

THE SICKNESS AT LONG BRANCH.

Dr. Sayre, the eminent physician, and Dr. Murphy, the Health Commissioner, who were requested by the Mayor of New York to visit Long Branch and examine into the character of the disease there prevailing, have made a report on the subject. The gentleman states that they arrived at Long Branch on the afternoon of the 22d instant, and devoted two nights and a day to the examination of the disease. There have been ninety cases and thirty-seven deaths at Long Branch and its vicinity since the breaking out of the disease.

The disease commences with a violent chill, and the first stage lasts about sixteen hours. During this many die. The second period is from two to three days, after which convalescence may take place. The most alarming symptoms are congestion of the head and nervous paralysis, which, until removed, render the administration of remedies ineffective. The technical name of the disease is cerebro-spinal meningitis, and the membranes of the brain and spinal marrow are the seat of inflammation.

It is neither contagious nor infectious, nor are there any atmospheric conditions which were obvious to cause its existence. There are no swamps or stagnant water in the vicinity from which the presence of malaria might be inferred; on the contrary, the situation is on sandy soil, and open to the pure air of the ocean.

The diet of many who have been seized has been bad. Flour made from spoiled grain has been employed as an article of domestic consumption, and a substitute for coffee made to a considerable extent from smutted rye has been used. It is the custom of many families to burn kerosene lamps all night, the wick being kept put down. This vitiates the air, and fills the sleeping apartments with an impure gas. Every case of the disease (and the physicians visited all now sick) could be traced to distinct causes, the depression of the system by improper food, by breathing foul air, or by fear and moral influences of a dispiriting character. Exposure to cold or fatigue when would bring on the attack.

GYMNASTICS AND CALISTHENICS. The arrangements and facilities of the "Institute" of Professors Hillebrand and Lewis, for teaching and practicing these important arts, are most complete. They paid a recent visit to their establishment, and upon first ascending the stairs we were shown into one of the large saloons which is generally used by Ladies. It is furnished with every conceivable form of gymnastic apparatus, a class of children were going through light exercises with wooden dumb-bells and rings. They changed from this exercise to the use of the apparatus, in which the took great delight and displayed much agility. They went through a regulated performance suited to their abilities. It was easy to see by the grace and skill they displayed which of them had recently commenced and which were adepts in the art. The Professors are of opinion that light gymnastics, while excellent for weakly persons, are insufficient for the powers of a healthy man. They adopt a style of gymnastics between the two, neither very light nor very heavy. But they wish it distinctly understood that they use the light gymnastics (or calisthenics) as one branch of their exercises. In regard to the benefits derived from the exercise of the gymnastics, they are too numerous and too well understood to need special comment.

Gymnastics not only impart fullness and strength to the muscles but they increase the flexibility of the frame and the dexterity of the movements, and thus contribute to the removal of various deformities and chronic diseases that are beyond the reach of medicine. Exercise tends to eradicate disease. The early stages of consumption, debility, rheumatism, scrofula, hysterics, abdominal diseases can be benefited or entirely cured by gymnastics. Lord Bacon declared that gymnastics were a universal panacea. The Institute of Messrs. Hillebrand & Lewis is a class of all ages, and of different sexes, the ladies department being entirely separate. Also drawing, dressing rooms, &c.

INTERESTING CAREER RETURNS.—The census returns of "occupations" is instructive, and at times amusing. Among the occupations recorded we find 4,616 artists, 8 astrologers and 2 astronomers, 216 authors, 19,001 bakers, 2,763 bankers, 2,995 bank officers, 11,140 barbers, 12,263 barkeepers, 112,567 blacksmiths, 2,106 cabinet-makers, 30,100 carpenters, 29,293 chiropractors, 18,437 civil and mechanical engineers, 37,523 clergy-men, 353 cooks, 43,624 coopers, 5 cotton brokers, 2,550 daguerreotypists, 171 dancing masters, 5,008 dentists, 2,394 editors, 2 ex-ecutors, 1,956 telegraph operators, 1,197 farmers, 54,548 peddlers, 25,106 printers, 35,567 railroad men, 411 reporters, 218 sculptors, 90,108 seamstresses, 836 sextons, 164,008 shoemakers, 246 showmen, 1,322 speculators, 110,469 teachers, 1,956 telegraph operators, 1,197 farmers, 4 translators, 8 trappers, 11 ventriloquists, 36,178 weavers, 32,698 wheelwrights, 4 wild-horse catchers, 3,382 wood cutters, &c., &c.

LOST.—In GERMAN TOWN, on the Evening of 24th inst., a FORTÉ MONNAIE, containing TWO HUNDRED AND FIFTY DOLLARS, the holder will be handsomely rewarded on leaving it with the owner, at No. 133 South THIRD STREET, Philadelphia, on or before the 1st of APRIL.

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The "GETTYSBURG BATTLE-FIELD MEMORIAL ASSOCIATION" was instituted for the purpose of securing a permanent and prominent monument to the great battle-field of the war, in the exact condition in which they were left in July, 1863, when the rebel hordes of the invader Lee were driven back from the great soil of Pennsylvania, and when the gallant soldiers of GENERAL MEADE remained in possession of the field which they had won by their valor. The Association has already secured the purchase of Cemetery Hill, Culp's Hill, Gettysburg, and Round Top, with the entrenchments thrown up just upon the eve of the great conflict which was the turning point in the career of the rebellion. The field, with its redoubtable, wonderful stone defenses, its timber breast-works, its lofty heights, with the trees torn by shells and countless bullets, and its long lines of earthwork defenses, have all been preserved intact, and to so continue to preserve them, as to be a monument forever of the greatest American Battle-field, is the object of the formation of the Association. To enable a large number of persons to join in this patriotic work, the projectors of the plan placed the subscriptions at ten dollars each. The payment of this sum makes each subscriber a member of the ASSOCIATION, and PART OWNER OF THE GLORIOUS FIELD OF GETTYSBURG.

What Loyal and Patriotic Citizen of Pennsylvania would not gladly embrace the privilege of recording his name upon this roll of honor, and of insuring himself directly with the field where the lofty heroism of his countrymen vindicated the integrity of the Union and the principles of Freedom? And who would not desire to hand down to a precious heir-loom to his children the evidence of his part in the good work, bearing, as the certificate will, a view of the field which will rank in history with Thermopylae, Marathon and Waterloo?

There are no salaried officers in this Association, nor are there any objects in view in its creation other than those already stated. The grounds were purchased from their original owners at the exact price to be paid for them by the Association, and the points selected, and the prices to be paid for them, are the unqualified approval of a committee of the Historical Society of Pennsylvania, appointed for the purpose of visiting the field. The following are the names of the general officers of the Association, and of the Local Committee in Philadelphia.

HON. JOSEPH R. INGERSOLL, Chairman Provincial Committee. Hon. P. S. PENNELL, Secretary. Hon. T. J. ZIEGLER, Vice Chairman. T. H. CARSON, Treasurer. D. McDONOUGH, Secretary. LOCAL COMMITTEE—PHILADELPHIA. HENRY O. CAREY, Chairman. Edmund A. Snyder, Treasurer. Prof. H. Coppes, Secretary. S. B. Brown, Dr. D. Gilbert, George H. Baker, James L. O'Leary, S. M. Felice, W. A. Galt, Rev. E. W. Huter, Hon. William Strong, Ferdinand J. Droer, Jno. A. McAllister, Chas. W. Child, John H. Usher, Morton McMichael, W. W. Harding, Gibson Passcoe, J. B. Lippincott, John O. James, Albert H. Smith, Geo. W. Forney, Hon. J. Roberts, Geo. F. Lee, Dan'l Dougherty.

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