

Tuesday, October 22, 1872.

### FARM AND HOUSEHOLD ITEMS

We invite communications from all persons who are interested in matters property belonging to this department.

### Colds, And how to Treat Them.

When you are attacked again with a hard cold treat it as follows: Eat no supper. On going to bed drink two tumblers of cold water. On rising in the morning drink freely of cold water. For breakfast eat a piece of dry bread as large as your hand. Go out freely during the morning. For dinner eat about the same as you ate at breakfast. During the afternoon take a sharp walk, or engage in some active ex- of deceased persons, and great care will be taken ercise which shall produce a little perspiration. Go without your supper and retire early, drinking, before you jump into bed, as much cold water as you can swallow .-The next morning you are nearly well. If, instead, you feed the cold, it will stay a week or ten days, and wind up with a hard cough, and expectoration. A cold is not, as many think, the result alone of exposure Mutual Fire Insurance Company, to a sudden change in the atmosphere. It is the product of two factors; one is a cerstain condition of the without. The only soil in which this plant can grow, is a certain condition of the system, the prominent feature of which is a deranged stomach. Those who have good digestion very rarely have colds. So, to prevent colds, you must keep your stomach in a good condition; in other words you must keep yourself in high health. There are some habits which give a general tendency to colds. For example, the use of hot drinks, which in addition to flooding and weakening the stomach, open the skin, and increase thereby sensibility to the influence of external changes; the use of warm baths, especially warm foot baths; sleeping in close unventilated rooms; wearing the same flannels during the night that have been worn during the day; using fat meats and pastry thereby deranging the stomach and liver .-Dr. Dio Lewis

### The Application of Bone Dust.

Why is it needful that bone dust should, in some form or other, be added to our soil, in order to keep it up to its full work in producing crops? The obvious answer is, that we must replace what we have removed in the crops, or animals pastured on the products of that soil.

That much is carried entirely off the farm may be thus shown: Every cow whose milk is sent off the farm, should give about two thousand live hundred quarts of milk which will contain about sixteen pounds of phosphate, which is equivalent to thirty pounds of bone dust. Each will produce a calf, which going off the farm, will take with it twenty pounds of bone. From this we see that, independent of the loss from the imperfect preservation of the manure and urine we take from the land at least fifty pounds of bone material to each cow, which in some form or other must be replaced, or the land will lose some of its fertility. It is this fact which has given rise to the idea that a milk dairy is very hard on the land. Such is, undoubtedly the case. It is more exhausting than a butter dairy, where the milk all remains on the farm, and only the butter is removed to the city.

There are other forms in which this loss may be replaced, except the direct application of bone dust, but that an equivalent must be given for all that is actually removed, no one will deny for a moment.

## Destroying Stumps.

A little excavation is made under the stumps, between two of the large roots, some combustible material put in and then set on fire. Previous to this, however some dry materials should be piled around the roots, above the surface of the ground, and covered over with a campact layer of turf, forming a sort of coal pit. It has been found upon experiment that the stumps will burn in this way a number of days, with a subterranean fire; and when the turf falls in, nearly all of the roots are found consumed below and above the surface of the ground.

The hole left by the consumed stump will be found to contain a quantity of ashes, charred wood, burnt earth, &c., -all valnable fertilizers-a part of which may be thrown out for use elsewhere.

TA Correspondent of the Rural New Yorker says that last year on a piece of ground 19 by 20 feet, he raised ten bushels of onions from black seed. He raised onions on the same piece of ground the previous year, and they did not pay for the seed, they were destroyed by maggots and wire worms. He procured three bushels of salt and two barrels of fish and pork brine and top-dressed his garden (about onefourth of an acre) with it, after be had gathered all his vegetables. Last spring he ploughed the garden and put on three or cart loads of well rotted hog and chip manure, and such vegetables be never rais-

Photographs!



Photographs!

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The location is more accessible to all parts of New York and Brooklyn than any other house in the city. The Broadway Stages pass the hotel every three minutes, besides various lines of Street Cars, one of which intersects every other route in New York.

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It being but two blocks from Fulton Ferry, makes it convenient for those wishing to visit the "City of Churches," as from this ferry diverge all theprincipal Kaliroad routes in the city of Brooklyn. (5.9dp) GEO. N. TEBRY, Proprietor.

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23. Orders may be left for him at the stores of F. Mortimer & Co., New Bloomfield, or Milligan & Musser, Newport, Pa.

2. S. WHITMORE.

Bloomfield, January 25, 1870. WHITMORE. A SPLENDID ASSORTMENT

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CURES THE WORST PAINS
In from One to Twenty Minutes.
NOT ONE HOUR
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SUFFR WITH PAIN.
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IF HOM ONE TO TWENTY MINUTES, no matter how wholent or excruciating the pain the RHEUMATIC, Bed-rittles, Infirm, Crippied, Nervous, Neuralgic, or prostrated with disease may suffer.

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WILL AFFORD INSTANT RASE.
INFLAMMATION OF THE KIDNEYS.
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BORE THROAT, DIFFICULT BREATHING OF THE LUXGS.
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Twenty drops in half a tumbler of water will in a few moments cure CRAMPS, SPASMS, SOUR RYOMACH, HEACTBURN, BIOK INFADACHE, DIARRHEA, DIARRHEA, DIARRHEA, DIARRHEA, DIARRHEA, BOYNESTER, COLIC, WIND IN THE BOWELS, and all INTERINAL PAINS.
Transfers display the house, A few drops in water will be revent schedus or palus from change of water. It is better than French Brandy or Hitters as a stimulant.

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FEVER AND AGUE cured for fitty cents. There is not a remedial agent in this world that will cure fyery and ague, and all other Matarious, illious, Stariet, Triphoti, Yelow, and other Fevers raided by RADWAYS PILLS) so quiek as RADWAYS HEADY RELIEF. Fitty cents par better. Sold by Drugists.

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JAMES H. GRIER,

Sec'y of Pa. Central Ins. Co.

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