

HOW TO BUY MEAT.

People Should Know a Poor Cut of Good Beef is Better Than a Good Cut of Poor Beef.

MAKING THE DOLLARS REACH.

The Use of Soup is Recommended Both From a Health Standpoint and That of Economy.

PREPARING CHESTNUTS FOR TABLE.

Various Recipes That Will Help the Subscribing Housekeeper in Her Work.

Mrs. Will H. Low, who will contribute from time to time recipes for French cooking for this department, regrets that Americans do not know how to use all that is available in an animal.

"I will explain what I mean. Have you ever noticed the butchers' shops where the poorer classes are served? Have you noticed the low prices of the meat, and the quality of it? In France the poorest people can afford to eat the same butchers' shop as the rich.

"A Poor Cut of a Good Beef. In this country (excepting the Germans, most of the French and Italians) everybody wants the best piece.

"I am told by one of the trades that most butchers of the city of New York do not even pretend to keep anything but what are considered the best pieces, of various qualities according to the butcher's proudest.

"Mrs. Low also regrets that Americans do not eat more soup. On this subject she writes THE DISPATCH as follows: Economy Dictates Soups.

Soup is a good, nutritious and digestible food. It is one of the best pieces of economy for the table, every family there eats soup at least once a day.

Let us speak first about the French national specialty, beef soup, or bouillon. To begin, choose a good butcher; this is the first necessary thing.

Buy one pound of meat to each quart of water, and besides have the butcher give you a good piece of bouillon, which is a portion of three pounds of beef, which will give bouillon for three times, at least, to a small family of three or four persons; two medium-sized families, or 12 or 14 sprigs of parsley, one or two celery leaves.

The meat must be put in a thick iron kettle, tinned or enameled, with cold water and about a tablespoonful of salt, no pepper. When the skum begins to rise, wash carefully, as it must be well skinned before it boils.

Let simmer for about five hours, and if you want to eat your bouillon, put in about a teaspoonful of Parisian essence. When you strain the bouillon, let it cool in a cool place.

It is the simplest way French people serve the bouillon, and thus prepared it takes the name of crouste au pot. You have already browned one or two pieces of bread in the oven, and broken it in small pieces in the tureen and on them you pour the bouillon, taken with a small dipper directly from the pot, holding at the same time over the tureen a little of the soup in which the bouillon passes.

Rusk, the greatest art critic of modern times, and who ranks rightly as one of the masters of the English language, in his work called "Præterita," stops in his account of Italian scullerries and frescoes to note a remarkable feature of the Italian kitchen and cook.

When tired and exhausted break a fresh egg into a cup of tea—not too strong. Beat well with a glass of hot sweet milk.

Select fine chestnuts, remove the first skin, boil them in water, and when tender, remove the second skin and dry them in a cloth; boil a pound of white sugar, with a little water, to prevent it from burning, and make a clear syrup with it; dip one by one the chestnuts one by one, turning them with a fork to get well coated. The syrup must be very hot. When the chestnuts are ready take them out and stick them on a knitting needle for them to dry. For 12 chestnuts a pound of sugar.

THE TABLE, THE BOUDOIR, HOME

GOWNS FOR THE WINTER.

The Edict Has Gone Forth and Woman-kind Will Be Pleased With It—Brough Cheviots and Tweeds—An Ideal Street Gown—A Turkish-Looking Fabric—Cutting a Bodice.

HE settled winter styles begin to lengthen to appear out of the demi-season's uncertainties. We can now speak with absolute certainty of materials and cut of garments to be worn all the season with the knowledge that they will remain in style.

By all odds, the most beautiful dress fabrics of the season are those prepared for the street. It is fairly makes one happy to see the rough cheviots and tweeds of North Britain clothed with dyes that approach the splendor of Cashmere.

When deviled almonds cannot be had for dessert, the chestnut thus prepared is an admirable substitute. Peel the raw chestnuts and scald them to remove the outer skin; put them in a frying pan with a little butter and toss them about a few moments, add a sprinkling of salt and a suspension of cayenne.

Very Pleasant Color Effects. They have, for the most part, grounds in stripes, or broken spaces, of natural brown and gray, which being of the same tone, that is to say, without contrast of light and dark, make the most perfect of narrow lines of pure color, and flaky dots of many hues, which all combine into an agreeable color composition.

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It is Now Almost Banished From the Table—The Force of Habit—Good Living and Beauty—Useful Hints and Recipes.

The custom of eating most cooked food at table with the fork has so far progressed that now at formal dinners and party suppers the knife is frequently dispensed with except for fruit; and this, as the event shows, without for the most part any serious inconvenience.

Custom and habit work wonderful results. A Chinaman will get away with a bowl of soup by the use of his chopsticks with greater rapidity than a European will with a spoon.

Dr. Holbrook, editor of the Herald of Health, advises the formation of "Eat-Your-Food-Slow-Societies," each member to be limited to one or two courses, and to eat slowly and deliberately.

It has been proved by a series of rigorous tests that the by scientific, delicate and choice regimen, the external appearance of age are kept away for a long time.

It is a conceded fact that the splendor of health of this district is due to the fact that the people here are largely owing to their extreme care in eating.

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THE TABLE, THE BOUDOIR, HOME

TRAINING A BEAUTY.

The Young Girl Should Go Through Regular Military Set-Ups—Dancing is an Instant-Means-Should Be Easily Beaten at the Game of Football by Women—Learning to Kick.

AWKWARD beauty weakens the pity of gods and men. The latter have been known to desert stolid perfection of color and features for grace with lesser personal attraction.

What is true of boys is just as true of girls. The drillmaster, a soldier of experience, was and is attached to every high school in the city.

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THE TABLE, THE BOUDOIR, HOME

DECORATING THE HOME.

Common Sense Should Precede at Every Invention—The Fancy Worker Must Remember That Simplicity and Fresh Air are Necessary in Art—Some Incongruous Conceptions—Hints for the Beautiful.

ITAN holds out no more alluring bait for the idle hand of woman than house decoration. Whether your abode be between four walls or beneath canvas, it should be made beautiful. Why make it ugly?

It was once a little lady who had taken lessons in painting. She bedazzled her drawing room with cross-eyed cats on plates and groups of daisies on cushions.

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BEAUTY IN TABLE COVERS.

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A Dream of Loveliness for a Young Girl's Room and Other Designs.

COVER which is especially well suited to a young girl's room is made of baby-blue linen. The hem, which is turned up on the right side and is finished with a finishing of heavy white linen fluff.

It is then couched on all its outlines with fluff, like that which finishes the hem. The cloth is sweet and pure in tone and of eminently serviceable material.

A second cover, at once elegant and easy of execution, is made of satin brocade. That is, of brocade of satin figures in the background of silk of the same color.

It is for decorative purposes that your rooms are filled with antagonistic lamps or overloaded with china, whose instability freezes one blood with dread of a catastrophe.

A great oculist has said: "Modern men and their insane draperies are responsible for modern eye. People live like moles and wonder that they are so near-sighted."

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GIRLS WHO SUCCEED.

A Newspaper Woman Who Has Won Fame Gives Some Advice.

LEAVING THE PATERNAL ROOF.

A Difference Between Wounded Feelings and Wounded Vanity.

EXPRESSING TASTES AND OPINIONS.

Most earnest girls nowadays come into maturity with a real longing for work. There are, of course, middle-aged people, to be sure, who firmly believe that this is a mischievous and misplaced activity, and that it is going to work out all kinds of destruction if the race of women takes to other things than domestic and polite accomplishments.

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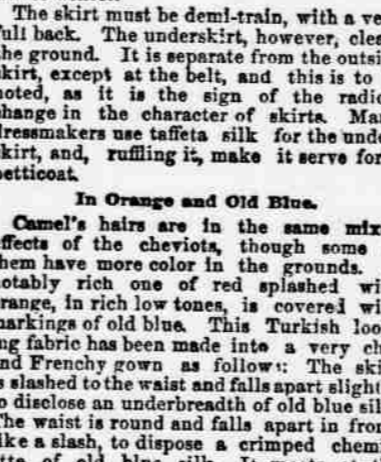
In Red Splashed With Orange.



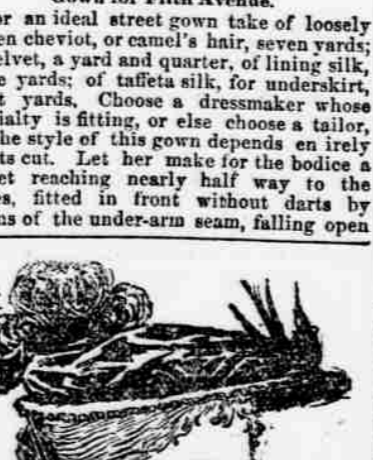
In Orange and Old Blue.



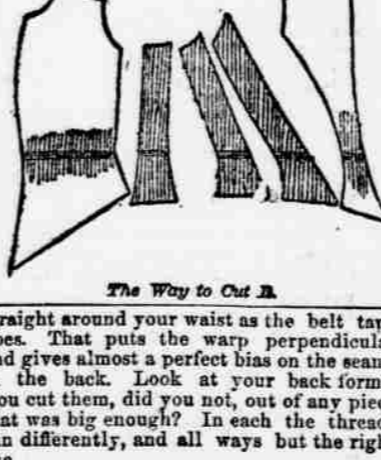
Very Pleasant Color Effects.



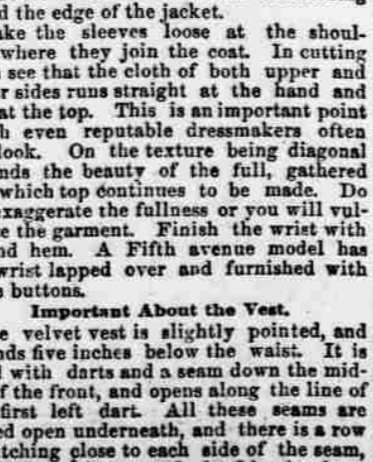
What is true of boys is just as true of girls.



How to Make a Garter Ornament That Will Please Eye and Rest Body.



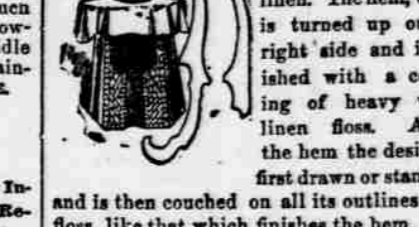
A Simple Shade.



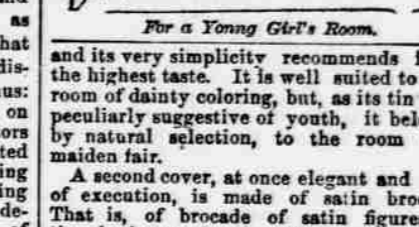
The Best Complete.



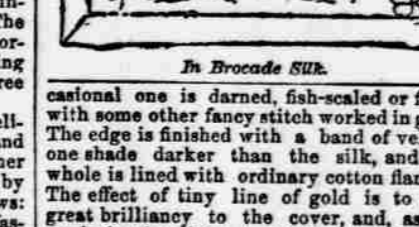
No use to deny the fact that Salvation Oil is fast taking the place of all other liniments.



For a Young Girl's Room.



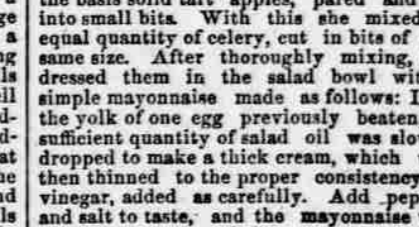
In Brocade Silk.



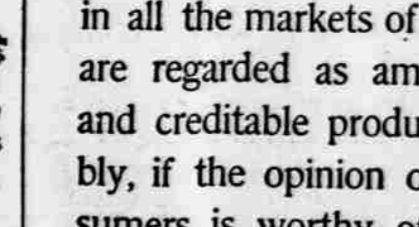
A SEADE OF PALM-LAMP FANS.



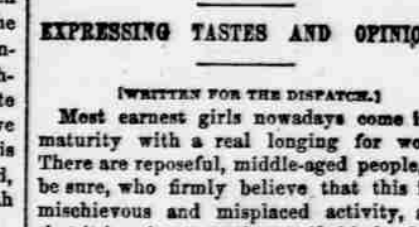
A SALAD MADE OF APPLES.



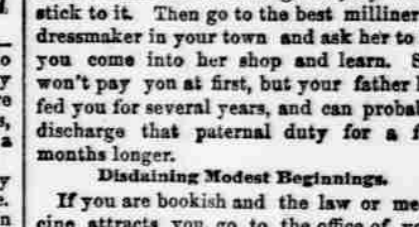
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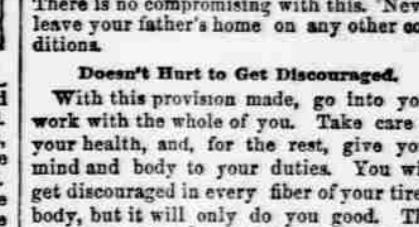
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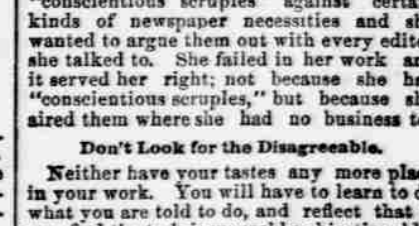
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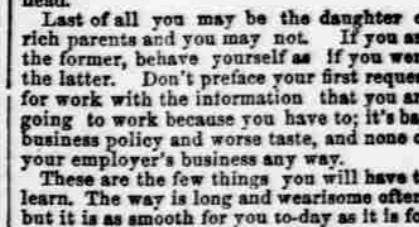
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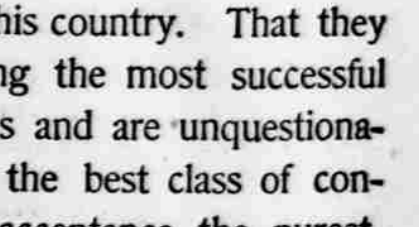
A SEADE OF PALM-LAMP FANS.



A SALAD MADE OF APPLES.



A SIMPLE SHADE.



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Well Understood.

It is well understood by reliable dealers that Dr. Price's Delicious Flavoring Extracts have constituted for years past the standard flavors in all the markets of this country. That they are regarded as among the most successful and creditable products and are unquestionably, by the opinion of the best class of consumers is worthy of acceptance, the purest, strongest and finest flavoring extracts in the world.