.00, 5.10, 6.06, 9.15 and 11.38 p.m.

Trains will arrive at Scranton station from Carbondale and intermediate points at 7.40, 8.40, 9.34 and 10.40 a.m., 12.00, 1.17, 2.34, 3.40, 4.54, 5.55, 7.45, 9.11 and 11.33 p.m.

From Honesdale, Waymart and Farview at 9.34 a.m., 12.00, 1.17, 3.40, 5.55 and 7.45 p.m.

From Montreal, Saratoga, Albany, etc., at 4.54 and 11.33 p.m. From Montreat, Saratoga, Albany, etc., at 4.54 and 11.33 p.m.
From Wilkes-Barre and intermediate points at 2.15, 8.04, 10.05 and 11.55 a.m., 1.15, 2.14, 3.29, 5.10, 8.03, 7.20, 9.03 and 11.16 p.m.

Del., Lack. and Western. Trains leave Scranton as follows: Ex-press for New York and all points East, 1.40, 2.50, 5.15, 8.00 and 9.55 a.m.; 12.56 and 3.50

p.m.
Express for Easton, Trenton, Philadelphia and the south, 5.15, 8.00 and 9.55 a.m.,
12.55 and 2.50 p.m.
Washington and way stations, 3.55 p.m.
Tobyhanna accommodation, 6.10 p.m.
Express for Einghamton, Oswego, Elmira, Corning, Eath, Dansville, Mount mira, Corning, Eath, Dansville, Mount Morris and Buffalo, 12.10, 2.15 a.m. and 1.24 p.m., making close connections at Buffalo to all points in the West, Northwest

and Southwest.

Bath accommodation, 9 a.m.
Binshamton and way stations, 12.37 p.m.
Nicholson accommodation, at 4 p.m. and 6.10 p.m. Binghamton and Elmira Express, 6.05 o.m. Express for Cortland, Syracuse, Oswego Utica and Richfield Springs, 2.15 a.m. and

1.24 p.m. Ithaca, 2.15 and Bath 9 a.m. and 1.24 p.m. For Northumberland, Pittston, Wilkes-Barre, Plymouth, Bloomsburg and Danville, making close connections at Northumberland for Williamsport, Harrisburg, Baltimore, Washington and the South. Northumberland and intermediate stations, 5.00, 9.55 a.m. and 1.20 and 6.07 p.m. Nanticoke and intermediate stations. .24 p.m. Nanticoke and intermediate stations, 80 and 11.20 a.m. Plymouth and inter-mediate stations, 3.50 and 8.52 p.m. Pullman parior and sleeping coaches on all express trains all express trains

For detailed information, pocket time tables, etc., apply to M. L. Smith, city, ticket office, 328 Lackawanna avenue, or depot ticket office.

Eric and Wyoming Valley, Eric and Wyoming Valley,
Trains leave Scranton for New York
and intermediate points on the Eric railroad at 6.35 a.m. and 324 p.m. Also for
Honesdale, Hawley and local points at
6.35 9.45 a.m., and 3.24 p.m.
All the above are through trains to and
from Honesdale,
An additional train leaves Scranton for
Lake Ariel at 5.10 p. m. and arrives at
Scranton from the Lake at 7.45 p.m
Trains leave for Wilkes-Barre at 6.40 a.
m. and 3.41 p.m.



SCRANTON DIVISION. In Effect Sept. 16th, 1894. North Bound. South Bound.

205 203 201 202 204 206 Except Sunday)

Page 1

Page 1 Stations Arrive Leave N Y Franklin St West 42nd St Weehawken Arrive Leave Hancock June. 6 00 Hancock 6 05 Starlight 6 18 Preston Park 6 25 Como 6 32 Poyntelle 6 40 Belmont 6 45

sengers.

Secure rates via Ontario & Western be purchasing tickets and save money. Day