Sarah Ann's **Cooking Class**

Chicken and Rice Casserole 1 green pepper, shredded. 2 cups cooked rice. 1 1-2 cups chopped

chicken. 1-4 teaspoon salt. Paprika.

cup milk. 1-2 cup breadcrumbs. Saute green pepper in a little fat until tender, but not brown. Put a layer of cooked rice in the bottom of a greased casserole. Co- table d'hote meal? ver with layer of chicken and pepper. Repeat layers until all is used. Season with salt and pepper and pour milk over all. Cover top with crumbs and dots of butter. Bake in an oven 350 degrees for 15 minutes.

Rice Cutlets

2 cups cooked rice. cup cooked carrot pulp. tablespoon milk. teaspoon chopped parsley.

3-4 cup bread crumbs 1 teaspoon salt. egg.

Pepper. 1-2 minced onion. Mix cooked rice, carrot pulp, milk together. Form into even sized for about ten minutes." Omit on (singular; phenomena (plural) minced onion, pepper, salt, egg and balls and shape into cutlets. Roll Fry in a little fat until golden

Rice Muffins

1 cup cold boiled rice. 2 eggs well beaten.

1-2 teaspoon salt. 3 tablespoons baking powder.

l cup milk. 4 tablespoons melted shortening. tablespoons sugar.

1 1-2 cups flour. Combine all ingredients in a batter which will drop from the spoon. Stir lightly but thoroughly. Drop into well oiled muffiin tins. Bake in a modern oven.

Fruit Cocktail DeLuxe

Fill the shell of 1-2 orange to the rim with diced pieces of canned fruit. Cover in pyramid shape with a mound composed of orange, deep red cherries, malaga grapes and slices of dates which have been stuffed with nuts. This fruit must be very cold if it is to be good.

Tuna and Salmon Casserole

1 can of white tuna and 1 can of accent second syllable excellent red salmon, drained of oil, shredded with a fork and mixed to-

Cream sauce flavored with salt, pepper, cayenne, paprika, 1 tablespoon mustard, 1 tablespoon lemon

sauce and 2 tablespoons of sherry.

Baked Spaghetti and Corn 1-2 lb, uncooked spaghetti.

1 No. 2 can corn. 1-4 cup chopped green pepper.

2 tablespoons chopped pimento. 1-2 lb. American cheese.

1 cup milk. 1-2 tablespoon butter

2 teaspoons salt. 1 teaspoon Worcestershire sauce.

teaspoon Worcestershire pepper. Cook the spaghetti in boiling salted water until done; place in a strainer and wash with cold water and drain. Make a cream sauce of the last 7 ingredients. When thoroughly cooked, reduce heat and add half the cheese, which has been cut ed. Pour this cheese sauce over the come and green pepper. Add more seasoning if necessary. Pour into a greased the remaining cheese sliced thin.

Spanish Beans 1 large onion.

to 20 minutes.

3 or 4 tablespoons chili powder. Small amount of shortening. 4 cups canned pinto beans. Salt and pepper to taste. 1 can tomatoes.

Put shortening in frying pan and add onion, sliced. Fry until brown, then add tomatoes, chili powder, salt and pepper and cook 15 to 20 min- and there devolps the condition of old Philipsburg youth, fell asleep utes. Add beans that have already been cooked. Cook for 20 minutes for effortless vision glasses are tain road early Christmas mornlonger. Serve hot.



Temple Court

Modern Etiquette

deadly disease, impossible to cure? change? 3. When passing your plate for right hand?

you do with your silver? 4. Is it necessary for a man to rise when being introduced to an- edge Christmas cards? but not brown. other man, and also shake hands?

> gift from five members of the office force, how should she acknowledge

7. What kinds of Christmas gifts an invitation to the reception?

Answers at bottom of column.

1. Hasn't pride been called a should young men and girls ex-2. Is it untactful to give money 8. When a man is dancing with felter and son James of Millheim to a friend as a Christmas gift, a girl who is wearing a backless Mr. and Mrs. John Bright, Melvin when one knows that she needs it? | gown, where should he place his

a helping of some dish, what should 9. Should every personal letter ine, you do with your silver? 10. Is it necessary to acknowl-

11. Wouldn't it be all right to What is the meaning of a insist upon giving a tip in a res-

been rendered?

12. Is it necessary to answer a wedding invitation that includes

Lessons In English

Words Often Misused

Use postal card when referring by the government. Use post card (noun), ce; advise (verb), when referring to one on which you Loath (adjective); loathe (verb). affix a stamp.

Do not say, "Please do not butt in crumbs and let stand 5 minutes. in." Say, "Please do not interfere." Do not say, "I think we can enbrown on both sides, Arrange on a gineer the transaction successfully." platter and sprinkle with parsley. Say, "I think we can manage the Serve with apple or currant jelly. | transaction successfully."

> Do you say, "He is a man of great This is colloquial. Say, "He is a man of great courage." Do not say, "The entertainment was voted a success." Say, "was pronounced a success."

Words Often Mispronounced

Financier. Pronounce fin-an-se: as in fin (not as in fine), a as in an unstressed, e as in here, principal accent on last syllable. Douche. Pronounce doosh, oo as

Abuse (verb and noun). Pronounce verb a-buz, noun a-bus, u as in cube.

Malpractice. Pronounce both a's as in at, secondary accent on first syllable, principal accent on second syllable.

Asia. Pronounce a-zha, accent s as in ask unstressed. Extraordinary. Pronounce eks-

Words Often Misspelled Obeisance: observe the bei. Do not say, "We continued on (hair); not main. Phenomenon

Word Study

"Use a word three times and it is yours." Let us increase our vocabulary by mastering one word each day. Words for this lesson: CONTEMPORARY (noun); one

who lives at the same time "If an author write better than his contemporaries, they will term him a plagiarist."-Col-SIMULATION; the act of pre-

tending that which is not true. Her simulation of a great artist DEVASTATION: the act of laying waste, or state of being destroy-

(Pronounce the e as in debt,

strength of faith to sustain, or, transcending the resources of religion, to relieve."-Binney.

tror-di-ner-i, both e's as in set, o and scenes. "Pastoral dales thin

Answers to Modern Etiquette

1. It may be called a disease, 6. Write a personal note to each juice, 1-2 teaspoon Worcestershire but it is not deadly. The proverb one. says, "If pride were a deadly dis- 7. Books, flowers, candy, cigarlayer of fish, then a layer of cream sauce, then a layer of bread crumbs. their graves." According to La Representation of the control of the Keep repeating until dish is filled. Rochefoucauld, "Pride is equal in the girl's waist, not on her bare Bierly left for Philadelphia last top evenly with buttered men; the only difference is the back. bread crumbs. Dust with grated Parmeans and manner of displaying 9. Yes. Many misunderstandstudies at Pierce School.

> Yes. This would be very untactful, and likely to be resented. the plate.

4. Yes, to both questions, unless, of course, they are so far apart that it would be awkward to shake hands.

5. A meal that is served at a fixed price, instead of so much for

a note of acknowledgement, but next coming in contact with this person to acknowledge receipt of Mrs. Roy Gentzel. 3. Always leave the silver on one should try to remember when person to acknowledge receipt of the card.

in small pieces. Stir until well blend- Some remain that way. Others be- who had success in hunting and pa, last week. spaghetti mixed with corn, pimento attain normal eyes. At birth, the made discriminating use of roots. Bake in an oven 350 degrees for 15

> structive changes within the eye. DO YOU KNOW

"good provider" among

(Continued from page one)

Perhaps it may interest you to or 6 inches high, beans, cauliflower and soap to cold water and apply and modern calf house has just it to the fabric. Ammonia in which celery. Sanford, the celery town, salt has been dissolved will also know that we saw peas growing 5 has hundreds of acres growing and ready for market. The oranges, tangerines and grapefruit are being

he record crop of last year.

I. M. Keichline Insurance Agency

of the Oldest Agencies in Centre County ANN W. KEICHLINE, Representative.

A Delicious Dish Try filling the centers of apples (after coring) with sausage, and baking until the apples are tender. This is a different way of ser-

10. It is not necessary to write

nearsighted. Few persons fishing and who discovered eyes are short, corresponding to leaves, fruit, and seeds of wild the small size of the infant's body. plants. The "good provider" of tonecessary length, when further power, or who has the ability and Gephart at Boalsburg.

The eyeball being now of pro- or render services that can be exper length is said to be optically changed for the varied products of normal and will therefore focus agriculture, fisheries, and the food light rays correctly on the retina, industries, But growth of the eyeball does not often stop at this correct point. BELIEVE CRASH VICTIM What more frequently happens is that the growth of the eyeball stops short, and farsightedness results. Or the eyeball continues to needwed to correct these defects. ing, thereby causing the accident increase in assets is noted. The more strain that is put on the which claimed his life. eye muscles in order to see, the worse the condition becomes. This the Woodring machine, was disdren. The early correction of near- pital Thursday and testified at the on the E. S. Hocker farm, Big Valsightedness by means of glasses, by eliminating the need for over- Brennish, is expected to be dis- his friends, Mr. and Mrs. Roger T.

clothing.

apidly marketed, and almost reach

We will be pleased to hear from any who care to write us. Address

Phone 190

was omitted.

quested. However, one may say, Thank you very much for your the Centre County Hospital,

the opportunity to produce goods

A coroner's jury meeting at Phil-

Walter Harkless, a passenger in

Cleaning the Mop

and the mop will be like new.

remove grease spots.

Machine Grease

FELL ASLEEP IN CAR

growth should stop.

SOJOURNING IN FLORIDA

breezes and have stored away heavy

General Delivery, Sarasota, Florida. ving sausage and makes quite a de-MRS. R. F. WILLIAMS. licious dish.

early date.

DIFFICULT DAYS CHICHESTERS PILLS

Mr. and Mrs. J. E. Ziegler entertained the following relatives and friends at a turkey dinner on Christmas day: Mr. and Mrs. C. E Beahm and children Phyllis and Larry of Aaronsburg, Miss Amanda Dubendorf, and Lee Dubendorf of Sunbury; Mr. and Mrs. John Kline-Bright, Mr. and Mrs. C. A. Page and daughters, Phyllis, Betty and Max-

REBERSBURG

Misses Jean Hartman and Pauline Brungart left for Harrisburg, on Tuesday to enroll in a Business Col-

Eugene Bierly spent Christmas taurant that has a "no tipping" day with his parents, Mr. and Mrs. man, Director for Centre County. 6. When a bride has received a rule, when some special service has C. M. Bierly. During his five years served stores at Greensburg, Niles, Ohio, Carbondale, Pittston, Norristown, Washington, D. C., the Aungst, Home Economics Teacher. board walk store in Atlantic City and now the Atlantic Avenue store

Word was received here of the death of Mr. Alfred Swarm at Olean, N. Y. Mr. Swarm was a resident of Rockville for many years. Another former Rebersburg to one with a printed stamp, sold though pronounced bay. Advice resident, Mr. Jacob Kerstetter who lived at Mexico, Pa., the past year passed away on Christmas Day. Perspiration; per, not pre. Mane Both gentlemen had many friends in our vicinity who will be sorry to learn of their deaths.

Mr. and Mrs. Frank Houseman of Millheim, and Mrs. Clayton Brungart of town were New Year's day guests with Mrs. Alice Crouse. Mrs. K. S. Breon and children Janet and David visited her parents Rev. and Mrs. J. K. Schechter-

ly at McClure last week. Mrs. Ted Breon and daughter Lena, of Coburn, Miss Grace Rishel of State College, Mr. and Mrs.

of Spring Mills, Mr. and Mrs. Paul which the Schreckengast and daughter and County and Home Demonstration accent third syllable). "This de-was the result of the Milheim, Mr. and Mrs. Luther structors and Representatives from tonbaugh, of Bellefonte, R. D. 1. and Mrs. Luther structors and Representatives from tonbaugh, of Bellefonte, R. D. 1. and Mrs. Luther structors and Representatives from tonbaugh, of Bellefonte, R. D. 1. and Mrs. Luther structors and Representatives from tonbaugh, of Bellefonte, R. D. 1. and Mrs. Luther structors and Representatives from tonbaugh, of Bellefonte, R. D. 1. and Mrs. Luther structors and Representatives from tonbaugh, of Bellefonte, R. D. 1. and Mrs. Luther structors and Representatives from tonbaugh, of Bellefonte, R. D. 1. and Mrs. Luther structors and Representatives from tonbaugh, of Bellefonte, R. D. 1. and Mrs. Luther structors and Representatives from tonbaugh, of Bellefonte, R. D. 1. and Mrs. Luther structors and Representatives from tonbaugh, of Bellefonte, R. D. 1. and Mrs. Luther structors and Representatives from tonbaugh, of Bellefonte, R. D. 1. and Mrs. Luther structors and Representatives from tonbaugh, of Bellefonte, R. D. 1. and Mrs. Luther structors and Representatives from tonbaugh, of Bellefonte, R. D. 1. and Mrs. Luther structors and Representatives from tonbaugh and Representatives from tonba Wert and daughter of State Col- this area are invited. TRANSCEND; to rise above or lege, and Mr. and Mrs. Schwenk Following the business meeting ter, Leoda Alta, to Gerald Robert beyond the limits or powers of, (nee Annie Walker) of Williams- an enjoyable entertainment pro- Gummo, son of Mr. and Mrs. George "Nothing can occur beyond the port, visited at the home of James gram is planned. Corman during the holidays. Some of the guests visited Mrs. Gertrude Corman, also.

EMANCIPATION; act or process of setting or making free. "This tending Business College in Alemancipation is dear to all men." PASTORAL; relating to rural life parents, Mr. and Mrs. N. R. Bierly. Rev. Dale Kohr visited his mothas in or, first i as in it unstressed, set with modern farms."-Wads- er, who is a patient in a hospital at Middletown, the past week. Mrs. L. L. Meek and children

> the holiday vacation with relatives Bible Study Tuesday evening at in town. Rev. N. P. Douty went to New York City on Monday to be engaged in Bible Conference work in

that city and in Poughkeepsie, N. Y.

the next ten days. After spending her Christmas vacation at her home here, Miss Ruth Sunday morning to resume her hing next week except Saturday host. The group was agreeably sur-

were callers at anney last Thurs-Mr. and Mrs. Musser of State College spent Sunday with their

11. Not when "no tipping" is re- ing several weeks in Rebersburg Board will meet Monday evening while her sister was a patient in

Saturday Melvin Bright is spending a few days in Philadelphia. Rev. and Mrs. A. J. Miller had

Mr. and Mrs. John Daye and The Holy Communion. Year's Day guests at the John

Hanselman home. tis Greninger and family.

A Mammoth Hog especially true of young chil- charged from the Philipsburg hos- J. L. Adams, farm superintendent inquest. The other occupant, Peter ley, visited Wednesday night with convergence will thus prevent de- charged from the hospital at an Bayard, Eighth street, Mr. Adams stated he had just butchered a two and one-half year old hog that weighed 1000 pounds dressed, stood The mop is such an unpleasant thing to wash that most people four feet high and over eight feet long, Mr. Adams is not only a hog rather dread the job. Try boiling it in an old pail half-full of water, breeder, but has built up one of the finest herds of prize Guernsey to which one tablespoon of lye has cattle to be found anywhere in the milkers, and most of which have to be milked three times a day, some giving as high as fifty If clothing is spotted with ma-chine grease, add a little ammonia est percentage of butterfat. A new

There are few things in the world as serious as a funny man, and rew things as funny as a serious guy.

Say one thing about the naval warfare going on in the North Sea the boys are using all the tricks,

FOUND AT LAST PRESCRIPTION Q623 Relief for muscular aches and pains resulting from Neuritis, Lumbago Rheumatism. Prescription Q623 has helped thousands when other remedies have failed. Pleasant to take. Get a bottle today. Price \$1.00. For sale by Parrish Drug Store, Bellefonte, Pa.

Annual Meeting Credit Associa'n

Farmer-Members From Cen-

tre County Expected To Attend

More than 300 farmer-members and their friends are expected to attend the sixth annual stockholders' meeting of the Hollidaysburg Production Credit Association on Wednesday, January 10, in the Morrison Cove High School at Martinsburg, according to an announcement made recently by Harry Cor-A free luncheon will be served by with the Woolworth Company, he the Home Economics Department of the school under the supervision of Mr. Hess, Principal and Miss

> ford, Centre, Huntingdon, Clearfield and Cambria Counties will attend the meeting. They will hear reports on the progress of this farmers' cooperative short term credit organization, which is one of eleven such cooperatives in the state. Mr. Ross Nicodemus, director for Balir County will report on the work that the directors have accomplished during the year in giving greater service to the farmers served by the Association. William Bishop, secretary-treasurer of

Farmers and their wives and in-

terested friends from Blair, Bed-

made during 1939. The stockholders will elect two by her father, was attended by Miss lege Borough, deceased.

Sill the vacancies which will exist Morris Mamolen of Millheim was estate having been granted to the undersigned, all persons indebted to directors for three year terms to Mildred Kalin, her sister, while fill the vacancies which will exist Morris Mamolen of Millheim was

Association will report on the

George Meyer and daughter Verna tary of the Production Credit Cor- Nelman and his bride are graduates. Emporium and Mr. and Mrs. poration, Baltimore, Maryland, will Lester Douty of Greenburr, were be among the guests and will speak Dr. Neiman also attended the Unicallers at the C. S. Hosterman home on the opportunity which the Asso- versity of Pittsburgh. Pollowing a ciation has of being of greater ser- wedding trip to Florida, the couple Mr. and Mrs. Charles Rossman vice to the farmers in the territory will reside in State College. Association serves

Dick and Lucile returned to their 45; Y. P. S., Sunday at 7 p. m. Evanhome in Bellefonte after spending golistic service Sunday at 7:30 p. m. 7:45 o'clock.

pastor. Christian Endeavor at 6:30 very delightful dinner was served p. m. Evangelistic services each eve- the bridal party and guests by the evening at 7:30 o'clock. Rev. Paul prised with the appearance of the ings have arisen because the date Mr. and Mrs. Harold Hackenberg F. Mickey, of Philipsburg, will be combined wedding-birthday cake

Evangelical-Reformed, Bellefonte Rev. C. Nevin Stamm, pastor, at Mill Hall, R. D. 1. Church school 9:30 a. m.; Morning vice 7:30 p. m. The Catechetical Mrs. Roy Gentzel.

Mrs. David Solly returned to her Class will meet Sunday evening at home in Passaic, N. J. after spendat 7 p. m. The annual congresstional meeting will be held Wed-Elmer Swope and son, George, of nesday evening January 10 at 7:30 Jacksonville, called in town, on p. m. The Young People will meet Thursday evening,

Hublersburg Charge

Rev. James B. Musser, minister. vice on Friday evening. On Thurs- er. Mr. and Mrs. W. J. Hackenberg day evening, in addition to the Week There are many varieties of returned home Tuesday after of Prayer service, the several or- glands, all of which are important. spending a week on a business trip. ganizations and officers will file an- They are located in different parts tinues until the eyeballs reach the the person who creates purchasing and daughter, Mr. and Mrs. Dean Birthday Club and Consistory hold directly into the blood, which car-

First Evangelical, Bellefonte

H. Halbert Jacobs, pastor, 9:30 %. Miles Greninger of Kaneville, m., Sunday Church school, Mr. E. Illinois, is visiting his brother Cur- J. Teaman, Supt. 10:30 a. m., worship with sermon, Theme: "The The shareholders of the Rebers- Believer Has No Cause to be Asham- buted throughout the system. burg National Bank will hold their ed of Christ." 6:30 p. m., Young annual meeting in the bank room Peoples League. 7:30 p. m., Revival ipsburg last Thursday decided that Tuesday afternoon January 9th, at service. Theme: "Either For or grow beyond the required length, Wesley Gray Woodring, 18-year- which time six directors and offi- Against." Revival services will be they are so often removed. They cers will be elected for the ensuing held in this church every night ex- are located in the throat. The nearsightedness. In either event while driving on the Tyrone moun- year. The usual dividend was de- cept Saturday for a period of two can be seen sticking out like soft clared by this institution and an weeks. The Young Peoples Mission- fleshy tissue. We do not know the ary Society will meet at the home of exact functions of the tonsils, but Miss Roxie Johnson on Monday night following the service. The purpose, which they serve as long The Tyrone Daily Herald says: Sunday School Board will meet following the Wednesday evening service. The public is welcome to all these services.

VALLEY VIEW

Mrs. Ed. Houser spent a few days last week with her mother Mary Kerchner who has been ill for some

Revival is being held at the U. B. church. The two Sunshine Girls been dissolved. Rinse thoroughly, state, consisting of twenty-four are in charge of the meeting. All are welcome. Miss Lorina Rider spent a few days last week with Mrs. Morris

Witmer. Christ Eckley was taken to the Centre County Hospital on Tuesday Dec. 26, where he underwent operation for the amputation of leg, and is getting along very nicely

You can make a lot of friends by not trying to make money out of everybody you know.

Master Paul Smith spent a few

Lucas-Swope Announcement has been made of son of Mr. and Mrs. John Lucas, some other part of the body, where Lock Haven, and Miss Geraldine it sets up a diseased condition Lucille Swope, daughter of Elmer which remains after their removal Swope, of Jacksonville, which took place October 6, 1938, at Westmin- the tonsils are out, but if a rheuster, Md. Mr. Lucas is employed at the Parvin Flour Mills.

Holter-McCloskey. Miss Mary Viola McCloskey, daughter of Mr. and Mrs. John McCloskey, of Beech Creek, R. D. and Harold Hudson Holter, son of Holter of Blanchard, were married Dec. 22 at 8:30 p. m. by the Rev. William M. Long, of Mill Hall at the Church of Christ parsonage. They were attended by Miss Helen Streck and John Miller of Beech The bride was attired in a wore green. Mr. and Mrs. Holter will live in a newly-erected cottage at the Corman Turkey Bar-B-Q where Mr. Holter is employed.

Neiman-Kalin.

A wedding of interest to the friends of two prominent families of State College and Millheim took place at the Hadassah Club in Lock Haven on Christmas Eve when Miss Haven on Christmas Eve when Miss Caroline Kalin, daughter of Mr. and Mrs. Max Kalin, of State College, became the bride of Dr. William Neiman of State College and will not be responsible for any debts she may contract. Millheim. The ceremony was witnessed by 85 guests with Dr. Theo- x2 income and expense and the finan- dore H. Gordon, of State College cial progress that the Association and Rabbi Max H. Leader officiatand Rabbi Max H. Leader officiating. The bride, given in marriage Louetta Edmiston, late of State Co when two of the present board members' terms expire.

Mr. William H. Johnson, secre
Mr. William H. Johnson, secre
Mr. William H. Johnson, secreof the Pennsylvania State College,

Gummo-Johnstonbaugh

nounce the marriage of their daugh-Gummo, Mill Hall, R. D. 1. The marriage was solemnized by the Rev. Paul J. Keller, Howard, R. D. December 29, 1939, at 11:30 a. m., In the Harter Club, 311 Allen street, State College, where the bride has been employed. Miss Phyllis Harter cang "I Love You Truly," with piano accompaniment by her mother, Mrs. Roy Harter, proprietress of the Harter Club, Mrs. Harter played the Wedding March for the bridal party.

Letters testamentary in the above estate having been granted to the undersigned, all persons indebted to the said estate are requested to make payments, and those having claims to present the same duly proven, without delay to JOSEPH W. BECH-DEL, D. MAX BECHDEL, ROBERT O. BECHDEL, Executors, Blanchard, Val. Pa. Paul Campbell, Atty, x1 the Harter Club, 311 Allen street, Friday night prayer at Mrs. Jus- and accompaniment by her mother, tice's home. Sunday school, 9:30 a Mrs. Roy Harier, proprietress of the Morning worship Sunday at 10:- Harter Club. Mrs. Harter played the Wedding March for the bridal party. The bride was accompanied by two sisters: Grace and Gladys Johnstonbaugh, and her father. A cousin, Shirley Johnstonbaugh, acted as Harry United Brethren, Bellefonte

G. E. Householder, pastor. Sunday school at 9:30 a.m., John R. and Mr. Thomas Fox. Many relatives and friends were guests at the Shope, Supt. in charge. Preaching tives and friends were guests at the dersigned, all persons indebted to the said estate are requested to make a second companies. for the bride. After a brief wedding trip, Mr. and Mrs. Gerald Gummo

HEALTH AND BEAUTY

will be at home for a short while

THE GLANDS

"I'm constantly hearing about Rev. and Mrs. A. J. Miller had Rev. James B. Musser, minister. glands, I tolk along the misfortune of having an auto-mobile accident when their car slid Sunday Church school. 10:30 a. m., and why are they so often re-moved?" writes an inquiring mothglands: I don't know what they are All people are born farsighted primitive people was the individual off the icy highway near Sharon, The Lord's Supper. Preparatory ser- moved?" writes an inquiring moth-

Mr. and Mrs. John Brungart and nual reports. Zion-9:30 a. m., Union of the body, but are all connected baking dish and cover the top with the remaining cheese sliced thin.

The small size of the infant's body. Plants. The good product of the poptons. The duction of the eyebalis. Their growth contract of the poptons of th monthly meeting. Sunday, Jan. 14, ries it where it is needed. The liver is a gland which manufactures bile a very useful fluid which flows into a duct or tube, that conducts it into the intestines. If this tube gets stopped up, the person becomes jaundiced, because the bile is absorbed into the blood and distri-

The tonsils are glands that you have heard much about, because they were created for a useful as they are healthy. Children are born with sound

tonsils, but great numbers of them

become diseased in a few years.

Probably colds cause many of the

inflammations that leave the ton-

sils crippled. There are other fac-

tors that are inimical to tonsil health. Adenoids drop poisonous infectious material on the tonsils and break them down. When the tonsils become permeated with pus, which is absorbed into the system, the body resistance is broken down. Bright's disease, rheumatism, the heart, or infectious disease of any kind may be contracted. Attention to the general rules of hygiene, proper diet. clean mouth and general physical well being, are the greatest preventive against diseased that we know. If a tonsil becomes thoroughly diseased, there seems to be no method of cure. It continues its devastating work days with his sister, Mrs. Willis sending pus and poisons into the blood stream. Not only does it camage the body in this way but the pus is frequently swallowed, causing the development of stomach trouble. Diseased tonsils often produce abscesses in the tissues surrounding them. The name for this is Quinzy. The only cure is by removal of the tonsils. You have seen that diseased tonsils are a "focus of infection," suppose that they have caused, say rheumatism in the knee, or a diseased heart, will the removal of the tonsil Widmann & Teah, Inc., Druggists | the disappearance of the trouble?

RECENT WEDDINGS No. it will not. You have waited

too long.
The "focus of infection" was the tensils, but they continued pour-ing pus and germs into the blood the marriage of James Irvin Lucas, stream until it became lodged in The disease may get better after matic heart, or Bright's disease has developed, you cannot expect a cure

> the condition will be removed. Normal tonsils should not be removed. Diseased tonsils should always be taken out, for they can serve no useful purpose, and are a constant menace to health and

by taking out the tonsils, though

even life itself. The operation for removing tonsils has been perfected in the last few years, so that it is now quite safe. But this operation, like most others, went through many stages navy blue ensemble and Miss Streck of development, before it reached its present perfection of technique

> It is remarkable how many smiles you can get by saying nice things about people.

LEGAL NOTICES

CAUTION NOTICE.

MELVIN WATSON.

EXECUTOR'S NOTICE.

ADMINISTRATOR'S NOTICE. In the Matter of the estate of Irene lowery, late of Haines Township

deceased.

Letters of administration on said extate having been granted the undersigned, all persons indebted thereto are requested to make immediate or demands against the same, will present them without delay for set-tlement to W. HARRISON WALKER, Administrator, Bellefonte, Pa. XI

In the Matter of the Estate of Edgar T. Bechdel, late of Liberty Township, Centre County, deceased. Letters testamentary in the above

EXECUTOR'S NOTICE.

Pa. R. Paul Campbell, Atty. ADMINISTRATOR'S NOTICE. In the Matter of the Estate of Harry M. Allison or otherwise known as H. M. Allison, late of Gregg Town-

payment, and those having claims to present the same duly proven, with-out delay to EUGENE V. ALLISON, Renovo. Pa. H. P. ERDLEY, Spring Mills, Pa. Administrators, John G. EXECUTOR'S NOTICE.

In the Matter of the Estate of Peter P. Keichline, late of Bellefont Borough, deceased. Leitera testamentary in the above estate having been granted to the undersigned, all persons indebted to the said estate are requested to make payment, and those having claims to present the same duly proven, without delay to JENNIE 8. KEICHLINE, Bellefonte, Pa., CHARLES C. KEICHLINE, 619 Luzerpe Ave., Lakeworth, Pia. Executor's. W. Harrison Walker,

ADMINISTRATOR'S NOTICE. In the Matter of the Estate of Wharton M. Oswalt, late of Snow Shoe Township, Centre County, Pa.

Letters of Administration on said payments, and those having claims or demands against the same, will present them without delay for settlement to ANNA A. OSWALT. Administratrix, Clarence, Pa. Johnston & Johnston, Attorneys, Bellefonte

G. EARLE HOFFER Insurance Service Crider's Ex. Bldg. Phone 405-J BELLEFONTE, PA.

WE HAVE

OIL AND REPAIRS FOR

R. K. OWENS **Electric Store**

High Street

BELLEFONTE, PA.

MAYTAGS

COMPENSATION

AUTOMOBILE & FIRE INSURANCE

ED L. KEICHLINE BELLEFONTE Temple Court

WHEN WINDS GET ROUGH

Windstorm Policy Protects You From Financial Loss. See

John F. Gray & Son General Insurance

Phone 497-J Bellefonte, Pa.

KELVINATORS

PHILCO RADIOS

MELROY'S Phone 9599-R-1 PLEASANT GAP, PA.

WASHERS BENDIX HOME LAUNDRY

ELECTRIC STOVES

ABC and VOSS

REMEMBER

When You Want ANYTHING IN

Lumber - Millwork Doors - Sash Roofing

BELLEFONTE, PA. Phone 432

SATISFACTION GUARANTEED

IN EVERY DEAL

IN EVERY PARTICULAR

W. R. SHOPE

C. Y. WAGNER & COMPANY

Quality Flour A Hard Wheat Pat Flour WAGNER'S

WAGNER'S

50-50 Blend WAGNER'S Very Best Flour

Winter Wheat

Our Best Flour

Wagner's 32% Dairy Feed Wagner's 20% Dairy Feed

Wagner's Horse Feed

Wagner's Pig Meal

and Grower.

Wagner's Egg Mash Wagner's Chick Starter and Grower.

Wagner's Turkey Starter

Wagner's Scratch Feed Wagner's Medium Scratch Feed.

Wagner's Chick Feed

Rydes Cream Calf Meal Eshelman's Dog Feed

All kinds of high protein

feeds for mixing with your

own feed.

Dealers in All Kinds of Grains

BELLEFONTE, PA.

