Mrs. French Sheldon Tells-the Story of Her Expedition to a Dispatch Correspondent.

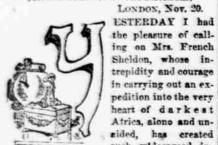
WENT TO STUDY THE NATIVES.

Like Stanley She Was Compelled to Show Personal Bravery and Enforce Rigid Discipline.

SHE SWAM THE STREAMS UNAIDED.

Surprised at the Delicacy of Peeling and Sympathy Evinced by the Black Women.

SCORRESPONDENCE OF THE DISPATOR.1



ing on Mrs. French Sheldon, whose intrepidity and courage in carrying out an expedition into the very heart of darkest Africa, alone and unsided, has created such widespread interest. She was such an important person-

age at the meeting of the British Association at Cardiff that I anxiously sought a chat with her in order to hear from her own lips something of her adventures. I found the lady traveler in her lovely old-fashloned garden, which is situated on the very delicions cool breezes wafted from the river. A poble tree overhapes the stream and in this Mrs. French has ingeniously constructed two most comfortable seats, accesa to which was gained by a wooden staircase artistically covered with grass matting. It looked so delightfully cool and comfortable there that I readily responded to my bostess' invitation to clamber up, and I was pleased to notice that, in spite of her severe accident, Mrs. Sheldon was able to follow

"I am ordered to be out in the open air as much as possible," she said. "It is quite as good up here as on the river; indeed, I

"I should like my sex to feel proud of me," she said when the subject of her work was mentioned, "and I can assure you I have done everything, and more than I ever hoped to accomplish

Why She Made the Journey. "Many motives have been ascribed to me which I never dreamt of in undertaking my expedition. I never professed any scientific purpose, I had no wish for geographical exploration: I simply wanted to study the an English woman. native habits and customs free from the influence of civilization in their primitive condition, more especially among the women. I started on my journey without any companionship; not even a medical man accompanied me; my English stewardess, too, the only white woman in my expedition was taken seriously ill at the outset and had to be carried three-fourths of the way in a very dangerous condition. In the expedition were 130 men, all personally disciplined, directed and led by myself. A great deal of fuss has been made about this me discipline. It must be remembered that the majority of my carsvan party were untrained and unreliable; there was also a disposition to be rebellious. Not only had I to protect myself but the lives and prop-erty of those dependent upon me. I had to gain absolute control over these savages, and I had to gain it by the discipline which

seemed most suitable Would Like to Have Shot Them

"I visited a portion of the country which was salely inhabited by natives who had never seen the face of a white man, much less a white woman. Day after day, in the willtude of these deserts I encountered difficulties which were almost more than human being could overcome. There were times when I really think, had I followed my impulse, I should have shot more than one of these savages. I lay awake night after night trying to solve the problem of justice with mercy. Patience is essential in dealing with these natives, also absolute truth. I never broke a promise I made to them, but the Englishman has established a bad name for want of good faith. The white man, they would say to me, promises much when here, but he lorgets all about it when

myself. I was always the leader. If a ford had to be crossed, I always swam across the first; if a mountain had to be climbed. I took the lead. I never asked them to do anything more than I did myself, and I shared every hardship with them equally. Thus I established a reputation for courage and truth; while, if punishment had to be meted out, it was done with justice, and I waited patiently for the execution of orders. They anw I had absolutely no fear, and they gave me the name of the 'Fearless One.'

A Descendant of Newton.

My education as a child was a help to me. I was brought up like a boy-to swim, ride, shoot, fish, etc., and I led a free life. I have always been a great traveler; I have read most books of travel and have me nearly all the great travelers. I spent two years in Cuba, and I have known Du Chaillu, Garibaldi and other noted men. I belong to a Quaker family; my great-great-grandfather was Sir Isaac Newton; perhaps inherited my perseverance and patient

"Did you meet with opposition from the various chiefs through whose districts you

"On the contrary, I may say without egotism that I was treated like a queen. The natives could not understand a woman in charge of a caravan; the called me in their language 'the woman-man.' They never showed me any rudeness; I received thing but deference and homage from the natives. The chiefs would constantly send messengers and couriers ahead to find out if I intended to pass through their territory either going or returning. I went straight ound and returned to the German side. I frequently received as many as ten oxen as a mark of homage, and the natives would come down to meet me. If ever they avoided me or held aloof, I would go frankly to them with extended hands and offer them attractive gifts.

Fill the Trees With Skulls.

"I particularly wished to get acquainted the the women and children in their home life, such as it is, and they freely admitted me. I witnessed their marriage feasts and even their sacred burial ceremonies. When a native dies the friends burn the body and char it with many secret rites. They cut off the head and place it with others of the family in a tree trunk, burying the body elsewhere. Hence the tree trunks are full of skulls, which travellers often find. It must not be forgotten that these natives are, at the hest, savages. They were interested in what I showed them, but I question if will ever be civilized; certainly not until better communication has been opened up. They do not care to adopt our manner and customs, but prefer their own.

"Many of their customs would seem strange to us, perhaps repulsive; but I will say this: I have seen far greater indecency in London among civilized men and women than I ever saw among these poor savages. Their marriage customs are very strange, well enter into particulars now. I would like very much to give a series of lectures upon the African woman to my own sex; they would be full of interest.

I went to Africa prepared to accept things as they were; I found great delicacy of feeling. Once a band of warriors visited me at my camp in the usual visited me at my camp in the usual state of nudity. I insiste! upon my own expedition wearing clothes, and these warexpedition wearing clothes, and these warriors, seeing them, divined by instinct that
their own appearance might be distasteful
to me, and the next day they reappeared
clothed. I can give another instance of
kindly feeling and sympathy. A young
girl noticed one day I had not any rings on;
I had merely left them off. She felt so
sorry for me that she immmediately drew
off the ring on her own finger and placed it

Mysterious Murmur of the Waves. "I started to explore Lake Chela on April 26. The descent is so precipitous we had to slide down rocks, crawl over pros-trate trees and force our way through the forests, swinging from tree to tree like monkeys. The high cliffs entirely surround the lake, and there is a strange, weird stillness, only broken by the murmur of the waves; although how the waves were caused I cannot discover, there being no current, neither inlet or outlet. We constructed a kind of raft, and thus circum-navigated the take, a distance of about six miles. The lake is infested with crocodiles, and is evidently very deep, as we failed to touch the botton. The heavy rains con-siderably impeded our progress—unfortu-nately it was the commencement of the rainy season when I set out; we were often up to our armpits in the water and

"How did you meet with your secident?" "I was being carried in my palanquin across a swollen torrent. The porters stum-bled, and, seeing a full was inevitable, they let me go, and I was thrown into the water from a height of 40 feet. Had it not been for the palanquin I must have been killed; as it was, I greatly injured my spine. Then the carriers dropped me again, with further injury, and this was the sole cause of my illness. I never had a touch of fever even, but I suffered terrible agony from my fall, and the forced marches in that state utterly prostrated me. I am still suffering and ill, though much better. I attended the meet-ing of the association at Cardiff, and read a banks of old Father Thames, enjoying the paper before them which was very well received, but I suffered greatly from the

A Rare Collection of Curlos.

Upon the lawn the famous tent has been erected, which was occupied by Mrs. Shel-don during the whole of the expedition. Here she slept and received her audiences. Inside was the palanquin which so fortunately saved her life in the terrible fall The photographs which Mrs. French Shelpon has taken are marvelously faithful in reproducing the effects. The difficulties of photography were very great, owing to the enveloping clouds. The portraits of the natives must have been instantaneous, the exact expressions have been caught, even the attitudes and actions. They have in-telligent faces, full of life and expression,

while some are even handsome.

Her collection of native ornaments, jewels, necklaces, bracelets, carrings, skins, spears, baskets, cups and decorations of all sorts are extremely fine. They are all neatly labelled with the date and occasion of presentation or purchase, and may have inter-esting histories attached. The whole, when arranged, will form one of the most complete and unique collections ever collected together. The enormous weight of jewelry worn by native women would very seriously impede, if it did not altogether weigh down, F. C. G.

CHAMOIS SKIN NOVELTIES.

ne Neat Little Gifts That Need Cost but Trifle of Money. TWRITTEN FOR THE DISPATOR.1



for some maiden fair to see at Christmas is a chamois skin with which to dab the last hurried fluff of powder on her face and wipe it away again, as every woman does. Place a medium-sized tea-plate line around the plate upon the skin with a

pencil. Next cut the circle out. Finish the edge by scallops, pinking, or needle-work, and with pen and indelible ink letter the chamois "Mislike me not for my complexion.

A small round powder bag, the size of a butterdish, made of batting-cloth, with a narrow lace edge and filled with starch powder, may go with the chamols. Bows of pink ribbon may be fastened to both powder bag and chamois to hang them up

Pretty table mats, to put hot dishes on, may be made of chamois skin, fastened to a stiff foundation of pasteboard, cut round. When the mats are soiled they may be taken off the pasteboard and washed in warm soap suds. Quotations may be let-tered on the mats with indelible ink if de-

A pretty watchcase is made of chamois skin painted to represent the front and back of a poppy or daisy, and the two pieces but-tonholed together. The same tonholed together. The same, with a thin layer of cotton and sachet powder inside, makes a pleasing sachet.

A monster pansy painted on chamols and ent out in relief, with the back of a pansy for the back of the case, and lined with yellow china silk, makes a pretty handker-chief case. One tide must be left open, so the handkerchiefs may be placed inside the pansy on the yellow silk lining. A pretty book cover is made of chamols skin decorated in brown paint, in conven-

tional design-the brown shading into the tone of the chamois skin and the pamphlet rolled as a scroll and tied with brown cord MARY MAXWELL

USE OF VISITING CARDS.

The Little Pasteboard Can Be Made Express Almost Any Sentiment. (WEITTEN FOR THE DISPATCH.



TR. HOWELLS says somewhere, "Most women can express any sentiment under Heaven with cut flowers." And the same is true of the visiting card-joy or grief, congratulation or

condolence, gratitude,

regret, cordiality, or even of disapproval, and repudiation. To meet all these requirements of courtesy a very large quantity of cards is required by those to whom the exercise of social amenities is the rule of daily life. It suffices to leave your own card for the lady upon whom you call, if she is out or engaged, and your husband's for her and for her husband. If there are daughters in the house who are in society leave one card of your own and one of your husband's for

them, collectively.

If you cannot be present at an afternoon tea to which you are bidden, send your card on the afternoon of the "at home." It is equivalent to your presence and cancels the social debt. Of course, if you attend, you leave your card in the hall, or with the servant who announces you. If the men of your family have been invited, and cannot be present, leave their cards also. If a man is asked and cannot go, he should send his card by messenger or post, if he has no relative to take care of his visiting

Cards of condolence are delicate assurances of sympathy and a graceful attention.

If possible they should be left in person,

but may be sent.
A card with "congratulations" written upon it may be sent to the parents of a newly-born infant, an engaged friend, or to those newly wed. If the parents only of the bride are your friends, send your cards to them with 'best wishes' inscribed. Lizard skin is beautifully marked, and greeting.

DETAILS OF THE TOILET.

Little Things That Go to Make Beauty's Happiness Complete-Small Accession of Dress-Suggestions for Christmas Gifts-Gloves, Slippers, Garters, Fans, Etc., Seen in the Shops. (WRITTEN FOR THE DISPATCEL)



the soup. They give the flavor, for somehow or other they take the impress of the owner's individuality in a special way. Also, they indicate faithfully the degree of her taste. The slipper, the glove or the bangle; the handkerchief carelessly dropped, the ribbon-any one of these things may give away a whole char-

At this time of year one buys the small things of the toilet out of a bewildering environment of conglomerated gold and silver, patches of delicate color, swinging jeweled lamps and quilted silks, exhaling subtle perfume. But they are worthy of their surroundings. Let us look first at the gioves.



A New Glove and Slipper.

The choice for evening wear has the tops vandyked with either white or black wedges. They are of all tints, but the favorite is pearl-gray with black vandykes. Another fashionable evening glove is embroidered on the back and far up the wrist with steel beads. The first are in the better taste, and have the more beauty. Street gloves are worn of very light tints, except for shopping. White and pearl-gray are popular for street and church. Those are of glace-kid, heavily stitched with black. Corsage handkerchiefs are shown in the exclusive houses as a feature of the toilette. They are of mousseline de sole in tints of pink, pale blue and lavender, as well as black, and have borders of colored embroidery. An especially beautiful one is of black with the faintest of pink apple blos-soms worked into the edge. The newest linen handkerchiefs are finely embroidered



Newest House Shoe and Jewel Box.

The very newest thing in slippers is the "Billee Taylor." It has Louis Quinze heels and a pointed tongue which flares a little at the instep. It is made of suede or glare-kid, or of satin, and is furnished with either a large rosette, or a tied bow of satin, of color of slippers. They are in colors to match evening gowns. Some of them are embroidered with gold beads, but the plain ones are in best taste, for it is a mistake to call to the oot the minute study such fine details of ornament make necessary.

The Romeo slipper for house wear, though not new this season, is too charm-

ing to be allowed to fall into disuse. It comes up to the ankle, and is slashed on both sides, and the slashes are bordered all the way round with fur. It is warmly line and may be that of dressed kid, of suede, or of quilted satin, in any color, but the romen of refinement will prefer black or



Glove, Garter and Candle.

Stockings are invariably black, except for evening wear, when they match in color the costume. Black silk stockings are embroidered over the instep with fine lines of strung flowers in colored silka. Black stockings are also beaded over the instep. Tinted evening stockings are ornamented over the instep with open work embroidery. As to garters, there is something to be said-not hygienic, but æsthetic. There is no use in reformers advocating the side variety—there isn't a side garter to be found in the private furnishing houses in New York. Fashionable women will not wear them. The correct thing at this moment is a circlet of satin embroidered with flowers, and furnished with gilt clasps There is no doubt that fashion has the right of it as far as beauty is concerned. More-over the clasps furnish a legitimate excuse for a new jewel. But what I started out to say is that elegant taste will not choose for a garter-fastening over-rich jewels Precious stones are not the best choice, no matter how well you can afford them.
Choose rather enameled inlays or cairngorms and such like stones, in quaint, oldfashioned settings—someting that is valued
for association will give them more worth

Another addition to the jewel box is the tortoise shell, gold and jeweled pins for the hair and hat. Shell hair pins have become a staple necessity, and nothing else so well harmonizes with the hair.

The newest bracelet designs are flexible bands or braided or interlaced strands of gold, which mold themselves delightfully to the arm. Bangles do not wane in popularity. Those of silver wire, both plain and twisted, are still the staple. These wire may be set with gems. A novelty shows a jeweled insect, or a tiny bunch of enameled violets set on the wire. Another novelty is a fine gold chain doubled into a slip-noose, with a pendant on the end, which may be a heart with a blood-red ruby at its center, or anything also you please. center, or anything else you please.

Card cases mus. be of elephant, pig or

wears better than any leather ever used for



sticks. Beautiful coques feather fans are of

ADA BACHE-CONE FRESH SALADS ALL WINTER

Caterer Murrey Suggests Household Plants for Use as Well as Beauty. [WRITTEN FOR THE DISPATCH.]



ULTIVATING nearly the whole list of edible herbs indoors is no more difficult than cultivating the usual decorative plants. Ruskin talks about a man's lying down amid the heather and studying for hours each beautiful spray, curve and bend of some one plant; all

of which is very lovely, but Barnard Phillips, who is more practical, in a charming dissertation on "A Weed Salad," adds a thought to Ruskin when he says, "think of the two-fold charm of seeing such things and eating them." Why not apply the idea to house plants and produce plants that are not only beautiful but which may at a moment's notice be used as a winter salad?

For there are times when even in large cities it is almost impossible to obtain proper ingredients for a fresh salad. Those who have the room and the little knowledge ecessary may be armor-proof against such necessary may be armor-proof against such occasions. The more pretentious salads, such as Barbe de Capuchin, dandelion, fetticus, endive, etc., can be raised in the vault, cellar, or in any spare room, if it is of proper temperature. A window box containing a few plants each of pimpernel, tarragon, chervil, borage or chives, has often supplied my own winter table with the fragrant herbs so essential in a perfect salad, and without which many salads are alad, and without which many sa saind, and without which many saines are incomplete. A box of parsley on a sunlit kitchen shelf and a few water-cress, mustard, celery, chick-weed plants in hanging baskets will, with but little care, supply the necessary green for garnishing dainty dishes.

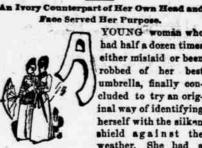
Anyone who has successfully raised flowers indoors should have little trouble in various saled plants.

in raising salad plants. An even tempera-ture, fresh air and fairly rich loam are all that is requisite. The flavoring herbs, and those used for garnishing, must have air and sunlight; the more pretentious plants, with the exception of lettuce, require a moderately warm dark place.

Perhaps the window-box of tarragon and

Perhaps the window-box of tarragon and other small herbs will yield the most satisfactory results. They are not only ornamental, but a few leaves may be cut from them daily without injuring them; two tarragon roots supplied me daily with fresh leaves for our salads, and with tarragon vinegar for three months THOMAS J. MURREY.

HOW SHE KEPT HER UMBRELLA.



YOUNG woman who had half a dozen times robbed of her best umbrella, finally concluded to try an original way of identifying herself with the silken shield against the weather. She had a new one made and mounted on an ivory

topped stick. Then she had the heavy piece of ivory carved into an excellent counterpart of her own head and face. No one looking at the bit of ivory work for an instant could mistake the likeness between the owner and the head of the handle. Her friends predicted that the beauty of the handle would only add to the induce-ment to steal—for the head and face were exceedingly beautiful, and the shrewd young woman knew perfectly well that they were, when she ordered it. But the strange part of it was that it didn't. For six years the owner has carried that umbrella, through rain or shine, having a new cover put on when necessary, and only once has she missed it. That time, she left it standing in a shop, and before she had made the rounds of the place a polite floor walk-

rounds of the place a polite floor walker had returned it to her with a smile. ETIQUETTE AT WASHINGTON.

A Good Deal of the Continental Idea Bank Has Crept in There.



ASHINGTON society has already begun to discuss matters of official etiquette. Washington etiquette is difrerent from that of any eity in the United States, and many of our most prominent ladies are at a loss about many conventionalities during their first year in Washington, Strang-

ers here always make the first call, and the person of lower rank always calls upon hose who are above her. The wives of public officials are expected to return all calls made upon them whenever the caller leaves a card. These calls often amount to a thousand on a single reception day, and it is impossible to know who the representarives of the cards are. When Mrs. Senator Sherman was the wife of the Secretary of the treasury she found herself once calling upon the wife of her butcher, and another Cabinet officer's wife, in makand another Caoline olineers whie, in making her rounds of return calls, found herself taken up a back stairs over a corner grocery, and recognized the lady whose call she was returning as her maid's dressmaker.

CHRISTMAS FOR THE LADIES.

How a Woman Can Delight Her Twoof Friends at Small Cost.

[WRITTEN FOR THE DISPATCH.] You have just aedouble score of women friends that you would like to give a Christmas remembrance to. Well, take two ounces each of spermaceti, white war and olive oil, melted together over hot water. Stir thoroughly, then take the bowl away from the heat and beat until the mixture is quite cold, beating in two ounces of rose water and six drops of attar of roses. The cream, when cold, should be the most glorified ointment, you ever saw; soft, fine, without grain, perfectly white and fragrant as the rose gardens of Damascus.

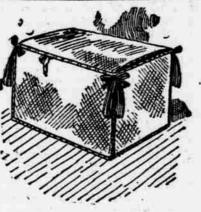
When the creamy, soothing compound is done, fill with it half a score of those chubby covered pots or square covered boxes of porcelain that you can get at any shop for a few cents, tie the lids on with ribbons, and they are ready to send away with a card and a jolly little Christmas greeting. RELEN WATTERSON. FROM HUMBLE MATERIAL

retty Things for Home Dec of Straw Matting-Hints That Will Suggest Many Designs to the Intelligent Home Lover-Shoe Boxes, Paper Holders, Screens, Etc. [WRITTEN FOR THE DISPATCE.



HE finely woven Estraw matting which the skillful fingers of the Orientals make for the covering of tea chests or the bales of straw floor-cloths which every spring sees sent to our shores by the thousands

are worthy of a better fate than to be torn off and cast into the fire. Get from your carpet-man half a dozen of these covers, rip the coarse twine stitches and throw the matting into a tub of water, letting it lie there 24 hours. Have ready a large pair of tailor's shears, boxes of steel tacks, and other boxes of bright-headed brass tacks, a hammer, some strong gine, some bolts of red tape, strong needles and linen twine, and some yards of fresh manilla rope neither to thin nor too heavy.



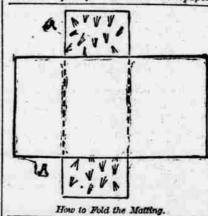
A Shoe Box for a Bedroom.

Let the first experiment be on a footstool or shoebox. Cover the sides with a
strip of the matting precisely as you would
cover it with cretonne or chintz; hide the
raw edges by tacking over them the gray
tape. Before covering the lid, place a
thick, even layer of cotton batting over the
board, a precaution which will add greatly
to the appearance of the box. Take the
manilla rope, which, by a little care, can
be found in a shade that harmonizes very
pleasantly with the matting, and outline all pleasantly with the matting, and outline all the edges and corners of the box with it, using plenty of brass tacks. At the corners nail on tassels made by sewing the rope into a double upright loop, and raveling the long ends into a handso e fringe. The shoebox is done, and a very dainty thing it is to stand beside your bedroom grate.



Cut a piece of metting 27 inches by 14 nches. Bind on the sewing machine with very wide gray tape. Outline the tape or both sides with a strand, or better still, double strand of rope, which is greatly im-prove by two coats of bronze paint. Double' back one-third of the strip, sew five brass crescents across the top, and with bronze paints, using two or three colors, and outlining these with dark brown or olive oil color, paint some large, scattered daisy-like figures. On the pocket paint in large irreg-ular letters the name of some favorite pubication, and you have a secure place for

Everybody must be sick unto death of the be-ribboned plush photograph holders. Here is an idea, not only for photographs, but for the larger plates and engravings that accumulate so fast nowadays. While that accumulate so fast nowadays. While the matting is very wet, out out a piece long enough to be folded in a three-fold case, allowing on all sides a very wide margin. This margin you must fold back and iron into place. When nearly dry, fold into three parts indicated in the figure here, leaving out of mind the figured flaps at the side marked A, which are to be added afterward. Now place between plenty of old newspapers

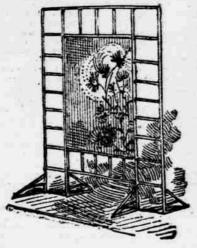


and under heavy weights to dry. When it is done, take some pretty Japanese cotton, stamped with golden figures. Cut a sheet of cotton wadding the exact size of the folded matting and gum over this the crepe, taking care that the gum be very strong and a quick dryer. Attach to the top and



the lining, fold and tie with odd-looking

gold cords For a scrap basket make a box like a huge muff-box of pasteboard. Twine a gilded rope around it at top and bottom, fastening each of these in as intricate a knot as your fingers can fashion and tacking them flatly in place.



A Borem of Matting and Bamboo

A last hint! A grate screen. For the frame, 24 by 44 inches, use the bamboo fishing rod, being careful to have the corresponding parts in equal sizes. Stay the feet in the odd and pretty way the sketch suggests, and make free use of short stems as spindles. Fill in the center panel with a sheet of matting, and on it paint some effective study—a flight of birds, a sheaf of desp-toned chrysanthemums a bough of eep-toned chrysanthemums, a bough of gwood or a cluster of golden-roo DELAWARE

QUESTIONS BEAUTY PUTS.

tirley Dare Answers a Number of Inquiries From Her Readers-Red Cheeks and White Teeth-Impoverishments of the Blood-What to Wear in Rainy



UERIES of a sensible nature in regard to hygiene, personal culture, domestic affairs and coametics, will hereafter receive as prompt attention as possible from Shirley Dare. her, care of THE DIS-PATCH, signature and

ddress being given as a guarantee of good faith. Following are some of the queries already in hand, with Shirley Dare's answers DELLA-Kindly tell me something that

will make the teeth white. Prepared chalk No, chalk neutralizes acids about the teeth, but does not whiten them. For this, use the finest powdered charcosl, and castile soap, rubbing the toothbrush on the soap, wet, and then dipping in the charcosl, which should be kept in a broad, shallow

box.

"Also something to rid the hair of dandruff and make it grow thicker."

Three Treatments for the Hair. You may take doctors' advice and rul vaseline fully over the scalp at night, and comb it out with a fine comb in the morncomb it out with a fine comb in the morning. Nothing will make the hair thicker and glossier than such treatment, while it keeps the scalp clean. As the trouble disappears, the application may be made once a week. Wash the scalp with soap-bark and water, enough to make a good lather, rinse the hair and at night wet it thoroughly with strong sage tea, a handful of sage to three pints of water, boiled down to a quart. This also is excellent to darken the hair. Southernwood boiled in olive oil strained Southernwood boiled in olive oil strained Southernwood boiled in office oil, strained and perfumed slightly will keep hair from failing. "What will make my cheeks red?"

I am very pale, always eat baked apples at nearly every meal or drink the juice of the stand take sweet cider in which rusty nails have been steeped over night, as a morning draught. Drink a gill each day before breakfast. Keep in the sun and open air, and rub cheeks with flannel several times a day, to direct the circulation of blood to the

To Smooth Down the Skin. CICELY-Give me some remedy for rough

To keep the skin satiny and in good con-dition, treat it as grooms care for horses, to give them a fine coat. Rub the skin twice a day, thoroughly as if you were grooming yourself. Good rubbing with a brush bath mitten opens the pores of the skin, circulates the blood to the extremities, produces fire and healthy perspiration, and takes the place of other exercise. It actually makes the tissue of the skin finer, as leathe grows close in texture by working it with the hands. Rough knit silk is the best for friction to give a fine finish to the skin, and real toilet cerate leaves the face like velvet. CHIT-What will make my eyelashes grov

long and full?

Moisten them at night with a drop of purest olive oil. This must be kept up nightly for a long time and will darken the shes as well as make them grow. Young Mrs. Brown—I have several pretty boxes, and other pieces in white, unvarnished wood, but they show handling

easily. How can they be kept without By rubbing with fine sandpaper which removes every mark. Getting Up a Good Breakfast.

"Please give something easy and nice for Shape cold boiled wheaten grits or ostmeal into round cakes; beat one egg in a
large cup of milk, dip the cakes in, drain,
pepper and salt each, and fry with a little
butter. Very little butter answers when
eggs and milk are used before frying. A
dessert spoonful will fry enough cakes for a
small family, and it gives a relish nothing
else can impart. Use those wheat croquettes with meats, as a change from potatoes. Home sausages are made by chopping
rare beef over night with plenty of herb
seasoning and twice as much boiled cracked
wheat. This is very savory, wholesome and
convenient for a quick breakfest, and it is
better made the day before, with hot cooked
wheat and allittle rich gravy, seasoned highly
as good pork sausage, and left to absorb the
flavor over night. When used, it is molded
into balls and fried quickly. This sausage
meat can be prepared in quantity in cold
weather and kept in jars, the wheat being
added the evening beforehand, and added
hot. The fat of roast beef or steak, well
chopped and blended with the rest in this
way, is relished and seems to be perfectly Shape cold boiled wheaten grits or oatway, is relished and seems to be perfectly well digested. The fat being very finely divided, the gastric fluid acts more directly upon it, and the salt and herbs stimula

MARY MAY.—"I am chilly spite of all the clothes I can wear. How shall I keep warm this winter?" She Must Thicken Her Blcod. Such morbid chilliness shows poo

Such morbid chilliness shows poor blood. You want good nourishment and electricity. One of the first observa-tions made in the application of static electricity was that it increased the temperature of the body by several degrees. To get the best warmth from elothing, we must wear fine fabrics next the skin, and fluffy material on it. A vest of fine thin silk next the recrea the skin, and fluffy material on it. A vest of fine thin silk next the person, and a soft knit wool vest over will be found to have double the warmth of two wool jerseys. Pointed trimmings of fur on the front and back of dress waists protect the lung, and with edgings of fur at the wrists, add immeasurably to comfort. The little inch fringes of fur now fashionable, hinder the passage of cold air at neck and wrists, over the arteries, when it can chill portfolio. When these are dried gum in

chilled. If the lower part of the person is cold, in spite of clothing, as often is the case, it calls for protection to the fact. Silkfeoted stockings, and fur-edged boots and slippers, the former with very thin cork soles, or water-proofed leather will soon dispel the coldness which develops sciatica

GENTREL KATE: "Shall I buy a silk rain-cloak, or an English Mackintosh?" Neither. The odious smell of rubber leads susceptible wearers to discard these for the newer cloaks of fine twilled clotn so closely woven and treated as to he not merely shower-proof but stormproof. In dark cloth colors, in the deep capes, these cloaks are good style for traveling in any weather, and are quite light which is a recommendation. They cost from \$16 to \$18, and are intended to last at least half a SHIELEY DARE.

A MASTER OF SOCIAL CEREMONY.

Mrs. Attorney General Miller Favors a Custom of Foreign Capitals. Speaking of the social customs of Washington Mrs. Attorney General Miller ex-plained herself the other day to a DISPATCH

correspondent as follows:
"I well remember the embarrassments of "I well remember the embarrassments of my first year at Washington. My entire time was spent in asking questions, and after all my asking I never seemed to get the right view of the situation. The matter of returning calls worried me considerably. I had sometimes from 800 to 1,000 calls a day. Some of the cards contained no addresses, and I found, after long searching, that many of them were left. long searching, that many of them were left by strangers in Washington for only that day. I returned such calls as I could,



Wife of the Attorney General. from Shirley Dare. and had to let the rest go. I averaged from Letters may be sent to 20 to 30 calls every day of the week during the season, and upon my reception days I received hundreds. I can make from 20 to 30 calls a day myself, but returning 500 is a different thing. I think we should have here at Washington a master of ceremonies, who should be appointed to decide all questions at issue upon social topics and whose word should be law. Such an officer lives at many of the foreign capitals, and if a proper method could be got of appointing one here, it would be a good thing for all

> THE NECESSARIES OF TRAVEL Chicago Woman Starts Around the World



outfit, except what she wore. The sum of these latter garments was this: One union suit of light wool; a di-vided skirt of blue serge, lined; a blackvided skirt of blue serge, lined; a blackcloth gown, made in one piece; a long serge
traveling coat; a black bonnet and
gloves; heavy soft kid boots, and
black wool stockings. In her bag
she carried a second union suit, like the
one she wore, and one a little heavier, a
pair of equestrian tights, a second pair of
stockings, a black silk princess gown, and
a bedroom wrapper, also of silk, one cotton
night-gown, two neckhandkerchiefs of
black silk, and two of white, to fold inside
the necks of her gowns, which she wore
low, half a dozen pocket handkerchiefs,
and a black searf for headgear in crossing.
That was all—not even a band-box, not a That was all-not even a band-box, not

petticoat, not even a frill. HELEN WATTERSON.

SPEAKING OF HUSBANDS. Simple Rules That May Relieve Young Wives of Embarrasement

(WRITTEN FOR THE DISPATCH, 1 In speaking of her husband, a woman never makes a mistake if she calls him, "Mr." or "my husband." It is sometimes difficult to decide when the husband has a title just what the wife should do with it. title just what the wife should do with it. This is the severest rule. In speaking of her husband she should not say "General A.," or "Doctor B.," but "Mr. A.," "Mr. B." No matter what he is—Judge, Governor, Captain—to her he is and should be, plain "Mr. A." Mrs. Grant never even when her husband was President, spoke of him other than Mr. Grant, though it is the custom of the President's wife to speak of him as "the President." him as "the President."

The one exception to this rule of ignoring her husband's official or professional titles, is when the wife presents him to any one else. Then she says, "my husband, Senator Smith," or simply, "Dr. Jones." The reason for this is evident. It gives the proper clew to the stranger who would wish, of course, to address the new acquaintance

of course, to address the new acquaintance with the proper title.

Last of all, let any wife take heed how she wears her husband's title and allows herself to be spoken of as "Mrs. Governor Jones," or "Mrs. Secretary Smith." No matter what title her husband has, she has no more right to wear it than she has to wear his shoes.

HELEN WATTERSON.

WOMEN IN THE LAW.

The Charming Young Lady Who Is Now Practicing at Bucharest.

HER STUDENT LIFE AT PARIS. Remarkable Ground of the Objections Made

THESIS ON THE RIGHTS OF MOTHERS

to Her Admission.



Fig forehead, sparkling dark eyes and rich brunette color offset by a natty gown of brown cloth, with sleeves and trimmings of brown velvet shot with gold and a dashing hat garlanded with pink silk hollyhocks, and you have the portrait of Mile. Bileesco as she was wont to appear in the boulevards of Paris. Only child of a wealthy banker of Bucharest, the capital of Roumania, it was in obedience to to her father's wishes that she pursued the study of the law. Carefully instructed by private teachers at home, she passed the examination with the young men in the col-

A Tumult Among the Professors She then sought Paris and applied for admission to L'Ecole du Droit so pursue the course with the young men. The application created a tumult in the classic temple. Three professors in the faculty strenuously opposed her admission on a ground that happily could not exist in America, namely, that the young men might be wanting in respect toward her,

lege of Bucharest, taking, at the age of 17,

the degree of Bachetor of Letters and Sci-



Mademoiselle Eilcesco

From a lycee of 500 men she took the highest rank, and this intellectual triumph outweighed the moral scruples of the faculty, and she was assigned a seat aloof, but in the same room with the students. At months' trip around the world. She carried a public address thanked the young men for the chivalry of their conduct toward Mile. small square handbag, Bileesco, and warmly praised her indus-Six years is the apprenticeship of the law student of France. During these years Mile. Bilcesco missed but one day. Her devoted mother was her constant devoted mother was her constant com-panion, going daily with her to her college and occupying a seat at her side during all the tedious lectures of six laborious years. The portcullis lifted, it will be interesting to note the generations yet required to obliterate that most crippling institution

of the Latin race—the chaperon The French advocate wears in court a black gown with angel sleeves and a round black cap. Should Mille. Bileesee adopt this tradiditional costume, disturbed the faculty no less than her admission. A witty Bayard of the tribune summarily dismissed the difficulty. "An opposition cannot be put upon an opposition," saith the law. "Mademoiselle already wears a gown, and that of the advocate cannot be put over it!"

The last year of the course is given to the preparation of the thesis. Mile. Bileesee argued the rights of the mother in Roman and French law. It is the first time the sub-Controversy Over the Gowa. and French law. It is the first time the suband French law. It is the first time the subject has been legally treated. Broad, liberal, conservative, the thesis won the approval of the most radical conservators, while the suffragists of socialistic tendencies accuses Mile. Bilesso of being narrowed by the influence of her perceptors. From the erratic advocate of woman suffrage, who in their desire to rectify acknowledged injustice, would obliterate at one stroke the traditions of centuries, it is refreshing to turn to the calm reasoning of Mile Bilesso, who from a background of Old World culture and conservatism, confronts the legal emancipator of her sex with the reasoning of a jurist, the delicacy of the refined woof a jurist, the delicacy of the refined wo-man, and the spirit of Christianity.

Mile. Bilcesco is now practicing at the bar of her native city, Bucharest. Accompar of her native city, Bucharest. Accom-plished pianist, elever artist, she is versed in the languages of Europe. "I am study-ing English," she writes, "and hope to master it in time to enjoy the World's Fair."

Firs.—All fits stopped free by Dr. Kline's Great Nerve Restorer. No fits after first day's use. Mar-velous cures. Treatise and \$2 00 trial bottle free to Fit cases. Dr. Kline, 931 Arch st., Phils., Pa.

STORE and office furniture to order. HAUGH & KEENAN, 33 Water street.

Differing in Every Respect.

Dr. Price's Delicious Flavoring Extracts differ in every respect from all others. They are more uniform, more economical, because it requires but a small quantity to impart the desired flavor. They are true to nature, as they are made from the fruit. Their flavor is most delicate and pleasing to the taste. They are not the cheapest but they are the best. Try Dr. Price's Vanilla, Lemon, or Orange Extract and we guarantee that they will prove to be all that could be desired by connoisseurs, viz.: perfection.