

FARN AND HOUSEHOLD ITEMS


## Phlosophy of Cookery.


 estimatec, becaum it neta directly on hut-
man health, comfort and improvement. One of tho first dutiten of womman in domese visons and the preparation of whitesome
food. The powern of the mind as well as thoso of tho body aro greatly dopendent on
what wo eat and drink. The stomach with its utmost vigor and clearness, nor
can there be strength of muscle to perform can there be shenghe of the wil. To preverve the
thall nourishment of meats and other oles of food, in dressing and cooking, is an scientifle knowledge, added to long experience and observation. Without the
knowledige derived from this two-fold source, a great part of food is wasted and
health infired. It is hicaith injured. It is an ostablished prin-
oiple in physiology that man is omniverous -that is, constituted to eat almost nuy can eat and digest them in a raw state;
but hig health is promoted by their being cooked, that is, noftened by the action of fire and water.

Improving Seed Wheat.
A writor in the Rural Nete Yorker, who
has been remakably successfut in the cul-
tivation of wheat as a firm erop says: it las been my practice for the last eighteen
years to run my wheat for seed over a ver coarse seed sereen, so as to sow nowe but the very largeat kernctia. By no doing I
have improved my wheat no that I have oold my wheat nt home for seed. But in 1871 I
hit upon a new plan. 1 had a piece of Treadwoll wheat that was injured by insecta in the previous fall and kelled by freezing in the winter, so that there wore spots not
worth cuting. After harvest I observed fow scattering heads of unusual size. It occurred to me that there was wheat that
had withstood tho ravages of the insects and the rigor of the winter. I gathered
enough to sow one rod square, from which I realized twenty pounds of wheat, of nsually large, ever berry, which was at the harvest I had twenty buabela which weighed sixty six pounda par bushol. It is my opinion that we reailze the best crops from the as well as the auimal kingdom.

Cleaning Wall Paper.
Take a ploce of wood the shape of sorubbing brush, nail a handle on the back,
then apon the face nall a piece of dried sheepskin, with the wool upon it; or flax
or tow will do, or cotton flannel of several thicknesses will nuswer very well. Dip this prush into dry whiting, and rub the smoke lighatly with the brush, on the apper pets with matting or newspapers, as the pets with matting or newspapers, as the
whiting is hadd to sweep of the carpet The whiting that remains on tho wall is easlly brushed off with a soft cloth attached to a stick. It is very effectanal if the
room is not damp and the whiting is dry. Aunt Mary's Brown Bread. Many of the directions for malking brown
bread require useless labor io stirring the rye into the scalded meal, steaming, etc.,
and the product is no bottor than and the product is no bettor than by the
following procens, which makes the bread equal to the beat : Tako 1 quart Indian meal: 1 pint unbolted rye, sifted; 1 oup molasser; 1 tableenpoonful salt ; 1 teaspoonfal soda; milk enough to make a thick botter, an carthen milk dottle, or what in cover the whole wilh an inverted plate, arge enough to prevent its sinking io the batter : bake about three hours. Allowing provesit Yiles on Horses, lowing slingle reolpe for the provention of of walout lenve, when which three handful three quarts of cold wateri let it infuse of night, and next mornlug pour the whole io a kettle and let it boll for a quarter of an Nour. When cold it will be fit for une. No more is required than to molaten the atable, lot those parts which and be be Irritable be smeared over with the mos namely ; Betwoen and upon the ears the neek, the flanks, de.

$$
\begin{aligned}
& \text { Cutting Timber. }
\end{aligned}
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timber ahould be cut when the tree insin lear, and then allowed to lie for some dayi
the leaves will frote the tree and the timber will bo more durable. If the butt of a tree out in thite Way be inmorted in a solutlon of chloride or
ine or of copperas the sol ation zinc or of copperas the solation will be
drama into the wood and the timber made very durable
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