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# MEN FULL OF YEARS.

Distinguished and Aged Citizens Tell How to Reach Old Age.

NEAL DOW RIDES HIS HOBBY.

Cassius M. Clay's Shots at Prohibition and Women's Rights.

TALK WITH MRS. HARRISON'S FATHER

[CONNESPONDENCE OF THE DISPATCH.] WASHINGTON, May 23. ITHIN the past few cars Washington has had a number of distinguished nonogenarians. George Bancroft died when over 90. The millionsire Coreoran had almost reached his ninetieth birthday when he passed away, and one of the liveliest old men in Washington to-day lives at the White House, and he is known to every one

as the father of Mrs. President Harrison

The Rev. Dr. Scott is now 91 years of age. He was born before Washington died, and he is to-day as firm on his legs as President Harrison himself. He is considerably taller than the President, has a broad, well-filledout chest, a bright eye and is wonderfally well preserved mentally. I had a two hours' chat with him in his room in the second story of the White House the other day, and I found him full of life and good fellowship. He is a man of more than ordinary ability, and is young enough to be interested in the present as well as in the past.

#### Hasn't Had a Bed of Roses

Still, his life has been a very hard one. He was for years a professor in a Western

college, and he preached at the same time that he taught. Much of his preaching was and most done away from the town in which his college was located, and he would often rise before daybreak, or ride half the night to get back to his classes. He tells me that he continued to mature until he was 60, and that he thinks he was in his prime at this time. He be-

Dr. Scott. lieves in laughing as much as possible in life, and says it was care that killed the cat. He has not had any regular rule of diet or of exercise, and while he believes in tem-perance he would not advise young men to be too careful of what they cat, but he would say that they should worry as little as possible, marry young, and get all they can out of life from day to day.

There is no brighter mind in the country to-day than that of Neal Dow. He is more than 80 years of age, but he is in his prime physically and mentally, and he has written for me the following article on longevity and how to obtain it. It is headed "A Long Life," and reads:

#### Neal Dow Tells the Secret.

"You wish to know what the secret is, if any, as to the method of reaching a long life. There ought not to be any secret about it, for the necessary rules relating to it are It, for the necessary thies relating to it are so many, so plain and so widely published to the world, that no intelligent person should be ignorant of them. There is no other earthly good so precious as sound health, yet there is nothing of which people are so careless and so prodigal, constantly violating in the most reckless manner the plained by a provide the second bio plainest, simplest laws of life.

right than is his share of the pure atmos-phere for respiration. "The man with the tobacco habit has the moral sense so blunted and stupefied that he is always, unconsciously perhaps, invad-ing the rights of others; if not unconsciously, then it is with no care for others' rights. Let the young man remember that the to-bacco habit is acquired by men when they are green and yealy; when once fastened upon them they are in shackles of iron that it is almost impossible to break. t is almost impossible to break.

The First Thousand Dollars.

E

has saved nothing. I knew another young man, who, by a stroke ago. to the same salary. Up to that time he had been always poor, though industrious and prudent. I met him in the street one day and said: 'Now save; now you have a good chance to lay the foundation of a fortune.' He heeded my advice, as he afterward told me, and to-day he is a man of independent fortune, as free now with his money, for good objects, as he had been careful and prudent. It all came by self-denial, by saving and by wise invest-ment of what he saved. The other man now gives his notes instead of cash in pay-ment of shoe bills and grocers' accounts, the ment of shoe bills and grocers' accounts, the other pays cash always for his needs, with hundreds for persons and objects worthy of

#### Homes, Food and Clothing.

"A healthy life and a long one must largely depend upon the comfort of one's surroundings. Sufficient food and suitable, sufficient clothing adapted to one's needs; sufficient comfortable shelter-in a word a good home with all its attachments and

MOUNTAINS TO MOLEHILLS !

AN ORANGE TO THE WORLD!

GIANTS TO PIGMIES !

So is our immense, mammoth, varied and

grand assortment of

To the Other Stocks About Town.

From the cheapest suit made that's service-

able, up to the finest garments ever placed upon sale in any retail stock, we show an assortment of Men's Clothing which has

never had a counterpart in this city.

sourroundings adapted to one's wants and needs—is necessary to a healthy and long life. All this, none of it, can one have without money, and this comes to the great life. All this, none of it, can one have without money, and this comes to the great majority of people by earning, and the good normal laws obeyed favor long life. But I

STORE WILL BE OPEN

ON DECORATION DAY UNTIL NOON ONLY.

of it comes by saving. Without that, wages to but a little way in promoting comfort. "The annual cost, loss and waste, direct and indirect, coming from the liquor traffic in this country, is not less than \$2,200,000,000 annually. It is safe to say that two-thirds of this enormous sum, viz. more than \$1,400, 000,000 is paid and lost by the wage-carners of the country. So much withheld from the necessaries and comforts of life. Poorer houses and fewer of them; less clothing and poorer; insufficient and unsuitable food, less fuel and more suffering from cold; more dis-ease and less chance of recovery; more and poedier deaths among all those who furnish their share of the \$1,450,000,000 for drink.

"Let the young man remember that the way to fortune is to earn and save the first \$1,000 dollars. Honest fortunes come in that

Prohibition and Long Life.

way, carning and sav-ing. The habit of sav-ing, of economy, will be thoroughly fixed while carning and sav-ing the sum I name. If he has a small sal-"They cannot spend their wages for whis-ky and beer and at the same time supply their families with comfortable and abundtheir families with comfortable and abund-ant food, fuel, clothing and suitable shelter from inclement skies. This answers your question whether or not prohibition would increase the average of life in the United States. That this problem will be solved at some time in this country. I have no doubt. Our people will by and by wake up to the enormous folly, the sin, shame and crime of giving sanction of law to a system whereby \$2,200,000,000 annually are lost to the nation, leaving nothing behind to show for it but abounding poverty, pauperism, wretchedness, crime and premature death. There are more than 100,000 lives in this country shortened annually from 5 to 25 years each by the drink habit, the most of which would fill out their allotted time, but for the drink traffic now esthalished by law. ary, save; a larger sal-ary, save more. I knew a young man who had a salary of \$2,500 a year; he spent the whole of it as he went on, and now at the age of 50 years he has saved nothing. I

for the drink traffic now estbalished by law. "Does anyone ask when this deliverance "Does anyone ask when this deliverance will come? I answer on that day when the American Church shall arouse itself from its untimely and prolonged lethargy, and take its share in the great warfare against the saloon now going on in this country: a trouble which Charles Buxton, member of the British Parliament, declared to be a warfare between heaven and hell. The Church will wake up to its duty by and by Church will wake up to its duty by and by and will be no longer false to it." Doesn't Agree With Neal Dow.

Doesn't Agree With Neal Dow. "Do I believe in the use of spiritnous liquors, tobacco, tea and coffee? I favor the moderate use of liquors, ten and coffee, and oppose prohibition, which would make a nation of sneaks, and which has been a potent factor in causing women to put on the breeches, riding astride the war horses of politics. I am with King James:

Tobacco is a nasty weed, Right from hell they brought the seed; It fouls the mouth and solis the clothes, And makes a chimney of the nose.

HONOR

want a marriage of unity-one interest in property and fame-the basis of home, of the family, the ovum of the State, the eter-nal rock of Christianity and civilization. But what is the upshot of the woman suf-frage rebellion against God and nature? It sinks all these into darkness and chaos, the wreck of all that is good and glorious in human nature, with nothing left but the tattered red flag 'Marriage the legal license of the perpetuation of the race.'

PITTSBURG

THE

#### When Man Is at His Best.

When Man is at His Best. "Between what years man may do his best mental work depends upon his indi-vidual longevity. Age gives vantage up to the time when the physical powers fail. Once a man and twice a child is the eternal law. Great work has been done in early life, but not the best work. Alexander the Great and Napoleon were great Generals, but not greatest of men. So Kents and Coleridge were great poets, but not the greatest poets. Prodigies are ever one-sided. It took long years for Washington, Jefferson and Lincoln to ripen into glorious, manhood. So also a genial and pacific spirit leads to long life. And the lives of judges, college professors and generally judges, college professors and generally men secure from the cares of money get-

"Let us trust that immortal aspirations founded on duty and love of humanity engthen our years.

"Let us live as though we were to die to-morrow and also live as if we were never to

#### Opinion of Cassius M. Clay.

The Hon. Cassius M. Clay, of Kentucky, is another octogenarian who seems to be en-dowed with perpetual youth. He writes from Whitehall, Ky.: "Some curious statisticians aver that the tion of vigorous

health. Quacks, in destroying dandruff, kill the cells produc-ing the hair. If a barber attempts to use cosmetics. I average life of animals is five times the age of maturity. Taking that age in man to be 29, he should live 100 years. The Hebrew savants truly said, "The fathers have eaten

sour grapes and the children's teeth are on edge.' "But fortunately for me, I attribute my general good health through life mostly to inheritance, to exercise and to open air living

living. "As to my daily habits of work and exer-cise, sleep and diet. I have followed gener-ally the Latin apothegram, 'Ne nimis' (never too much). Exercise is the normal law of all animal life, so moderate work is always healthful. I have never been an always healthful. I have never been an the should be vooden or quill tooth tooth brush. In early youth I used fine fiannel and silk under

that great variety at a single meal favors health. A change of diet should be gradual, as I hold that the gastric juice must ac-custom itself to changes of food. I have "I rise early, at 6 now, and am never idle. Though my political views generally keep me in a minority, I still take interest in public affairs, in agriculture and in scientific development. I write on railroads (our waters) on money Samoo commerce in Diet, Sleep, Rest and Time,

1891.

masters), on money, Samoa, commerce, im-proved live stock, forestry, agriculture, prohibition, woman suffrage, Nihilism, etc. Diet, Sleep, Best and Time, and hold with some great thinkers, that every man of sense should be his own phy-sician. The lawyers and doctors say that such practice gives fools for clients and patients, but I retort, this is one of the cases where it is 'folly to be wise." "I would advise young men having the above dicta in mind to be always comfort-able if they can. I think the highest de-velopment of animal 'life is in temperate climes, and under favorable surroundings of food, clothing and shelter. Sudden changes of all sorts should be avoided. The noted Dr. Benjamin W. Dudley never wore an overcoat, and Shelim wore the same clothes winter and summer. But in this he I am engaged 'in but one permanent work, the second volume of my memoirs, etc. But I am in no haste about it, as I may yet live the seco to be 100 years old.

#### FRANK G. CARPENTER. List of Improvements

List of Improvements. The following list of patents is reported as granted to Pennsylvanians, by Higdon & Higdon, Patent Lawyers, 127 Fourth avenue, Pittsburg: J. A. Bickford, Lock Haven, mining car: W. S. Fraser, Pitts-burg, automatic carbrake; J. A. Hunter, Gettysburg, lock-hinge; H. M. Landers, Marshfield, ironing table; G. W. Morris, Pittsburg, clliptic spring; C. H. Read et al, Pittsburg, losh-plate; M. M. Shellaberger, Beaver Falls, wirefence. clothes winter and summer. But in this he went too far, for the other animals have to

IRON CITY beer Builds up trade Wherever placed on draught. Order direct. Telephone 1186.

### First Excursion to Ohio Pyle.

The Baltimore and Ohio Railroad will run their annual excursion to Ohio Pyle on Decoration Day, on next Saturday, May 30. Rate, \$1 50 round trip. Train leaves at 8:15 A. M.

HANOVER awnings at Mamaux & Son's 539 Penn avenue.

Carpets Carpets 1347-1349 Penn avenue, two squares, east of Union depot.

READ Edward Groetzinger's advertise ment for carpet bargains. NEAPOLITAN awnings at Brown & Co.'s corner Grant and Water streets. Tel. 1194

DABBS' photographic rooms are com pletely ready for making pictures again.

READ Edward Groetzinger's advertise

REVOLUTIONARY RELICS. of British General Genry Dis covered on a Farm.

PENNINGTON, N. J., May 23.-In 1778, when the British forces were encamped at Pennington, N. J., they were advised that about 500 muskets were stored in an old building at this place. and decided to attempt to confiscate them. Accordingly, they set out, captured the arms, and move

General was buried to allow them to exhume the remains. To-day the committee did its work, and in exactly the spot marked, the remains were found. The first thing found was a brass button, with the letters "Q. L. D." on it. This is supposed to mean "Queens Light Dragoons." Besides this, the society have the skull complete, with the ribs and one foot, which they claim as their non-stru-

profits. 3.-Being only in packages (like cut) consumers get it in its original their property. condition.

#### MINERS LOSE THEIR STRIKE.

The May Day Contest in Illinois Now Practically at an End. CHICAGO, May 23.-The miners' strike in

Illinois is practically at an end. The men at Spring Valley, Streator, Braidwood and Wilmington resumed work yesterday. One or two of the smaller places are still in a state of agitation, but it is expected that the example of those already named will have its effect and induce them to settle

natters Not one of the large companies is now idle. The same terms of agreement which prevailed last year hold good this season until next May. The men gained nothing by the strike, for they have all signed con-tracts which in no way differ from those that bound them last year.

FOR NERVOUS DISEASES

#### Use Horsford's Acid Phosphate.

Dr. F. G. Kelly, Alderton, W. T., says: " have prescribed it in a large number of cases of restlessness at night, and nervous diseases renerally, and also in cases of indigestion

DAPOID TABLETS-FOR DYSPEPSIA.

-Sold BY-JOS. FLEMING & SON, 412 Market street, Pittsburg. mh19-92-rrsu

NEW ADVERTISEMENTS.

1.-Its goodness pleases.

2.-Grocers sell it for small

Reasons enough that you

should at least investigate its

merits. After trying it, decide for

Send your address on a postal card for an

MARTIN GILLET & CO., (Established 1811.)

Exchange Place, Baltimore, Md.

FOR DYSPEPSIA

Distress after Eating, Stomach Catarrh, Head-sche, Heartburn, and all forms of Indigestion. Prepared from the fruit of the Papaya Melon **Pres** found in the tropics.

Druggists sell them

tropic

Ilustrated book about Tea, Free.

PAPOID

ABLETS

TEA MILITARIA

yourself.

HE-NO

Why

Success-

ful!

My father never allowed myself to sick to be aroused and I fol- rule. In diet I am satis- good dishes, and don't think water at t	below the belt every few days. It is od plan to dip the feet into cold		
THE	HEF	ROIC	DEAD
R THEY	ARE V	VORTHY	GRAND

Titled and eminent heroism has always found recognition. Not a country on earth but builds monuments to its generals and commanders. But it has remained for Free America to honor the memory of the common soldier and commemorate his heroism.



STORE WILL BE OPEN ON DECORATION DAY UNTIL NOON ONLY. **ARMY SUITS and CAPS** 



We are going t make it very easy for you to be well dressed

on Decoration Day We carry a full line



DISPATCH, SUNDAY, MAY 24,

custom faith in

idler. I sleep nine hours and could never do well on less. Of course the time re-quired for sleep varies with constitutions and pursuits. My father never allowed children or the sick to be aroused and I fol-

baldness of our times to maprachee. N. P. Willis, the poet, was noted for his fine head of hair. He always bathed his head and hair in cold water. The natural oil of the skin gave vigor and gloss to his profuse locks. So I followed his practice, and my hair is almost as profuse now as in youth. I never use cosmetics. Dandruff an Indication of Health "Dandruff is the outer cuticle of the scalp. reinforced by the invisible which hardens in the air. It is an indica-

some extent winter and summer clothing, as fur of winter is substituted by hair in summer, etc. I attribute the growing haldness of our times to malpractice. N.

Extra heavy wool-filling carpet, worth 65c, at 50c, and the best all-wool 75c carpet at 58c this week, at J. H. Kuukel & Bro.'s,

Use only water, the hair brush and the

use cosmetics I should say 'Shoot him upon the spot.'

As to myself, I came of a strong stock "As to mysell, I came of a strong stock. My ancestors, all of them, paternal and maternal, as far back as I know anything of them, were farmers and Quakers, leading a frugal, industrious, active, temperate life, the blood of not even one of them poisoned by strong drink. The Friends, from the origin of the denomination, were careful to avoid the universal habit of their time, the use of alcoholic liquors. This abstinence, together with that other rule of life of theirs, to keep themselves "unspotted from the world," no doubt had much to do with the fact, that as a body of men and wom in they were more free from disease than other people of equal numbers, and attained to longer life.

#### Strong Drink and Tobacco.

"I have led an active life from early youth, always abstaining, as a matter of health and Christian duty, from strong drink and tobacco; always avoiding any ar-ticle of food from which I had sonce experienced any trouble; always careful not to cat too much, as many people, when hungry, are liable to do, without thought. Many years ago I suspected that coffee did not agree with me. Though fond of it, I took no more. I have never had reason to think too have no never had reason to think no more. I have never had reason to think tea in any way injurious, and I take that, one cup of it morning, noon and night. Generally an early riser, in summer 5 o'clock, in the winter 6:30, with two hours before breakfast for morning papers and books; rarely keeping late hours, never en-gaged in any form of dissipation. In early life an athlete and a good swimmer, but mover indulying in these experies to excess never indulging in these exercises to excess; never but once to such an extent as to occa-sion abnormal action of the heart.

"Never suffering from an anticipated evil; remembering that sufficient unto the day are the evils thereof; that people suffer a great more from misfortunes that never come than from those which actually befall them. Trust in God is not only a Christian duty, but it tends to temper the ills of life and makes even the sharpest of them easier to bear. The thought comes to such a man: Who knows but this is best? And so he comes to accept it as best, because of his belief that God rules and God knows.

#### Never Sowed Any Wild Oats,

"I have been always busy in some way; have always had some leading object in life, which kept and keeps me occupied in body and mind, so that time has never been heavy upon my hands. A love of books began with me very early in life, so that my pocket money, even in boyhood, almost all of it, went in that direction, never to the expenditure even of a penay in sowing wild cats, or in the payment of harvest ex-penses, often very heavy, and in later life the buying of books was my only extrava-

gance. "I am not sure that advice to young men, especially if unasked, will be much valued, but it is very cheap, and since you wish it, I will say: Avoid strong drink in any form, as rigorously as Jews and Mohammedans avoid work. Never any good can possibly come from it to any one, while it has been the drawt and indicest some of the follows the direct and indirect cause of the failure in life of millions of men who had no fear of In the of mittohs of men who had no lear of it. A void tobacco as a matter very import-ant to health and a clean, sweet life. The young man does not know that he who has the tobacco habit is not a free man, he is like the

#### Galley-Slave Chained to the Bench,

upon which he sits at his forced labor. Let the young man remember that it is not im-possible for him who has the tobacco habit possible for him who has the tobacco habit to be at some time, perhaps often, an insuf-ferable nuisance to many persons who are so unfortunate as to be in his company, casu-ally or otherwise. Let him remember that to such a man it is also impossible, always and everywhere, to be an honest, upright polished gentlemen. Somewhere and per-haps often, he will without thought, poison the sir that others must breathe, which he has no more right to than to poison the water and food which they must drink and water and food which they must drink and gat, or on the sly to take the purse from Their pocket. One's purse is no more his

There is practically no limit to the field for selection which such a stock as ours affords.

Many gentlemen, who, up to the present season have never worn the ready-made article, are utterly surprised at its near approach to and in some cases its actual equality with custom work. And such gentlemen are beginning to ask themselves the question as to whether it now, pays to give from \$5 to \$10 more for a suit with the same identical quality of cloth, where trimmings are equal and the fit as perfect in one as the other.

Come in and look through our better grade of suits, ranging in price, say, be-tween \$15 and \$20. Maybe we'll surprise you, too, with their handsome appearance and sterling quality.

Our lower price suits at \$5, \$6, \$8 and \$10 have the advantage of being stylish as well as the best value for the money ever offered in any part of the world.

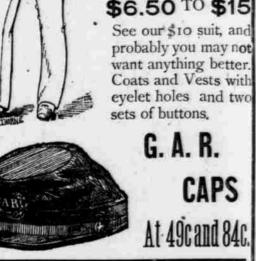


the very latest in high and low cut, single and double-breasted.





LL this week ten thousand hands will be busy stripping gardens and hothouses for a magnificent floral offering to the fallen heroes on Decoration Day. In every cemetery, from Maine to California, the whole nation will come forth with garlands. They will come from North and South, from East and West; drums will beat the great march, and minute guns will be the throb of the nation's sympathy. Flowers everywhere. Flowers red-significant of blood. Flowers white-significant of victory. With crosses, suggestive of pain and suffering, caused by long, forced marches, hunger, weariness and disease, and with wreaths, suggestive of triumph, a grateful nation will lay upon the graves of the honored dead the wealth of Spring and its tears of regret. 'Tis right. For all coming time let Decoration Day be kept, and, although the ranks of the comrades of those who fell in battle are yearly thinned, and they themselves will soon be numbered with the dead, yet the nation shall live, and thousands yet unborn shall learn the story of their heroic devotion to duty, and in their turn pay their tribute to departed worth. O, ye throng of departed heroes, stoop down and breathe the perfume of a nation's thanks. Bend low and let the shouts of a nation's redemption greet your cars even in that upper sphere where upon your wan and wasted brows has already broken the fresh breath of the eternal morning.



## BOYS' & CHILDREN'S CLOTHING

Never before was such a stylish and beau-tiful assortment of clothing for the little ones ready to your hands, and you'll never know the value of a dollar in Boys' Clothing till you see how far it goes in our large and well-selected stock.

Beginning with charming Kilts in one and two pieces from \$1 25 up, and all through our Short-Pant stock, which contains thousands of suits and new styles by the score, up to our unmatchable assortment of spring styles in Boys' Long-Pant Suits, we are showing you the best productions of both worlds in materials, made in the most stylish clothing you ever put on the backs of your children.

## **NEGLIGE** -:- SHIRTS.

These are fast taking the place of white, starched shirts for summer wear, not only with tourists, but also with those who remain in the city and work.

We're headquarters for this class of goods in Pittsburg, and keep a full line of all the popular materials, such as Flannels, Cheviots, Madras, Silk and Wool stripes. We commence to serve you with a well-made shirt at 49c, and have all the high grades of shirts at reasonable prices, A Belt free with every shirt worth 75c and up.

