

Sarah Ann's Cooking Class

Chicken and Rice Casserole
1 green pepper, shredded.
2 cups cooked rice.
1-2 cups chopped cooked chicken.

Rice Cutlets
2 cups cooked rice.
1 cup cooked carrot pulp.
1 tablespoon milk.
1 teaspoon chopped parsley.

Rice Muffins
1 cup cold buttermilk.
2 eggs well beaten.
1-2 teaspoon salt.
3 tablespoons baking powder.

Fruit Cocktail DeLuxe
Fill the shell of 1-2 orange to the rim with diced pieces of canned fruit.

Tuna and Salmon Casserole
1 can of white tuna and 1 can of excellent red salmon, drained of oil.

Baked Spaghetti and Corn
1-2 lb. uncooked spaghetti.
1 No. 2 can corn.
1-4 cup chopped green pepper.

Spanish Beans
1 large onion.
3 or 4 tablespoons chili powder.
Small amount of shortening.

Advertisement for Pillsbury's Best Flour featuring an illustration of a woman and child, and text: 'I've found out Pillsbury's Best!'

Advertisement for J. M. Keichline Insurance Agency, Temple Court, Phone 190.

Modern Etiquette

Answers at bottom of column.
1. Hasn't pride been called a deadly disease, impossible to cure?
2. Is it unbecoming to give money to a friend as a Christmas gift?

Lessons In English

Words Often Misspelled
Obscure; observe the bell, though pronounced bay. Advice (noun); advise (verb), se, Loath (adjective); loathe (verb).

Answers to Modern Etiquette

1. It may be called a disease, but it is not deadly. The proverb says, "If pride were a deadly disease, how many would now be in their graves."

Health Letter

All people are born farsighted. Some remain that way. Others become nearsighted. Few persons attain normal eyes. At birth, the eyes are short, corresponding to the small size of the infant's body.

SOJOURNING IN FLORIDA
(Continued from page one)
breezes and have stored away heavy clothing. Perhaps it may interest you to know that we saw peas growing 6 or 8 inches high, beans, cauliflower and lettuce, sweet potatoes, and celery.

REBERSBURG

Mr. and Mrs. J. E. Ziegler entertained the following relatives and friends at a turkey dinner on Christmas day: Mr. and Mrs. C. E. Beatty and children, Miss Amanda and Larry of Aaronsburg, Miss Annand Dubendorf, and Lee Dubendorf of Dunbury; Mr. and Mrs. John Klinefelter and son James of Millheim; Mr. and Mrs. John Bright, Melvin Bright, Mr. and Mrs. C. A. Page and daughters, Phyllis, Betty and Maxine.

Annual Meeting Credit Assoc'n

More than 300 farmer-members and their friends are expected to attend the sixth annual stockholders' meeting of the Hollidaysburg Production Credit Association on Wednesday, January 10, in the auditorium of the High School at Martinsburg, according to an announcement made recently by Harry Corman, Director for Centre County.

RECENT WEDDINGS

Lucas-Swope
Announcement has been made of the marriage of James Irvin Lucas, son of Mr. and Mrs. John Lucas, Lock Haven, and Miss Geraldine Lucille Swope, daughter of Elmer Swope, of Jacksonville, which took place October 6, 1938, at Westminster, Md. Mr. Lucas is employed at the Parvlin Flour Mills.

CHURCHES

Pilgrim Holiness
Friday night prayer at Mrs. Justice's home. Sunday school, 9:30 a. m. Morning worship Sunday at 10:45; Y. P. S. Sunday at 7 p. m. Evangelistic service Sunday at 7:30 p. m. Bible Study Tuesday evening at 7:45 o'clock.

HEALTH AND BEAUTY

THE GLANDS
I'm constantly hearing about glands; I don't know what they are or what they do. Is a tonsil a gland and why are they so often removed? writes an inquiring mother.

VALLEY VIEW

Mrs. Ed. Houser spent a few days last week with her mother Mary Kercher, who has been ill for some time. Revival is being held at the U. B. church. The two Sunshine Chirs are in charge of the meeting. All are welcome.

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Advertisement for Adlerika, Gas Gas All Time, Widmark & Teah, Inc. Drugists.

Large advertisement for telephone services, featuring the text 'KEEP IN TOUCH BY TELEPHONE' and 'IT PAYS TO HAVE A TELEPHONE!' with an illustration of a telephone handset.