

Kiwanis Leaders Visit Bellefonte

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to the speaker of the day as a token of appreciation of the service which he will render during 1944. He also presented to the retiring lieutenant governor of Division Six, the button signifying the satisfactory completion of his office and to the incoming lieutenant governor of Division Eight his button as the badge of his office. Music was furnished by the club's quartette, the Kiwanis-Singers. The president of the local club, Earl K. Stock, presided at the meeting.

From two to four o'clock in the afternoon the training school of Division Eight was held at the Penn Belle Hotel. Officers and members of the board of directors were present from clubs in Lewistown, Lock Haven, State College, Williamsport and Bellefonte. Officers and directors were instructed in their duties and were given the plans of Kiwanis International for 1944 under the leadership of the new lieutenant governor, Ralph C. Blaney, assisted by District governor Graffam, after which a general conference and open forum was conducted.

Division Eight is a new division in the Pennsylvania District, created by the necessity of dividing up the state into more units for more efficient service, and Mr. Blaney was chosen to head this new division because of his experience in Kiwanis affairs and in executive work. The

clubs of the division are keenly alive to and active in the war effort and in post-war planning, and in community service.

Army Corrects Wire Telling of Death

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and subsequently underwent specialized training at Camp Walkers, Texas; Camp Buckley, Texas; Ft. Devens, Mass.; Pine Camp, N. Y., and Camp Pickett, Va. About June 1 of this year, he left this country for the North African theatre of war and three days after going into action in Sicily, was wounded. He was taken to a hospital in North Africa on July 24, and remained there until October 1 when he was discharged from the hospital and sent to Italy to rejoin his infantry outfit.

Upon leaving the hospital, Sampsel was promoted from Corporal to Sergeant.

He has two brothers in the service: Cpl. Russell Sampsel, 22, who entered the army on November 28, 1942 and who is now in chemical warfare service at Edgewood Arsenal Md., and Cpl. Russell Sampsel, 22, who enlisted June 9, 1942 and who is serving with an anti-aircraft medical detachment in Philadelphia.

It is the business of a newspaper we presume, to give its readers the facts about public questions, whether the truth suits the politicians or anybody else, or not.

POULTRY NEWS

No Need to House Wormy Chickens.

The flock treatment has been found to be a convenient way to rid chickens of worms. Flock treatments are low in cost, and can be easily mixed with the mash, requiring little extra labor. Efficient worm remedies will remove the greatest percentage of worms with the least physical disturbance to the fowl, and also help build up the physical condition of the birds by helping them throw off the poisons that have been secreted by the worms during infestation.

Use a Reliable Produce.

It is better to avoid the use of unrefined ingredients such as raw tobacco dust, since it may cause what is commonly referred to as "toxic" after-shock. Less harmful and more effective drugs now are combined to form helpful worm treatments which not only expel the worms gently and effectively, but help to build up the rundown physical condition of the fowl as well.

Worms Do Damage.

The importance of worming the birds is emphasized by investigators at the University of Michigan who say that the cells injured by parasites are replaced by scar tissue which does not have the ability of the original cells to absorb and digest food. Severe and continued parasitic infestation reduces the digestive efficiency and productive ability of pullets.

Save the Vitamins for Your Chickens.

A thorough worming of the flock before housing may avoid much trouble later on as worms are vitamin "eaters," and during the winter months chickens have few vitamins to spare. Unless they can use all of them for themselves, they may develop colds, roup, and other diseases that thrive on vitamin deficient fowl.

ACTIVE BIBLE CLUB EXISTS IN MILESBURG

A record attendance of thirty-nine children attended the weekly Bible Club held at the home of Rhoda Sheetz in Milesburg, Wednesday, December 1. This class is sponsored by Child Evangelism Fellowship and is composed entirely of children of Milesburg schools, meeting every week to learn scripture verses, Bible stories and gospel songs and choruses.

Child Evangelism Fellowship is an organization, started by Irvin Overholzer, of Texas, nearly ten years ago for evangelistic work among the children, especially the many who are not now reached by the Sunday schools. The organization has spread over the entire world and many children have come to know the gospel story through the Bible Clubs. The work in Centre county, under the direction of Miss Sheetz as the director, hopes to spread in every school in the county with a Scripture memorizing program.

In the Pacific the Japanese are talking a good war.

Fleming Named County Solicitor

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ing Mrs. E. R. Miller, who served in that capacity during her husband's term of office.

Prothonotary Bond C. White will continue with Mrs. Hilda Corman as his deputy. Register Harry A. German will continue with Miss Geraldine Bilger as deputy, and Recorder Leamer R. Woodring will continue with Mrs. Marie Lucas as deputy, it is said.

Centre County Treasurer-elect Edward R. Miller is expected to retain Miss Verna Chambers as his deputy, although it is rumored Miss Chambers may go into the Commissioners' office.

Even Dame Rumer has nothing to say about the following county officers—all of which are appointive and all of which are subject to change by the incoming administration: county physician (present incumbent Dr. J. A. Parrish); Sealer of Weights and Measures (present incumbent D. A. McDowell); and poor home investigator (present incumbent Hiram Grove).

Food Wasted Would Supply Many Soldiers

Centre county's 13,489 households could feed 3,618 soldiers for a year with the food wasted annually in homes of the county, an official of the county's leading food distributor estimated this week.

This amazing figure is based on accurate government statistics which indicate that at least 6,933,346 lbs. of food are wasted annually in Centre county homes, according to Harvey A. Baum, head of A. & P. Tea Company's produce-buying operations.

"Food is a munition of war and everyone must fight waste of it now," Baum pointed out. "Efficient food producers, processors and distributors have worked for years to reduce waste. Our company, for example, has cut waste and spoilage on perishable fruits and vegetables by 50 per cent during the past 20 years," he added. "Now the government is urging a similar war on food waste in the home."

Kitchen efficiency, Baum suggested, should include three points: (1) Buy as nearly as possible just the required amount; (2) serve moderate helpings, and (3) use all leftovers. Baum said that although housewives have eliminated much food waste since Pearl Harbor, over eight per cent of all food bought for home consumption is still wasted. While it is obvious that waste cannot be prevented entirely, he added, carefully planned conservation should cut the loss in half and thus 1,200 soldiers could be fed with the resulting savings in homes of this county.

Civilians eat about 1,514 pounds of food each year, he concluded, while the average soldier "puts away" 1,916 pounds annually.

Who recalls the good old days when a man could get all the gasoline that he could pay for?

NOTES FROM THE "LITTLE HOUSE"

The monthly meeting of the Bellefonte Girl Scout Council was held on Monday afternoon at "The Little House," with Mrs. Martin Miller presiding. Mrs. Elmer Hauer, chairman of leadership and training, reported the organization of a new troop which is to be registered as Troop No. 6, under the leadership of Miss Kathryn Burkett, with Miss Mary Tingle, assistant leader. This troop has a registration of about 21 members.

Mrs. Francis Crawford, chairman of the Juliet Low Committee, was designated to direct a bureau of exchange of uniforms, for the convenience of Girl Scouts. Anyone wishing to sell or give a uniform which does not fit them, or anyone desiring a uniform should call her, phone 535.

A meeting of the members of all the Girl Scout Troop committees was held at the "Little House" on Thursday evening, December 2. The following were present and represented their Scout Troops: Mrs. John Popson, Troop 6, Miss Kathryn Burkett, leader, Miss Agnes Shields, Mrs. Tom O'Hara, Miss Marie Kelleher, Troop 9, Miss Sara Cunningham, leader, Mrs. C. E. Carbrick, Troop 11, Mary Hartle, leader, Mrs. Charles Keller, Brownie Troop 1, Mrs. James Craig, leader, Mrs. Martin Miller, Miss Catherine Hartle, Mrs. Elmer Hauer, Brownie Troop 2, Mrs. Jack Perks, leader.

The duties of Troop committee members were discussed and the meeting was conducted by Mrs. Elmer Hauer, chairman of Organization and Training, and a member of the Girl Scout Council, Technicolor movies of varieties of flowers were shown by Mrs. Elmer Hauer. Refreshments were served, followed by a social hour.

CAREFUL BUYING ALLOWS FOR NO LEFTOVER FOODS

With food an important weapon of war, it's necessary that not a bit go to waste. Many times homemakers would find shopping and meal planning easier if they had a food arithmetic table handy in the kitchen, according to Miss Helen S. Butler, home economics extension representative of Centre county.

A glance at this food table, which gives the number of servings expected from a pound of food, would prevent buying an oversupply of food that would lead to wasteful leftovers. Here's the table which extension specialists in food and nutrition at the Pennsylvania State College offers for your information.

Servings in One Pound

Apples, 3 to 4; beans, navy, dry, 8 to 10; lima, dry, 8 to 10; snap, fresh, 3 to 4; broccoli, 2 to 3; beets, 3 to 4; brussels sprouts, 5 to 6; cabbage, 3 to 4; carrots, 4; cranberries, 6 to 8; fish with bone, 2; fish fillets, 4; ham, 3; ground meat, 4 to 5; lettuce, head, 5; leaf, 8; onions, 3 to 4; peas in pod, 2 to 3; peas, dry, 8 to 10; potatoes, 3 to 4; poultry, 2; prunes, 10 to 12; roasts with bone, 2; roasts, boneless, 4; spinach, 2 to 3; turnips, 3 to 4.

MULCH STRAWBERRIES WHEN GROUND FREEZES

The practice of mulching strawberry berries has enough important advantages to justify more general and thorough use in Centre county, says County Agent R. C. Blaney. One of the more important advantages is that mulch when applied to frozen ground tends to keep it frozen, thus preventing alternate freezing and thawing which "heaves" some plants out of the ground, seriously injures the roots of others, and materially reduces the yield of fruit.

Very low temperatures may seriously injure or kill plants which are not protected by a mulch and are not covered by snow. Though this source of loss is comparatively small in the average winter, it may be important in such severe seasons as recently experienced.

Fruit extension specialists of the Pennsylvania State College consider wheat straw the best material for mulching. However, various other materials have been successfully used. Rye straw is fairly good, but is a little coarse unless chopped. Barley, buckwheat, and oats straw are used, but they tend to pack down rather tightly and smother the plants somewhat. Even corn stalks, potato vines, shredded corn fodder, or leaves may be considered superior to no mulch.

Whatever the material used, it should be free from grain, grass, and weed seeds. If too many foreign seeds are introduced into the strawberry patch, the weed problem may become so great as to offset the benefits of the mulch.

In Pennsylvania the best time for applying the material is usually in late November or early December, about the first time the ground becomes well frozen. The mulch should be spread several inches deep over the plants and the area between the rows. Four tons of dry straw to the

acre make a comparatively light mulch. Seven tons to the acre are better for severe winter conditions.

It is often advisable to haul out the mulching material and distribute it in small piles at intervals along the patch several weeks before it is to be spread. Thus it becomes damp and is more likely to remain in place when spread. Dry straw may blow away badly before it has become sufficiently settled.

Meringue

Sugar should be added to the white of the egg before beating, then baking powder. If made in this manner the whites of the eggs have more the appearance of whipped cream.

Despite all theory self-interest is the main-spring of activities.

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