To Preserve Flowers.

Deodorizer

Removing Wall Paper.

Stuffed Celery

ments. Make into a pulp, mix thor-

Bottle Shaking

a bottle has its complications. The

correct procedure is to grasp the

bottle by the neck, with the bot-

tom up, and give it several vigor-

ous shakes in a horizontal plane.

More will be done in this way to

distribute the sediment in the bot-

Rust Spots

not, the rust will continue its de-

vastating work and will soon ap-

pear through the new coat of paint

Prevent Sticking

Permanent Brass Polish

every particle of grease and stain.

Then paint over with a coat of clear

varnish, applying

smoothly with a fine, soft brush.

When dry, the brass will look just

the same, but will withstand damp-

(Continued from page one)

Starts New Year

"CHOCOLATE CAKE"

late cake purchased from a bakery.

the same way. Varieties listed in-

cluded white cake with chocolate

icing chocolate cake with choco-

late joing, chocolate cake with white

icing, and one, two and three-lay-

Talk Leads to Jail

cake best fits the definition.

read the sports pages.

ness and will not discolor.

sistant trus; officer,

copal

through it, they will not stick.

paint is applied to the metal.

Even the simple job of shaking

with cream cheese

transparent.

odors

BELIEVED TO HAVE BEEN THE was the giant Daniel Lambert 1770-1809), an Englishman who weighed LARGEST HUMAN ON RECORD

Largest human of which there is "and other authorities." any authentic record was none of No other authorities were uncov- and it is said of him that in 1839 the famous freaks of history, but a ered by a superficial search, though his coat was buttoned around three relatively obscure North Carolinian, contemporary Tennessee newspaper men, each of them 200-pounders,

Miles Darden, who weighed over extant. 1,000 pounds at his death, was born in North Carolina in 1798 and died Henderson county, Tennessee, January 23, 1857

Mentioned in Review

Such a creature must have been pounds. a sensation in the South at that tioned in "The North Carolina His- or be moved about in a wagon.

skeptics to Appleton's Cyclopedia of a coat. His coffin was 8 feet long. American Biography (Vol. 2, P. 77) 35 inches deep.

accounts of such a marvel must be who thus encumbered together walk-

Appleton's Cyclopedia notes that

"Miles Darden, giant-was 7 feet 6 inches in height and at his death notably heavy. weighed more than one thousand

Until 1853 he was active, energetic time, but little is known of Darden and able to labor, but from that now, though his existence is men- time was obliged to remain at home torical Review" of October, 1926. In 1850 it required 131/2 yards of

There in F. A. Sondley referred cloth, one yard wide, to make him

THURSDAY, MARCH 21-Charles T.

berger will offer at public sale on his farm 2 miles East of War-riors Mark, livestock and farm im-plements. Sale at 10 o'clock. H. L. Harpster, auct.

wheels, the other all wood, 2 sets vankee ladders: 1 set tug harners; 10 gal copper kettle, clover seed by bushel and many other items. Wise

PERSONAL PROPERTY:-- 2 horses

perches, and 10 acres respectively. TERMS OF SALE—Personal prop-

cossession of real estate can be de-pred immediately. Sale 12:30 p. Wise & Hubler, aucts. x4

to 150 lbs.

Crust will offer at public sale on his farm 3 miles East of Centre Hall, along Route 45, livestock, im-

CENTRE COUNTY'S LEADING Public Sale Register These columns are watched weekly by prospective buyers from

all parts of Centre and adjoining counties. If you are planning

a public sale make sure that your announcement appears here.

Adm., will offer at public sale on the premises of the late Albert S. Lingle, located 31/6 miles south-west of Spring Mills, near Locust Grove Church, livestock and farm implements and some real estate Sale 12:30 sharp. Wise & Hubler

SATURDAY, FEB. 24-J. E. Starette will offer at public sale at his ho in Milesburg, a full line of hou hold goods. Sale at 1 o'cu Terms cash. Roy Oyler, auct.

SATURDAY, MARCH 2-Elmer E. Miller will offer at public sale at his place of residence, Rebersburg. Pa. all his household goods, Among this list are many antiques. This is a clean up sale. Sale at 12 o'clock P. M.. Auctioneer Wise &

MARCH 4, 5 and 6, Mrs. H. L. Stuart owner, will offer at public sale on the Nittany Meadows Farm at Boalsburg, Pa., personal property including the following: 250 head-of cattle, consisting of 200 Guern-seys 150 of which are Registered 50 pure bred Angus cows; 100 brood sows due to farrow late in March-and early April; 12 high class work horses; tractors; trucks; complete line of new farm machinery adeline of new farm machinery ade-quate to farm 1000 acres. For catalogs write, Herrick Merryman Sales Co., Sparks, Maryland. This Auctioneers: E F. Mayes, Lemont.

THURSDAY, MARCH 7—Glenn H.
Moo e will offer at public raie at
his farm 2 miles East of Beech
Creek or 4 miles West of Mill Hall
or State Highway, stock and
farm implements. This is a clean Sale at 9 o'clock. Wise & Hubler, auct.

TUESDAY, MARCH 7-Roy Mc Kinley will offer at public sale on the Lieb farm, between Centre Hall and Penns Cave, livestock and and Penns Cave, livestock and farm implements. Sale at 10 A. M. E. M. Smith, auct.

PRIDAY, March 8—Lewis Fetzer will offer at public sale at Pleasant Gap, Pa. on the Shugert farm. Hyerock and farm implements

Watkins will offer at public sale.
On her farm about 8 miles from
Howard, near the Summit Hill
Church, a full line of livestock and
farf implements. Sale at 12 o'clock Roy Oyler auct

SATURDAY. MARCH 9—John A. Neidigh, will offer at public sale on the J. D. Neidigh farm, 3 miles north of Pine Grove Mills, or 5 miles west of State College, a full line of livestock and farming implements. Clean-up sale. Sale nents. Clean-up sale. Sale 12:30 o'clock. E. M. Smith,

MONDAY, MARCH 11—A. J. Burrell will offer at public sale on his farm at Milhelm, Pa., livestock and farm implements. Clean up sale. Sale at 10 A. M. Wise & Hubler and the sale of the sale of the sale. TUESDAY, MARCH 12-W.

Strunk, will offer at public sale at his farm. I mile east of Lamar, on route 220, a full line of livestock. ing implements, and clean up Sale at 10 a.m. E. Hubler,

WEINESDAY, MARCH 13—Earl Yearlok will offer at public sale on his farm about 114 miles east of Hecla Park, Route 220, livestock and farm implements. Sale at 9 a. m. Clean to sale. Wise and Hubler averts

WEDNESDAY, MARCH 13-Edward Glenn will offer at public sale at Centre Hills Country Club, new State Collège, livestock and farm implements. Sale at 10:30 A. M. E. M. Smith, auct.

THURSDAY, MARCH 14—E. N. and Mary Trostle, will offer at public sale at the J. W. Mayes farm. Howard, a full line of livestock and farming implements. Sale at 9 a.m. Mayes and Stover, auct. Jan. 25 : C. W. Lingle, Adm. Of the Estate of Albert Samuel Lingle, late of Grege Township, Centre County, Pa., deceased, will offer at public sale upon the premises owned by the late decedent, located three and one half miles Southwest of Spring Mills, near Locust Grove Church, a line o. farming implements, equipment, and live stock, the major items of which are, as follows: THURSDAY, MARCH 14-Geo. Museer wilt offer at public sale on the Museer farm 2½ miles East of Pine Grove Mills and 5 miles south of State Collège, livestock and im-plements. Sale at 9:30 o'clock. E. M. Smith, auct. H. S. Elder, clerk, 45tf

FRIDAY, MARCH 15-J. W. Kepler will offer at public sale on his farm one mine west of Pine Grova Mills, surplus livestock. Sale at 1 P. M. H. L. Harpster, auct.

SATURDAY, MARCH 16—C. H. Foust will offer at public sale at his farm 2 miles East of Old Port. Rivestock and farm implements. This is a clean-up gale. Sale at 1 o'clock. E. M. Smith, auct.

MONDAY, MARCH 18—W. F. Rishel will offer at public sale on his farm 3 miles North West of Spring Mills Pa farm 3 miles North Westock and Mills, Pa. pure bred livestock and implements, Sale at 9:30. House in process of construction. Electric lights; running water; good MONDAY, MARCH 18-Merle P. Poorman on the Henszey farm, known as the Sunset farm, 1½ miles north of State College, on Route 322 will sell full line of live stock and farm implements. Cleanup

beginning at 9 o'clock a. m. f. Smith, auct TUESDAY, MARCH 19-E. P. Neff will offer at public sale on his farm between Seven Stars and Warriors Mark, Pa., on Route 45. 35 head purebted Brown Swiss cattle and hogs. Sale at 11 A. M. E. M. Smith, auct. rety—cash.

Real estate—25% of purchase price to be baid in cash to the undersigned attorney-in-fact on day of sale when the real estate is knocked down and declared sold, and the remaining 75% to be paid in cash to the attorney-in-fact upon delivery of deed.

WEDNESDAY, MARCH 20 Harry Lutz will offer at public sale at his farm 1 mile east of Bellefonte, live stock and implements. This

live stock and implements. This is a clean up sale and one of the largest sales of the Soring sale season. Sale at 9 o'clook. Mayes & Stover, auct. WEDNESDAY, MARCH 20-J. A. Sager will offer at public sale at his farm in Mackeyville, livestock and farm implements. E. Hubler, auct.

H. L. HARPSTER AUCTIONEER WEDNESDAY, MARCH 20—C. E
Frank will offer at public sale, on
she Miller farm, about 5 miles west
of Pine Grove Mills, livestock and
farm implements. Sale at 10 a. m.
H. L. Harpeter, auct. Phone 3579 Prompt attention given all sales PINE GROVE MILLS, PA.

County Library Rapidly Extending (Continued from Page 1)

Nearest rival to such corpulency

Married Twice

ed in it across the square at Lexing-

Darden was twice married and

had children, none of them were

Darden was a third again larger,

at the Armagast school reported 187 units of circulation from 17 books which she carried to and from the county library

Three branches are actively circuand Port Matilda. A fourth branch, operated jointly by Snow Shoe and Clarence, will open within a week. A total of 907 volumes have been loaned the branch libraries. Philipsburg reports a circulation of 277 volumes, and Pleasant Gap 505 volumes. No report has been received soda will eat through the glue side from Port Matilda.

Forty-seven books have been loaned by other libraries to fill special requests at the county library. Thanks are due to Mr. W. P. Lewis oughly and his staff for their splendid co- chopped olives. Then stuff into operation in this important phase of celery. the work

plements and howehold goods. This is a clean up sale. Sale at 10 PRIDAY, MARCH 22—A, G. Cummings will offer at public sale at his farm near Rebersburg, live-stock, farm implements and some Story hours for children were conducted on 18 Saturday mornings by Miss Janet Woomer, Miss Betty household goods. This is a clean up sale. Wise & Hubler, aucts. Smith, Mrs. Mary Scott, Miss Julia Rippman and Miss Dorothy Wilkin-RIDAY, MARCH 22, 1940-Eugene son with an average attendance of Irvin will offer at public sale on the Lyons farm at Pennsylvania Furnace, 11 miles west of State 23. On one occasion when the story-Furnace, 11 miles west of State College and 18 miles east of Tyrone on Route 45, livestock including 18 head of horses and coits, 65 head of cattle and 100 head of hoses also a full line of farming implements. Clean-up sale. Sale at 9 a. m. E. M. Smith, auctioneer. teller failed to materialize, the children themselves took turns about reading aloud, calling for a consensus of opinion on the pronunciation of the difficult words. Story hours have been made more enjoyable by FRIDAY, MARCH 22—S. A. Hoover will offer at public sale at his residence 4 miles west of Unionville, on Dix Run, a full line of farm stock and implements. Sale at 12:30 noon. L. Frank Mayes, auct. 52tf a gift of 22 sit-upons, made and donated by Troops 2 and 4 of the Girl Scouts. The sit-upons are used by the younger children who sit on the floor during the story telling.

The book collection now totals 8,-MONDAY, MARCH 25-L. O. Corman 884 volumes; 504 were added by purwill offer at public sale at his farm known as the "Beech Edge Stock Parm," three miles east of Beech Creek, or three miles west of Mill Hall, on Route 64; livestock, including Registered Holstein cattle. Purebred Chester White hogs; and Purebred Shrowshire sheep; also a full line of farm implements. Sale of library standard in comparison with the number of adult books that with the number of adult books that JESDAY, MARCH 26-G. E. Rum- are donated, and also because so many libraries are making demands upon the State Library for juvenile books that the State has been unable to supply the number promised. Several hundred children's books will Jan. 17 : : : : : : A. F. Ruhl be added to the county library by Trust Company Will offer at public sale at 10 purchase within the next two weeks, o'clock. I mile west of Tylersville. but even this number is inadequate to serve 10,000 children in schools. LIVESTOCK:—Black mare 16 yrs. Most of the borough schools have small class room collections of their own. It is the one and two-room own. 3 fresh at date of sale; Guernsey own. It is the one and two-room own. Most of the borough schools have schools where the lack of suitable

4 Chester White brood sows. White boar and 37 shoats, reading matter is causing grave no longer adequate to answer all the John G. Love, Bellefonte attorney, problems of modern life. Many spoke on several phases of trust Wise points of view from many sources company service, pointing out parmust be consulted to direct the stu- ticularly the importance of having dent's thinking. It is impossible for a will and of having it properly Jan. 23 : L. J. DeFerie, Agt. the average boy or girl to buy all drawn. the books needed for collateral read- Mr. Robb, who was in charge of For Edwin E. Miller and Mrs. the books needed for collateral reading. The county library is attempted at public sale on the premises at Dungarvin, Warriors Mark Township.

The American Library Association

The American Library Association

Mr. Robb, who was in charge of arranging the dinner, introduced W. Harrison Walker as toastmaster.

Music was furnished by Mrs. Louis

The American Library Association Huntingdon County, Pa., the followhas set a figure of \$1 per capita per LIVESTOCK:-45 head of hogs; 6 year as a minimum for library serhead cows, 1 Holstein; 2 heifers; 2 gray horses, sorrel mare, 4 years old; roan horse, 3 years old; roan mare, 2 years old. vice. Centre county with its 1938 estimate of 47,300 population has a library budget of \$4,266, or approxi-IMPLEMENTS: - Parmail tractor. mately \$.09 per capita. Here is a goal that commends itself to the consideration of every educational and civic organization in Centre

IMPLEMENTS: —Parmail tractor.

1939 model P-20 with rubber tires;
2 sets double harness; Alis-Chaimers
combine, good as new; 2 wagons; set
hay ladders; hay loader; hay rake;
side delivery rake; Oliver plow No.
40; 2 harrows; cultivator; manure
spreader; fodder shredder; wood saw;
McCormick-Deering tractor plow;
Cliver No. 83 tractor plow; grain
drill; chop fill! cultipacker; hay
tedder; 2 shovel plows; mower; lot
of farm and show tools; wagon; gasoline engine; Dismond T, truck filscellaneous household goods, and
other articles too numerous to mention. Also 200 bushels oats, 35
bushels wheat; 300 bushels corn and
10 ton hay. Sale at 1 p. m. This
is a clean-up sale. Terms:—All
sales under \$10.00 cash; 6 months
for purchases over \$10.90 with secured notes bearing interest. H. L.
Harpeter, auct. Leon Cox, clerk, x3

The g What has been accomplished thus far could not have been done with- 15 percent return on its invest- become separate countries? out the vision and persistence of the Library Board and the fine spirit of interest and co-operation shown by the Federal workers and by Miss vestment ever realized by the bank, Betty Smith who has volunteered it was reported. her services since June, 1939. Much of the book collection, shelving and other equipment stand as a visible lic-spirited citizens throughout the

The growth of county library ser- the year just past, M. K. Robb, 10. How does vice dates back only thirty years, trust officer, declared. Earning: pare with 1929? and any active development only ten from the department last year years so that there are few stand- were \$7,328.44. ards or traditions to follow. Each community has developed its service WIVES CAN'T DEFINE in a way best suited to its individual needs, and too close a comparison with larger or smaller areas or with units in other geographical areas is nomenclature it would seem, acdifficult and misleading.

Even though at present there is O head cattle; grain drill; hay rake; no universal measuring stick for county work. There is always the ideal of library service as a whole clared that it is to give service within all that it is to give service within a prescribed area to every individual was asked to describe the qualities REAL ESTATE:—The above as attorney-in-fact for the heirs of the late Albert Samuel Lingle will offer the following real estate for sale:

(1) Farm containing approximately 95 acres. Good bank barn index to the success of failure of the institution. It is still too soon in the a prescribed area to every individual institution. It is still too soon in the annals of the Centre County Library (2) Timber land on Egg Hill to give an estimate of its progress, mountain containing 51 acres and but with the continued interest and 30 perches.

(3) Three other tracts of timber and in Grego Township, Centre County, Pennsylvania, containing 18 acres and 120 perches, 20 acres and 4 perches, and 10 acres respectively.

RE-ELECTS OFFICERS

Tuesday of last week.

Wilson, chairman of board; prietor had him arrested. Gene Lee, cashier, and James Stevenson, assistant cashier. Board members are: Harry J. Behrer, E. V. Dye, B. F. Homan, Frank P. Noll, M. B. Meyer, M. W. Neidigh, J. P. Ritenour, Guy Z. Stover, J. L. Wilson, and A. H. Yo-

-The most news for \$1.50.

Household Scrapbook Give \$463,972 in War On Paralysis To Remove a Tight Ring

Take a yard of cotton cord, soak it in scapsuds, glycerine, or oil, and \$400,000 to Fight Virus: wind it snugly around the finger from near the fingertip to the Other Funds to Test New knuckle joint. Then pass the end Treatments of the string under the ring, and, pulling the string tight, unwind it. The tightly wound string will les-

The National Foundation for Insen the blood pressure near the fantile Paralysis, which administers ring, and little by little the string the funds raised annually by the presses the flesh and pulls off the Committee for the celebration of President's Birthday, made forty-four grants totaling \$463,972 By dipping the entire flower into to universities, hospitals and other solution of gum dammar and alinstitutions in twenty-one months cohol, the flower may be preserved. from its organization on Jan. 3. The alcohol evaporates readily, 1938, to the end of its fiscal year on Sept. 30, 1939, according to its anleaving the gum, which is almost nual report. It has a principal of more than \$1,000,000 and is prepar-A home-made disinfectant, both ed to make other grants as approvefficient and inexpensive, can be ed.

More than \$400,000 of the grants made by completely submerging a small quantity (about half a can) went for research to "trap" the lating periodicals, pamphlets and of chloride of lime in vinegar. The virus responsible for infantile parabooks—Philipsburg, Pleasant Gap, gases released by this mixture will lysis, to find some agency that will lysis, to find some agency that will gases released by this mixture will destroy germs and unpleasant immunize persons so they will not con ract the disease or will not be harmed by it if they do catch it, and so break up the virus into its Use a strong solution of gal-soda and waler to remove old wall paper. different types as in the case of cneumonia. Boil the mixture and apply while

There have also been grants for hot. After a few applications the experiments in the use of certain drugs in the treatment of the disand the paper will come off readily. ease, including the sulfamlamide group, which have had such re-Remove the skin from orange segmarkable effects in the treatment of pneumonia and other diseases; metroazol and strychnine.

Other experiments carry on the study of the nasal passages in their relation to catching infantile paralysis, particularly in the case of perwho have recently had tonsil and adenoid operations. Part of this survey will be devoted to the search for a nasal spray to establish al "chemical blockade" of the nasal mucous membrane against the entrance of the virus by that route.

tom than a dozen shakes up and Still other grants were for research into the prevention and treatment of after-effects, of im-Rust spots on metal should be sandpapered off before any coat of provement in surgical methods, and of education and public health especially with respect to epidemics.

The report emphasizes that the foundation attempts to cover the entire field of the disease, including cause, prevention and amelioration If the meat chopper is heated in When it was founded its intention boiling water before raisins are run was to confine its activities primarily to assisting in study and research on the medical problem of Sometimes brass articles are very infantile paralysis as a whole, and feathers of a bird gleam and glisdiscouraging because of their losing not in rendering direct individual

polish so quickly. Clean care to those afflicted, very thoroughly, removing All the foundation's All the foundation's income. ebrations of President Roosevelt's birthday

tion, amounting to \$1,010,378, were things. received by the Foundation. In the year 1939, 50 per cent of the net proceeds of the Birthday celebration, after reducting there-from the expenses of the national campaign, were received by the foundation. This amount was \$600,000.

the president; E. S. Orr, secretary-"The remaining 50 per cent of the treasurer; P. O. Witmer, assistant net proceeds of the 1939 Birthday secretary-treasurer; H. R. Wil- Celebration was left in the commuliams, assistant treasurer and as- nities throughout the United States IMPLEMENTS:—Binder, mower, corn worker; drill; hay dump rake: tedder; T-seat roller; manure spreader; plow; harrow; 50 tooth harrow; 2 wagons, one has steel wheels the other all wood. 2 sets for direct local relief. This amountthe Will Rogers Memorial Commission so that in 1939 the total of \$777,173 was left in the localities throughout the United States as a result of the activities of the National Foundation.

DO YOU KNOW?

Music was furnished by Mrs. Louis 1. Has the Republican party ever Schad, Robert Walker and Herman held its national convention before McClure, violinis.s, and Mrs. Robert that of the Democrats?

Walker, pianist. Rev. H. Willis Hartsock, pastor of the Methodist church, pronounced the invocation anti-trust law? campaign against violators of the

President Robb reported to the stockholders that net earnings for the year were \$22,461.93; that \$14 - the United States? 461.93 was transferred to undivided 4. What German general, who profits; that the book value of the won fame in the World War, re-

company's stock this year is \$183 a cently celebrated his 90th birthday? share. He added that the bank had 5. When did Norway and Sweden ment in 1939 as compared with 12 6. Who was the youngest man to percent in 1938. The amount represents the largest return on in-

7. When did the United States recognize Soviet Russia?

The trust department has en- 8. Who is the chairman of the joyed a substantial gain in recent American Red Cross? years and a large gain in the past g. How many European nations tribute to the generosity of the pub- 20 years. In 1919 total personal have lost their independence in the trusts amounted to \$44,000 as com- past two years?

pared with a total of \$737,000 for 10. How does World Trade com-

The Answers

1. Only once since 1865; in 1888. attorney general.

"Chocolate Cake" isn't the simple 3. No; the Indian population is increasing. cording to a recent poll sponsored by the American Institute of Bak-4. Field Marshal August von

ing at Rockefeller Center, New Mackensen. 5. In 1905. 6. Theodore Roosevelt, at 42.

7. In 1933. 8. Norman H. Davis. they wanted in the "ideal"Choco-

8. Seven. The answers revealed that no 10. In 1937; 46 per cent in value; habitually constipated, two women defined Chocolate Cake 97 per cent in volume.

UNIFORM PRICE OF \$2.16 FOR DECEMBER MILK ANNOUNCED

M. Harmon, administrator of

styles. Even bakers themselves, the Institute finds, have the handling of milk in the New difficulty in agreeing upon which York Metropolitan Milk Marketing area, yesterday announced a uniprice of \$2.16 per hundredweight for milk with a 3.5 per cent who lacks the knowledge properly A Mason City, Wash., youth was butterfat content received from to evaluate them. The writers Officers of the People's National jailed for talking too much. He went dairy farmers during the month of Bank, State College, were re-elect- to a hotel and called a girl in Oak- December at plants of handlers in sition to know the truth scientific ed at an organization meeting held land, Cal., by telephone. He talked the 201-210 zone from New York cally or experimentally. to her an hour and four minutes. City. The price to producers for De-They are: M. B. Meyer, president; The bill was more than \$50, but the cember 1939 milk is \$.12 less than been called to an article written Harry J. Behrer, vice president: J. youth only had \$15, so the hotel pro- for November and compares with a by a United Press correspondent Harmon said. Many a football star will find out.

You may think that you are su-perior to the human race, to which report made by a doctor at a Southnext June, that there are hardheaded business men who do not you belong; you are, however, ern Medical Association in which wrong. It takes a los of law for a learned

judge to declare that a status is Who remembers when current deafness, abortions and etc., and unconstitutional because it is un- humor revolved around the size therefore unsafe in the hands of of women's hats?

Lessons In English

at, not as in care.

Words Often Misspelled

serve the 1; not presentment,

day. Words for this lesson:

"This is true philanthropy,

the human heart."-Harley.

ous old age."

-Cowper.

evil."--- Colton.

Word Study

by, or fond of, unnecessary show

buries not its gold in ostentatious charity, but builds its hospital in

VICISSITUDE; change of for-

tune. (Pronounce all i's as in it, accent second syllable). "After many

vicissitudes he enjoyed a prosper-

VENERATE; to regard with ad-

miration and deference. "I vener-

ate the man whose heart is warm.'

its very inaction, idleness ultimate-

ly becomes the most active cause of

EXECRATE; to curse, or call

down evil upon. "But the unfaith-

ful priest, what tongue enough

CULINARY; pertaining to the

kitchen or cookery. (Pronounce

the u as in use, accent first syllable)

"My culinary knowledge is limited."

observations and experience in the

use of quinine go, the statements are misleading. In fact they are

unirue. For this reason I took the

trouble to read the article before

large medical society, the person-

nel of which stands high in the pro-

fession. Some of them have been

practicing medicine for twenty-five

years, or longer, in malarial dis-

tricts, and have had extensive ex-

perience in the use of quinine

None of them had ever seen a case

of permanent blindness or deafness

even after large doses of self-medi-

cation with the drug. Neither did

they know of an abortion which

Millions of people are suffering

from malaria, from which they

could get relief by taking quinine

Undoubtedly some of the ill effects

falsely attributed to quinine are due

Is quinine harmful and is it un-

We shall let the League of Nations

answer, as there is no higher au

thority in the world. The League

has carried on in various parts of

the earth vast programs of study

For months they have remained

administration by subordinate per-

most complete absence of toxicity

Bellefonte, Pa.

and experiment in the prevention

had been produced by quinine.

ULTIMATELY; finally.

shall execrate?"-Pollock.

Words Often Misused

in it, accent first syllable. Do not say, "I shall walk with you a little piece." Say, "I shall walk with you a short distance (or, a part of the way)."

Do not say, "From my viewpoint, this is the thing to do." While not incorrect, "from my point of view"

Do not say, "We could think of no other plan but this." Say, "We could thing of no other plan than Do not say, "I am going to se

down." "If you will set the box on the floor, I can sit in the chair" is correct. Do not say, "The early beginning

down." Say, "I am going to sit

of the company was auspicious. Early is redundant.

Do not say, "He receives ten thousand dollars per year," Say, "a year." If you insist upon the Latin per, complete the phrase by saying per annum.

Words Often Mispronounced Quintuplet. Pronounce the u as

in unite, and accent first syllable, not the second. Mischievous, Pronounce mis-chivus, both i's as in it (second i un-

stressed), u unstressed, accent first Chiropractor. Pronounce ki-roprak-ter, i as in kite, principal ac-

cent on first syllable, Chopin (French-Polish pianist and composer). Pronounce Silopan, o as in no, a as in pan, principal accent on last syllable

Progeny. Pronounce projec-ni, o as in of, e as in bet unstressed, i as

HEALTH AND BEAUTY

THE COMPLEXION.

Eternal vigilance is the price of prolonged youth and health that must go with it. Your body and your skin will respond to proper care, but on the other hand it quickly shows neglect or abuse.

The fur of an animal and the ten when their owners are properly fed and care for. Observe the satin coat of the tenderly nurtured cept for small donations, has been scientifically fed, well groomed derived from the 1938 and 1939 cel- race horse, and compare it with the dead looking, ragged coat of the untended, neglected horse. "In the year 1938," an official said, Here you have a striking example the net proceeds from that celebra- of what care will do for all living safe in the hands of the laiety?

The face suffers most from exposure, hence ages more quickly than any other part of the body. This is due to want of protection from biting winds and burning suns. Discretion in caring for it, will to a and cure of malaria. They have large extent, overcome the evil ef- sent well equipped physicians and fects of exposure to the changing nurses into areas where the diselements and keep the complexion ease is both epidemic and endemic and treated whole populations. All results have been faithfully tabb-

The body is a poison factory. The munctories, or organs for removing these pernicious substances lated and published. are the liver, kidneys, bowels, lungs The following statement is made and skin. If waste is not properly in the Bulletin of the League of ot properly in the Bulletin of the League eliminated but allowed to accumu- Nations, Vol. 6, Dec. 1937, page late in the body, the skin suffers 1014, "The harmlessness of and presents an unhealthy appear- nine makes it a drug suitable fo

Many people drink too little sonnel without constant medical water and the moisture that should supervision, whereas such superexude through the skin to the vision is essential in the case of amount of two or three pints a day synthetic drugs." On page 1015 it is greatly lessened. The perspira-says, "Among those drugs, quinine tion becomes so concentrated and still ranks first in current practice acid that the skin is irritated. The by reason of its cdinical and alpores are stopped by viscid secretions. Blackheads and pimples nat- coupled with the widespread know-2 What official is conducting a urally follow. Some persons carry ledge of its use and dosage. a milling face while suffering from hidden diseases, but no matter how 3. Are the Indians dying out in brave a front one wears, nor how he smiles, if his skin has a diseased appearance, he neither conceals his condition, nor presents an attrac-

tive appearance. You need plenty of water internally and externally if you would keep a good complexion. At least six or eight glasses of water should be drunk daily, two glasses on rising, and nearly all the res, of it between meals.

A laxative and well balanced diet necessary, so that the bowels will move daily. Such a diet contains breads made from whole wheat or unboited corn meal, and fruits and vegetables. These stimulate peris asis and assist the bowels in eliminating the waste. The reason that bran and similar things help the bowels is because they contain cellulose, which is not digestible. The bowels need 2. Thurmond W. Arnold, assistant bulk in order that the peristaltic action of the intestines will have something to grasp and move along towards the outlet. Food that is too concentrated is nearly all digested and nothing is left to stimulate and help the intestines to carry off the residue and fecal matter. This, with too little water drink-

> IS QUININE DANGEROUS TO THE PUBLIC?

ing, is a common cause of constipa-

tion, the great American disease

No one can have a beautiful skin

or maintain good health who is

Articles written by laymen now frequently appear in the press, the Federal-State orders regulating purporting to give new informa-the handling of milk in the New tion on medical subjects. The statements which are contained in them are often very confusing and misleading to the average reader themselves are not usually in a po-

Only recently my attention has price of \$2.02 for December 1938, Mr. Harmon said.

"Toxic Effect of Quinine May Cause Deafness. Impair Eyes." report quinine is set forth as a dangerous drug, causing blindness the people. So far as my studies.

There are some people, but very iew, who are allergic to quinti There is probably no drug, or even food to which some do not show an Strawberries cause some Norrow. Pronounce the a as in people to break out in a rash, I have a patient who is allergic to wheat. If she eats a minute quantity of flour she has a violent at-Potato (singular); potatoes (plurtack of hay fever. That ooes not al). Axis (singular; axes (plural), prove that wheat is poison to most Hypocrisy; observe the hyp and the people and will give them hay fever, Cannon (piece of artiflery), By no means. Everybody knows three n's; canon (a law; also a that wheat is a nutritious and

clergyman), two n's. Default, faul; harmless food which sustains the

defalcation, fal. Presentiment, oblives of many human beings. Why make such general sweeping statements amout quinine being so deadly when it has been used "Use a word three times and it 's civilized man for 300 years? If yours." Let us increase our vocabit had been so dangerous would sciulary by mastering one word each entists and physicians have been so long in finding it out? We think OSTENTATIOUS; characterized

A Christian is an individual whose life does not misinterpret his

Sometimes we wonder if Stalin knows where he is taking Russia.

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