



Gossip About Fashions.

The Latest Millinery From Paris In Scarcely Fantastic—Costumes for the Season—New Ideas in Veils.

THE Latest bonnets from Paris are decidedly fantastic, says Miss Mantillini in the Fall Millinery Budget. One saw was of Tuscan straw, with a square and perfectly flat front. It was trimmed with a pert stand-up bow and a cluster of pink roses. Another model resembled a wall-pocket. It had diamond-shaped sides composed of straw, which came low down over the hair, and a full crown made of patterned paper.

Wives are much used in conjunction with flowers. A dark chip hat, garnished with a wreath of yellow blossoms, was flanked on either side with a green willow leaf. The mixture of black and gold hair is popular.

Black and gold is popular. Almost half the bonnets made seemed to be trimmed with black and gold. They were a smart appearance and well suited to any dress. Flower bonnets are the rage for sunny weather. A hat bonnet with only a ribbon band was by way of a crown was composed of black and green ribbon, with a green bow at the back. Grapes, currants, and berries are a good deal worn. I saw a bonnet trimmed with tinsel pampasemeter, embroidered with leaves and flowers. The French milliners are indeed wonderful people. A pretty outdoor hat is shown at the bottom of the column. Of course one needs a parasol to match it.

The distinctive characteristic of the charming driving costume shown in this column lies in the simplicity of the gown as contrasted with the richness of the mantle. A dress that distinguishes Worth's latest creation, says Harper's Bazar, is a simple, flowing, and comfortable. It is a simple, flowing, and comfortable. It is a simple, flowing, and comfortable. It is a simple, flowing, and comfortable.

Driving Toilets. A dress of simple, flowing, and comfortable. It is a simple, flowing, and comfortable. It is a simple, flowing, and comfortable. It is a simple, flowing, and comfortable.

Women to Be More Beautiful. The love of the beauty of the female sex by the opposite sex is proved not only by choice being more largely determined by that than by any other element, it is proved by the fact that the most beautiful women are the most successful in their careers.

Women to Be More Beautiful. The love of the beauty of the female sex by the opposite sex is proved not only by choice being more largely determined by that than by any other element, it is proved by the fact that the most beautiful women are the most successful in their careers.

Women to Be More Beautiful. The love of the beauty of the female sex by the opposite sex is proved not only by choice being more largely determined by that than by any other element, it is proved by the fact that the most beautiful women are the most successful in their careers.

Women to Be More Beautiful. The love of the beauty of the female sex by the opposite sex is proved not only by choice being more largely determined by that than by any other element, it is proved by the fact that the most beautiful women are the most successful in their careers.

Women to Be More Beautiful. The love of the beauty of the female sex by the opposite sex is proved not only by choice being more largely determined by that than by any other element, it is proved by the fact that the most beautiful women are the most successful in their careers.

AT A COUNTRY HOME. The Most Charming Place to Give the Invited Guest Pleasure.

HOW ENGLISH WOMEN MANAGE. Ashaded Veranda Is a Delightful Place to Take the Breakfast.

IDEAS IN THE WAY OF AMUSEMENTS. It Should Go to the Fire Immediately After Killing a Duck in the Hoop.

Travellers who have made the tour of the Continent, and who have carried with them their appetites, are profuse in their praise of the English country life. The English country life is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort.

It has been learned that letting the fowl remain for some time after it has been killed before cooking has the effect of making the meat tender and juicy. This is a well-known fact. It is a well-known fact. It is a well-known fact.

It is a well-known fact that the English country life is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort.

It is a well-known fact that the English country life is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort.

It is a well-known fact that the English country life is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort.

It is a well-known fact that the English country life is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort.

It is a well-known fact that the English country life is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort.

It is a well-known fact that the English country life is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort.

It is a well-known fact that the English country life is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort.

It is a well-known fact that the English country life is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort.

It is a well-known fact that the English country life is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort.

AT A COUNTRY HOME. The Most Charming Place to Give the Invited Guest Pleasure.

HOW ENGLISH WOMEN MANAGE. Ashaded Veranda Is a Delightful Place to Take the Breakfast.

IDEAS IN THE WAY OF AMUSEMENTS. It Should Go to the Fire Immediately After Killing a Duck in the Hoop.

Travellers who have made the tour of the Continent, and who have carried with them their appetites, are profuse in their praise of the English country life. The English country life is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort.

It has been learned that letting the fowl remain for some time after it has been killed before cooking has the effect of making the meat tender and juicy. This is a well-known fact. It is a well-known fact. It is a well-known fact.

It is a well-known fact that the English country life is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort.

It is a well-known fact that the English country life is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort.

It is a well-known fact that the English country life is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort.

It is a well-known fact that the English country life is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort.

It is a well-known fact that the English country life is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort.

It is a well-known fact that the English country life is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort.

It is a well-known fact that the English country life is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort.

It is a well-known fact that the English country life is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort.

It is a well-known fact that the English country life is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort. It is a life of ease and comfort.

HOT WATER AND MEAT. Will Make the Corpulent Lose in Flesh and Gain in Health.

EXPERIENCE OF CELIA LOGAN. Threw Physic to the Dogs and Then Rely Upon a Resolute Will.

DETAILS OF AN UNFAILING CURE. The chief of my many physical derangements was the accumulation of fat around the heart, which was slowly compressing that organ and threatening to squeeze out its life, as the wall closed about the doomed man in the "Iron Shroud."

The chief of my many physical derangements was the accumulation of fat around the heart, which was slowly compressing that organ and threatening to squeeze out its life, as the wall closed about the doomed man in the "Iron Shroud." That which happened to me may happen to any other person suffering from surpluses of adipose tissue, but unlike me, he or she may not have the good fortune to be warned in time for recovery, for sudden death from "heart failure" is liable to be the fate of any and every corpulent person.

The means by which I was literally snatched from the grave are so simple as hardly to gain credence. They were inherent in the curative system which I now submitted myself, and are to be found outlined in the following instructions, which, by the kindness of Dr. Salisbury, I am permitted to make public:

Like washing out a Sewer. The object of the hot water is to wash from the stomach the slimy mucus, accumulated over the years and bile before eating and sleeping. The water should be drunk long enough before each meal to allow it time to get out of the stomach before the next meal. Then, thirsty, between two hours after a meal and one hour before the next, drink hot water, clear tea, lemon water or cranberry juice. Take no other drink until the next meal.

The best times for taking the hot water are at 6 A. M., 11 A. M., 4 P. M., and 9 P. M., and the most at 12 P. M. It is better to take the hot water in the morning in bed, or, if up, to lie down for a while after taking it. The water should be drunk or boiled fish, chicken, game and turkey, broiled or roasted. All fat should be avoided, except the butter. Salt and pepper should be moderately indulged in with the meats. All meats should be cooked in water, and the water should be changed often. Avoid all other foods and condiments.

By persisting in this plan of alimentation the adipose tissue will rapidly disappear and the loss in weight will be from ten to thirty pounds per month, according to the degree of fatness, the rigidity of diet and the exercise and the amount of water drunk. The shrinkage in bulk so fast that the skin does not keep pace with it, and begins to hang in folds and wrinkles, a little of the fat-forming food, such as bread, toast, rice, cracked wheat and potatoes may be used. Usually, a shrinkage of from ten to fifteen pounds will be the result.

When the desired weight and bulk is reached, increase the proportion of fat-forming food just sufficiently to maintain the bulk and the health. Usually two parts of meat and one of vegetable food, by bulk, will be about right. Often, however, this proportion may be varied either way under the guidance of good judgment.

The meals should be taken at regular intervals, and it is better to eat alone, or only with those who are obliged to raise the temperature of the fluid to that of the blood, and this causes injurious expenditure of nerve force.

It should not be taken less than an hour previous to eating, or with food, or shortly after meals, as such imbibition would retard or impede digestion by diluting or weakening the gastric juices. It is advisable to produce a feeling of general rejuvenation, a lightness of body and elasticity of motion which has not had since losing their slenderness.

Professionals and traveling salesmen who are continually on the road may urge that they cannot take the hot water because they cannot get it even at first-class hotels. But nearly all bedrooms are supplied with a hot water tank, and the water can be heated in the morning, and the tank can be heated in the evening. A small Japanese copper kettle holding one pint, either of which can be bought for 25 cents, and a brass tin support to screw on the top, will be found in the market for 15 to 20 cents, according to style. The water should always be brought to a boil before using, and sipped when sufficiently hot to be swallowed. It is advisable to produce a feeling of general rejuvenation, a lightness of body and elasticity of motion which has not had since losing their slenderness.

It should never be taken less than an hour previous to eating, or with food, or shortly after meals, as such imbibition would retard or impede digestion by diluting or weakening the gastric juices. It is advisable to produce a feeling of general rejuvenation, a lightness of body and elasticity of motion which has not had since losing their slenderness.

It should never be taken less than an hour previous to eating, or with food, or shortly after meals, as such imbibition would retard or impede digestion by diluting or weakening the gastric juices. It is advisable to produce a feeling of general rejuvenation, a lightness of body and elasticity of motion which has not had since losing their slenderness.

WALL PAPER. WE TAKE STOCK JULY 1. GREAT REDUCTION! DURING JUNE.

Wm. Trinkle & Co. 531 Wood St.

may eat without danger of increasing their weight. I give a dietary card which will prevent obesity, as well as aid in its reduction.

ALLOWED AND LIBERTY—Roast and broiled venison, beef, mutton, lamb, fish, oysters, poultry and winged game (prefer the dark meat); baked and boiled fish (except the oily kinds); the apples should be cooked "medium rare," and their fat, sinew and cartilage discarded. (Fish should be parboiled or guarded—not for the reason that it makes fat, but because it is otherwise injurious to many persons.)

ALLOWED IN MODERATION—Fresh butter, boiled rice and potatoes, cracked wheat, table olives, ripe and unripe bananas, peaches, raspberries, blackberries and oranges; baked apples, and, as seasoning, lemon juice, horse-radish and mustard (if freshly made), cake, lemon, bread, green pepper, salt, Worcestershire sauce (a dish), olive oil, potatoes baked in their jackets, thoroughly baked wheat bread. Remember that the butter should be melted, and their total must not exceed one-third, in bulk, of the food total.

ALLOWED OCCASIONALLY—Soft boiled or poached eggs, clean soured milk, and stewed prunes. With eggs confine yourself to the "whites." The yolks are three-thirds oil.

TO BE CAREFULLY AVOIDED—Animal food—Pork, veal, salted or smoked meats and fish, fat, milk, cream, melted or cooked, or rancid butter or cheese, all foods and cereals prepared or seasoned with any of the foregoing, excepting animal food, excepting oysters, the oilier kinds of fish and poultry, such as salmon, eels, tame ducks and geese, vegetable fats (colored vegetable oils), butter, lard, tallow, suet, lard, suet, crackers, nuts, pickles, manufactured sugar, molasses, syrups, vinegar (substitute lemon juice), jams, jellies, preserves, strawberries, and other fruits, excepting animal food and fishes prepared or seasoned with any of the foregoing. Generally—Everything fried, all sweet or chilled foods, the cereals, pastries, puddings, macaroni, and fish, the peel, core and seed of apples, pears, etc., all sauces, spices and condiments not permitted in this card.

TO BE CAREFULLY AVOIDED—Sweet wines, all sparkling wines, excepting however, such as champagne, soda water and gingerale; all fermented, undistilled liquors, such as ale, beer, cider, etc.; liquors, carbonated water, and all other drinks, excepting part of spirits to a least four of water, loaf water, all lead or chilled drinks. Smoking allowed if it agrees, but one good cigar at the end of each day. CIGARETTES, ALWAYS ONE.

The night and morning pills will be taken, when practicable, all one's life, steadily for the slightly stimulative and exhilarating sense of internal clearness they impart and the health and vigor they insure. But it need not be feared that temporary cessation—such as during travel, or even protracted continuance of conditions incompatible with the health and sense of vigor—will cause a recurrence of corpulence, if the limitations of diet are reasonably well adhered to. This I affirm not from my personal experience, since I have not yet had to forego my accustomed draught, but from the assurance of others who have experienced the benefits of the treatment.

Efficient matter and injurious accumulations having been expelled from the system, feeble and worthless tissue replaced by that which is strong and sound, semi-paralyzed organs waked to full vitality, and the will itself stimulated and inspired with new energy by the training undergone, health will have been so fully re-established as an inherent attribute of being, that only through persistently reckless disregard of prudential considerations can fat and disease again enter into possession.

Salisbury's CATHARTIC. GENUINE LOGAN. A young lady from Gary, Mich., writes Miss Miller, Hirschfeld, has won the Zurich prize for the best paper on the "Anatomy of plants." The Zurich professors pronounce the work of the unknown author a most thorough and complete treatise, and they are astonished to find that it emanated from a woman. A brilliant future is predicted for Miss Muller.

DELICIOUS Having Extracts ARE Unequaled in Purity. Unequaled in Strength. Unequaled in Economy. Unequaled in Flavor. PRINCE'S DELICIOUS HAVING EXTRACTS CO.