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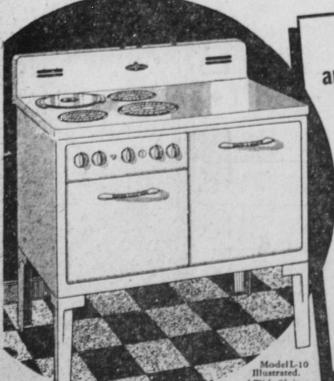




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Try This Delicious **Dinner Cooked On** An Electric Range

By LOUISE BROWN

Whether you've invited friends to dinner, or just want to treat the family to an extra-special mealserve this electric range spring dinner. It not only has a definite appetite appeal, but it's the sort of meal that's easy on the cook, since most of the food goes into the oven at one time.

That miraculous feature-automatic heat centrol-makes it possible for you to cook this oven meal without staying in the kitchen to keep an eye on it every minute. Once the meal is in the oven, you are free to attend to other duties and you can greet your guests with an untroubled mind. You know the food will be perfectly cooked when you open the oven door. There's none of that frantic lastminute rush to have everything done at the same time, because the whole dinner, including dessert, is cooking at one time. It's all cooking on one heat, too, and what could be more economical than that?

MENU

Consomme Madrilene Celery Shoulder of Lamb with Rice Stuffing

Parsley New Potatoes Buttered Green Beans and Carrots Spring Salad Cream Puffs with Chocolate Sauce Coffee

Filled Shoulder of Lamb

3 lb. soulder of lamb cup uncooked rice 2 cups water

1 cup green pepper small onion, finely grated

l teaspoon salt & teaspoon pepper

2 tablespoons butter 6 slices orange (with rind). 6 teaspoons mint jelly

Have all bone removed from the lamb shoulder and a pocket arranged for stuffing. Combine rice and water in covered saucepan, place on High heat of electric unit and bring the steaming point. Turn heat off and continue cooking rice on stored heat of unit for 30 minutes. Add green pepper, onion, salt, pepp-per and butter to the cooked rice and fill the lamb pocket with this Close pocket carefully using one or two skewers to hold meat together. Place in a shallow. uncovered pan.

Par ley New Potatoes 9 medium or 12 small new potatoes 1/2 teaspoon salt

% cup water

3 tablespoons melted butter 3 tablespoons chopped parsley

Scrape or pare potatoes and place in covered casserole. Add salt water. When potatoes are cooked. serve with melted butter and garnish with chopped parsley.

Buttered Green Beans and Carrots 1 pound green beans

6 medium carrots

" cup water: 3 tablespoons melted butter.

Prepare vegetables for cooking. Slice beans and carrots lengthwise into narrow strips. Place in covered casserole and add water. When cooked, salt to taste and

erve with melted butter.

Cream Puffs with Chocolate Sauce 1 cup water

1/2 cup butter 1 cup bread flour

4 unbeaten eggs 2 cups cream filling

11/2 cups prepared chocolate sauce Bring water and butter to a boil on High heat of electric unit. Turn unit off. Add flour and stir vigorously until ball of dough forms in center of saucepan. Drop dough into mixing bowl and add eggs one at a time, beating with High speed of electric mixer with each addi-

sized cream puff shells. Remove fops from baked shells Fill with cream filling, replace top and serve with chocolate sauce poured over cream puff.

tion. Drop with teaspoons on oile i

cookie sheet. Makes 12 medium

Cream Filling

2 cups milk 4 cup flour 2-3 cup sugar

1/2 temepoon salt 2 slightly beaten eggs

1 teaspoon vanilla. Scald milk, using Low heat of electric unit. Mix flour, sugar, salt and eggs and stir into scalded milk. Cook until thick, stirring constantly Turn unit off and continue cooking for 5 minutes over stored heat Cool and add vanilla.

Cooking Method

Place meat, potatoes, and beans and carrets on bottom rack of oven, the cream puff shells on the top rack. Set temperature control to 375 degrees F. and bake 2 hours. At the end of I hour, take the cream puffs out, leaving the rest of the food 1 hour longer.

Just before dinner time, heat the canned consomme for 5 minutes on High heat—then turn the unit to off and the soup will stay warm for serving. The rolls can be warmed on stored heat in the oven while food is served.

Incidentally, the complete cooking cost of this company meal, including all the food preparation and making coffee is only 5½ cents—not very much considering the amount of cooking involved.

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