

# GET GOOD DIGESTION.

Paine's Celery Compound the Greatest of Remedies.

Influence of the Nerves of Various Diseases--The Way Frank Bair of Chicago Regained His Health--Prof. Phelps' Wonderful Prescription.



Increased cares and duties, increase in mental strain, lessened physical labor and increased mental work, have been gradually giving us bodies in which the nervous element predominates.

Diseases today are as different from those of a century ago as is their treatment. While the average individual now does more mental work, we are not as well able to bear the strain as they were.

Nine-tenths of us neither eat, sleep, exercise, bathe or recreate ourselves in a proper way. It is all hurry and turmoil. Little rest and much care.

When the abdomen and bowels of the blood—the nutritious principles of the blood—become deficient in their relative proportions to the other parts of the blood, the health suffers. If nervous power be depressed, then the food is imperfectly digested, assimilated, and converted into blood and tissue.

There is the cause in a nutshell of half the diseases and illnesses in the world.

Here is the cure—the greatest medical discovery of modern times—the remedy first prescribed by the great physician of this age, Prof. Edward Phelps, M. D., LL. D., of Dartmouth College—the remedy that has made

more people well than any other ever known—the trust food for the nervous—the best known strengthener of impoverished blood—The remedy that forms one of the countries to the other, and in Europe as well, is indulged by physicians, prescribed and used by them, recommended by the plain people, unswervingly endorsed by men and women of wide reputation, blessed by thousands—Paine's celery compound.

Try it. Any druggist has it or will get it for you.

I read the following unsolicited letter from Mr. Frank Bair, whose portrait is given above, one of Chicago's best known and most highly esteemed young business men, the western agent of the great firm of Nash, Walton & Co., salt dealers of New York:

"I have used Paine's celery compound for the past six months, and must say that it has helped me wonderfully. I had pain in my back and chest, and faint, and tired feelings at the stomach, and when I would eat the taste would make me deadly sick. I became very weak, and lost about 20 pounds. After having used a few bottles of Paine's celery compound I am feeling better than I have in all my life." Try it.

**BURIED IN A CAVING MINE.**

The Professor relates his experience and strange rescue.

"Some of you gentlemen were asking about that stuffed rat in my room," said Professor Churchill, the mining expert at the Montana club. "The story concerns an experience that made my hair curl. I was once retained to report upon the workings of a mine called the Little Whoop Up in southern Arizona. On an adjoining claim was another mine called the Atlas. A dispute arose. The Atlas people claimed that the lower tunnel of the Whoop Up had been bored into their ground and a half million in one taken out. The thing to do was to take a survey of the Whoop Up, and of course the Whoop Up people objected. Finally an order for the survey was secured from the court, and Dr. John H. Parks and I were sent to make the survey.

"There are tricks in all trades, and the Whoop Up people were not to be trusted. When we reached the mine, he said that the tunnel we wished to explore was in a dangerous condition. There had been a cave, the timbers were rotten, and so on. It meant a 10 to 1 chance that we would be crushed if we tried it. Of course we classed him as a liar, though he turned out to be right.

"We worked our way in the tunnel until we ran against a jam of fallen timbers which were sound and were plainly arranged to stop our progress. Parks went back for an ax, while I worked at the roof with a pick to dislodge the centerpieces. I succeeded and had timber to go into into the other side of the tunnel when there came a terrific crash of loose ore from the roof. It fell on both sides of the timbers, pinning me in a hole which would have been a grave right there but for a few slabs which held the mass of ore above. The place was barely large enough to move in, and I knew it was certain death in a few hours unless Parks could dig me out. Even then I believed I was gone, for I did not know how much ore had fallen. In a few minutes the air got heavy, my eyes began to feel dimmy, and it seemed like the roof and sides of the hole were closing in on me. This oppression and drowsiness increased until I was forced to hammer the sides of the place with my fists and head to keep awake. Still not a sound could I hear from the outside and only the slow crumbling of ore from above. The foul air was getting into my brain, and I think I was actually insane with the fearful dread of being buried alive. Anyhow I remember dropping to the floor of the hole and giving a few faint shouts, which were echoed back into my ears. I had given up all hope and was almost swooning when I heard a strange scraping sound above me. I yelled, but received no answer, and then threw my body against the walls and tried to pick out the ore from between the lodged timbers. Still came the queer scraping noise, which seemed to come nearer and sounded not unlike the steady grinding of a saw. It seemed to last for hours, though it could hardly have been a minute after when a bit of earth dropped to my feet from the upper end of the wall and along with it came a big gray mine rat, who saved my life, for he left a clear hole for his trail, and through it came a breath of fresh air that gave life to me. The fellow had bored his way from the shaft side of the cave.

"I staid there two hours after that until Parks found the cave, got help and got me out without breaking the article. I caught the gray rat, too, and kept him well fed until he died and wouldn't take a lot of money for his skin now."—New York Sun.

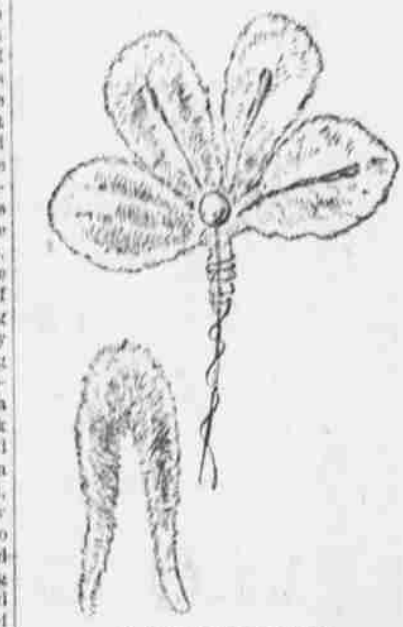
**Fronds in Dressing and Sevens.**

As to porcelain, it is probable that more than half of the "old" Dresden china now exposed for sale is counterfeit. Most frequently the originals have been copied, marked and all, but in some cases really old Dresden china that was originally white has been painted, by an ambitious forger with Sevres china, the more common ware has sometimes had the whole of the original pattern and glaze removed and received a new ground of turquoise or some of the royal colors to which painting or metal lines in the old style have been added.

In 1816 a dangerous service, with portraits of Louis XIV and the principal ladies of his court, was offered to Louis XVIII as having belonged to his grandfather, Louis XV, but on examination it was found that the principal plaques was of a design not introduced at Sevres until 15 years after the death of the reputed owner of the service. Instead of adorning the table of the king, the service was relegated to the museum at Sevres as an interesting forgery. Spurious Plaques are almost a drug in the market, and nearly every porcelain manufacturer is represented by pieces either wholly reproductions of its genuine products or having their marks and character in some way modified. There is no one who should more diligently apply to himself the motto, "Caveat emptor!" than the collector of pottery and porcelains.

**Making Chenille Flowers.**

Chenille flowers in shades of red from palest pink to deepest crimson, also in yellow and white, are a rich garniture for hats. Following are directions for making these, as given by Rural New Yorker: Six petals compose a flower, each being formed of a piece of wire 5 inches long, covered with chenille and bent into a loop. A large headed pin forms the center, about which the petals are ranged. Long wires extended for the stem are either covered with chenille or slipped into large rubber tubing. A pleasing variety is obtained by varying the depth of the color used and the size of the flowers. Buds are simulated by fastening three loops to a stem. A hat trimmed with nothing but such flowers, either in clusters or strown over a broad, drooping brim, is exceedingly becoming and represents a pretty bit of warm color in the murky lapse between winter and spring.



## The Flour Awards

"CHICAGO, Oct. 31.—The first official announcement of World's Fair diplomas on flour has been made. A medal has been awarded by the World's Fair judges to the flour manufactured by the Washburn, Crosby Co., in the great Washburn Flour Mills, Minneapolis. The committee reports the flour strong and pure, and entitles it to rank as first-class patent flour for family and bakers' use."

### MEGARGEL & CONNELL

## SUPERLATIVE AND GOLD MEDAL

The above brands of flour can be had at any of the following merchants, who will accept THE TRIBUNE FLOUR COUPON of 25 on each one hundred pounds of flour or 30 on each barrel of flour.

- Scranton—P. P. Price, Washington avenue; Gold Medal brand.
- Dunmore—P. P. Price, Gold Medal brand.
- Hyle Park—Carson & Davis, Washburn st.
- Green Ridge—A. Leitch, Gold Medal brand.
- Providence—F. J. Chappell, N. Main avenue, Superior brand.
- Market street—Gold Medal brand.
- City street—James Jordan, Superior brand.
- Seaside—Shaffer & Kiser, Superior brand.
- Jermyn—C. D. Winters & Co., Superior brand.
- Archbald—James A. Cooper & Co., Gold Medal brand.
- Carlisle—H. S. Clark, Gold Medal brand.
- Honolulu—J. N. Foster & Co., Gold Medal brand.
- Minneapolis—M. H. Lovell.
- Taylor—Judge & Co., Gold Medal brand.
- Durham—Lawrence store Co., Gold Medal brand.
- Moose—John McVinnie, Gold Medal brand.
- Fulton—M. W. O'Neil, Gold Medal brand.
- Clark's Green—Francis & Parker, Superior brand.
- Dillon—S. E. Finn & Son, Gold Medal brand.
- Nicholson—J. E. Harding, Superior brand.
- Waverly—M. W. Hill & Son, Gold Medal brand.
- Parkerville—Charles Gardner, Gold Medal brand.
- Hopbottom—N. M. Finn & Son, Gold Medal brand.
- Toboyhanna—Toboyhanna & Lehigh Lumber Co., Gold Medal brand.
- Windsorburg—S. A. Adams, Gold Medal brand.
- Moscow—Daise & Clements, Gold Medal brand.
- Lake Ariel—James A. Barter, Gold Medal brand.
- Forest City—L. Morgan & Co., Gold Medal brand.

## Auction! Auction!

AT **SURDAMS' Bargain Stores**

133 Penn Avenue.

COMMENCING MONDAY EVENING, JAN. 15

A CHANCE to buy at your own price Hardware, Saws, Hammers, Tinware, Lamps, Hosiery, Gloves, Notions, Fancy and Other Goods.

**LUTHER KELLER**

**LIME, CEMENT, KING'S WINDSOR CEMENT FOR PLASTERING**

SEWER PIPES, FLUE LININGS.

Office, 813 West Lackawanna Ave. Quarries and Works, Portland, Pa.

## Mercereau & Connell

307 LACKAWANNA AVENUE.

**DIAMONDS, and Fine Jewelry, Leather Goods, Clocks, Bronzes, Onyx Tables, Shell Goods, Table and Banquet Lamps, Choicest Bric-a-Brac, Sterling Silver Novelties.**

## Ice Skates

All Prices and all Sizes.

**Foot & Shear Co.**

513 LACKAWANNA AVE.

**Sexine Pills RESTORE LOST VIGOR**

Now directed will brace you up in a week. Sold with WRITTEN GUARANTEE to cure Nervousness, Loss of Sexual Power, Impotency, Emissions from any cause, or neglected, such troubles lead to consumption if not cured. With a 50 cent bottle a written guarantee to cure or refund the money. Write for circulars to H. C. SANDERSON, Druggist, Scranton, Pa.

**MANHOOD RESTORED! NERVE TONIC**

Restored Manhood Pills. For sale by JOHN H. PHELPS, Pharmacist, cor. Wyoming Ave. and Spruce St., Scranton, Pa.

**RESTORED MANHOOD DR. MOTT'S NERVE PILLS**

The greatest remedy for nervous prostration and all nervous diseases of the human system, either male or female. Sold by H. C. SANDERSON, Druggist, Scranton, Pa.

## THE Upholstery Department

**William : Sissenberger**

Opposite Baptist Church, Penn Avenue.

Is replete with fine and medium Parlor Suits, Fancy Rockers, Couches and Lounges for the Holiday Trade. Prices to suit all. Also Bed Room Sets, Dining Room and Kitchen Furniture. Parlor Suits and Odd Pieces Re-upholstered in a Substantial manner. Will be as good as new.

**N. A. HULBERT'S City Music Store,**

477 WYOMING AVE., SCRANTON.

**STEINWAY & SON DECKER BROTHERS KRANICH & BUCK STULTZ & HAUER**

**PIANOS**

As a large stock of first-class

**MUSICAL MERCHANDISE MUSIC, ETC., ETC.**

**Atlantic Refining Co.**

Manufacturers and Dealers in Illuminating and Lubricating

**OILS**

Linseed Oil, Naphtha and Gasoline of all grades. Axle Grease, Pinion Grease and Colliery Compound, also, a large line of Paraffine Wax Candles.

We also handle the Famous CROWLEY ACME OIL, the only family safety burning oil in the market.

**WILLIAM HASON, Manager.**

Office: Coal Exchange, Wyoming Ave. Works at Pine Brook.

**DUPONT'S MINING, BLASTING AND SPORTING POWDER**

Manufactured at the Weymouth Mills, Lehigh county, Pa., and at Wilmington, Delaware.

**HENRY BELIN, Jr.**

General Agent for the Wyoming District, 116 Wyoming Ave., Scranton, Pa.

Third National Bank Building.

AGENTS: THOS. FORD, Pittston, Pa. JOHN H. SMITH & SON, Plymouth, Pa. E. W. MULLIGAN, Wilkes-Barre, Pa. Agents for the Mopano Chemical Company's High Explosives.

**ADVERTISE YOUR WANTS IN THE SCRANTON TRIBUNE**

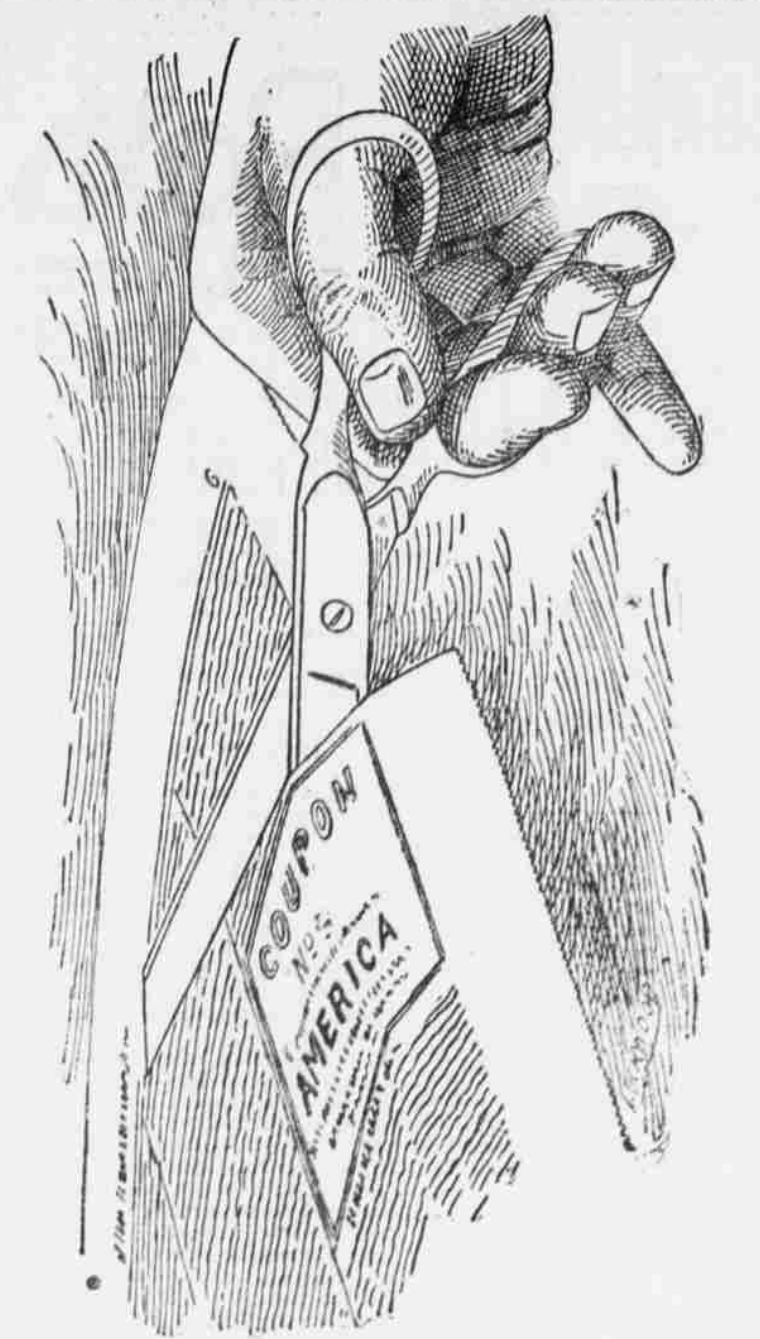
**BLOOD POISON**

Remedy for blood poisoning, skin eruptions, etc. Sold by H. C. SANDERSON, Druggist, Scranton, Pa.

**DEXTER SHOE CO.**

143 FEDERAL ST., BOSTON, MASS.

Special terms to Dealers.



In the snip of the shears, The bondholder hears The sound of his money enhancing; Why not copy his way, And clip every day To get something that's quite as entrancing.

**You Can Do It!**

BY SNIPPING AND CLIPPING YOU GET \$24 VALUE FOR TEN CENTS.

Just to think of the delights of a trip all over our own country, from Alaska to the Gulf of Mexico!

**AND JUST THINK OF**

Being able to do it in easy stages, at TEN CENTS "a stage," including the services of a guide! Yet, that is just what we do for you.

The incomparable world-famed traveler and lecturer, PROF. GEO. R. CROMWELL, is the guide. Journalistic enterprise is the conductor of the trip.

## America

"From Alaska to the Gulf of Mexico."

will be published in weekly series of sixteen views (each view 11x16 inches, fully worth \$1.50), and will embrace the physical and scenic wonders of

**Our Own Land,**

the whole edited by Prof. G. R. Cromwell. Each series will be enclosed in handsome covers.

The Capitol, Washington. The Common, Boston. Printing House Square, New York. Temple Square, Salt Lake City. Mountain House, Crossan Springs, Pa. Chestnut Street Philadelphia. Yellowstone Falls, Wyoming. House Stone Falls, Niagara. City of Victoria, B. C. Sitka, Alaska.

Each Series Lasts but one Week. See That You Get Them All.

**AMERICA COUPON NO. 8.**

Send or bring two of these coupons, differently numbered, with Ten Cents, and get the first series of sixteen magnificent photographs.

**MARCH 7**

This Coupon, with two like it, but of different dates, and with Ten Cents in cash, will secure one part of the World's Fair Art Portfolio in four parts—the one announced before.

**MARCH 7**

This Coupon, with another like it, but of different date, and with Five Cents in cash, will secure the "Trip Around the World" portfolio of photographs, a rare and interesting glance at noted spots in all climes.