OFFICIAL TABLE OF POINT VALUES FOR PROCESSED FOODS

No. 1-Effective March 1, 1943

Pursuant to Ration Order Number 19 1200

Office of Price Administration

10 13 15 17 19 21 23

16 20 24

VALUES

28 31 34 37

14 17 21 23 26 29 32 34 37 40 43 11

14 17 21 23 26 29 32 34 37 40 43 11

10 13 15 17 19 21 23 25 27 29 31 8

10 13 15 17 19 21 23 25 27 29 31 8

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5 7 10 13 16 20 24 28 31 34 37 41 44 47 50 13

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43 48 53

7 | 10 | 13 | 16 | 20 | 24 | 28 | 31 | 34 | 37 | 41 | 44 | 47 | 50 | 13

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44 47 50 13

68 | 73 | 78 | 20

25 27 29 31

3 ts. 4 er. 3 ts. 8 a. 3 ts. 12 er. 4 ts.

Can Supply Will Be Cut In Half By Ration Order

48 Points Allowed for March Buying of Processed Foods; Values Range From 24 for Pineapple to One for Baby Food

The government has announced ed to cover purchases for the en-how much processed food the new tire month of March. During the ration books will buy, a drastic scale last week of March, however, some of point values limiting consumption of the April ration coupons may be to less than half of normal.

The forty-eight ration points al- It had been announced previously lotted to each man, woman and that the individual allotment for child for March will commend two March would be forty-eight points cans of sliced pineapple, or three but the value of these points was a cans of peas, or forty-eight cans of closely kept secret and today's anbaby food.

spent, of course, on a variety of dif- relying mostly on canned goods for ferent foods. Here is what some of their tables. them will "cost," in the most popular can sizes:

juice 32, soup, 6 baby food, 1. Nearly 900 Values

Prunes and raisins "cost" 20 points food they need to carry on."

points a pound. and frozen fruits and vegetables, 30,000,000 a month in 1941-1942. dried fruits, canned soups and baby foods may be bought when the rationing starts March 1. Sale of these items is frozen until then.

peas and lentils which were brought mon can, but very little is on the under the rationing only last night market. Canned meat and canned

will be announced later. expected to remain in effect meat at the end of the month. throughout March, although they Canned milk, butter and other edcould be raised or lowered at any ible oils probably will join the ratime. At the end of the month the tion list soon but remain on sale in OPA will announce the values for the meantime. Bread, milk, meat, April, which may be the same or soaps, fresh fruits and vegetables

May Dip Into April

vided by the new ration books to will be marked with the point valbe distributed this week are design- ues.

used if necessary.

nouncement constituted a severe The forty-eight points may be blow to householders who have been

"This means we will be eating less than half as much canned and Peas 16 points, corn 14, tomatoes processed foods as we ate the pre-16, green beans 14, pears 21, peach- vious year," commented Prentiss es 21, grapefruit juice 23, tomato Brown, OPA administrator. do on this scant ration so that our fighting forces and the fighting forces of our Allies may have the

a pound; frozen foods mostly 13 He estimated that civilians will have from March 1 to September. The Office of Price Administration 1944, a total of 254,000,000 cases of issued a detailed tabulation of near- canned fruits and vegetables-an ly 900 different point values which average of little more than 13,000,will determine how much canned 000 cases a month compared with

'Kraut' Is Cheapest

Of adult foods, the only thing "cheap" on the table was canned The point values for dried beans, saure kraut, at five points a comfish remain under a sales ban but The values announced today are are due to be rationed along with and other unrationed items remain on sale, too.

The point table will be posted in The first forty-eight points pro- grocery stores and cans and shelves

WAR TIME TOPICS

cial cans into glass jars is danger- This is a move to obtain a "secure ous and may result in fatal food hold on the entire agriculture" of poisoning. Housewives were warned that distressed country, a Warsaw by the U. S. Department of Agricul- radio announcement said. ture against the practice which is a resort of some persons to escape reporting excess canned goods when War Ration Book Two is obtained. propriation bill of the new Con-The subterfuge destroys food values gress, carrying \$299,724,465 for treasand obviously does not aid the war ury and \$899,116,495 for post office effort, U. S. Dept, of Agriculture nu- operations during the fiscal year trition experts have emphasized.

Many Jobs Are War Jobs

as agriculture, food processing, min- which was an increase of 4 per cent munications, heating, power, and were 45 per cent higher than in the educational services are "war jobs," 1935-1939 base period. says the War Manpower Commission. People must be housed and fed and clothed in wartime as well as in peace, and essential civilian work- since May rose .6 percent from Deers are on an equal plane with work- cember 15 to January 12 to a level ers in basic war industries.

House Investigations

The Federal House of Representatives has voted to continue the Dies Committee's investigation of Un-American activities for another year. The House also passed a resolution creating a 7-man committee to investigate Government agencies and departments to determine vised by OPA that they should-in whether any action is beyond the their own as well as the public's inauthority granted by Congress or terest-unstintingly fill orders from Executive Order, or violates the con- retail stores for processed foods stitutional rights of citizens, or in- during the retail stocking-up perflicts penalties for violation of reguiod, February 21 to 28, inclusive, lations without affording the ac- During that period retailers will cused "an opportunity to present their defense before a fair and impartial tribunal."

No Frills on Shoes

Unessential frills on shoes have been eliminated by order of WPB ing starts. which also limited the height of heels on woman's shoes, and restricted colors to four-black, white, army russet, and town brown. Some shoes will be discontinued. They include men's patent leather, men's sandals, men's and women's metal spiked golf shoes, and women's formal evening slippers. Heavy leather may be used only for making work shoes, cowboy utility boots, and lined police shoes.

Nurses Should Register

Nursing, Health and Medical Com- machinery and equipment. mittee. Office of Defense Health and Welfare Services of the Federal Security Agency. Fifty per cent have already returned their cards, according to the War Manpower Commission, but the need is urgent because nursing units will be formed ly below prices asked by dealers in

1942 Onion Sets

Temporary sixty day ceilings have been placed on the 1942 crop of onion sets by OPA, at the highest levels at which sales were made by the five days between February 10 announced by the U. S. Dept. of Ag-

Foreign Crop Situation

in Norway has in some cases forced peasants to surrender their seed potatoes intended for next spring's

paper "L'Oeuvre"

Dangerous to Transfer Food | village community" will be respon Transferring food from commer- sible for agricultural production.

Retail Sales

Such essential civilian activities the record total of \$56,382,000,600. textiles, transportation, com- over 1941. Sales at retail in 1942

Trend of Food Prices

Insure Retailers Canned Goods

suspend sales of canned foods to

War Boards on Farm Machinery Boards now have the authority, by amendment to Food Production Or-

Striking at signs of "black marprices, including Federal Excise tax, been increased by WPB. shall be-659 watts or \$3.00, 660 to 799 watts, \$4.00-800 to 999 watts, \$5, 1000 and over. \$6.

Loan on Seeds

descue, slender wheatgrass, western wheatgrass, and ladino clover.

All rural women will be visited 000, (No in January, This was 2.1 per French wheat crop was below av- between March 1 to 20 and asked to cent- higher than December and 185 erage this year, and 12 months' supplied to produce as much of their per cent greater than in January the faucets, try rubbing with a brush infantry drill, and indoctrination the faucets, try rubbing with a brush infantry drill, and indoctrination ply must be stretched over 14 home food supply as possible. Goal 1942. The average daily rate of exmonths. Food shortage has caused of the victory food supply program per diture in January was \$240,500, increase in tuberculosis, scabies and roll call is to get every rural 000 compared with \$235,600,000 in other diseases in Nazi-occupied family to produce about a ton a year D s cember. The January 1942, \$81,-France, says the French Nazi news- of the right kinds of foods for every 2 \$ 1,000 was spent daily for war purmember of the family. The roll call I c ses. In Poland, Nazi Governor-Gen- will be launched under leadership eral has decreed that "the entire of State and County Home Demon-

Appropriations

The House has passed the first ap-

1.8 percent above last May. Prices of uncontrolled foods (about 10 percent of the family food bill) decreased 2.3 percent and now stands 27.2 percent above the May level. This is the first decline in prices of uncontrolled foods since May.

REA Allotments

tions of \$409,050 from the Rural Electrification Administration. The allotments will enable existing REA-

Price-supporting loans on 20 kinds

Rural Roll Call

TOMATOES TOMATO CATSUP and CHILI SAUCE Total retail sales in 1942 reached TOMATO JUICE TOMATO PRODUCTS, all others All other canned and bottled vegetables, vegetable Juices, radio

ASPARAGUS

BEANS, LIMA

BROCCQLI

SPINACH

CORN

BEANS, GREEN and WAX

OTHER PROCESSED FOODS

CARROTS

SAUFRKRAUT

CORN

PEAS

SPINACH

FLUIDS |1 pint - 1 pound

FRUITS AND FRUIT JUICES

FRUITS FOR SALAD and FRUIT COCKTAIL

All other canned and bottled fruits, fruit juices, and combinations

BEANS, all caused and bottled dry variaties including Baked Beans, Soaked Dry Beans, Park and Beans, Kidney Beans, and Lentils

APPLES (including Crabapples)

APPLESAUCE

BERRIES—all varieties

CHERRIES, other

GRAPEFRUIT

GRAPE JUICE

PEACHES

PINEAPPLE

PINEAPPLE JUICE

PEARS

Frozen

CHERRIES

PEACHES

RAISINS

All others

STRAWBERRIES

BERRIES, Other

All other frazen trui

Dried and Dehydrated

Canned and Bottled

BEANS, FRESH LIMA

BEANS, GREEN and WAX

BEETS (including pickled)

ASPARAGUS

VEGETABLES AND VEGETABLE JUICES

GRAPEFRUIT JUICE

CHERRIES, red sour pitted

CRANBERRIES and SAUCE

APRICOTS

Canned and Bottled (including Spiced Fruits)

Prices of foods under OPA control

Wholesale grocers have been adconsumers. The purpose is to ensure retailers of ample stocks of rationed foods to meet consumer buying demands when canned goods ration-

stration Agents of the Extension Sixteen rural electric systems in Service of the U. S. Dept. of Agritwelve states have received alloca- culture. financed systems to provide electric distributors. Ma cimum prices for purchases of "m lik" have been es-

Every graduate nurse in the coun- der 3, to approve changes in distri-

Set Electric Heater Prices

growers or merchandisers during of hay and pasture seeds have been the five days between February 10 appearance of his Life in the House furniture give and allowing it to prepare enlisted men and flying for days between February 10 appearance of his Life in the House furniture give and allowing it to prepare enlisted men and flying for at least two days before to prepare enlisted men and flying for at least two days before to prepare enlisted men and flying for at least two days before to prepare enlisted men and flying for at least two days before to prepare enlisted men and flying for at least two days before to prepare enlisted men and flying for at least two days before to prepare enlisted men and flying for at least two days before to prepare enlisted men and flying for at least two days before to prepare enlisted men and flying for at least two days before to prepare enlisted men and flying for at least two days before to prepare enlisted men and flying for at least two days before to prepare enlisted men and flying for at least two days before to prepare enlisted men and flying for at least two days before to prepare enlisted men and flying for at least two days before to prepare enlisted men and flying for at least two days before to prepare enlisted men and flying for at least two days before to prepare enlisted men and flying fl and 14, 1943. Both commercial grow-ricluture. The program is designed proximate Jy \$811,000,000, or at an-"victory gardeners" will to encourage 1943 production of nual rate of more than ten billions. benefit by the regulation. The new seeds to meet domestic, lend-lease. On recipity cal lend-lease agreements, ture polish on the old mahogany furprogram, the Army Specialized ture polish on the old mahogany furprogram, the Army Specialized for an inceilings reflect an average price to and military requirements. Kinds of shipmen's are rising to several counniture that is known as the "dullthe grower of about \$5 a bushel and seeds are: Northern and Central altries. La test reciprocal agreement is are more than double the price falfa, red clover, biennial white paid during the 1937-41 seasons. sweet clover, biennial vellow sweet sweet clover. sweet clover, biennial yellow sweet is receiving many products from of vinegar and water, and then polclover, biennial mixed sweet clover, North Africa, Russia, Britain and alsike clover, timothy, smooth other countries through these ar-Despite strict rationing in Swed- bromegrass, orchard grass, crested ranger en, potatoes will be very scarce by wheatgrass, blue grama, side oata lend-lasse in 1942 amounted to less pounds per person but will be less. dallis grass, bahia grass, meadow supply. grama, buffalo grass, Bermuda grass, than six percent of our total food polish is lemon juice. If a few drops month being given over to actual

Stat et : Government totaled \$6,254,-

-Buy Bonds for future needs.

SOUPS, CANNED AND BOTTLED—all types and varieties BABY FOODS, Canned & bottled, all types and varieties except milk and curvain THE FOLLOWING ITEMS ARE NOT INCLUDED.

INSTRUCTIONS.—To find the Point Value of an item:

1. Find out the net weight of the contents (from the label, if any).

2. In the line across the top of the chart, showing the weight in sunctee and pounds, find the column in which this weight belongs.

3. Find the item in the listing of items in the column to the left.

4. The POINT VALUE of the item appears on the same line as the item.

d. The POINT VALUE of the stern appears on the second as a the column listing the correct weight.

All Pgint Values must be determined by weights. If no weight is marked on the item, the item must be weighted.

In finding the Point Value of a container where contants are given in fluid cases, consider the fluid cance to be the same as the evolutional meight cence. One pint is one pound; one quart is two pounds.

This Chart Must Be Displayed in a Prominent Place

ahall he arrived at by multiplying the number of pounds of that Item by the Point Value per pound of that Item as given in the "Fee Found" column. Fractions of a pound should be figured in quarter-pounds. Fractions of a quarter-pound should be figured to the next higher quarter-pound. Thus, an item weighing 4 pounds 9 cunces would be considered as weighing 4 pounds 12 ounces for the purpose of getting the Point Value of the Item.

Over 51/2 ounces-including 9 ounces - - 2 Points

The Point Value of any item weighing over four (6) pounds

OPA Form No. R-1815

Correct this sentence: "I am all

for any rationing; what they ought

to do is to get after the enemy and

The Dies Committee will continue

Congressmen wanted to be on rec-

lick 'em and come home."

41 44 47 50 13

HOUSEHOLD

Price ceilings have been placed on try is urged to register with the bution quotas for rationed farm 1937, as amerated, which ever is out readily at the top. higher.

Ceilings on Fluid Milk

Quotas For Boilers Increased

on a voluntary basis as fast as pos-

Land-Lease Aid

Total aid under the lend-lease . If a rung comes out of the chair program through January 31, 1943, or some other part works loose, it has been selected by Army and Naamounted to \$9,064,000,000, Admin- can be mended by use of a little vy officials as one of the sites for istrator Sig ttinius told the House furniture glue and allowing it to three training programs designed tends to subside with the complete January total lend-lease was ap- using

War Expenditures Wra expenditures by the United will give them a high gloss.

SCRAPBOOK

Softening Toothpaste If someone has inadvertently left can be used on them.

tablished at the Lighest paid by in- the top of the tube of toothpaste off dividual buyers for milk delivered and the contents have become so U. S. Dept. of Agriculture War during January, 1943, or the mini- hardened that squeezing tends to en vessels have acquired a musty, mum producers' price established burst the tube elsewhere, try holding disagreeable odor. fill them with under the provisons of the Agricul- it under hot water for a minute, some cold water in which soda has the tuberculosis patient should be tural Marketing: Agreement Act of This will soften it and it will come been dissolved.

Cake Baking

Some cooks find the removal of a dow glass by mixing some powdered person on absolute bed rest maybe of Un-American activities. Striking at signs of "black markets," OPA has set maximum prices for new model bowl or reflector type electric portable heaters substantialcivilian replacement needs, and in for the first time, to remove the repair parts for such boilers, durpaper as soon as the cake is taken

cool on the cake it will stick. Loose Chair Rung

Dull-Finish Furniture

ished with a soft duster. Substitute Shoe Polish

An excellent substitute for shoe State for five months, with the final are sprinkled on either black or brown shoes and rubbed briskly, it

Water Stains

tle liquid ammonia. Venetian Blinds

attachment to the vacuum cleaner.! If the slats are kept well waxed, it will be easier to brush off the loose dirt. The tapes should be brushed frequently with a stiff brush and of the Board of Trustees of the

Remove Odors

Paint can be removed from win-

PENN STATE NAMED FOR

The Pennsylvania State College cadets for commissions or non-commissioned technical ratings.

Training Program, and for an intensive basic program for Army Air Corps cadets. The College expects 500 potential Army flyers to report on April 1. group will remain at Penn

flying instruction. development of sanitorium treat-Penn State will utilize its own faculty for the academic work involved in training the flying cadets. Tuberculosis is still the leading They will study mathematics, phys-If marks have formed in the lava- ics, current history, geography, and ful and productive of age groups. tory basin by water dripping from English . Physical training, first aid, and some powdered chalk with a lit- work will also be offered through 45. the facilities of the School of Physical Education and Athletics and

The venetian blind slats should be and tactics. dusted frequently with special fingered lambs wool, rubber sponge dusters, or the round dusting brush buy, buy war bonds.

YOUR HEALTH

journal. "it would be difficult to im-From the Educational Committee without these two drugs." when they have become soiled, a Medical Society of the State of good commercial unholstery cleaner Pennsylvania, of which the Centre for the war but the brass hats have County Medical Society is a comdone nothing right. There is no use

ponent The importance of rest in treat-If the glass bottles, jars, or earth- ment of tuberculosis cannot be overemphasized.

Regardless of the stage of disease placed immediately upon absolute for two more years because few bed rest. The breathing rate of a normal ord as opposed to an investigation

Such reduction of respiratory work may mean several hundred less

breathings per hour This enormous reduction in lung ARMY, NAVY PROGRAMS activity when on absolute bed rest explains in large part why tuberculous spots tend to heal in most rest

cure cases.

The fever of active tuberculosis The appetite improves, weight is gained and coughing gradually dis-

patient to overcome his infection. Experience has proved that the shortest period of absolute bed rest required to accomplish such a result is at least three months Much of the success for the great reduction in deaths from tuberculosis is due to the recognition and

Favorable influence on body de-

fense mechanism thus enables the

cause of death among the most use-Tuberculosis kills one-third of all who die between the ages of 15 and

DO YOU KNOW

Certain members of the German the department of military science fighting forces are on occasion given amphetamine or pervitin. These two drugs have the power to in-If you are in doubt as to what to crease physical energy and the faculty of observation. According to

How You Can Increase Your Food Production for '43

Oakley Havens, Farm Security Administration supervisor for Centre and Blair counties, announced yesterday that his office now is prepared to make loans "for virtually everything needed to increase food pro-

duction in 1943." "Credit should not hold back any patriotic farmer from doing the allout production job the Government asks him to do," Mr. Havens declared. "Farm Security is prepared to make loans to those who produce the food we need so badly; and, what's more, we make loans to people who cannot get reasonable credit clsewhere.

He said that farmers may make application for loans between 8:30 a. m, and 5:30 p. m. at his office, Post Office Building, Tyrone, any week Gay, including Saturday or at the Post Office Building, State College, on Fridays between the hours of 1 p. m. and 5:30 p. m.

Farm Security loans may be made for anything from a new farm to small pieces of equipment.

Operating Loans

Regular standard operating loans, at five per cent interest repayable over a period of from one to five . years, are made for such items as seed, feed, fertilizer, livestock, equipment, land rental, fencing, building repairs and for home requirements such as canning, equipment, clothing, necessary medical care and sanitation facilities

Co-op Loans Cooperative loans, at three per cent interest and repayable in three to five years, are made to individuals and groups for such items as sires and sire services, machinery, farm and home supplies and marketing facilities. These loans may also be made for means of conserving food or for transportation and storage facilities

"Farm Security does not establish cooperatives, where existing organizations do the job needed by PSA borrowers," Havens explained "Where existing cooperatives do not satisfy the wants of borrowers, we are only too glad to help them set up organizations that can take care of all their purchasing and marketing needs.

"With rationing what it is, cooperative purchasing is becoming more and more important. It is only logical that groups, rather than individuals, be given preference when available machinery must serve the needs of the greatest number of fighters on our food front.

Club Loans FSA will lend up to \$150 to any responsible boy or girl agricultural club member to buy chickens, calves, pigs or rabbits or to plant any of the

foods needed in a world at war. "The Future Farmers and Four-H Clubs are doing more and more important work as the war goes on." said Havens. "In many areas these club loans have enabled patriotic youngsters to make a real contribution to America's war effort. We exrect them to make this a banner

Tenant Purchase loans can be made to a few skilled farm tenants and laborers in selected counties to buy their own farms. They are repayable over a period of 40 years at three percent interest. Farm owners may also borrow

from Farm Security for farm en-

largement or farm development pur-Farm Enlargement loans are made to enable farmers to produce food to the capacity of their ability. The Government feels that now particularly all farm families should have land resources enough to fully em-

Farm Development loans are made to improve the property when such improvements-whether it be soil |conservation or repaired fence-are essential to increased production. The county supervisor urged farm-

ploy the entire family.

an article in a German medical ers needing loans to apply soon. "The good farmer will prepare agine a long distance night flight early this year for the biggest and toughest job he's undertaken," he said. "Nothing-particularly credit-

should stand in his way. Envy is a form of self-poisoning.



THE SHOTS THAT HELP

