
FARM AND HOUSBHOLD ITEMS


 into Earope eithier by the Crusaders six or seven huugred y years ago, or into Spain by
the Moors. It dald not reach England until within the hate two hundred and fify
yeare, but jist in time to oome ores with somono of tho aurlest settlerse in Amerrica
It was oultivated by the Hudson tiver Dutol, and by the Byy thes on the Dola wivere The Datal mention it us carly sa 1 182, and
from what they say on the subject, it is quito cortain they knew as much about
bockwheat cakes as was ever worth knowing. Prom tirese two centrese of early set.
tlement the cultivation spread over New
 they cieared up in the foreets as corthinty as the Lonog the follows in the pathwy
of the western pioneer, making tht home
wherever the white man builds lits cabin. These three states have always been im-
menso producers of buckwheat, growing twa-hinirs of the whole quantity ringed,
now amounting to many millions or bush-
els annually. Ts cultivation tending through the north and northwest,
until the priesent annual produet is over thifty millitons of buabiols. There are thiree varieties, one of which,
 table, as human food. On new soit this
harsh, coarse graio will yield a hundred Bubhels an acre. Chemistry hus slown
that tuokwwheat abounds in nutritivo material. The straw also contains much
putritive matter, and is readily consumed by mont domentio animals.
The crop is held to be a great cleanser
of the soil from weeds, and is ofeen mowed for that purpose. Its roote penetrate
 not struggle up to the sum and ripen. Even that stabborn pests, the Candanian
thistle, can le smothered out by suceessive buckwheat crops. It is, therefore,
invalunhlo as a cleanser on Invaluablo as a cleanser on every kind of
leud, wot more especintly bn beavy, moist and less easily worked fronn cleansing purThough weed as stook food, when mixed and ground with oota and fed largely to
poultry, yot it is reognized at tho chief verted into oakes for winter breakfasts. withingly captivates the appetite as they do. The mere flavor of the kitithen, as one
deescends the staircase of a crisp wintor morning, wo sharpens the appotito as to limo dollonoy, light, hot, smoking, and in sofficient quantity, an agooixining iritants to the most evoroly-bahanced temper. No th:
stitution is more Immovably establibited among us than this, Beide it even our National Constitution is a fugitive contriv
ance
Abolish buck heent cakes and we
atiould as the last, but having about it quite tus much sathers.

Keeping Sweet Potatoes.
The following plan of keeping swoet po-
tatoes has proved eminently suceesfoul Firit take your potitoos from the bill carefuily und be sure not to bruise the akins in
liandling them;- after they are thorousbity hasding them; after they are thoroughly
dried, pack tham in boxer in the following manner; Gather A sutflecont quantity =of
sand or fine road dust, and have it thor oughly sereened and dried; put a thin layer of sand upon the bottom of the box, anc lay in a course of potatoes from 8 to 12
inches thick, then pour in enough asid to fill thio interaticen between the potatoes, and so contipue qatil the box in flled. Keep
them in a room where the temperature them in a roop where the temperatur
does not go above $600^{\text {nor }}$ notow 450 Small Hories.
The Southern Farmer says: "Tho ar-
gument may be in favor of great nize, but the facta are all the other way. Large horuthan those of the middle size. They are Thumy, and capoot ill thomselves so quicke.
There lo nothing more surprieling to Weatoru men thas to vihit Montroal and see the mank two with apparent case, A horie of poople 900 pounds in Maine takes the ohalse or makes finy of aixty miles a day over hilts hat might have terifised Hamnitial. But is compact and not tying aronnd loose, It


Dr. J. Walker's California Vin egar Bitters aro a purely Vegetable preparation, made olifietly from the na-
tivo horbs found on tho lotrer ranges of
the Sierma Nevala the mia, the meeticinal properties of which
are oxrracted therefrom without the uss
of Alcoiol. The question is almos of Alcoliol. The question is almost
daily asked. What is the cnuse of the
unparalleled success of Vinkean BryThis?" Our ansser is, that they remove
the cuise of disense, and the patieut re-
covers his health. They are the great blood purifier and. a life-giving principle
a pertect Refionntor and Invigorato: a perfect Reniorntor and Invigorator
of the essec. Never befor in the
histary of the world bar a medicine been
 aro a gentit Pergativo an well an a Tonic,
roliering Congretion or Inflammation
the Liver and Visocral Organs in Bilious

 Grateful Thousands prociaim Vins: goar bitrers the most wonderful In-
vigorant that ever sustained the kinking No Person can take these Bitters
according to directions, and remnin long unwell, provided their bones aro not de-
stroyed by minera poison or other
means, and vital organa wasted beyond
Bilious, Remittent and Inter-
mittent Fevers, which are so prevalent in the valleys of our great rivers
throghaout the United Statees, especially
those of the Mississippi Ohio thoso of the Mississippi, Ohio, Missouri,
Hlinois, Temnescee, Cumberland, Arkansas, Red, Colorado, Brazos, Rio, Grande,
Pearl) Alabama, Mobile, Savaunal, Roanoke, James, and many others, with
their vast tributaries, throughout our
entire country during the Summer and Autumn, and remarkably so during sea-
sons of unasual heat and dryness, are Invariably accompanied by extensive de-
rangements of the stonach rangements of the stomach and liver,
and other abdominal viscera. In their treatment, a purgative, exerting a pow-
erful influence upon theso various or-
gans, is gans, is essentinly necessary. There
is no oathartio for the purpose equal to
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as they will speedily remove the dark-
colored vicid mater with colored viscid matter with which the
bowels are loaded at the same time
stimulating the secretions of the liver, and generally restoring the healthy
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by purfying all its fluids with V rNEASAB by purifying all its flaids with Vnezash
Brtikes. No epidemic can take hold of aystem thus fore-armed.
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Eructations of the Stomach. Bad Taste
in the in the Mosth, Bilious Attacks, Papipta-
tation of the Heart, Inflammation of the tation of the Heart, Inflammation of the
Lungs, Pain in the region of the Kidneys, and a hundred other painful symp--
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 most obstinato and intractable cases. Rheumatism, Gout, Biliows, Remit-
tentand Intermittent F Fevers, Diseases of
 Mechanical Diseases,- Persons on-


 ter, salt-Rheum, Blotches, spota, Pimplos,
Puastules, Boils, Carbuncles, Ring-wormi,

 of theso Bitterl.
Pin, Tape, and other Worms,
tarking in the
 thelminitios will froe, the eyntom from wormi For Female Complaints, in young
of old, narried or ininflo, at thod iwn of
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 Thon, is so combined as to have easity tiqested und assimintated
with the blood as the simplest wion It inod as the simplest
food. It inceases the quantly

 Vichot ant vitalized blood permeatos every part of the boar-
repairing damajes and worte, searohing out morbitl secre tions, and leaving noth ing for
disease to feod upon. This ts the seopet of the won-
alerfulsuccess of this remedy in
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ouring Dyspepsin, Liver Com-
plaint, Dropsy, Chronte Diarrhce, Boils, Nervous Affections, Chills and Fevers, Mamors, Loss of Constitutional Vigor, Bladder, Femnie Complatnts,
and all
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stateof the system. Yoing fred
from Alcohol, in any form, its from Alcohol in any form, its
energizing eftects are not fot
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loveed by correspondiny rece
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sing sut sing streng th, vigor and new
Bifointo all parts of inc sustem,
and buthating up an lron ConThousands have been changerd weak, sickiy, suffering, crea-
tures, to strong, healthy, and
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