## ©he ©imes，New Bloomfield，pan．


$\frac{\text { Tuesday，October 22，1872．}}{\text { EARM AND HOUSBHOLD ITEMS }}$


Colds，And how to Treat Them． When you are attacked agnin with a
harci eold troat it as followa：Eat no sup－ Lard ocid troat it as follow：Eat no sup－
por．On going to bed drink two tumblers por，On going to bed drink two tumblers
oc ootd water．On tising in the morning
drink freety of oold water．Fo For trakifast eat a piece of dry bread as largo as your band．Go out froely during the morning．
For dinuer eat For dinner eat about tbo oame as you ate
at breakfaut．During the afernoon take a sharp walk，or engage in some aetive ex－
ereute which shall produce a littlo peospira－ ercrise which shall produco a littlo penspira－
titon．Go without our supper and dotite early，drinking，betoro you jump into bed， The next morning you are nearly well．If，
instead，you feed the cold，it will stay a weok or ten dyys，and wind up with a havid cough，and expectoration．$A$ cold is not，
nas many thing，the reault alone of exposure is tho product of two factors；one ine． tain condition of tho without．Thi only
soil in which this plant can grow，is a cer． tain condition of the esytem，the prominent
Coture of when Ceature of which is a doranged stomach． have colds． so，to prevent colds，you must

keep y | other worrts $\begin{array}{l}\text { youn must keep younsel in } \\ \text { pilgh heallh．There are some habts which }\end{array}$ |
| :--- | give a generat tendency to colds．For ex－

ample，he use of hot drinks，which in ad－
dithon to tood act，open the skin，and increase therob seubibitity to the influence of extermal warm foot laths ；sleeping in in close un－ vontilated rooms ；wearing the same flan nelim during the night that have been worn
during the day；uning fat meats and pastry Dr．Dio Leveris

## The Application of Bone Dust．

Why is it needful that bono dust should， in some form or other，be added to our noil，
in order to keep it up to its foll work in producing crops？The obvious answer is， that we must rephace what we have remov－ products of that soil．
That much is carried extirely off the
farm may be thus shown：Every whose milik is sent of thoffarm，stoculd give about two thousandfifive hundred quarts of milk which will ootatin about sixteen to thirty pounds of bone dust．Each will prodice a call，which going off the farm，
will take with it twenty pounds of bone From this we zee that，independent of the manure and urine wo take from the land at ceast nify pounder of bone matorial to must be rephaced，or theme form or other of its fertility．It is this fact which heme given riso to the idea that a milk dairy it very hard on the land．Suech is，undoubtedly batter dairy，whero the milk all remains on the farm，and only the butter in ro－ moved to the eity．
There are other
may be replaced，exce in which this loses may be replaced，except the direct ap－
pilication of bone duat，but that an equivan lont nuast be given for all that is actually removed，no one will deny for a moment．

Destroylag Stumps．
stumpe，between two of the large the stumph，between two of the large roots，
some combuatible material put in and then set on fire．Previous to this，however some dry materials should be piled around the
roots，above the surface of the are covered over with a campuct tayer of and covered over with a campact layer of turf，
forming a sort of coal pit．It has been found upon experiment that the stumps with a nubn in this way a number of daye， turf falls in，nearly allof the roots are found consumed below and above the surface of the ground．
The hole lef by the consumed atump will clinred wood，burnt earth，de．， all val－ zable fortilizers－a part of whloh may be thrown out for use eliewhere．
Car A Correppondent of the Rural Newo Yorker nays that last jear on a ploce of
ground 19 by 20 feest of onlons from black eeed．He raised on－ tons on the same piece of ground the pro－ vious year，and they did not pay for the seed，they were deatroyed by maggota and Wire worms．He procured three bunkeln of
salt and two barrels of tath and pork brine aitt and two barrels of tiah and pork brine
and top－dreened his garden（about one－ fourth of an acre）with it，after be had gathered all his vegetablos．Last mpring
he ploughed the garien and put on three os cart loads of well roted bog and chip manure，and such vegetables be never raio－
ed before．

Photographs ！Photographs


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and agent

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Aprlil hoi，1872， ets，${ }^{86,198} 00$ ADKIZ H．GRIER，$\downarrow$ JOHN D．HADESTY Beeretary．DIRETORS：





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